



This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes.

Searched for "**Online Meetings**" Printed on 2022-Aug-07  
Showing Meetings adjusted to TimeZone **America/New\_York**

**There are too many meetings to show them all. The first 600 meetings are shown**

Adjusted Day Time	Meeting Information
Sunday 12:00 AM	<p>24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&amp;DF. MEETING TIME DOES NOT APPLY.</p> <p>Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more.</p> <p><a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a></p> <p><b>Format:</b> 12 Step Study Group - Discussion</p> <p>Meetings Local Time 12:00 am America/New_York</p>
Sunday 12:00 AM	<p>Early Risers Fellow World Travelers, Europe - Sunday Meeting (WEB0187) - Zoom Id: 851-1575-1109 - Password 711 - English speaking meeting - Audio only, please do not use your video. Reparenting ourselves can mean many things, but the central theme is that we are willing to challenge our critical, inner voice and to care for the child within. By reparenting ourselves, we lose interest in harming ourselves with addictions and compulsions. We remind ourselves that we have worth. We do this as often as it takes without thought of the repetition or how it might sound to another person.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Focus:</b> Beginners</p> <p>Meetings Local Time 06:00 am Europe/Amsterdam</p>
Sunday 12:30 AM	<p>ACA - Give it a go - Tony A's 12 Steps Reparenting (WEB0808) - Zoom link: <a href="https://us02web.zoom.us/j/84365746961">https://us02web.zoom.us/j/84365746961</a></p> <p><b>Format:</b> Loving Parent Guidebook</p> <p><b>Focus:</b> Women Only Saturdays and Sundays Loving Parent meetings based on Tony A's 12 Steps and Affirmations from the Big Red Book. (not using Loving Parent guide book)</p> <p>Meetings Local Time 06:30 am Europe/Vienna</p>
Sunday 01:00 AM	<p>NZ Studies 12 Steps (WEB0752) -</p> <p><b>Format:</b> Book Study - Steps 12 Step study. Two hours. Screen share participation. Audio only. Locked 30 mins after start. WAG chat group attached. Ongoing study. Meeting id is 2020434320 and password is Ucandoit.</p> <p>Meetings Local Time 05:00 pm Pacific/Auckland</p>
Sunday 02:30 AM	<p>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: <a href="mailto:przystan.na.mazurach@gmail.com">przystan.na.mazurach@gmail.com</a></p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM</p> <p>Meetings Local Time 08:30 am Europe/Berlin</p>

Sunday 03:00 AM	<p>Europe's Sunday morning Big Red Book Chapter 19 Study (The Twelve Traditions of ACA ) (WEB0182) - 09:00 am Amsterdam / 08:00 am London Zoom:  <a href="https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbGIHZzFEenZoUG5CYy84Zz09">https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbGIHZzFEenZoUG5CYy84Zz09</a>  Meeting ID : 858 6787 6612 Passcode : 711 Audio only, please do not use the video function. English speaking meeting. The ACA Twelve Traditions provide guidelines for group conduct just as the ACA Steps provide guidelines for individual recovery. Please see <a href="https://www.acafellowworldtravelers.com">https://www.acafellowworldtravelers.com</a> for information on all our meetings.  <b>Format:</b> Book Study - Discussion  <b>Notes:</b> Needs Support - Needs Support, <a href="http://www.acafellowworldtravelers.com">www.acafellowworldtravelers.com</a>  Meetings Local Time 09:00 am Europe/Amsterdam</p>
Sunday 03:00 AM	<p>ACA CHAT ONLINE (WEB0591) - • Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.  <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of February 2022!</li> </ul> <b>Format:</b> Discussion - Fellowship Text - Steps  Meetings Local Time 03:00 am America/New_York</p>
Sunday 03:30 AM	<p>Nelle Tue Mani (WEB0778) - domeniche alternate dal 16 gennaio 2022 ore 9:30 successiva ore 19:30  <b>Format:</b> Discussion  Meetings Local Time 09:30 am Europe/Rome</p>
Sunday 03:30 AM	<p>Elwood Daily Affirmation and Meditation Meeting (AUS0091) - 87 Tennyson S, Elwood Victoria, 3184 Zoom Only meeting and the Details are:  <a href="https://us02web.zoom.us/j/87885683373?pwd=ZG02bnVFaDdSOWtZd0h0RmEvVmY1QT09">https://us02web.zoom.us/j/87885683373?pwd=ZG02bnVFaDdSOWtZd0h0RmEvVmY1QT09</a>  Zoom ID: 878 8568 3373 Password: 649181 When in person - Elwood St Kilda Neighbourhood Learning Centre Getting here: Bus 246 stops at the corner of Glenhuntly Road and Tennyson Street. 5 minute walk from there. Tram 67: Stop 40. 5 minute walk down Scott Street, then turn right at Tennyson Street. Train: Ripponlea station on Glen Eira Road about a 10 minute walk.  <b>Format:</b> Fellowship Text  Meetings Local Time 05:30 pm Australia/Melbourne</p>
Sunday 03:30 AM	<p>Lemoniada DDA/DDD (WEB0429) - Za skype wyszukaj u?ytownika "dda.lemoniada" i napisz na czacie, ?e chcesz wzi?? udzia?. Alternatywnie, napisz na maila: lemonka12@wp.pl z pro?b? o przy??czenie  <b>Format:</b> Fellowship Text - Steps  Meetings Local Time 09:30 am Europe/Berlin</p>
Sunday 04:00 AM	<p>Food &amp; Emotions Womens Meeting (WEB0612) - Camera's on meeting! We want to see you &amp; hear you! Women's only meeting There's no healing without feeling! We welcome you to zoom in and connect 10mins before the meeting starts Arrive early as the meeting is locked at 18:00 prompt 10 minutes silent journaling during meeting Sharing time - we do not mention specific foods by name. 15 mins of fellowshipping after the meeting ID : 848 109 6286 Password : WITSACA  <a href="https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNlBYeEdMejVSNkNiaTZFQT09">https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNlBYeEdMejVSNkNiaTZFQT09</a>  <b>Format:</b> Book Study - Discussion  Meetings Local Time 06:00 pm Australia/Sydney</p>

Sunday 04:00 AM	<p>Relationships (NZL0007) - N/A, N/A Area Outside Region, N/A Welcome! This group meets online only and is an audio only meeting (with the option to reveal your video if you wish) It is an established ZOOM meeting established in New Zealand. We meet at 8.00pm (NZST)/6.00pm (AEST) but worldwide members are welcome, too. We read from the Big Red Book, Chapters 13 (Relationships: Applying what we have learned) &amp; Chapter 14 (Taking our Programme to work.) You will need to have the Zoom application. Once you have this, please go to: <a href="https://zoom.us/j/4964941848">https://zoom.us/j/4964941848</a> Meeting ID: 496 494 1848 Password: 121414</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 08:00 pm Pacific/Auckland</p>
Sunday 04:00 AM	<p>Sunday 9am UK online (TEL0516) - Join Zoom Meeting Meeting ID: 555 351 4570 Passcode: 9wJ6BL One tap mobile +16699006833,,5553514570#,,,,*760262# US (San Jose) +19292056099,,5553514570#,,,,*760262# US (New York) Dial by your location +1 669 900 6833 US (San Jose) +1 929 205 6099 US (New York) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 931 3860 US +1 669 444 9171 US Meeting ID: 555 351 4570 Passcode: 760262 Find your local number: <a href="https://zoom.us/j/4964941848">https://zoom.us/j/4964941848</a></p> <p><b>Format:</b> Laundry Lists Workbook</p> <p>Meetings Local Time 09:00 am Europe/London</p>
Sunday 04:00 AM	<p>Women in the Solution (WEB0562) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNIBYeEdMejVSNkNiaTZFQ109">https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNIBYeEdMejVSNkNiaTZFQ109</a> Meeting ID: 848 109 6286 Passcode: WITSACA Group Safety: ?? Women only. ?? Meeting is locked @ beginning ?? Faces on cameras throughout meeting</p> <p><b>Focus:</b> Women Only Meeting focus for every Saturday of the month: 1st Sat: Show and Tell 2nd Sat: Loving Parent Check-in 3rd Sat: Reading/ Speaker 4th Sat: Inner Child ACA Affirmations 5th Sat: Lucky Dip WITS have another meeting on Sundays - Food &amp; Emotions Focus (includes journaling &amp; sharing) Same time &amp; same log in details</p> <p>Meetings Local Time 06:00 pm Australia/Sydney</p>
Sunday 05:00 AM	<p>Self Care Sunday (WEB0173) - -- 11:00 am Central Europe / 10:00 am UK time -- on Zoom ID 862-8449-8991 -- Password 711 -- English speaking meeting -- Audio only -- Please do not use your video -- Our Self Care Sunday meeting is a nurturing space to focus on things we can do to care for ourselves while being our own Loving Parents. The meeting has a rotating schedule of readings from the ACA literature (The Big Red Book and Strengthening My Recovery), chosen by the group to help remind us of the nourishing and supportive practices we can engage in to support us all in our recovery and beyond. We look forward to seeing you and joining our loving re-parenting journey. --- The readings schedule can be found here <a href="https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBboF1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing">https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBboF1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing</a></p> <p><b>Format:</b> Fellowship Text Beginners welcome</p> <p>Meetings Local Time 11:00 am Europe/Amsterdam</p>
Sunday 05:00 AM	<p>Being Your Own Loving Parent (WEB0732) - Zoom Meeting ID: 9941173974 Passcode: 567448</p> <p>Meetings Local Time 10:00 am Europe/London</p>

Sunday 05:15 AM	<p>Sunday Brussels international (WEB0540) -  <b>Format:</b> Fellowship Text  <b>Focus:</b> ACA Teen (Ages 12 to 18) - Beginners - LGBTQ+ - BIPOC - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26)  Meetings Local Time 11:15 am Europe/Berlin</p>
Sunday 06:00 AM	<p>Stepping into the solution (GBR0010) - Due to Government Health &amp; Safety guidelines the face-to-face meeting has been cancelled and will continue as a zoom online meeting. Time: Sunday 11:00 AM UK time Join Zoom Meeting <a href="https://us02web.zoom.us/j/82223439258?pwd=Q2MvU2hUaHpJNXkxY3RzdUdGcko0dz09">https://us02web.zoom.us/j/82223439258?pwd=Q2MvU2hUaHpJNXkxY3RzdUdGcko0dz09</a>  Meeting ID: 822 2343 9258 Passcode: serenity Topic: Women's Steps meeting focusing on the 12 steps Workbook. The meeting utilises breakout rooms to allow everyone the opportunity to share. Please have your video on when entering the meeting. The meeting will be locked at 11.30am after the readings have finished and sharing time begins.  <b>Format:</b> 12 Step Study Group - Steps  <b>Focus:</b> Women Only zoom online meeting  Meetings Local Time 11:00 am Europe/London</p>
Sunday 06:00 AM	<p>Doverye (WEB0776) (???????) - ???????? ?????????? ? Zoom. ?????? ?? ???  ????????????????? ? Telegram-??????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a>  <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps - Workshop ?? ???????? 9-10 ???????? ?????????? ? ??????. ????? ?????? ?????????  ???????? ?? ????? ??? ????????? ?????????? ? Zoom. ?????????? ? ?????????? ? ?????  ????????? ??? ? ???? ??????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a>  Meetings Local Time 01:00 pm Europe/Moscow</p>
Sunday 06:00 AM	<p>Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828  <b>Format:</b> Discussion  <b>Focus:</b> Beginners  Meetings Local Time 11:00 am Europe/London</p>
Sunday 06:30 AM	<p>(WEB0076) (Español) - Look for our meetings in WWW.ACASPAIN.ORG or contact <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en WWW.ACASPAIN.ORG o contacta el usuario: <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> en skype, pidiendo participar en nuestra reuniones o ser miembro.  <b>Format:</b> Book Study  Meetings Local Time 12:30 pm Europe/Madrid</p>
Sunday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!  <b>Format:</b> Book Study - Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!  Meetings Local Time 01:00 pm Europe/Amsterdam</p>

Sunday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]   Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET   Dial in: +1 646 558 8656 US (New York)   Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/kcEsR2PF1V">https://us02web.zoom.us/j/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a>]</p> <p><b>Format:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Sunday 07:30 AM	<p>Bright and Early (KY0027) - Gratz Park Bldg, 3rd Market Street, Lexington Kentucky, 40509 Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Sunday 08:00 AM	<p>ACA BIGBOOK READING MEETING (WEB0071) - <b>We have received information that this meeting may not be active. If we do not hear from anyone associated with it by September 3, 2022, this meeting will be removed from our meeting list. Please email us at <a href="mailto:meetings@acawso.org">meetings@acawso.org</a></b></p> <p>** This is SKYPE MEETING ** Hi, this is ACA BIGBOOK READING MEETING. We have the meeting at every Sunday of 08:00AM(EST) which is 09:00PM(GMT+9). 'GMT+9' is the timezone of Seoul and Tokyo. You can join the meeting with SKYPE ID <a href="mailto:acaseoulkorea@gmail.com">acaseoulkorea@gmail.com</a> We just started and need support and help :)</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p>Meetings Local Time 08:00 America/New_York</p>
Sunday 08:30 AM	<p>Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book.</p> <p><b>Format:</b> Fellowship Text This meeting has a capacity of 25 members.</p> <p>Meetings Local Time 08:30 am America/New_York</p>
Sunday 08:30 AM	<p>Safe Haven (WEB0580) - We currently meet on zoom with an intention to return to face to face meetings. We read from the fellowship text (BRB) and share. Please call or email the contact for more information.</p> <p>Meetings Local Time 08:30 am America/New_York</p>
Sunday 08:30 AM	<p>RI Area Morning (WEB0793) (English, US) - RI AREA ACA <a href="https://www.riareaaca.org/">https://www.riareaaca.org/</a> See our full schedule of meetings and add us to your calendar: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> The Virtual Meeting Link should take you straight to our meeting. Email for Password if prompted.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 08:30 am America/New_York <a href="#">Virtual Meeting Link</a></p>
Sunday 09:00 AM	<p>Kittery ACA Step Meeting (ME0042) - During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information!</p> <p><b>Format:</b> Book Study - Discussion - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 09:00 am America/New_York</p>

Sunday 09:00 AM	Eliot, Maine, Writing Meeting (WEB0451) - This is a ZOOM meeting open to all. No writing experience or expertise is necessary. Contact the Meeting Representative for more information and to obtain a link to our ZOOM Room. <b>Format:</b> Workshop This is a Writing Meeting as defined in the BRB on page 567. Meetings Local Time 09:00 am America/New_York
Sunday 09:00 AM	ecoming Your Own Loving Parent - Virtual Only (WEB0695) - Zoom link: <a href="https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1V2Zz09">https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1V2Zz09</a> Meeting ID: 822 3330 7763 Password: 111222 <b>Format:</b> Book Study - Discussion - Fellowship Text Zoom only Meetings Local Time 09:00 am America/New_York
Sunday 10:00 AM	Sunday mornings (PA0157) - Meetings are currently being run via zoom. Prior to the pandemic, this meeting was held in Wynnewood, PA. <b>Format:</b> Discussion - Fellowship Text - Book Study - Steps - Speaker Please email <a href="mailto:sundaymorningsACA@gmail.com">sundaymorningsACA@gmail.com</a> for more information. Meetings Local Time 10:00 am America/New_York
Sunday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234 <b>Format:</b> Book Study Meetings Local Time 07:00 am America/Los_Angeles
Sunday 10:00 AM	ACA Formosan Group (WEB0036) - Topic: Big Red Book Study & Daily Affirmations Time: Sundays @ 22:00 Taiwan (GMT+8) <a href="https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09">https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09</a> Meeting ID: 818 6670 0732 Passcode: 439906 “With help from our ACA support group, we will slowly release our dysfunctional behaviors.” — ACA Promise #11 <b>Format:</b> Book Study - Fellowship Text Meetings Local Time 10:00 pm Asia/Taipei
Sunday 10:00 AM	LACA (TX0206) - Due to public health concerns regarding COVID-19, Lakeway ACA meetings are now being held virtually via Zoom until it is safe to resume face to face meetings. Our Zoom ID is: 441 650 8134. The password to enter is "serenity22". <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Focus:</b> Beginners - Young Adult (Ages 18 to 26) Meetings Local Time 09:00 am America/Chicago <a href="#">Virtual Meeting Link</a>
Sunday 10:00 AM	Hermitage Seeking Sanity (TN056) - <b>**Currently only Zoom**</b> until farther notice Please reach out to a contact person for the meeting link and password, preferably in advance. Request after meeting time <b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Needs Support - Needs Support, Non Smoking Meetings Local Time 09:00 am America/Chicago
Sunday 10:00 AM	New Leaf ACOA (PA105) - NOTE: This meeting is now online only. Please join us on Zoom. Contact Jennifer B at 267-441-3089. please text (preferred) or leave voice mail. <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 10:00 am America/New_York
Sunday 10:00 AM	Sunday Mornings (WEB0754) - Meetings are run exclusively via zoom. Please email <a href="mailto:sundaymorningmeetings@gmail.com">sundaymorningmeetings@gmail.com</a> for meeting information. Meetings Local Time 10:00 am America/New_York

Sunday 10:30 AM	<p>ACA Women's Big Red Book Study (WEB0663) - For ID and Passcode pleasetext/call or email Lisa in Ca 818.445.9901 or email AcaRecoverySisters@gmail.com</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 07:30 am America/Los_Angeles</p>
Sunday 10:30 AM	<p>Sunday Morning ACA (CO0061) - Now meeting on Zoom. Click the Meeting Contact button to get more information.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 08:30 am America/Denver</p>
Sunday 11:00 AM	<p>ACA Breakfast Club (WEB0084) - WEB0085 ACA Afternoon Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p>Meetings Local Time 11:00 am America/New_York</p>
Sunday 11:00 AM	<p>ACA Schematic - Secular Sunday (WEB0781) -</p> <p>The ACA Schematic is a diagram that shows how the ACA recovery tools may be implemented to live with greater awareness of how the effects of childhood trauma continue to operate in our lives today.</p> <p>Sundays: 8am Pacific   11am Eastern   GMT 4pm Zoom ID: 851 4127 1794   Passcode: talionic</p> <p><b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners - Secular/Agnostic/Atheist</p> <p>By recognizing, acknowledging and releasing the stored psycho-physiological effects of childhood trauma induced (CPTSD) with the Six Essential Recovery Tasks, 12 Steps, Reparenting, and support of our Fellow Travellers, we will come to know and begin to act as our True Selves.</p> <p>+ NEWCOMERS TO ACA ARE WELCOME! +</p> <p>We use secular versions of the ACA literature.</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Sunday 11:00 AM	<p>Tony A - The ACOA Experience - Weekender (WEB0572) - *taking a break for the summer months. Will resume in September.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p>Meetings Local Time 08:00 am America/Vancouver</p>
Sunday 11:00 AM	<p>Sunday ACA Big Red Book (MN126) - As of January 16, 2022, the ACA St. Paul Sunday Morning meeting has returned to meeting only on Zoom. See contact info to request Zoom information be emailed to you. Click</p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Notes:</b> Non Smoking - Non Smoking, Open to all who identify as adult children of alcoholic(s) or dysfunctional families.</p> <p>Meetings Local Time 10:00 am America/Chicago</p>

Sunday 11:00 AM	<p>Courage to Change (WEB0351) - <a href="https://us02web.zoom.us/j/89174728022">https://us02web.zoom.us/j/89174728022</a> ZOOM ID 891 747 28022 We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. If you are in need of a personal chat there are fellow travelers available to sit in a breakout room with you, please make your needs known to the chair. This is a camera on meeting.</p> <p><b>Format:</b> Book Study - Discussion We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. If you are in need of a personal chat there are fellow travelers available to sit in a breakout room with you, please make your needs known to the chair. This is a camera on meeting.</p> <p>Meetings Local Time 07:00 pm Asia/Dubai</p>
Sunday 11:00 AM	<p>Women's Self Care (CA1494) - Please reach meeting contact for zoom information. 8AM PST We read from the 12 step prayer book and do some writing &amp; work on letting go of the self doubt and self abandonment that we have held onto for so long.</p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Sunday 11:00 AM	<p>With the Help of Our Higher Power (WEB0495) - Please join us for readings related to false self formation and true self expression + mindfulness practices to help us connect with and speak from our heart (our authentic self). This is a 60-minute meeting with readings and practices. Meeting ID: 881 9790 7675 Passcode: ilikeyou Join Zoom Meeting:</p> <p><a href="https://us02web.zoom.us/j/88197907675?pwd=NUNOdC9sWit3WTBUB0hTRnVtMmg4UT09">https://us02web.zoom.us/j/88197907675?pwd=NUNOdC9sWit3WTBUB0hTRnVtMmg4UT09</a></p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Sunday 12:00 PM	<p>ACA Anger Release (WEB0516) - To ensure meeting safety, please email <a href="mailto:adultchild12steps@gmail.com">adultchild12steps@gmail.com</a> for Zoom meeting ID and passcode. This meeting is locked after it begins. The goal of this meeting is to give you a place to explore your resentments, release your anger and find out about its sources in your childhood. Only by processing the repressed anger will we be free of it, and gain the ability to not act out on it day to day. We encourage the use of optional tools such as pillows, plastic bats, curse words, etc. to express anger. There are strict guidelines for sharing in order to support participants' well-being.</p> <p><b>Format:</b> Fellowship Text - Workshop</p> <p>Meetings Local Time 09:00 am America/Los_Angeles</p>
Sunday 12:00 PM	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA. Alternatively, here is the link to enter the meeting:</p> <p><a href="https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw</a></p> <p><b>Format:</b> Discussion</p> <p><b>Focus:</b> LGBTQ+</p> <p>Meetings Local Time 12:00 pm America/New_York</p>
Sunday 12:00 PM	<p>PEACA (ZAF0003) - Thursday - 1hr express meeting, LPG Study at 12 pm SAST - Meeting ID: 813 8264 8768 Passcode: PEACA</p> <p>Sunday - 1hr meeting, BRB Study (+2 years) at 6 pm SAST - Meeting ID: 875 9641 4756 Passcode: PEACA</p> <p><b>Format:</b> Fellowship Text Welcome to share in Afrikaans</p> <p>Meetings Local Time 06:00 pm Africa/Johannesburg</p>



