This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes.

Search for "All Meetings" Printed on 2023-Sep-30
Showing Meetings adjusted to TimeZone America/Los_Angeles

There are to many meetings to show them all. The first 600 meetings are shown

<table>
<thead>
<tr>
<th>Adjusted Day Time</th>
<th>Meeting Information</th>
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</thead>
<tbody>
<tr>
<td><strong>Sunday 12:00 AM</strong></td>
<td>Europe's Sunday morning Big Red Book Chapter 19 Study (The Twelve Traditions of ACA) (WEB0182) - 09:00 am Amsterdam / 08:00 am London Zoom: <a href="https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbGlHZzFleenZoUG5CYY84Zz09">https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbGlHZzFleenZoUG5CYY84Zz09</a> Meeting ID : 858 6787 6612 Passcode : 711 Audio only, please do not use the video function. English speaking meeting. The ACA Twelve Traditions provide guidelines for group conduct just as the ACA Steps provide guidelines for individual recovery. Please see <a href="https://www.acafellowworldtravelers.com">https://www.acafellowworldtravelers.com</a> for information on all our meetings. <strong>Format:</strong> Book Study - Discussion - Traditions</td>
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<tr>
<td><strong>Sunday 12:00 AM</strong></td>
<td>NZ Studies 12 Steps (WEB0752) - This is a literature based study. Meeting id is 2020434320 and password is Ucandoit. Starts at 8 pm NZDT time. Please check your local area for the time differences. Audio only. <strong>Format:</strong> Discussion This is a literature based study. Meeting id is 2020434320 and password is Ucandoit. Starts at 8 pm NZDT time. Please check your local area for the time differences. Audio only. Meetings Local Time 08:00 pm Pacific/Auckland</td>
</tr>
<tr>
<td><strong>Sunday 12:00 AM</strong></td>
<td>Relationships (WEB1011) - We meet on Zoom Room ID: 979 798 6412 Password: 121414 <strong>Format:</strong> Fellowship Text (BRB) Welcome! This group meets online only, and is an audio only meeting (with the option to reveal your video if you wish). This is an established meeting in New Zealand, but all worldwide ACA members are welcome. The focus is on Relationships - with readings taken from ACA Big Red Book, Chapters 13-15. Meetings Local Time 08:00 pm Pacific/Auckland</td>
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<tr>
<td><strong>Sunday 12:30 AM</strong></td>
<td>(SWE0161) - Nobelvägen 20, Malmoe , 21427 In the basement of St:a Maria Kyrka. Entrance from Nobelvägen. Enter through the gate to the left of the belfry when you have your back turned to Nobelvägen. The room is open from 9 a.m.Readings from Strengthening My Recovery. All texts and the meetings format is read in English and the shares are in whichever language the individual member finds most comfortable. If there is need for an interpreter please contact us and we will do our best to see if we can be of assistance. Telephone: +46709359050 email: <a href="mailto:acamalmosonstag9.30@gmail.com">acamalmosonstag9.30@gmail.com</a> <strong>Format:</strong> Discussion - Fellowship Text Meetings Local Time 09:30 am Europe/Stockholm</td>
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<td>Time</td>
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<tr>
<td>Sunday 12:30 AM</td>
<td>Lemoniada DDA/DDD (WEB0429) - Za skypie wyszukaj użytkownika &quot;dda.lemoniada&quot; i napisz na czacie, ¿e chcesz wzi?? udzia?. Alternatywnie, napisz na maila: <a href="mailto:lemonka12@wp.pl">lemonka12@wp.pl</a> z pro?b? o przy??czenie</td>
</tr>
<tr>
<td>Sunday 12:30 AM</td>
<td>Check-in to Inner Family (TEL0518) - Check-in to the inner family, based on a practice from the Loving Parent Guidebook. Meeting is in Hebrew language.</td>
</tr>
<tr>
<td>Sunday 12:30 AM</td>
<td>BRB Loving Parent Meeting (WEB1022) - 857 1728 2714 Password: serenity</td>
</tr>
<tr>
<td>Sunday 01:00 AM</td>
<td>ACA Blairgowrie Group (ZAF0004) - Delta Park, Road No.3, Victory Park, Johannesburg Gauteng, 2195 (Updated 29 May 2023) The meeting is held inside the Delta Environmental Centre building. Access is via the main entrance. The doors are locked at 10am when the meeting starts but late-comers can ring the door-bell. A parking area is adjacent to the building. The meeting is not affected by load-shedding.</td>
</tr>
<tr>
<td>Sunday 01:00 AM</td>
<td>Sunday 9am UK online (TEL0516) - Join Zoom Meeting Meeting ID: 555 351 4570 Passcode: 9wJ6BL One tap mobile +16699006833,,5553514570#,,,,,*760262# US (San Jose) +19292056099,,5553514570#,,,,,*760262# US (New York) Dial by your location +1 669 900 6833 US (San Jose) +1 929 205 6099 US (New York) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 931 3860 US +1 669 444 9171 US Meeting ID: 555 351 4570 Passcode: 760262 Find your local number: <a href="https://zoom.us/u/adBvaXrjNL">https://zoom.us/u/adBvaXrjNL</a></td>
</tr>
<tr>
<td>Sunday 01:30 AM</td>
<td>Aca in Lund (SWE0164) (Swedish or English) - Bredgatan 19, Lund Skane, 22221 Bredgatan 19, Vänskapens hus (across from Socialhögskolan in Lund). Meeting is on the second floor. Notes: Non Smoking - Non Smoking, Open international meeting. Texts are in English and sharing is done in Swedish, English or any other language.</td>
</tr>
<tr>
<td>Sunday 01:30 AM</td>
<td>Söndagsgruppen - tema narcissism och psykisk misshandel (SWE0168) - St. Paulsgatan 39D, Stockholm Stockholm, 118 48 Hartwickska huset. On the yard. Inner door. Notes: Non Smoking - Non Smoking, Open international meeting. Texts are in English and sharing is done in Swedish, English or any other language.</td>
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<td>Time</td>
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<tr>
<td>Sunday 01:30 AM</td>
<td>ACA Cape Town South Africa (ZAF0005) - Saint Michaels Catholic Church,</td>
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<td>Sunday 02:00 AM</td>
<td>Self Care Sunday (WEB0173) - -- 11:00 am Central Europe / 10:00 am UK time -- on Zoom ID 862-8449-8991 -- Password 711 -- English speaking meeting -- Audio only -- Please do not use your video -- Our Self Care Sunday meeting is a nurturing space to focus on things we can do to care for ourselves while being our own Loving Parents. The meeting has a rotating schedule of readings from the ACA literature (The Big Red Book and Strengthening My Recovery), chosen by the group to help remind us of the nourishing and supportive practices we can engage in to support us all in our recovery and beyond. We look forward to seeing you and joining our loving re-parenting journey. --- The readings schedule can be found here <a href="https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBb0F1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing">https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBb0F1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing</a> Beginners welcome Meetings Local Time 11:00 am Europe/Amsterdam</td>
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<tr>
<td>Sunday 02:00 AM</td>
<td>Being Your Own Loving Parent (WEB0732) - Zoom Meeting ID: 6336642816</td>
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<tr>
<td>Sunday 02:00 AM</td>
<td>Inter-regional Roos Steps Workbook &amp; Inner Loving Parent Workbook (AUS0095) - These meetings are by ZOOM 774 3629 4713 pass-code 9ZZZZZ</td>
</tr>
<tr>
<td>Sunday 02:15 AM</td>
<td>Sunday Brussels international (WEB0540) - <strong>Focus:</strong> Beginners - BIPOC - LGBTQ+ - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26)</td>
</tr>
<tr>
<td>Sunday 02:30 AM</td>
<td>(GBR0052) - Holderness road/ Balfour street, Hull East Yorkshire, Hu9 2EU</td>
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</tbody>
</table>
| Sunday 02:45 AM | Become Your Own Loving Parent (TEL046) - Meeting Time Is Eastern Time...712-432-3900; conference code 247125#  
**Format:** Discussion - Fellowship Text - Speaker Speaker for 15 minutes the last Sunday of the month  
Meetings Local Time 05:45 am America/New_York |
|----------------|------------------------------------------------------------------------------------------|
| Sunday 03:00 AM | ACOA Sunday Takadanobaba group (JPN025) - Takadanobaba Tokyo Japan, Tokyo Tokyo, 169 0075 You can find the venue and time of our meeting information is in Japanese only. However everyone is welcome from the world even if the meeting is held in Japanese. Please contact if any at email address, 2017acoa.sunday@gmail.com  
Thank you.  
**Format:** Speaker - Steps  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 07:00 pm Asia/Tokyo |
| Sunday 03:00 AM | Stepping into the solution (GBR0010) - Time: Sunday 11:00 AM UK time Zoom  
Meeting ID: 87288357357 Pass-code: 919488  
**Format:** 12 Steps Yellow Workbook  
**Focus:** Women Only Online meeting. Topic: Women’s Steps meeting Focusing on the yellow 12 steps workbook. Please have your video on when entering the meeting. The meeting is locked at around 11.30, after the readings, but before we go into breakout rooms, which are chosen at random by Zoom.  
Meetings Local Time 11:00 am Europe/London |
| Sunday 03:00 AM | Doverie (WEB0776) (????????) - ????????? ??????????? ? Zoom. ?????? ?? ???? ?????????????? ?? Telegram-???????: https://t.me/VDADoverie  
**Format:** 12 Step Study Group - Book Study - Discussion - Speaker - Steps - Workshop ?? ????????? 9-10 ????????? ??????????? ? ??????. ????? ?????? ?????????? ??????? ?? ?????? ???. ????????? ?????????? ? Zoom. ?????????? ? ??????????? ? ???? ??????????? ?????????? ????? ??? ????? ??????: https://sites.google.com/view/vdadoverie  
Meetings Local Time 01:00 pm Europe/Moscow |
| Sunday 03:00 AM | Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828  
**Format:** Discussion  
**Focus:** Beginners This Group doesn’t have “Spiritual Time keepers “  
Meetings Local Time 11:00 am Europe/London |
| Sunday 03:00 AM | meet12aca (TEL0425) (German / deutsch) - This is a telephone and online meeting in German. We meet at 12pm - noon Europe Central time.. Das ist ein Telefon- und online-Meeting in deutsch. Wir treffen uns um 12 Uhr mittags. Die Einwahl/Dial-in number (DE): 0221-98258760 Access code: 814478# International dial-in numbers: https://fccdl.in/i/meet12aca Online meeting ID: meet12aca Join the online meeting: https://join.freeconferencecall.com/meet12aca Das Meeting ist offen für alle Interessierten email: meet12aca@protonmail.com  
**Format:** Discussion It s at noon 12o'clock CET (6am ET).We read the daily meditation before sharing.  
Meetings Local Time 12:00 pm Europe/Berlin |
<table>
<thead>
<tr>
<th>Time</th>
<th>Meeting Name</th>
<th>Format</th>
<th>Notes</th>
<th>Meeting Link</th>
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<tbody>
<tr>
<td>Sunday 03:30 AM</td>
<td>(WEB0076) (Español) - Look for our meetings in <a href="http://WWW.ACASPAIN.ORG">WWW.ACASPAIN.ORG</a> or contact <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en <a href="http://WWW.ACASPAIN.ORG">WWW.ACASPAIN.ORG</a> o contacta el usuario: <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> en skype, pidiendo participar en nuestras reuniones o ser miembro.</td>
<td>Book Study</td>
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<tr>
<td>Sunday 04:00 AM</td>
<td>(TEL012) - 667-770-1523 Pin 871076 Ten Minute Meditation During 1st Half Hour</td>
<td>Discussion</td>
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<td>Sunday 04:00 AM</td>
<td>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - This is a Pop-up Skype meeting. All ACA members who are members from this Skype channel can start a meeting on this channel twice a day at 13:00 P.M. and 19:00 P.M. EXCEPTION: there is no meeting on Tuesdays at 19:00 P.M.</td>
<td>Book Study - Fellowship Text To become a member of the Inner Peace Group meeting, newcomers need to contact (register) <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a></td>
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<tr>
<td>Sunday 04:00 AM</td>
<td>RI Area Morning (WEB1002) - Meeting ID: 494757467 Email <a href="mailto:riareaaca@gmail.com">riareaaca@gmail.com</a> for the password (please allow for a delayed response) More RI Area Meeting info can be found at: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> This meeting meets: Daily at 7am. Eastern time; We read Strengthening My Recovery and BRB, after we share, we read something from The Inner Loving Parent Guidebook Link to book: <a href="https://shop.adultchildren.org/products/loving-parent-guidebook">https://shop.adultchildren.org/products/loving-parent-guidebook</a></td>
<td>Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery</td>
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<tr>
<td>Sunday 04:30 AM</td>
<td>FAITH (IND005) (English and Hindi) - The meeting has moved to online (Zoom). Please reach out to <a href="mailto:acadelhi.faithgroup@gmail.com">acadelhi.faithgroup@gmail.com</a> or call 9711196323 to get more information.</td>
<td>Discussion - Steps</td>
<td>Non Smoking - Non Smoking,</td>
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<tr>
<td>Sunday 04:30 AM</td>
<td>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]</td>
<td>Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares.</td>
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<tr>
<td>Sunday 04:30 AM</td>
<td>ACA SEOUL KOREA (WEB0915) - This is a 'Google Meet' online meeting. It is a small meeting and struggling to survive. Needs support :)</td>
<td>Fellowship Text (BRB)</td>
<td>Needs Support - Needs Support,</td>
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<td>Time</td>
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<td>Sunday 04:30 AM</td>
<td>Bright and Early (KY0027) - Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park. <strong>Format:</strong> Discussion <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 07:30 am America/New_York</td>
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<tr>
<td>Sunday 04:45 AM</td>
<td>(IRL0003) - 1 Saint Patrick's PresbyteryLower Glanmire Road, Cork Cork, T23 P9H9 <strong>Format:</strong> Fellowship Text (BRB) Meetings Local Time 12:45 pm Europe/Dublin</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>12 Schritte Koeln (GER019) - Saarstr. 22 (I.D.L.), 50677 Koeln, Cologne , 50677 Close to Sued-Bahnhof, Barbarossaplatz We are working with the 12 step workbook and share what we have written. A preliminary talk is necessary. Vorgespraech notwendig. Please call for information (+49 221 29205501) <strong>Format:</strong> Steps <strong>Notes:</strong> Non Smoking - Non Smoking, Personal Contact B-4 Attending Meetings Local Time 02:00 pm Europe/Berlin</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>Voskresenje (RUS035) - Shuhova str, 17-2, 1st floor, Moscow Moscow, 125009 N/A <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Speaker - Steps Non Smoking Meetings Local Time 03:00 pm Europe/Moscow</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders is a safe virtual space for daily Zoom-based ACA meetings. Newcomer-friendly! Daily 8am - Strengthening My Recovery daily reader. Monday 7pm - Big Red Book reading. Thursday 7pm - ACA literature study. Friday 7 pm - Creative Expression. Zoom password changes on the first Sunday of each month. Contact <a href="mailto:info@swbaca.org">info@swbaca.org</a> for our welcome letter, which includes the current meeting schedule/descriptions and Zoom access information. All are welcome! <strong>Format:</strong> Book Study - Discussion - Fellowship Text Meetings Local Time 08:00 am America/New_York</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>English speaking ACA (SWE0169) - Vanadisplan 3D, Stockholm Stockholm, 113 31 <strong>Format:</strong> Book Study Meetings Local Time 02:00 pm Europe/Stockholm</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>(WEB0925) - ????????? @??? ????8:00? ACA???? ????455 965 5149 ????? <strong>Format:</strong> Book Study Meetings Local Time 08:00 pm Asia/Shanghai</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>?????? (RUS0071) - ??, ???????.????, 220, ????????? Cheljabinsk, 454090 ???????? ????????? ? ?????? ?????? ????????????????? ???????????????? ?????????????? &quot;??????&quot;. ????? ?????????? ? ????? ??????????, ????? ? ??????. <strong>Format:</strong> Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery Meetings Local Time 05:00 pm Asia/Yekaterinburg</td>
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<tr>
<td>Sunday 05:00 AM</td>
<td>ACAs, Food Addiction, and Emotions (TEL0395) - 605-313-4822, 589425# After a brief reading about relating to our emotions and our relationship with food, we journal in silence about our current emotions for 10 minutes. We share afterward. Remain muted until journal silence ends around 8:25. *6 to mute and unmute. We meet 7 days a week. <strong>Format:</strong> Discussion - Workshop Meetings Local Time 08:00 am America/New_York</td>
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<tr>
<td>Time</td>
<td>Meeting Name</td>
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<tr>
<td>Sunday 05:15 AM</td>
<td>ACA Schematic &amp; Appendix A (TEL169)</td>
<td>Phone 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu We meet 4 days a week: Sat, Sun, Mon, &amp; Tues. (English) Focus: Appendix A in the BRB, ACA Schematic pages 6 &amp; 7. Meetings Local Time 08:15 AM America/New York</td>
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<tr>
<td>Sunday 05:30 AM</td>
<td>Easy Morning Meditation (WEB0301)</td>
<td>Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. plus Trusted Servants. We ask the participants not log in before 8:15am EST. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. This meeting has a capacity of 25 members. Meetings Local Time 08:30 am America/New_York</td>
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<tr>
<td>Sunday 05:30 AM</td>
<td>Safe Haven (WEB0580)</td>
<td>We currently meet on zoom with an intention to return to face to face meetings. We read from the fellowship text (BRB) and share. Please call or email the contact for more information. Meetings Local Time 08:30 am America/New_York</td>
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<td>Sunday 05:30 AM</td>
<td>Strengthening My Recovery FKA: RI Area Morning (WEB0793)</td>
<td>Meeting ID: 818 8099 0843 Passcode: 123123 Format: Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery This meeting meets: -Monday thru Thursday at 7am. Eastern time; -Saturday at 8am. Eastern time; -Sunday at 8:30am. Eastern time. We read Strengthening My Recovery and BRB -Fridays at 7am Eastern time - we read The Inner Loving Parent Guidebook Link to book -Business Meetings are on the 15th of every month after the regular meeting. Meetings Local Time 08:30 am America/New_York <a href="#">Virtual Meeting Link</a></td>
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<tr>
<td>Sunday 06:00 AM</td>
<td>Loving Parent Guidebook (FL159)</td>
<td>1408 N Killian Drive, #105, North Palm Beach Florida, 33403 Format: Loving Parent Guidebook Notes: Non Smoking - Non Smoking, Non Smoking Meetings Local Time 09:00 am America/New_York</td>
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<tr>
<td>Sunday 06:00 AM</td>
<td>Do talk, do trust, do feel (MA0075)</td>
<td>Fitchburg Art Museum, 185 Elm Street, Fitchburg Massachusetts, 04120 Follow signs/GPS to Fitchburg Art Museum, 185 Elm St, Fitchburg, MA 01420 Format: Discussion - Laundry Lists Workbook Notes: Non Smoking - Non Smoking, We focus on the Laundry List workbook. Meetings Local Time 09:00 am America/New_York</td>
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<tr>
<td>Sunday 06:00 AM</td>
<td>Sunday Morning Hope (PA041)</td>
<td>1200 Old York Rd, Abington Pennsylvania, 19001 In person. Abington Hospital, Lenfest Pavilion, conference room G. Sign in at front desk, with ID. No more free parking at Hospital. Zoom meeting still active but separate now. Format: Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery Focus: Beginners Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 1st Sunday - Step of the month; 2nd Sunday - Big Red Book; 3rd Sunday - Strengthening My Recovery; 4th Sunday - Tradition of the month; 5th Sunday - Speaker Meeting. Meetings Local Time 09:00 am America/New_York</td>
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<tr>
<td>Time</td>
<td>Group Name</td>
<td>Description</td>
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<td>Sunday 06:00 AM</td>
<td>Adult Child in Recovery (TEL0402)</td>
<td>Focus on Chapter 7, the 12 steps of ACA from Big Red Book Call 712 432 8808 Access Code 324515# - (Press *1 to un-mute and speak, press *1 again after speaking to mute) - This group meets daily, all 7 days, from 9 - 10:15.</td>
<td>Discussion - Steps</td>
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<td>Eliot, Maine Writing Meeting (WEB0451)</td>
<td>This is a 90 minute writing meeting as described in the BRB p. 567. The Chair will introduce a topic, provide a writing prompt, then pause the meeting for 20 minutes to allow time to write. When the meeting resumes, you are welcome to share what you wrote. There is no requirement to share. A second prompt will be offered if time permits. For meeting security, please email our Group Contact for Zoom info. (Emails are checked daily/Sundays @ 8:30am)</td>
<td>Workshop</td>
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<td>Becoming Your Own Loving Parent - Virtual Only (WEB0695)</td>
<td>- Zoom link: <a href="https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1v2Zz09">https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1v2Zz09</a> Meeting ID: 822 3330 7763 Password: 111222</td>
<td>Book Study - Discussion - Fellowship Text Zoom only</td>
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<td>Traits, Men (TEL0522)</td>
<td>- Laundry Lists Workbook</td>
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<td>(MA0116)</td>
<td>- 2 Williams St, Williamsburg Massachusetts, 01096 We meet at the Meekins Library meeting room. Use the entrance off the parking lot on Rt 9 across from the Post Office. Welcome!</td>
<td>Loving Parent Guidebook</td>
<td>Wheelchair Access, Non Smoking</td>
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<td></td>
<td>ACA Israel (English) (WEB1152)</td>
<td>Fellowship Text (BRB) Meetings will start September 3, 2023. <a href="https://us02web.zoom.us/j/88491892727?pwd=bG9aRnBKbE9vcjZldklpVFc3bkJiUT09">https://us02web.zoom.us/j/88491892727?pwd=bG9aRnBKbE9vcjZldklpVFc3bkJiUT09</a> Meeting ID: 884 9189 2727 Passcode: tonyaca Please email <a href="mailto:frbjph@gmail.com">frbjph@gmail.com</a> for more information.</td>
<td>Fellowship Text - Speaker - Steps</td>
<td>Non Smoking, Wheelchair Access</td>
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<td></td>
<td>Kittery ACA Step Meeting (ME0042)</td>
<td>During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information!</td>
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<td>Non Smoking, Wheelchair Access</td>
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<td></td>
<td>ACA Den Bosch (NET0013)</td>
<td>5212 AJ kwartier lopen vanaf 's-Hertogenbosch CS The meeting is Dutch, sharing is in whatever language you feel most comfortable speaking in.</td>
<td>Book Study - Fellowship Text - Speaker - Steps Non Smoking</td>
<td>-</td>
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<tr>
<td>Sunday 06:00 AM</td>
<td>(MA0116)</td>
<td>- 2 Williams St, Williamsburg Massachusetts, 01096 We meet at the Meekins Library meeting room. Use the entrance off the parking lot on Rt 9 across from the Post Office. Welcome!</td>
<td>Loving Parent Guidebook</td>
<td>Wheelchair Access, Non Smoking</td>
</tr>
<tr>
<td>Sunday 06:00 AM</td>
<td>ACA Israel (English) (WEB1152)</td>
<td>Fellowship Text (BRB) Meetings will start September 3, 2023. <a href="https://us02web.zoom.us/j/88491892727?pwd=bG9aRnBKbE9vcjZldklpVFc3bkJiUT09">https://us02web.zoom.us/j/88491892727?pwd=bG9aRnBKbE9vcjZldklpVFc3bkJiUT09</a> Meeting ID: 884 9189 2727 Passcode: tonyaca Please email <a href="mailto:frbjph@gmail.com">frbjph@gmail.com</a> for more information.</td>
<td>Fellowship Text - Speaker - Steps</td>
<td>Non Smoking, Wheelchair Access</td>
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<tr>
<td>Sunday 06:00 AM</td>
<td>Kittery ACA Step Meeting (ME0042)</td>
<td>During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information!</td>
<td></td>
<td>Non Smoking, Wheelchair Access</td>
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<tr>
<td>Sunday 06:30 AM</td>
<td>ACA Den Bosch (NET0013)</td>
<td>5212 AJ kwartier lopen vanaf 's-Hertogenbosch CS The meeting is Dutch, sharing is in whatever language you feel most comfortable speaking in.</td>
<td>Book Study - Fellowship Text - Speaker - Steps Non Smoking</td>
<td>-</td>
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| **Sunday 06:30 AM** | Adult Children With Children (TEL150) - 712 432 8808 pin number 372957# Meeting time will begin at 9:30am and end at 10:45am Focus on Big Red Book Chapter 2  
**Format:** Fellowship Text (BRB)  
Meetings Local Time 09:30 am America/New_York |
| **Sunday 06:30 AM** | Sanando Mi Niño Interior (WEB1110) (Español) - Libro Rojo Criando mi niño Interior Padrinazgo Fortaleciendo mi recuperación Una nueva Esperanza Lectura, escritura y compartir Reuniones en línea vía meet Bienvenidos todos! Trabajamos Libro Rojo, Libro Criando Mi Niño Interior Padrinazgo Fortalecimiento mi Recuperacion Una Nueva Esperanza  
Meetings Local Time 07:30 am America/Mexico_City  
**Virtual Meeting Link** |
| **Sunday 07:00 AM** | Innermost Group (CT095) - 287 Main St, Niantic Connecticut, 06357 We are meeting at the Arthur Murray Dance Studio. Parking is in the rear of the building.  
**Format:** Discussion  
**Notes:** Wheelchair Access - Wheelchair Access,  
Meetings Local Time 10:00 am America/New_York |
| **Sunday 07:00 AM** | Serenity By The Sea (MA035) - 275 W. Broadway, South Boston Massachusetts, 02127 This is a hybrid women's only meeting. Please contact us and/or read below before attending in person. *Summer Changes The first Sunday of each month we will be both on Zoom and in person at a fellow travelers garden. The last Sunday of each month we will be both on Zoom and at Laboure Center (address listed above) Please contact Alexa 732-687-4837 for more info and to meet her at the D street entrance. All Sundays in between are exclusively held on Zoom. We are currently working out of the Loving Parent Guidebook. On the 4th Sunday of each month we discuss the Tradition of the Month in the BRB. For the Zoom or more information please email us at Serenitybytheseagroup@gmail.com  
**Format:** Discussion - Fellowship Text (BRB) - Loving Parent Guidebook  
**Focus:** Women Only  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 10:00 am America/New_York |
| **Sunday 07:00 AM** | Sunday Morning Serenity Aca (MI061) - 15218 Farmington Rd,, Livonia Michigan, 48154 At the Livonia Civic Senior Center. AA, Al-Anon, and ACA tables  
**Format:** Discussion - Steps  
**Notes:** Wheelchair Access - Wheelchair Access, 1 - 2 Miles East Of I-275  
Meetings Local Time 10:00 am America/Detroit |
| **Sunday 07:00 AM** | New Leaf ACOA (PA105) - NOTE: This meeting is now online only. Please join us on Zoom. Contact Linda B at 610-256-0265. Please text (preferred) your email so the link can be forwarded.  
**Format:** Discussion - Fellowship Text (BRB) - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 10:00 am America/New_York |
| **Sunday 07:00 AM** | Begushiye po volnam (RUS0041) - Grina street, 3, korpus 2. Narcological Health centre 7. M, Moscow Moscow, 117216 .  
**Format:** Book Study - Discussion - Speaker - Steps  
Meetings Local Time 05:00 pm Europe/Moscow |
| **Sunday 07:00 AM** | (SWE113) - DrottningKristinasvag 7, Karlstad , Norrstrandskyrkans moteslokal  
**Format:** Discussion  
Meetings Local Time 04:00 PM Europe/Stockholm |
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<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>Hermitage Seeking Sanity (TN056) - <strong>Currently Zoom Only</strong></td>
<td>Please reach out to your contact person for the meeting link and password in advance. Format: Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery. All interested prospects are welcome, even if you're not sure of your ACA qualifications. The only qualifications is to want to improve from the influences of being brought up in an alcoholic, or dysfunctional environment. Meetings Local Time 09:00 am America/Chicago</td>
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<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>ACA Formosan Group (WEB0036) - Topic: Big Red Book Study &amp; Daily Affirmations</td>
<td>Time: Sundays @ 22:00 Taiwan (GMT+8) <a href="https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09">https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09</a> Meeting ID: 818 6670 0732 Passcode: 439906 “With help from our ACA support group, we will slowly release our dysfunctional behaviors.” — ACA Promise #11 Format: Book Study - Fellowship Text Meetings Local Time 10:00 pm Asia/Taipei</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>ACA Formosan Group (TWN0001) - No. 11-3, 7 F, Banciao Taipei Shih / Taipei Hsien, Please contact us for meeting details.</td>
<td>Format: Fellowship Text (BRB) Meetings Local Time 10:00 pm Asia/Taipei</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>Eada (CAN0384) - 230 avenue Proulx, ville Vanier, QUEBEC Quebec, G1M 1W6</td>
<td>Rencontre du dimanche 10h-12h de la fraternité EADA 230 avenue Proulx, ville Vanier. G1M 1W6 nous occuperons le 1er étage. POUR LES RENCONTRES EN FRANCAIS : <a href="http://WWW.EADA.QC.CA">WWW.EADA.QC.CA</a> Informations : <a href="mailto:info@eada.qc.ca">info@eada.qc.ca</a> 514 990-0901 Format: Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking, intergroupe de Québec Meetings Local Time 10:00 am America/New_York</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>Sunday Mornings (WEB0754) - Meetings are run exclusively via zoom.</td>
<td>Please email <a href="mailto:sundaymorningsmeetings@gmail.com">sundaymorningsmeetings@gmail.com</a> for meeting information. Meetings Local Time 10:00 am America/New_York</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>The Laundry List -Study Workgroup Meeting (WEB0939) -</td>
<td>Format: Laundry Lists Workbook The Workgroup Meeting is not taking on new participants. Meetings Local Time 03:00 pm Europe/London</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>Tony A.’s Gift (WEB0975) -</td>
<td>Format: Steps Meetings Local Time 04:00 pm Europe/Brussels Virtual Meeting Link</td>
</tr>
<tr>
<td>Sunday</td>
<td>07:00 AM</td>
<td>VMESTE (RUS0040) - Doneckaya 16, of. 402, Volgograd , On Tuesdays we meet at 7 p.m. We have online meeting at the link: <a href="https://join.skype.com/mGFFwE3o6GbJ">https://join.skype.com/mGFFwE3o6GbJ</a> On Sundays at 5 p.m. we have face to face live meetings at the address in our listing: bus station Rokossovskogo or kinoteatr Rodina (??????, ?????????, ????????? 16, ??. 402, ????????? ??????????? ??? ????????? ?????) Format: Book Study - Discussion - Fellowship Text - Speaker - Steps Non Smoking Meetings Local Time 5:00pm Europe/Volgograd</td>
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| Sunday 07:00 AM | LACA (TX0206) - Due to public health concerns regarding COVID-19, LakewayACA meetings are now being held virtually via Zoom until it is safe to resume face to face meetings. Our Zoom ID is: 441 650 8134. The password is serenity22 | **Format**: Discussion - Steps  
**Focus**: Beginners  
Meetings Local Time 09:00 am America/Chicago [Virtual Meeting Link](#)  
| Sunday 07:15 AM | Lawrence Twp ACA (NJ0191) - 295 Eggert Crossing Rd, Lawrenceville New Jersey, 08648 Note that the meeting time has been updated to 10:15am. We meet on the second floor. It will be the first door to your right. Look for an ACA flyyer. There is parking in front of the building. You can also park in the parking lot across the street (with the basketball hoop) or at the Loveless Woods parking spaces. | **Format**: Discussion - Loving Parent Guidebook - Speaker - Strengthening My Recovery  
Meetings Local Time 10:15 am America/New_York |                                  |                                                                                  |----------|---------------------|
| Sunday 07:30 AM | Denver Metro ACA (CO0061) - Now meeting on Zoom. Click the Meeting Contact button to get more information.  
Meetings Local Time 08:30 am America/Denver | **Format**: Book Study - Discussion - Fellowship Text - Speaker - Steps  
**Focus**: Beginners  
Meetings Local Time 10:30 am America/New_York |                                  |                                                                                  |----------|---------------------|
| Sunday 07:30 AM | SAFE ZONE (NY0192) - 289 ST. NICOLAS AVENUE, New York City New York, 10027-4805 ACCESS BUILDING BY PRESSING 019 AND THEN THE TELEPHONE SYMBOL TO BE BUZZED IN TO THE BUILDING. MEETING IS IN THE LOWER LEVEL OF THE BUILDING. TAKE THE STEPS OR ELEVATOR DOWN ONE FLOOR. | **Format**: Book Study - Discussion - Fellowship Text - Speaker - Steps  
Meetings Local Time 10:30 am America/New_York |                                  |                                                                                  |----------|---------------------|
| Sunday 07:30 AM | Step Work Meeting (DEU0002) (Deutsch (German)) - Please send an E Mail to get the Meeting Adresse and further Informations. Bitte schicke eine E Mail um die Meeting Adresse und weitere Informationen zu bekommen. Requirement for participation at the Step Work Meeting: 6 "normal" Meetings Voraussetzung zur Teilnahme am Schritte-Arbeits-Meeting ist die vorherige Teilnahme an mindestens 6 normalen ACA-Meetings | **Format**: Steps  
**Notes**: Non Smoking - Non Smoking, New arrivals are asked to attend 6 regular ACA meetings ( Neuankömmlinge werden gebeten, erst 6 normale ACA Meetings zu besuchen)  
Meetings Local Time 04:30 pm Europe/Berlin |                                  |                                                                                  |----------|---------------------|
| Sunday 07:30 AM | ????????? ???????? (RUS0063) - ?. ??????, ??????????????? ????????, ?. 6, ??????? Moscow, 141002 ?????? ???????????????? ?????? ??? ????? ????????????? ??????????, ?? ???????? ?????? ? 2,?? ????????????? ??, ?? ?, ???????????????????, ? ????????????? ??????? ?? ??, ???????, ?? ??? ????????? ????? ??????? ?? ????? ???????, ?? ????????? ?????? ?????? (????????? ??????? «????? ????????? ???????»), ?? ?, ?????????? ????????????? ?? ??????? ?? ?, ?? ?????????? ????????? ??????? ?? ??????? ?? ????????? ?????? ???????, ?? ????????? ????????? ?????? ?????? ? 177 (?) ??, ???????). | **Format**: Steps  
**Notes**: Non Smoking - Non Smoking, New arrivals are asked to attend 6 regular ACA meetings ( Neuankömmlinge werden gebeten, erst 6 normale ACA Meetings zu besuchen)  
Meetings Local Time 05:30 pm Europe/Moscow |                                  |                                                                                  |----------|---------------------|
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| Sunday 07:30 AM | **Sunday Sisters (WEB1106)** - Please email SundaySisters123@gmail.com for the meeting link and password  
**Format:** Fellowship Text (BRB)  
**Focus:** Women Only We read the Big Red Book from cover to cover and share on the readings as we go.  
Meetings Local Time 09:30 am America/Chicago |        |       |
| Sunday 08:00 AM | **Aca Lahti (FIN042)** (Finnish and english) - Hämeenkatu 9 Liikehuoneisto 32 C 15110 Lahti, Lahti , Meeting Room is at inner court of Hämeenkatu 9  
**Format:** Book Study - Discussion - Steps - Traditions You can check the meetings and the correct dates from our website: www.aal.fi Go to "ryhmiens kokoonumisajat ja paikat" above and search "Lahti". On the right we have Google Docs-page that we update regularly :)  
Meetings Local Time 06:00 pm Europe/Helsinki |        |       |
| Sunday 08:00 AM | **Patras ACA (GRE0012)** - 30 Plateia Georgiou (Square), Patras Patras, 26222 1st floor (Inside the stait). Due to Covid-19, this meeting currently held on Skype: Send request to our contact email.  
