



Enjoy a three day period of personal growth and development including ACA Twelve-Step program workshops and meditation in a quiet and secluded place 40 miles north of San Francisco in Sonoma County. A retreat can accelerate and support recovery. It provides a focused opportunity to learn and strengthen practices which may lead to a shift in perception, changing our relationship with life and the world around us. Retreats are enriching, powerful, and fun.

Meals consist of fresh organic delicious dishes, desserts, fresh fruit, tea and coffee.

Questions? Contact Joan: (415) 203-2369 / fretob@me.com

Friday, December 30, 2011 (4:00 pm) to
 Sunday, January 1, 2012 (12:00 noon)
 Earth-Rise Retreat Center
 Institute of Noetic Sciences
 Petaluma, California

All workshops and activities are facilitated by volunteers. If you'd like to volunteer to lead a workshop or activity, e-mail Margaret at acaretreat@gmail.com with your topic and a short paragraph describing the content.

Registration Form • Prices reflect a \$25 discount for registering before November 16, 2011

Note: Deadline December 16, 2011: Registration cannot be accepted or refunds given after that date. By submitting this form you agree that you understand the refund policy. If registering after November 16 add \$25 to the prices below. Any questions, please contact Joan at (415) 203-2369 or e-mail her at fretob@me.com

Registration Instructions: (1) Select your retreat option by checking the appropriate box below. (2) Select rooming preferences, if applicable. (3) Make check payable to: No. Calif. ACA Retreat. (4) Clip this form and mail it with full payment (US \$ only) by December 16, 2011 to: No. Calif. ACA Retreat, c/o Jean, PO Box 193233, San Fran., CA 94119

Name: _____
 Street: _____
 City, State, Zip: _____
 Phone #: _____
 E-mail: _____
 Special Dietary Needs: _____

↑ (This information will be kept confidential) ↑

Retreat Options (Check Preferences)

- Enclosed is my check for \$340.00 Full-Retreat 2 nights single-occupancy and 6 meals (Friday dinner to Sunday lunch).
- Enclosed is my check for \$290.00 Full-Retreat 2 nights double-occupancy and 6 meals (Friday dinner to Sunday lunch).
- Enclosed is my check for \$160.00 Half-Retreat 1 night double-occupancy and 3 meals (breakfast, lunch, dinner).
- Enclosed is my check for \$185.00 Half-Retreat 1 night single-occupancy and 3 meals (breakfast, lunch, dinner).
- Enclosed is my check for \$100.00 Day-Use Saturday only and 3 meals (breakfast, lunch, dinner).
- Enclosed is my check for \$50.00 Day-Use Saturday only without meals (bring your own food).

Rooming Preferences (Check Preferences)

- Men only I snore Some noise OK
- Women only I do not snore Quiet Please

Car Pooling (Check Preferences)

- Need a ride One way To
- Offering a ride Round trip From