Sunday 12:00 PM	<p>A New Hope ACA Beginners Meeting - Connections (WEB0140) - Using the ACA Beginners Meeting Handbook available for free at <a href="https://www.ACAhope.com">https://www.ACAhope.com</a> (Handbook is derived from fellowship texts, but not itself conference approved). Newcomer/beginner focus (those in ACA less than a year), open to all adult children. Zoom meeting link: <a href="https://us02web.zoom.us/j/89221782321">https://us02web.zoom.us/j/89221782321</a> - password: 603201. American Sign Language (ASL) interpreter available with advance request.</p> <p><b>Focus:</b> Beginners Meetings Local Time 12:00 pm America/New_York</p>
Sunday 12:00 PM	<p>Neguju?i roditelj (WEB0869) (Serbian/Croatian) - Sastajemo se svake druge sedmice. Pišite nam na email da biste dobili vreme slede?eg sastanka i zoom link.</p> <p><b>Format:</b> Loving Parent Guidebook Meetings Local Time 06:00 pm Europe/Belgrade</p>
Sunday 12:00 PM	<p>ACA CHAT (WEB0092) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions Meetings Local Time 12:00 pm America/New_York</p>
Sunday 12:00 PM	<p>ACA 4x4 meeting (WEB066) - ACA 4x4 meeting, each week we read one Trait from Laundry List Workbook and then share about it. Sunday 7:00PM Eastern European Time EET. UTC/GMT +2H LATVIAN language only! To join this meeting: write to Skype user sapulce_4x4 before meeting. PAB 4x4 sapulce, katru reizi viena pazime. Lai piedalitos raksti Skype lietotajam sapulce_4x4 pirms sapulces. Sapulces notiek Svetdienas pl 19 pec Latvijas laika Skype programma.</p> <p><b>Format:</b> Discussion Meetings Local Time 07:00 pm Europe/Riga</p>
Sunday 12:00 PM	<p>(WEB0771) - Meetings Local Time 11:00 am America/Chicago</p>
Sunday 12:00 PM	<p>ACA Chapel Hill Online Meetings. Welcome to everyone from an alcoholic or otherwise dysfunctional home (WEB0112) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a> EVERYDAY AT NOON EST</p> <p>Monday - Laundry List Workbook Tuesday - Topic Meeting Wednesday - Big Red Book Thursday - Traditions Friday - Loving Parent Guidebook Saturday - Topic Meeting Sunday - Beginners Meeting</p> <p><b>Focus:</b> Beginners For Meeting information : <a href="https://docs.google.com/document/d/10SIsXXex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing">https://docs.google.com/document/d/10SIsXXex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing</a> Meetings Local Time 12:00 pm America/New_York</p>

Sunday 12:15 PM	<p>Sun ACA Big Red Book (MN115) - A weekly rotation of volunteers act as trusted servants. Members take turns reading aloud. We read the ACA serenity prayer, problem/laundry list, solution, steps, Daily Affirmation, several pages of the Big Red Book and the traditions. We spend about 30 minutes in breakout rooms (3-5 people) to share our feelings, reflections on the readings, and our recovery journey. We conclude together with the promises and with the serenity prayer. To join please send a message to <a href="mailto:aca1115sunday@gmail.com">aca1115sunday@gmail.com</a> or 507-312-9423 for a Zoom meeting invitation.</p> <p><b>Format:</b> Book Study</p> <p><b>Notes:</b> Non Smoking - Non Smoking, This meeting is for people identifying as adult children from alcoholic or dysfunctional families.</p> <p>Meetings Local Time 11:15 AM America/Chicago</p>
Sunday 12:30 PM	<p>Butterfly Effect (WEB0476) - Skype <a href="https://aca.homegroup">aca.homegroup</a></p> <p><b>Format:</b> Discussion - Fellowship Text - Steps - Speaker</p> <p>Meetings Local Time 07:30 pm Europe/Moscow</p>
Sunday 12:30 PM	<p>Safe Haven ACA (CO0064) - Please contact us for a link if you are interested in our online Zoom meetings Monday from 630-730pm. We also meet in person Sundays from 1030-1130am at Golden Hills Park.</p> <p><b>Format:</b> Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 10:30 am America/Denver</p>
Sunday 12:30 PM	<p>Hazelden Sunday Laundry List Meeting (WEB0101) - Meeting time 11:30AM Central Standard Time (Chicago) each Sunday. Please disregard whatever time is listed in other areas of the website. 11:30am CST is the correct meeting time. Email/text (no phone calls please) the group contact for meeting password. No requests for the password will be answered after the start of the meeting. Each week we review a Laundry List Trait from the workbook and share our reactions. Join Zoom Meeting <a href="https://zoom.us/j/5220923905">https://zoom.us/j/5220923905</a> Meeting ID: 522 092 3905 Dial by your location +1 312 626 6799 US (Chicago) Find your local number: <a href="https://zoom.us/u/abLvo3xCLD">https://zoom.us/u/abLvo3xCLD</a></p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Focus:</b> Beginners</p> <p>Meetings Local Time 11:30 am America/Chicago</p>
Sunday 01:00 PM	<p>DDA - Dospele Deti Alkoholiku (CZE003) -</p> <p><b>Format:</b> Book Study - Fellowship Text - Steps</p> <p>Meetings Local Time 07:00 pm Europe/Prague</p>
Sunday 01:00 PM	<p>Comenzar de nuevo (WEB0513) (Spanish/Español) - Zoom ID 3696161442 Password 2019</p> <p><b>Format:</b> Book Study Group number 041</p> <p>Meetings Local Time 12:00 pm America/Mexico_City</p>
Sunday 01:00 PM	<p>Healing Stuck Grief (WEB0447) - Join Zoom Meeting Meeting ID: 859 5744 9667 Passcode: 646568 By gradually releasing the burden of unexpressed grief, we slowly move out of the past. We learn to re-parent ourselves with gentleness, humor, love and respect. This is a 75 minute meeting with readings and practices for remembering, feeling, releasing stuck grief in a supportive setting. Update: We now alternate our format. One week grief, the next week toxic shame.</p> <p><a href="https://us02web.zoom.us/j/85957449667?pwd=d1hRZWlWRmo1MUNpcWVMWjhnMlJpZz09">https://us02web.zoom.us/j/85957449667?pwd=d1hRZWlWRmo1MUNpcWVMWjhnMlJpZz09</a></p> <p>Meetings Local Time 10:00 am America/Los_Angeles</p>

Sunday 01:00 PM	Comenzar de Nuevo (MEX0041) - Vía Zoom id 369 616 1442 Contraseña 2019 Grupo en línea <b>Format:</b> Fellowship Text Meetings Local Time 12:00 pm America/Mexico_City
Sunday 01:00 PM	Berlin Online (WEB0640) - The meeting begins at 19:00, Berlin time. We bring an ACA related topic and we share on that or we read the daily affirmation. Please get in touch to receive the link to the Zoom room. Meetings Local Time 07:00 pm Europe/Berlin
Sunday 01:00 PM	Ithaca ACA - Sunday (NY0243) - 518 W Seneca St, Ithaca New York, 14850 Ithaca Community Recovery, 2nd floor <a href="https://us02web.zoom.us/j/81470423398?pwd=YUpuckIvV3dncklGbGUwYlJLY1MyQT09">https://us02web.zoom.us/j/81470423398?pwd=YUpuckIvV3dncklGbGUwYlJLY1MyQT09</a> Meeting ID: 814 7042 3398 email ACAinIthaca@gmail.com for meeting password <b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 01:00 pm America/New_York
Sunday 01:00 PM	Newbury Inner Child Recovery Meeting (GBR0006) - Currently Zoom Meeting due to CV-19 Meeting ID: 316 086 0301 Password: Please email or call meeting contact in advance for password. Newcomers welcome. Please call in advance with any questions. <b>Format:</b> Discussion - Steps Yellow Step Workbook Study Meetings Local Time 06:00 pm Europe/London
Sunday 01:00 PM	London LGBTQI, Gender Non-Conforming and Community ACA meeting (WEB0496) - 90-minute online ACA meeting with a focus on members who identify as LGBTQI+ and/or questioning. Join Zoom Meeting <a href="https://us02web.zoom.us/j/85496901148?pwd=cWFIV25RWkN6aERueWpNUVUvQnM0dz09">https://us02web.zoom.us/j/85496901148?pwd=cWFIV25RWkN6aERueWpNUVUvQnM0dz09</a> For manual access: Meeting ID: 854 9690 1148 Password: 12steps <b>Format:</b> Book Study - Fellowship Text - Speaker <b>Focus:</b> LGBTQ+ Meetings Local Time 06:00 pm Europe/London
Sunday 01:30 PM	The Laundry List en Big Red Boek onderwerpen. (NET009) (Nederlands, men kan ook delen Ik het Engels) - TOT NADER BERICHT ALLEEN ONLINE!! (PER NOVEMBER 2021 een HYBRIDE bijeenkomst geworden met online via ZOOM en FYSIEK in de Jellinek, Jacob Obrechtstraat 92 te Amsterdam. Zondag vanaf 16:00 uur is te informeren of het fysieke deel doorgaat via +31 6 46714006. Vraag aan de receptie of via het tel.nr. in welke ruimte de bijeenkomst is.) <b>Format:</b> Book Study - Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Een 1,5 uur durende bijeenkomst met onderwerpen uit het Grote Rode Boek (BRB) en Tony A Laundry List Boek. Men kan in het Engels delen. Virtuele deur open vanaf ca. 19:20 uur. Elke 3de zondag van de maand voorafgaand een BM van max. 30 min. om 19:00 uur (in breakout room). Meetings Local Time 07:30 pm Europe/Amsterdam

Sunday 01:30 PM	<p>Fourteen Traits (WI112) - Sunday 12:30pm CST – Laundry List Traits Workbook Meeting:  <a href="https://us02web.zoom.us/j/536246427?pwd=MIZkV3JqRDIIWDRIQVRxSWlicEtCZz09">https://us02web.zoom.us/j/536246427?pwd=MIZkV3JqRDIIWDRIQVRxSWlicEtCZz09</a>  Meeting ID: 536 246 427 Passcode: 12345  <b>Format:</b> Discussion - Steps  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 12:30 pm America/Chicago</p>
Sunday 01:30 PM	<p>ACA Fareham Online (WEB0690) - Please contact David (07913257801) or Kate (07877036304) or email <a href="mailto:acafareham@gmail.com">acafareham@gmail.com</a> for the zoom log in details.  <b>Format:</b> Book Study - Fellowship Text - Laundry Lists Workbook - Speaker Monthly schedule: Wk 1 - Step of the month Wk 2 - ACA Topic share Wk 3 - BRB reading Wk 4 - Trait reading Wk 5 - Tradition  Meetings Local Time 06:30 pm Europe/London</p>
Sunday 02:00 PM	<p>Women's Guided Imagery (WEB0431) - Drawn from ACA Strengthening our Recovery Meditation's Book. For the ID and Passcode, please text/call Lisa in Ca 818.445.9901 or email <a href="mailto:ACAREcoverySisters@gmail.com">ACAREcoverySisters@gmail.com</a> Thank you.  <b>Focus:</b> Women Only Zoom Meeting  Meetings Local Time 11:00 am America/Los_Angeles</p>
Sunday 02:00 PM	<p>ACA Haven (WEB0592) - This meeting is available for anyone who would like to connect virtually instead of in person. We hope to allow those with the need to continue to meet via Zoom during the current crisis and ongoing for all who just cannot make it to an in person meeting. If you would like the link to join, please email <a href="mailto:ACAHaven@gmail.com">ACAHaven@gmail.com</a>  <b>Format:</b> Book Study  Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Fight Club (WEB0611) - We meet to share the experience we had as children growing up in an alcoholic or otherwise dysfunctional home, how that experience infected us then, and how it affects us today. By practicing the 12 Steps, by focusing on the Solution, and by accepting a God of our understanding, we find freedom from the effects of alcoholism and other family dysfunction. We identify with “The Problem” and learn to live in “The Solution”, one day at a time.  To receive the Zoom meeting credentials for this meeting, send an email to <a href="mailto:ACAFightClub@gmail.com">ACAFightClub@gmail.com</a> with "meeting" in the subject line.  <b>Format:</b> Discussion - Steps  <b>Focus:</b> Beginners - Men-Only  Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Sunday Daily Reading (WEB0863) - This is an Online video conference meeting. (not Zoom) The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday USA East Coast time. Go to the website <a href="http://www.intherooms.com">www.intherooms.com</a> to set up a free user account to have access to the meetings. There is no cost to set up an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.  Meetings Local Time 02:00 pm America/New_York</p>

Sunday 02:00 PM	<p>ACA (WEB0201) - Adult Children of Alcoholics-This is an Online video conference meeting. The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday East Coast of the USA time. Go to the website <a href="http://www.intherooms.com">www.intherooms.com</a> to setup a free user account in order to have access to the meetings. There is no cost to setup an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.</p> <p><b>Format:</b> Book Study Focusing on Chapters 7 and 8 in the Big Red Book Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Womxn &amp; Non-Binary ACA's (WEB0384) - We meet Sunday's at 7pm GMT/11am PST/2pm EST/1pm CST for 90 minutes. This meeting is only open to members who identify as a Cis/Trans Womxn or as a Non-Binary Person &amp; part of The Global Majority. We do this to safely explore race issues. People of The Global Majority are defined as people who are descendants of: Africa, Asia, Indigenous Australia, Native America, identify as Latina/Latinx or Chicana/Chicanx, people from the Middle East, or anyone of mixed racial heritage including one or more of the above. Meeting Format: Week 1 = Womxn &amp; Non-Binary Adult Child Questionnaire Week 2 = Non-dominant Hand Writing (Inner Child Work) w/ Breakout Rooms Week 3 = Racial Step Work and Step of the Month Week 4 = Tradition of the Month BRB reading w/ Breakout Rooms Week 5 = Speaker Meeting or Big Red Book reading Please email meeting contact in advance of meeting to obtain access. Note: This meeting asks all members that when speaking please do so with video on &amp; face in view.</p> <p><b>Format:</b> Book Study - Fellowship Text - Speaker  <b>Focus:</b> Beginners - LGBTQ+ - BIPOC - Women Only  Meetings Local Time 11:00 am America/Los_Angeles</p>
Sunday 02:00 PM	<p>(WEB0555) -  <b>Focus:</b> Beginners  Meetings Local Time 10:00 am America/Anchorage</p>
Sunday 02:00 PM	<p>Trauma Informed Loving Parent Guidebook (WEB0902) - Zoom sign in: 5259344795 and pw: 727987  <b>Format:</b> Loving Parent Guidebook If you have trouble getting into the meeting, please contact Eileen at by text at (510) 520-4251.  Meetings Local Time 11:00 am America/Los_Angeles</p>
Sunday 02:00 PM	<p>Awakening Our Loving Parent (WEB0172) - Meeting ID: 867-0843-5678 pwd:711 or via de website <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a>  <b>Format:</b> Loving Parent Guidebook Starting on the 3rd October 2021: We will go through the The Loving Parent Guidebook: The Solution is to Become Your Own Loving Parent.Everyone is welcome.Meeting will be closed after introductions time.  Meetings Local Time 08:00 pm Europe/Brussels</p>
Sunday 02:00 PM	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.  <b>Format:</b> Discussion - Fellowship Text Login to Lounge. 3-dot menu for Room List.  Meetings Local Time 02:00 pm America/New_York</p>

Sunday 02:30 PM	<p>Fellow Travelers (PA0163) - We have moved to a zoom meeting. please email the contact for the link to the meeting.</p> <p><b>Format:</b> Book Study - Discussion - Speaker - Steps</p> <p><b>Notes:</b> Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 02:30 pm America/New_York</p>
Sunday 03:00 PM	<p>Fellow travelers Tony A. workgroup (WEB0753) -</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Steps - Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list.</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Sunday 03:00 PM	<p>BIPOC Single Mothers in ACA (WEB0680) - This is an ACA meeting for single BIPOC mothers - anyone who identifies as African, Asian, indigenous Australian, indigenous South, Central and North American, people of color from the Islands and the Middle East or anyone of mixed racial heritage including one or more of the above. BIPOC LBGTQIA+ friendly. Zoom ID: 822 7520 4547 Please email the meeting contact for password information.</p> <p><b>Format:</b> Loving Parent Guidebook</p> <p><b>Focus:</b> BIPOC - Women Only</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:00 PM	<p>Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom 985 2100 3286 no password</p> <p><b>Format:</b> Fellowship Text Zoom meeting</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Sunday 03:00 PM	<p>There Is A Solution (PA095) - This meeting is meeting on Zoom. Zoom ID: 88349050632 Password: 754203 This a women's only meeting.</p> <p><b>Format:</b> Book Study</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:00 PM	<p>Serenity Sunday (IN0106) - Suburban North Club, Noblesville Indiana, 46060 The meeting ID on Zoom is 814 9038 9146 and password is innerchild. ACA Serenity Sunday from 3-4 pm EDT Suburban North Club, Room A, 16065 Prosperity Dr., Noblesville Topic: ACA Serenity Sunday at Suburban North (Indiana) Time: This is a recurring meeting each Sunday from 3-4 pm Eastern (EDT) time</p> <p><b>Format:</b> Discussion</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Opens with meditation/journaling/nondominant handwriting followed by sharing based upon the daily meditation.</p> <p>Meetings Local Time 03:00 pm America/Indiana/Indianapolis <a href="#">Virtual Meeting Link</a></p>
Sunday 03:00 PM	<p>Sanctuary Without Borders Men's Meeting (WEB0219) - Please Email the Contact to receive the Zoom info for this meeting. It stays the same weekly.</p> <p><b>Format:</b> Discussion - Steps</p> <p><b>Focus:</b> Men-Only - Beginners - ACAs only (Closed)</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 03:00 pm America/New_York</p>

<p>Sunday 03:30 PM</p>	<p>Let's Get Healthy (FL157) - Join Zoom Meeting <a href="https://zoom.us/j/145789240">https://zoom.us/j/145789240</a> Meeting ID: 145 789 240 Password: 220375  One tap mobile +13126266799,,145789240# US (Chicago)  +19292056099,,145789240# US (New York) Dial by your location +1 312 626 6799  US (Chicago) +1 929 205 6099 US (New York) +1 253 215 8782 US +1 301 715 8592  US +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose)  Meeting ID: 145 789 240  <b>Format:</b> Book Study - Discussion Non Smoking  Meetings Local Time 03:30 pm America/New_York</p>
<p>Sunday 04:00 PM</p>	<p>REPARING SOLUTIONS Loving Parent Guidebook Study (WEB0840)  (American English) -  We meet every Sun for 90-minutes at 4:00 PM Eastern. Zoom room is locked after we recite the Serenity Prayer at the beginning of the meeting. Waiting room will open 10 minutes prior to starting.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook  <b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking,  Meeting includes:  1. Feelings check-in;  2. ACA readings;  3. Loving Parent Guidebook reading study;  4. Three minutes of journaling, non-dominant handwriting or meditation; and  5. Sharing and listening to experience, strength and hope.</p> <p>Self-Identification requirement: Before entering the room, please ensure that your screen name only identifies your first name, last initial, and if you chose, your pronouns. Profile images and video displays should not contain any text other than your first name, last initial. Safety policies and Crosstalk guidelines in place including those at <a href="https://www.neusaca.org/best-meeting-practices">https://www.neusaca.org/best-meeting-practices</a> and <a href="https://acawso.org/category/ad-hoc-meeting-and-service-safety-committee/">https://acawso.org/category/ad-hoc-meeting-and-service-safety-committee/</a>.</p> <p>Please join us if you identify as an Adult Child of a dysfunctional upbringing with, or without, the presence of alcohol or drugs. An Adult Child is someone who responds to adult situations with defense mechanisms learned in childhood (aka The Laundry List Traits). The solution is to become your own loving parent. Further information is available at: <a href="https://adultchildren.org/literature/aca-is/">https://adultchildren.org/literature/aca-is/</a></p> <p>Age 18 and over. Minors are prohibited.</p> <p>Meeting ID: 813 8292 5805  Passcode: \$erenity</p> <p>Meetings Local Time 04:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
<p>Sunday 04:00 PM</p>	<p>ACA Dallas Big Red Book Meeting (TX119) - 5324 West Northwest Hwy, Dallas Texas, 75220 Meeting takes place via Zoom and in-person Room 1- No Book  Necessary Newcomers request Zoom info from meeting contact  <b>Format:</b> Book Study - Discussion - Fellowship Text Non Smoking  Meetings Local Time 03:00 pm America/Chicago</p>