**Format:** Fellowship Text - Book Study - Steps - Speaker - Workshop  
Meetings Local Time 06:00 pm Europe/Athens |        |       |
| Sunday 08:00 AM | **Sunday ACA Big Red Book (MN126)** - As of January 16, 2022, the ACA St. Paul Sunday Morning meeting has returned to meeting only on Zoom. Please send an email to the contact information and an auto-response email will send the zoom information to you. Please do not text for meeting info to make sure you receive the information as quickly as possible.  
**Format:** Book Study - Discussion  
**Notes:** Non Smoking - Non Smoking, Open to all who identify as adult children of alcoholic(s) or dysfunctional families.  
Meetings Local Time 10:00 am America/Chicago |        |       |
| Sunday 08:00 AM | **Courage to Change (WEB0351)** - https://us02web.zoom.us/j/5680156307 ZOOM ID 568 015 6307  
**Format:** Book Study - Discussion We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. This is a camera on meeting.  
Meetings Local Time 07:00 pm Asia/Dubai |        |       |
| Sunday 08:00 AM | **With the Help of Our Higher Power (WEB0495)** - We gather Sunday mornings PST for readings and practices related to steps 10 and 11. This is a 60 minute meeting followed by 30 minutes of fellowship. Newcomers welcome. Meeting ID: 881 9790 7675 Passcode: ilikeyou Join Zoom Meeting: https://us02web.zoom.us/j/88197907675?pwd=NUNOdC9sWit3WTBUb0hTRnVtMmg4UT09  
Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link |        |       |
| Sunday 08:00 AM | **Tony A - The ACOA Experience - Weekender (WEB0572)** - *taking a break for the summer months. Will resume in September.  
**Format:** Discussion - Fellowship Text  
Meetings Local Time 08:00 am America/Vancouver |        |       |
| Sunday 08:00 AM | **Women's Self Care (CA1494)** - Please reach meeting contact for zoom information. 8AM PST We read from the 12 step prayer book and do some writing & work on letting go of the self doubt and self abandonment that we have held onto for so long.  
**Format:** Book Study - Discussion  
**Focus:** Women Only  
Meetings Local Time 08:00 am America/Los_Angeles |        |       |
<p>| Sunday 08:00 AM | ACA Schematic - Secular Sunday (WEB0781) - The ACA Schematic is a diagram that shows how the ACA recovery tools may be implemented to live with greater awareness of how the effects of childhood trauma continue to operate in our lives today. Sundays: 8am Pacific | 11am Eastern | GMT 4pm Zoom ID: 851 4127 1794 | Passcode: talionic <strong>Format:</strong> Discussion <strong>Focus:</strong> Beginners - Secular/Agnostic/Atheist By recognizing, acknowledging and releasing the stored psycho-physiological effects of childhood trauma induced CPTSD using the Six Essential Recovery Tasks, Reparenting, 12 Steps, and support of our Fellow Travelers, we will come to know and begin to act as our True Selves. ?? NEWCOMERS TO ACA ARE WELCOME! ?? We use secularized versions of the ACA literature. All readings are screen shared, and available to download! Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link |
| Sunday 08:00 AM | ACA Breakfast Club (WEB0084) - WEB0085 ACA Afternoon Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <strong>Format:</strong> Discussion <strong>Meetings Local Time 11:00 am America/New_York</strong> |
| Sunday 08:00 AM | Patras ACA 2 (GRC0004) - 30 Plateia Georgiou (Square), Patras Ahaia, 26222 1st floor (Inside the stait). Due to Covid-19, this meeting currently held on Skype: Send request to &quot;???? ??????&quot; Skype contact. <strong>Format:</strong> Fellowship Text - Book Study - Steps - Speaker - Workshop <strong>Meetings Local Time 06:00 pm Europe/Athens</strong> |
| Sunday 08:00 AM | The First Line (TEL0364) - -- 712-432-8808 access code 2220900# -- Note: calls from blocked numbers will not have access to the meeting. If your number is blocked you will have to dial *82 and then the telephone number to get into the room. Safety protocols will be in place during the meeting and the after-meeting fellowship time. - We read from Chapters 8 and 15 of the Big Red Book. Thursdays we read from the Loving Parent Guide book and Saturdays we read from Chapter 14 “Taking our Program to work” <strong>Format:</strong> Discussion <strong>Meetings Local Time 11:00 am America/New_York</strong> |
| Sunday 08:30 AM | Steps to Emotional Sobriety (NY0157) - Old Dutch Church, Kingston New York, 12401 use either door of the church - press blue square if you're at handicap entrance. go upstairs and look for sign on door to the OMG room. <strong>Format:</strong> Book Study <strong>Notes:</strong> Needs Support - Non Smoking - Needs Support, Non Smoking, we wear masks right now <strong>Meetings Local Time 11:30 am America/New_York</strong> |</p>
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<td>Sunday 08:30 AM</td>
<td>Yellow Workbook Meeting (OH073) - 5742 Hamilton Ave., Cincinnati Ohio, 45224 College Hill Presbyterian Church. See the front desk for our meeting room number. The building closes at 1 PM. Format: 12 Steps Yellow Workbook Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 11:30 am America/New_York</td>
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<tr>
<td>Sunday 08:30 AM</td>
<td>aal-imatra (FIN0060) - Koskikatu 2, Imatra Etela-Karjala, 55120 Format: Discussion - Steps Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Europe/Helsinki</td>
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<td>Sunday 08:30 AM</td>
<td>No Mental Defense ACA (CO0101) - 10210 West 26th Ave #12, Lakewood Colorado, 80215 Unit #12 is the square looking building that sits in front of the &quot;L&quot; shaped apartment units. Format: Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Strengthening My Recovery - Workshop Meetings Local Time 09:30 am America/Denver</td>
<td></td>
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<tr>
<td>Sunday 08:30 AM</td>
<td>Sunday Sunrise (ID0059) - 430 S Pennsylvania Ave, Fruitland Idaho, 83619 Our Collective Change Studio Space Format: 12 Step Study Group - Book Study Notes: Non Smoking - Non Smoking, Meetings Local Time 09:30 am America/Boise</td>
<td></td>
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<tr>
<td>Sunday 08:45 AM</td>
<td>Acoa Sun Morning Step Study (TX092) - The Lambda Center, 1201 West Clay Street, Houston Texas, 77019 This meeting meets in person at the The Lambda Center, 1201 West Clay Street, Houston, TX 77019. This is also an online meeting via Zoom. Here's link to join the meeting via Zoom:<a href="https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZUTJFYU9tdz09">https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZUTJFYU9tdz09</a> Format: Discussion - Steps Focus: LGBTQ+ Notes: Non Smoking - Non Smoking, Here's link to join the meeting via Zoom:<a href="https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZUTJFYU9tdz09">https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZUTJFYU9tdz09</a> ID: 898-5987-2968</td>
<td>Passcode: 188089 For further info on if the meeting has returned to in person, please visit: <a href="https://lambdahouston.com/">https://lambdahouston.com/</a> Meetings Local Time 10:45 am America/Chicago Virtual Meeting Link</td>
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<td>Sunday 08:45 AM</td>
<td>Nowa nadzieja (UKI0111) - 71A Northcroft Road, London London, W13 9SS Northfields Community Centre, Room 3 Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Traditions Meetings Local Time 04:45 pm Europe/London</td>
<td></td>
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<tr>
<td>Sunday 08:45 AM</td>
<td>A Safe Place For You- *6 to mute and unmute (TEL0390) - The phone number is 667-770-1523 and the access code to enter is 871076# Format: Discussion Newcomers to ACA are welcome! Meetings Local Time 11:45 am America/New_York</td>
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<tr>
<td>Sunday 09:00 AM</td>
<td>Westlake Sunday Meeting and Fe (TX146) - 2525 Wallingwood Drive, Austin Texas, 78746 Bldg. 7 Ste. 703 Format: Discussion Non Smoking Meetings Local Time 11:00 AM America/Chicago</td>
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| Sunday 09:00 AM | ACA 4x4 meeting (WEB066) - ACA 4x4 meeting, each week we read one Trait from Laundry List Workbook and then share about it. Sunday 7:00PM Eastern European Time EET. UTC/GMT +2H LATVIAN language only! To join this meeting: write to Skype user sapulce_4x4 before meeting. PAB 4x4 sapulce, katru reizi viena pazime. Lai piedalitos raksti Skype lietotajam sapulce_4x4 pirms sapulces. Sapulces notiek Svetiénas pl 19 pec Latvijas laika Skype programma. **Format:** Discussion  
Meetings Local Time 07:00 pm Europe/Riga |
| Sunday 09:00 AM | ACA Chat (WEB0092) -  
~• Go to [https://acachat.com/](https://acachat.com/) and click Chat on the menu.  
~• Register a username and then login with it.  
~• Meetings are text-based (no video) and take place in the ACA Room.  
~• Chat Rooms are open 24/7/365 for fellowship, connections, and support.  
~• Current as of September 2023!  
**Format:** 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery  
Meetings Local Time 12:00 pm America/New_York  
[Virtual Meeting Link](https://us02web.zoom.us/j/89221782321?pwd=603201)  
American Sign Language (ASL) interpreter available with advance request.  
**Focus:** Beginners  
Meetings Local Time 12:00 pm America/New_York |
| Sunday 09:00 AM | ACA Chapel Hill Online Meetings. Welcome to everyone from an alcoholic or otherwise dysfunctional home (WEB0112) - Contact us for Zoom information: acachapelhill@gmail.com EVERYDAY AT NOON EST  
Monday - Laundry List Workbook  
Tuesday - Topic Meeting  
Wednesday - Big Red Book  
Thursday - Traditions  
Friday - Loving Parent Guidebook  
Saturday - Topic Meeting  
Sunday - Beginners Meeting  
**Focus:** Beginners  
Meetings Local Time 12:00 pm America/New_York  
[Meeting information](https://docs.google.com/document/d/10SIsXKex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing)  
Meetings Local Time 12:00 pm America/New_York |
| Sunday 09:00 AM | A New Hope ACA Beginners Meeting - Connections (WEB0140) - Using the ACA Beginners Meeting Handbook available for free at [https://www.ACAhope.com](https://www.ACAhope.com) (Handbook is derived from fellowship texts, but not itself conference approved). Newcomer/beginner focus (those in ACA less than a year), open to all adult children.  
Zoom meeting link: [https://us02web.zoom.us/j/89221782321](https://us02web.zoom.us/j/89221782321) - password: 603201.  
American Sign Language (ASL) interpreter available with advance request.  
**Focus:** Beginners  
Meetings Local Time 12:00 pm America/New_York |
| Sunday 09:00 AM | Way to yourself (BLR0002) (Russian language) - Yakub Kolas street,52, Novopock Vicebsk, 211448 Parish of the Church of the Sacred Heart of Jesus Christ in Novopolotsk  
**Format:** Book Study - Discussion - Fellowship Text - Steps  
**Focus:** Beginners - Secular/Agnostic/Atheist  
Meetings Local Time 07:00 pm Europe/Minsk |
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<th>Time</th>
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| **Sunday 09:00 AM** | ACA Anger Release (WEB0516) - To ensure meeting safety, please email adultchild12steps@gmail.com for Zoom meeting ID and passcode. This meeting is locked after it begins. The goal of this meeting is to give you a place to explore your resentments, release your anger and find out about its sources in your childhood. Only by processing the repressed anger will we be free of it, and gain the ability to not act out on it day to day. We encourage the use of optional tools such as pillows, plastic bats, curse words, etc. to express anger. There are strict guidelines for sharing in order to support participants’ well-being.  
**Format:** Fellowship Text - Workshop  
Meetings Local Time 09:00 am America/Los_Angeles |
| **Sunday 09:00 AM** | (WEB0771) - Meetings Local Time 11:00 am America/Chicago                                                                                               |
| **Sunday 09:00 AM** | Neguju?i roditelj (WEB0869) (Serbian/Croatian) - Sastajemo se svake druge sedmice. Pišite nam na email da biste dobili vreme slede?eg sastanka i zoom link.  
**Format:** Loving Parent Guidebook  
Meetings Local Time 06:00 pm Europe/Belgrade |
| **Sunday 09:00 AM** | ACA Johanneskyrkan Göteborg (SWE0175) - Johannes kyrkogång 1, Gothenburg Vastra Gotaland, 413 18  
**Format:** Discussion  
Meetings Local Time 06:00 pm Europe/Stockholm |
| **Sunday 09:00 AM** | Loving Parent Guidebook Womens' Study Group (WEB1128) - This meeting is for women only who have completed the 12 steps in ACA. We are seeking committed members who intend to work through the entire workbook and will cap group membership at eight women. Please send a What's App message to Savannah at 773-349-6165.  
**Format:** Loving Parent Guidebook  
**Focus:** Women Only  
Meetings Local Time 12:00 pm America/Toronto |
| **Sunday 09:15 AM** | Sun ACA Big Red Book (MN115) - A weekly rotation of volunteers act as trusted servants. Members take turns reading aloud. We read the ACA serenity prayer, problem/laundry list, solution, steps, Daily Affirmation, several pages of the Big Red Book and the traditions. We spend about 30 minutes in breakout rooms (3-5 people) to share our feelings, reflections on the readings, and our recovery journey. We conclude together with the promises and with the serenity prayer. To join please send a message to aca1115sunday@gmail.com or 507-312-9423 for a Zoom meeting invitation.  
**Format:** Book Study  
**Notes:** Non Smoking - Non Smoking, This meeting is for people identifying as adult children from alcoholic or dysfunctional families.  
Meetings Local Time 11:15 AM America/Chicago |
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<th>Time</th>
<th>Location</th>
<th>Details</th>
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| Sunday 09:15 AM | PEACA - Voices of Victory (ZAF0003) (Shares in Afrikaans welcome) - Meetings open 10 minutes before and close 10 minutes in. Meeting links: Thursdays - Reading through the Loving Parent Guidebook Meeting ID: 813 8264 8768 Passcode: PEACA Sundays - Reading through the Big Red Book Meeting ID: 875 9641 4756 Passcode: PEACA | *Format:* Fellowship Text (BRB) - Loving Parent Guidebook  
*Please Note:* Due to heavy loadshedding in the host country we may be unable to host this meeting from time to time (loadshedding = The South African energy crisis, most notably manifesting in the form of successive rounds of loadshedding, is an ongoing period of widespread national level rolling blackouts as electricity supply falls behind electricity demand, threatening to destabilize the national power grid). We will miss you but encourage you to look for another meeting if you are in need of a meeting today. There are a number of alternate meetings at our regular meeting time and we encourage you to look for them on the virtual calendar https://adultchildren.org/online-phone-meetings-calendar/  
Meetings Local Time 06:15 pm Africa/Johannesburg |
| Sunday 09:15 AM | Edina ACA (MN0182) - 7179 Washington Ave S, Edina Minnesota, 55439 We meet in person at 11:15 AM every Sunday, all 52 weeks of the year, including holidays. We read from the ACA Big Red Book, then break into small groups for a feelings check-in and discussion. Our meeting is located in the Cavalier Club West Alano building in Edina MN. Exit Highway 169 at Valley View Road and find us immediately northwest of the freeway interchange. Park in any of the unassigned spots facing Valley View or 169. Our meeting lasts until 12:45 PM, often followed by a fellowship coffee or lunch. For more information, contact Tom at 612-616-7166. | *Format:* Discussion - Fellowship Text (BRB)  
Meetings Local Time 11:15 am America/Chicago |
| Sunday 09:30 AM | Safe Haven ACA (CO0064) - Fire Station No. 18 located at 6830 Hadler View, Colorado Springs Colorado, 80919 Enter through the front door, turn immediately right into the community room. **We will be meeting at firehouse ST 14 (1875 Dublin Blvd) on Oct. 1 & 8 ONLY due to renovations! | *Format:* Discussion - Speaker - Steps  
*Notes:* Non Smoking - Non Smoking,  
Meetings Local Time 10:30 am America/Denver |
| Sunday 09:30 AM | How do you eat an elephant? (DEN0095) - Lindevang Kirke, Hattesens Allé 12, Copenhagen Frederiksberg, DK-2000 Close to trainstation: Peter Bangs Vej station Bus 9A busstop: Dalgas Boulevard (Peter Bangs Vej) Entrance on the east side of the church. socializing between meetings, You are free to share in your own language | *Format:* Fellowship Text - Steps  
*Focus:* Beginners  
*Notes:* Non Smoking - Non Smoking,  
Meetings Local Time 06:30 pm Europe/Copenhagen |
| Sunday 09:30 AM | Sunday's Laundry List (IL0229) - 867 N Dearborn, Chicago Illinois, 60610  
**Format:** Discussion - Laundry Lists Workbook  
In-person meetings are back as of March 19th, 2023.  
This 90-minute meeting reads a trait-per-week from the LAUNDRY LISTS WORKBOOK, followed by time to write or meditate, then member shares. We have extra workbooks you may borrow to read along. ACA WSO literature is available for purchase at the meeting, cash only.  
Newcomers are welcome. “The only requirement for membership in ACA is a desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.” (Tradition Three)  
Location: Hazelden Chicago Lecture Hall. Use the door north of Hazelden main entrance - the lecture hall has its own doorway. There is usually a sign in the window to help you find us. Metered street parking is available and there are pay lots to the east. Restrooms are located just outside of the lecture hall along with vending machines with drinks and snacks.  
Holidays: meetings continue to be held through all holidays; the facility doesn’t close.  
Public transit: Red Line - Chicago Ave exit and/or CTA Bus 22 - Dearborn & Delaware stop  
Meetings Local Time 11:30 am America/Chicago |
| Sunday 09:30 AM | Hazelden Sunday Laundry List Meeting (WEB0101) - Meeting time 11:30AM Central Standard Time (Chicago) each Sunday. Please disregard whatever time is listed in other areas of the website. 11:30am CST is the correct meeting time. Email/text (no phone calls please) the group contact for meeting password. No requests for the password will be answered after the start of the meeting. Each week we review a Laundry List Trait from the workbook and share our reactions. Join Zoom Meeting https://zoom.us/j/5220923905 Meeting ID: 522 092 3905 Dial by your location +1 312 626 6799 US (Chicago) Find your local number: https://zoom.us/u/abLvo3xCLD  
**Format:** Discussion  
**Focus:** Beginners  
Meetings Local Time 11:30 am America/Chicago |
| Sunday 09:30 AM | Butterfly Effect (WEB0476) - Skype aca.homegroup  
**Format:** Discussion - Speaker - Steps  
Meetings Local Time 07:30 pm Europe/Moscow |
| Sunday 09:30 AM | (WI0156) - 311 Division Street - STE A, Oshkosh Wisconsin, 54901 Meeting is held at Trinity Episcopal Church/Parish Office Building. Building is located on the corner of High and Division St. Entrance door to meeting is on Division St. Go upstairs and to your left.  
**Format:** Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery  
**Notes:** Non Smoking - Non Smoking, Newcomers are Welcomed!  
Meetings Local Time 11:30 am America/Chicago |
| Sunday 09:30 AM | ACA Tradisjonsmøte (WEB1012) - møte id: 429 156 9069 passord: voksnebarn  
**Format:** Traditions Monthly meetings Last sunday of the month  
Meetings Local Time 06:30 pm Europe/Oslo Virtual Meeting Link |
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<tr>
<th>Time</th>
<th>Location</th>
<th>Format</th>
<th>Focus</th>
<th>Notes</th>
<th>Meetings Local Time</th>
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</thead>
<tbody>
<tr>
<td>Sunday 09:30 AM</td>
<td>(AR0020) - 2114 North Church, Jonesboro Arkansas, 72401</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Come through open gate for parking.</td>
<td>11:30am America/Chicago</td>
</tr>
<tr>
<td>Sunday 09:30 AM</td>
<td>Sunday's ACA Breaking the Cycle (ESP0006)</td>
<td>Fellowship Text</td>
<td>Beginners</td>
<td>Fellowship Text - Strengthening My Recovery</td>
<td>06:30 pm Europe/Madrid</td>
</tr>
<tr>
<td>Sunday 09:30 AM</td>
<td>(SWE133) - Kaplansgatan 1, Gavle, The door is behind the building</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking - Non Smoking, This meeting exists with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>06:30 PM Europe/Stockholm</td>
</tr>
<tr>
<td>Sunday 09:30 AM</td>
<td>Gävle (SWE0171) - Kaplansgatan 1, Gävle Gavleborg, 803 20</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>06:30 pm Europe/Stockholm</td>
</tr>
<tr>
<td>Sunday 10:00 AM</td>
<td>DDA - Dospele Deti Alkoholiku (CZE003) -</td>
<td>Book Study - Fellowship Text - Steps</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>07:00 pm Europe/Prague</td>
</tr>
<tr>
<td>Sunday 10:00 AM</td>
<td>(SWE139) - Trädgårdsgatan 7, Härnösand, 87100 Cafe Trädgårnv</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>07:00 PM Europe/Stockholm</td>
</tr>
<tr>
<td>Sunday 10:00 AM</td>
<td>Newbury Inner Child Recovery Meeting (GBR0006) - Currently Zoom Meeting due to CV-19 Meeting ID: 316 086 0301 Password: Please email or call meeting contact in advance for password. Newcomers welcome. Please call in advance with any questions.</td>
<td>Discussion - Steps Yellow Step Workbook Study</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>06:00 pm Europe/London</td>
</tr>
<tr>
<td>Sunday 10:00 AM</td>
<td>ACA-Løkka (NOR0034) - Helgesens gate 62B, Oslo Oslo, 0558</td>
<td>Speaker - Steps</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>07:00 pm Europe/Oslo</td>
</tr>
<tr>
<td>Sunday 10:00 AM</td>
<td>ACA Berlin (DEU0004) - Schönhauser Allee 182, Berlin Berlin, 10119 Bitte den Schildern folgen in den ersten Stock des alten Schulgebäudes rechts auf dem Hof, dort den Gang entlang, die letzte Tür rechts im Bernhard-Lichtenberg-Raum.</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>07:00 pm Europe/Berlin</td>
</tr>
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<td>Sunday 10:00 AM</td>
<td>ACA - Anonimni odrasli otroci alkoholikov &amp; disfunkcionalnih družin (SVN0001) (slovenian - english) - ULICA JANEZA PAVLA II. 13, LJUBLJANA Osrednjeslovenska, 1000 Side entrance (Ulica talcev)</td>
<td>12 Steps Yellow Workbook - Laundry Lists Workbook - Speaker - Steps</td>
<td>Beginners</td>
<td>Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support.</td>
<td>07:00 pm Europe/Ljubljana</td>
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<td>Sunday 10:00 AM</td>
<td>Healing Stuck Grief (and Toxic Shame) (WEB0447) - Suppressed memories and feelings rob us of our natural vitality. To heal we use recovery tools like sharing, journaling, active imagination, and mindfulness practices to recall and digest unprocessed experiences in a supportive setting. Everyone is welcome. By gradually releasing the burden of unexpressed grief, we slowly move out of the past. We learn to re-parent ourselves with gentleness, humor, love and respect. This is a 90 minute meeting with readings and practices followed by 30 minutes of fellowship. Our format is a four-part series covering different aspects of the emotional healing journey. We use two grief scripts, a shame script, and a script on the inner adolescent, over four Sundays and then restart the series. Our meetings are program literature dependent. Join Zoom Meeting Meeting ID: 859 5744 9667 Passcode: 646568 <a href="https://us02web.zoom.us/j/85957449667?pwd=d1hRZWlWRmo1MUNpcWVMVWjhnMUpZz09">https://us02web.zoom.us/j/85957449667?pwd=d1hRZWlWRmo1MUNpcWVMVWjhnMUpZz09</a></td>
<td>Meetings Local Time 10:00 am America/Los_Angeles</td>
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<td>Sunday 10:00 AM</td>
<td>London LGBTQI, Gender Non-Conforming and Community ACA meeting (WEB0496) - 90-minute online ACA meeting with a focus on members who identify as LGBTQI+ and/or questioning. Join Zoom Meeting: <a href="https://us02web.zoom.us/j/88550482482?pwd=dUVyaFdmYnhDejNNaEx3eEFHUKpXUT09">https://us02web.zoom.us/j/88550482482?pwd=dUVyaFdmYnhDejNNaEx3eEFHUKpXUT09</a> Meeting ID: 885 5048 2482 Passcode: Solution <strong>Format:</strong> Book Study - Fellowship Text - Speaker <strong>Focus:</strong> LGBTQ+ Meetings Local Time 06:00 pm Europe/London</td>
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<td>Sunday 10:00 AM</td>
<td>Berlin Online (WEB0640) - The meeting begins at 19:00, Berlin time. We bring an ACA related topic and we share on that or we read the daily affirmation. Please get in touch to receive the link to the Zoom room. Meetings Local Time 07:00 pm Europe/Berlin</td>
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<td>Sunday 10:00 AM</td>
<td>Ithaca ACA - Sunday (NY0243) - 518 W Seneca St, Ithaca New York, 14850 Ithaca Community Recovery Building, 2nd Floor Zoom ID: 814 7042 3398 For Zoom password, please send email request to: <a href="mailto:IthacaACA@gmail.com">IthacaACA@gmail.com</a> <strong>Format:</strong> Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 01:00 pm America/New_York Virtual Meeting Link</td>
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<td>Sunday 10:00 AM</td>
<td>ACA Slow Walk &amp; Meeting (AZ0161) - varies every month, Tucson Arizona, 85713 Call or text 520-250-0456 Alison for current location. Second Sunday of the month only. Once a month. Walk and a meeting. Feb walk is at Sanctuary Cove in NW Tucson. Once a month. First we walk and then we have a meeting. Meetings Local Time 10:00 am America/Phoenix</td>
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<td>Sunday 10:00 AM</td>
<td>Nelle Tue Mani (WEB0778) - <strong>Format:</strong> Discussion Meetings Local Time 07:00 pm Europe/Rome</td>
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<td>Sunday 10:00 AM</td>
<td>Matteusgruppen (SWE0170) (If someone new comes and speaks English we will try our best to have the meeting in English and Swedish.) - Åbygatan 2, Norrköping Ostergotland, Meetings Local Time 07:00 pm Europe/Stockholm</td>
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| Sunday 10:00 AM | 6pm CPTSD focused ACA meeting (WEB1135) - Zoom ID Meeting ID 734 370 4091 Password 1  
**Format:** Discussion We are focusing on Complex PTSD recovery within ACA. All welcome. We aim to run this online meeting as much as possible like a in person meeting so we ask that attendees have camera on for anonymity purposes. Please stick around afterwards for fellowship and to ask any questions. Zoom ID Meeting ID 734 370 4091 Password 1  
Meetings Local Time 06:00 pm Europe/London [Virtual Meeting Link] |
| Sunday 10:00 AM | True Self Sunday (MI0206) - 236 S 1st St, West Branch Michigan, 48661 We meet in the main room of the West Branch Fresh Start Club barring no interfering club events.  
**Format:** Discussion - Fellowship Text (BRB)  
Meetings Local Time 01:00 pm America/Detroit |
| Sunday 10:00 AM | Trails of Truth (NC0125) - 1 Brevard College Drive, Brevard North Carolina, 28712  
Main Entrance where large steel and stone sign is, first building on right is McClarty-Goodson, room 115.  
**Format:** Discussion - Fellowship Text (BRB)  
**Focus:** Men-Only  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, This is a Big Red Book/Discussion meeting. Read & share, just read, or simply pass. ACA Literature will be available on site to borrow or purchase for those looking to explore.  
Meetings Local Time 01:00 pm America/New_York |
| Sunday 10:00 AM | Tri-Cities LGBTQ+ Meeting (WA0248) - 1620 S. Union St., Kennewick Washington, 99338 Meeting will be held in the large conference room.  
**Format:** Fellowship Text (BRB)  
**Focus:** Beginners - LGBTQ+ Meeting day/time may differ on a weekly basis depending on space availability. Please check with Perry or discord for more information.  
Meetings Local Time 10:00 am America/Los_Angeles |
| Sunday 10:30 AM | Beyond Mere Survival (CA218) - Meeting ID: 404 193 425 PC: 782401  
**Format:** Discussion - Fellowship Text (BRB) - Speaker  
Meetings Local Time 10:30 am America/Los_Angeles [Virtual Meeting Link] |
| Sunday 10:30 AM | The Laundry List en Big Red Boek onderwerpen. (NET009) (Nederlands, men kan ook delen Ik het Engels) - TOT NADER BERICHT ALLEEN ONLINE!! (PER NOVEMBER 2021 een HYBRIDE bijeenkomst geworden met online via ZOOM en FYSIEK in de Jellinek, Jacob Obrechtstraat 92 te Amsterdam. Zondag vanaf 16:00 uur is te informeren of het fysieke deel doorgaat via +31 6 46714006. Vraag aan de receptie of via het tel.nr. in welke ruimte de bijeenkomst is.)  
**Format:** Book Study - Discussion - Fellowship Text  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Een 1,5 uur durende bijeenkomt met onderwerpen uit het Grote Rode Boek (BRB) en Tony A Laundry List Boek. Men kan in het Engels delen. Virtuele deur open vanaf ca. 19:20 uur. Elke 3de zondag van de maand voorafgaand een BM van max. 30 min. om 19:00 uur (in breakout room).  