Sunday 04:00 PM	<p>Recovery Beyond Survival (WEB0655) - WELCOME!! :) CAMERAS REQUIRED. This is a new meeting as of Oct 9, 2021 and needs service support. Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings. Meeting Id : 885 350 9563 Password : 603285 Time: 1pm (PST) US Saturday, Sunday and Monday After ACA and Big Red Book readings (links provided) we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. We warmly welcome you!</p> <p><b>Format:</b> Book Study Meetings Local Time 01:00 pm America/Los_Angeles</p>
Sunday 04:00 PM	<p>Farmingdale ACA (NY0182) - Here is the ACA Sunday 4pm Zoom meeting link: Zoom meeting link: <a href="https://zoom.us/j/4468211143?pwd=Ui9VMHpHNEVmT0VRaVRGU0xBQmpQdz09">https://zoom.us/j/4468211143?pwd=Ui9VMHpHNEVmT0VRaVRGU0xBQmpQdz09</a> This is an Identity Papers and Big Red Book meetings. Currently a Zoom meeting only. For questions and more information, please call or text contact person. If interested in turning this meeting back to in-person with Zoom option, please call or text contact person. We need attendance commitments from enough people to go back to the room.</p> <p><b>Format:</b> Book Study - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 04:00 pm America/New_York</p>
Sunday 04:00 PM	<p>Women's Adult Children-WAC' (TX0203) - This meeting is now on Zoom. #9333284392 No password necessary</p> <p><b>Format:</b> Book Study <b>Focus:</b> ACA Teen (Ages 12 to 18) - Women Only Meetings Local Time 03:00 pm America/Chicago</p>
Sunday 04:00 PM	<p>Grateful Heart ACA Group 3 pm CENTRAL TIME (WEB0145) - Zoom 421570 400 password 968811</p> <p><b>Format:</b> Book Study - Discussion - Steps Meetings Local Time 03:00 pm America/Chicago</p>
Sunday 04:30 PM	<p>ACA Mood and Anxiety Disorder Meeting (WEB0586) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/81218310686">https://us02web.zoom.us/j/81218310686</a> Meeting ID: 812 1831 0686</p> <p><b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners - LGBTQ+ - BIPOC This meeting is closed for fellow travelers that identify as diagnosed or struggling with mood and anxiety disorders such as major depressive, bipolar, SAD, cyclothymic, dysthymia, GAD, PTSD, OCD, and any other disorder related challenges. The main causes for these directly connect to recovery in ACA.</p> <p>Meetings Local Time 01:30 pm America/Los_Angeles</p>
Sunday 05:00 PM	<p>Womens Filling the Void (Food Issues). (WEB0285) - For ID and Passcode Call/Text Lisa in CA at: 818.445.9901 or Email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a></p> <p><b>Focus:</b> Women Only Meetings Local Time 02:00 pm America/Los_Angeles</p>



Sunday 05:00 PM	LPG2 (CA1527) - This meeting focuses on The Loving Parent Guidebook. We read from the LPG book! We start out reading the solution and then celebrate with the promises. You will need the book to fully participate in the meeting--videos are required to be on during the meeting --This meeting is for more experienced members who are ready to share and speak from the inner children's point of view and limit telling stories. Zoom-4424009268--password--73CKbD. The first meeting will be on 8/4/22 <b>Format:</b> Loving Parent Guidebook Meetings Local Time 02:00 pm America/Los_Angeles
Sunday 05:00 PM	Fellow travelers Tony A. workgroup (WEB0753) - <b>Format:</b> 12 Step Study Group - Book Study - Steps - Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list. Meetings Local Time 02:00 pm America/Los_Angeles
Sunday 05:00 PM	Manhattan Laundry List Workbook (WEB0792) - 5-6pm est USE THIS ZOOM LINK: <a href="https://us02web.zoom.us/j/88639699403">https://us02web.zoom.us/j/88639699403</a> pwd: Sunday5pm Meeting number: 88639699403 Meetings Local Time 05:00 pm America/New_York
Sunday 05:00 PM	ACA Anger Release Hybrid Meeting (CA1506) - 6666 Green Valley Circle, Culver City California, 90230 The inperson meeting is at SHARE! 6666 Green Valley Circle, Culver City, CA 90230 To zoom in go to <a href="http://www.shareselfhelp.org">www.shareselfhelp.org</a> and click on Self-help Support Groups. Then click on the day of the meeting and scroll down until you find the meeting link and the format and readings link. Meetings Local Time 02:00 pm America/Los_Angeles
Sunday 05:00 PM	Kensington Womens Workbook Study (MD040) - Kensington Women's Workbook Meeting – UPDATED FOR ONLINE MEETING ONLY (temporary during COVID-19): Please email Newcomer Greeter, Shirley P., for Zoom link. <a href="mailto:smclp78@gmail.com">smclp78@gmail.com</a> . We are group reading and reflecting on the Twelve Steps of Adult Children (Yellow) Workbook. <b>Format:</b> 12 Step Study Group - Book Study - Steps <b>Focus:</b> Women Only Meetings Local Time 05:00 pm America/New_York
Sunday 05:15 PM	(ME0043) - 142 Center Street, Brewer Maine, 04412 -- You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 82409518111 Password: 1212142 <b>Format:</b> Book Study <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:15 pm America/New_York
Sunday 05:15 PM	Fellow Travelers (MD0065) - Zoom Meeting: ID: 82553564090 Password: Sundays <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker <b>Notes:</b> Non Smoking - Non Smoking, Non Smoking Meetings Local Time 05:15 pm America/New_York

Sunday 06:00 PM	<p>Sunday Night Strengthening My Recovery (TX081) - Contact meeting for Zoom information: LMAN35 (at) HOTMAIL.COM This San Antonio-based discussion meeting is on Zoom. All are welcome!</p> <p><b>Format:</b> Discussion</p> <p><b>Notes:</b> Needs Support - Needs Support, This is a discussion meeting about the day's reading from Strengthening My Recovery but sharing on any ACA-related topic is welcome.</p> <p>Meetings Local Time 05:00 pm America/Chicago</p>
Sunday 06:00 PM	<p>Siempre Vivas Uruguay (WEB0691) (La reunión es en Español.) - ID de reunión: 864 5873 0705 Código de acceso: 9638520741 Reunión de Montevideo, Uruguay</p> <p><b>Format:</b> Book Study - Speaker</p> <p><b>Focus:</b> Women Only</p> <p><b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking, A partir del mes de junio 2022 el horario nuevo es Domingos 16:00 horas Uruguay, el que estará a prueba por 90 días. La reunión es para mujeres y disidencias. La cámara debe estar encendida al menos al entrar. Tenemos un formato rotativo: Leemos el Libro Rojo, compartimos, y tenemos panelistas que comparten su experiencia en el programa de ACA.</p> <p>Meetings Local Time 07:00 pm America/Montevideo</p>
Sunday 06:00 PM	<p>ACA Chair's Choice Topic Meeting (WEB0091) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p><b>Format:</b> Book Study - Steps</p> <p>Meetings Local Time 06:00 pm America/New_York</p>

<p>Sunday 06:00 PM</p>	<p>WeAgnostics (WEB0615) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.</p> <p>WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.</p> <p>We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.</p> <p>WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time</p> <p>Monday 7:00 AM  Tuesday 7:00 AM  Wednesday 7:00 AM (Starts May 4th 2022)  Wednesday 6:00 PM (Beginner’s Meeting - 1st &amp; 3rd Wednesday of the month)  Thursday 6:00 PM  Friday 7:00 AM  Friday 7:30 PM (2nd &amp; 4th Friday of the month)  Sunday 6:00 PM</p> <p>There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.  Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a>  Meeting ID: 814 3727 6969  Password: 247365</p> <p>Access the meeting by telephone:  Dial by your location  +1 312 626 6799 US (Chicago)  +1 929 205 6099 US (New York)  +1 346 248 7799 US (Houston)  +1 669 900 6833 US (San Jose)  +1 253 215 8782 US (Tacoma)</p> <p>Meeting ID: 814 3727 6969  Password: 247365</p> <p><b>Focus:</b> Secular/Agnostic/Atheist  Meetings Local Time 06:00 pm America/New_York</p>
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Sunday 06:00 PM	A New Leaf (LA0036) - 6330 Vicksburg St, New Orleans LOUISIANA, 70119 Zoom meeting, Meeting Number: 416 875 946 Password: 994 106 6330 Vicksburg- DO NOT PARK IN BANK LOT Literature based discussion meeting. 1st Sunday/ writing meditation. Last Sunday/ speaker meeting. Meetings Local Time 05:00 pm America/Chicago
Sunday 06:00 PM	ACA Big Red Book Study and Share ZOOM (WEB0659) - Zoom.us/j/3873421525 Meeting ID 387 342 1525 No password Every Sunday 3pm pacific 5pm central 6 Eastern Meeting is 1.5 hr meeting We read the daily meditation from Strengthening My Recovery, and the corresponding page from the Big Red Book of ACA. After reading the meditation, we give members an opportunity to share on it. Then we open the Big Red Book, read a few paragraphs, and open for sharing, rinse and repeat. <b>Format:</b> Book Study - Discussion All are welcome 18 + Meetings Local Time 05:00 pm America/Chicago
Sunday 06:30 PM	Yellow Brick Road ~ The Loving Parent Guidebook Meeting (WEB0682) (English) - Online Zoom Meeting <b>Format:</b> Loving Parent Guidebook We are a closed group for now and will post new information here if our group conscience decides to open it to new members. Meetings Local Time 08:30 am Australia/Sydney
Sunday 06:30 PM	Experience, Strength and Hope (SC0028) - 355 Woodruff Rd Suite 303, Greenville South Carolina, 29607 Newcomers are welcome. This is a safe place. 90 minute meeting. Break after 60 minutes. Zoom meeting and in person. New location is FAVOR Greenville at 355 Woodruff Road Zoom # 83825137992 Password 702466 Also note: After 30 minutes, if no one is on the zoom call, it will be turned off. <b>Format:</b> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Steps <b>Notes:</b> Non Smoking - Non Smoking, 1 1/2 hour meeting..break at 7:30 Meetings Local Time 06:30 pm America/New_York
Sunday 06:30 PM	(CA1310) - Online Info 3:30 PST - BRB reading and sharing Zoom ID 856 5979 2806 Zoom PW sunaca <b>Format:</b> Book Study - Discussion - Fellowship Text Meetings Local Time 03:30 pm America/Los_Angeles
Sunday 06:30 PM	Sacred Space (WEB0546) - All are welcome <b>Format:</b> Book Study Meetings Local Time 06:30 pm America/New_York
Sunday 06:30 PM	Weekly Affirmations (WEB0679) - Zoom information is:Meeting ID: 862 1945 8810 Passcode: 361527 Meeting out of Palm Springs ,Ca. 4th Sunday of the month: Speaker Meeting <b>Format:</b> Book Study - Discussion - Speaker Meetings Local Time 03:30 pm America/Los_Angeles
Sunday 06:30 PM	Northwest Group Of Aca (TX132) - 12335 Hymeadow Dr., #300, Austin Texas, 78750 This meeting is now held as a hybrid, on Zoom, and in person at the Northwest Counseling and Wellness Center (NCWC). You'll still be able to Zoom in or attend in person. Beginners are welcome. Please use the Contact Us link to get the Zoom info. We'll answer as quick as we can. <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Chicago

<p>Sunday 07:00 PM</p>	<p>Out of the Weeds (FL139) - MEETING ONLINE UNTIL FURTHER NOTICE Please download and import the following iCalendar (.ics) files to your calendar system.  Weekly: <a href="https://us02web.zoom.us/meeting/tZUlfu2opjssG9NamLZZFY-i5TWoaaPSR5YG/ics?icsToken=98tyKuGppjJuGtyVthiARpwcGor4LPTxiGJdjfpznRLJORp1VY9Z1PbN-IOvi">https://us02web.zoom.us/meeting/tZUlfu2opjssG9NamLZZFY-i5TWoaaPSR5YG/ics?icsToken=98tyKuGppjJuGtyVthiARpwcGor4LPTxiGJdjfpznRLJORp1VY9Z1PbN-IOvi</a> Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81894080617?pwd=dXdZeURYV1BIRHAXUHBKekYrOFJvQT09">https://us02web.zoom.us/j/81894080617?pwd=dXdZeURYV1BIRHAXUHBKekYrOFJvQT09</a>  NEW MEETING DETAILS Meeting ID: 818 9408 0617 Passcode: 028844 One tap mobile +16465588656,,81894080617#,,,,*028844# US (New York) +13017158592,,81894080617#,,,,*028844# US (Washington DC) Dial by your location +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 818 9408 0617 Passcode: 028844 Find your local number: <a href="https://us02web.zoom.us/u/kdhKrqXtOn">https://us02web.zoom.us/u/kdhKrqXtOn</a> Physical directions when meetings begin in-person again: Turn into the entrance that states St. Kieran's Catholic Church/ Immaculata-LaSalle High School. Stay to the right past the athletic field and the church. Park in the lot to the left. There is a patio with several meeting rooms on the left. the meeting room is the last one on the end. Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Sunday Night Blameless Recovery (WEB0114) - Sunday Night Blameless Recovery, weekly at 7:00 PM EST. The meeting will lock around 7:20 PM. This Blameless Recovery meeting focuses on moving from blame to acceptance as we heal our wounds and trauma experienced in our family of origin.  Join the Zoom meeting by copying this link into your browser:  <a href="https://us06web.zoom.us/j/85404684056">https://us06web.zoom.us/j/85404684056</a>  Please have your Zoom profile show a name: a first name, a middle name, or an initial - just something that the meeting leader can say to call on you.  <b>Format:</b> Discussion - Steps  Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Expect the Best (MA064) - We are presently using an online-only format until we find a new in-person location in the Framingham, MA area. Here is our online log-in information for those who do not already have the Zoom information:  <a href="https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIkd9vOExQSmxCVDRtR0tYZZ09">https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIkd9vOExQSmxCVDRtR0tYZZ09</a>  Meeting ID: 854 1108 6110 Passcode: 839754 PLEASE NOTE: Be sure to log in before 7:10 PM. The meeting is locked at that time to provide a more secure online environment.  <b>Format:</b> Book Study - Discussion - Fellowship Text Non Smoking  Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>ACA Sunlight Loving Parent Guidebook Meeting (WEB0769) - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.  <b>Format:</b> Loving Parent Guidebook  Meetings Local Time 04:00 pm America/Los_Angeles</p>

Sunday 07:00 PM	<p>Sandpoint Way (WA0207) - 4710 NE 70th Street, Seattle Washington, 98115  Sandpoint Way ACA Group (Seattle, WA) meets each week IN-PERSON &amp; ONLINE simultaneously. This is a hybrid meeting. We meet each Sunday from 4-530pm PST. To access the meeting online via zoom: Zoom ID: 322 968 1030. Password: sandpoint. Physical location for in person meeting: Sandpoint Community Methodist Church. 4710 NE 70th Street. 98115. Church entrance is around back from the parking lot. We meet in the Fireside Room. Wearing a mask and physical distancing are required for in-person attendance, per church policy. Participants in person have the choice to be visible on-camera or not, but their shares will be heard (audio) by all in attendance.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact sanctuaryWOBorders@gmail.com for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address).  <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Speaker - Steps  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Carry the Message (WEB0479) - Zoom ID 86163226071 Password. 283808 Follow the Big Red Book meeting format on pg. 562-265 BRB. Newcomers welcome. Focus to carry the message of hope and recovery through the ACA Steps and Traditions.  <b>Format:</b> Book Study read &amp; discuss the Big Red Book  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Serenity Sunday (CA1181) - Zoom ID: 805-888-1234 No password Bring your Big Red Book and Daily Affirmations book Audio and video on please  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps  <b>Notes:</b> Non Smoking - Non Smoking, Non Smoking  Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>Growing Up Together (NC041) - We used to meet at Hickory's Women's Resource Center in Hickory, NC, but during the coronavirus pandemic of 2020-2022 we've move to a Zoom online format - meeting every Sunday and Thursday @ 7 pm ET. You are welcome to join this Zoom meeting: <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a> (no password). Contact us for more information.  <b>Format:</b> Discussion  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Sunday Steps (WEB0397) - Zoom Participant Code: 826 2404 6661 Passcode: 009842 Any questions, please contact us at <a href="mailto:sundaystepsaca@gmail.com">sundaystepsaca@gmail.com</a>. Looking forward to seeing you.  <b>Format:</b> Steps Step focus with speaker lead and reading from red or yellow book. Steps rotate each quarter and on the last week of the quarter the topic will be the Solution.  Meetings Local Time 07:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>

Sunday 07:00 PM	<p>Bellevue Sunday Afternoon (WA0233) - 1221 148th Ave NE, Bellevue Washington, 98007 To attend in person: Meeting is in Room 108 downstairs in the Bellevue Christian Reformed Church. From the parking lot, walk along the left side of the church to the downstairs entrance. Go straight through the large room to the hallway with numbered rooms.</p> <p>To attend online: Launch your web browser and enter the following URL:  <a href="http://bit.ly/BellevueSundayACA">http://bit.ly/BellevueSundayACA</a></p> <p><b>Format:</b> Book Study - Discussion  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>Little River ACA (FL0292) - This meeting is now on zoom only. Here's the zoom link:  <a href="https://us02web.zoom.us/j/4702143980">https://us02web.zoom.us/j/4702143980</a> (Password: butterfly)</p> <p><b>Format:</b> Book Study  Meetings Local Time 07:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
Sunday 07:00 PM	<p>HS365ACOA (WEB0719) - Email: <a href="mailto:hs365acoa@gmail.com">hs365acoa@gmail.com</a></p> <p><b>Format:</b> 12 Step Study Group - Fellowship Text  Meetings Local Time 06:00 pm America/Chicago</p>
Sunday 07:00 PM	<p>Growing Up Together (WEB0152) - <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a></p> <p>We are open to all - Newcomers Welcome! - Open Discussion group meeting  We run the meeting for an hour and a half.  There is no password or sign-up needed for this meeting. We do utilize the waiting room feature in Zoom and have at least one host and co-host to keep the room safe.  Come join us and lets start Growing Up Together!</p> <p><b>Format:</b> Discussion  <b>Focus:</b> Beginners <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a>  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>CNY Women's Group (WEB0261) - Anyone identifying as a woman is welcome to attend. Zoom ID is 824-3362-5498 Password is 8675309</p> <p><b>Format:</b> Discussion  <b>Focus:</b> Women Only  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>South Charlotte ACA Meeting (SC0035) - This meeting is now being held online permanently. Please click the 'Contact This Meeting' button to request the Zoom login information.</p> <p><b>Format:</b> Fellowship Text  Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Creative Recovery (IN0086) - 7PM-8:15PM EST We are a Homegroup that welcomes newcomers. We are LGBTQIA+ affirming group, yet we are not exclusive and welcome everyone wanting to heal. We are an Open Meeting and a Friendly group!</p> <p>Copy and paste the following link into your address bar:  <a href="https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlpNb1F1dz09">https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlpNb1F1dz09</a></p> <p>If you are already logged into Zoom, simply enter the following Meeting ID: 455 213 9165 PASSWORD: SundayACA</p> <p><b>Format:</b> Discussion - Fellowship Text  <b>Focus:</b> Beginners - LGBTQ+  Meetings Local Time 07:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>

<p>Sunday 07:00 PM</p>	<p>Sponsor Sponsee Connection (WEB0780) - We progress from hurting, to healing, to helping-TOGETHER Practice relationships and learning how to TALK TRUST FEEL Join Zoom Meeting <a href="https://us02web.zoom.us/j/82435886082">https://us02web.zoom.us/j/82435886082</a> Meeting ID: 824 3588 6082 NO PASSWORD One tap mobile +13462487799,,82435886082# US (Houston) +12532158782,,82435886082# US (Tacoma) Dial by your location +1 346 248 7799 US (Houston) +1 253 215 8782 US (Tacoma) +1 669 900 6833 US (San Jose) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 929 436 2866 US (New York) Meeting ID: 824 3588 6082 NO PASSWORD Find your local number: <a href="https://us02web.zoom.us/u/kQrRHhN9j">https://us02web.zoom.us/u/kQrRHhN9j</a> <b>Format:</b> Discussion - Fellowship Text Meetings Local Time 06:00 pm America/Chicago</p>
<p>Sunday 07:30 PM</p>	<p>Sunday ACA Skype meeting (WEB0067) - <b>We have received information that this meeting may not be active. If we do not hear from anyone associated with it by September 3, 2022, this meeting will be removed from our meeting list. Please email us at <a href="mailto:meetings@acawso.org">meetings@acawso.org</a></b> <a href="mailto:sundayacaskype@gmail.com">sundayacaskype@gmail.com</a>- ACA meeting every Sunday at 19:30 Central European Time (CET); Please IM directly to account to join meeting. If Skype account name Sunday ACA Skype meeting does not show up (when searching in adding contacts), then it might help to search when using the email address <a href="mailto:sundayacaskype@gmail.com">sundayacaskype@gmail.com</a>. Meetings Local Time 07:30 pm America/New_York</p>
<p>Sunday 07:30 PM</p>	<p>Park City ACA (UT0038) - We are currently meeting on Zoom; in-person meetings are on hold. For details and updates, visit our website: <a href="https://parkcityaca.wordpress.com/">https://parkcityaca.wordpress.com/</a> <b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Denver</p>
<p>Sunday 07:30 PM</p>	<p>The Loving Parent Guidebook - Study group (WEB0716) - This meeting was created to go through the Loving Parent Guidebook. All ACA's regardless of experience are welcome. We will start at the beginning of the workbook starting January 9th, 2022. This is a zoom meeting requesting video participation. Zoom Link: <a href="https://us02web.zoom.us/j/89514432637?pwd=dmc1RVV3h5VW9HNTRMUEozTzJkQ09">https://us02web.zoom.us/j/89514432637?pwd=dmc1RVV3h5VW9HNTRMUEozTzJkQ09</a> Zoom ID: 89514432637 Password: Nurturing To dial in by phone, find your local number: Meeting ID: 895 1443 2637 Passcode: 503882970 <b>Format:</b> Loving Parent Guidebook Topic: The Loving Parent GuidebookTime: Every Sunday in 2022 06:30 PM to 7:30 Central Time (US) Weekly - This meeting requests video participation for breakout room sharing. Meetings Local Time 06:30 pm America/Chicago</p>
<p>Sunday 07:30 PM</p>	<p>PC Alano - ACA (WEB0419) - <a href="https://us04web.zoom.us/j/826735150?pwd=bWZQcUpjMmsvQS9nU2dsSVNjNGhKQT09">https://us04web.zoom.us/j/826735150?pwd=bWZQcUpjMmsvQS9nU2dsSVNjNGhKQT09</a> Meeting ID: 826 735 150 Password: 004516 <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps <b>Focus:</b> Beginners - LGBTQ+ - BIPOC - Young Adult (Ages 18 to 26) Meetings Local Time 07:30 pm America/New_York</p>



Sunday 07:30 PM	<p>Sane &amp; Safe ACA Sunday (CA1418) - Welcome, join us. Zoom 453-383-485 Password 294709 Safe &amp; Sane Zoom meeting is now scheduled from 4:30-5:45 pmPT, 7:30 pm ET, 12:30 am UK. Red book study, chair, yellow book study and strengthening my recovery reading and sharing weekly rotation.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Zoom meeting</p> <p>Meetings Local Time 04:30 pm America/Los_Angeles</p>
Sunday 08:00 PM	<p>Peace ACA (TX0183) - ACA Laundry List Workbook 4x4 Study and Discussion (TX0183). Open to all. English. meet via ZOOM only. We study one trait and one question per meeting. ZOOM ID: 898 051 7114 Passcode: adultchild</p> <p><b>Format:</b> Book Study - Discussion</p> <p>Meetings Local Time 07:00 pm America/Chicago</p>
Sunday 08:00 PM	<p>ACA Basel (WEB0250) - Please contact me on aca-basel@gmx.ch for further information and meeting-link This meeting takes place on Sundays 08:00pm (CET) Central European Time.</p> <p><b>Format:</b> Book Study - Fellowship Text - Steps</p> <p>Meetings Local Time 08:00 pm America/New_York</p>
Sunday 08:00 PM	<p>Sunset Serenity (CA1363) - Due to COVID-19- Access Code: 829029729 password 191919</p> <p><b>Format:</b> Discussion Reading of the day from The Daily Meditation Book and shares.</p> <p>Meetings Local Time 05:00 pm America/Los_Angeles</p>
Sunday 08:00 PM	<p>ACA CHAT (WEB0122) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps</p> <p>Meetings Local Time 08:00 pm America/New_York</p>
Sunday 08:00 PM	<p>SundayNightZoomMeeting (WEB0789) - Topic: ACA Sunday Night Meeting An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chairperson. We then open the meeting for shares, on topic or for anything that you need to share. Time: 07:00 PM CST Every week on Sun Zoom App: Meeting ID: 811 7688 7294 Passcode: 088771 EMail: ACASundayNightZoomMeeting@gmail.com An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chair. We then open the meeting for shares, on topic or for anything that is heavy on your heart.</p> <p>Meetings Local Time 07:00 pm America/Chicago</p>

<p>Sunday 08:00 PM</p>	<p>ACA Redbook Discussion (CA1090) - 1613 Lake Dr., Encinitas California, 92024 Seaside Center for Spiritual Living 1613 Lake Drive Encinitas, CA 92024 INPERSON - also a HYBRID - Zoom (info below) When you get to the church: Go to most south and east BACK part of the church through to patio - enter the church on the right to the Rose Room. If you have trouble finding it please call Sara 760-715-1825 Zoom Info: Meeting ID: 870 6855 7981 Password: 153193  <b>Format:</b> Book Study - Discussion - Fellowship Text  <b>Notes:</b> Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, Not technically wheelchair access - a few small steps to enter the Rose Room. Sometimes we have the meeting outside where it would be wheelchair accessible.  Meetings Local Time 05:00 pm America/Los_Angeles</p>
<p>Sunday 08:00 PM</p>	<p>Sunday Evening Fellow Travelers Meditation Meeting (NM0049) - Effective 8/1/22, this meeting is only on Zoom until we are able to find a safe space, with strong wifi, in order to support a hybrid meeting. To attend via Zoom, please click Contact This Meeting to contact John O who will provide the meeting ID &amp; password. You can also text or email John with any questions, and/or request for information.  <b>Format:</b> Discussion - Fellowship Text  <b>Notes:</b> Fragrance Free - Non Smoking - Wheelchair Access - Fragrance Free, Non Smoking, Wheelchair Access, 10 Minute Silent Meditation, followed by the day's' reading from Strengthening My Recovery, &amp;/or a solution-oriented topic.  Meetings Local Time 06:00 pm America/Denver</p>
<p>Sunday 08:00 PM</p>	<p>Red Wing Study Group - Yellow &amp; LPG Workbooks (HI0036) - Red Wings Medal of Honor Park, Honolulu Hawaii, 96816 Southeast side of Diamond Head Crater  <b>Format:</b> 12 Step Study Group - Loving Parent Guidebook Safety Enhanced Zoom &amp; In-Person (Hybrid). Red Wings Study Group has an emphasis on first recognizing, stabilizing any and all addictive processes; an essential preliminary work that constitutes ACA Stage One Recovery. Concurrently, using both the Yellow &amp; LPG Workbooks, we also focus on and deal with all aspects of ACA Stage Two Recovery (please see xxviii BRB). One-time Zoom Registration is a safety, trust, and comfort measure. In addition, by registering an email with us, we can send you (in advance of the meeting), agenda information and if applicable, audio LPG Guided Practice recordings (mp3), which are often used in our meetings. For registration; ONLY your FIRST name and providing an email address is required. Zoom ID will be sent immediately and automatically to the email you register with. There is no passcode. If you don't already have an email address, WITHOUT your last name being a part of it, you might consider getting one. Google allows over 10 Gmail accounts. Log out of all existing gmail accounts to see the "Create Account" option. Register here for Automatic Red Wings Study Group Auto Approval:  <a href="https://us06web.zoom.us/j/87068557981">https://us06web.zoom.us/j/87068557981</a>  For Zoom participants, video is NOT required at all, but we do REQUEST that you introduce yourself. For in-person Oahu participants, if you want to show up in person, please email our Red Wing Secretary at least 24 Hours IN ADVANCE. Service is welcome. Feel free to email our study group at <a href="mailto:gardeninlove@gmail.com">gardeninlove@gmail.com</a> for any reason.  Meetings Local Time 02:00 pm Pacific/Honolulu</p>

Sunday 08:00 PM	<p>The Loving Parent Guidebook Meeting (WEB0621) -  <b>Format:</b> Book Study - Discussion - Loving Parent Guidebook This meeting focuses on The Loving Parent Guidebook. This meeting is more useful for the more experienced ACA member, as opposed to someone starting out their journey in ACA. We read from the LPG book and then share our feelings and thoughts from the perspective of the inner child, inner teenager and loving parent. You will need the book to fully participate in the meeting--videos are required to be on during the meeting. If you are unable to turn your video on you will be removed from the meeting. Zoom-4424009268--password--73CKbD  Meetings Local Time 05:00 pm America/Los_Angeles</p>
Sunday 08:30 PM	<p>AC women Red Book Study/Various Topics (WEB0332) - For the ID and Passcode Call/Text Lisa in CA 818.445.9901 or Email ACARecoverySisters@gmail.com. Come join us  <b>Focus:</b> Women Only  Meetings Local Time 05:30 pm America/Los_Angeles</p>
Sunday 08:30 PM	<p>EZ Evening Meditation (WEB0872) - ZOOM meeting info: Meeting ID #: 95508149029 Pass code: 323232 We aim to admit 25 participants plus trusted servants and lock the room at capacity. Please join early to avoid being locked out. thanks  <b>Format:</b> Fellowship Text  Meetings Local Time 08:30 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
Sunday 08:30 PM	<p>Hope For Adult Children Aca (CO015) - 640 Main St, Broomfield Colorado, 80020 Brunner Farmhouse, Ne Corner Main/midway Yellow Farmhouse On Hill This is a 90 minute meeting combined book study and step study. Currently meeting in person (Masks optional) for folks that have been vaccinated with zoom access for all others. Email contact for zoom info PLEASE NOTE: ON JULY 10 &amp; AUG 16 2022 NO ZOOM ACCESS. OUTDOOR LIVE MEETING ONLY WILL TAKE PLACE AT BIG DRY CREEK PARK, 1700 W 128TH AVE WESTMINSTER CO 80234 BEGINNING AT 630 PM AND ENDING AT 8. BRUNNER FARMHOUSE IS UNAVAILABLE FOR MEETINGS ON THE DATES MENTIONED ABOVE.  <b>Format:</b> Book Study - Discussion - Steps  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 06:30 pm America/Denver</p>
Sunday 09:00 PM	<p>The Good Group (WEB0229) - [ON HIATUS - PLAN TO START AGAIN IN SEPTEMBER] This is an online ACA Teen/Young Adult meeting for ages 13-21.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps - Workshop  <b>Focus:</b> ACA Teen (Ages 12 to 18) - Beginners - Young Adult (Ages 18 to 26)  Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Saint George Utah ACA meeting (UT028) - For info how to attend the meeting please click -meeting contact- button below  ZOOM MEETING!! CONTACT HOST FOR ZOOM MEETING ID  <b>Format:</b> Discussion  <b>Notes:</b> Needs Support - Needs Support, Non Smoking  Meetings Local Time 07:00 pm America/Denver</p>
Sunday 09:00 PM	<p>Laundry Lists (WEB0287) - <a href="http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/">http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/</a> for up to date zoom information  <b>Format:</b> Discussion  Meetings Local Time 06:00 pm America/Los_Angeles</p>

Sunday 09:00 PM	<p>ACA Carbondale (WEB0255) - Meetings on Zoom. For link or dial-in phone number, please email acabonedale@gmail.com or send a text to 970-379-3356.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps Will remain on Zoom permanently.</p> <p>Meetings Local Time 07:00 pm America/Denver</p>
Sunday 09:00 PM	<p>FRACA Front Range ACA (WEB0829) - We welcome everyone in helping to create a safe community where Fellow Travelers can find support and share their experiences. Our online one-hour meeting grew out of the Serenity, Courage and Wisdom ACA (Boulder, Colorado). In most meetings, we read from ACA literature (links provided in the chat), or a topic chosen by the (rotating) chair. Then the meeting is open for everyone to share. Join us on ZOOM via the links below. If you have trouble and need to reach us, please contact FrontRangeACA@gmail.com. Zoom ID: 412 006 6197 PW: 478022 ZOOM LINK:  <a href="https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09">https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09</a>  For phone call-in: Dial by your location +1 669 900 6833 US (San Jose) +1 346 248 7799 US (Houston) Find your local number:  <a href="https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09">https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09</a>  <b>Format:</b> Discussion - Fellowship Text  Meetings Local Time 07:00 pm America/Denver <a href="#">Virtual Meeting Link</a></p>
Sunday 09:00 PM	<p>Process of Recovery SoCal 2 (WEB0207) - Zoom ID: 88578552639 Zoom Password: 296471 Meeting is scheduled for 100 minutes. 6PM PST Focusing on the BRB. Group originated 6/14/20 We meet 7 days a week.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text  Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:30 PM	<p>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p><b>Format:</b> Discussion - Fellowship Text  Meetings Local Time 09:30 pm America/New_York</p>
Sunday 09:55 PM	<p>Sydney Luchtime Club Daily Affirmations (WEB0310) - Luchtime Club Daily Affirmations Mondays to Fridays at 12.00 pm (noon) Sydney Aust time zone Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time)  <a href="https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09">https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09</a> Meeting ID 418 125 471 Password 028589 Hope to see you soon  <b>Format:</b> Discussion - Fellowship Text - Speaker  Meetings Local Time 11:55 am Australia/Sydney</p>
Sunday 10:00 PM	<p>Parenting Our Own Children As ACAs (WEB0756) - For ID and Passcode please email: AcaRecoverySisters@gmail.com (english) Open to All, Type: Women Only  <b>Format:</b> Discussion  <b>Focus:</b> Women Only This meeting is for ACA members who are parenting their own children and want to connect with other moms, as we learn to parent from a place of love and break the cycle of trauma.  Meetings Local Time 07:00 pm America/Los_Angeles</p>

Sunday 10:00 PM	<p>Safe Spaces for Asians, Asian Americans, Pacific Islanders, and South Asians (WEB0761) - Sunday, 7:00 PM to 8:15 PM Pacific Zoom ID: 947 5535 9483   Passcode: 693326 Self-identified Asians, Asian Americans, Pacific Islanders, and South Asians welcome! <b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners - BIPOC Safe Spaces for AAAPISAs in ACA. We read the daily ACA meditation from Strengthening My Recovery, and share our experience, strength and hope with others who know how you feel. Meetings Local Time 07:00 pm America/Los_Angeles</p>
Sunday 10:00 PM	<p>ACA Sydney (WEB0606) - <a href="https://zoom.us/j/99935598599">https://zoom.us/j/99935598599</a> Zoom ID 999 3559 8599 Passcode ACASydney Free workbook at <a href="https://acalunchtime.com/literature/">https://acalunchtime.com/literature/</a> <b>Format:</b> 12 Step Study Group - Fellowship Text - Steps Meetings Local Time 12:00 pm Australia/Sydney</p>
Sunday 10:00 PM	<p>Becoming Your Own Loving Parent (CAN0368) - Note: This meeting lasts 75 minutes from 7pm-8:15pm Pacific Standard Time. This is a Loving Parent/Inner Child meeting. There is a guided meditation from the Big Red Book followed by non-dominant handwriting or silent meditation on the inner child. All are welcome! This ZOOM info has been recently updated: Meeting ID: 897 4163 2066 Password: 458170 <b>Format:</b> Discussion - Fellowship Text Meetings Local Time 10:00 pm America/New_York</p>
Sunday 10:00 PM	<p>Loving Parent Guidebook Women's Meeting (WEB0777) - For ID/Passcode please Text Ashley (IL) 405-924-9964 or email ACARecoverySisters@gmail.com <b>Format:</b> Loving Parent Guidebook <b>Focus:</b> Beginners - Women Only Meetings Local Time 09:00 pm America/Chicago</p>
Sunday 10:00 PM	<p>Adult Children's Zoom Meeting (temp Closed) (WEB0459) - This meeting is closing for a couple months. Topic: Adult Children's Zoom Meeting Time: This is a recurring meeting Meet anytime <b>Format:</b> Book Study - Discussion Meetings Local Time 08:00 pm America/Denver</p>
Sunday 11:00 PM	<p>Queer ACA (CA1517) - 626 N Robertson Blvd, West Hollywood California, 90069 At the West Hollywood Recovery Center. Validated parking available at the West Hollywood Library (enter on El Tovar). Contact us for Zoom link. <b>Focus:</b> LGBTQ+ A meeting for ACAs who identify as lesbian, bisexual, queer femme, non-binary, trans, and other expansive genders and sexualities. You are welcome here Meetings Local Time 08:00 pm America/Los_Angeles</p>
Monday 12:00 AM	<p>Early Risers Fellow World Travelers, Europe - Monday Meeting (WEB0095) - Zoom ID: 82866149258 - password 711 - audio only, please do not use the video function. English Speaking. In this time of uncertainty, reparenting can help us be in the solution of becoming our own loving parent. This is an important step for us as we develop our own identity that is different than our dysfunctional family role. The roles are family hero, scapegoat, lost child, or some other role. With The Solution, we are on our own, but we are not alone as we were when we were children. We have our ACA group, the fellowship, and a Higher Power to rely upon. With help and support, we learn what it means to be a Loving Parent to ourselves. <b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a> Meetings Local Time 06:00 am Europe/Amsterdam</p>

Monday 12:00 AM	<p>24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&amp;DF. MEETING TIME DOES NOT APPLY.</p> <p>Come share experience, strength, and hope in our international ANONYMOUS 12Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more.</p> <p><a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a></p> <p><b>Format:</b> 12 Step Study Group - Discussion</p> <p>Meetings Local Time 12:00 am America/New_York</p>
Monday 12:30 AM	<p>Nurture the Inner Child (FRA0018) - Zoom Meeting ID : 864 6791 8924 Password : 313202</p> <p><b>Format:</b> 12 Step Study Group - Fellowship Text - Loving Parent Guidebook This one-hour-long meeting is for ACA fellow travelers who have already started reparenting work and who wish to reconnect or deepen the connection with their Inner Child. There is an Inner Child reading and a guided meditation from the Loving Parent WB at every meeting in order to help facilitate this recovery work. We attach particular importance to safety guidelines and the traditions as our inner children need group safety. The number of participants is limited to 15 in order to ensure safety. We ask all fellows wishing to attend to show up on time: 6:30am CET on Monday (9:30pm Sunday night Pacific time)</p> <p>Meetings Local Time 06:30 am Europe/Berlin</p>
Monday 01:15 AM	<p>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM</p> <p>Meetings Local Time 07:15 am Europe/Berlin</p>
Monday 04:00 AM	<p>Monday Night ACA Zoom Meeting (WEB0830) - This is a Zoom only meeting Zoom ID: 496 494 1848 Passcode: 121414 (Audio only is ok, Video on is optional)</p> <p><b>Format:</b> Book Study - Fellowship Text We welcome those who have grown up as Adult Children in a family of alcoholism, addiction or other dysfunction. This group was established in New Zealand - however all international ACA's welcome!</p> <p>Meetings Local Time 08:00 pm Pacific/Auckland</p>
Monday 04:00 AM	<p>(WEB0076) (Español) - Look for our meetings in WWW.ACASPAIN.ORG or contact acaenlineaskype2021@gmail.com by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en WWW.ACASPAIN.ORG o contacta el usuario: acaenlineaskype2021@gmail.com en skype, pidiendo participar en nuestra reuniones o ser miembro.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 10:00 am Europe/Madrid</p>
Monday 05:00 AM	<p>Loving Parent Check In Process (WEB0801) - Zoom Meeting Meeting ID: 82498547659 Password: 395786</p> <p><b>Format:</b> Loving Parent Guidebook this is a camera OFF meeting. try to arrive on time - we start with the check in meditation and then share from that.</p> <p>Meetings Local Time 10:00 am Europe/London</p>

Monday 05:00 AM	<p>Sydney Open Steps Study Group (WEB0446) - Sydney Open Steps Study Group Monday 7:00pm - 8.30pm (Sydney Australia Time) Meeting with video on and locked at start time Sharing on The ACA Yellow 12 Steps WorkBook (Step 7 as of January 2022) <a href="https://zoom.us/j/89593834670">https://zoom.us/j/89593834670</a> Meeting ID 895 9383 4670 Password SOSSG</p> <p><b>Format:</b> 12 Step Study Group - Steps</p> <p>Meetings Local Time 07:00 pm Australia/Sydney</p>
Monday 06:00 AM	<p>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact <a href="mailto:sanctuaryWOBorders@gmail.com">sanctuaryWOBorders@gmail.com</a> for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address).</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Speaker - Steps</p> <p>Meetings Local Time 06:00 am America/New_York</p>
Monday 06:00 AM	<p>Monday 12pmCET Self-Love Group (WEB0167) - 12 pm Central European Time 11 am UK Time/BST/London Zoom Id: 879-3057-1435 Password 711 English speaking meeting Audio only, no videos please Self Love focused meeting: Read from Big Red Book Chapter 15: 'Beyond Survival: Practising Self Love' followed by sharing.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p>Meetings Local Time 12:00 pm Europe/Copenhagen</p>
Monday 07:00 AM	<p>RI Area Morning (WEB0793) (English, US) - RI AREA ACA <a href="https://www.riareaaca.org/">https://www.riareaaca.org/</a> See our full schedule of meetings and add us to your calendar: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> The Virtual Meeting Link should take you straight to our meeting. Email for Password if prompted.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 07:00 am America/New_York <a href="#">Virtual Meeting Link</a></p>
Monday 07:00 AM	<p>Seeking Emotional Integrity (WEB0609) - We meet to explore and discuss the Identity Papers. These documents include the foundational language, focus, and method of recovery that sets ACA apart from similar Twelve Step fellowships. The Identity Papers are printed in the BRB on pp. 81-90 and pp. 353-363 or available in booklet form from <a href="http://shop.adultchildren.org">shop.adultchildren.org</a> Join us on ZOOM: <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a> Meeting ID: 814 3727 6969 Passcode: 247365</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Focus:</b> Secular/Agnostic/Atheist</p> <p>Meetings Local Time 07:00 am America/New_York</p>

Monday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner PeaceRoom groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Jekunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p><b>Format:</b> Book Study - Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p>Meetings Local Time 01:00 pm Europe/Amsterdam</p>
Monday 07:00 AM	<p>ACA Loving Parent Guidebook International (WEB0654) - Every Monday: 11:00 GMT   7:00am EST   12:00pm UK   13:00 S Africa   16:30 India ST   20:00 Japan ST   21:00 AEDT Meeting lasts 75 mins. Meeting ID: 884 6408 4879   Passcode: LPG4u</p> <p><b>Format:</b> Book Study - Discussion - Loving Parent Guidebook <b>Focus:</b> Beginners ACA Loving Parent Guidebook International We are reading, practicing the exercises, and listening to the guided meditations from the new LOVING PARENT GUIDEBOOK! With help from our ACA support group we're learning to parent ourselves with gentleness, humor, love, and respect. Beginners Welcome! Guidebook will be shared on screen via Kindle. English transcript enabled through Zoom.</p> <p>Meetings Local Time 07:00 pm Asia/Hong_Kong</p>
Monday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]   Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET   Dial in: +1 646 558 8656 US (New York)   Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/kcEsR2PF1V">https://us02web.zoom.us/j/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a>]</p> <p><b>Format:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Monday 07:30 AM	<p>ACA Singapore Monday Group (SGP0001) - 11 Jalan Ubi, Block 5, #01-41, Singapore Singapore, 409074 We Care Community Service (Courage Room) <b>Format:</b> Fellowship Text Hybrid with Zoom: Meeting ID: 826 8610 1555 Passcode: 170636</p> <p>Meetings Local Time 07:30 pm Asia/Singapore</p>