Meetings Local Time 07:30 pm Europe/Amsterdam |
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<tr>
<th>Time</th>
<th>Location</th>
<th>Format</th>
<th>Meeting Details</th>
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<tr>
<td>Sunday 10:30 AM</td>
<td>Fourteen Traits (WI112) - Sunday 12:30pm CST – Laundry List Traits Workbook</td>
<td>Discussion - Laundry Lists Workbook</td>
<td>Meeting: <a href="https://us02web.zoom.us/j/536246427?pwd=MIzKV3JqRDlIWDRIQVRsW/licEtCZz09">https://us02web.zoom.us/j/536246427?pwd=MIzKV3JqRDlIWDRIQVRsW/licEtCZz09</a> Meeting ID: 536 246 427 Passcode: 12345</td>
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<tr>
<td>Sunday 10:30 AM</td>
<td>ACA Fareham Online (WEB0690) - Please contact Tom (07455215226) or Kate (07877036304) or email <a href="mailto:acafareham@gmail.com">acafareham@gmail.com</a> for the zoom log in details.</td>
<td>Book Study - Fellowship Text - Laundry Lists Workbook - Speaker Monthly schedule: Wk 1 - Step of the month Wk 2 - ACA Topic share Wk 3 - BRB reading Wk 4 - Trait reading Wk 5 - Tradition</td>
<td>Book Study - Fellowship Text - Laundry Lists Workbook - Speaker Monthly schedule: Wk 1 - Step of the month Wk 2 - ACA Topic share Wk 3 - BRB reading Wk 4 - Trait reading Wk 5 - Tradition</td>
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<tr>
<td>Sunday 10:30 AM</td>
<td>Memphis Queer ACA (TN0115) - 1000 S Cooper Ave, Memphis Tennessee, 38104 Near Cooper and Southern</td>
<td>Book Study - Discussion - Fellowship Text</td>
<td>Focus: Beginners - LGBTQ+ Notes: Non Smoking - Non Smoking, Meeting is held at First Congregational Church. This meeting is a Big Red Book study for all those who identify as LGBTQIA+ or an ally in the Memphis area. Please email in advance to get the door code for the meeting.</td>
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<td>Sunday 11:00 AM</td>
<td>Inner child (CZE004) (Czech, Slovak) - ?udová 1, Trnava , 91701 online meeting: see more information <a href="http://www.cs-dda.eu">www.cs-dda.eu</a></td>
<td>Book Study - Loving Parent Guidebook - Steps</td>
<td>Meetings Local Time 08:00 pm Europe/Bratislava</td>
</tr>
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<td>Sunday 11:00 AM</td>
<td>ACA Atlanta Ridgeview (GA020) - 4015 South Cobb Dr SE, Smyrna Georgia, 30080 Ridgeview Institute Day Hospital. We meet in rooms 1&amp;2. From the main entrance, turn right at the first stop sign and the Day Hospital is at the top of the hill on the right.</td>
<td>Discussion - Fellowship Text (BRB) - Strengthening My Recovery</td>
<td>Focus: Beginners Notes: Non Smoking - Non Smoking, As of 8/1/21 this meeting is returning to in person.</td>
</tr>
<tr>
<td>Sunday 11:00 AM</td>
<td>Comenzar de Nuevo (MEX0041) - Vía Zoom id 369 616 1442 Contraseña 2019 Grupo en línea</td>
<td>Fellowship Text</td>
<td>Meetings Local Time 12:00 pm America/Mexico_City</td>
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<td>Sunday 11:00 AM</td>
<td>(PA0169) - 168 sports zone dr, Northumberland Pennsylvania, 17857 Quiet talks and meditation</td>
<td>Book Study - Steps</td>
<td>Focus: Beginners - Women Only Meetings Local Time 02:00 pm America/New_York</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>Awakening Our Loving Parent (WEB0172) - Meeting ID: 867-0843-5678 pwd:711 or via de website <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a></td>
<td>Loving Parent Guidebook Starting on the 3rd October 2021: We will go through the The Loving Parent Guidebook: The Solution is to Become Your Own Loving Parent.Everyone is welcome,Meeting will be closed after introductions time.</td>
<td>Meetings Local Time 08:00 pm Europe/Brussels</td>
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<td>Time</td>
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<td>Sunday 11:00 AM</td>
<td>ACA Basel (WEB0250) - Please contact me on <a href="mailto:aca-basel@gmx.ch">aca-basel@gmx.ch</a> for further information and meeting-link This meeting takes place on Sundays 08:00pm (CET) Central European Time. <strong>Format:</strong> Book Study - Fellowship Text - Steps Meetings Local Time 08:00 pm Europe/Berlin</td>
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<td>Sunday 11:00 AM</td>
<td>Womxn &amp; Non-Binary ACA's (WEB0384) - We meet Sunday's at 7pm GMT/11am PST/2pm EST/1pm CST for 90 minutes. This meeting is only open to members who identify as a Cis/Trans Womxn or as a Non-Binary Person &amp; part of The Global Majority. We do this to safely explore race issues. People of The Global Majority are defined as people who are descendants of: Africa, Asia, Indigenous Australia, Native America, identify as Latina/Latinx or Chicana/Chicanx, people from the Middle East, or anyone of mixed racial heritage including one or more of the above. Meeting Format: Week 1 = Womxn &amp; Non-Binary Adult Child Questionnaire Week 2 = Non-dominant Hand Writing (Inner Child Work) w/ Breakout Rooms Week 3 = Racial Step Work and Step of the Month Week 4 = Tradition of the Month BRB reading w/ Breakout Rooms Week 5 = Speaker Meeting or Big Red Book reading Please email meeting contact in advance of meeting to obtain access. Note: This meeting asks all members that when speaking please do so with video on &amp; face in view. <strong>Format:</strong> Book Study - Fellowship Text - Speaker <strong>Focus:</strong> Beginners - LGBTQ+ - BIPOC - Women Only Meetings Local Time 11:00 am America/Los_Angeles</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>Primary Purpose ACA (CO0102) - 3024 &amp; 3026 N. El Paso, Colorado Springs Colorado, 80907 When you see a Valero and a Kim &amp; Go - that is where you will turn onto El Paso St. off of Fillmore St. <strong>Format:</strong> Steps <strong>Focus:</strong> Beginners <strong>Notes:</strong> Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 12:00 pm America/Denver</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>Breath Of Fresh Air (CA1467) - 1300 Rose Street, Berkeley California, 94702 This is an outdoor meeting located at Cedar Rose Park <strong>Format:</strong> Book Study - Discussion - Speaker <strong>Notes:</strong> Non Smoking - Non Smoking, We are meeting in the amphitheater next to the playground at 11:00AM. Bring a folding chair. Please be mindful of social distancing and COVID 19 protocol. Pets are welcome :) however, we ask that you be aware of your pet's behavior and be mindful of others' potential fears/discomfort with animals. Meetings Local Time 11:00 am America/Los_Angeles</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>ACA Haven (WEB0592) - This meeting is available for anyone who would like to connect virtually instead of in person. We hope to allow those with the need to continue to meet via Zoom during the current crisis and ongoing for all who just cannot make it to an in person meeting. This meeting is based in the Atlanta area but we welcome fellow travelers from everywhere. If you would like the link to join, please email <a href="mailto:ACAHaven@gmail.com">ACAHaven@gmail.com</a> <strong>Format:</strong> Fellowship Text (BRB) Meetings Local Time 02:00 pm America/New_York</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>Fight Club (WEB0611)</td>
<td>We meet to share the experience we had as children growing up in an alcoholic or otherwise dysfunctional home, how that experience infected us then, and how it affects us today. By practicing the 12 Steps, by focusing on the Solution, and by accepting a God of our understanding, we find freedom from the effects of alcoholism and other family dysfunction. We identify with “The Problem” and learn to live in “The Solution”, one day at a time. To receive the Zoom meeting credentials for this meeting, send an email to <a href="mailto:ACAFightClub@gmail.com">ACAFightClub@gmail.com</a> with “meeting” in the subject line.</td>
<td>Discussion - Steps</td>
</tr>
<tr>
<td>Sunday 11:00 AM</td>
<td>Sunday Daily Reading (WEB0863)</td>
<td>This is an Online video conference meeting. (not Zoom) The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday USA East Coast time. Go to the website <a href="http://www.intherooms.com">www.intherooms.com</a> to set up a free user account to have access to the meetings. There is no cost to set up an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.</td>
<td>Loving Parent Guidebook</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>Trauma Educated Loving Parent Guidebook (WEB0902)</td>
<td>Zoom: 334 557 4851 Password: Freedom</td>
<td>Loving Parent Guidebook</td>
</tr>
<tr>
<td>Sunday 11:00 AM</td>
<td>Hilton Head ACA (SC0045)</td>
<td>107 Matthews Drive, Hilton Head Island South Carolina, 29926 YANA Club</td>
<td>Discussion</td>
</tr>
<tr>
<td>Sunday 11:00 AM</td>
<td>ACA Afternoon Meeting (WEB0085)</td>
<td>To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</td>
<td>Discussion Login to Lounge. 3-dot menu for Room List.</td>
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<tr>
<td>Sunday 11:00 AM</td>
<td>VDA Vecher (WEB1058)</td>
<td>Zoom: 334 557 4851 Password: Freedom</td>
<td>Discussion</td>
</tr>
<tr>
<td>Sunday 11:00 AM</td>
<td>ACA Religious Abuse Survivors (WEB1096)</td>
<td>You can use the virtual meeting link or else go to aca-ie-intergroup.org for the meeting list with zoom links. If you have trouble getting into the meeting, contact <a href="mailto:acareligiousabusesurvivors@gmail.com">acareligiousabusesurvivors@gmail.com</a>.</td>
<td>Loving Parent Guidebook</td>
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<tr>
<td>Sunday 11:00 AM</td>
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<td>Meetings Local Time 09:00 pm Europe/Moscow Virtual Meeting Link</td>
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| Sunday 11:30 AM | Fellow Travelers' (LGBTQ+) (PA0163) - We have moved to a zoom meeting. please email the contact for the link to the meeting. (WPhillyFellowTravelers@gmail.com) | Fellows Travelers Commonwealth PA0163 - We have moved to a zoom meeting.                       | Format: Discussion - Speaker - Steps  
Focus: LGBTQ+  
Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access,  
Meetings Local Time 02:30 pm America/New_York |
| Sunday 11:30 AM | ACA - Íslandi (ISL0001) (Icelandic) - Kópavogsbraut, Kópavogur Iceland, 200 Go to the white house in kópavogsbraut 17 and go down on the right side. Room D. | ACA - Íslandi (ISL0001) (Icelandic) - Kópavogsbraut, Kópavogur Iceland, 200 Go to the white house in kópavogsbraut 17 and go down on the right side. Room D. | Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Steps  
Focus: Beginners  
Notes: Needs Support - Needs Support,  
Meetings Local Time 07:30 pm Europe/Dublin |
| Sunday 12:00 PM | Here And Now (MA024) - 10 Milk Street, West Brookfield Massachusetts, 01585 Sacred Heart of Jesus Parish Center On The Corner of Main St (Rt 9) and Milk St. The mtg begins at 3pm  
Physical distancing required | Here And Now (MA024) - 10 Milk Street, West Brookfield Massachusetts, 01585 Sacred Heart of Jesus Parish Center On The Corner of Main St (Rt 9) and Milk St. The mtg begins at 3pm  
Physical distancing required | Format: Discussion - Fellowship Text - Steps  
Notes: Non Smoking - Non Smoking,  
Meetings Local Time 03:00 pm America/New_York |
| Sunday 12:00 PM | Clifton Sunday ACOA (NJ0148) - 400 Mount Prospect Rd, Clifton New Jersey, 07012 St. Andrews Church. Go to the back Parking Lot. Enter through the glass doors under the staircase by the Chapel. The meeting room will be the door in front of you. Call to verify if questions. No Babies or Children Please | Clifton Sunday ACOA (NJ0148) - 400 Mount Prospect Rd, Clifton New Jersey, 07012 St. Andrews Church. Go to the back Parking Lot. Enter through the glass doors under the staircase by the Chapel. The meeting room will be the door in front of you. Call to verify if questions. No Babies or Children Please | Format: Discussion - Fellowship Text (BRB) - Steps  
Notes: Non Smoking - Non Smoking,  
Meetings Local Time 03:00 pm America/New_York |
| Sunday 12:00 PM | There Is A Solution (PA095) - This meeting is meeting on Zoom. Zoom ID: 88349050632 Password: 754203 This a women's only meeting. | There Is A Solution (PA095) - This meeting is meeting on Zoom. Zoom ID: 88349050632 Password: 754203 This a women's only meeting. | Format: Book Study  
Focus: Women Only  
Meetings Local Time 03:00 pm America/New_York |
| Sunday 12:00 PM | Nuevo Horizonte (CT0135) - We are meeting over the phone. Send me an email and we can arrange for phone information. | Nuevo Horizonte (CT0135) - We are meeting over the phone. Send me an email and we can arrange for phone information. | Format: Book Study  
Notes: Needs Support - Non Smoking - Needs Support, Non Smoking,  
Meetings Local Time 03:00 pm America/New_York |
| Sunday 12:00 PM | Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom code 985 2100 3286 Password required, email sor12pwrq@gmail.com. Requests to be made at least 15 minutes before the start of the meeting. | Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom code 985 2100 3286 Password required, email sor12pwrq@gmail.com. Requests to be made at least 15 minutes before the start of the meeting. | Format: Strengthening My Recovery Topic meeting based on the book "Strengthening My Recovery" Shares are 3 minutes and there is fellowship before/after the meeting for reaching out.  
Meetings Local Time 12:00 pm America/Los_Angeles |
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<th>Time</th>
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| Sunday 12:00 PM | Healthy Living (MO0069) - 1206 Business Loop, Columbia Missouri, 65202 WestPort Center | **Format:** Book Study - Discussion  
**Focus:** Beginners  
Meetings Local Time 02:00 pm America/Chicago                                                                                           |
| Sunday 12:00 PM | BIPOC Single Mothers in ACA (WEB0680) - This is an ACA meeting for single BIPOC mothers - anyone who identifies as African, Asian, indigenous Australian, indigenous South, Central and North American, people of color from the Islands and the Middle East or anyone of mixed racial heritage including one or more of the above. BIPOC LBGTQIA+ friendly. Zoom ID: 822 7520 4547 Please email the meeting contact for password information. | **Format:** Loving Parent Guidebook  
**Focus:** BIPOC - Women Only  
Meetings Local Time 03:00 pm America/New_York                                                                                       |
| Sunday 12:00 PM | Serenity Sunday (IN0106) - 16065 Prosperity Dr., Noblesville Indiana, 46060 The meeting ID on Zoom is 896 2309 2597. Send email to Jessica.s.in.indiana@gmail.com for password. Can not guarantee instant response. ACA Serenity Sunday from 3-4:30 pm Indiana time at the Suburban North Club in Noblesville, Gate House Room (next to the office). | **Format:** Discussion - Strengthening My Recovery  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Opens with 10 minutes of quiet meditation/journaling/non-dominant handwriting followed by sharing based upon that day’s meditation from Strengthening My Recovery.  
Meetings Local Time 03:00 pm America/Indiana/Indianapolis                                                                              |
| Sunday 12:00 PM | Men Seeking Serenity (NJ0186) - 1985 Pennington Road, Ewing New Jersey, 08618 We meet in the conference room of Trinity United Methodist Church | **Format:** 12 Step Study Group - Discussion - Speaker - Steps - Traditions  
**Focus:** Men-Only  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 03:00 pm America/New_York                                                                                      |
| Sunday 12:00 PM | All Women in Harmony Strengthening My Recovery (WEB1082) -  | **Format:** Strengthening My Recovery  
**Focus:** Women Only Our meeting welcomes all women and non-binary folks who identify with women’s communities. We read from Strengthening My Recovery daily reader, have sharing time, and an opportunity to set a positive intention for the week.  
Meetings Local Time 12:00 pm America/Los_Angeles Virtual Meeting Link                                                                  |
| Sunday 12:00 PM | IL0284) - 1803 St Johns Ave, Highland Park Illinois, 60035 | **Format:** Discussion - Fellowship Text (BRB)  
**Focus:** Beginners  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 02:00 pm America/Chicago                                                                                         |
| Sunday 12:00 PM | Nuevos caminos ACA (TEL0440) - Reuniones en español vía telefónica/Phone Spanish meeting. Código de acceso/Access code: 637678#. Teléfono/Telephone: +1 7742204000. Para más información/For more information: acanuevoscaminos@gmail.com | **Format:** Steps acanuevoscaminos@gmail.com  
Meetings Local Time 03:00 pm America/New_York                                                                                         |
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| Sunday 12:00 PM | ACA’s In the Solution Laundry List 4x4 Meeting (TEL0109) - 712-432-8808 access code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience. | **Format**: Book Study - Discussion  
Meetings Local Time 03:00 pm America/New_York                                                                                                                                                                                                                                                                                                          |
| Sunday 12:30 PM | Loving Parent Guidebook Study Group (NC0126) - 382 E. French Broad St., Brevard North Carolina, 28712 At French Broad Community Center. Meeting is open to all ages 16-116. We are not open for observation by professionals. You can come in at anytime. We work our way thru the entire LPG Guidebook - reading, reflections, exercises. | **Format**: Loving Parent Guidebook  
Meetings Local Time 03:30 pm America/New_York                                                                                                                                                                                                                                                                                                             |
| Sunday 12:30 PM | Sunday Serenity (FL0396) - 700 SW 10th St, Pompano Beach Florida, 33060 Located at 101 Club. | **Format**: Discussion - Fellowship Text (BRB) - Speaker - Strengthening My Recovery  
Notes: Non Smoking - Non Smoking  
Meetings Local Time 03:30 pm America/New_York                                                                                                                                                                                                                                                                                                         |
| Sunday 01:00 PM | ACA Dallas Big Red Book Meeting (TX119) - 5324 West Northwest Hwy, Dallas Texas, 75220 Meeting takes place via Zoom and in-person Room 1 - No Book Necessary Newcomers request Zoom info from meeting contact | **Format**: Book Study - Discussion - Fellowship Text Non Smoking  
Meetings Local Time 03:00 pm America/Chicago                                                                                                                                                                                                                                                                                                           |
| Sunday 01:00 PM | Braking the Cycle (NC0092) - 3900 Bridges Street, Morehead City North Carolina, 28557 The meeting is in the Peer Recovery building located next to the Carteret County Health Department. | **Format**: Book Study - Discussion - Laundry Lists Workbook - Loving Parent Guidebook - Steps  
Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,  
Meetings Local Time 04:00 pm America/New_York                                                                                                                                                                                                                                                                                     |
| Sunday 01:00 PM | Grateful Heart ACA Group 3 pm CENTRAL TIME (WEB0145) - Zoom 421570 400 Please email gratefulheartstx@gmail.com for the password. | **Format**: Discussion  
Meetings Local Time 03:00 pm America/Chicago                                                                                                                                                                                                                                                                                                           |
| Sunday 01:00 PM | Recovery Beyond Survival (WEB0655) - WELCOME!! :) CAMERAS REQUIRED?. Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings?. Meeting Id: 885 350 9563 - Password: 603285 - Time: 1pm (PST) US - Sundays and Mondays All readings will be shared on screen ??After ACA and Big Red Book readings we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting?. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. Open to fellowship, after meeting share and questions. We warmly welcome you??! | Meetings Local Time 01:00 pm America/Los_Angeles                                                                                                                                                                                                                                                                                                         |
| Sunday 01:00 PM | (AL0038) - 1600 St Bernard Drive, S.E., Cullman Alabama, 35055 @ St. Bernard Abbey. Contact us (use the "Meeting Contact" button below), and we'll give you information about where to park, and what door to enter. | **Focus**: Beginners  
Meetings Local Time 03:00 pm America/Chicago                                                                                                                                                                                                                                                                                                           |
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<tr>
<td>Sunday 01:00 PM</td>
<td>Unconditionally Loved (FL0369) - 5407 Lake Howell Rd, Winter Park Florida, 32792</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</td>
<td>04:00 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:00 PM</td>
<td>The Child Within (MO0075) - 413 E Walnut, Springfield Missouri, 65806 Enter via parking lot (east side of bldg), follow signs downstairs, thru big room thru hall on left.</td>
<td>Discussion</td>
<td>Beginners</td>
<td>Non Smoking - Non Smoking,</td>
<td>03:00 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:00 PM</td>
<td>(WEB1072) - 9333284392</td>
<td>Loving Parent Guidebook</td>
<td>Women Only</td>
<td>Non Smoking,</td>
<td>03:00 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:00 PM</td>
<td>Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) - Telephone meeting - 712-432-8808 Access Code 2473654# --- Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year</td>
<td>Discussion</td>
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<td>04:00 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:15 PM</td>
<td>The Solution (MI0173) - 995 N Maple Rd., Ann Arbor Michigan, 48103 Room #3 Ann Arbor Alano Club</td>
<td>Discussion</td>
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<td>Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</td>
<td>04:15 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:30 PM</td>
<td>Hope And Healing Continues (MD051) - This meeting is online only at this time. Reach meeting contact for online information.</td>
<td>Discussion - Steps</td>
<td>Beginners - LGBTQ+ - BIPOC</td>
<td>Non Smoking - Non Smoking, Non Smoking</td>
<td>04:30 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:30 PM</td>
<td>ACA Mood and Anxiety Disorder Meeting (WEB0586) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/81218310686">https://us02web.zoom.us/j/81218310686</a> Meeting ID: 812 1831 0686</td>
<td>Discussion - Fellowship Text</td>
<td>Beginners - LGBTQ+ - BIPOC</td>
<td>This meeting is closed for fellow travelers that identify as diagnosed or struggling with mood and anxiety disorders such as major depressive, bipolar, SAD, cyclothymic, dysthymia, GAD, PTSD, OCD, and any other disorder related challenges. The main causes for these directly connect to recovery in ACA.</td>
<td>01:30 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 01:45 PM</td>
<td>Sunday ACA Yellow Workbook Study (CA1094) - 2101 State Street, Santa Barbara California, 93105 First Congregational Church at State &amp; Padre.</td>
<td>12 Steps Yellow Workbook - Discussion - Steps</td>
<td>Beginners welcome.</td>
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<td>01:45 pm</td>
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<td>Meetings Local Time</td>
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<td>Sunday 02:00 PM</td>
<td>Sunday ACA Group (CA1265) - Sunday ACA Group; Sunday 02:00 pm PST We meet on Free Conference Call. Please contact Steve B at 5592404253 for login info</td>
<td>Discussion</td>
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<td>02:00 pm</td>
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| Sunday 02:00 PM | Kensington Womens Workbook Study (MD040) - Kensington Women’s Workbook Meeting – Our group reads and reflects on the Twelve Steps of Adult Children (Yellow) Workbook. We meet via Zoom for 75 minutes. Please TURN ON YOUR VIDEO CAMERA BEFORE ENTERING THE MEETING to ensure the security of the meeting. Contact our meeting Secretary - Audrey M. audrey2mm@gmail.com for the meeting link.  
**Format:** 12 Steps Yellow Workbook  
**Focus:** Women Only  
Meetings Local Time 05:00 pm America/New_York | Kensington Women’s Workbook Meeting – Our group reads and reflects on the Twelve Steps of Adult Children (Yellow) Workbook. We meet via Zoom for 75 minutes. Please TURN ON YOUR VIDEO CAMERA BEFORE ENTERING THE MEETING to ensure the security of the meeting. Contact our meeting Secretary - Audrey M. audrey2mm@gmail.com for the meeting link.  
**Format:** 12 Steps Yellow Workbook  
**Focus:** Women Only  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | The Red Book Club (MS005) - 5400 Old Canton Rd, Jackson Mississippi, 39211 Currently online only. Contact gcshu@comcast.net for information.  
**Format:** Book Study - Discussion Non Smoking  
Meetings Local Time 04:00 pm America/Chicago | The Red Book Club (MS005) - 5400 Old Canton Rd, Jackson Mississippi, 39211 Currently online only. Contact gcshu@comcast.net for information.  
**Format:** Book Study - Discussion Non Smoking  
Meetings Local Time 04:00 pm America/Chicago |
| Sunday 02:00 PM | ACA Yellow Workbook Literature Study (VA111) - 4300 Shore Drive, Virginia Beach Virginia, 23463 Park in back of Baylake Methodist church and follow the red signs to the correct room.  
**Format:** Discussion - Fellowship Text - Steps Non Smoking  
Meetings Local Time 05:00 pm America/New_York | ACA Yellow Workbook Literature Study (VA111) - 4300 Shore Drive, Virginia Beach Virginia, 23463 Park in back of Baylake Methodist church and follow the red signs to the correct room.  
**Format:** Discussion - Fellowship Text - Steps Non Smoking  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | The Laundry List Trait Meeting (TEL0384) - Telephone number 712-432-8808, access code 2473655# — We meet 7 days a week, 365 days a year. We focus on all 4 sides of the Laundry List Traits, one Trait a day, using the brown Laundry List Workbook. — Safety protocols in place by group conscience.  
**Format:** Discussion  
Meetings Local Time 05:00 pm America/New_York | The Laundry List Trait Meeting (TEL0384) - Telephone number 712-432-8808, access code 2473655# — We meet 7 days a week, 365 days a year. We focus on all 4 sides of the Laundry List Traits, one Trait a day, using the brown Laundry List Workbook. — Safety protocols in place by group conscience.  
**Format:** Discussion  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | Love Tribe ACA (CT0132) - 27 S Main St., Branford Connecticut, 06405, Dial: 929-205-6099, Meeting ID: 425 112 121, Password: Love1  
**Format:** Book Study - Discussion  
**Notes:** Non Smoking - Non Smoking.  
Meetings Local Time 05:00 pm America/New_York | Love Tribe ACA (CT0132) - 27 S Main St., Branford Connecticut, 06405, Dial: 929-205-6099, Meeting ID: 425 112 121, Password: Love1  
**Format:** Book Study - Discussion  
**Notes:** Non Smoking - Non Smoking.  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | Bruises Heal (NY0234) - 781 Maple Rd, Buffalo New York, 14221 Meetings take place at The Hope Center. Follow signs inside to the meeting room.  
**Format:** 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery  
Hello, Welcome! We meet every Sunday. This group selects readings from any ACA literature for our weekly meetings. On a fifth Sunday we do daily meditation book reading. (Strengthening My Recovery)  
Meetings Local Time 05:00 pm America/New_York | Bruises Heal (NY0234) - 781 Maple Rd, Buffalo New York, 14221 Meetings take place at The Hope Center. Follow signs inside to the meeting room.  
**Format:** 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery  
Hello, Welcome! We meet every Sunday. This group selects readings from any ACA literature for our weekly meetings. On a fifth Sunday we do daily meditation book reading. (Strengthening My Recovery)  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | Manhattan Laundry List Workbook (WEB0792) - 5-6pm ET Meeting ID: 88639699403  
**Format:** Laundry Lists Workbook  
Meetings Local Time 05:00 pm America/New_York | Manhattan Laundry List Workbook (WEB0792) - 5-6pm ET Meeting ID: 88639699403  
**Format:** Laundry Lists Workbook  
Meetings Local Time 05:00 pm America/New_York |
| Sunday 02:00 PM | (NY0255) - 430 Cedar St, Schenectady New York, 12306  
**Format:** 12 Step Study Group - Book Study - Loving Parent Guidebook  
**Focus:** Beginners  
**Notes:** Needs Support - Needs Support  
Meetings Local Time 05:00 pm America/New_York | (NY0255) - 430 Cedar St, Schenectady New York, 12306  
**Format:** 12 Step Study Group - Book Study - Loving Parent Guidebook  
**Focus:** Beginners  
**Notes:** Needs Support - Needs Support  
Meetings Local Time 05:00 pm America/New_York |
<table>
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<th>Time</th>
<th>Group Name</th>
<th>Location</th>
<th>Meeting Details</th>
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<tr>
<td>Sunday 02:00 PM</td>
<td>Loving Parent Group (MT0045) - 1500 West Broadway, Missoula Montana, 59802</td>
<td>Literature study of the Loving Parent Guidebook. Not a work group. Format: Book Study - Discussion - Loving Parent Guidebook Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 03:00 pm America/Denver</td>
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<td>Sunday 02:00 PM</td>
<td>Becoming Your Own Loving Parent (CAN0396) - 50 St. Joseph Street, Toronto Ontario, M5S1J4</td>
<td>Meeting is located on the West Side of the church through the entrance in the courtyard. Look for ACA signs. Contact Tanisha at 604-836-9304 if you have trouble finding it :) Format: Discussion Notes: Needs Support - Needs Support, In this meeting we read from the Big Red Book and listen to a guided meditation on becoming your own loving parent. After the meditation we sit quietly for 8 minutes to practice non-dominant handwriting and/or sit lovingly with the inner child followed by sharing. —- It's an intimate and supportive group. Newcomers are welcome. Meetings Local Time 05:00 pm America/Toronto</td>
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<tr>
<td>Sunday 02:00 PM</td>
<td>Time to Heal Group of Men (MO0076) - 1365 N Sappington Rd, Glendale Missouri, 63122 Glendale Lutheran Church. Plenty of parking. Elevator or stairs to basement meeting. Large room. In person only. Please do not call church. MEN only meeting. Format: 12 Steps Yellow Workbook Focus: Men-Only Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Men only meeting. Meetings Local Time 04:00 pm America/Chicago</td>
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<tr>
<td>Sunday 02:00 PM</td>
<td>(AK0026) - 2136 McCullam Ave, Fairbanks Alaska, 99701</td>
<td>We meet at the Community Covenant Church, also known as C3 church. Meetings are held on the main floor in the café. Masks are not required. If you do not feel well, please do not attend. Meetings will be cancelled if it is -35 below or colder. Format: Discussion - Fellowship Text Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 01:00 pm America/Anchorage</td>
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<tr>
<td>Sunday 02:00 PM</td>
<td>ACA Anger Release Hybrid Meeting (CA1506) - 6666 Green Valley Circle, Culver City California, 90230</td>
<td>The in-person meeting is at SHARE! 6666 Green Valley Circle, Culver City, CA For Zoom participation: Sunday and Tuesday meetings ONLY: Zoom 863 9060 2690 Password: sharelove Thursday meeting ONLY: Zoom 811 6270 3893 Password: sharelove Meetings Local Time 02:00 pm America/Los_Angeles</td>
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<td>Sunday 02:15 PM</td>
<td>Fellow Travelers (MD0065) - Zoom Meeting ID: 4266828349 Email <a href="mailto:acafellowtravelers03@gmail.com">acafellowtravelers03@gmail.com</a> for password. Format: Discussion - Speaker - Strengthening My Recovery Meetings Local Time 05:15 pm America/New_York</td>
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<tr>
<td>Sunday 02:15 PM</td>
<td>(ME0043) - 142 Center Street, Brewer Maine, 04412</td>
<td>You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 834 3132 9757 Password: 232323 Format: 12 Steps Yellow Workbook - Discussion - Speaker Notes: Non Smoking - Non Smoking, Meetings Local Time 05:15 pm America/New_York</td>
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| Sunday 02:30 PM | Park 40 Sunday Meeting (TN0099) - 9217 Park West Blvd, Suite B1, Knoxville Tennessee, 37923 In the North Room of the Park 40 Club (right-hand front door). Park 40 is across from the Cracker Barrel in Cedar Bluff.  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Meetings Local Time 05:30 pm America/New_York |
| Sunday 02:30 PM | Talk. Trust. Feel. (FL0343) - 1700 Lake Ida Road, Delray Beach Florida, 33445 In Crossroads Club on Lake Ida  
**Format:** Discussion - Fellowship Text (BRB) Sunday Nights - Big Red Book readings and Discussion. If you have this book please bring your own so you can read along, if not we have a few we can lend out for the meeting. Thank you. Wednesday Nights - ACA approved literature read, chairpersons choice followed by open discussion.  
Meetings Local Time 05:30 pm America/New_York |
| Sunday 02:30 PM | Healing the Inner Child (NV0076) - 6115 S Rainbow Blvd, Las Vegas Nevada, 89118 Room #104  
**Format:** Book Study - Discussion - Fellowship Text  
**Notes:** Needs Support - Non Smoking - Needs Support, Non Smoking, Newcomers welcome  
Meetings Local Time 02:30 pm America/Los_Angeles |
| Sunday 02:30 PM | (NC0120) - 125 3rd St NE, Hickory North Carolina, 28601 Women's Resource Center  
**Format:** 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook  
Meetings Local Time 05:30 pm America/New_York |
| Sunday 03:00 PM | (CA1106) - The meeting currently meets online, please contact the group via email for any questions: Meeting ID: 472 814 1969 Passcode:425699 Great Meeting for Newcomers!  
**Format:** Discussion  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 03:00 pm America/Los_Angeles  
[Virtual Meeting Link] |
| Sunday 03:00 PM | A New Leaf (LA0036) - 6330 Vicksburg St, New Orleans Louisiana, 70119 Zoom meeting, Meeting Number: 416 875 946 Password: 994 106 PLEASE DO NOT CUT & PASTE the meeting number and password. It seems to work better if you input the information manually. 6330 Vicksburg- DO NOT PARK IN BANK LOT Literature based discussion meeting. 1st Sunday/ writing meditation. Last Sunday/ speaker meeting.  
Meetings Local Time 05:00 pm America/Chicago |
| Sunday 03:00 PM | (MA058) - All Saints Church, 44 Park Avenue, Whitman Massachusetts, 02382  
WHEN YOU ARRIVE AT 44 PARK AVE PLEASE PARK ON THE SAME SIDE AS THE CHURCH NOT ACROSS THE STREET ON THE PARK SIDE OR THERE IS A SIDE STREET OPPOSITE THE CHURCH THAT YOU CAN PARK ON.  
**Format:** Fellowship Text  
**Notes:** Wheelchair Access - Wheelchair Access, Non Smoking  
Meetings Local Time 06:00 PM America/New_York |
| Sunday 03:00 PM | Gentle Sunday Group (PA0148) - 110 Tulane Terrace, Lancaster Pennsylvania, 17603 Lancaster Friends Meetinghouse  
**Format:** Discussion - Speaker - Steps  
Meetings Local Time 06:00 pm America/New_York |
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<tr>
<th>Time</th>
<th>Event Name</th>
<th>Details</th>
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<tr>
<td>Sunday 03:00 PM</td>
<td>Sunday Night Strengthening My Recovery (TX081)</td>
<td>This small San Antonio-based discussion meeting is on Zoom. All are welcome. 868 5858 5765 237339&lt;br&gt;&lt;strong&gt;Format:&lt;/strong&gt; Discussion - Strengthening My Recovery This is a discussion meeting about the day's reading from Strengthening My Recovery, but sharing on any ACA-related topic is welcome. Meetings Local Time 05:00 pm America/Chicago</td>
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<tr>
<td>Sunday 03:00 PM</td>
<td>ACOA Hope Full Group (MI0171)</td>
<td>901 Barber St., Benzonia Michigan, 49616 The meeting is held in the building adjacent to church parking lot. &lt;strong&gt;This meeting is currently suspended until the First Sunday in April 2023&lt;/strong&gt;&lt;br&gt;&lt;strong&gt;Format:&lt;/strong&gt; Discussion - Fellowship Text (BRB)&lt;br&gt;&lt;strong&gt;Notes:&lt;/strong&gt; Non Smoking - Non Smoking. Meetings Local Time 06:00 pm America/Detroit</td>
</tr>
<tr>
<td>Sunday 03:00 PM</td>
<td>Safe Zone (NY0215)</td>
<td>91 Claremont Ave (West 121st St), New York New York, 10027 NOTE: The meeting is currently a telephonic meeting due to the pandemic. Please reach Meeting Contact for information. (Previously met at Riverside Church.)&lt;br&gt;&lt;strong&gt;Format:&lt;/strong&gt; Discussion&lt;br&gt;&lt;strong&gt;Notes:&lt;/strong&gt; Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/New_York</td>
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<td>Sunday 03:00 PM</td>
<td>ACA Chair's Choice Topic Meeting (WEB0091)</td>
<td>To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.&lt;br&gt;&lt;strong&gt;Format:&lt;/strong&gt; Steps&lt;br&gt;Meetings Local Time 06:00 pm America/New_York</td>
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<td>Sunday 03:00 PM</td>
<td>Big Kids ACA (FL0323)</td>
<td>249 E Hewett Rd, Santa Rosa Beach Florida, 32459 Camel Club 249 E Hewett Rd Off Hwy 98 at west end of 30A &lt;strong&gt;Temporarily suspended until April 1, 2022&lt;/strong&gt;&lt;br&gt;&lt;strong&gt;Format:&lt;/strong&gt; Fellowship Text&lt;br&gt;&lt;strong&gt;Notes:&lt;/strong&gt; Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Yellow workbookMeeting suspended until April 1, 2022 Meetings Local Time 05:00 pm America/Chicago</td>
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WeAgnostics (WEB0615) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.

WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.

We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.

WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time

Monday 7:00 AM  
Tuesday 7:00 AM  
Wednesday 7:00 AM (Starts May 4th 2022)  
Wednesday 6:00 PM (Beginner’s Meeting - 1st & 3rd Wednesday of the month)  
Thursday 6:00 PM  
Friday 7:00 AM  
Friday 7:30 PM (2nd & 4th Friday of the month)  
Sunday 6:00 PM

There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.