Monday 07:30 AM	Bright and Early (KY0027) - Gratz Park Bldg, 3rd Market Street, Lexington Kentucky, 40509 Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park. <b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 07:30 am America/New_York
Monday 08:00 AM	ACA in Bonita Springs (FL0228) - This meeting is now via this Zoom link: <a href="https://us02web.zoom.us/j/97593632861">https://us02web.zoom.us/j/97593632861</a> <b>Format:</b> Discussion - Fellowship Text Meetings Local Time 08:00 am America/New_York
Monday 08:00 AM	Patras ACA Online Group 1 (WEB0375) - This meeting is held on Skype: Send contact request to "?? ?????" or send an email with your skype name at epapatras@gmail.com <b>Format:</b> Book Study - Fellowship Text - Speaker - Steps - Workshop Meetings Local Time 08:00 am America/New_York
Monday 08:30 AM	Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. <b>Format:</b> Fellowship Text This meeting has a capacity of 25 members. Meetings Local Time 08:30 am America/New_York
Monday 09:00 AM	ACASerenitySisters (WEB0638) - Text Helen for meeting ID and password at 830 401 9428 or email us at serenityacagroup@gmail.com Meetings Local Time 08:00 am America/Mexico_City
Monday 09:30 AM	Mens Big Red Book Study Group (AZ0125) - This meeting is currently only meeting on Zoom Meeting ID: 412 209 464 Passcode 194999 The New Church of Phoenix South East corner of Shea and 56th St. <b>Format:</b> Book Study - Discussion <b>Focus:</b> Men-Only Meeting is currently only on Zoom. Meeting ID: 412 209 464 Meetings Local Time 06:30 am America/Phoenix
Monday 10:00 AM	(WEB0711) - <b>Focus:</b> Beginners Meetings Local Time 10:00 am America/New_York
Monday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234 <b>Format:</b> Book Study Meetings Local Time 07:00 am America/Los_Angeles
Monday 10:30 AM	????? ?? ?? ?????? ?????? ?? ?????????/ ?????????????? ?????????? (WEB0361) - We meet through Skype. Our skype name is epa.gr. The meeting lasts 1.5 hour. <b>Format:</b> Discussion - Fellowship Text - Book Study - Steps <a href="https://enilika-paidia.blogspot.com/">https://enilika-paidia.blogspot.com/</a> Meetings Local Time 10:30 am America/New_York

Monday 10:30 AM	<p>Adult Children of Alcoholics &amp; Dysfunctional Families ` (ISR0008) - Israel ENGLISH speaking ACA Big Red Book and Literature meeting with open sharing. ALL are welcome !! ZOOM INFO - NO PASSWORD Topic: TLV Monday Meeting JoinZoom Meeting <a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a> Meeting ID: 986 028 0941 Onetap mobile +13017158592,,9860280941# US (Washington DC) +13126266799,,9860280941# US (Chicago) Dial by your location +1 301 715 8592US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston)+1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 Israel Meeting ID: 986 0280941 Find your local number: <a href="https://us02web.zoom.us/u/kbdMItJt2n">https://us02web.zoom.us/u/kbdMItJt2n</a></p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps Due to Corona virus, this meeting will replace our Monday Tel Aviv 5:30 meeting. We are hoping to open up an in person meeting soon on another day!ZOOM LINKEllen is inviting you to a scheduled Zoom meeting.Topic: TLV Monday MeetingTime: This is a recurring meeting Meet anytimeJoin Zoom Meeting<a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a>Meeting ID: 986 028 0941One tap mobile+13017158592,,9860280941# US (Washington DC)+13126266799,,9860280941# US (Chicago)Dial by your location +1 301 7158592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US(Houston) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253215 8782 US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 IsraelMeeting ID:986 028 0941Find your local number: <a href="https://us02web.zoom.us/u/kbdMItJt2n">https://us02web.zoom.us/u/kbdMItJt2n</a></p> <p>Meetings Local Time 05:30 pm Asia/Jerusalem</p>
Monday 11:00 AM	<p>Feel, Talk, Trust (WEB0727) -</p> <p><b>Format:</b> Book Study - Discussion - Loving Parent Guidebook We meet every Mon/Wed/Fri. For ID and PW, email: <a href="mailto:feeltalktrust@gmail.com">feeltalktrust@gmail.com</a>. 75-minute meeting includes: 1. Loving Parent Guidebook's grounding check-in, 2. Strengthening My Recovery daily reflection, 3. five minutes of meditation or journaling (w/optional non-dominant handwriting), and 4. sharing. This meeting has a maximum capacity of 20 people, and we lock the Zoom door after the first ten minutes. Please join us if you identify as a member of ACA.</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Monday 11:00 AM	<p>Mi Ser Genuino ACA (WEB0103) - usuario de skype: Mi Ser Genuino ACA</p> <p><b>Format:</b> Book Study - Discussion - Steps</p> <p><b>Focus:</b> Beginners Temario rotativo. Pasos. Tradiciones. Orador invitado. . Otros temas de la literatura</p> <p>Meetings Local Time 11:00 am America/New_York</p>
Monday 11:00 AM	<p>Sunset Traits (WEB0884) - We are a diverse and inclusive ACA group who cover one laundry list trait per week, with a 10 minute lead share and three minute shares from fellow travelers. It is not necessary to have the workbook in order to attend. Newcomers welcome!</p> <p><b>Format:</b> Laundry Lists Workbook</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>

Monday 11:00 AM	<p>Non-Dominant Handwriting/The Child Within (WEB0295) - Currently meeting on Zoom / Zoom Meeting <a href="https://us02web.zoom.us/j/88546250421">https://us02web.zoom.us/j/88546250421</a> Email or WhatsApp Meeting Contact for passcode</p> <p><b>Format:</b> Discussion It's suggested to have paper and 2 or more writing instruments of your choice. Meeting is 90 min long - includes a meditation, non-dominanthandwriting with the inner child/inner teenager, and sharing. WhatsApp or email Meeting Contact if you need more info.</p> <p>Meetings Local Time 11:00 am America/New_York</p>
Monday 11:00 AM	<p>ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps Linkki Kohtaamispaikalle: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></p> <ol style="list-style-type: none"> <li>1. Luo itsellesi tunnus ja kirjaudu sisään.</li> <li>2. Toimii selaimella tietokoneella tai sovelluksella puhelimella (sovellus ilmainen sovelluskaupoissa)</li> <li>3. Liity kokoukseen klikkaamalla puhekanavaa ACA-Ihmelapset liittymällä kokoukseen.</li> <li>4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana.</li> </ol> <p>Meetings Local Time 06:00 pm Europe/Helsinki</p>
Monday 12:00 PM	<p>Doverye (WEB0776) (???????) - ??????? ???? ?????? ? Zoom. ????? ? ???? ????????????? ? Telegram-?????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a></p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps - Workshop ?? ??????? 9-10 ??????? ??????? ? ??????. ????? ?????? ??????? ??????? ? ?????? ???? ???? ???? ?????????? ? Zoom. ?????????? ? ?????????? ? ?????? ??????? ???? ???? ???? ?????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a></p> <p>Meetings Local Time 07:00 pm Europe/Moscow</p>
Monday 12:00 PM	<p>ACA CHAT (WEB0092) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions</p> <p>Meetings Local Time 12:00 pm America/New_York</p>
Monday 12:00 PM	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA. Alternatively, here is the link to enter the meeting: <a href="https://us04web.zoom.us/j/236555662?pwd=DVludkw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVludkw_GLdKwIumekTziMw</a></p> <p><b>Format:</b> Discussion</p> <p><b>Focus:</b> LGBTQ+</p> <p>Meetings Local Time 12:00 pm America/New_York</p>

Monday 12:00 PM	<p>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a>  EVERYDAY AT NOON EST  Monday - Laundry List Workbook  Tuesday - Topic Meeting  Wednesday - Big Red Book  Thursday - Traditions  Friday - Loving Parent Guidebook  Saturday - Topic Meeting  Sunday - Beginners Meeting  <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook  Meetings Local Time 12:00 pm America/New_York</p>
Monday 12:00 PM	<p>Emotional Sobriety (WEB0116) - Welcome to Emotional Sobriety! This is a Zoom-based meeting for ACA's who identify as women or with women's communities. We meet on Mondays and Fridays at 9 am PST, 10 am MST, 11 am CST, 12 noon EST. On Mondays, shares occur within the large group; on Fridays sharing happens in smaller groups of 6-7 fellow travelers. Sharing is always optional. There is a short journaling time in each meeting. Please email <a href="mailto:acaemotionalsobriety@gmail.com">acaemotionalsobriety@gmail.com</a> for the meeting password. Zoom meeting ID: 860-941-578. (Download the zoom app or search zoom in your web browser. Zoom is free for participants)  <b>Format:</b> Discussion - Fellowship Text  <b>Focus:</b> Women Only  Meetings Local Time 12:00 pm America/New_York</p>
Monday 12:00 PM	<p>Skype Group (WEB0028) - <b>We have received information that this meeting may not be active. If we do not hear from anyone associated with it by September 2, 2022, this meeting will be removed from our meeting list. Please email us at <a href="mailto:meetings@acawso.org">meetings@acawso.org</a></b>  Contact for info <a href="mailto:dj_bad00@mail.ru">dj_bad00@mail.ru</a> We Are Glad To All Wishing To Recover!  <b>Format:</b> Book Study - Discussion  Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>European ACA Outreach (WEB0177) - 24/7 English language Whatsapp group (WAG) - European ACA Outreach -- This is a closed group for ACA's. The purpose of this group is just outreach calls. No chats, questions or posts, there are other groups for that. -- If you are new to outreach simply state OR (OutReach) on the chat and someone will hopefully reply. (Yes) --- Remember if no one gets back don't take it personally just keep trying. --- Copy and paste this link into your whatsapp to join <a href="https://chat.whatsapp.com/FA1GeJCuCMMEnoM6w1HT6a">https://chat.whatsapp.com/FA1GeJCuCMMEnoM6w1HT6a</a> or write an email to get the link on <a href="mailto:acanalwag01@protonmail.com">acanalwag01@protonmail.com</a> for info please visit <a href="http://acanetherlands.com/">acanetherlands.com/</a>  <b>Format:</b> Discussion - Fellowship Text - Book Study - Steps  <b>Focus:</b> ACAs only (Closed)  Meetings Local Time 12:00 pm America/New_York</p>
Monday 12:00 PM	<p>Europe's Monday evening (Big Red Book Chapter 14 Study – “ACA in a Workplace”) (WEB0175) - -- 6 p.m CEST (18:00) Amsterdam time / 5 p.m (17:00) UK time -Zoom ID: 820-6458-4162 - Password 711 - this meeting is audio only, we do not use the video function in this meeting - see <a href="http://ACANetherlands.com">ACANetherlands.com</a>  <b>Format:</b> Book Study - Discussion  <b>Focus:</b> Beginners  Meetings Local Time 06:00 pm Europe/Amsterdam</p>

Monday 12:30 PM	Ladies Mtg - Finding Our True Self - Letting Go of Behaviors That Keep Us From Living Happy, Joyous and Free - (WEB0623) - We release excessive distractions like food, shopping, clutter, TV, social media, reading, etc. Losing that time keeps us from being our True Selves. These behaviors can also be the root of our isolation and procrastination. We learn to let go of negative generational messages and patterns that have blocked us from becoming our authentic self. Monday and Saturday 9:30am PT / 12:30pm ET 1 hr 15 min mtg Zoom ID: 826 8270 0345 Password: Recovery <a href="https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09">https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09</a> <b>Focus:</b> Women Only Meetings Local Time 09:30 am America/Los_Angeles
Monday 12:30 PM	Monday ACA Skype Meeting (WEB0073) - Skype Address: Liebevolle innere Elternschaft leben ACA Meeting in German Language every Monday at 18:30 Central European Time (CET). If this name does not show up, search alternatively for aca.meeting.a@outlook.com <b>Format:</b> Book Study - Fellowship Text - Steps Meetings Local Time 06:30 pm Europe/Berlin
Monday 01:00 PM	Hope and Healing ACA (WEB0681) - The Zoom id for this meeting 880 3732 4268. Please email HopeandHealingACA@gmail.com for the password. We will be focusing on ACA Big Red Book. We look forward to recovering with you. <b>Format:</b> Book Study Meetings Local Time 12:00 pm America/Chicago
Monday 01:00 PM	Riverside Monday Morning (CA1025) - Please contact us for online information. <b>Format:</b> Book Study - Discussion Meetings Local Time 10:00 am America/Los_Angeles
Monday 01:00 PM	ACA Georgia Tbilisi (WEB0626) (Georgian, English, Russian) - <b>Format:</b> 12 Step Study Group - Book Study - Speaker - Steps <b>Focus:</b> Beginners - BIPOC Meetings Local Time 09:00 pm Asia/Tbilisi
Monday 01:00 PM	ACA Monday - The Solution (WEB0601) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/84695181420?pwd=Y3h3WWRWRk5lM1NuV1hUaHNlZm90dz09">https://us02web.zoom.us/j/84695181420?pwd=Y3h3WWRWRk5lM1NuV1hUaHNlZm90dz09</a> Meeting ID: 846 9518 1420 Passcode: 635459 Meetings Local Time 06:00 pm Europe/London
Monday 01:00 PM	Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation (WEB0891) - <b>Focus:</b> Women Only Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation To help work through stress and challenges Physically Emotionally and Spiritually Meetings Local Time 10:00 am America/Los_Angeles
Monday 01:00 PM	Aca Sverige Online (WEB0856) - Join Zoom Meeting <a href="https://us05web.zoom.us/j/86369841244?pwd=NGg0dmpWM2o1UHZ2bzdwZWJuc1NOZz09">https://us05web.zoom.us/j/86369841244?pwd=NGg0dmpWM2o1UHZ2bzdwZWJuc1NOZz09</a> Meeting ID: 863 6984 1244 Passcode: 78Vzw1 <b>Format:</b> 12 Step Study Group Meetings Local Time 07:00 pm Europe/Stockholm
Monday 01:30 PM	Becoming Your Own Loving Parent (MI0166) - Please reach out to our meeting contact via text and we will supply you with our Zoom link! Please allow 24–48 hours for a reply. This meeting is on Eastern Standard Time. <b>Format:</b> Book Study - Fellowship Text Meetings Local Time 01:30 pm America/Detroit

Monday 01:30 PM	ACA Slovenija Zoom (WEB0904) - Join Zoom Meeting: Meeting ID: 584 383 1420 Passcode: 111222 Meetings Local Time 07:30 pm Europe/Ljubljana <a href="#">Virtual Meeting Link</a>
Monday 02:00 PM	ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Format:</b> Discussion - Fellowship Text Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 pm America/New_York
Monday 02:00 PM	ACA Sunlight Daily Affirmations Zoom Mtg. (CA1386) - - See acanorcal.com for a list of our zoom meetings or send email to acanorcalzoom@gmail.com. <b>Format:</b> Book Study - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 11:00 am America/Los_Angeles
Monday 02:00 PM	Women's ACA and Clutter (WEB0672) - For ID and Passcode please text/call Lisa in CA at: 818.445.9901 or email: AcaRecoverySisters@gmail.com <b>Focus:</b> Women Only Meetings Local Time 11:00 am America/Los_Angeles
Monday 02:00 PM	The Burden of Unexpressed Pandemic Grief (WEB0900) - <b>Format:</b> Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions Meetings Local Time 12:00 pm America/Edmonton <a href="#">Virtual Meeting Link</a>
Monday 02:00 PM	Granada Aca (WEB0040) - Please contact Granada.TonyA.ACA@gmail.com for any questions. The Zoom ID = 547 491 3966. The PW = ACA12Step All ACAs welcome <b>Format:</b> Book Study - Fellowship Text - Steps Meetings Local Time 02:00 pm America/New_York
Monday 02:00 PM	Upstate ACA (NY0245) - 750 East Adams Street, Syracuse New York, 13210 <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Steps Meetings Local Time 02:00 pm America/New_York
Monday 02:30 PM	(WEB0598) - BIPOC ACA MEETING: Black, Indigenous, People of Color Only <b>Format:</b> Book Study - Speaker <b>Focus:</b> BIPOC BIPOC members only. This is a VIDEO-ON meeting. You will be removed from the meeting if you fail to turn on your video and have your face visible. Meetings Local Time 11:30 am America/Los_Angeles
Monday 02:30 PM	Cambridge ACA Monday Zoom (WEB0577) - Please contact for Zoom login details Julie 07950 574 336 Mark 07432 600102 zoomacamonday@gmail.com Meeting focus on the 14 laundry traits and their opposites as detailed in the Laundry List Workbook Meetings Local Time 07:30 pm Europe/London
Monday 02:30 PM	Racial and Emotional Sobriety (WEB0529) - <b>Focus:</b> BIPOC Meetings Local Time 11:30 am America/Los_Angeles
Monday 02:30 PM	London Bethnal Green: Life Beyond Survival (WEB0461) - Currently online although may return face to face in the future. Zoom link: <a href="https://zoom.us/j/6145687933?pwd=NDRXUnFZeJhK2JibVITRXIKQkg1UT09">https://zoom.us/j/6145687933?pwd=NDRXUnFZeJhK2JibVITRXIKQkg1UT09</a> Zoom ID: 614 568 7933 No password required <b>Format:</b> Book Study - Fellowship Text - Speaker - Steps Meetings Local Time 07:30 pm Europe/London

Monday 03:00 PM	<p>From Hurting to Healing to Helping (WA0214) - We Are meeting over zoom - please reach out for The zoom link shorelineaca@gmail.com or 206-898-7100 voice or text</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Monday 03:00 PM	<p>ACA MEXICO (WEB0113) - Nuestras reuniones son por Zoom (id 735 277 3615 ) sin contraseña y estas invitado a unirte. Dias de sesion: Lunes 2:00 pm ,Martes 7:00pm, Jueves 7:00pm, viernes 3:00 pm y sabado 12:00 pm ( horario de mexico city) .... cualquier duda manda un email a acaenzoom@gmail.com o recuperacion.aca@gmail.com</p> <p><b>Format:</b> Fellowship Text - Book Study - Speaker horario de mexico</p> <p>Meetings Local Time 02:00 pm America/Mexico_City</p>
Monday 03:00 PM	<p>Women's Monday Noon (AZ0140) - WOMEN ONLY Zoom Meeting ID: 878 9307 8572 Password: womenonly This meeting is online. We lock the meeting about 15 minutes in for the safety of our participants.</p> <p><b>Format:</b> Book Study</p> <p><b>Focus:</b> Women Only</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 12:00 pm America/Phoenix</p>
Monday 03:00 PM	<p>The Front Room Round Table ACA Black men and women (GBR0022) - Hinde Street Methodist Church, London London, W1U 2QJ RSVP <a href="https://www.meetup.com/The-Front-Room-London-Round-Table/">https://www.meetup.com/The-Front-Room-London-Round-Table/</a></p> <p><b>Format:</b> Discussion - Speaker - Steps</p> <p><b>Focus:</b> BIPOC RSVP <a href="https://www.meetup.com/The-Front-Room-London-Round-Table/">https://www.meetup.com/The-Front-Room-London-Round-Table/</a> Zoom details sent out each Sunday evening - please check inbox</p> <p>Meetings Local Time 08:00 pm Europe/London</p>
Monday 03:00 PM	<p>Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom 985 2100 3286 no password</p> <p><b>Format:</b> Fellowship Text Zoom meeting</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Monday 03:00 PM	<p>Reparenting Check-In Practice (WEB0181) - This is an open meeting to which ALL ARE WELCOME. This is a beautiful way to start the week and a useful model for daily practice. The Reparenting Check-in Practice meeting follows the model set forth in Chapter 9, Appendix C of the Loving Parent Guidebook. In the 4-step sharing process, one is invited to 1) become aware of their breath, emotions, and body sensations; 2) gently check in with the inner child, inner teen, critical parent and loving parent and identify the part of themselves that is activated; 3) share what activated that part; and 4) one may choose to engage in a deeper share during which the loving parent acknowledges the part of themselves that is in need at the present moment and offers nurturing support and/or commitment to action. ACA WSO Reparenting check-in worksheet: <a href="https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf">https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf</a> Every Monday at 12:00 PM Pacific Time Link: <a href="https://us02web.zoom.us/j/89660567068?pwd=K0l6WlNXUHdVTEVtcFM1aHkwY0hVQT09">https://us02web.zoom.us/j/89660567068?pwd=K0l6WlNXUHdVTEVtcFM1aHkwY0hVQT09</a> Meeting ID: 896 6056 7068 Passcode: 703908</p> <p><b>Format:</b> Loving Parent Guidebook Send email to: UnityInProgress with First Name for weekly reminders.</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>

Monday 03:00 PM	<p>Time for Serenity (CA1214) - Everyone is welcome. Join Zoom Meeting  <a href="https://us02web.zoom.us/j/783466619?pwd=REpLYmxFWGpvQUZzQmphVk4yREk0dz09">https://us02web.zoom.us/j/783466619?pwd=REpLYmxFWGpvQUZzQmphVk4yREk0dz09</a>  <b>Format:</b> Book Study - Discussion  <b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking,  Meetings Local Time 12:00 pm America/Los_Angeles</p>
Monday 03:00 PM	<p>Alle Sorgenti (WEB0617) - please write us at <a href="mailto:allesorgentiaca@yahoo.com">allesorgentiaca@yahoo.com</a> for information on how to access the online meeting  <b>Format:</b> Book Study - Fellowship Text - Steps  Meetings Local Time 09:00 pm Europe/Rome</p>
Monday 03:30 PM	<p>ACA Monday Double Winners (CA1367) - This is a recurring zoom meeting;  <a href="https://us04web.zoom.us/j/8176983096">https://us04web.zoom.us/j/8176983096</a> Meeting ID: 817 698 3096 Passcode 812612  <b>Format:</b> Book Study  <b>Notes:</b> Non Smoking - Non Smoking, no food or drinks except water  Meetings Local Time 12:30 pm America/Los_Angeles</p>
Monday 04:00 PM	<p>Recovery Beyond Survival (WEB0655) - WELCOME!! :) CAMERAS REQUIRED. This is a new meeting as of Oct 9, 2021 and needs service support. Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings. Meeting Id : 885 350 9563 Password : 603285 Time: 1pm (PST) US Saturday, Sunday and Monday After ACA and Big Red Book readings (links provided) we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. We warmly welcome you!  <b>Format:</b> Book Study  Meetings Local Time 01:00 pm America/Los_Angeles</p>
Monday 04:00 PM	<p>Gentle Recovery (WEB0890) - <b>Previously WEB0605</b>  Meetings require a camera during check-ins and is then locked after the check-ins to insure the safety and intimacy of all when sharing. The focus of the meeting is to share strength, hope and recovery from the Daily Affirmation. This is a 75 minute gentle recovery meeting. All Welcome!  Meeting ID: 995 3788 3681  Passcode: serenity22  Meetings Local Time 04:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
Monday 04:00 PM	<p>Hella Gay ACA (WEB0506) - Hella Gay ACA is a closed special interest meeting of Adult Children of Alcoholics &amp; Dysfunctional Families for people who are transgender, nonbinary, gender nonconforming, gender questioning, intersex, gay, lesbian, bisexual, queer, asexual, and anyone else who identifies as a part of the LGBTQAI+ community. Go to <a href="https://hellagayaca.mailchimpsites.com/">https://hellagayaca.mailchimpsites.com/</a> for login details  <b>Focus:</b> LGBTQ+  Meetings Local Time 01:00 pm America/Los_Angeles</p>
Monday 04:00 PM	<p>Cycle Breakers (CA1403) - Zoom Meeting. Log-in ID: 82100262764 Code: 07132020  <b>Format:</b> Book Study - Discussion  <b>Notes:</b> Needs Support - Needs Support,  Meetings Local Time 01:00 pm America/Los_Angeles</p>
Monday 05:00 PM	<p>Womens Filling the Void (Food Issues). (WEB0285) - For ID and Passcode Call/Text Lisa in CA at: 818.445.9901 or Email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a>  <b>Focus:</b> Women Only  Meetings Local Time 02:00 pm America/Los_Angeles</p>



Monday 05:00 PM	ACA LGR HUeon Co (OH5083) - 2 Oak St, Norwalk Ohio, 44857 <b>Meeting unexpectedly cancelled on 4 April 22 only</b> Meeting is located in the Let's Get Real office in the lower level of the MHAS building. Entrance in back by parking lot. <b>Format:</b> Book Study - Discussion <b>Notes:</b> Needs Support - Needs Support, Zoom meeting ID-895 9496 5002 Meetings Local Time 05:00 pm America/New_York
Monday 05:30 PM	Mon. 5:30pm ACA (GA0041) - Meeting is currently closed. <b>Format:</b> 12 Step Study Group - Discussion <b>Focus:</b> Women Only Attendees must use audio and video to participate. Meetings Local Time 05:30 pm America/New_York
Monday 05:30 PM	Working The Flip Side (MA0102) - Remote access information --- <a href="https://us02web.zoom.us/j/8733547788">https://us02web.zoom.us/j/8733547788</a> --- Phone - 929 436 2866, then 873 354 7788 --- All are welcome. We use The Laundry List Workbook for our meeting. On page VII of the Forward it states: "Please note that this workbook is for ACA's who are ready to embark on advanced work on their survival traits. It is designed for ACA's who have already gone through all the Steps in the ACA Twelve Step Workbook." <b>Format:</b> Book Study Meetings Local Time 05:30 pm America/New_York
Monday 05:30 PM	(ME0043) - 142 Center Street, Brewer Maine, 04412 -- You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 82409518111 Password: 1212142 <b>Format:</b> Book Study <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/New_York
Monday 06:00 PM	Rivers and Roads (TN0105) - Zoom meeting <b>Format:</b> Discussion Currently we are meeting virtually Zoom meeting only. If yo are interested in attending please contact Brad . Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Writing Meeting (WEB0374) - Writing Meeting. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. <b>Format:</b> Discussion - Workshop 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Zoom Kids are Alright (WEB0291) - Great group of recovering adult children, meeting online on Zoom every Monday 6pm-7:30 pm Eastern (5 pm Central; 3pm Pacific) This meeting is actively welcoming/affirming of LGBTQIA+ ACAs, yet we are not exclusive and welcome all ACAs to our group. We look forward to meeting you! If you're new to our meeting, please plan to be on video during newcomer introductions for the safety of our group. Please reach out to our Email or Phone (please text) contact for the Zoom Link & Password. <b>Format:</b> Book Study - Fellowship Text <b>Focus:</b> Beginners - LGBTQ+ Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Fellow Travelers (WEB0835) (English) - Zoom Meeting Information: Meeting ID: 484 177 588 Password: serene <b>Format:</b> Fellowship Text Readings from BRB, Laundry Lists Workbook, Loving Parent Guidebook Meetings Local Time 06:00 pm America/New_York

Monday 06:15 PM	<p>Kittery ACA Step Meeting (ME0042) - During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information!</p> <p><b>Format:</b> Book Study - Discussion - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:15 pm America/New_York</p>
Monday 06:15 PM	<p>Eliot Monday Night Meeting (ME0027) - Email the meeting Secretary, Mark for the Zoom link. Mark can be reached at jahnzy@yahoo.com</p> <p><b>Format:</b> Discussion - Fellowship Text - Speaker</p> <p>Meetings Local Time 06:15 pm America/New_York</p>
Monday 06:30 PM	<p>From Hurting to Healing (WEB0211) - Please email for zoom ID and password. There will be a waiting room in place. Emails will be answered by 5pm EST daily, and emails received after 5pm EST will be answered the following day. *This meeting will remain online post pandemic* This meeting is 75 min in duration. This meeting also meets on Thursday and Saturday for 60 minutes</p> <p><b>Format:</b> Book Study - Fellowship Text</p> <p><b>Focus:</b> Beginners - Women Only</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>(DE0013) - ZOOM Meeting ID 87592114000 Password 19970</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Healing Piece by PEACE (WEB0428) - 12 Step Study - Group established on February 1, 2021. Healing Piece by PEACE started as a group of people wanting to continue working their ACA program after finishing RSG. We meet to study the Yellow Workbook with Worksheets every Monday. Join us if you want to do the Yellow Workbook 12 Steps piece by PEACE. Or if you care to join us, please do and consider it a Topic study for that day. For Safety of the Room, please email Group Contact for meeting link.</p> <p><b>Format:</b> Book Study - Steps</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Healing With Feeling (MA063) - 77 Hall St, Leominster Massachusetts, 01453 We meet in person only on the 2nd Monday of each month at the United Methodist Church at the corner of Hall St. and Merriam Ave. There is ample parking behind the church. We meet online every Monday, including the 2nd Monday. Please reach out to our meeting contact to receive Zoom credentials.</p> <p><b>Format:</b> Discussion</p> <p><b>Notes:</b> Non Smoking - Non Smoking, We meet in person and online every 2nd Monday of the month. All other Mondays we meet online only. Please reach out to our meeting contact for the Zoom credentials.</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Sobriedad Emocional (FL0282) - This meeting is only by Zoom. Please use meeting contact for zoom information. SobriedadEmocionalACA@gmail.com</p> <p><b>Format:</b> Book Study - Discussion</p> <p>Meetings Local Time 06:30 pm America/New_York</p>

Monday 06:30 PM	<p>ACA Continued Hope - HYBRID (Phone &amp; In-Person) (PA131) - 9140 Academy Road, Philadelphia Pennsylvania, 19136 As of 3/14/22, This meeting is now a Hybrid. We will continue to meet via TELEPHONE and now also IN-PERSON at theLivingrin Outpatient facility in Northeast Philadelphia. Dial: 267-807-9598 AccessCode: 681-798-524#</p> <p><b>Format:</b> Book Study - Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Non Smoking, Currently a Hybrid Telephone and In-Person meeting.</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>12 Step Yellow Book Study (Syracuse, NY) (NY0221) - Meeting is based in Syracuse, NY (CNY IG). Zoom ID: 305 687 3832 Password: none <a href="https://zoom.us/j/3956873832">https://zoom.us/j/3956873832</a></p> <p><b>Format:</b> 12 Step Study Group - Discussion</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>(WI083) - 620 Broadway, Wisconsin Dells Wisconsin, 53965 We are open to anyone who identifies as an Adult Child of an Alcoholic or dysfunctional family, and also to anyone who thinks he/she might be an adult child and is looking for help and hope. To join in-person, please contact our representative first to verify that meeting in person is an option (: Entrance is on Capital Street. We meet up the stairs, first door on the left. To join online, here's the Zoom meeting link:  <a href="https://us02web.zoom.us/j/85736112345?pwd=S003NW5aWUNkUWo2aWdEak1kVEJlKZz09">https://us02web.zoom.us/j/85736112345?pwd=S003NW5aWUNkUWo2aWdEak1kVEJlKZz09</a>  Meeting ID: 857 3611 2345 Passcode: 960252 Dial in: (301) 715-8592</p> <p><b>Format:</b> Book Study - Discussion - Laundry Lists Workbook - Steps</p> <p><b>Notes:</b> Non Smoking - Non Smoking, Hello newcomer! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, and calling or emailing is also ok! Please reference ACA so we know you aren't spam (:</p> <p>Meetings Local Time 05:30 pm America/Chicago</p>
Monday 06:30 PM	<p>Coast to Coast BRB Study (WEB0260) - **This meeting is a BRB study followed by open shares. We currently meet on Zoom only. Zoom ID: 434 350 7964. Please follow the steps to reach the meeting contact by using the link at the top of the meeting page. Email the meeting contact Mark C. and the password will be provided. We are taking this step to support a safe meeting environment for all our attendees. Thanks!</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Monday Toledo ACA on Zoom (WEB0281) - 325 North Michigan Street, Toledo Ohio, 43604 At this time , the meeting is being held via the Zoom online format. Please contact Gena, at <a href="mailto:mondaytoledoACA.zoom@gmail.com">mondaytoledoACA.zoom@gmail.com</a> for the meeting ID and password to attend on the Zoom platform.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>SOS (Save Our Selves) (WEB0289) - 401 main st, Radford Virginia, 24141 Zoom 400852917 ID # Password 401</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text</p> <p><b>Notes:</b> Needs Support - Needs Support,</p> <p>Meetings Local Time 06:30 pm America/New_York</p>

Monday 06:45 PM	Miracles On Monday (LA025) - Zoom Meetings are being held in place of in-person meetings at this time. Zoom Meeting ID 423 843 2240 Meeting Password 827255 (if needed) <b>Format:</b> Book Study - Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:45 pm America/Chicago
Monday 07:00 PM	Strengthening Our Recovery BRB Meeting (WEB0399) - <a href="https://us02web.zoom.us/j/6660357900?pwd=VjhyY1lDWE90TmUrWVNYVHV4UnlRUT09">https://us02web.zoom.us/j/6660357900?pwd=VjhyY1lDWE90TmUrWVNYVHV4UnlRUT09</a> Meeting ID: 666 035 7900 Password: solution <b>Format:</b> Book Study - Discussion - Fellowship Text Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Lakeside ACA (WEB0438) - <a href="https://us02web.zoom.us/j/87042595836?pwd=UmtqTjNGbFRPN0lKRcTmWjkvcFg3UT09">https://us02web.zoom.us/j/87042595836?pwd=UmtqTjNGbFRPN0lKRcTmWjkvcFg3UT09</a> Meeting ID: 870 4259 5836 Passcode: ACPM21 <b>Format:</b> Discussion - Book Study Meetings Local Time 06:00 pm America/Mexico_City
Monday 07:00 PM	Zooming Towards Recovery (WEB0203) - Welcome all ACAs, including Beginners! This is an ACAs Only Closed meeting. The meeting may run up to 90 minutes and will end by 8:30 PM. Zoom Link: <a href="https://us02web.zoom.us/j/88439340846?pwd=ZEE3T1ZGV2dySC85NWh5YzJKUnFvZz09">https://us02web.zoom.us/j/88439340846?pwd=ZEE3T1ZGV2dySC85NWh5YzJKUnFvZz09</a> <b>Format:</b> Book Study - Fellowship Text - Steps <b>Focus:</b> Beginners Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	New Beginnings (VA0155) - Meeting by Zoom - please contact group contact for information. 1st Monday - Step of the month, 2nd Monday - Speaker, 3rd Monday - Tradition of the month, 4th Monday - Speaker, 5th Monday - Meditation <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	ACA English Zurich Online (WEB0373) - Dial-in number (CH): 043 550 70 93 Access code: 840915# International dial-in numbers: <a href="https://fccdl.in/i/acaenglish">https://fccdl.in/i/acaenglish</a> Online meeting ID: acaenglish Join the online meeting: <a href="https://join.freeconferencecall.com/acaenglish">https://join.freeconferencecall.com/acaenglish</a> <b>Format:</b> Book Study - Steps We use the app FreeConferenceCall without the video function, voice only. Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	ACA Mental Health (WEB0484) - For ID and Passcode please Call/Text Lisa in Ca @ 818.445.9901 or Email: ACARecoverySisters@gmail.com <b>Focus:</b> Women Only Meetings Local Time 04:00 pm America/Los_Angeles
Monday 07:00 PM	Tony A's Steps (WEB0390) - This meeting is on Zoom. Meeting ID: 860 3768 8206 Password: 11427 <b>Format:</b> Discussion - Steps Join Whatsapp group for 24/7 support <a href="https://chat.whatsapp.com/CwFnTVBJD1nEvg6lP84A4l">https://chat.whatsapp.com/CwFnTVBJD1nEvg6lP84A4l</a> Meetings Local Time 05:00 pm America/Denver
Monday 07:00 PM	Clarity Seekers (WEB0512) - Zoom ID 882 0817 6585 password: clarity <b>Format:</b> Discussion - Fellowship Text We read from the book, The Laundry List. Meetings Local Time 07:00 pm America/New_York

Monday 07:00 PM	<p>True Colors Global Gay Men's Meeting (WEB0445) - Zoom Meeting Link ID: 87480967964 Pass-code: 8675309</p> <p><b>Format:</b> Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Focus:</b> LGBTQ+ - Men-Only Gay Men Affinity Group</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Building Bridges (FL0291) - 8396 W State Rd 84, Davie Florida, 33324 New location and Hybrid Meeting at West Broward Club, upstairs from Gold Coast Transmission Masks are needed for the in person meeting <a href="https://zoom.us/j/635957586">https://zoom.us/j/635957586</a> Meeting ID: 635957586 Password serenity1 Building Bridges 7-8:00 pm Eastern Step 11 meeting /Flip side of laundry list/Strengthening our Recovery</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Workshop</p> <p><b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking, Step 11</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Monday Night Guilford Meeting (CT087) - Virtual only. <a href="https://zoom.us">https://zoom.us</a>, ID: 866 473 127, password: Monday.</p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Monday Night East Side ACA (RI005) - <a href="https://riareaaca.us10.list-manage.com/track/click?u=5eb285e4629369fb0d9919549&amp;id=42e265e27b&amp;e=60367a6a33">https://riareaaca.us10.list-manage.com/track/click?u=5eb285e4629369fb0d9919549&amp;id=42e265e27b&amp;e=60367a6a33</a> Meeting ID: 968 8073 5369 Join by Phone by calling one of these numbers +1 253 215 8782 US +1 301 715 8592 US Contact me for meeting password.</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Generations (NC044) - 20 Oak St, Asheville North Carolina, 28801 Currently, 3.22.22, we are meetings person and online, Google Meet; Contact Mitch, 828.474.5120, for more info. We meet at First Congregational United Church of Christ.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Non Smoking. Masks are Encouraged. Park in Rear Lot , Drive to Right of the Church, in any Space that isn't Marked for Staff or Reverend. More Parking on the Street. Enter Bldg Through Glass Door off the Rear Parking Lot. The Prior Meeting Typically Doesn't Finish Until a Few Minutes Before 7. Push Button Once and Someone Will Let You in. Currently no Other Meetings are in the Building While we Meet.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>BRB Boys 2 Men (Men-only) Kirkwood (MO0041) - Zoom ID: 433 409 304 Password: 911 356 Meeting is zoom only.</p> <p><b>Format:</b> Book Study</p> <p><b>Focus:</b> Men-Only</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Monday 07:00 PM	<p>ACA Boston Cambridge Newcomers (MA0106) - We are only meeting on Zoom. Please email the Group Secretary for the Zoom link: <a href="mailto:acabostoncambridgenewcomers@gmail.com">acabostoncambridgenewcomers@gmail.com</a></p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Monday 07:00 PM	<p>Aca Meeting (MI054) - 1020 East Mitchell, Petoskey Michigan, 49770 All meetings are on Zoom every Monday at 7pm. Every first Monday of month: In- Person and Zoom at Emmanuel Episcopal Church, Petoskey Michigan 49770 Please contact Kathy A. for Zoom information.</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text Non Smoking</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Monday 07:00 PM	<p>Living Life Meeting (MI0157) - Zoom Meeting ID: 886 0611 2363 Password: Due to issues with Zoom bombers, please text contact person to get password. Formerly at Portage Lake United Church, Suspending in-person meetings 1/3/2022 and going on-line only using zoom or telephone.</p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Focus:</b> Beginners</p> <p><b>Notes:</b> Wheelchair Access - Wheelchair Access, Due to issues with Zoom bombers, please text contact person to get meeting info.</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Monday 07:00 PM	<p>The Milton Parlor Meeting (MA0080) - Meeting in zoom now - ID: 816 3990 1996 pwd: 457368</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Lifesavers ACA (VA109) -  <a href="https://us02web.zoom.us/j/89595113051?pwd=RHNTazNOQmJuU1ZkTUlrNm0zVWl2Zz09">https://us02web.zoom.us/j/89595113051?pwd=RHNTazNOQmJuU1ZkTUlrNm0zVWl2Zz09</a>  Meeting ID: 895 9511 3051 Passcode: 985406</p> <p><b>Format:</b> Discussion - Loving Parent Guidebook Non Smoking</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Monday Night ACA Group Red Book Meeting (IL0234) - Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded on the belief that family dysfunction is a disease that infected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. Meeting is Zoom/online only. Email acoam2022@gmail.com for Meeting ID and Password.</p> <p><b>Format:</b> Book Study - Discussion - Steps As of 3/2020 we are online only @ Zoom please contact Leslie Gourmet1096@aol.com for Meeting Id and Password</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Monday 07:00 PM	<p>Brattleboro ACA Group (VT004) - NEW ZOOM LINK, as of 6/20/2022: Join Zoom Meeting  <a href="https://us02web.zoom.us/j/82090560110?pwd=T1pHREovZDcyQ054eUpmUnpYdEpXQT09">https://us02web.zoom.us/j/82090560110?pwd=T1pHREovZDcyQ054eUpmUnpYdEpXQT09</a>  Meeting ID: 820 9056 0110 NOTE: you will need to call Jay or email KD - in advance of the meeting - for meeting password.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text We may revert back to a 6pm meeting in the fall; stay tuned for details.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Monday 07:00 PM	<p>Inner Child Group (FL167) - Meeting ID: 894 2764 9729 Passcode: 908692 Use the smartphone Zoom app, log on at <a href="https://zoom.us/join">https://zoom.us/join</a>, or call in at 1(929)205-6099 Zoom meeting only at this time (no in-person) * You may use your initials as your last name and may opt out of using the video feature for anonymity if you so choose*</p> <p><b>Format:</b> Discussion</p> <p>Meetings Local Time 07:00 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
Monday 07:00 PM	<p>Turtle Island Love &amp; Light (WEB0858) (English) - Please contact us for online meeting access information. All welcome, and a special welcome to newcomers.</p> <p>Meetings Local Time 07:00 pm America/Toronto</p>
Monday 07:00 PM	<p>Growing In Grace (PA089) - This meeting is currently using Zoom (virtual room) until further notice. To obtain our Zoom link for this meeting, email the contact from this listing, <a href="mailto:keykayb@yahoo.com">keykayb@yahoo.com</a>.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>ACA Men's Yellow 12 Step Workbook Group (OH0096) - 333 South Drexel Ave, Bexley Ohio, 43209 This is a hybrid, men's meeting in which we use ACA approved workbooks as the focus. We meet at St. Alban's Church, Bexley. Park on the street and follow the path to the back building. Inside the door, go DOWN the steps and down the hallway. Meeting room is on the left. NOTE: There is a simultaneous AA meeting in the large hall at the top of the steps.</p> <p>You may participate in the meeting via Zoom rather than face to face. Text Rick at 614-633-7625 to receive the Zoom access information.</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Laundry Lists Workbook - Steps</p> <p><b>Focus:</b> Men-Only Beginner; LGBTQ+ Welcoming; Step Study; Laundry List Workbook</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:30 PM	<p>Fuengirola Literature Study (ESP0002) - Near Fuengirola main train and bus stations. In a pedestrian alley across from Mercacentro mall side entrance in the Swedish church (Svenska kyrkan). Go through the metal gate on the right up the stairs and to your right on the first floor. Skype meeting during lockdown.</p> <p><b>Format:</b> Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Non Smoking, There is also a WhatsApp group for the meeting. For the Skype meeting during lockdown please contact us ahead of time. Please send a WhatsApp message with your Skype ID to the meeting contact to be ad</p> <p>Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>ACA BRB Savannah group (WEB0579) - Big Red Book study Mondays @ 7:30pm</p> <p>Zoom 864 0925 0479 PW ACABRB</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>Monday Men's Meeting (DC009) - 3240 O Street NW, Washington , 20007 At St John's Episcopal Church, Georgetown. We meet in the Carpenters Chapel on the lower level. Please enter off Potomac Street NW.</p> <p><b>Format:</b> Discussion - Steps</p> <p><b>Focus:</b> Beginners - Men-Only</p> <p><b>Notes:</b> Non Smoking - Non Smoking, <b>Please use the Meeting Contact info to text or email us.</b></p> <p>Meetings Local Time 07:30 pm America/New_York</p>