Join Zoom Meeting  
https://us02web.zoom.us/j/81437276969  
Meeting ID: 814 3727 6969  
Password: 247365

Access the meeting by telephone:  
Dial by your location  
+1 312 626 6799 US (Chicago)  
+1 929 205 6099 US (New York)  
+1 346 248 7799 US (Houston)  
+1 669 900 6833 US (San Jose)  
+1 253 215 8782 US (Tacoma)

Meeting ID: 814 3727 6969  
Password: 247365

**Focus:** Secular/Agnostic/Atheist  
Meetings Local Time 06:00 pm America/New_York
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<th>Time</th>
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<tr>
<td>Sunday 03:00 PM</td>
<td><strong>ACA Sunlight Loving Parent Guidebook Meeting (CA1501)</strong> - 2100 J Street, Sacramento California, 95816 - Enter on J Street. Ring bell. Upstairs in Room 206. Mask is required except in Rm. 206. <strong>Format:</strong> Loving Parent Guidebook <strong>Notes:</strong> Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/Los_Angeles</td>
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<td>Sunday 03:00 PM</td>
<td><strong>ACA Big Red Book Study and Share ZOOM (WEB0659)</strong> - Zoom.us/j/3873421525 Meeting ID 387 342 1525 No password Every Sunday 3pm pacific 5pm central 6 Eastern Meeting is 1.5 hr meeting We read the daily meditation from Strengthening My Recovery, and the corresponding page from the Big Red Book of ACA. After reading the meditation, we give members an opportunity to share on it. Then we open the Big Red Book, read a few paragraphs, and open for sharing, rinse and repeat. <strong>Format:</strong> Book Study - Discussion All are welcome 18 + Meetings Local Time 05:00 pm America/Chicago</td>
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<tr>
<td>Sunday 03:00 PM</td>
<td><strong>Sunday Conejo Valley ACA (CA1530)</strong> - 1600 E. Hillcrest Dr., Thousand Oaks California, 91362 <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Speaker - Steps Meetings Local Time 03:00 pm America/Los_Angeles</td>
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<td>Sunday 03:00 PM</td>
<td><strong>You Are Not Alone Sunday Night ACA Meeting (NH0017)</strong> - 36 Carpenter St, Keene New Hampshire, 03431 YANA Center, across from Patricia T. Russell Park. <strong>Format:</strong> Discussion - Fellowship Text (BRB) <strong>Focus:</strong> Beginners <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, In person only, discussion meeting. All are welcome. Meetings Local Time 06:00 pm America/New_York</td>
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<td>Sunday 03:00 PM</td>
<td><strong>Adulting 101 (MI0198)</strong> - 1020 College NE, Grand Rapids Michigan, 49503 <strong>Format:</strong> 12 Step Study Group - Discussion - Laundry Lists Workbook - Steps Meetings Local Time 06:00 pm America/Detroit</td>
</tr>
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<td>Sunday 03:00 PM</td>
<td><strong>Sunday (WEB1014)</strong> - Contact: Dee 303-829-6422, Cara - 940-489-2572, Marie 469-212-9897 for more information and ZOOM ID and PW meeting access info. <strong>Format:</strong> Discussion This meeting is for professionals, para-professionals and students in mental health or addiction treatment. Meetings Local Time 05:00 pm America/Chicago</td>
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<td>Sunday 03:00 PM</td>
<td><strong>ACA Women's Group (ID0061)</strong> - 237 N Water Ave, Idaho Falls Idaho, 83402 <strong>Format:</strong> Fellowship Text (BRB) - Strengthening My Recovery <strong>Focus:</strong> Beginners - Women Only <strong>Notes:</strong> Needs Support - Wheelchair Access - Needs Support, Wheelchair Access, Meetings Local Time 04:00 pm America/Boise</td>
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<td>Sunday 03:00 PM</td>
<td><strong>Safe Zone-Riverside (TEL0525)</strong> - Prior Meeting Place was at Riverside Church. NOTE: The meeting is currently a telephone Meeting +1(667) 770-1229,,467282# <strong>Format:</strong> 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Speaker - Steps - Strengthening My Recovery <strong>Focus:</strong> Beginners <strong>Notes:</strong> Needs Support - Needs Support, (667) 770-1229,,467282# Meetings Local Time 06:00 pm America/New_York</td>
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| Sunday 03:00 PM | MASALA (WEB1148) - Zoom Meeting ID:* 880 6730 9042 *Passcode:* Selflove
MASALA gathering is intended for Adult Children of South Asian descent who live or have lived outside South Asia. We welcome people of all identities and forms of expression. These include but are not limited to race, ethnicity, nationality, caste, gender, sexual orientation, age, disability, religion, relationship, occupational, health, or socioeconomic status.
Meetings Local Time 06:00 pm America/New_York [Virtual Meeting Link](#) |
| Sunday 03:00 PM | Journey of Hope (CO0086) - 1350 N. 7th Street, Grand Junction Colorado, 81501 This meeting is at New Life Church. You can park in the rear parking lot of the building, and enter the door on the right side of the courtyard. Our meeting space is the first door to the right.
**Format:** Discussion
Meetings Local Time 04:00 pm America/Denver |
| Sunday 03:00 PM | Yellow Workbook Step Meeting (TEL118) - -- 712-432-8808; Access code 2473656#
Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed.
We meet 3 times a week, Tuesday, Friday and Sunday 6 pm ET. We read the entire text and answer all questions. We expect to finish in approximately 12 months. (This timing was correct as of 2020.)
**Format:** Book Study - Discussion - Steps
Meetings Local Time 06:00 pm America/New_York |
| Sunday 03:20 PM | Monsey Women's meeting (NY0248) - 295 Rt. 59 W, SPRING VALLEY New York, 10977
**Format:** Book Study
**Focus:** Women Only
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, PLEASE NOTE UPDATED CONTACT INFO
Meetings Local Time 06:20 pm America/New_York |
| Sunday 03:30 PM | Sunday California ACoA&DF 3:30PM PST (CA1310) - Online Info: 3:30 PST - BRB reading and sharing Meeting ID 832 9863 5808 Security Passcode: Sunday
**Format:** Discussion - Fellowship Text (BRB)
Meetings Local Time 03:30 pm America/Los_Angeles [Virtual Meeting Link](#) |
| Sunday 03:30 PM | NOVA ACA (CAN0348) - 49 Donlands Ave, Toronto Ontario, M4J 3N5 The meeting group is across the street from the Donlands Subway Station in Toronto. The nearest intersection is Danforth Ave and Donlands Ave. The meeting is at St. David's, 49 Donlands Ave., Toronto. There is free parking on the streets on Sundays.
**Format:** Discussion - Fellowship Text - Speaker Non Smoking
Meetings Local Time 06:30 pm America/Toronto |
| Sunday 03:30 PM | Stillwaters ACA (IL212) - We are a local meeting that has decided to only be online and not go back in person - but we welcome all ACAs. Please contact us for Zoom information.
**Format:** Fellowship Text (BRB)
Meetings Local Time 05:30 pm America/Chicago |
| Sunday 03:30 PM | ACA Porter Square (MA028) - 1991 Mass. Ave. (St James Church), Cambridge Massachusetts, 02138 MA028 is an in-person meeting. Please enter from the Massachusetts Avenue side. The meeting room is in the annex to the left of the main Chapel for St James and the entrance is on the side of the annex. You will see a room with a wall of glass facing onto the courtyard. Room opens at 6:15 pm ET and closes at 8:30, but meeting runs from 6:30-8:00. (First Sunday of month business meeting runs from 6:00-6:30.) There is also an online meeting formerly affiliated with this meeting. Please email acaportersquareonline@gmail.com for Zoom information.  
**Format:** Discussion - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 06:30 pm America/New_York |
| Sunday 03:30 PM | Meditation Meeting (NM0045) - 509 Cardenas Drive SE, Albuquerque New Mexico, 87108 The meeting is in the Admin Building at Endorphin Power Company. The entrance will be outside across the courtyard next to the gym. The room is on the second floor to the left down the hall.  
**Format:** Discussion - Fellowship Text (BRB) - Strengthening My Recovery  
**Notes:** Non Smoking - Non Smoking, We read from strengthening my recovery which is followed by a 10 minute silent meditation. Then we read from the Big Red book and have open sharing. password for zoom link- solution  
Meetings Local Time 04:30 pm America/Denver [Virtual Meeting Link](#) |
| Sunday 03:30 PM | Original Acoa Grp Of Saratoga (NY079) - 175 Fifth Ave, Saratoga Springs New York, 12866 NEW LOCATION AND TIME EFFECTIVE 10/15/2023 United Methodist Church, Adkin's Room  
**Format:** Discussion - Steps NEW LOCATION AND TIME EFFECTIVE 10/15/2023  
Non Smoking  
Meetings Local Time 06:30 pm America/New_York |
| Sunday 03:30 PM | New Beginnings (OK037) - 5207 N. Western Avenue, Oklahoma City Oklahoma, 73116 We have an in-person meeting at the Western Club, located at 5207 N. Western Avenue across the street from Bishop McGuiness High School. The meeting room is to the immediate right of the front door entrance. The meeting time is 05:30 PM CST. Thank You.  
**Format:** Discussion - Fellowship Text  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 05:30 pm America/Chicago |
| Sunday 03:30 PM | New Hope ACA (PA078) - The New Hope ACA meeting being held ONLINE. SUNDAY 6:30 -7:30 PM EST Zoom - https://zoom.us/j/2036175604, Meeting ID = 203 617 5604. Password 161659. To call in by phone only, dial any of these: +1 312 626 6799, +1 929 205 6099, +1 253 215 8782, +1 301 715 8592, +1 346 248 7799, +1 669 900 6833,  
**Format:** Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery  
**Notes:** Needs Support - Needs Support, First Sunday of the month we read from Strengthening My Recovery - that day's reading and then open the floor to sharing. The balance of the month we continue reading Chapter 7 of the Big Red Book which is focused on the steps. We read for about 10min before opening to sharing.  
Meetings Local Time 06:30 pm America/New_York [Virtual Meeting Link](#) |
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<td>Sunday 03:30 PM</td>
<td>Experience, Strength and Hope (SC0028) - 355 Woodruff Rd, Suite 303, Greenville South Carolina, 29607 In person only at FAVOR Greenville at 355 Woodruff Road, across the street from the Honda dealership. It is a 90 minute meeting with a break after 60 minutes at 7:30. This is a safe place. We share, read and discuss ACA literature. Newcomers are welcome any Sunday. We have books for newcomers to borrow. On the 1st Sunday, we read Tradition of the month in Big Red Book, chapter 19 followed by the Yellow 12 step book. On the 2nd, 4th &amp; 5th Sunday, we read the Loving Parent Guidebook. On the 1st &amp; 3rd Sunday, we read the Yellow 12 stepbook.</td>
<td>12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook</td>
<td>Non Smoking - Non Smoking</td>
<td>NorthWest Group Of Aca (TX132) - 12336 Hymeadow Dr., #300, Austin Texas, 78750 This meeting is now held as a hybrid, on Zoom, and in person at the Northwest Counseling and Wellness Center (NCWC). You’ll still be able to Zoom in or attend in person. Beginners are welcome. Please use the Contact Us link to get the Zoom info. We’ll answer as quick as we can.</td>
<td>05:30 pm America/Chicago</td>
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<td>Sunday 03:30 PM</td>
<td>Big Red Book study (CA1404) - Christ of the Desert Chapel 73411 Fred Waring Dr. Room 1, Palm Desert California, 92260 Cross street is San Pablo</td>
<td>Discussion - Fellowship Text (BRB) This meeting is updated. We have moved meeting from E Alameda in Palm Springs and updated format from Daily Affirmations to a Big Red Book study.</td>
<td>Non Smoking - Non Smoking</td>
<td>Sacred Space (WEB0546) - All are welcome &lt;3 Please email <a href="mailto:sacredspaceaca@gmail.com">sacredspaceaca@gmail.com</a> or call/text contact person for zoom link.</td>
<td>06:30 pm America/New_York</td>
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<td>Sunday 03:30 PM</td>
<td>ACA Uruguay (WEB0691) (La reunión es en Español.) - Reunión de Montevideo, Uruguay Para unirte a la reunión en Google Meet, haz clic en este vínculo: <a href="https://meet.google.com/mie-opvd-drm">https://meet.google.com/mie-opvd-drm</a></td>
<td>Fellowship Text (BRB) Needs Support - Non Smoking - Needs Support, Non Smoking, Tenemos un formato rotativo: Leemos el Libro Rojo y compartimos nuestra reflexión sobre la lectura o sobre nuestro diario vivir. El grupo es abierto todos los miembros ACA y es mixto.</td>
<td>Non Smoking - Non Smoking</td>
<td>Sunday Night ACA Recovery London (CAN0391) - 123 Chesterfield Avenue, London Ontario, N5Z 3M9 Chelsea Green Community Church, come in the main doors, go up the stairs. Meeting room is at top of stairs.</td>
<td>06:30 pm America/New_York</td>
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<td>Sunday 03:30 PM</td>
<td>Women's Meeting (WEB1015) - Password: Sunday630 You will need to have your camera on for the safety of the meeting</td>
<td>Fellowship Text</td>
<td>Non Smoking, Non Smoking</td>
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<td><strong>Focus:</strong> Women Only We read a passage from the daily meditations book Strengthening My Recovery</td>
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<td>Meetings Local Time 06:30 pm America/New_York <a href="#">Virtual Meeting Link</a></td>
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<td>Sunday 03:30 PM</td>
<td>(WEB1048) - This is an Online Zoom meeting on Strengthening My Recovery. We meet at 3:30 pm Pacific Time/ 6:30 pm Eastern Time. Go to <a href="http://www.zoom.com">www.zoom.com</a> and use Meeting ID: 862 1945 8810 and Password: 361527</td>
<td>Strengthening My Recovery</td>
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<td>Meetings Local Time 03:30 pm America/Los_Angeles</td>
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<td>Sunday 03:30 PM</td>
<td>ACA Porter Square Online (WEB1101) - Virtual room opens at 6:15 pm ET and closes at 8:30, but meeting runs from 6:30-8:00. (First Sunday of month business meeting runs from 6:00-6:30.) Please email <a href="mailto:acaportersquareonline@gmail.com">acaportersquareonline@gmail.com</a> for Zoom information.</td>
<td>Discussion - Speaker - Steps</td>
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<td><strong>Format:</strong> Discussion - Speaker - Steps • 1st Sunday: Step Meeting • 2nd Sunday: Speaker Meeting • 3rd Sunday: Literature Meeting • 4th Sunday: Literature Meeting • 5th Sunday: Tradition Meeting</td>
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<td>Meetings Local Time 06:30 pm America/New_York</td>
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<td>Sunday 03:30 PM</td>
<td>Yellow Brick Road ~ The Loving Parent Guidebook Meeting (WEB0682) (English) - Online Zoom Meeting</td>
<td>Loving Parent Guidebook</td>
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<td><strong>Format:</strong> Loving Parent Guidebook We are a closed group for now and will post new information here if our group conscience decides to open it to new members.</td>
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<td>Meetings Local Time 08:30 am Australia/Sydney</td>
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<td>Sunday 04:00 PM</td>
<td>Serenity Sunday (CA1181) - Zoom ID: 805-888-1234 Password: Healing Bring your Big Red Book and Daily Affirmations book</td>
<td>Discussion - Speaker - Steps</td>
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<td>Meetings Local Time 04:00 pm America/Los_Angeles</td>
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<td>Sunday 04:00 PM</td>
<td>Out of the Weeds (FL139) - MEETING ONLINE UNTIL FURTHER NOTICE Please download and import the following iCalendar (.ics) files to your calendar system. Weekly: <a href="https://us02web.zoom.us/meeting/tZUfu2opjssG9NamLZZFY-iSTWoaasPSR5YG/ics?icsToken=98tyKuGppjTuGtyVthiARpwcGor4LPTxisGJdfpznRLJpORp1VY9Z1pN-IOvi">https://us02web.zoom.us/meeting/tZUfu2opjssG9NamLZZFY-iSTWoaasPSR5YG/ics?icsToken=98tyKuGppjTuGtyVthiARpwcGor4LPTxisGJdfpznRLJpORp1VY9Z1pN-IOvi</a> Join Zoom Meeting</td>
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<td>NEW MEETING DETAILS Meeting ID: 818 9408 0617 Passcode: 028844 One tap mobile +16465588656,81894080617#,,<em>,028844# US (New York) +13017158592,,81894080617#,,</em>,028844# US (Washington DC) Dial by your location +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 818 9408 0617 Passcode: 028844 Find your local number: <a href="https://us02web.zoom.us/u/kdhKrqXtOn">https://us02web.zoom.us/u/kdhKrqXtOn</a> Physical directions when meetings begin in-person again: Turn into the entrance that states St. Kieran’s Catholic Church/ Immaculata-LaSalle High School. Stay to the right past the athletic field and the church. Park in the lot to the left. There is a patio with several meeting rooms on the left. the meeting room is the last one on the end. Non Smoking Meetings Local Time 07:00 pm America/New_York</td>
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<td>Time</td>
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<td>Sunday 04:00 PM</td>
<td>Creative Recovery (IN0086) - 7PM-8:15PM EST</td>
<td>We are a Homegroup that welcomes newcomers. We are LGBTQIA+ affirming group, yet we are not exclusive and welcome everyone wanting to heal. We are an Open Meeting and a Friendly group! Copy and paste the following link into your address bar: <a href="https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlplNblF1dz09">https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlplNblF1dz09</a> If you are already logged into Zoom, simply enter the following Meeting ID: 455 213 9165 PASSWORD: SundayACA <strong>Format:</strong> Discussion  <strong>Focus:</strong> Beginners - LGBTQ+  Meetings Local Time 07:00 pm America/New_York  <a href="https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlplNblF1dz09">Virtual Meeting Link</a></td>
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<td>Sunday 04:00 PM</td>
<td>Expect the Best (MA064) - We are presently using an online-only format until we find a new in-person location in the Framingham, MA area. Here is our online log-in information for those who do not already have the Zoom information: <a href="https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIdk9vOExQSmxCVDRtR0tY2Zz09">https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIdk9vOExQSmxCVDRtR0tY2Zz09</a> Meeting ID: 854 1108 6110 Passcode: 839754 PLEASE NOTE: Be sure to log in before 7:10 PM. The meeting is locked at that time to provide a more secure online environment.  <strong>Format:</strong> Book Study - Discussion - Fellowship Text Non Smoking  Meetings Local Time 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>(MI116) - 1st Presbyterian Church 508 Franklin St, Grand Haven Michigan, 49417</td>
<td>Please enter the church through the parking lot off of Clinton Street. We meet in the conference room to the right of the entry doors.  <strong>Format:</strong> Discussion  <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Non Smoking  Meetings Local Time 07:00 pm America/Detroit</td>
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<td>Sunday 04:00 PM</td>
<td>Help To Heal (VA0134) - 26 South 3rd St, Warrenton Virginia, 20186</td>
<td>The Meeting Place adjacent to the municipal city parking lot (previously Salvation Army)  <strong>Format:</strong> Discussion - Strengthening My Recovery  Meetings Local Time 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>Sunday Night ACA (VA091) - We meet on Zoom. Email the meeting contact for details.</td>
<td><strong>Format:</strong> Discussion  <strong>Notes:</strong> Needs Support - Needs Support, Non Smoking  Meetings Local Time 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>Hurting to Healing (VA102) - 116 West Broad St., Falls Church Virginia, 22046</td>
<td>Look for the blue fabric awning with the words Unity Club on it in white lettering. Then go up the stairs inside to Room 3. Our physical address is at 116 W Broad St., Falls Church. No childcare. Parking can be tricky. Look for the Public Parking signs. <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps <strong>Notes:</strong> Non Smoking - Non Smoking. We are both at Unity Club (face to face), but also available as a zoom meeting online. Email us for phone call-in or link-in info (emails answered before Sunday meeting up to Saturday 9pm) if you cannot attend in person as we are linking the two together for Hybrid style meeting. We are identified as a Closed style meeting (which means you should not be a reporter or student doing research but rather be looking to experience healing for yourself or for your family) -- BUT -- we want to welcome all who believe they may be or are from dysfunctional/shame based homes and/or alcoholic upbringing etc. Even homes where alcohol was not directly involved satisfy the definition if dysfunction, depression, if shame is the result in your life. There is no requirement to have literature or even to share at all during our meetings. We use a 3-week cycle of topics: Laundry List (Trait readings from Laundry List Workbook), 12 steps (Big Red Book) and then Solution oriented Topics (from Chapter 8 also in Big Red Book) Please give us a try, we would love to meet you and to welcome you to our fellowship. Meetings Local Time 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>Sandpoint Way (WA0207) - 4710 NE 70th Street, Seattle Washington, 98115</td>
<td>Sandpoint Way ACA Group (Seattle, WA) meets each week IN-PERSON &amp; ONLINE simultaneously. This is a hybrid meeting. We meet each Sunday from 4-530pm PST. To access the meeting online via zoom: Zoom ID: 322 968 1030. Password: sandpoint. Physical location for in person meeting: Sandpoint Community Methodist Church. 4710 NE 70th Street. 98115. Church entrance is around back from the parking lot. We meet in the Fireside Room. Wearing a mask and physical distancing are required for in-person attendance, per church policy. Participants in person have the choice to be visible on-camera or not, but their shares will be heard (audio) by all in attendance. <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Steps <strong>Notes:</strong> Non Smoking - Non Smoking, Meetings Local Time 04:00 pm America/Los_Angeles</td>
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<td>Sunday 04:00 PM</td>
<td>ACA Clean Laundry (WA0211) - The Zoom meeting ID is 821 4196 9814 and the password is 105 877. The meeting time has not changed, but is the same: Sundays from 4 pm to 5pm PST.</td>
<td><strong>Format:</strong> Discussion - Speaker <strong>Notes:</strong> Non Smoking - Non Smoking, We meet on Zoom only Meetings Local Time 04:00 pm America/Los_Angeles</td>
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<td>Sunday 04:00 PM</td>
<td>Little River ACA (FL0292) - This meeting is now on zoom only. Here’s the zoom link: <a href="https://us02web.zoom.us/j/4702143980">https://us02web.zoom.us/j/4702143980</a> (Password: butterfly)</td>
<td><strong>Format:</strong> Book Study Meetings Local Time 07:00 pm America/New_York <a href="https://us02web.zoom.us/j/4702143980">Virtual Meeting Link</a></td>
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| Sunday 04:00 PM  | 24/7 Adult Children message board (WEB0098) - We are a MESSAGE board. With one Tues 7pm EST meet 24/7 MESSAGE Board: ACA&DF. Loving and ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, personal shares, recovery worksheets and more.  
https://acoa.activeboard.com/  
**Format:** 12 Step Study Group - Discussion  
Meetings Local Time 07:00 pm America/New_York |
| Sunday 04:00 PM  | Bellevue Sunday Afternoon (WA0233) - 1221 148th Ave NE, Bellevue Washington, 98007 Meeting is in Room 108 downstairs in the Kelsey Creek Church. From the parking lot, walk along the left side of the church to the downstairs entrance. Go straight through the large room to the hallway with numbered rooms.  
**Format:** Discussion - Fellowship Text (BRB)  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 04:00 pm America/Los_Angeles |
| Sunday 04:00 PM  | Sunday Night Blameless Recovery (WEB0114) - Sunday Night Blameless Recovery, weekly at 7:00 PM EST. The meeting will lock around 7:20 PM. This Blameless Recovery meeting focuses on moving from blame to acceptance as we heal our wounds and trauma experienced in our family of origin.  
Join the Zoom meeting by copying this link into your browser:  
https://us02web.zoom.us/j/82071643287 Meeting ID: 820 7164 3287 One tap mobile +13017158592,,82071643287# US (Washington DC) +13126266799,,82071643287# US (Chicago)  
Please have your Zoom profile show a name: a first name, a middle name, or an initial - just something that the meeting leader can say to call on you.  
**Format:** Discussion - Steps  
Meetings Local Time 07:00 pm America/New_York [Virtual Meeting Link] |
| Sunday 04:00 PM  | CNY Women's Group (WEB0261) - Please email ACABeautifulChanges@gmail.com to obtain Zoom meeting login information.  
**Format:** Strengthening My Recovery  
**Focus:** Women Only  
Meetings Local Time 07:00 pm America/New_York |
| Sunday 04:00 PM  | Becoming Your Own Loving Parent (CAN0383) - 1440 W 12th Ave, Vancouver British Columbia, V6H1M8 In this meeting we read from the Big Red Book and listen to a guided meditation on becoming your own loving parent. After the meditation we sit quietly for 8 minutes to practice non-dominant handwriting and/or sit lovingly with the inner child followed by sharing. —— It’s an intimate and supportive group. Newcomers are welcome, however familiarity with the ACA program is suggested. —— Holy Trinity Anglican Church: Room is located on the 3rd floor in the yellow room. Signs are provided for ease of direction.  
**Format:** Book Study - Discussion - Fellowship Text - Steps - Workshop  
**Notes:** Wheelchair Access - Wheelchair Access,  
Meetings Local Time 04:00 pm America/Vancouver |
<p>| Sunday 04:00 PM | Sunday Steps (WEB0397) - Zoom Participant Code: 826 2404 6661 Passcode: 009842 Any questions, please contact us at <a href="mailto:sundaystepsaca@gmail.com">sundaystepsaca@gmail.com</a>. Looking forward to seeing you. <strong>Format:</strong> Steps Step focus with speaker lead and reading from red or yellow book. Steps rotate each quarter and on the last week of the quarter the topic will be the Solution. Meetings Local Time 07:00 pm America/New_York <a href="#">Virtual Meeting Link</a> |
| Sunday 04:00 PM | Carry the Message (WEB0479) - Zoom ID 86163226071 Password. 283808 Follow the Big Red Book meeting format on pg. 562-265 BRB. Newcomers welcome. Focus to carry the message of hope and recovery through the ACA Steps, Traditions, and the Loving Parent Guidebook (starting 01/01/2023). Remember the recovery wisdom we have learned: “If you want to go fast - go alone; If you want to go far - go with others.” <strong>Format:</strong> Book Study - Discussion - Loving Parent Guidebook Read, follow, and discuss the Loving Parent Guidebook starting 01/01/2023. Group will meet on 12/25/2022 Christmas Day from 7:00-8:00 pm EST for discussion of the Big Red Book, the Doctor’s Opinion and Tony A’s Steps for Recovery. Meetings Local Time 07:00 pm America/New_York |
| Sunday 04:00 PM | (WEB0549) - This meeting is being cancelled Here are our zoom IDs: Monday meeting 729 914 770 Password 096844 Thursday meeting 282 729 505 Password 040356 <strong>Format:</strong> Book Study - Discussion <strong>Focus:</strong> Beginners - LGBTQ+ - BIPOC - Secular/Agnostic/Atheist Meetings Local Time 07:00 pm America/New_York |
| Sunday 04:00 PM | Safe &amp; Sane Sundays (CA1496) - 3025 Alhambra Dr., Cameron Park California, 95672 New Light Fellowship Suite A <strong>Format:</strong> Discussion - Speaker New comers are welcome come join us! Meetings Local Time 04:00 pm America/Los_Angeles |
| Sunday 04:00 PM | HS365ACOA (WEB0719) - Email: <a href="mailto:hs365acoa@gmail.com">hs365acoa@gmail.com</a> Meetings Local Time 06:00 pm America/Chicago |
| Sunday 04:00 PM | ACA Sunlight Loving Parent Guidebook Meeting (WEB0769) - See acanorcal.com for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>. <strong>Format:</strong> Loving Parent Guidebook Meetings Local Time 04:00 pm America/Los_Angeles |
| Sunday 04:00 PM | Adult Children MQT (MI0193) - 201 E Ridge Street, Marquette Michigan, 49855 We are now meeting in the downstairs library of St. Paul's Episcopal Church. Please use the parking lot entrance. Once indoors, take a left down the stairs - we are the first room on the left. <strong>Format:</strong> Fellowship Text This is an open meeting - first timers welcome! Meetings Local Time 07:00 pm America/Detroit |
| Sunday 04:00 PM | In the Beginning... (FL0367) - 15605 Ocean Walk Cir, Fort Myers Florida, 33908 Permanent location TBD <strong>Format:</strong> Book Study <strong>Focus:</strong> Beginners <strong>Notes:</strong> Needs Support - Needs Support, Meetings Local Time 07:00 pm America/New_York |</p>
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<td>Sunday 04:00 PM</td>
<td>ACA Turnersville (NJ0185) - 176 Stagecoach Road, Turnersville New Jersey, 08081</td>
<td>Meeting is held in Hall behind St. Charles Borromeo Church. Enter and turn left down hallway. Meeting is last door on right. <strong>Format:</strong> Discussion - Fellowship Text (BRB) <strong>Meetings Local Time:</strong> 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>Healing for us (MI0204) - 21220 W 14 Mile Rd., Bloomfield Hills Michigan, 48301</td>
<td>Nativity Church. Between Cranbrook rd and Lasher rd on 14 mile rd <strong>Format:</strong> Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery <strong>Focus:</strong> Beginners <strong>Meetings Local Time:</strong> 07:00 pm America/Detroit</td>
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<td>Sunday 04:00 PM</td>
<td>Growing Up Together (WEB0152) - <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a></td>
<td>We are open to all - Newcomers Welcome! - Open Discussion group meeting We run the meeting for an hour and a half. There is no password or sign-up needed for this meeting. We do utilize the waiting room feature in Zoom and have at least one host and co-host to keep the room safe. Come join us and let's start Growing Up Together! <strong>Format:</strong> Discussion <strong>Focus:</strong> Beginners <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a> <strong>Meetings Local Time:</strong> 07:00 pm America/New_York</td>
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<td>Sunday 04:00 PM</td>
<td>Grateful Adult Children of Alcoholics (TX0204) - 611 S Graham St., Stephenville Texas, 76401</td>
<td>We have 3 meetings - Tuesday, Thursday and Sunday at 6 p.m., all meetings are an hour long. All groups meet in the small room connected to the AA clubhouse (door closest to the parking lot). The Sunday meeting is a closed (ACA's only) meeting. Our other meetings are open meetings. Tuesday: Big Red Book Thursday: 12 Steps Yellow Workbook Sunday: Laundry Lists Workbook, Loving Parent Guidebook PENDING <strong>Format:</strong> 12 Steps Yellow Workbook - Discussion - Laundry Lists Workbook - Loving Parent Guidebook <strong>Notes:</strong> Non Smoking - Non Smoking, <strong>Meetings Local Time:</strong> 06:00 pm America/Chicago</td>
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<td>Sunday 04:00 PM</td>
<td>RI Area ACA Evening (WEB1003) -</td>
<td><strong>Format:</strong> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook This is a RI Area ACA Open Meeting Time. There is not an &quot;official&quot; meeting every night. Generally, there is a meeting on Monday, Tuesday, Wednesday, and Thursday, but 2 people and the literature make a meeting! Mondays - We read from the Daily Reflections Thursdays We are reading from the Loving Parent Guidebook Email <a href="mailto:Riareaaca@gmail.com">Riareaaca@gmail.com</a> for the password be prepared for a delayed response <strong>Meetings Local Time:</strong> 07:00 pm America/New_York <a href="https://zoom.us/j/87875106907">Virtual Meeting Link</a></td>
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<td>Sunday 04:15 PM</td>
<td>ACA Steps and Solution Big Red Book Meeting (DC0020) - 1638 R Street NW, Washington District of Columbia, 20009</td>
<td>ONLINE ONLY for now. Once-a-month in-person meeting for fellowship will be announced in advance at the meeting. Zoom: <a href="https://zoom.us/j/4343507964?pwd=TW5wMk1mMWt3ZFN0OTgxMWZPY2hJUT09">https://zoom.us/j/4343507964?pwd=TW5wMk1mMWt3ZFN0OTgxMWZPY2hJUT09</a> If the link is not used, then enter meeting# 4343507964 and password 136216 at the Zoom website or in the zoom app. Phone users dial (929) 436-2866 and enter the same meeting number and password. IN PERSON meeting approximately 1 time per month. ONLINE only meeting other Sundays. <strong>Meetings Local Time:</strong> 07:15 pm America/New_York <strong>Virtual Meeting Link</strong></td>
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<td>Sunday 04:30 PM</td>
<td>Sunday Stockton Online BRB Study (CA1331) -</td>
<td>Discussion - Steps</td>
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<td>Sunday 04:30 PM</td>
<td>ACA Kristiansand (NOR0040) - Kronprinsensgate 10, Kristiansand Vest Agder, 4608 Mandag 18.30-20.00 Kronprinsensgate 10 4608 Kristiansand Kontakt: <a href="mailto:aca.kristiansand@gmail.com">aca.kristiansand@gmail.com</a></td>
<td>12 Steps Yellow Workbook - Fellowship Text (BRB) Fysiske møter</td>
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<td>Sunday 04:30 PM</td>
<td>Survivors Group (FL103) - 1211 New Jersey Rd, Lakeland Florida, 33801 New Hope Community Church</td>
<td>Discussion - Speaker - Steps Non Smoking</td>
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<td>Sunday 04:30 PM</td>
<td>Hastings Aca (MN135) - 207 3rd street east, Hastings Minnesota, 55033</td>
<td>Book Study - Discussion Non Smoking - Smoking Allowed Outside Of Bldg</td>
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<td>Sunday 04:30 PM</td>
<td>Sunday Steps (Workbook Study) (MO0038) - 830 N Kirkwood Rd, Kirkwood Missouri, 63122 Community of Christ Church - Cross Street: N Kirkwood Rd and Swan</td>
<td>Steps</td>
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<td>Sunday 04:30 PM</td>
<td>Freedom From the Past (NC0080) - 3835 W WT Harris Blvd, Charlotte North Carolina, 28269 University City United Methodist Church Room 104 The church is located on the corner of W.T. Harris Blvd and W. Sugar Creek Rd. From W.T. Harris Rd, turn immediately Left onto Brookstone Dr. and then immediately Left into the church parking lot, veering towards the right in the parking lot. You will enter at the back of the church, and the door has a sign that says &quot;office&quot;</td>
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<td>Sunday 04:30 PM</td>
<td>Park City ACA (UT0038) - Each month we read and discuss readings from the Laundry List workbook, Big Red Book, and Daily Reader.</td>
<td>Discussion Zoom ID 668 074 353, pw 408009; or by phone 253-215-8782, 346-248-7799 (US)</td>
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<td>Sunday 04:30 PM</td>
<td>PC Alano - ACA (WEB0419) - <a href="https://us04web.zoom.us/j/826735150?pwd=bWZQcUpjMmsvQS9nU2dsSVNjNGhKQ0T0">Link</a></td>
<td>Discussion - Speaker - Steps</td>
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<td>Sunday 04:30 PM</td>
<td>The Loving Parent Guidebook - Study group (WEB0716) - This meeting was created to go through the Loving Parent Guidebook. All ACA's regardless of experience are welcome. We will start at the beginning of the workbook starting January 9th, 2022. Please reach out to contact person for the meeting login information. <strong>Format:</strong> Loving Parent Guidebook As of July 2023 we are working on page 147 in the Loving Parent Guidebook. Meetings Local Time 06:30 pm America/Chicago.</td>
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<td>Sunday 04:30 PM</td>
<td>(ND0024) - 111 9th St South, Fargo North Dakota, 58103 House of Hope Meeting held inside the House of Hope (H.o.H.) South of First Methodist Church (U.M.C.) &amp; North of Unitarian Universalist Church (H.o.H sits between the two churches) on 9th St S. Also nearby is Lighthouse Church and the Mexican Village (both are to the north of the H.o.H.). Non Smoking. <strong>Format:</strong> Discussion - Steps. <strong>Notes:</strong> Non Smoking - Non Smoking. Meetings Local Time 06:30 pm America/North_Dakota/Center.</td>
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<td>Sunday 04:30 PM</td>
<td>Safe Sane &amp; Serene (WEB0959) - Zoom ID number 82042677855 Passcode is 702977. <strong>Format:</strong> Book Study - Discussion - Laundry Lists Workbook - Speaker. Meetings Local Time 04:30 pm America/Los_Angeles.</td>
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<td>Sunday 04:30 PM</td>
<td>(CA1545) - 2057 E Main Street, Stockton California, 95205 Access parking lot and building from E. Washington Street. <strong>Format:</strong> Discussion - Steps. <strong>Notes:</strong> Needs Support - Non Smoking - Needs Support, Non Smoking. Meetings Local Time 04:30 pm America/Los_Angeles.</td>
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<td>Sunday 04:30 PM</td>
<td>ACA Womans Art Therapy &amp; Meditations (WEB1136) - Reach a meeting contact for meeting access. <strong>Format:</strong> Fellowship Text (BRB) - Strengthening My Recovery - Workshop. <strong>Focus:</strong> LGBTQ+ - Women Only. <strong>Notes:</strong> Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, Videos on required for the ID checkin, this is a prerequisite. Meetings Local Time 09:30 am Australia/Sydney.</td>
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<td>Sunday 04:30 PM</td>
<td>Black in ACA (WEB1061) - Blacks of African Heritage -only. <strong>Format:</strong> Fellowship Text (BRB) - Speaker. <strong>Notes:</strong> Non Smoking - Non Smoking. Meetings Local Time 04:30 pm America/Los_Angeles Virtual Meeting Link.</td>
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<td>Sunday 05:00 PM</td>
<td>Solutions (AZ077) - 901 E Plaza Cir, Litchfield Park Arizona, 85340 SW corner of Indian School Road and Dysart Road, next to Trinity Lutheran Church and School. <strong>Format:</strong> Discussion - Steps. <strong>Notes:</strong> Non Smoking - Non Smoking. Meetings Local Time 05:00 pm America/Phoenix.</td>
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<td>Sunday 05:00 PM</td>
<td>ACA Redbook Discussion (CA1090) - 1613 Lake Dr., Encinitas California, 92024. Seaside Center for Spiritual Living - The Rose Room The meeting room is around the back part of the church, to the most southeastern part of the building. If you have any questions call Sara at 760-715-1826. <strong>Format:</strong> Discussion. <strong>Notes:</strong> Non Smoking - Non Smoking. Meetings Local Time 05:00 pm America/Los_Angeles.</td>
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<td>Time</td>
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| Sunday 05:00 PM | Traits Workbook Group (CA1322) - The meeting is happening on Zoom now. Please contact Janie R for details 314-614-8302 | **Format:** Discussion - Laundry Lists Workbook  