Monday 07:30 PM	<p>Strengthening My Loving Parent (WEB0851) -  <b>Format:</b> Book Study - Loving Parent Guidebook This is a new meeting beginning on June 13th at 7:30 PM. This is a book study Zoom meeting, reading from the Big Red Book and alternately from the Loving Parent Guidebook. Please contact scott.faca@gmail.com for the Zoom meeting number and passcode. See you on the journey.  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>Midcoast Fellow Travelers (ME0045) - 150 Broadway, Rockland Maine, 04841 St. Bernard Church. The building at the back of the parking lot next to the Stella Maris Apartments right off Route 1.  <b>Format:</b> 12 Step Study Group  <b>Notes:</b> Non Smoking - Non Smoking, The focus of this meeting is to work the steps with the yellow book. Send email for online attendance.  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>Big Kids - Red Book Study (WEB0272) - Topic: Big Kids - Red Book Study Time: Aug 31, 2020 07:30 PM - 8:45 PM Canberra, Melbourne, Sydney Join Zoom Meeting <a href="https://us02web.zoom.us/j/85424344066">https://us02web.zoom.us/j/85424344066</a> Meeting ID: 854 2434 4066 One tap mobile +61871501149,,85424344066# Australia +61280156011,,85424344066# Australia Dial by your location +61 8 7150 1149 Australia +61 2 8015 6011 Australia +61 3 7018 2005 Australia +61 731 853 730 Australia +61 861 193 900 Australia +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 929 205 6099 US (New York) +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) Meeting ID: 854 2434 4066 Find your local number: <a href="https://us02web.zoom.us/j/85424344066">https://us02web.zoom.us/j/85424344066</a>  <b>Format:</b> Fellowship Text  Meetings Local Time 07:30pm America/New_York</p>
Monday 07:30 PM	<p>How it Still Works (WEB0651) - Zoom meeting <a href="https://us02web.zoom.us/j/688259803?pwd=UC9qODBjbG01bERWcy9ZaFh0UVk2dz09">https://us02web.zoom.us/j/688259803?pwd=UC9qODBjbG01bERWcy9ZaFh0UVk2dz09</a>  Meeting ID: 688 259 803 Passcode: 212121 This is a Big Red Book discussion meeting. We read from the Big Red Book, have a brief meditation, then open the floor for sharing on what was read.  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>ACA New Hope Meeting (CO0109) - 301 E Drake, Fort Collins Colorado, 80525  ACA New Hope uses the Laundry List Traits Workbook and the Loving Parent Guidebook to bring hope, wisdom and guidance to its participants. We are a hybrid group. Please email us on or before Sunday at ACANewHope@gmail to get a Google Meet link before the meeting on Tuesday night at 6pm MT (Denver). In-person, we meet at Christ Methodist Church in room 015-016. We can accommodate up to 30 people in this double room.  <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions  <b>Notes:</b> Wheelchair Access - Wheelchair Access,  Meetings Local Time 05:30 pm America/Denver</p>



Monday 07:30 PM	<p>(WEB0421) - Indianapolis-Based ACA Meeting - Join with your Phone: 1) Dial 312 626 6799 to access Zoom. 2) When you are asked to enter the Meeting ID, dial 760784 5824 then press #. 3) When you are asked to enter your Participant ID, just press #.4) When you are asked to enter the Meeting Passcode, dial 654321 then press #. Joinwith Video: 1) Download the Zoom App for your smartphone, tablet, or computer in your app store. 2) Sign-in to your account or create a new account if you do not have one. 3) Click this link:  <a href="https://us02web.zoom.us/j/7607845824?pwd=VkJXWndKOGhyNElyS0lkMStjRfMvdz09">https://us02web.zoom.us/j/7607845824?pwd=VkJXWndKOGhyNElyS0lkMStjRfMvdz09</a></p> <p><b>Format:</b> Discussion  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>12 Steps Group (WEB0728) - We are a small group working on the 12 steps together slowly over time.</p> <p><b>Format:</b> 12 Step Study Group  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>The Freedom Group (AL0034) - Due to COVID-19 we are no longer meeting in person. We are holding a zoom online meeting every Monday at 6:30 pm Central US time. Please contact Carol B. at 334-730-8694 to register for our zoom meetings. Meetings usually run an hour to an hour and a half. We are currently doing a Loving Parent Guidebook Study.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook  Meeting starts with a check-in of members feelings over the past week, followed by study of the Loving Parent Guidebook.  Meetings Local Time 06:30 pm America/Chicago</p>
Monday 07:30 PM	<p>Eastside Aca Mondays (WI067) - Our meeting is online. Please contact the contact person for Zoom information.  In-person at Plymouth Congregational Church</p> <p><b>Format:</b> Discussion - Steps  <b>Notes:</b> Non Smoking - Non Smoking, Laundry List Workbook, Promises  Meetings Local Time 06:30 pm America/Chicago</p>
Monday 07:30 PM	<p>Step &amp; Tradition Intro (ZAF0008) - Please ask for access, and join the WhatsApp group for the readings, which are posted there each week.</p> <p><b>Format:</b> Steps Non Smoking  Meetings Local Time 07:30 pm America/New_York</p>
Monday 07:30 PM	<p>Teen meeting (WEB0436) - 730 pm EST Monday Night Teen 12-18. Currently studying the Daily Affirmations Book - Strengthening My Recovery. No need to have a Daily Affirmations Book-we will share on Screen.</p> <p><b>Format:</b> Book Study  <b>Focus:</b> ACA Teen (Ages 12 to 18) Contact Cindy for zoom information - 215jaslow@gmail.com or paacaig.teen.youngadult@gmail.com 267-979-5406  Meetings Local Time 07:30 pm America/New_York</p>

Monday 08:00 PM	<p>The Loving Parent Guidebook Meeting (WEB0621) -  <b>Format:</b> Book Study - Discussion - Loving Parent Guidebook This meeting focuses on The Loving Parent Guidebook. This meeting is more useful for the more experienced ACA member, as opposed to someone starting out their journey in ACA. We read from the LPG book and then share our feelings and thoughts from the perspective of the inner child, inner teenager and loving parent. You will need the book to fully participate in the meeting--videos are required to be on during the meeting. If you are unable to turn your video on you will be removed from the meeting. Zoom-4424009268--password--73CKbD  Meetings Local Time 05:00 pm America/Los_Angeles</p>
Monday 08:00 PM	<p>ACA Monday Night - Tony A's steps (WEB0233) - Join Zoom Meeting  <a href="https://us02web.zoom.us/j/2214906343?pwd=bzNhY0hSYjh1SENPUkVVR2xwNmZWdz09">https://us02web.zoom.us/j/2214906343?pwd=bzNhY0hSYjh1SENPUkVVR2xwNmZWdz09</a>  Meeting ID: 221 490 6343 Password: Mondaynight 7:00 pm Central Time  <b>Format:</b> Discussion - Speaker  Meetings Local Time 07:00 pm America/Chicago</p>
Monday 08:00 PM	<p>ACA CHAT (WEB0122) -  <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps  Meetings Local Time 08:00 pm America/New_York</p>
Monday 08:00 PM	<p>Libertyville Monday Night ACA Group (IL130) - Currently an online meeting zoom since Covid. Email me at <a href="mailto:aca.newday@gmail.com">aca.newday@gmail.com</a> for a zoom invitation. When we return in person we will be in the basement of the St. Lawrence Episcopal Church located in Libertyville, Illinois. Our hope is to get back to the church in person with hybrid capability. All affected by alcoholism or family dysfunctions are welcome. We are a step/traut meeting, meetings central time is 7 Pm to 8:30 Pm (America/Chicago). You can also call Ellie at 847-767-5595 for information.  <b>Format:</b> Discussion - Steps  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On-Line Meeting: Zoom, since COVID pandemic. Email me at <a href="mailto:aca.newday@gmail.com">aca.newday@gmail.com</a> for a Zoom invitation. Physical Meeting: (When it becomes Possible we hope to have highbred available.) The basement of the Libertyville Illinois St. Lawrence Church.Meeting Type: We welcome everyone.  Meetings Local Time 07:00 pm America/Chicago</p>
Monday 08:00 PM	<p>Rockford ACA Fellow Travelers (IL0239) - 5183 Pebble Creek Trail, Loves Park Illinois, 61111 We are meeting at Forest Hills Evangelical Free Church in the Library. Enter through the doors at the north end of the building and go straight ahead. Room is on the right. The location is just north of Riverside Boulevard on Pebble Creek Trail. About 1/2 mile east of the intersection of Alpine Road and Riverside Blvd.  <b>Format:</b> Book Study - Discussion  <b>Focus:</b> Beginners Non Smoking  Meetings Local Time 07:00 pm America/Chicago</p>

Monday 08:00 PM	(IL195) - 7518 Madison, Forest Park Illinois, 60130 Upstairs On The Left <b>Format:</b> Book Study - Discussion - Steps <b>Focus:</b> Beginners - LGBTQ+ <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago
Monday 08:00 PM	ACA Big Red Book Online (WEB0367) - Join Zoom Meeting <a href="https://us05web.zoom.us/j/86056880186?pwd=Snk3ME5ZeFUwMkt1ems3YWhoREZBUt09">https://us05web.zoom.us/j/86056880186?pwd=Snk3ME5ZeFUwMkt1ems3YWhoREZBUt09</a> <b>Format:</b> Discussion - Book Study Meetings Local Time 07:00 pm America/Chicago
Monday 08:00 PM	ACA Sunlight Reparenting Inner Child Meeting (WEB0585) - - See acanorcal.com for a list of our zoom meetings or send email to acanorcalzoom@gmail.com. <b>Format:</b> Fellowship Text Reparenting Check-in Worksheet is the basis for our meeting. This worksheet is found in Appendix C of the Loving Parent Guidebook. Meetings Local Time 05:00 pm America/Los_Angeles
Monday 08:00 PM	Balcones (TX121) - 5206 Balcones Drive, Austin Texas, 78731 This meeting is currently in person in Room 220 and over Webex (hybrid). Webex link: <a href="https://klauspfeffer.my.webex.com/meet/klauspfeffer74 1268792416">https://klauspfeffer.my.webex.com/meet/klauspfeffer74 1268792416</a> You can also dial 173.243.2.68 and enter your meeting number. Join by phone +1-415-655-0001 US Toll Access code: 126 879 2416 <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Steps <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago
Monday 08:00 PM	Patras ACA Online Group 2 (WEB0376) - This meeting is held on Skype: Send contact request to "?? ?" or send an email with your skype name at epapatras@gmail.com <b>Format:</b> Book Study - Fellowship Text - Speaker - Steps - Workshop Meetings Local Time 08:00 pm America/New_York
Monday 08:00 PM	Step Study & Fellow Traveler Fellowship - Young Adult Connection (WEB0627) - This meeting rotates biweekly. Fellow Traveler Fellowship - 1st & Second Monday of the month Step Study - 2nd & 3rd Monday of the month The meetings take place on discord. Please go ahead and click the link so you can get setup in Discord. <a href="https://discord.gg/sfMcybHfqV">https://discord.gg/sfMcybHfqV</a> This is a meeting for young adults to support each other and connect on issues unique to us. We work the 12 steps together, going through the yellow workbook one page at a time. Join us when you are able but don't feel guilty if you can not make it to a meeting or 10. We will always be here. In the weeks in between our step study, we provide fellow traveler fellowship. This is a relaxed time for destressing and unpacking life with fellow Adult Children. This bi-weekly meeting takes place in between the 12-step meetings and it offers a great opportunity to discuss the topics from the prior or upcoming week in a casual and slow pace. <b>Format:</b> 12 Step Study Group <b>Focus:</b> Beginners - Young Adult (Ages 18 to 26) Meetings Local Time 08:00 pm America/New_York
Monday 08:00 PM	Monday Night Men's Fellowship Meeting (WEB0363) - <b>Focus:</b> Men-Only This meeting includes a 10-minute time for meditation which all go off camera and follow a guided meditation if desired. Meetings Local Time 06:00 pm America/Denver

Monday 08:00 PM	Monday Night ACA Women's Meeting (CO0075) - Anyone identifying as a woman is welcome to attend. Please contact us for the meeting access information. <b>Format:</b> Book Study - Discussion <b>Focus:</b> Women Only <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 06:00 pm America/Denver
Monday 08:00 PM	Aca Golden Monday @ 6pm (CO037) - Online meeting only via Zoom For info on how to attend this meeting, please click Meeting Contact button below. <b>Format:</b> Book Study Online Only via Zoom Meetings Local Time 06:00 pm America/Denver
Monday 08:00 PM	Monday Online Meeting Aca-Df (WEB0043) - Skype online meeting address- ACA-DF-NZ New Zealand- to join a meeting, please send a friend request to ACA-DF-NZ in the week prior to the meeting. Then text the word- join please- to ACA-DF-NZ up to 5 minutes prior to the start of the meeting. <b>Format:</b> Discussion Meetings Local Time 08:00 PM America/New_York
Monday 08:30 PM	Monday Miracles (WEB0645) - This is an open Zoom meeting and all are welcome to join! We study the Big Red Book and then have a discussion period. This meeting is a SAFE place to share. ZOOM ID#: 899 7260 4954 Password: 064122 <b>Format:</b> Book Study - Discussion <b>Focus:</b> Beginners Meetings Local Time 05:30 pm America/Los_Angeles
Monday 08:30 PM	EZ Evening Meditation (WEB0872) - ZOOM meeting info: Meeting ID #: 95508149029 Pass code: 323232 We aim to admit 25 participants plus trusted servants and lock the room at capacity. Please join early to avoid being locked out. thanks <b>Format:</b> Fellowship Text Meetings Local Time 08:30 pm America/New_York <a href="#">Virtual Meeting Link</a>
Monday 08:30 PM	Safe Haven ACA (CO0064) - Please contact us for a link if you are interested in our online Zoom meetings Monday from 630-730pm. We also meet in person Sundays from 1030-1130am at Golden Hills Park. <b>Format:</b> Discussion - Fellowship Text - Speaker - Steps <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/Denver
Monday 08:30 PM	Big Red Book Newcomers Meeting (CO0079) - 1801 Sunset Place, Suite B, Longmont Colorado, 80501 In a one story tan building that also houses Calvary Chapel of Longmont (most visible business). <b>Format:</b> Fellowship Text <b>Focus:</b> Beginners This is an online meeting only. We are hoping to get more support for an in-person meeting. Please contact Karen at henson55@indra.com to receive the Zoom link info to attend this meeting. Meetings Local Time 06:30 pm America/Denver
Monday 08:30 PM	CALIF Womens Meditation Journaling (CA1162) (English) - Monday Capo Beach, CALIF Journaling Online 5:30pm (Pacific Time) Meeting ID: 815 1400 3849 Passcode: (Please email MondayACA1162@gmail.com to request passcode ahead of meeting). <b>Format:</b> Book Study - Discussion <b>Focus:</b> Women Only <b>Notes:</b> Non Smoking - Non Smoking, Open to all females, including Teens Meetings Local Time 05:30 pm America/Los_Angeles

Monday 08:30 PM	Winds Of Change (UT029) - 494 E. 5300 S., Murray Park Utah, 84107 Currently meeting on Zoom and in person starting April 11, 2022. For details please use the - Contact This Meeting- button below Murray Park Church Of Christ - enter N Entrance Of Church <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps Meetings Local Time 06:30 pm America/Denver
Monday 08:30 PM	Unity in Recovery (WEB0561) - <b>Format:</b> Book Study - Discussion - Speaker <b>Focus:</b> Women Only This meeting is what is known as a Triple Winner Meeting. Please join us if you identify as a member of ACA, AA or OA. We will be following the ACA traditions. Meetings Local Time 05:30 pm America/Los_Angeles
Monday 08:30 PM	Aca Women's Zoom (WEB0818) - For ID and Passcode please Text/Cal: 1 Lisa in CA 818.445.9901 or email: AcaRecoverySisters@gmail.com , Come join us <b>Format:</b> Book Study - Discussion Meetings Local Time 05:30 pm America/Los_Angeles
Monday 08:30 PM	Monday Night ACA (CA1215) - NOTE: Due to the new viruses outbreak, we are holding our meetings online until further notice. Please contact us for Zoom ID and passcode via email. <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Los_Angeles
Monday 09:00 PM	Recovery Rocks (WEB0507) - Starting May 2, join the usual Monday night (6pm Arizona time) meeting by either clicking on this Zoom link: <a href="https://us06web.zoom.us/j/9102934015?pwd=d05DSENIRURLNGkzTitMQ0tNYUxQQT09">https://us06web.zoom.us/j/9102934015?pwd=d05DSENIRURLNGkzTitMQ0tNYUxQQT09</a> or by using the Zoom website or app, and manually entering the Zoom meeting ID 910 293 4015. If you manually enter the ID, you must also enter the meeting password: sedona <b>Format:</b> Discussion Bring Big Red Book. 1st Mon. the Steps; 2nd Mon. "Strengthening My Recovery; 3rd Mon. Inner Child/ Reparenting; 4th Mon. Topic/Discussion; 5th (Some months) Speaker. Meetings Local Time 06:00 pm America/Phoenix
Monday 09:00 PM	Steps to Peace and Joy (AZ0148) - Zoom is routinely updating security. So, if you want to zoom into our meeting, email our contact to get the current invitation. <b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 06:00 pm America/Phoenix
Monday 09:00 PM	Friends in Recovery (WEB0398) - Zoom ID 2306727927 <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps 1st week of the month speaker2nd week of the month step3rd week of the month tradition4th week of the month trait5th week of the month loving parent Meetings Local Time 06:00 pm America/Los_Angeles
Monday 09:00 PM	Process of Recovery SoCal 2 (WEB0207) - Zoom ID: 88578552639 Zoom Password: 296471 Meeting is scheduled for 100 minutes. 6PM PST Focusing on the BRB. Group originated 6/14/20 We meet 7 days a week. <b>Format:</b> Book Study - Discussion - Fellowship Text Meetings Local Time 06:00 pm America/Los_Angeles

<p>Monday 09:00 PM</p>	<p>ACA Schematic Monday (WEB0345) - The ACA Schematic is a diagram that shows how the ACA recovery tools may be implemented to live with a greater awareness of how the effects of childhood trauma continue to operate in our lives today.</p> <p>Mondays from 6 PM to 7:15 PM USA Pacific time Zoom ID: 250 270 2900   Passcode: ACA222</p> <p><b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners Recovering from CPTSD due to childhood trauma using the Six Essential Recovery Tasks, the Tony A/ACA 12 Steps, Reparenting &amp; the help of a fellow traveler. + Beginners Welcome! +</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
<p>Monday 09:00 PM</p>	<p>Recovery And Healing (CA012) - Now meeting on Zoom until further notice. Meeting ID: 89690650474 Password: 054601</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Focus:</b> Beginners - LGBTQ+ - BIPOC - Young Adult (Ages 18 to 26) <b>Notes:</b> Non Smoking - Non Smoking, Non-Smoking Meetings Local Time 06:00 pm America/Los_Angeles</p>
<p>Monday 09:00 PM</p>	<p>Call2Parent: Becoming Your Own Loving Parent (WEB0551) - <b>Format:</b> Discussion This meeting is focused specifically on identifying, sharing about, practicing and getting support in developing the loving and practical skills in becoming our own Loving Parent. This meeting is a safe space to begin or continue the journey toward developing essential parenting skills walking the path from self-hatred, self-loathing toward unconditional self-love. Contact meeting contact to obtain Zoom information. Meetings Local Time 07:00 pm America/Denver</p>
<p>Monday 09:15 PM</p>	<p>Healing Hearts (WEB0215) - We meet online using Zoom. Our meeting is from 6:15-7:45 PM PST. (9:15-10:45 EST) The Zoom meeting ID:179 888 812 Meeting Password: 083849 Dial by your location +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 929 205 6099 US (New York) +1 301 715 8592 US <b>Format:</b> Discussion - Fellowship Text Meetings Local Time 06:15 pm America/Los_Angeles</p>
<p>Monday 09:15 PM</p>	<p>Monday ACA Feelings Zoom Meeting (WEB0883) - Zoom Meeting ID: 955 8646 8426; Password: feelings We meet to discuss any feelings we have experienced during the week so we can become more in tune with our feelings and become more emotionally aware. We read the Daily Affirmations for the day from the "Strengthening My Recovery" book and then have an open share. Meetings Local Time 06:15 pm America/Los_Angeles</p>
<p>Monday 09:30 PM</p>	<p>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Format:</b> Discussion - Fellowship Text Meetings Local Time 09:30 pm America/New_York</p>