**Notes:** Non Smoking - Non Smoking, Meetings Local Time 05:00 pm America/Los_Angeles |
| Sunday 05:00 PM | Sunday Night Skokie Hospital (IL004) - 9600 Gross Point Road, Skokie Illinois, 60076 Currently continuing to meet on Zoom. Please click on meeting contact button for email address of meeting contact to request Zoom link. | **Notes:** Non Smoking - Non Smoking, This is not exclusively a Beginners Meeting, but Beginners are ALWAYS welcome. Meetings Local Time 07:00 pm America/Chicago |
| Sunday 05:00 PM | Healing Hearts (MT026) (Non-Smoking, Wheelchair Access, main east-side alley entrance, disabled parking.) - 1025 Central Avenue, Great Falls Montana, 59405 Central Christian Church - 1025 Central Ave, Great Falls - , east-side main alley entrance. | **Format:** 12 Step Study Group - Discussion  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Denver  
**Notes:** Non Smoking - Non Smoking, 10 Minute Silent Meditation, followed by the day's reading from Strengthening My Recovery, &/or a solution-oriented ACA topic. Meetings Local Time 06:00 pm America/Denver |
| Sunday 05:00 PM | Sunday Evening Fellow Travelers Meditation Meeting (NM0049) - 3960 San Felipe Road, Santa Fe New Mexico, 87507 Effective 6/4/23, this meeting is both in-person & online, via Zoom(hybrid). To attend via Zoom, please reach meeting contact in advance of meeting. | **Format:** Discussion - Strengthening My Recovery  
**Notes:** Fragrance Free - Non Smoking - Wheelchair Access - Fragrance Free, Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Denver  
**Notes:** Non Smoking, 10 Minute Silent Meditation, followed by the day's reading from Strengthening My Recovery, &/or a solution-oriented ACA topic. Meetings Local Time 06:00 pm America/Denver |
| Sunday 05:00 PM | Peace ACA (TX0183) - ACA Laundry List Workbook 4x4 Study and Discussion (TX0183). Open to all. English. meet via ZOOM only. We study one trait and one question per meeting, ZOOM ID: 892 3327 3383 Passcode: adultchild | **Format:** Book Study - Discussion  
**Notes:** Non Smoking - Non Smoking, 10 Minute Silent Meditation, followed by the day's reading from Strengthening My Recovery, &/or a solution-oriented ACA topic. Meetings Local Time 07:00 pm America/Chicago |
| Sunday 05:00 PM | Sunset Serenity (CA1363) - Due to COVID-19- Access Code: 829029729 password 191919 | **Format:** Discussion Reading of the day from The Daily Meditation Book and shares. Meetings Local Time 05:00 pm America/Los_Angeles |
| Sunday 05:00 PM | Cordova Hope ACA (TN0094) - 8500 Walnut Grove Rd, Memphis Tennessee, 38018 Hope Church: Entrance 1, West side, upstairs, room 234, in person only. | **Format:** Discussion - Strengthening My Recovery  
**Notes:** Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago |
<p>| Sunday 05:00 PM | Connected Reparenting (TEL0481) - Telephone Number: 712-432-3900 Access Code: 349425# Ph. Num.- 712-432-3900 Access Code-349425# This meeting is 90 minutes. We dissect specific memories or current events- identify the feelings, identify the inner child or children, give our inner child a chance to speak their peace and then parent them with love and respect. We don't do readings because we take that time to allow ourselves to feel, deal and heal. There are 5 separate periods of silence, so if you come in late please don't interrupt. Hope to hear from you soon! | Meetings Local Time 08:00 pm America/New_York |
| Sunday 05:00 PM | Kalispell ACA (MT0041) - 153 N Meridian, Kalispell Montana, 59901 This is an open meeting. We meet from 6PM to 7:30PM on Sunday night. We read and share from the Big Red Book for 1 hour and then read and share from the Yellow workbook for 1/2 hour. Meetings Local Time 06:00 pm America/Denver |
| Sunday 05:00 PM | SundayNightZoomMeeting (WEB0789) - Topic: ACA Sunday Night Meeting Time: 07:00 PM CST Every week on Sun Zoom App: Meeting ID: 811 7688 7294 Passcode: 088771 EMail: <a href="mailto:ACASundayNightZoomMeeting@gmail.com">ACASundayNightZoomMeeting@gmail.com</a> An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chair. We then open the meeting for shares, on topic or for anything that is heavy on your heart. No Meeting Labor Day Weekend Meetings Local Time 07:00 pm America/Chicago |
| Sunday 05:00 PM | Fellow Travelers LLWB (MN0177) - 3009 Restormel St, Duluth Minnesota, 55806 Format: Laundry Lists Workbook Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago |
| Sunday 05:00 PM | Sunday BRB Women's Meeting (WEB1075) - zoom 807 053 4034 Email or text for password 8602082233 or <a href="mailto:allwomeninharmonyaca@gmail.com">allwomeninharmonyaca@gmail.com</a> Format: Fellowship Text (BRB) Focus: LGBTQ+ - Women Only This meeting is for anyone who identifies as a woman, and it is a safe and inclusive space. Meetings Local Time 08:00 pm America/New_York Virtual Meeting Link |
| Sunday 05:00 PM | Sunday Five PM 90 Minute (CA1584) - 11530 West Pico Blvd, Los Angeles California, 90064 On Pico Blvd. near Gateway Blvd. in West Los Angeles. Upstairs. Use back entrance. This is a new meeting (start date: September 17th, 2023). It is the third ACA meeting at the Club, joining Monday 7:30 PM and Thursday 8 PM. Format: Discussion - Fellowship Text (BRB) - Steps Meetings Local Time 05:00 pm America/Los_Angeles |
| Sunday 05:00 PM | (AL029) - 1400 Oxmoor Rd., Homewood Alabama, 35209 Trinity United Methodist Church, 1400 Oxmoor Road, Homewood. Park in the small parking lot on Seminole Street (right side of the church). You will have to go around the church since Seminole St. is a one way. Go in at the left entrance nearest to Oxmoor Road. There will be a white sign on the door saying, &quot;United Counseling Entrance&quot;. Meeting is in the Small Parlor on the right, after you come in. If this is your first time please be on time since the building is locked and you will need someone to let you in. Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago |
| Sunday 05:00 PM | ACA Chat (WEB0122) - ~• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click Chat on the menu. ~• Register a username and then login with it. ~• Meetings are text-based (no video) and take place in the ACA Room. ~• Chat Rooms are open 24/7/365 for fellowship, connections, and support. ~• Current as of September 2023! Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery Meetings Local Time 08:00 pm America/New_York Virtual Meeting Link |</p>
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<th>Time</th>
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<th>Address</th>
<th>Contact Information</th>
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<tr>
<td>Sunday 05:15 PM</td>
<td>Facing Denial (NY0204) - 295 W Route 59, Spring Valley New York</td>
<td>10977 Echo Building. Call contact person to get room information.</td>
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<td>Format: Discussion</td>
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<td>Focus: Men-Only</td>
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<td>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</td>
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<td>Meetings Local Time 08:15 pm America/New_York</td>
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<td>Sunday 05:30 PM</td>
<td>Costa Mesa (CA837) - 275 Victoria Street, Costa Mesa California</td>
<td>92627 College Hospital Medical Bldg, First Floor, Room B-- bldg is to</td>
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<td>left of the hospital-- Victoria Street exit off 55 Fwy</td>
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<td>Format: Discussion - Fellowship Text (BRB)</td>
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<td>Notes: Non Smoking - Non Smoking, 90-minute meeting. Decisions made by</td>
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<td>discussion and group conscience.</td>
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<td>Restrooms 2nd Floor and in hospital lobby.</td>
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<td>Meetings Local Time 05:30 pm America/Los_Angeles</td>
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<td>Sunday 05:30 PM</td>
<td>Hope For Adult Children ACA (CO015) - 640 Main St, Broomfield Colorado</td>
<td>640 Main St, Broomfield CO 80020. This is a 90 minute meeting, combined</td>
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<td>red book study and step study. Currently meeting in person and on zoom.</td>
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<td>Email contact for zoom info.</td>
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<td>Format: Discussion - Steps</td>
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<td>Notes: Non Smoking - Non Smoking,</td>
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<td>Meetings Local Time 06:30 pm America/Denver</td>
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<td>Sunday 05:30 PM</td>
<td>Easy Evening Meditation (WEB0872) - Please email us for the Zoom codes</td>
<td><a href="mailto:EasyEveningaca@gmail.com">EasyEveningaca@gmail.com</a> - We meet 7 evenings a week.</td>
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<td>and call-in numbers: <a href="mailto:easyeveningaca@gmail.com">easyeveningaca@gmail.com</a> - We meet 7 evenings a</td>
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<td>week.</td>
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<td>Format: Fellowship Text (BRB) - Strengthening My Recovery We read from</td>
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<td>We follow this with a four minute meditation and shares. Please join us.</td>
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<td>Meetings Local Time 08:30 pm America/New_York</td>
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<td>Sunday 05:30 PM</td>
<td>ACA Book Study (AZ0166) - 318 w perkinsville road rd, Chino Valley</td>
<td>86323 Meeting is next to the bookstore</td>
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<td>Arizona, 86323 Meeting is next to the bookstore</td>
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<td>Format: Book Study - Discussion</td>
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<td>Focus: Beginners</td>
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<td>Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support,</td>
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<td>Non Smoking, Wheelchair Access,</td>
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<td>Meetings Local Time 05:30 pm America/Phoenix</td>
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<td>Sunday 05:30 PM</td>
<td>Sunday Solutions (CA1562) - 1953 Hopkins St, Berkeley California</td>
<td>94707 Street Parking available - Go upstairs, through the hall to the</td>
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<td>end and turn left. Room 29 is the first room on the right.</td>
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<td>Format: Fellowship Text (BRB) - Loving Parent Guidebook - Speaker -</td>
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<td>Strengthening My Recovery</td>
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<td>Notes: Non Smoking - Non Smoking,</td>
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<td>Meetings Local Time 05:30 pm America/Los_Angeles</td>
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<td>Sunday 06:00 PM</td>
<td>Mill Valley Sunday 6:00 (CA1009) - 410 Sycamore church classroom 1,</td>
<td>Mill Valley California, 94941 ZOOM: Meeting ID: 443 723 375 Password</td>
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<td>Mill Valley California, 94941 ZOOM: Meeting ID: 443 723 375 Password</td>
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<td>Format: Book Study - Discussion</td>
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<td>Notes: Non Smoking - Non Smoking, Live and Zoom meetings are separate.</td>
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<td>Meetings Local Time 06:00 pm America/Los_Angeles</td>
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| Sunday 06:00 PM | The Solutions Group (CA1030) - 1550 Diablo Road, Danville California, 94526 Saint Timothy's Episcopal Church, 1550 Diablo Rd., Danville, CA. Youth Center from 6 p.m. to 7:30 p.m. PST Meeting ID: 829 429 127 Passcode: 121111  
**Format:** Discussion - Fellowship Text (BRB) - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking, Beginners welcome. Read from Adult Children of Alcoholics - Red Book as well as Speaker Meetings | Discussion                                   | 06:00 pm America/Los_Angeles                |
| Sunday 06:00 PM | Identity 2 (TEL0341) - -- Telephone 712-432-3900  
Access code 411175#.  
The Identity Papers  
Chapter 6, 10 and Appendix A  
Thursday`s meeting uses literature from the ACA Schematic and moderator choice  
**Format:** Discussion                                                                                                                                                                                                                                                                                    | Discussion                                   | 09:00 pm America/New_York            |
| Sunday 06:00 PM | Process of Recovery SoCal 2 (WEB0207) - Join us in a welcoming virtual space on Zoom ID 885 7855 2639 and passcode 296471. Our meeting takes place every day, 7 days a week at 6pm Pacific / 9pm Eastern for 100 minutes. We provide a non-judgmental atmosphere for a feelings check-in, readings from the Big Red Book (BRB), a meditation or non-dominant handwriting session, breakout room shares, recognition of participant milestones in ACA, and a fun celebration of The Promises. We also offer an extended parking lot after the meeting, time for newcomer questions, post meeting shares and fellowship. For everyone's safety, participants will need to be logged into a registered Zoom account prior to entering the meeting. Zoom bombers will be swiftly removed and reported. This meeting has been in existence since 6/14/20.  
**Format:** Discussion - Fellowship Text (BRB)  
**Meetings Local Time:** 06:00 pm America/Los_Angeles                           | Discussion                                   | 06:00 pm America/Los_Angeles                |
| Sunday 06:00 PM | ACA Carbondale (WEB0255) - Meetings on Zoom. For link or dial-in phone number, please email acabonedale@gmail.com or send a text to 970-379-3356.  
**Format:** Discussion - Steps Will remain on Zoom permanently.  
**Meetings Local Time:** 07:00 pm America/Denver                                          | Discussion                                   | 06:00 pm America/Denver                   |
| Sunday 06:00 PM | Laundry Lists (WEB0287) - http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/ for up to date zoom information  
**Format:** Discussion  
**Meetings Local Time:** 06:00 pm America/Los_Angeles                                       | Discussion                                   | 06:00 pm America/Los_Angeles                |
| Sunday 06:00 PM | FRACA Front Range ACA (WEB0829) - We welcome everyone in helping to create a safe community where Fellow Travelers can find support and share their experiences. Our online one-hour meeting grew out of the Serenity, Courage and Wisdom ACA (Boulder, Colorado). In most meetings, we read from ACA literature (links provided in the chat), or a topic chosen by the (rotating) chair. Then the meeting is open for everyone to share. Join us on ZOOM via the links below. If you have trouble and need to reach us, please contact FrontRangeACA@gmail.com. Zoom ID: 412 006 6197 PW: 478022 For phone call-in: Dial by your location +1 669 900 6833 US (San Jose) +1 346 248 7799 US (Houston) Find your local number: https://us02web.zoom.us/u/kcvYJNwWHy  
**Format:** Discussion  
**Meetings Local Time:** 07:00 pm America/Denver                                                  | Discussion                                   | 07:00 pm America/Denver                   |
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<tr>
<td>Sunday 06:00 PM</td>
<td>ACA Fellow Travelers (OR0158) - 5441 SE Belmont St, Portland Oregon, 97215</td>
<td>Turn left upon entering the Tabor Space main entrance and go to the end of the hall. Then turn right and go to the Art Space Room - the last door on the left.</td>
<td>Discussion - Fellowship Text (BRB)</td>
<td>Wheelchair Access - Wheelchair Access, Meetings Local Time 06:00 pm America/Los_Angeles</td>
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<td>Sunday 06:00 PM</td>
<td>Living in the solution - Socal3 (WEB1047) - Zoom ID: 871 3722 7107 To receive the Zoom passcode please email <a href="mailto:soccal3welcome@gmail.com">soccal3welcome@gmail.com</a>. This meeting meets every day - 7 days a week at 6pm pacific/9pm eastern. Our meeting includes a feelings check-in, reading from the BRB/LPG, meditation time and breakout room shares. Socal 3 provides a safe place to share your adult and childhood experiences. Newcomers are encouraged to join us, and we make time for newcomer questions at the end of each meeting. On Fridays, we read from ACA’s Loving Parent Guidebook (LPG).</td>
<td>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook</td>
<td>Meetings Local Time 06:00 pm America/Los_Angeles</td>
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<td>Sunday 06:00 PM</td>
<td>Strengthening My Recovery (CA1569) - 7401 Millport Dr, Roseville California, 95678</td>
<td>Format: Strengthening My Recovery</td>
<td>Meetings Local Time 06:00 pm America/Los_Angeles</td>
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<td>Sunday 06:30 PM</td>
<td>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</td>
<td>Format: Discussion</td>
<td>Meetings Local Time 09:30 pm America/New_York</td>
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<td>Sunday 06:30 PM</td>
<td>Loving Parent Guidebook Study Meeting (AZ0173) - 5360 E Pima St, Tucson Arizona, 85712 Streams in the Desert Church</td>
<td>Format: Loving Parent Guidebook</td>
<td>Focus: Beginners</td>
<td>Meetings Local Time 06:30 pm America/Phoenix</td>
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<td>Sunday 06:30 PM</td>
<td>ACA Religious Abuse Survivors (WEB0933) - Passcode 232933 -- if you are asked for it. Contact <a href="mailto:acareligiousabusesurvivors@gmail.com">acareligiousabusesurvivors@gmail.com</a> if there are any issues.</td>
<td>Format: Loving Parent Guidebook - Steps</td>
<td>Focus: Secular/Agnostic/Atheist</td>
<td>Needs Support - Needs Support, Please use the virtual meeting link to get to all of our meetings. You can also see a full list of ACA RAS meetings at ACA-ie-Intergroup.org Sat: Feeling our Feelings; Sun: Loving Parent Guided Meditation; M: Loving Parent Guidebook, secularized; T: Recovery from the Shame and Blame of Sexual Repression; W: Recovery from Religious Narcissistic Abuse; TH: Emotional Sobriety and Recovery From the Religious Drama Triangle; F: Recovery from Post Traumatic Embitterment. One tap mobile +16694449171,,85780909607#,,*232933# US +13462487799,,85780909607#,,*232933# US (Houston) Dial by your location +1 669 444 9171 US +1 346 248 7799 US (Houston) +1 720 707 2699 US (Denver) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) If locked out, contact <a href="mailto:jilladee@gmail.com">jilladee@gmail.com</a></td>
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| Sunday 06:45 PM | (TEL0528) -                                    |                                                   | **Format:** Discussion  
**Focus:** Men-Only Anyone who identifies as male  
Meetings Local Time 09:45 pm America/New_York                                                                                                                                                                                                                     |
| Sunday 06:55 PM | Sydney Lunchtime Club Daily Affirmations (WEB0310) - Lunchtime Club Daily Affirmations Mondays to Fridays at 12:00 pm (noon) Sydney Aust time zone  
Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time)  
https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09 Meeting ID 418 125 471 Password 028589 Please visit our meeting website acalunchtime.com for great speaker recordings and other ACA recovery tools. Hope to see you soon | Sydney Lunchtime Club Daily Affirmations Mondays to Fridays at 12:00 pm (noon) Sydney Aust time zone  
Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time)  
https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09 Meeting ID 418 125 471 Password 028589 Please visit our meeting website acalunchtime.com for great speaker recordings and other ACA recovery tools. Hope to see you soon | **Format:** Discussion  
**Notes:** Non Smoking  
**Meeting:** 12:00 pm Sydney Lunchtime Club Daily Affirmations  
**Meeting:** Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time)  
https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09 Meeting ID 418 125 471 Password 028589 Please visit our meeting website acalunchtime.com for great speaker recordings and other ACA recovery tools. Hope to see you soon |
| Sunday 07:00 PM | Any Dysfunctional Family (CA1111) - 73 N. Hill Avenue, Pasadena California, 91106  
Candlelight In-person meetings at Hill Avenue Grace Church in Pasadena. 73 N. Hill St, Pasadena, CA 91106. Enter parking lot from Hill St. (first driveway from Union.)  
Meeting parking and entrance is past the restaurant parking area. Enter gate and then go to the door by outdoor playground area. LOOK for ACA meeting signs. | Any Dysfunctional Family (CA1111) - 73 N. Hill Avenue, Pasadena California, 91106  
Candlelight In-person meetings at Hill Avenue Grace Church in Pasadena. 73 N. Hill St, Pasadena, CA 91106. Enter parking lot from Hill St. (first driveway from Union.)  
Meeting parking and entrance is past the restaurant parking area. Enter gate and then go to the door by outdoor playground area. LOOK for ACA meeting signs. | **Format:** Book Study - Discussion - Fellowship Text  
**Notes:** Non Smoking - Candlelight  
**Meeting:** Any Dysfunctional Family (CA1111) - 73 N. Hill Avenue, Pasadena California, 91106  
Candlelight In-person meetings at Hill Avenue Grace Church in Pasadena. 73 N. Hill St, Pasadena, CA 91106. Enter parking lot from Hill St. (first driveway from Union.)  
Meeting parking and entrance is past the restaurant parking area. Enter gate and then go to the door by outdoor playground area. LOOK for ACA meeting signs. |
| Sunday 07:00 PM | Becoming Your Own Loving Parent (TEL272) - 712 432 8808 Access Code 247365# - (Press star 1 to un-mute, press star 1 again to mute yourself) - This group meets daily. Topics are Sunday (Ch. 15 BRB), Monday (Tony A), Tuesday (Laundry List), Wednesday (Beginners), Thursday (Ch. 8 BRB), Friday and Saturday are Moderator's Choice. - There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction. | Becoming Your Own Loving Parent (TEL272) - 712 432 8808 Access Code 247365# - (Press star 1 to un-mute, press star 1 again to mute yourself) - This group meets daily. Topics are Sunday (Ch. 15 BRB), Monday (Tony A), Tuesday (Laundry List), Wednesday (Beginners), Thursday (Ch. 8 BRB), Friday and Saturday are Moderator's Choice. - There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction. | **Format:** Discussion  
**Notes:** Needs Support  
**Meeting:** Becoming Your Own Loving Parent (TEL272) - 712 432 8808 Access Code 247365# - (Press star 1 to un-mute, press star 1 again to mute yourself) - This group meets daily. Topics are Sunday (Ch. 15 BRB), Monday (Tony A), Tuesday (Laundry List), Wednesday (Beginners), Thursday (Ch. 8 BRB), Friday and Saturday are Moderator's Choice. - There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction. |
| Sunday 07:00 PM | Sunday Serenity (CA1407) - AV Hospital 1600 W Ave J, Lancaster California, 93534  
The Sunday Serenity is not meeting in person at the hospital for the time being. We have changed this meeting to a Zoom phone meeting. The Zoom ID # is: 88049809802  
**Format:** Discussion  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, A small meeting with lots of recovery.  
Meetings Local Time 07:00 pm America/Los_Angeles | Sunday Serenity (CA1407) - AV Hospital 1600 W Ave J, Lancaster California, 93534  
The Sunday Serenity is not meeting in person at the hospital for the time being. We have changed this meeting to a Zoom phone meeting. The Zoom ID # is: 88049809802  
**Format:** Discussion  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, A small meeting with lots of recovery.  
Meetings Local Time 07:00 pm America/Los_Angeles | **Format:** Discussion  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, A small meeting with lots of recovery.  
Meetings Local Time 07:00 pm America/Los_Angeles |
| Sunday 07:00 PM | Adult Children's Zoom Meeting (temp Closed) (WEB0459) - This meeting is closing for a couple months. Topic: Adult Children's Zoom Meeting Time: This is a recurring meeting Meet anytime  
**Format:** Book Study - Discussion | Adult Children's Zoom Meeting (temp Closed) (WEB0459) - This meeting is closing for a couple months. Topic: Adult Children's Zoom Meeting Time: This is a recurring meeting Meet anytime  
**Format:** Book Study - Discussion | **Format:** Book Study - Discussion |
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| **Sunday 07:00 PM** | Safe Spaces for Asians, Asian Americans, Pacific Islanders, and South Asians (WEB0761) - Sunday, 7:00 PM to 8:15 PM Pacific  
Zoom ID: 947 5535 9483 | Passcode: 693326  
Self-identified Asians, Asian Americans, Pacific Islanders, and South Asians welcome!  
**Format:** Discussion  
**Focus:** Beginners - BIPOC Safe Spaces for AAAPISAs in ACA. We read the daily ACA meditation from Strengthening My Recovery, and share our experience, strength and hope with others who know how you feel.  
Meetings Local Time 07:00 pm America/Los_Angeles |
| **Sunday 07:00 PM** | Fellow Travelers (OR0154) - 700 Marion St NE, Salem Oregon, 97301 Red Book Study  
**Format:** Book Study - Discussion  
Meetings Local Time 07:00 pm America/Los_Angeles |
| **Sunday 07:00 PM** | ACA Mens (CA1532) - 518 12th Street, Marysville California, 95901  
**Format:** Book Study - Discussion - Fellowship Text  
**Focus:** Men-Only  
**Notes:** Wheelchair Access - Wheelchair Access,  
Meetings Local Time 07:00 pm America/Los_Angeles |
| **Sunday 07:00 PM** | (CO0118) - 5455 W 38th Ave., Denver Colorado, 80212 Alano Club  
**Format:** Book Study - Discussion - Fellowship Text  
Meetings Local Time 08:00 pm America/Denver |
| **Sunday 07:00 PM** | Red Book Meeting (CA1563) - 519 Hartnell St., Monterey California, 93940 This ACA meeting is held inside the AA Fellowship Hall that faces the Trader Joes Parking lot near downtown Monterey, CA.  
**Format:** Discussion - Fellowship Text (BRB)  
**Notes:** Fragrance Free - Non Smoking - Wheelchair Access - Fragrance Free, Non Smoking, Wheelchair Access, This ACA group reads from the ACA Red Book for 15-20 minutes and then each person has an opportunity to talk for 3-5 minutes with no crosstalk.  
Meetings Local Time 07:00 pm America/Los_Angeles |
| **Sunday 07:00 PM** | Red Book Reading North Park (CA1564) - 3201 Thorn St, San Diego California, 92104  
Meetings Local Time 07:00 pm America/Los_Angeles |
| **Sunday 07:30 PM** | Pacifica Sunday Night Adult Children (CA1123) - 104 Hilton Way, Pacifica California, 94044 **Pacifica Sunday Night Adult Children** **Sharp Park Library**  
(no longer online as of May 1, 2022)  
**Format:** Book Study - Discussion - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 07:30 pm America/Los_Angeles |
| **Sunday 08:00 PM** | (CA1486) - 9346 Greenback Ln, Orangevale California, 95662 Located in the Alano Club, Suite 10. All are welcome  
**Format:** Fellowship Text (BRB)  
Meetings Local Time 08:00 pm America/Los_Angeles |
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| Sunday 08:00 PM | (HI0041) - 4383 Rice Street, Lihue Hawaii, 96766 Lihue Missionary Church- green building across from the historic County Building and in between Texaco and Rainbeau Jo's | **Format:** Discussion - Fellowship Text (BRB) - Steps  
**Focus:** Beginners  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 05:00 pm Pacific/Honolulu |
| Sunday 08:00 PM | Agnostics R' us (WEB1139) -  
**Focus:** Secular/Agnostic/Atheist We use Jitsi meeting to host our meetings which is a free open source video conference service To join our Jitsi meeting please copy URL into browser: https://rb.gy/wkwfr  
how to join a jitsi meeting: https://youtu.be/kNc7x5aJAMg?si=86IgOIm_ylhru97Dd camera optional meeting If the microphone or camera doesn't work please try opening link in Firefox browser.  
Agnostics R' us is open to everyone in ACA. If you identify atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group could be for you. There is one requirement for ACA membership: the desire to recover from the effects of family dysfunction. We are not bitter atheists or against a Higher Power. We believe in personal accountability and that ACA recovery from dysfunction can be successful with or without “god.” We acknowledge that a Judeo/Christian or any other Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps in ACA, we invite you to join us . Sundays we have a book study contact name: francisco  
email contact: computersaturn8@proton.me we meet every day at 9pm mountain time  
Meetings Local Time 09:00 pm America/Denver |
| Sunday 09:00 PM | Early Risers Fellow World Travelers, Europe - Monday Meeting (WEB0095) - Zoom ID's: Monday: 828 6614 9258 Tuesday: 840 9937 2668 Wednesday: 824 1755 4426 Thursday: 832 0464 8580 Friday: 873 1777 2221 Saturday: 815 1866 3991 Sunday: 851 1575 1109 Password for every meeting is the same: 711 Audio only, no video.  
English Speaking. Reparenting can help us be in the solution of becoming our own loving parent. This is an important step for us as we develop our own identity that is different than our dysfunctional family role. With The Solution, we are on our own, but we are not alone as we were when we were children. We have our ACA group, the fellowship, and a Higher Power to rely upon. With help and support, we learn what it means to be a Loving Parent to ourselves.  
**Format:** Discussion  
**Focus:** Beginners  
https://acafellowworldtravelers.com  
Meetings Local Time 06:00 am Europe/Amsterdam |
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<th>Time</th>
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<tr>
<td>Sunday 09:30 PM</td>
<td>Nurture the Inner Child (FRA0018) - NO MEETING ON MONDAY SEPTEMBER 25th (there is nobody to do service at this time; any fellow willing to do service may contact the meeting contact email address). Zoom Meeting ID : 856 7167 3243 Password : 628679</td>
<td>Loving Parent Guidebook</td>
<td>This one-hour-long meeting is for ACA fellow travelers who have already started reparenting work and who wish to reconnect or deepen the connection with their Inner Child. There is an Inner Child reading and a guided meditation from the Loving Parent WB at every meeting in order to help facilitate this recovery work. We attach particular importance to safety guidelines and the traditions as our inner children need group safety. The number of participants is limited to 10 in order to ensure safety. We ask all fellows wishing to attend to show up on time: 6:30am CET on Monday (9:30pm Sunday night Pacific time). Meetings Local Time 06:30 am Europe/Berlin</td>
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<tr>
<td>Sunday 10:15 PM</td>
<td>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: <a href="mailto:przystan.na.mazurach@gmail.com">przystan.na.mazurach@gmail.com</a></td>
<td>Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps</td>
<td>Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 am Europe/Berlin</td>
</tr>
<tr>
<td>Monday 12:00 AM</td>
<td>NZ Studies Bill of Rights (WEB0839) -</td>
<td>Discussion</td>
<td>This is a literature based study. Meeting id is 2020434320. The password is Ucandoit. Starts at 8pm NZDT time please check your local area for the time changes. Audio only. Meetings Local Time 08:00 pm Pacific/Auckland</td>
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<tr>
<td>Monday 01:00 AM</td>
<td>(WEB0076) (Español) - Look for our meetings in <a href="http://WWW.ACASPAIN.ORG">WWW.ACASPAIN.ORG</a> or contact <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en <a href="http://WWW.ACASPAIN.ORG">WWW.ACASPAIN.ORG</a> o contacta el usuario: <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> en skype, pidiendo participar en nuestras reuniones o ser miembro.</td>
<td>Book Study</td>
<td>Meetings Local Time 10:00 am Europe/Madrid</td>
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<tr>
<td>Monday 01:15 AM</td>
<td>ACA Work and Money (WEB1009) - Meeting ID: 9132 6078 635 Passcode: Steps</td>
<td>Book Study</td>
<td>We meet to share the experiences we had as children growing up in an alcoholic or dysfunctional home. That experience infected us then, and it affects us today, including in the workplace. In this meeting we read “The Workplace Check List” and pick a different reading each week from the BRB or Strengthening my recovery about Workplace or Money. Meetings Local Time 06:15 pm Australia/Sydney Virtual Meeting Link</td>
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<tr>
<td>Monday 01:30 AM</td>
<td>(IDN0001) - Jalan Umalas #1a, Kerobokan, Bali Bali, 80361 This is above Bali Land Office Real Estate Agency. On the corner of the main road of Jalan Raya Kerobokan and Jalan Umalas. Please use the side entrance with the metal staircase directly to the 2nd floor.</td>
<td>Discussion</td>
<td>The meeting is 75 minutes and we have literature available for sale at cost. Meetings Local Time 04:30 pm Asia/Shanghai</td>
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<td>Time</td>
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<td>Monday 02:00 AM</td>
<td>Red Book Topic Meeting (AUS057) - Corner South Rd and, Ashwin Parade, Adelaide South Australia, 5032 Thebarton Community Centre</td>
<td>Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Australia/Adelaide</td>
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<tr>
<td>Monday 02:00 AM</td>
<td>Sydney Open Literature Study Group (WEB0446) - Sydney Open Literature Study Group; Monday 7:00pm - 8.30pm (Sydney Australia Time); Meeting with video on and locked at start time; Sharing on The Loving Parent Guidebook (starting 24Oct22); <a href="https://zoom.us/j/89593834670--">https://zoom.us/j/89593834670--</a> Meeting ID 895 9383 4670 Password SOSSG</td>
<td>Format: Loving Parent Guidebook Meetings Local Time 07:00 pm Australia/Sydney</td>
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<tr>
<td>Monday 02:00 AM</td>
<td>Self expectancy (Prinyatie sebya) (RUS0067) - 78”V” Alexandra Nevskogo street, Kaliningrad Kaliningrad, In the territory of Catholic Church. Two floor building behind on the right of Catholic church (main building), 1 floor, room 8. Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 1. Every third Saturday we have separated Man-only and Woman-only groups. On fourth Saturday we have speakers (upon request). On Mondays we read Red Book and share. On Thursday we read Adult child’s Diary + short media ration and sharing. Meetings Local Time 11:00 am Europe/Kaliningrad</td>
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<tr>
<td>Monday 02:15 AM</td>
<td>Loving Parent (AUS0074) - 65 Willoughby Rd, Crows Nest , 2065 Northside Baptist Centre</td>
<td>Format: Book Study Meetings Local Time 07:15 pm Australia/Sydney</td>
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<td>Monday 02:45 AM</td>
<td>Worthy of Unconditional Love &amp; Respect (TEL0515) - The meeting is 7 days a week, 365 days a year!</td>
<td>Format: Book Study - Fellowship Text - Speaker Focus: Beginners - Women Only Meetings Local Time 05:45 am America/New_York</td>
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<td>Monday 02:45 AM</td>
<td>Become Your Own Loving Parent (TEL046) - Meeting Time Is Eastern Time....712-432-3900; conference code 247125#</td>
<td>Format: Discussion - Fellowship Text - Speaker Speaker for 15 minutes the last Sunday of the month Meetings Local Time 05:45 am America/New_York</td>
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<td>Monday 03:00 AM</td>
<td>Monday 12pmCET Self-Love Group (WEB0167) - 12 pm Central European Time 11 am UK Time/BST/London Zoom Id: 879-3057-1435 Password 711 English speaking meeting Cameras optional Self Love focused meeting: Read from Big Red Book Chapter 15: 'Beyond Survival: Practising Self Love' followed by sharing.</td>
<td>Format: Discussion Meetings Local Time 12:00 pm Europe/Copenhagen</td>
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<tr>
<td>Monday 03:00 AM</td>
<td>meet12aca (TEL0425) (German / deutsch) - This is a telephone and online meeting in German. We meet at 12pm - noon Europe Central time.. Das ist ein Telefon- und online-Meeting in deutsch. Wir treffen uns um 12 Uhr mittags. Die Einwahl/Dial-in number (DE): 0221-98258760 Access code: 814478# International dial-in numbers: <a href="https://fccdl.in///meet12aca">https://fccdl.in///meet12aca</a> Online meeting ID: meet12aca Join the online meeting: <a href="https://join.freeconferencecall.com/meet12aca">https://join.freeconferencecall.com/meet12aca</a> Das Meeting ist offen für alle Interessierten email: <a href="mailto:meet12aca@protonmail.com">meet12aca@protonmail.com</a></td>
<td>Format: Discussion It s at noon 12o'clock CET (6am ET).We read the daily mediatation before sharing. Meetings Local Time 12:00 pm Europe/Berlin</td>
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| Monday 03:30 AM | Loving Parent Workshop (PA0144) - These meetings are currently only on the phone. 917-900-1022 Passcode: 55310#. At some point, we may start face to face meetings. If that happens, we will meet in the choir room at the Holy Cross Lutheran Church, Nazareth PA. Go to the back of the church and knock on the door at the far left of the building, the side along Johnson Road. Meets Monday, Thursday and Saturday. **Format:** Loving Parent Guidebook - Workshop Non Smoking  
Meetings Local Time 06:30 am America/New_York |
| Monday 04:00 AM | ACA AM Meeting (RI0014) - 201 Pittman Street, Providence Rhode Island, 02906  
Freedom Hall  
**Format:** Discussion - Speaker - Steps  
**Focus:** Beginners - Young Adult (Ages 18 to 26)  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 07:00 am America/New_York |
| Monday 04:00 AM | Laundry List 4 X 4 (TEL008) - 667-770-1523 Pin 871076# - Telephone Dial in Meeting  
**Format:** Discussion  
Meetings Local Time 07:00 am America/New_York |
| Monday 04:00 AM | ACA Inner Peace Room Groep (WEB0575) (Nederlands) - This is a Pop-up Skype meeting. All ACA members who are members from this Skype channel can start a meeting on this channel twice a day at 13:00 P.M. and 19:00 P.M. EXCEPTION: there is no meeting on Tuesdays at 19:00 P.M.  
**Format:** Book Study - Fellowship Text  
To become a member of the Inner Peace Group meeting, newcomers need to contact (register) aca.innerpeace@outlook.com  
Meetings Local Time 01:00 pm Europe/Amsterdam |
| Monday 04:00 AM | Seeking Emotional Integrity - We Agnostics secular meeting (WEB0609) - We meet to explore and discuss the Identity Papers. These documents include the foundational language, focus, and method of recovery that sets ACA apart from similar Twelve Step fellowships. The Identity Papers are printed in the BRB on pp. 81-90 and pp. 353-363 or available in booklet form from shop.adultchildren.org  
Join us on ZOOM: https://us02web.zoom.us/j/81437276969  
Meeting ID: 814 3727 6969 Passcode: 247365  
**Format:** Discussion  
**Focus:** Secular/Agnostic/Atheist  
Meetings Local Time 07:00 am America/New_York |
| Monday 04:00 AM | ACA Loving Parent Guidebook International (WEB0654) - Every Monday: 11:00 GMT | 7:00am EST | 12:00pm UK | 13:00 S Africa | 16:30 India ST | 20:00 Japan ST | 21:00 AEDT Meeting lasts 75 mins.  
Meeting ID: 884 6408 4879 | Passcode: LPG4u  
**Format:** Book Study - Discussion - Loving Parent Guidebook  
ACA Loving Parent Guidebook International  
With help from the Loving Parent Guidebook and our ACA support group we’re learning to parent ourselves with gentleness, humor, love and respect. Beginners Welcome! Guidebook will be shared on screen via Kindle. English transcript enabled through Zoom.  
Meetings Local Time 07:00 am America/New_York |
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<td>Monday 04:00 AM</td>
<td>RI Area Morning (WEB1002) - Meeting ID: 494757467 Email <a href="mailto:riareaaca@gmail.com">riareaaca@gmail.com</a> for the password (please allow for a delayed response) More RI Area Meeting info can be found at: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> This meeting meets: Daily at 7am. Eastern time; We read Strengthening My Recovery and BRB, after we share, we read something from The Inner Loving Parent Guidebook Link to book: <a href="https://shop.adultchildren.org/products/loving-parent-guidebook">https://shop.adultchildren.org/products/loving-parent-guidebook</a></td>
<td>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery Meetings Local Time 07:00 am America/New_York Virtual Meeting Link</td>
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<td>Monday 04:00 AM</td>
<td>Strengthening My Recovery FKA: RI Area Morning (WEB0793) (English, US) - Meeting ID: 818 8099 0843 Passcode: 123123</td>
<td>Format: Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery This meeting meets: -Monday thru Thursday at 7am. Eastern time; -Saturday at 8am. Eastern time; -Sunday at 8:30am. Eastern time. We read Strengthening My Recovery and BRB -Fridays at 7am Eastern time - we read The Inner Loving Parent Guidebook Link to book -Business Meetings are on the 15th of every month after the regular meeting. Meetings Local Time 07:30 am America/New_York</td>
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<td>Monday 04:30 AM</td>
<td>Bright and Early (KY0027) - Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park.</td>
<td>Format: Discussion Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 07:30 am America/New_York</td>
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<td>Monday 04:30 AM</td>
<td>ACA Singapore Monday Group (SGP0001) - 11 Jalan Ubi, Block 5, #01-41, Singapore Singapore, 409074 We Care Community Service (Courage Room)</td>
<td>Format: Fellowship Text (BRB) Hybrid with Zoom: Meeting ID: 826 8610 1555 Passcode: 948709 Meetings Local Time 07:30 pm Asia/Singapore</td>
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<td>Monday 04:30 AM</td>
<td>Start Your Day ACA (NY0269) - 120 w 69th street, New York New York, 10023 PLEASE NOTE: Meeting location has changed to Christ &amp; St Stephen’s Church on west 69th between Columbus and Broadway inside the chapel.</td>
<td>Format: Strengthening My Recovery Focus: Beginners Notes: Needs Support - Needs Support, Meetings Local Time 07:30 am America/New_York</td>
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<td>Monday 04:30 AM</td>
<td>LOVING PARENT GUIDEBOOK (ACA LPG) WEEKLY MONDAY READING GROUP (WEB1162) - SIGN UP REQUIRED to receive Zoom link: <a href="https://mailchi.mp/466abe046f4b/lpgreadinggrouplovingparentorg">https://mailchi.mp/466abe046f4b/lpgreadinggrouplovingparentorg</a></td>
<td>Format: Loving Parent Guidebook COME READ WITH US EVERY MONDAY! The ACA Loving Parent Guidebook weekly reading group is a group that has been established for members to collectively read and discuss the ACA Loving Parent Guidebook on a weekly basis. Meetings Local Time 12:30 pm Europe/London Virtual Meeting Link</td>
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<td>Monday 04:30 AM</td>
<td>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]</td>
<td>Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET</td>
<td>Dial in: +1 646 558 8656 US (New York)</td>
<td>Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a></td>
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<td>Format: Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 am America/New_York</td>
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<td>Monday 05:00 AM</td>
<td>ACA in Bonita Springs (FL0228) - This meeting is now via this Zoom link:<a href="https://us02web.zoom.us/j/97593632861">https://us02web.zoom.us/j/97593632861</a></td>
<td>Format: Discussion - Fellowship Text</td>
<td>Meetings Local Time 08:00 am America/New_York</td>
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<td>Monday 05:00 AM</td>
<td>ACAs, Food Addiction, and Emotions (TEL0395) - 605-313-4822, 589425# After a brief reading about relating to our emotions and our relationship with food, we journal in silence about our current emotions for 10 minutes. We share afterward. Remain muted until journal silence ends around 8:25. *6 to mute and unmute. We meet 7 days a week.</td>
<td>Format: Discussion - Workshop</td>
<td>Meetings Local Time 08:00 am America/New_York</td>
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<td>Monday 05:00 AM</td>
<td>(GBR0035) - 123 Charing Cross Road, London London, WC2H 0EW The first meeting of the month will be a speaker meeting with the speaker sharing their experience, strength and hope. Speaker meetings will be 75 minutes as opposed to the usual 60 minutes to allow enough time for sharing.</td>
<td>Meetings Local Time 01:00 pm Europe/London</td>
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<td>Monday 05:00 AM</td>
<td>ACA Mi verdadero ser (WEB0931) (Español) - Online meeting held in Spanish/Español 5 days of the week. Please contact us for access at <a href="mailto:acamieverdaderoser@gmail.com">acamieverdaderoser@gmail.com</a></td>
<td>Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Strengthening My Recovery</td>
<td>Meetings Local Time 07:00 am America/Cancun</td>
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<tr>
<td>Monday 05:00 AM</td>
<td>Sanando Mi Niño Interior (WEB1110) (Español) - Libro Rojo Criando mi niño Interior Padrinazgo Fortaleciendo mi recuperación Una nueva Esperanza Lectura, escritura y compartir Reuniones en línea vía meet Bienvenidos todos! Trabajamos Libro Rojo, Libro Criando Mi Niño Interior Padrinazgo Fortalecimiento mi Recuperacion Una Nueva Esperanza</td>
<td>Meetings Local Time 06:00 am America/Mexico_City</td>
<td>Virtual Meeting Link</td>
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<td>Monday 05:00 AM</td>
<td>Early Risers (TN0102) - This is a zoom meeting. Please contact the group at <a href="mailto:earlyrisersac@gmail.com">earlyrisersac@gmail.com</a> for the zoom room number. This is the link for the meeting format <a href="https://docs.google.com/document/d/1gJA0YZbPWVBlkM1jhvEgISfonYa8y7ix/edit?usp=sharing">https://docs.google.com/document/d/1gJA0YZbPWVBlkM1jhvEgISfonYa8y7ix/edit?usp=sharing</a>. Thank you! Notes: Non Smoking - Non Smoking, Monday - Daily Reader, Strengthening My Recovery Wednesday - Step Study BRB Friday - Book Study BRB Meeting Format for Chairperson <a href="https://docs.google.com/document/d/1H4YjGN8pc1aOJoHBlfQOKZMsFNhB0eE4">https://docs.google.com/document/d/1H4YjGN8pc1aOJoHBlfQOKZMsFNhB0eE4</a> Meetings Local Time 07:00 am America/Chicago</td>
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<tr>
<td>Monday 05:15 AM</td>
<td>4 x 4 Traits meeting (RI0029) - 201 Pitman Street, Providence Rhode Island, 02906 Format: Discussion We work with The Laundry List workbook Meetings Local Time 08:15 am America/New_York</td>
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<tr>
<td>Monday 05:15 AM</td>
<td>ACA Schematic &amp; Appendix A (TEL169) - Phone 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu We meet 4 days a week: Sat, Sun, Mon, &amp; Tues. (English) Focus: Appendix A in the BRB, ACA Schematic pages 6 &amp; 7. Meetings Local Time 08:15 AM America/New York Format: Discussion Meetings Local Time 08:15 am America/New_York</td>
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<td>Monday 05:30 AM</td>
<td>(WEB0926) (??) - ????????? <a href="https://meeting.tencent.com/">https://meeting.tencent.com/</a> @??? ???8:30? ACA????????455 965 5149 ????? Format: Book Study Meetings Local Time 08:30 pm Asia/Hong_Kong Virtual Meeting Link</td>
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<tr>
<td>Monday 05:30 AM</td>
<td>Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl, plus Trusted Servants. We ask the participants not log in before 8:15am EST. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. This meeting has a capacity of 25 members. Meetings Local Time 08:30 am America/New_York</td>
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| Monday 06:00 AM | Patras ACA 2 (GRC0004) - 30 Plateia Georgiou (Square), Patras Ahaia, 26222 1st floor (Inside the stait). Due to Covid-19, this meeting currently held on Skype: Send request to "???? ????
Skype contact. Format: Fellowship Text - Book Study - Steps - Speaker - Workshop Meetings Local Time 04:00 pm Europe/Athens |
<p>| Monday 06:00 AM | ACASerenitySisters (WEB0638) - Please Email <a href="mailto:Serenitysistersgoddesses@gmail.com">Serenitysistersgoddesses@gmail.com</a> for password and zoom id. We meet 5 days a week. Or text Helen 830 401 9428. We have camera check at the beginning of the meeting and then your camera can be turned off. Format: Strengthening My Recovery Focus: Women Only Meetings Local Time 08:00 am America/Chicago |
| Monday 06:00 AM | Adult Child in Recovery (TEL0402) - Focus on Chapter 7, the 12 steps of ACA from Big Red Book Call 712 432 8808 Access Code 324515# - (Press *1 to un-mute and speak, press *1 again after speaking to mute) - This group meets daily, all 7 days, from 9 - 10:15. Format: Discussion - Steps Meetings Local Time 09:00 am America/New_York |</p>
<table>
<thead>
<tr>
<th>Time</th>
<th>Meeting Name</th>
<th>Location/Address</th>
<th>Format</th>
<th>Focus</th>
<th>Meeting Details</th>
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<tbody>
<tr>
<td>Monday 06:30 AM</td>
<td>Mens Big Red Book Study Group (AZ0125)</td>
<td>The New Church of Phoenix, South East corner of Shea and 56th St.</td>
<td>Discussion</td>
<td>Men-Only</td>
<td>Meeting is currently only meeting on Zoom Meeting ID: 412 209 464 Passcode 194999</td>
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<td>The New Church of Phoenix South East corner of Shea and 56th St.</td>
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<tr>
<td>Monday 06:30 AM</td>
<td>Lost and Found (FL0356)</td>
<td>1339 Neely Drive, Leesburg Florida, 34748</td>
<td>Discussion - Steps</td>
<td>Men-Only</td>
<td>Lost and Found (FL0356) - 1339 Neely Drive, Leesburg Florida, 34748</td>
</tr>
<tr>
<td>Monday 07:00 AM</td>
<td>ACA Daily Affirmations (WEB0394)</td>
<td>We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a></td>
<td>Book Study</td>
<td></td>
<td>ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a></td>
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<tr>
<td>Monday 07:00 AM</td>
<td>Talk. Feel. Trust. (TEL0520)</td>
<td>Loving Parent meeting with a focus on safety and protecting the inner child. Readings are from ACA literature and traditions, relating to safety in meetings. Meeting is in Hebrew language.</td>
<td>Discussion</td>
<td>Men-Only</td>
<td>Talk. Feel. Trust. (TEL0520) - Loving Parent meeting with a focus on safety and protecting the inner child. Readings are from ACA literature and traditions, relating to safety in meetings. Meeting is in Hebrew language.</td>
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<tr>
<td>Monday 07:00 AM</td>
<td>Sthlm steg (SWE013)</td>
<td>St. Paulsgatan 39D, Hartwickska huset, ingang gaarden, Stockholm Stockholm, N/A</td>
<td>Discussion</td>
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<td>Sthlm steg (SWE013) - St. Paulsgatan 39D, Hartwickska huset, ingang gaarden, Stockholm Stockholm, N/A</td>
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<td>Monday 07:30 AM</td>
<td>Strength and Hope (ID0049)</td>
<td>Currently meeting on Zoom</td>
<td>Discussion Non Smoking</td>
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<td>Strength and Hope (ID0049) - Currently meeting on Zoom</td>
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<tr>
<td>Monday 07:30 AM</td>
<td>Adult Children (ISR0009)</td>
<td>Balfur 8 St., Jerusalem Jerusalem, 00000000</td>
<td>Discussion - Steps</td>
<td>Hebrew</td>
<td>Adult Children (ISR0009) (Hebrew) - Balfur 8 St., Jerusalem Jerusalem, 00000000</td>
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<td>Time</td>
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<td>Monday 07:30 AM</td>
<td>Adult Children of Alcoholics &amp; Dysfunctional Families` (ISR0008) - Israel ENGLISH speaking ACA Big Red Book and Literature meeting with open sharing. ALL are welcome !! ZOOM INFO - NO PASSWORD Topic: TLV Monday Meeting JoinZoom Meeting <a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a> Meeting ID: 986 028 0941 Onetap mobile +13017158592,.9860280941# US (Washington DC) +13126266799,.9860280941# US (Chicago) Dial by your location +1 301 715 8592US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 Israel Meeting ID: 986 0280941 Find your local number: <a href="https://us02web.zoom.us/u/kbdMItJt2n">https://us02web.zoom.us/u/kbdMItJt2n</a> <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Steps Due to Corona virus, this meeting will replace our Monday Tel Aviv 5:30 meeting. We are hoping to open up an in person meeting soon on another day! ZOOM LINKEllen is inviting you to a scheduled Zoom meeting. Topic: TLV Monday Meeting Time: This is a recurring meeting Meet anytimeJoin Zoom Meeting <a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a> Meeting ID: 986 028 0941 One tap mobile +13017158592,.9860280941# US (Washington DC) +13126266799,.9860280941# US (Chicago) Dial by your location +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 Israel Meeting ID: 986 028 0941 Find your local number: <a href="https://us02web.zoom.us/u/kbdMItJt2n">https://us02web.zoom.us/u/kbdMItJt2n</a> Meetings Local Time 05:30 pm Asia/Jerusalem</td>
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<td>Monday 07:30 AM</td>
<td>?????? ??? ?? ???????? ???????? ??? ???????????/ ?????????????????? ??????????? (WEB0361) - The group must have a subscribed email account to the ACA World Services for it to remain on the WSO meeting list, which is a requirement. We are also unsure if this meeting is still active. We reached out to the group but have had no response. If anyone has information about it, please email us at <a href="mailto:meetings@acawso.org">meetings@acawso.org</a>. Otherwise, it will be removed from the meeting list by 11/21/23. We meet through Skype. Our skype name is epa.gr. The meeting lasts 1.5 hour. <strong>Format:</strong> Discussion - Steps <a href="https://enilika-paidia.blogspot.com/">https://enilika-paidia.blogspot.com/</a> Meetings Local Time 10:30 am America/New_York</td>
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<td>Monday 07:30 AM</td>
<td>(FL0391) - 913 Gulf Breeze Parkway, Gulf Breeze Florida, 32561 #7 Harbortown <strong>Format:</strong> Loving Parent Guidebook Meetings Local Time 09:30 am America/Chicago</td>
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<td>Monday 08:00 AM</td>
<td>Mi Ser Genuino ACA (WEB0103) - usuario de skype: Mi Ser Genuino ACA <strong>Format:</strong> Book Study - Discussion - Steps <strong>Focus:</strong> Beginners Temario rotativo. Pasos. Tradiciones. Orador invitado. Otros temas de la literatura Meetings Local Time 11:00 am America/New_York</td>
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<td>Monday 08:00 AM</td>
<td>Non-Dominant Handwriting/The Child Within 1st Monday and 3rd Monday of each month (WEB0295) - Currently meeting on Zoom / Zoom Meeting</td>
<td><a href="https://us02web.zoom.us/j/88546250421">https://us02web.zoom.us/j/88546250421</a> Email Meeting Contact for passcode</td>
<td>Discussion Update: Please be aware that this meeting is only being held on the 1st Monday and 3rd Monday of each month due to a shortage of service members. It's suggested to have paper and 2 or more writing instruments of your choice. Meeting is 90 min long - includes a meditation, non-dominant handwriting with the inner child/inner teenager, and sharing. Email Meeting Contact for passcode. Meetings Local Time 11:00 am America/New_York</td>
<td>Format: Discussion Update: Please be aware that this meeting is only being held on the 1st Monday and 3rd Monday of each month due to a shortage of service members. It's suggested to have paper and 2 or more writing instruments of your choice. Meeting is 90 min long - includes a meditation, non-dominant handwriting with the inner child/inner teenager, and sharing. Email Meeting Contact for passcode. Meetings Local Time 11:00 am America/New_York</td>
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<td>Monday 08:00 AM</td>
<td>Giggles and Growth (MI0190) - 105 W Fleshiem St, Iron Mountain Michigan, 49801</td>
<td>Format: 12 Step Study Group - Book Study - Discussion - Laundry Lists Workbook - Steps</td>
<td>Meetings Local Time 10:00 am America/Chicago</td>
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<tr>
<td>Monday 08:00 AM</td>
<td>ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></td>
<td>Format: Discussion - Speaker - Steps Linkki Kohtaamispaikalle: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></td>
<td>1. Luo itsellesi tunnus ja kirjaudu sisään. 2. Toimii selaimeilla tietokoneella tai sovelluksella puhehelmella (sovellus ilmainen sovelluskaupoissa) 3. Liity kokoukseen klikkaamalla puhekanava ACA-Ihmelapset liittymällä kokoukseen. 4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana. Meetings Local Time 06:00 pm Europe/Helsinki</td>
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<td>Monday 08:00 AM</td>
<td>ACA Thessaloniki (GRC0005) - ????????? 19, ??????????? Thessaloniki, 54629</td>
<td>Format: Discussion - Speaker - Steps</td>
<td>Meetings Local Time 06:00 pm Europe/Athens</td>
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<td>Monday 08:00 AM</td>
<td>Sunset Traits (WEB0884) - Meeting ID: 84369196472 Passcode: ACALOVE</td>
<td>We are a diverse and inclusive ACA group who cover one laundry list trait per week, with a 10 minute lead share and three minute shares from fellow travelers. It is not necessary to have the workbook in order to attend. Newcomers welcome! Format: Laundry Lists Workbook Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link</td>
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<td>Monday 08:00 AM</td>
<td>Womxn Warriors; support for survivors of child and adult abuse - trauma informed (WEB0957) - This meeting is open to anyone who identifies as a womxn; this includes trans and non binary people. Please join via zoom ten minutes before the meeting is due to start. Meeting ID: 9404001001 Passcode: 2QPG9F 4-5pm GMT time Here we talk about the ways in which misogyny affects our lives related to abuse and recovery from trauma. If you'd like to be at service or join our WhatsApp group please ask us at the end of the meeting. Format: Discussion - Loving Parent Guidebook - Speaker Focus: BIPOC - Women Only Notes: Fragrance Free - Wheelchair Access - Fragrance Free, Wheelchair Access, Meetings Local Time 04:00 pm Europe/London</td>
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<td>Monday 08:00 AM</td>
<td>Among Friends (IN0110) - 201 N Griffith Blvd, Griffith Indiana, 46319 LARC (Lake Area Recovery Club) The second floor of the Franklin Center. Enter door H which faces Broad St. Street. Parking on Broad is angled to the south. Plenty of parking on both north and south sides of the Franklin center. One flight of stairs up. Hallway to the right. Orange door last one on the right.</td>
<td>201 N Griffith Blvd, Griffith Indiana, 46319</td>
<td>Discussion - Fellowship Text (BRB) - Strengthening My Recovery</td>
<td>Needs Support - Non Smoking - Needs Support, Non Smoking, Newcomers as well old timers and those in between are welcome. Meetings Local Time 10:00 am America/Chicago</td>
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<td>Monday 08:00 AM</td>
<td>(WEB1144) - Format: Discussion - Loving Parent Guidebook - Speaker - Steps</td>
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<td>Focus: Beginners Meetings Local Time 11:00 am America/New_York</td>
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<td>Monday 08:00 AM</td>
<td>Feel Talk Trust (WEB1147) - We meet every Mon/Wed/Fri. For Zoom details (ID and password) email: <a href="mailto:feeltalktrustaca@gmail.com">feeltalktrustaca@gmail.com</a>.</td>
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<td>Notes: Needs Support - Needs Support, 75-minute meeting includes: 1. Loving Parent Guidebook's grounding check-in 2. Strengthening My Recovery Daily Reflection 3. Five minutes of meditation or journaling (woptional non-dominant handwriting) 4. Sharing. This meeting has a maximum capacity of 20 people and becomes a closed meeting after the first ten minutes. Please join us if you identify as a member of ACA. Meetings Local Time 11:00 am America/New_York</td>
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<td>Monday 08:00 AM</td>
<td>ACA Ihmelapset (WEB1150) - <a href="https://www.aal.fi/ryhmat/verkkokokoukset/">https://www.aal.fi/ryhmat/verkkokokoukset/</a></td>
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<td>Format: Steps Meetings Local Time 06:00 pm Europe/Helsinki</td>
<td>Virtual Meeting Link</td>
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<td>Monday 08:00 AM</td>
<td>The First Line (TEL0364) - -- 712-432-8808 access code 2220900# -- Note: calls from blocked numbers will not have access to the meeting. If your number is blocked you will have to dial *82 and then the telephone number to get into the room. Safety protocols will be in place during the meeting and the after-meeting fellowship time. - We read from Chapters 8 and 15 of the Big Red Book. Thursdays we read from the Loving Parent Guidebook and Saturdays we read from Chapter 14 “Taking our Program to work”</td>
<td>712-432-8808</td>
<td>Discussion Meetings Local Time 11:00 am America/New_York</td>
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<td>Monday 08:30 AM</td>
<td>(LVA0001) (Latvian) - J??a 4, Jelgava Jelgavas, LV-3001 Please call +371 26485242.</td>
<td>Jelgava Jelgavas, LV-3001</td>
<td>Discussion - Fellowship Text Meetings Local Time 06:30 pm Europe/Riga</td>
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<td>Monday 08:30 AM</td>
<td>Namelis (LTU0002) - S. Daukanto al. 1, Vilnius Vilniaus, LT-01122</td>
<td>S. Daukanto al. 1, Vilnius Vilniaus, LT-01122</td>
<td>Book Study - Speaker - Steps Meetings Local Time 06:30 pm Europe/Vilnius</td>
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<td>Monday 08:30 AM</td>
<td>(FL0385) - 1185 Lake McGregor Dr, Fort Myers Florida, 33919</td>
<td>1185 Lake McGregor Dr, Fort Myers Florida, 33919</td>
<td>Discussion Meetings Local Time 11:30 am America/New_York</td>
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<td>Monday 09:00 AM</td>
<td>Varonen (FIN040) - Raatalintie 6, Polvijarvi Pohjois-Karjala, 83700 We meet as we can. Please make sure, the meeting goes on, tel. +358505476548.</td>
<td>Raatalintie 6, Polvijarvi Pohjois-Karjala, 83700</td>
<td>Book Study - Discussion - Steps We understand English too. Meetings Local Time 07:00 pm Europe/Helsinki</td>
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| Monday 09:00 AM | Mi vmeeste (RUS0042) - Novoslobodskaya str, 58, Moscow Moscow, 127055 In the building of the Spassky Cathedral. Straight up the stairs, then up the stairs to the semicircular one of the 4th floor. Hall on the 4th floor. | **Format:** Discussion - Speaker - Steps - Strengthening My Recovery  
Meetings Local Time 07:00 pm Europe/Moscow |
| Monday 09:00 AM | (TN0079) - 305 West 7th Street, Chattanooga Tennessee, 37402 St. Paul's Episcopal Church, Park in the back of the church. ( Thursday BRB ) | **Format:** Discussion  
Meetings Local Time 12:00 pm America/New_York |
| Monday 09:00 AM | Good Shepherd Monday Noon Group (VA0128) - 1489 Laskin Road, Virginia Beach Virginia, 23451 Good Shepherd Monday Noon Group. Room 4-B - The round part of the building at the back GOOD SHEPHERD LUTHERAN CHURCH 1489 LASKIN ROAD, VIRGINIA BEACH 23451 Join Zoom Meeting: https://us02web.zoom.us/j/82676491201 or Meeting ID: 826 7649 1201 PASSCODE: aca | **Format:** 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 12:00 pm America/New_York |
| Monday 09:00 AM | Dospelé deti (SVK0004) (Slovak) - Horný Šianec 17, Trencin Trenciansky, 911 01 | **Format:** 12 Step Study Group - Book Study - Fellowship Text - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 06:00 pm Europe/Bratislava |
| Monday 09:00 AM | Allut (FIN0061) - Hämeentie 75 A, Helsinki Uusimaa, 00550 | **Format:** Book Study - Discussion - Fellowship Text - Steps  
**Notes:** Non Smoking - Non Smoking, You can also share in other languages if you wish.  
Meetings Local Time 07:00 pm Europe/Helsinki |
| Monday 09:00 AM | Edinstvo (Unity) (RUS0057) - Middle Starodanilovsky lane, 3, Moscow Moscow, 115191 Refectory of the Church of the Resurrection of the Word in Danilovskaya Sloboda. Metro station Tulskaya. | **Format:** Book Study - Speaker - Steps  
**Focus:** Beginners  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 07:00 pm Europe/Moscow |
| Monday 09:00 AM | Europe's Monday evening (Big Red Book Chapter 14 Study – “ACA in a Workplace”) (WEB0175) - -- 6 p.m CEST (18:00) Amsterdam time / 5 p.m (17:00) UK time -Zoom ID: 820-6458-4162 - Password 711 - this meeting is audio only, we do not use the video function in this meeting - see ACANetherlands.com | **Format:** Book Study - Discussion  
**Focus:** Beginners  
Meetings Local Time 06:00 pm Europe/Amsterdam |
<table>
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<th>Time</th>
<th>Meeting Name</th>
<th>Location</th>
<th>Format</th>
<th>Notes</th>
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<tr>
<td>Monday 09:00</td>
<td>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a></td>
<td>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a></td>
<td>Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook</td>
<td>EVERYDAY AT NOON EST Monday - Laundry List Workbook Tuesday - Topic Meeting Wednesday - Big Red Book Thursday - Traditions Friday - Loving Parent Guidebook Saturday - Topic Meeting Sunday - Beginners Meeting</td>
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<td>Meetings Local Time 12:00 pm America/New_York</td>
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<tr>
<td>Monday 09:00</td>
<td>Strengthening Our Recovery at Johnson City Recovery Center (TN0119) - 513 E Unaka Ave, Johnson City Tennessee, 37601 Located inside the Johnson City Recovery Center. Street parking available.</td>
<td>Strengthening Our Recovery at Johnson City Recovery Center (TN0119) - 513 E Unaka Ave, Johnson City Tennessee, 37601 Located inside the Johnson City Recovery Center. Street parking available.</td>
<td>12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery</td>
<td>Notes: Needs Support - Wheelchair Access - Needs Support, Wheelchair Access, NEW MEETING starts March 6, 2023. Meetings Local Time 12:00 pm America/New_York</td>
</tr>
<tr>
<td>Monday 09:00</td>
<td>A Time to Strengthen (WEB1083) - All Adult Children of Alcoholic and/ or Dysfunctional Families who Strive for Recovery and are willing to Leave Hate in Any Form Outside of the Room are Welcome. Our focus is strengthening ourselves… strengthening our recovery… strengthening our self-care… strengthening our minds… strengthening our spirits… strengthening our lives! After the daily meditation from Strengthening My Recovery is read, the meeting will be locked as sharing begins. Time: Monday 10 AM – 11 AM Mountain Time (US and Canada) Join Zoom Meeting: <a href="https://us02web.zoom.us/j/85061608245">https://us02web.zoom.us/j/85061608245</a> Meeting ID: 850 6160 8245 (no password needed – waiting room used) ***NOTE: Due to the Zoom attacks on this meeting, and others like it, which have used the video, chat, mic, profile picture, and renaming functions, among others things, to cause disruptions, trigger extreme emotions and over all cause chaos, at this meeting due to our limited resources, we decided to increase safety by limiting all of these functions. Thank you for your understanding.</td>
<td>A Time to Strengthen (WEB1083) - All Adult Children of Alcoholic and/ or Dysfunctional Families who Strive for Recovery and are willing to Leave Hate in Any Form Outside of the Room are Welcome. Our focus is strengthening ourselves… strengthening our recovery… strengthening our self-care… strengthening our minds… strengthening our spirits… strengthening our lives! After the daily meditation from Strengthening My Recovery is read, the meeting will be locked as sharing begins. Time: Monday 10 AM – 11 AM Mountain Time (US and Canada) Join Zoom Meeting: <a href="https://us02web.zoom.us/j/85061608245">https://us02web.zoom.us/j/85061608245</a> Meeting ID: 850 6160 8245 (no password needed – waiting room used) ***NOTE: Due to the Zoom attacks on this meeting, and others like it, which have used the video, chat, mic, profile picture, and renaming functions, among others things, to cause disruptions, trigger extreme emotions and over all cause chaos, at this meeting due to our limited resources, we decided to increase safety by limiting all of these functions. Thank you for your understanding.</td>
<td>Format: Strengthening My Recovery We do not discriminate in any way - our meeting is open to all ACAs. Meetings Local Time: 10:00 am America/Denver</td>
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<tr>
<td>Monday 09:00</td>
<td>All My Children (VA0170) - 5097 Richmond Road, Warsaw Virginia, 22572</td>
<td>All My Children (VA0170) - 5097 Richmond Road, Warsaw Virginia, 22572</td>
<td>Strengthening My Recovery Beginners</td>
<td>Format: Strengthening My Recovery Focus: Beginners Notes: Needs Support - Needs Support, Meetings Local Time 12:00 pm America/New_York</td>
</tr>
<tr>
<td>Monday 09:00</td>
<td>A Safe Place At Noon (TEL0321) - (712) 432-8808 Conference ID 87107612# -- Safety Policy and Moderator Guidelines in place.</td>
<td>A Safe Place At Noon (TEL0321) - (712) 432-8808 Conference ID 87107612# -- Safety Policy and Moderator Guidelines in place.</td>
<td>Book Study</td>
<td>Format: Book Study Meetings Local Time 12:00 pm America/New_York</td>
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<td>Monday 09:00 AM</td>
<td>ACA Chat (WEB0092) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click Chat on the menu.</td>
<td>~• Register a username and then login with it.</td>
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<td>-• Meetings are text-based (no video) and take place in the ACA Room.</td>
<td>~• Chat Rooms are open 24/7/365 for fellowship, connections, and support.</td>
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<td>-• Current as of September 2023!</td>
<td><strong>Format:</strong> 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery</td>
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<td>Meetings Local Time 12:00 pm America/New_York <a href="https://acachat.com/">Virtual Meeting Link</a></td>
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<td>Monday 09:00 AM</td>
<td>Emotional Sobriety (WEB0116) - Welcome to Emotional Sobriety! This is a Zoom-based meeting for ACA’s who identify as women or with women's communities. We meet on Mondays and Fridays at 9 am PST, 10 am MST, 11 am CST, 12 noon EST. On Mondays, shares occur within the large group; on Fridays sharing happens in smaller groups of 6-7 fellow travelers. Sharing is always optional. There is a short journaling time in each meeting. Please email <a href="mailto:acaemotionsobriety@gmail.com">acaemotionsobriety@gmail.com</a> for the meeting password. Zoom meeting ID: 860-941-578. (Download the zoom app or search zoom in your web browser. Zoom is free for participants)</td>
<td><strong>Format:</strong> Discussion - Fellowship Text <strong>Focus:</strong> Women Only</td>
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<td>Meetings Local Time 12:00 pm America/New_York</td>
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<td>Meetings Local Time 07:00 pm Europe/Moscow</td>
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<td>Monday 09:30 AM</td>
<td>ACA Scotts Valley (CA1264) - 843 8916 4366; passcode ACASV</td>
<td><strong>Format:</strong> Discussion - Speaker Non Smoking</td>
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<td>Meetings Local Time 09:30 am America/Los_Angeles</td>
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<td>Monday 09:30 AM</td>
<td>Aarhus Monday (DEN087) - Beboerlokalet „Frøen”, Paludan Müllersvej 46, Aarhus Aarhus, 8200 Entry through fence on the corner of Paludan Mülle</td>
<td><strong>Format:</strong> Book Study - Discussion - Fellowship Text - Speaker - Steps</td>
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<td>Meetings Local Time 06:30 pm Europe/Copenhagen</td>
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<td>Monday 09:30 AM</td>
<td>Rechavia ACA Men's meeting (ISR0012) - 14 Kahanov Street, Jerusalem Jerusalem,</td>
<td><strong>Format:</strong> Steps <strong>Focus:</strong> Men-Only</td>
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<td>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking,</td>
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<td>Meetings Local Time 07:30 pm Asia/Jerusalem</td>
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<td>Monday 09:30 AM</td>
<td>Ladies Mtg - Finding Our True Self - Letting Go of Behaviors That Keep Us From Living Happy, Joyous and Free - (WEB0623) - We release excessive distractions like food, shopping, clutter, TV, social media, reading, etc. Losing that time keeps us from being our True Selves. These behaviors can also be the root of our isolation and procrastination. We learn to let go of negative generational messages and patterns that have blocked us from becoming our authentic self. This is a great meeting for all ladies including newcomers. Please join us! Monday and Saturday 9:30am PT / 12:30pm ET 1 hr 15 min mtg Zoom ID: 826 8270 0345 Password: Recovery <a href="https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09">https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09</a></td>
<td>Format: Strengthening My Recovery  Focus: Women Only  Meetings Local Time 09:30 am America/Los_Angeles</td>
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<td>Monday 09:30 AM</td>
<td>Monday English ACA Meeting Munich (DEU0012) - Karlstr. 34, Munich Bayern, 80333 Kloster St. Bonifaz (opposite gate dining room Haneberg-Haus)</td>
<td>Format: 12 Step Study Group - Steps  Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Europe/Berlin</td>
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<td>Monday 10:00 AM</td>
<td>ACA Stepwork (AUT0005) - Vogelweidplatz 7 (1st Floor of Pfarrhaus), Vienna Wien, 1150 The meeting is best reached by underground (metro) U6 stop Stadthalle/Burggasse or U3 stop Schweglergasse, and about 5 to 10 minutes walk from either station. The meeting is located inside the parish house of the Christkönigskirche at Vogelweidplatz 7, 1150 Vienna on the first floor. Please follow the ACA signs</td>
<td>Format: Steps Non Smoking  Meetings Local Time 07:00 PM Europe/Vienna</td>
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<td>Monday 10:00 AM</td>
<td>(DEN070) - Østerbaeksvej 85, Odense M Fyn, DK-5230 Munkebjerg kirke (legestuen)</td>
<td>Format: Discussion  Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 PM Europe/Copenhagen</td>
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<td>Monday 10:00 AM</td>
<td>True Recovery (GER018) - Pauline-Staegemann-Straße 6, Berlin Berlin, 10249 The meeting takes place at Stadtteilzentrum Volkssolidarität (1st floor) which is in 10 minutes walking distance from Alexanderplatz. This is a 2G meeting, so only vaccinated or recovered people are allowed. Door code: 582259</td>
<td>Format: Discussion Non Smoking  Meetings Local Time 07:00 pm Europe/Berlin</td>
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<td>Monday 10:00 AM</td>
<td>Niños Adultos (MEX032) - AVE FUVIAL 195, Puerto Vallarta , 48300 A 2 CUADRAS DE COSTCO</td>
<td>Format: Fellowship Text Non Smoking  Meetings Local Time 11:00 am America/Mexico_City</td>
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<td>Monday 10:00 AM</td>
<td>ACA English Zurich (SWI006) - Quartierzentrum Schütze, Henrichstrasse 238 Zürich, Zurich Zurich, Quartierzentrum Schütze (Entrance on the backside of Building , Entry C, Room Flex 3) Henrichstrasse 238 Zürich</td>
<td>Format: Book Study - Discussion - Fellowship Text - Speaker - Steps  Focus: Beginners  Notes: Non Smoking - Non Smoking, Non Smoking  Meetings Local Time 07:00 pm Europe/Zurich</td>
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<td>Monday 10:00 AM</td>
<td>Here’s Da Love (WI110) - Meeting ID: 504 357 428 Password: 12345</td>
<td>Format: Discussion This is a meeting for all those looking for Da( daily affirmation) Love. We read from “Strengthening My Recovery”  Meetings Local Time 12:00 pm America/Chicago</td>
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| Monday 10:00 AM | ACA Georgia Tbilisi (WEB0626) (Georgian, English, Russian) - | Format: 12 Step Study Group - Book Study - Speaker - Steps  
Focus: Beginners - BIPOC  
Meetings Local Time 09:00 pm Asia/Tbilisi |
| Monday 10:00 AM | Hope and Healing ACA (WEB0681) - The Zoom id for this meeting 880 3732 4268. Please email HopeandHealingACA@gmail.com for the password. We will be focusing on ACA Big Red Book. We look forward to recovering with you.  
Meetings Local Time 12:00 pm America/Chicago |
| Monday 10:00 AM | ACA Slovenija Zoom (WEB0904) (Slovenian (slovenski jezik)) - Join Zoom Meeting:  
Meeting ID: 584 383 1420 Passcode: 111222  
Format: Discussion - Speaker - Steps  
Meetings Local Time 07:00 pm Europe/Ljubljana |
| Monday 10:00 AM | ACA Umeå (SWE0172) - Jägarvägen 16, Umeå Vasterbotten,  
Format: Fellowship Text - Steps - Traditions  
Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,  
Meetings Local Time 07:00 pm Europe/Stockholm |
| Monday 10:00 AM | Adult Children Support Discord Group (WEB1035) - This is a text chat based meeting held on a discord server. There is a weekly discussion topic that is posted on Mondays at noon and then discussion of that topic continues throughout the week. As this is a discussion based meeting, respectful cross-talk is allowed. 24/7 fellowship chat is also available.  
Format: Discussion  
Meetings Local Time 12:00 pm America/Chicago Virtual Meeting Link |
| Monday 10:00 AM | Loving Parent Guidebook (WI0164) - 6048 McKee Road, Fitchburg Wisconsin, 53719  
Fitchburg Serenity Club - Room C  
Format: Discussion - Loving Parent Guidebook  
Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,  
Meetings Local Time 12:00 pm America/Chicago |
| Monday 10:00 AM | Vuxna Barn (SWE0160) - Kyrkogatan 10, Sundsvall, 85231  
Meetings Local Time 07:00 pm Europe/Stockholm |
| Monday 10:00 AM | Granada Aca (WEB0040) - Please contact Granada.TonyA.ACA@gmail.com for any questions. The Zoom ID = 547 491 3966. The PW = ACA12Step All ACAs welcome  
Format: Steps  
Meetings Local Time 01:00 pm America/New_York |
| Monday 10:15 AM | (DEN048) - Prinsensvej 10, Ringsted Sjaelland, DK-4100 Mac/spor 12, Entr Back Of Rearmost Bldg  
Format: Discussion Non Smoking-Last Monday Of Month Speak/open  
Meetings Local Time 07:15 PM Europe/Copenhagen |
| Monday 10:30 AM | Introduction (ZAF0008) - For Newcomers - this is a 33 week introduction to ACA, reparenting, the Steps and the Traditions. Meeting ID: 852 7236 4632 Passcode: SAAOnline Meeting opens 5 - 10 minutes before the meeting starts and closes 10 minutes in for safety reasons. You will be required to switch on your camera for sharing, but the meeting is run with cameras off to reduce distractions.  
Format: Steps  
Focus: Beginners  
Meetings Local Time 07:30 pm Africa/Johannesburg |
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<tr>
<th>Time</th>
<th>Meeting Name</th>
<th>Description</th>
<th>Format</th>
<th>Meetings Local Time</th>
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<tr>
<td>Monday 10:30 AM</td>
<td>Becoming Your Own Loving Parent (MI0166)</td>
<td>Please reach out to our meeting contact via text and we will supply you with our Zoom link! Please allow 24–48 hours for a reply. This meeting is on Eastern Standard Time.</td>
<td>Book Study - Fellowship Text</td>
<td>01:30 pm America/Detroit</td>
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<td>Monday 10:30 AM</td>
<td>ACA Rotterdam (NET0021)</td>
<td>Please reach out to our meeting contact via text and we will supply you with our Zoom link! Please allow 24–48 hours for a reply. This meeting is on Eastern Standard Time.</td>
<td>Fellowship Text</td>
<td>07:30 pm Europe/Amsterdam</td>
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<td>Monday 10:45 AM</td>
<td>Big Red Book Study (TEL176)</td>
<td>We meet 5 days a week (Monday - Friday). Each day we read and share on 6 pages of the Big Red Book, working our way through the book.</td>
<td>Discussion</td>
<td>01:45 pm America/New_York</td>
</tr>
<tr>
<td>Monday 11:00 AM</td>
<td>ACA Sunlight Daily Affirmations Zoom Mtg.</td>
<td>See acanorcal.com for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.</td>
<td>Fellowship Text (BRB)</td>
<td>06:30 pm America/Denver</td>
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<td>Monday 11:00 AM</td>
<td>Fill in the Blank Group (CO0098)</td>
<td>There is a code to get in the door entering Room 8. The code is 6462. This building is in Old Colorado City.</td>
<td>Discussion</td>
<td>12:00 pm America/Denver</td>
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<td>Monday 11:00 AM</td>
<td>Understanding and Loving Ourselves (MEX0042) - NOTE that we meet on Monday, Friday and Saturday. All the days are online Zoom meetings. Specific information about each meeting is as follows: Monday 12:00 noon Big Red Book (Zoom) ID: 838 8809 9868 PC:523923 Friday 12:00 noon ACoA Loving Parent Guidebook (Zoom) ID: 872 4131 9838 PC: 352394 Saturday 12:00 noon ACoA Laundry List Traits Workbook. (Zoom) ID: 817 24956435 PC: 986727</td>
<td>Format: Discussion - Laundry Lists Workbook - Loving Parent Guidebook Meetings Local Time 12:00 pm America/Mexico_City</td>
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<td>Monday 11:00 AM</td>
<td>ACA Sunlight Daily Affirmations Meeting (CA1475) - 2100 J Street, Sacramento California, 95816 - Enter on J Street. Ring bell to be let in. Upstairs in Room 206. Mask is required except in Rm. 206.</td>
<td>Format: Strengthening My Recovery Notes: Non Smoking - Non Smoking, Meetings Local Time 11:00 am America/Los_Angeles</td>
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<td>Monday 11:00 AM</td>
<td>Heal with Love - ACA Kemp Town (GBR0045) - St Mary's Place, Brighton East Sussex, BN2 1PR St Mary's Church Hall. The entrance is located on the alleyway by the side of the church off St James' Street. Please ring the bell.</td>
<td>Format: Book Study - Steps Notes: Wheelchair Access - Wheelchair Access, Week 1: Inner child meditation - Week 2: Big Red Book reading - Week 3: Non-dominant handwriting - Week 4: Chair/Big Red Book in event of not finding a chair - Week 5: Silent meditation Note: There will be no meeting on the 26th December 2022 and 2nd January 2023 Bring yourself, bring your heart, the heart of our community and God as you understand God will take care of the rest. One day at a time. Meetings Local Time 07:00 pm Europe/London</td>
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<td>Monday 11:00 AM</td>
<td>Yehudi in Recovery (ISR0014) (English and Hebrew) - We meet via Zoom, with hopes to form an in-person meeting. The time and day of this meeting may be subject to change soon.</td>
<td>Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Strengthening My Recovery Focus: Men-Only The primary purpose of this group is to provide a safe space for anyone coming from an ultra religious community. We stand as one. Welcome. We focus on raw, honest and straightforward recovery with trust. Gd bless. Meetings Local Time 09:00 pm Asia/Jerusalem Virtual Meeting Link</td>
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<td>Monday 11:00 AM</td>
<td>ACA Loving Parent Guidebook - Jubilee Market (GBR0050) - 1 Tavistock Court , London London, WC2E 8BD JUBILEE MARKET - The Piazza Covent Garden Meet opposite Milk Train Atv6.50 Security guard will let you in</td>
<td>Format: Loving Parent Guidebook Meetings Local Time 07:00 pm Europe/London</td>
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<td>Monday 11:00 AM</td>
<td>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</td>
<td><strong>Format</strong>: Discussion Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 pm America/New_York</td>
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<td>Monday 11:30 AM</td>
<td>Peterborough (GBR0002) - St. Luke's Church, Herlington Centre, Orton Malbourne, Peterborough, Peterborough Cambridgeshire, PE2 5XS We meet every Monday at St Lukes Church. Doors open around 19:00 to set up the room and for fellowship &amp; coffee. The door to the church is locked around 19:30, so please let 'us' know if you're going to be late. Newcomers are always welcome.</td>
<td><strong>Format</strong>: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps <strong>Notes</strong>: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Mostly using the Big Red Book for focus, but occasionally using other fellowship text for variation Meetings Local Time 07:30 pm Europe/London</td>
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<td>Monday 11:30 AM</td>
<td>Racial and Emotional Sobriety (WEB0529) - <strong>Focus</strong>: BIPOC</td>
<td>Meetings Local Time 11:30 am America/Los_Angeles</td>
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<td>Monday 11:30 AM</td>
<td>ACA Monday Zoom Strengthening My Recovery (WEB0577) - Please contact for Zoom login details - Jayne +44 7544 711937 Mary +44 7711 139383 <a href="mailto:zoomacamonday@gmail.com">zoomacamonday@gmail.com</a></td>
<td><strong>Format</strong>: Strengthening My Recovery Meeting focus is the Daily Reading from Strengthening My Recovery. Please be aware that anyone trying to join this meeting more than ten minutes after the start time may not gain access. Meetings Local Time 07:30 pm Europe/London</td>
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<td>Monday 12:00 PM</td>
<td>Casa Grande True Self (AZ0132) - 1113 E Trinity Place Bldg B-1, Casa Grande Arizona, 85122 When holidays fall on a Monday, please call to check if we are meeting</td>
<td><strong>Notes</strong>: Non Smoking - Non Smoking, Meetings Local Time 12:00 pm America/Phoenix</td>
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<td>Monday 12:00 PM</td>
<td>ACA CRESTED BUTTE/GUNNISON (CO0074) - UPDATED Aug 23: This is a zoom meeting. Text for more information: 713-724-4379. We have had horrible zoom bombers. Please text to qualify. This is a WOMEN'S MEETING and you will need THE LOVING PARENT GUIDEBOOK to participate.</td>
<td><strong>Format</strong>: Loving Parent Guidebook <strong>Focus</strong>: Women Only WOMEN ONLY Meetings Local Time 01:00 pm America/Denver</td>
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<td>Monday 12:00 PM</td>
<td>Gruppo ACA Fano (ITA0013) - Via A. Guarnieri 11 (Zona Fano 2), Fano Pesaro-Urbino, 61032 c/o Parrocchia Santa Famiglia. the meeting is held every first and every third Monday of the month</td>
<td><strong>Format</strong>: Discussion - Speaker - Steps Meetings Local Time 09:00 pm Europe/Rome</td>
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<td>Monday 12:00 PM</td>
<td>The One Trait at a Time Group (TEL0353) - --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard. - We meet 5 days a week (Monday - Friday). We read the ACA Laundry List Trait Workbook, focusing on one trait per week.</td>
<td><strong>Format</strong>: Discussion Meetings Local Time 03:00 pm America/New_York</td>
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| Monday 12:00 PM | ACA’s In the Solution Laundry List 4x4 Meeting (TEL0109) - 712-432-8808 access code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience. | **Format:** Book Study - Discussion  
Meetings Local Time 03:00 pm America/New_York                                                                                                                                                                                                                                    |
| Monday 12:00 PM | From Hurting to Healing to Helping (WA0214) - We Are meeting over zoom - please reach out for The zoom link shorelineaca@gmail.com or 206-898-7100 voice or text | **Format:** Book Study - Discussion - Fellowship Text  
Meetings Local Time 12:00 pm America/Los_Angeles                                                                                                                                                                                                                                                                                        |
| Monday 12:00 PM | Reparenting Check-In Practice (WEB0181) - This is an open meeting to which ALL ARE WELCOME. This is a beautiful way to start the week and a useful model for daily practice. The Reparenting Check-in Practice meeting follows the model set forth in Chapter 9, Appendix C of the Loving Parent Guidebook. In the 4-step sharing process, one is invited to 1) become aware of their breath, emotions, and body sensations; 2) gently check in with the inner child, inner teen, critical parent and loving parent and identify the part of themselves that is activated; 3) share what activated that part; and 4) one may choose to engage in a deeper share during which the loving parent acknowledges the part of themselves that is in need at the present moment and offers nurturing support and/or commitment to action. ACA WSO Reparenting check-in worksheet: https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf Every Monday at 12:00 PM Pacific Time  
Meeting ID: 896 6056 7068 Passcode: 703908 | **Format:** Loving Parent Guidebook  
Send email to: UnityInProgress with First Name for weekly reminders.  
Meetings Local Time 12:00 pm America/Los_Angeles                                                                                                                                                                                                                              |
| Monday 12:00 PM | The Front Room Round Table ACA Black men and women (GBR0022) - Hinde Street Methodist Church, London London, W1U 2QJ RSVP https://www.meetup.com/The-Front-Room-London-Round-Table/ | **Format:** Discussion - Speaker - Steps  
**Focus:** BIPOC RSVP https://www.meetup.com/The-Front-Room-London-Round-Table/  
Zoom details sent out each Sunday evening - please check inbox  
Meetings Local Time 08:00 pm Europe/London                                                                                                                                                                                                                                   |
| Monday 12:00 PM | Alle Sorgenti (WEB0617) - We reached out to this meeting to see if it is still active but have had no response. If you have information about it, please email us at meetings@acawso.org. Otherwise, it will be removed from the meeting list by October 6, 2023. | **Format:** Steps  
Meetings Local Time 09:00 pm Europe/Rome                                                                                                                                                                                                                                                                                            |
| Monday 12:00 PM | ACA (CA1560) - St. Stephan's Church, San Luis Obispo California, 93401 1344 Nipomo Street. Meeting held in small library. Enter on Nipomo Street entrance in front of church through black gate | **Format:** 12 Steps Yellow Workbook - Discussion - Laundry Lists Workbook - Speaker  
**Notes:** Needs Support - Needs Support,  
Meetings Local Time 12:00 pm America/Los_Angeles                                                                                                                                         |
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<th>Time</th>
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<tr>
<td>Monday 12:00 PM</td>
<td>Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom code 985 2100 3286 Password required, email <a href="mailto:sor12pwreq@gmail.com">sor12pwreq@gmail.com</a>. Requests to be made at least 15 minutes before the start of the meeting. <strong>Format:</strong> Strengthening My Recovery Topic meeting based on the book &quot;Strengthening My Recovery&quot; Shares are 3 minutes and there is fellowship before/after the meeting for reaching out. Meetings Local Time 12:00 pm America/Los_Angeles</td>
<td><strong>Strengthening My Recovery Topic meeting based on the book “Strengthening My Recovery” Shares are 3 minutes and there is fellowship before/after the meeting for reaching out.</strong></td>
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<td>Monday 12:00 PM</td>
<td>ACA Religious Abuse Survivors (WEB0933) - Passcode 232933 -- if you are asked for it. Contact <a href="mailto:acareligiousabusesurvivors@gmail.com">acareligiousabusesurvivors@gmail.com</a> if there are any issues. <strong>Format:</strong> Loving Parent Guidebook - Steps <strong>Focus:</strong> Secular/Agnostic/Atheist <strong>Notes:</strong> Needs Support - Needs Support, Please use the virtual meeting link to get to all of our meetings. You can also see a full list of ACA RAS meetings at ACA-ie-Intergroup.org Sat: Feeling our Feelings; Sun: Loving Parent Guided Meditation; M: Loving Parent Guidebook, secularized; T: Recovery from the Shame and Blame of Sexual Repression; W: Recovery from Religious Narcissistic Abuse; TH: Emotional Sobriety and Recovery From the Religious Drama Triangle; F: Recovery from Post Traumatic Embritterment. One tap mobile +16694449171,.85780909607#,...,*232933# US +13462487799,.85780909607#,...,*232933# US (Houston) Dial by your location +1 669 444 9171 US +1 346 248 7799 US (Houston) +1 720 707 2699 US (Denver) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) If locked out, contact <a href="mailto:jilladee@gmail.com">jilladee@gmail.com</a> Meetings Local Time 12:00 pm America/Los_Angeles Virtual Meeting Link</td>
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<td>Monday 12:30 PM</td>
<td>ACA Monday Double Winners (CA1367) - Zoom Meeting ID#: 845 8482 8268 To request the passcode, email: <a href="mailto:tcmfranson@yahoo.com">tcmfranson@yahoo.com</a> <strong>Format:</strong> Fellowship Text (BRB) Meetings Local Time 12:30 pm America/Los_Angeles</td>
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<td>Monday 01:00 PM</td>
<td>Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) - Telephone meeting - 712-432-8808 Access Code 2473654# --- Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year <strong>Format:</strong> Discussion Meetings Local Time 04:00 pm America/New_York</td>
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<td>Monday 01:00 PM</td>
<td>Cycle Breakers (CA1403) - Zoom Meeting. Log-in ID: 82100262764 Code: 07132020 <strong>Format:</strong> Book Study - Discussion <strong>Notes:</strong> Needs Support - Needs Support, Meetings Local Time 01:00 pm America/Los_Angeles</td>
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<td>Monday 01:00 PM</td>
<td>ACA MEXICO (WEB0113) - Nuestras reuniones son por Zoom (id 735 277 3615 ) sin contraseña y estas invitado a unirte. Dias de sesion: Lunes 2:00 pm ,Martes 7:00pm, Jueves 7:00pm, viernes 3:00 pm y sabado 12:00 pm (horario de mexico city) .... cualquier duda manda un email a <a href="mailto:acaenzoom@gmail.com">acaenzoom@gmail.com</a> o <a href="mailto:recuperacion.aca@gmail.com">recuperacion.aca@gmail.com</a> <strong>Format:</strong> Fellowship Text - Book Study - Speaker horario de mexico Meetings Local Time 02:00 pm America/Mexico_City</td>
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| Monday 01:00 PM | Hella Gay ACA (WEB0506)                  | Hella Gay ACA is a closed special interest meeting of Adult Children of Alcoholics & Dysfunctional Families for people who are transgender, nonbinary, gender nonconforming, gender questioning, intersex, gay, lesbian, bisexual, queer, asexual, and anyone else who identifies as a part of the LGBTQAI+ community. Go to https://hellagayaca.mailchimpsites.com/ for login details | **Focus:** LGBTQ+  
Meetings Local Time 01:00 pm America/Los_Angeles                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Monday 01:00 PM | Release the Raising (NY0268)              | 320 S. Pearl St., Canandaigua New York, 14424 Good Shepard Lutheran Church, enter the back of the church and take a left to the end of the hall, last room on the left. | **Format:** Discussion - Strengthening My Recovery  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, All are welcome!  
Meetings Local Time 04:00 pm America/New_York                                                                                                                                                                                                                                                                                                                                                                          |
| Monday 01:00 PM | Albuquerque Downtown (NM0065)              | 318 Silver Avenue SW, Albuquerque New Mexico, 87102 Cathedral of St. John | **Format:** Fellowship Text (BRB) - Steps  
**PLEASE NOTE:** This is a new meeting. Our first meeting will be held September 18, 2023. Parking/location: Park in the lot east of the cathedral and enter through the arbor facing Silver Avenue. Front-desk or security staff will let you in and direct you to our meeting room. We meet in the choir practice room (called "the pit") on the lower level.  
Meetings Local Time 02:00 pm America/Denver                                                                                                                                                                                                                                                                                                                                                                           |
| Monday 01:00 PM | Recovery Beyond Survival (WEB0655)        | WELCOME!! :) CAMERAS REQUIRED!?  
Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings?. Meeting Id: 885 350 9563 - Password: 603285 - Time: 1pm (PST)  
US - Sundays and Mondays  
All readings will be shared on screen ??After ACA and Big Red Book readings we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting?. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. Open to fellowship, after meeting share and questions. We warmly welcome you??!!  
Meetings Local Time 01:00 pm America/Los_Angeles |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Monday 01:15 PM  | A Gentleness Break (CA1267)               | Zoom: https://us02web.zoom.us/j/777548479?pwd=MDU5QTQ3VDYrM2ZBbWFTRFJ2YjM5UT09 passcode: aca; Meeting from 1:15pm to 2:30 Pacific | **Format:** Discussion Non Smoking  
Meetings Local Time 01:15 pm America/Los_Angeles                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Monday 02:00 PM  | Outside Issues (NY0261)                   | 134 Main St, Dansville New York, 14437  
To attend online, our Zoom ID is: 87322597550 Password 669956 | **Format:** Discussion - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Traditions  
**Focus:** Beginners - LGBTQ+  
Meetings Local Time 05:00 pm America/New_York                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Monday 02:00 PM  | The Laundry List Trait Meeting (TEL0384) | — Telephone number 712-432-8808, access code 2473655# — We meet 7 days a week, 365 days a year. We focus on all 4 sides of the Laundry List Traits, one Trait a day, using the brown Laundry List Workbook.— Safety protocols in place by group conscience. | **Format:** Discussion  
Meetings Local Time 05:00 pm America/New_York                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Monday 02:30 PM | Winds of Change (CAN294) - 106 St Peter's Rd, Charlottetown Prince Edward Island, PE C1A 5P2 | We meet at St. Pius X Church basement. Please email windsofchangeaca@gmail.com for further information.  
**Format:** Discussion  
**Notes:** Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/Halifax |
| Monday 02:30 PM | Mon. 5:30pm ACA (GA0041) - We currently have openings for two to four new members who have at least one year of attendance in ACA and who want to participate in an online group study of the Loving Parent Guidebook (purchase before September 11, 2023 at www.adultchildren.org/literature). We use the ACA meeting format, including Tony A’s 12 Steps, and have an Open Share period followed by a workbook study. We will begin Monday, September 11, 2023. A meeting link will be provided on request via email to dasnowfox@gmail.com. Video and audio participation are required.  
**Format:** Discussion - Loving Parent Guidebook  
**Focus:** LGBTQ+ - Women Only Attendees must use audio and video to participate and not be driving a vehicle during the meeting.  
**Meetings Local Time 05:30 pm America/New_York** |
| Monday 02:30 PM | Provincetown Monday Night (MA048) - Zoom meeting is: meeting number 268-059-874 password 822951 | **Format:** Discussion - Speaker - Steps  
**Notes:** Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/New_York |
| Monday 02:30 PM | (MI0159) - GVSU - PEW Campus, Grand Rapids Michigan, 49401 This meeting is located at GVSU - Grand Rapids DeVos campus. It’s at the DeVos Building - Building E - in room 302E. The meetings follow the GVSU academic calendar and may break during holidays, etc. Go to the following website for updates at: https://www.gvsu.edu/aod/recovery-meetings-at-gvsu-1.htm. Feel free to email or call me for any additional parking or direction information.  
**Format:** Discussion  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Meetings Local Time 05:30 pm America/Detroit |
| Monday 02:30 PM | Healing Together (SC0040) - 141 707-Connector Rd., Myrtle Beach South Carolina, 29588 | **IMPORTANT NOTE**The Library is closed for several Mondays over the Holidays. We will meet at the alternate location on Monday12/19 & 12/26/22 and Monday 01/02 & 01/16/23 at 6204 Sancindy Ln off 62nd Ave N. Socastee Public Library. We are now located in a meeting room at the Horry County Memorial Library - Socastee.  
**Format:** Book Study - Discussion - Fellowship Text  
**Notes:** Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/New_York |
| Monday 02:30 PM | Riverhead Monday Night (NY0258) - 204 East Main St, Riverhead New York, 11901 Corner of East Avenue (across the street and west of Salvation Army). Enter on side of Church. NOT HANDICAP OR ELDERLY FRIENDLY DUE TO STAIRCASE INTO BASEMENT. Insurance cannot accommodate service animals. NO DOGS PLEASE.  
**Format:** 12 Step Study Group - Steps  
**Notes:** Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, Meetings Local Time 05:30 pm America/New_York |
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<td>Monday 02:30 PM</td>
<td>ACA Mon-Day at a Time (MA0115) - 90 Bryn Mawr Ave, Auburn Massachusetts, 01501 New Meeting! Begins Monday August 7, 2023. Bethel Lutheran Church, on corner of Bryn Mawr &amp; Homestead. Parking lot is on Homestead Ave. Use walkway between rear of building and playground to access the parsonage door to basement. <strong>Format:</strong> Fellowship Text (BRB) - Steps <strong>Meetings Local Time 05:30 pm America/New_York</strong></td>
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<td>Monday 02:45 PM</td>
<td>How It Works (NJ0168) - 83 Throckmorton Street, Old Bridge New Jersey, 08857 Club Serenity is located on the ground level of the parish house to the right of Saint Ambrose church. <strong>Format:</strong> Book Study - Discussion - Fellowship Text <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, <strong>Meetings Local Time 05:45 pm America/New_York</strong></td>
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<td>Monday 02:45 PM</td>
<td>Treasure Coast ACA (FL0374) - 623 SE Ocean Blvd, Stuart Florida, 34994 Monday's meeting: St Mary's Episcopal Church - Meeting room 1 and 2, adjacent to the Pittenger Center, turn onto SE Amerigo Ave. Park in front of meeting room. Thursday's meeting: same as above, only in the Healing Center Room which is left of meeting room 1 and 2. <strong>Format:</strong> Strengthening My Recovery <strong>Notes:</strong> Non Smoking - Non Smoking, <strong>Meetings Local Time 05:45 pm America/New_York</strong></td>
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<td>Monday 03:00 PM</td>
<td>The Second Childhood Group (FL209) - 1245 Main St, Sebastian Florida, 32958 1245 Main St in the Art Center at the western most end of the City Hall Complex; just west of the 2-story Historic Sebastian Elementary School. <strong>Format:</strong> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, No Cross Talk during meeting <strong>Meetings Local Time 06:00 pm America/New_York</strong></td>
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<td>Monday 03:00 PM</td>
<td>The Kids R All Right (MA056) - 27 Church Street, Mattapoisett Massachusetts, 02739 Enter On Church Street Door, we meet downstairs in a room on the left <strong>Format:</strong> Discussion - Fellowship Text (BRB) Non Smoking <strong>Meetings Local Time 06:00 pm America/New_York</strong></td>
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<td>Monday 03:00 PM</td>
<td>Concord Adult Children of Alcoholics (NH0009) - 30 Eastman Street, Concord New Hampshire, 03301 The Concord meeting welcomes new members, and meet at Grace Episcopal Church on Mondays. Doors generally open 15 minutes before the meeting starts. Masks for Covid are no longer required, and we are not able to do online meetings at this time. Please email with any questions. <strong>Format:</strong> Fellowship Text (BRB) <strong>Notes:</strong> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Per Grace Episcopal Church: No Pets are permitted in the building. <strong>Meetings Local Time 06:00 pm America/New_York</strong></td>
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<td>Monday 03:00 PM</td>
<td>Womens Step-Writing Meeting (NY070) - 135 W. 31st Street Room 2E, New York New York, 10001 Meeting back to in person from September 2023. New Room - 2E <strong>Format:</strong> 12 Steps Yellow Workbook - Discussion - Steps <strong>Focus:</strong> Women Only <strong>Notes:</strong> Non Smoking - Non Smoking, <strong>Meetings Local Time 06:00 pm America/New_York</strong></td>
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<td>Monday 03:00 PM</td>
<td>Courage to Heal (SC0027)</td>
<td>120 Mauldin Rd., Greenville South Carolina, 29605</td>
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<td>Monday 03:00 PM</td>
<td>Greater Muskegon ACoA Meeting (MI0174)</td>
<td>4613 Henry Steet, Muskegon Michigan, 49441</td>
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<td>Monday 03:00 PM</td>
<td>Zoom Kids are Alright (WEB0291)</td>
<td>101 East Washington Street, Marfa Texas, 79843</td>
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<td>Monday 03:00 PM</td>
<td>ACA Marfa (TX0237)</td>
<td>1521 NW 34th St, Gainesville Florida, 32605</td>
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<td>Monday 03:00 PM</td>
<td>Winds of Change (WEB1117)</td>
<td>- Please reach out for Zoom link. NOTE: There will be no meeting June 26th or August 21st. Thank you.</td>
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<td>Monday 03:00 PM</td>
<td>Ardmore ACA (NC0121)</td>
<td>- 1700 Ebert St, Winston-Salem North Carolina, 27103 Park</td>
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<td>Monday 03:00 PM</td>
<td>Monday night ACA BRB (MA0117)</td>
<td>- 140 Pine St., Florence Massachusetts, 01062 Florence Civic Center,</td>
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<td>Monday 03:00 PM</td>
<td>Stanley Park ACA (CAN0415)</td>
<td>- 427 Bloor Street West, Toronto Ontario, M5S1X7 Garden Room, Downstairs</td>
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<td>Monday 03:00 PM</td>
<td>Growing up in ACA (FL0331)</td>
<td>- 625 111th Avenue N, Naples Florida, 34108 Growing up in ACOA meets</td>
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<td>Monday 03:15 PM</td>
<td>Eliot Monday Night Meeting (ME0027)</td>
<td>- Email the meeting Secretary, Mark for the</td>
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<td>Monday 03:15 PM</td>
<td>Facing Our Shadows (PA0179)</td>
<td>- 5 Wyomissing Blvd, Wyomissing Pennsylvania, 19610 Atonement Lutheran</td>
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<td>Monday 03:15 PM</td>
<td>Kittery ACA Step Meeting (ME0042)</td>
<td>- During the pandemic we are offering the meeting on Zoom. Please</td>
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Page 78 of 91
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<tr>
<td>Monday</td>
<td>03:30</td>
<td>Beyond Survival (FL208)</td>
<td>3410 3rd Street S, Jacksonville Beach Florida, 32250</td>
<td>We have returned to weekly live meetings. Masks are no longer required. Individuals can choose to wear masks. Come Join us! We would love to meet you. Palms Presbyterian Church 3410 S. 3rd St, Room 202 Jacksonville Beach, FL 32250 A few blocks north of J. Turner Butler Boulevard (JTB), and South Beach Parkway <strong>Format:</strong> Discussion <strong>Notes:</strong> Non Smoking - Non Smoking, Non-Smoking. Thursday's meeting currently uses Strengthening My Recovery Meetings Local Time 06:30 pm America/New_York</td>
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<tr>
<td>Monday</td>
<td>03:30</td>
<td>Healing With Feeling (MA063)</td>
<td>77 Hall St, Leominster Massachusetts, 01453</td>
<td>We meet in person only on the 2nd Monday of each month at the United Methodist Church at the corner of Hall St. and Merriam Ave. There is ample parking behind the church. We meet online every Monday, including the 2nd Monday. Please reach out to our meeting contact to receive Zoom credentials. <strong>Format:</strong> Discussion <strong>Notes:</strong> Non Smoking - Non Smoking, Non-Smoking, We meet in person and online every 2nd Monday of the month. All other Mondays we meet online only. Please reach out to our meeting contact for the Zoom credentials. Meetings Local Time 06:30 pm America/New_York</td>
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<td>Monday</td>
<td>03:30</td>
<td>Together We Can (MI101) (English)</td>
<td>4010 Lippincott, Burton Michigan, 48519</td>
<td>Atherton United Methodist Church, corner of Center Rd and Lippincott - Library. Coffee is group conscience. Non-smoking. Mask or social distancing preferred. Baby friendly. <strong>Format:</strong> Discussion - Fellowship Text - Laundry Lists Workbook <strong>Notes:</strong> Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Open Door Church name change. Meetings Local Time 06:30 pm America/Detroit</td>
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<td>Monday</td>
<td>03:30</td>
<td>Monday ACA Red Book (OK0041)</td>
<td>935 Grand Ave., Ardmore Oklahoma, 73401</td>
<td>Nearest Intersection is Grand and K St NW on north east corner. Building called The Glen. <strong>Format:</strong> Fellowship Text (BRB) <strong>Notes:</strong> Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Chicago</td>
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<td>Monday</td>
<td>03:30</td>
<td>ACA Continued Hope (PA131)</td>
<td>267-807-9598 Access Code: 681-798-524# Only a Telephone Meeting Dial: 267-807-9598 Access Code: 681-798-524#</td>
<td><strong>Meeting Name</strong>: ACA Continued Hope (PA131) <strong>Effective Date</strong>: 10/17/22 This meeting is only a TELEPHONE Meeting. Dial: 267-807-9598 Access Code: 681-798-524# Only a Telephone Meeting Dial: 267-807-9598 Access Code: 681-798-524# Meetings Local Time 06:30 pm America/New_York</td>
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<td>Monday 03:30 PM</td>
<td>Wisconsin Dells ACA (WI083) - 620 Broadway, Wisconsin Dells Wisconsin, 53965</td>
<td>We are open to anyone who identifies as an Adult Child of an Alcoholic or dysfunctional family, and also to anyone who thinks he/she might be an adult child and is looking for help and hope. To join in-person, please contact our representative first to verify that meeting in person is an option. Entrance is on Capital Street. We meet up the stairs, first door on the left.</td>
<td>Non Smoking - Non Smoking, Hello fellow traveler! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, but calling or emailing is also ok! Please reference ACA so we know you aren't spam. Thank you, and welcome!</td>
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<td>Format: Discussion - Laundry Lists Workbook - Steps</td>
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<td>Notes: Non Smoking - Non Smoking, Hello fellow traveler! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, but calling or emailing is also ok! Please reference ACA so we know you aren't spam. Thank you, and welcome!</td>
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<td>Meetings Local Time 05:30 pm America/Chicago</td>
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<td>Monday 03:30 PM</td>
<td>(OH0094) - 435 SOM Center Rd., Cleveland Ohio, 44143 In the Mayfield Village area. Take the Wilson Mills exit off of 271 and head east. Take a left turn onto SOM Center Rd. (heading north). St. Bartholomew Episcopal Church will be about 1 1/2 miles up on the right hand side.</td>
<td>Format: Discussion - Fellowship Text (BRB) - Steps</td>
<td>Non Smoking - Non Smoking, Hello fellow traveler! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, but calling or emailing is also ok! Please reference ACA so we know you aren't spam. Thank you, and welcome!</td>
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<td>Monday 03:30 PM</td>
<td>YANA You are not Alone (IN0093) - 950 Potters Lane, Clarksville Indiana, 47129 Across Potter's Lane from the golf course.</td>
<td>Format: Discussion - Steps</td>
<td>Non Smoking - Non Smoking, Hello fellow traveler! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, but calling or emailing is also ok! Please reference ACA so we know you aren't spam. Thank you, and welcome!</td>
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<td>Meetings Local Time 06:30 pm America/Kentucky/Louisville</td>
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<td>Monday 03:30 PM</td>
<td>The Solutions (MO0049) - 3512 Gravois Rd, High Ridge Missouri, 63051 Church of Christ</td>
<td>Format: Book Study</td>
<td>Needs Support - Non Smoking - Smoking - Wheelchair Access - Needs Support, Non Smoking, Smoking, Wheelchair Access,</td>
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<td>Meetings Local Time 05:30 pm America/Chicago</td>
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<td>Monday 03:30 PM</td>
<td>Meet Your Inner Family Group (AZ0146) - 6700 N Oracle Rd., Tucson Arizona, 85704 STE # 411</td>
<td>Format: Fellowship Text - Loving Parent Guidebook</td>
<td>Needs Support - Non Smoking - Smoking - Wheelchair Access - Needs Support, Non Smoking, Smoking, Wheelchair Access,</td>
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<td>Meetings Local Time 03:30 pm America/Phoenix</td>
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<td>Monday 03:30 PM</td>
<td>Ocean View ACA (DE0013) - ZOOM Meeting ID 87592114000 Password 19970</td>
<td>Format: Discussion</td>
<td>Needs Support - Non Smoking - Smoking - Wheelchair Access - Needs Support, Non Smoking, Smoking, Wheelchair Access,</td>
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<td>Meetings Local Time 06:30 pm America/New_York</td>
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<td>Monday 03:30 PM</td>
<td>From Hurting to Healing (WEB0211) - Womens meeting There will be a waiting room in place. Meeting focus: Monday: Big Red Book Study (75 min, speaker share last Monday) Thursday: Daily reading from Strengthening My Recovery (60 min) Saturday: Loving Parent Guidebook Study (60 min) Zoom ID: 885 489 0121 passcode 152174 Any questions please email group</td>
<td>Format: Book Study - Fellowship Text - Loving Parent Guidebook</td>
<td>Needs Support - Non Smoking - Smoking - Wheelchair Access - Needs Support, Non Smoking, Smoking, Wheelchair Access,</td>
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| Monday 03:30 PM | Coast to Coast BRB Study (WEB0260) - **This meeting is a BRB study followed by open shares. We currently meet on Zoom only. Zoom ID: 434 350 7964. Please follow the steps to reach the meeting contact by using the link at the top of the meeting page. Email the meeting contact Mark C. and the password will be provided. We are taking this step to support a safe meeting environment for all our attendees. Thanks! | **Format:** Book Study - Discussion - Fellowship Text  
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | Monday Toledo ACA on Zoom (WEB0281) - 325 North Michigan Street, Toledo Ohio, 43604 At this time, the meeting is being held via the Zoom online format. Please contact Gena, at mondaytoledoACA.zoom@gmail.com for the meeting ID and password to attend on the Zoom platform. | Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | SOS (Save Our Selves) (WEB0289) - 401 main st, Radford Virginia, 24141 Zoom 400852917 ID # Password 401 | **Format:** Book Study - Discussion - Fellowship Text  
**Notes:** Needs Support - Needs Support  
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | ACOA Daily affirmations (TN0108) - 136 Smith Rd, Knoxville Tennessee, 37934 Upon entering the parking lot go left on the north side of the building. The green awning is the easiest and quickest point of entry to find the meeting. | **Format:** Discussion  
**Notes:** Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, We focus on--Daily Affirmations, Strengthening My Recovery.  
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | Monday night Gainesville ACA (GA0068) - 664 Lanier Park Drive, Gainesville Georgia, 30501 J's Place Recovery Center | **Format:** Discussion - Fellowship Text (BRB) - Speaker  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,  
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | (FL0368) - 7190 Sunset Drive, Miami Florida, 33143 We meet in the Library: take your first left when entering from the main parking lot. | **Format:** Discussion In person meeting!  
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:30 PM | Greater Danbury Area ACA (CT0143) - 15 Great Pasture Rd, Danbury Connecticut, 06810 We are located at the Danbury Fellowship Center. This meeting began on 03/06/23. EFFECTIVE 9/18/2023: We are currently reading Chapter 15 of the BRB Fellowship Text and will determine what's next when complete. We have a small quantity of extra books for borrowing so please come and join us even if you don't have the Big Red Book Fellowship Text yet and we can assist you in making arrangements to obtain your own copy if interested. | **Format:** Fellowship Text (BRB)  
**Notes:** Wheelchair Access - Wheelchair Access,  
Meetings Local Time 06:30 pm America/New_York |
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| Monday 03:30 PM | Healing Piece by Peace 21 (WEB1081) - Laundry List Workbook Study - Group established on February 1, 2021. Healing Piece by PEACE started as a group of people wanting to continue working their ACA program after finishing RSG. We meet to study the Laundry List Workbook with answering questions every Monday. Join us if you want to do the Laundry List Workbook piece by PEACE. For Safety of the Room, please email Group Contact for meeting passcode. | Format: Laundry Lists Workbook
Meetings Local Time 06:30 pm America/New_York [Virtual Meeting Link](#) |
| Monday 03:30 PM | Sobriedad Emocional (FL0282) (Español) - Reuniones son sólo por Zoom. Pedimos a los participantes abrir sus cámaras como medida de seguridad. Por favor, escriba al correo electrónico para obtener información de acceso: SobriedadEmocionalACA@gmail.com | Format: Discussion
Meetings Local Time 06:30 pm America/New_York |
| Monday 03:45 PM | Miracles On Monday (LA025) - Zoom Meetings are being held in place of in-person meetings at this time. Zoom Meeting ID 423 843 2240 Meeting Password 827255 (if needed) | Format: Book Study - Discussion - Fellowship Text
Notes: Non Smoking - Non Smoking,
Meetings Local Time 05:45 pm America/Chicago |
| Monday 03:45 PM | Monday Night Miracles (MA0092) - 26 Pleasant St., Newburyport Massachusetts, 01950 First Religious Society Church--Meeting is held on the second floor of the church. Enter through gate on Pleasant Street to side entrance of church. Come through he door and turn right up the steps. There is street parking on Pleasant St. and metered parking beside and in back of church. | Format: Discussion - Speaker - Steps - Strengthening My Recovery
Notes: Needs Support - Non Smoking - Needs Support, Non Smoking. This is currently a hybrid meeting using Zoom for those who cannot attend in-person. Most folks have returned to meeting in-person now, but we like to offer the virtual option as well for now. Please contact the person listed to receive the Zoom link.
Meetings Local Time 06:45 pm America/New_York |
| Monday 04:00 PM | Rogers Adult Children of Alcoholics (AR0006) - 217 W. Cypress St., Rogers Arkansas, 72756 | Format: Discussion
Notes: Non Smoking - Non Smoking,
Meetings Local Time 06:00 pm America/Chicago |
| Monday 04:00 PM | Toronto North ACA (CAN313) - 354 St. Clair Avenue West, Toronto Ontario, M5P 1N4 Holy Rosary Catholic Church. Bathurst & St. Clair W All are welcome! Effective August 3rd, 2023 we are meeting F2F at a new location. Kindly contact us at acattn@gmail.com for additional information. Looking forward to having you join us! | Format: Discussion
Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Everyone is Welcome!
Meetings Local Time 07:00 pm America/Toronto |
| Monday 04:00 PM | (CT0125) - 184 Cherry Brook Rd, Canton California, 06019 Meeting is back to meeting in person. Meeting is held downstairs. | Meetings Local Time 07:00 pm America/New_York |

Page 82 of 91
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<th>Time</th>
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<td>Monday 04:00 PM</td>
<td>Monday Night Guilford Meeting (CT087)</td>
<td>Virtual only. <a href="https://zoom.us">https://zoom.us</a>, ID: 866 473 127, password: Monday.</td>
<td>Discussion</td>
<td>Due to occasional hacking issues, we will lock the meeting to additional people twenty minutes after the meeting starts. Sorry for any inconvenience. You can text 860-662-0021 and ask to be let in if you arrive late.</td>
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<td>Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Inner Child Group (FL167) - Meeting ID: 894 2764 9729 Passcode: 908692 Use the smartphone Zoom app, log on at <a href="https://zoom.us/join">https://zoom.us/join</a>, or call in at 1(929)205-6099 Zoom meeting only at this time (no in-person) * You may use your initials as your last name and may opt out of using the video feature for anonymity if you so choose*</td>
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<td>Discussion</td>
<td>Meetings Local Time 07:00 pm America/New_York Virtual Meeting Link</td>
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<td>Monday 04:00 PM</td>
<td>Johns Creek (GA034) - 10950 Bell Rd, Johns Creek Georgia, 30097 Park in the rear near the playground. Follow the sidewalk to the lower level meeting room behind the playground.</td>
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<td>12 Steps Yellow Workbook - Discussion</td>
<td>Non Smoking - Non Smoking, Non Smoking Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Monday Night ACA Group Red Book Meeting (IL0234)</td>
<td>Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded on the belief that family dysfunction is a disease that infected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. Meeting is Zoom/online only. Email <a href="mailto:acoam2022@gmail.com">acoam2022@gmail.com</a> for Meeting ID and Password.</td>
<td>Book Study - Discussion - Steps</td>
<td>Meetings Local Time 06:00 pm America/Chicago</td>
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<td>Monday 04:00 PM</td>
<td>The Milton Parlor Meeting (MA0080) - Meeting in zoom now - ID: 816 3990 1996 pwd: 457368</td>
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<td>Book Study - Discussion - Fellowship Text - Steps</td>
<td>Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Living Life Meeting (MI0157) - Zoom Meeting ID: 886 0611 2363 Password: Due to issues with Zoom bombers, please text contact person to get password. Formerly at Portage Lake United Church, Suspending in-person meetings 1/3/2022 and going online only using zoom or telephone.</td>
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<td>Book Study - Discussion</td>
<td>Beginners Notes: Wheelchair Access - Wheelchair Access, Due to issues with Zoom bombers, please text contact person to get meeting info. Meetings Local Time 07:00 pm America/Detroit</td>
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| Monday 04:00 PM | Aca Meeting (MI054) - 1020 East Mitchell, Petoskey Michigan, 49770 All meetings are on Zoom every Monday at 7pm. Every first Monday of month: In-Person and Zoom at Emmanuel Episcopal Church, Petoskey Michigan 49770 Please contact Kathy A. for Zoom information. | **Format**: 12 Step Study Group - Book Study - Discussion - Fellowship Text Non Smoking  
Meetings Local Time 07:00 pm America/Detroit |
| Monday 04:00 PM | ACA Monday Red Book (MN143) - 1895 Laurel Ave., Saint Paul Minnesota, 55104 St. Mary's Episcopal Church, 1895 Laurel Ave, St. Paul, MN 55104, lower level. Press buzzer on top and we'll let you in. Church is on the corner of Laurel and Howell. | **Format**: Book Study - Discussion Non Smoking  
Meetings Local Time 06:00 pm America/Chicago |
| Monday 04:00 PM | BRB Boys 2 Men (Men-only) Kirkwood (MO0041) - Zoom ID: 433 409 304 Password: 911 356 Meeting is zoom only. | **Format**: Book Study  
**Focus**: Men-Only  
**Notes**: Non Smoking - Non Smoking,  
Meetings Local Time 06:00 pm America/Chicago |
| Monday 04:00 PM | Selwyn Park (NC062) - We are meeting virtually on Zoom. Email for the link. | **Format**: Discussion  
**Notes**: Non Smoking - Non Smoking,  
Meetings Local Time 07:00 pm America/New_York |
| Monday 04:00 PM | North Raleigh Group (NC0085) - 9121 Six Forks Road, Raleigh North Carolina, 27615 We are a Big Red Book study group that meets in-person. Our physical home is The Church at Six Forks in North Raleigh, NC. Email our public contact person for further details. | **Format**: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Steps  
**Notes**: Non Smoking - Non Smoking, We read from the Big Red Book on the 1st, 3rd and 4th Monday of the month. The 2nd Monday we read from the Loving Parent Guidebook.  
Meetings Local Time 07:00 pm America/New_York |
| Monday 04:00 PM | Generations (NC044) - 20 Oak St, Asheville North Carolina, 28801 ATTN: Starting August 21st, 2023, our meeting will be IN PERSON only until further notice. Meetings are in person at First Congregational United Church of Christ. Enter through the glass doors that face the street at the front of the church. Push buzzer once and someone will let you in. We meet in Room 204. | **Format**: Discussion - Fellowship Text (BRB) - Speaker - Strengthening My Recovery  
**Notes**: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Non Smoking. Park in rear lot or on street. Enter through the front entrance. Push buzzer and someone will let you in.  
Meetings Local Time 07:00 pm America/New_York  
[Virtual Meeting Link](#) |
| Monday 04:00 PM | Monday Nighters (NY0151) - 50 Columbia Avenue, Hartsdale New York, 10530 7th Day Adventist Church Cross street East Hartsdale Ave/ Lawton Ave Meetings are now reopened starting May 24, 2021. | **Format**: Discussion - Speaker  
Meetings Local Time 07:00 pm America/New_York |
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<td>Monday 04:00 PM</td>
<td>Steps to Freedom (NY0176)</td>
<td>Steps to Freedom (NY0176) - We are meeting via Zoom and not in person. invite link: <a href="https://us02web.zoom.us/j/84394235384?pwd=eC9pekg2U3lvL3dLREJxYnIVcEFmQT09">https://us02web.zoom.us/j/84394235384?pwd=eC9pekg2U3lvL3dLREJxYnIVcEFmQT09</a> Meeting ID: 843 9423 5384 Passcode: Solution</td>
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<td>Format: Discussion - Speaker - Steps Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Recovering Survivors - Adult Children (NY0189)</td>
<td>Recovering Survivors - Adult Children (NY0189) - St. Paul’s Episcopal Church, 25 Westminster Rd., Rochester New York, 14607 NEW LOCATION AND FORMAT EFFECTIVE MONDAY, 10/4/2021. Enter church through door closest to Vick Park B. Door locks at 7:15 while meeting in progress!</td>
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<td>Format: Discussion Notes: Non Smoking - Non Smoking, Our meeting picks topic from basket each week. Topics related to ACA literature topics. Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Baby Steps (NY099)</td>
<td>Baby Steps (NY099) - 1400 NY-52/Main Street, Fishkill New York, 12524 This is an in-person meeting at Our Savior Lutheran Church from 7:00 p.m. to 8:00 p.m. ET on Monday evenings. Meeting starts promptly at 7pm. We meet in the 1st floor classroom - go through double doors on left side of building and it is first door on the right. If the classroom is empty, check the library/conf. room on first floor (double doors on right side of building, last door on the left) as occasionally the meeting is relocated to this space. Directions: Exit 13 on I-84, Highway 9 North approx. one mile to NY-52 (Main St.), turn right and go approx. 3/4 of a mile, on the right.</td>
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<td>Format: Discussion Non Smoking Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>ACA for AAs - Step and Selected Topic Study (NY113)</td>
<td>ACA for AAs - Step and Selected Topic Study (NY113) - 5 Hampton Street, Sag Harbor New York, 11963 This is an ACA meeting for recovering alcoholics. Christ Episcopal Church of Sag Harbor Enter on Union Street. Up small ramp to room attached to the church.</td>
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<td>Format: Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking, This is an ACA meeting for recovering alcoholics. Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Heath, Ohio ACoA (OH0086)</td>
<td>Heath, Ohio ACoA (OH0086) - 1331 Chapel Way, Heath Ohio, 43056 UPDATE: We are currently holding a 12 steps workbook meeting (yellow) and are working the steps together as a group. This is an open meeting so don’t let the step work we’re doing stop you from coming. All are welcome. We meet in the fireside room when the weather is cold, dark or nasty. Enter the church at the first door on the left side of the building, the fireside room is the first door on the left once inside. Once the warmer weather is here we may resume meetings at the church outside under the front entrance, so please bring a lawn chair. Entering Heath on State Rt. 79 heading north, turn left at Kaiser Dr. (if heading south on State Rt. 79, turn right at Kaiser Dr.) go past the entrance to the Chapel Grove retirement community, then turn right on the second street which is Chapel Way. You will see a sign for the Heath Church of Christ. Follow Chapel Way to the church.</td>
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<td>Format: 12 Steps Yellow Workbook - Discussion - Steps Non Smoking Meetings Local Time 07:00 pm America/New_York</td>
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<td>Monday 04:00 PM</td>
<td>Recovery Fellowship (PA076)</td>
<td>1078 Egypt Rd, Oaks Pennsylvania, 19426 Greentree Church Of The Brethren PLEASE CHECK WITH MEETING CONTACT PERSON FOR HOLIDAYS ON MONDAY AND INCLEMENT WEATHER TO ASSURE MEETING BEING HELD</td>
<td>Book Study - Discussion - Fellowship Text - Speaker - Steps</td>
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<td>Monday 04:00 PM</td>
<td>(PA115) - 1680 Four Mile Drive</td>
<td>Williamsport Pennsylvania, 17701 Meeting access is through the basement glass double doors of Northway Community Church, located at the intersection of Northway Road and Four Mile Drive in Loyalsock Township (Williamsport), Pennsylvania. **** For GPS purposes, the address is 1680 Four Mile Drive, Williamsport, Pennsylvania 17701 ****</td>
<td>Discussion - Speaker - Steps</td>
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<td>Monday 04:00 PM</td>
<td>The Laundry Mat (SC020)</td>
<td>2015 College Street, Columbia South Carolina, 29205 We meet to connect with other fellow travelers and address the effects of growing up in a dysfunctional family. We share our experience, strength and hope as we come out of isolation into a supportive community. The meeting is located up the hill, off Harden Street in Five Points, directly behind the Chik-fil-A. Parking is provided next to the building. All are Welcome.</td>
<td>Discussion</td>
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<td>Monday 04:00 PM</td>
<td>Monday Night Harbor Club ACA Meeting (TX0186)</td>
<td>3000 W. 5th Street, Fort Worth Texas, 76107 This meeting is near the intersection of University and 5th Street in the Harbor Club. We are located on the 1st floor in the room closest to 5th St.</td>
<td>Discussion</td>
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<tr>
<td>Monday 04:00 PM</td>
<td>7pm ACA Step (VA068)</td>
<td>116 West Broad Street, Falls Church Virginia, 22046 Unity Club - We meet in Room 4</td>
<td>Book Study - Steps</td>
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<tr>
<td>Monday 04:00 PM</td>
<td>Lifesavers ACA (VA109)</td>
<td>Meeting ID: 824 1387 5984 Passcode: 547446</td>
<td>Discussion - Loving Parent Guidebook</td>
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<td>Monday 04:00 PM</td>
<td>Brattleboro ACA Group (VT004)</td>
<td>Join Zoom Meeting <a href="https://us02web.zoom.us/j/82090560110?pwd=TlplHREovZDcyQ054eUmpYdEpXQT09">https://us02web.zoom.us/j/82090560110?pwd=TlplHREovZDcyQ054eUmpYdEpXQT09</a> Meeting ID: 820 9056 0110 NOTE: you will need to call Lissa or email KD - in advance of the meeting - for meeting password.</td>
<td>Discussion</td>
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| Monday 04:00 PM | **Monday Men's Laundry List Workbook (OH0096)** - This meeting, previously hybrid, is now on ZOOM ONLY. Text George at 614-831-1962 to receive the updated Zoom access information.  
**Format:** Discussion - Laundry Lists Workbook - Steps  
**Focus:** Men-Only Beginner; LGBTQ+ Welcoming; Step Study; Laundry List Workbook  
Meetings Local Time 07:00 pm America/New_York |
| Monday 04:00 PM | **Building Bridges (FL0291)** - 8396 W State Road 84, Davie Florida, 33324 Meeting room is on 2nd floor ABOVE Gold Coast Transmission. Meeting is hybrid - both in person AND Zoom. BRB Study Group except for the 3rd Monday of the month which is a Yellow Workbook Study Group. Until June 26, 2023 use this meeting code: Zoom Meeting #: 833 3894 8894 Passcode: Serenity1 On July 3, 2023 (and thereafter) use this meeting code: Zoom Meeting #: 347 981 2115 Passcode:123456  
**Format:** 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB)  
**Notes:** Needs Support - Non Smoking - Needs Support, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non Smoking, Non 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| Monday 04:00 PM | Solution Finders (LA0042) - 510 E. Bellevue, Opelousas Louisiana, 70570 | Meeting held in Lauman Hall located on the corner of E. Bellevue and N. Lombard. | **Format:** Book Study - Steps  
**Focus:** Beginners - LGBTQ+ - BIPOC - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26)  
**Notes:** Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Chicago |                               |                                                                                           |
| Monday 04:00 PM | Tony A's Steps (WEB0390) - This meeting is on Zoom. Meeting ID: 860 3768 8206 | Password: 11427                  | **Format:** Discussion - Steps Join Whatsapp group for 24/7 supporthttps://chat.whatsapp.com/CwFnTVBJD1nEvg6IP84A4l | Meetings Local Time 05:00 pm America/Denver |                                                                                           |
| Monday 04:00 PM | Strengthening Our Recovery BRB Meeting (WEB0399) -https://us02web.zoom.us/j/6660357900?pwd=VjhyY1IDWE90TmUrWVNYVHV4UnIRUT09 | Meeting ID: 666 035 7900 Password: solution | **Format:** Discussion  
Meetings Local Time 06:00 pm America/New_York |                               |                                                                                           |
| Monday 04:00 PM | Fellow Travelers of Pensacola (FL0338) - 7979 N. 9th Ave., Pensacola Florida, 32514 | The Monday and Friday meetings are in the Library Room 5. | **Format:** 12 Steps Yellow Workbook - Discussion - Strengthening My Recovery  
Monday - Discussion from Daily Affirmation (LYB) Meeting in Library rm. 5 Friday - (12-Step Workbook). NOTE: Friday's meeting is 2 hours. Meeting in Library rm. 5 Meetings Local Time 06:00 pm America/Chicago |                               |                                                                                           |
| Monday 04:00 PM | True Colors Global Gay Men’s Meeting (WEB0445) - The new link effective Monday 1/16/2023 is: Zoom Meeting ID: 825 9134 5163 Passcode: 8675309 |                               | **Format:** Discussion - Speaker - Steps  
**Focus:** LGBTQ+ - Men-Only Gay Men Affinity Group | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Monday 04:00 PM | Clarity Seekers (WEB0512) - Zoom ID 882 0817 6585 password: clarity |                               | **Format:** Discussion - Fellowship Text We read from the book, The Laundry List. | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Monday 04:00 PM | Peachtree City ACA Meeting (GA0066) - 500 Kedron Drive, Peachtree City Georgia, 30269 Meeting is located in the cafe. |                               | **Format:** Book Study - Discussion | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Monday 04:00 PM | Monday Night ACA Solution Group (MD0075) - 35 Mayo Road, Edgewater Maryland, 21037 |                               | **Format:** Discussion - Fellowship Text | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Monday 04:00 PM | ACA Boston Cambridge Newcomers (MA0106) - We are only meeting on Zoom. Please email the Group Secretary for the Zoom link: acabostoncambridgenewcomers@gmail.com |                               | **Format:** Discussion - Fellowship Text  
**Focus:** Beginners | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Monday 04:00 PM | Fellow Travelers (VA0158) - 1400 Ewell Rd, Virginia Beach Virginia, 23455 Located inside Bayside Presbyterian Church. Meeting entrance faces Ewell Rd. |                               | **Format:** Discussion - Fellowship Text (BRB) | Meetings Local Time 07:00 pm America/New_York |                                                                                           |
| Time       | Location                                                                 | Address                                                                 | Details                                                                                                                                                                                                 | Format                               | Notes                                                                 | Meetings Local Time               | City          | State     | Time Zone     |
|------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|------------------------------------------------------------------------|----------------------------------|---------------|------------|---------------|-----------------|
| Monday 04:00 PM | Freedom from Shame (PA0172) - 20 Dill Ave, Perkasie Pennsylvania, 18944 SNOW INFO | text one of the contacts before meeting the forecast is calling for snow. St Andrews Evangelical Lutheran - enter northeast side of church (side with the playground, which you cannot miss, it is colorful) meeting in the adult classroom (1st door on right upon entering the building) | **Format:** Discussion - Fellowship Text (BRB)  
**Notes:** Wheelchair Access - Wheelchair Access, Please join us. You can see for yourself if this is the place for you. We'd love to have you here.  
Meetings Local Time 07:00 pm America/New_York |                                |                                                                                                       |                                |                           |                        |
| Monday 04:00 PM | Bernardsville (NJ0180) - 88 Claremont Rd., Bernardsville New Jersey, 07924 St. Bernard's church | Meetings Local Time 07:00 pm America/New_York |                                                                                                                                            |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | Turtle Island Love & Light (WEB0858) (English) | Please contact us for online meeting access information. All welcome, and a special welcome to newcomers.  
Meetings Local Time 07:00 pm America/Toronto |                                                                                                                                            |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | 401 Club ACOA (MI0192) - 401 Kimberly St, Iron Mountain Michigan, 49801 6PM Central Time |                                | **Format:** Discussion - Laundry Lists Workbook  
**Notes:** Non Smoking - Non Smoking, Lift chair for steps  
Meetings Local Time 06:00 pm America/Chicago |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | Bristol VA-TN ACA (VA0159) - 333 Spencer St., Bristol Virginia, 24201 Take Martin Luther King Blvd. and turn onto Edmond St. Take an immediate left onto Spencer St. and park in front of 333 Spencer St. Please use the stairs to the main entrance. This facility is owned by the First Christian Church of Bristol, VA. |                                | **Format:** 12 Step Study Group - Fellowship Text  
**Notes:** Non Smoking - Non Smoking,  
Meetings Local Time 07:00 pm America/New_York |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | Freedom From The Past (VA0162) - 6000 Grove Avenue, Richmond Virginia, 23226 Room 14, located upstairs in the church, in classroom 14. |                                | **Format:** Book Study - Discussion - Fellowship Text - Steps - Traditions  
**Focus:** Beginners  
Meetings Local Time 07:00 pm America/New_York |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | Étude des Douze Étapes (WEB0996) |                                | **Format:** Steps  
Meetings Local Time 07:00 pm America/Toronto |                                |                                                                                                       |                                |                           |                        |                |                        |
| Monday 04:00 PM | RI Area ACA Evening (WEB1003) |                                | **Format:** Book Study - Discussion - Fellowship Text - Loving Parent Guidebook This is a RI Area ACA Open Meeting Time. There is not an "official" meeting every night. Generally, there is a meeting on Monday, Tuesday, Wednesday, and Thursday, but 2 people and the literature make a meeting! Mondays - We read from the Daily Reflections Thursdays We are reading from the Loving Parent Guidebook Email Riareaaca@gmail.com for the password be prepared for a delayed response  
Meetings Local Time 07:00 pm America/New_York |                                |                                                                                                       |                                |                           |                        |                |                        |
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<td>Monday 04:00 PM</td>
<td>ACA and Mental Health (WEB1010)</td>
<td>Zoom Meeting ID: 8070534034. Password: recovery</td>
<td>Book Study</td>
<td>Women Only We welcome ALL women who identify as women! We are currently reading &quot;The Body Keeps The Score&quot;</td>
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<td>Monday 04:00 PM</td>
<td>(OH5087) - 778 W Central Ave., Springboro Ohio, 45066</td>
<td>Meeting is in person and located at the Springboro Franklin Club. All newcomers welcome!</td>
<td>Discussion - Steps</td>
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<td>Monday 04:00 PM</td>
<td>Whole Lot of Peace, Love &amp; Joy! (FL0377) - 220 Horatio Avenue W., Maitland Florida, 32751 *** NOTE - MON 10/2/23 ONLY *** MTG HELD AT ST RICHARDS EPISCOPAL CHURCH IN ST RICHARDS ROOM NEAR MAIN SANCTUARY ENTRANCE TO LEFT OF RESTROOMS. LOCATED AT 5151 LAKE HOWELL ROAD, WINTER PARK. REGULAR MTG LOCATION - All other Mondays at Asbury United Methodist Church - Please park on East side opposite Lake Sybelia. Take Corridor to Left of Fellowship Hall, then turn Right at Gate, then Left after Restrooms. ACA Room #15 on Right. Please note, Church Admin sometimes locks Gate around 7:10 P.M. We look forward to meeting you!</td>
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<td>Monday 04:00 PM</td>
<td>Fellow Travelers (MI0201) - 910 Jenks Blvd, Kalamazoo Michigan, 49006</td>
<td>Meeting is in the fellowship hall of Hope Church. Use the Parking lot entrance; go down a small set of stairs to the right or go down hallway and take first right for wheelchair access.</td>
<td>12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Strengthening My Recovery</td>
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<td>Monday 04:00 PM</td>
<td>The Good Enough (MD0080) - 5802 Roland Ave, Baltimore Maryland, 21210 The meeting is held in the middle room/area of Roland Park Community Center. If there is an event going on in the building we meet in the back in one of the classrooms. You drive to the main parking lot off Bellemore Rd. If you are facing the garbage can area, it is on your left hand side. Weather permitting: we meet by the outside patio (The area closer to the main street facing Roland Ave). If you are facing the front entrance of the building it is on your right hand side. The meeting tends to go over 75 minutes. <strong>Format:</strong> Fellowship Text (BRB) This is a meditation meeting and a book study meeting. The first 10-15 minutes we do a meditation followed by book study and sharing circle. Meetings Local Time 07:00 pm America/New_York</td>
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