Monday 09:30 PM	<p>Attitude of Gratitude (WEB0249) - We meet on Google Meet please follow this link  ACA Attitude of Gratitude Mondays • 8:30 to 9:30 PM central time We meet on  ZOOM Unirse a la reunión Zoom  <a href="https://us02web.zoom.us/j/4151091269?pwd=a1JYY1lremF5RGxaMjU0Vm92ODZSdz09">https://us02web.zoom.us/j/4151091269?pwd=a1JYY1lremF5RGxaMjU0Vm92ODZSdz09</a>  ID de reunión: 415 109 1269 Código de acceso: thanks  <b>Format:</b> Book Study - Discussion - Steps  Meetings Local Time 08:30 pm America/Mexico_City</p>
Monday 09:30 PM	<p>ACA NTAC Lakeview (IL0266) - NTAC ACA Monday - we are Zoom only.  <a href="https://us02web.zoom.us/j/89745392689?pwd=T3VQNDRzZGxwUHJlQzBGMHhpTnJPQT09">https://us02web.zoom.us/j/89745392689?pwd=T3VQNDRzZGxwUHJlQzBGMHhpTnJPQT09</a>  Meeting ID: 897 4539 2689, Password: 909 We read ACA yellow step workbook,  going from beginning to end, reading only.  <b>Format:</b> Fellowship Text  Meetings Local Time 08:30 pm America/Chicago</p>
Monday 09:30 PM	<p>LADYSMITH ACA GROUP (CAN0371) - Please email to  ladysmithaca2019@gmail.com for the meeting email link, number and password.  Thanks  <b>Format:</b> 12 Step Study Group - Discussion - Fellowship Text 1 hour regular meeting  6:30 - 7:25 pm, short break, followed by 1 hour step study, meeting closes at approx.  8:30pm. Everyone welcome.  Meetings Local Time 06:30 pm America/Vancouver</p>
Monday 09:45 PM	<p>Loving Parent Guidebook Book Study &amp; Discussion (CA1193) - Now starting at 6:45  pm and will go to 8 pm. Journey with us. All are welcome and valued- newcomers, old  timers and anywhere in betweeners :)  Zoom meeting ID-993 9799 7363 Password-043594 Join Zoom Meeting  <a href="https://zoom.us/j/99397997363?pwd=d3ZKelhOV0wdHZOUmhYMm50M1I0UT09">https://zoom.us/j/99397997363?pwd=d3ZKelhOV0wdHZOUmhYMm50M1I0UT09</a>  <b>Format:</b> Discussion Loving Parent Guidebook Book Study &amp; Discussion  Meetings Local Time 06:45 pm America/Los_Angeles</p>
Monday 09:55 PM	<p>Sydney Lunchtime Club Daily Affirmations (WEB0310) - Lunchtime Club Daily  Affirmations Mondays to Fridays at 12.00 pm (noon) Sydney Aust time zone Sydney  International Speaker Meeting held Second Sunday each month 12midday to 1.30pm  (Sydney Australia time)  <a href="https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09">https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09</a> Meeting  ID 418 125 471 Password 028589 Hope to see you soon  <b>Format:</b> Discussion - Fellowship Text - Speaker  Meetings Local Time 11:55 am Australia/Sydney</p>
Monday 10:00 PM	<p>Soul Sisters (CAN0375) - Soul Sisters Zoom info. 7:00 pm Monday evening PST ID #  824663513 Password 918461  <b>Format:</b> Fellowship Text  <b>Focus:</b> Women Only Zoom meeting only We are no longer meeting in person.  Meetings Local Time 07:00 pm America/Vancouver</p>

Monday 10:00 PM	<p>Borrego Springs ACA (CA1432) - Join Zoom Meeting  <a href="https://us02web.zoom.us/j/89584073519">https://us02web.zoom.us/j/89584073519</a> Meeting ID: 895 8407 3519 One tap mobile +33170379729,,89584073519# France +33170950103,,89584073519# France Dial by your location +33 1 7037 9729 France +33 1 7095 0103 France +33 1 7095 0350 France +33 7 5678 4048 France +33 1 7037 2246 France Meeting ID: 895 8407 3519 Find your local number: <a href="https://us02web.zoom.us/u/kei3FOQ5wY">https://us02web.zoom.us/u/kei3FOQ5wY</a> password is : borrego</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps  <b>Notes:</b> Needs Support - Wheelchair Access - Needs Support, Wheelchair Access, Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>Men's Round Table Honesty Meeting (WEB0859) - Men Only ZOOM: Mon 7pm PST ID: 894 5530 6426 PSWD:118289 Updated 6/3/22</p> <p><b>Focus:</b> Men-Only  Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>Lynnwood Harmony Group (WA174) - Zoom Meeting ID: 844 8996 4338 Passcode: 086995 One tap mobile Dial by your location +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York)</p> <p><b>Format:</b> Book Study - Discussion - Steps  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>The Healing Journey (CA993) - 40 Fifth St., Petaluma California, 94952 <b>Location-- Petaluma, CA--Hybrid---we are meeting in person and on zoom--our location is St John's Church at the corner of 5th and C Streets. Zoom ID: 890-7095-1479 PW: innerchild.</b></p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps  <b>Notes:</b> Non Smoking - Non Smoking, Non Smoking  Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>Ladies 12-Step Study (CA1182) (Spanish, English) - We are currently on ZOOM only. Our meeting ID is: 992 7522 8013 and passcode is: 623168. Please contact Deborah K. if you have further questions. Click the Contact This Meeting button below.</p> <p><b>Format:</b> 12 Step Study Group - Discussion - Loving Parent Guidebook - Steps  <b>Focus:</b> Women Only  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>Olympic ACA Recovery (WA0235) - 110 E 7th Street, Port Angeles Washington, 98362 Zoom Meeting ID: 823 5549 4794 Password: 576554</p> <p><b>Format:</b> Book Study - Discussion - Steps We have a weekly reading of the steps, traditions,speaders choice and Red Book. The 5th Monday is a speader meeting. This is a hybrid meeting. Zoom address is: 823 5549 4794 pass code is: 576554. In person meeting is held In Port Angeles, WA at the First United Methodist Church. Parking lot is off 7th Street between US bank and the church. Knock on door and someone will let you in. Zoom address is: 823 5549 4794 pass code is: 576554  Meetings Local Time 07:00 pm America/Los_Angeles</p>
Monday 10:00 PM	<p>Unmet &amp; unresolved (WEB0248) -</p> <p><b>Format:</b> Discussion  <b>Focus:</b> Open to All  Meetings Local Time 10:00 pm America/New_York</p>



Monday 11:00 PM	ACA- Adult Children of Alcoholics and Dysfunctional Families (WEB0742) - Please contact us for more information. Meetings Local Time 08:00 pm America/Los_Angeles
Tuesday 12:00 AM	24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&DF. MEETING TIME DOES NOT APPLY. Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more. <a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a> <b>Format:</b> 12 Step Study Group - Discussion Meetings Local Time 12:00 am America/New_York
Tuesday 12:00 AM	Early Risers Fellow World Travelers - Tuesday Meeting (WEB0161) - Meeting ID 840-9937-2668 - Password 711 - Audio only, no video. English Speaking. Through reparenting, we challenge our inner critic by reminding ourselves of our strong points. By doing so, we realize that we are not as bad as we thought we were nor are we as noble. We have a balance of positive and problematic traits that we are learning to accept or to address. <b>Format:</b> Discussion - Fellowship Text <b>Focus:</b> Beginners <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a> Meetings Local Time 06:00 am Europe/Amsterdam
Tuesday 12:30 AM	Monday Maui ACA Zoom Book Study and Sharing (WEB0243) - Zoom Meeting ID: 629 552 9668, Passcode: 54321 <b>Format:</b> Book Study - Discussion Contact email: mauimondayacaonline@gmail.com Meetings Local Time 06:30 pm Pacific/Honolulu
Tuesday 01:00 AM	NZ Studies Critical Parent (WEB0838) - <b>Format:</b> Loving Parent Guidebook Critical Parent Study. Two hours. Screen share participation. Audio only. Locked 30 mins after start. WAG chat group attached. Ongoing study. We read from chapters 5, 11, 19 and Appendix A of the LPG. Meeting id is 2020434320 and password is Ucandoit. Meetings Local Time 05:00 pm Pacific/Auckland
Tuesday 01:15 AM	Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 am Europe/Berlin
Tuesday 02:00 AM	Doverye (WEB0776) (??????) - ??????? ?????????? ? Zoom. ?????? ?? ??? ???? ?????????????? ? Telegram-?????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a> <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps - Workshop ?? ??????? 9-10 ??????? ?????????? ? ??????. ????? ?????? ????????? ??????? ? ?????? ??. ??????? ?????????? ? Zoom. ?????????? ? ?????????? ? ?????? ?????????? ?????? ?????? ?????? ??????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a> Meetings Local Time 09:00 am Europe/Moscow

<p>Tuesday 03:00 AM</p>	<p>ACA Auckland Tuesday - Camera On Only (NZL0009) (English) - Eden Community Church, 72 View Road, Mount Eden, Auckland Auckland, 1024 Camera On Meeting Only  Meeting ID: 461 521 1202 Passcode: 123567  Search Terms, New Zealand, Auckland, Aotearoa Eden Community Church 72 View Road, Mount Eden, Auckland 1024, New Zealand www.acanewzealand.co.nz  <b>Format:</b> Book Study  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking, Big Red Book reading and sharing. Search Terms, New Zealand Auckland Aotearoa  Meetings Local Time 07:00 pm Pacific/Auckland</p>
<p>Tuesday 03:30 AM</p>	<p>Tuesday Brussels International (WEB0539) -  <b>Format:</b> Fellowship Text  <b>Focus:</b> ACA Teen (Ages 12 to 18) - Beginners - LGBTQ+ - BIPOC - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26)  Meetings Local Time 09:30 am Europe/Berlin</p>
<p>Tuesday 04:00 AM</p>	<p>ACOA Experience - By Tony A (WEB0721) - “The ACoA Experience - by Tony A” Every Tuesday at 6pm (Sydney, Australia time zone)  Zoom: 999-3559-8599   Pass: ACASydney  More info available at: ACoA Sydney.com.au    <b>Format:</b> Book Study - Discussion - Fellowship Text  <b>Focus:</b> Beginners  We read from Tony A’s book (shared via Kindle), and have four minute shares. Erskineville, AU online meeting welcomes all ACAs - especially beginners! All readings will be shared on screen.  Meetings Local Time 06:00 pm Australia/Sydney</p>
<p>Tuesday 04:30 AM</p>	<p>ACA Gold Coast (Hurting to Healing to Helping) (WEB0770) -  <a href="https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwGZPNG5NSmRoWURvaWdkdz">https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwGZPNG5NSmRoWURvaWdkdz</a>  ID 837 4233 6015 Password 56 37 27  <b>Format:</b> Fellowship Text ACA Gold Coast Hurting to Healing to Helping  Tuesday 6:30pm - 7:40pm  <a href="https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwGZPNG5NSmRoWURvaWdkdz">https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwGZPNG5NSmRoWURvaWdkdz</a>  837 4233 6015 Password 563 727  Reading from Strengthening my Recovery  1st Tuesday: Step  2nd Tuesday: Promise  3rd Tuesday: Trait  4th Tuesday: Tradition  5th Tuesday: Tool  Meetings Local Time 06:30 pm Australia/Brisbane</p>

Tuesday 05:00 AM	<p>Machida BRB (JPN006) (Japanese(English is available on the second Sunday only.)) - Morino 1-1-15, Machida City Tokyo, 194-0022 ?Held online(Japanese) ?Meetings for Japanese living abroad Preference will be given to Japanese living abroad, but other participants are also welcome. ?Second Sunday If you would like to participate, please contact us by email. ?Held online(Japanese) ?First Tuesday and Third Friday 6pm. ?Held at council room. ?The second Wednesday If you would like to participate,please contact us by email.</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Focus:</b> Beginners</p> <p><b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking, If you have any requests for step work, inner child work, etc., please do not hesitate to contact us.</p> <p>Meetings Local Time 06:00 pm Asia/Tokyo</p>
Tuesday 05:00 AM	<p>Hashimoto wing (JPN0001) - 6-2-1 Hashimoto, Midori Ward, Sagamihara Kanagawa, 252-0311 ?Held online(Japanese) ?Third Tuesday and Third Friday. ?zoom ?Held at Soleii Sagami or Sun yell Sagamihara and online. ?Forth Wednesday If you would like to participate, please contact us by email.</p> <p><b>Format:</b> Fellowship Text - Steps - Traditions</p> <p><b>Focus:</b> Beginners</p> <p><b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking, If you have any requests for step work, inner child work, etc., please do not hesitate to contact us.</p> <p>Meetings Local Time 06:00 pm Asia/Tokyo</p>
Tuesday 05:00 AM	<p>Yarraville Red Book Topic meeting (AUS0084) - Zoom link:  <a href="https://us02web.zoom.us/j/86051998002?pwd=elhzU3ZvOHl5ZEJIdGpZWXRvRkZHQQT09">https://us02web.zoom.us/j/86051998002?pwd=elhzU3ZvOHl5ZEJIdGpZWXRvRkZHQQT09</a>  Meeting ID: 860 5199 8002 Passcode: 741937</p> <p><b>Format:</b> Fellowship Text Reading and sharing from the ACA Big Red Book</p> <p>Meetings Local Time 07:00 pm Australia/Melbourne</p>
Tuesday 06:00 AM	<p>Europe's Tuesday lunch @ Noon (Reparenting /Loving Parent) (WEB0168) - 12 pm Amsterdam Netherlands time /11 am London time Zoom Id: 839-5786-4261 - Password 711 - Audio only - No Video</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Focus:</b> Beginners</p> <p>Meetings Local Time 12:00 pm Europe/Amsterdam</p>
Tuesday 06:00 AM	<p>ACA BRB Granville Tues 8pm (WEB0791) - [Join Meeting](<a href="http://zoom.us/j/99935598599">http://zoom.us/j/99935598599</a>) Meeting ID: 999 3559 8599 Password: ACASydney <a href="http://acoasydney.com.au/meetings/">http://acoasydney.com.au/meetings/</a></p> <p><b>Format:</b> Book Study - Fellowship Text This is an ACA Big Red Book meeting. We alternate shares with readings from the ACA Fellowship Text.</p> <p>Meetings Local Time 08:00 pm Australia/Sydney</p>
Tuesday 06:00 AM	<p>Gnesta ACA (SWE0167) - Juristgatan 2 A, Gnesta Sodermanland, 646 32 take the stairs down to the basement on the corner</p> <p><b>Notes:</b> Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, During pandemic it is possible to take part by distance via zoom. Please mail for login details.</p> <p>Meetings Local Time 12:00 pm Europe/Berlin</p>
Tuesday 06:00 AM	<p>Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828</p> <p><b>Format:</b> Discussion</p> <p><b>Focus:</b> Beginners</p> <p>Meetings Local Time 11:00 am Europe/London</p>

Tuesday 06:30 AM	<p>Hope and Change (THA0010) - 9/37-38 Ekkamai Sukhumvit Soi 63, Bangkok Bangkok, 10110 This is a Virtual Meeting and will be until further notice. We hope to be back in person soon and will update when that happens. Join Zoom Meeting <a href="https://us02web.zoom.us/j/86367528370?pwd=QWFGWm9mOU9uaDRiQXJBNm82dGRqZz0">https://us02web.zoom.us/j/86367528370?pwd=QWFGWm9mOU9uaDRiQXJBNm82dGRqZz0</a> Meeting ID: 863 6752 8370 Passcode: 658491  <b>Format:</b> Steps - Workshop Step 7 Laundry List workbook workshop meeting  Meetings Local Time 05:30 pm Asia/Bangkok</p>
Tuesday 06:30 AM	<p>ACA Witchcliffe - Strengthening My Recovery (WEB0864) - Contact host to request access to this meeting. Please request access prior to Tuesdays.  <b>Format:</b> Discussion Discussion topic is Strengthening My Recovery reading for the day.  Meetings Local Time 06:30 pm Australia/Perth</p>
Tuesday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!  <b>Format:</b> Book Study - Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!  Meetings Local Time 01:00 pm Europe/Amsterdam</p>
Tuesday 07:00 AM	<p>RI Area Morning (WEB0793) (English, US) - RI AREA ACA  <a href="https://www.riareaaca.org/">https://www.riareaaca.org/</a> See our full schedule of meetings and add us to your calendar: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> The Virtual Meeting Link should take you straight to our meeting. Email for Password if prompted.  <b>Format:</b> Book Study  Meetings Local Time 07:00 am America/New_York <a href="#">Virtual Meeting Link</a></p>

<p>Tuesday 07:00 AM</p>	<p>WeAgnostics (Express Check-In) (WEB0616) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.</p> <p>WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.</p> <p>We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.</p> <p>WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time</p> <p>Monday 7:00 AM  Tuesday 7:00 AM  Wednesday 7:00 AM (Starts May 4th 2022)  Wednesday 6:00 PM (Beginner’s Meeting - 1st &amp; 3rd Wednesday of the month)  Thursday 6:00 PM  Friday 7:00 AM  Friday 7:30 PM (2nd &amp; 4th Friday of the month)  Sunday 6:00 PM</p> <p>There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.  Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a>  Meeting ID: 814 3727 6969  Password: 247365</p> <p>Access the meeting by telephone:  Dial by your location  +1 312 626 6799 US (Chicago)  +1 929 205 6099 US (New York)  +1 346 248 7799 US (Houston)  +1 669 900 6833 US (San Jose)  +1 253 215 8782 US (Tacoma)</p> <p>Meeting ID: 814 3727 6969  Password: 247365</p> <p><b>Focus:</b> Secular/Agnostic/Atheist  Meetings Local Time 07:00 am America/New_York</p>
<p>Tuesday 07:00 AM</p>	<p>Tuesday ACA / AA Double-winner meeting (WEB0880) -  <b>Format:</b> Discussion  Meetings Local Time 12:00 pm Europe/London <a href="#">Virtual Meeting Link</a></p>

Tuesday 07:30 AM	<p>Becoming Your Own Loving Parent (WEB0582) - 10 Sinarar Drive, 11th Floor, Singapore , 307506 Zoom meeting ID: 829 2859 4891 passcode: 943106. Meeting format is - "Meeting your inner child on the beach" meditation followed by 8 minutes of connecting with inner child in silence using tool of your choice followed by group sharing.</p> <p><b>Format:</b> Discussion - Fellowship Text Meetings Local Time 07:30 pm Asia/Singapore</p>
Tuesday 07:30 AM	<p>Bright and Early (KY0027) - Gratz Park Bldg, 3rd Market Street, Lexington Kentucky, 40509 Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park.</p> <p><b>Format:</b> Discussion - Fellowship Text <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 07:30 am America/New_York</p>
Tuesday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]   Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET   Dial in: +1 646 558 8656 US (New York)   Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/kcEsR2PF1V">https://us02web.zoom.us/j/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a>]</p> <p><b>Format:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 am America/New_York</p>
Tuesday 08:00 AM	<p>Taipei ACA (TWN0001) - Please contact us for meeting details.</p> <p><b>Format:</b> Discussion - Fellowship Text Meetings Local Time 08:00 pm Asia/Taipei</p>
Tuesday 08:00 AM	<p>Taipei Tuesday Night ACA Group (WEB0354) - Taipei Tuesday Night ACA Group is inviting you to a scheduled Zoom meeting. Topic: ACA Daily Affirmations/ACA Big Red Book Time: Tuesdays 20:00 Taiwan (GMT+8) Host location: Taipei, Taiwan Join Zoom Meeting: <a href="https://us02web.zoom.us/j/89671032766?pwd=YllSbXNXT0JDbVpuSGRzUk93K1M4QT09">https://us02web.zoom.us/j/89671032766?pwd=YllSbXNXT0JDbVpuSGRzUk93K1M4QT09</a> Meeting ID: 896 7103 2766 Passcode: 962175</p> <p><b>Format:</b> Fellowship Text Daily Affirmations/Big Red Book Meetings Local Time 08:00 pm Asia/Taipei</p>
Tuesday 08:00 AM	<p>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact <a href="mailto:sanctuaryWOBorders@gmail.com">sanctuaryWOBorders@gmail.com</a> for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address).</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Speaker - Steps Meetings Local Time 08:00 am America/New_York</p>



<p>Tuesday 10:00 AM</p>	<p>Ready Set GO!! (TEL0513) - ?? READY SET GO!! ?? ?? RSG's original 6 week, 2 hour closed meetings/workshop ?? ?? TUESDAYS, AUG 16, 23, 30, SEPT 6, 13, 20, 2022 ?? ?? 9:00am CT, 10am ET, 7:00am PT, 8:00am MT ?? ADD YOUR OWN TIME ZONE FOR THIS SESSION:  <a href="https://time.is/0900am_16_Aug_2022_in_CT/Mexico/PT/CET/ET/England/Romania/Australia">https://time.is/0900am_16_Aug_2022_in_CT/Mexico/PT/CET/ET/England/Romania/Australia</a>          (Click on link then click on open link) ?? Join Zoom Meeting:  <a href="https://us02web.zoom.us/j/85630389240?pwd=bmJqZ1FKV0pKYVZNQWl3WlkvZzgxUT09">https://us02web.zoom.us/j/85630389240?pwd=bmJqZ1FKV0pKYVZNQWl3WlkvZzgxUT09</a>          Meeting ID: 856 3038 9240 Passcode: RSG6 One tap mobile          +13126266799,,85630389240#,,, *102461# US (Chicago)          +13017158592,,85630389240#,,, *102461# US (Washington DC) Dial by your location +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington DC) +1929 436 2866 US (New York) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) Meeting ID: 856 3038 9240 Passcode: 102461 Find your local number: <a href="https://us02web.zoom.us/j/85630389240?pwd=bmJqZ1FKV0pKYVZNQWl3WlkvZzgxUT09">https://us02web.zoom.us/j/85630389240?pwd=bmJqZ1FKV0pKYVZNQWl3WlkvZzgxUT09</a> ?? ?? RSG Meetings/Workshop are closed meetings (ACAs only) introducing the ACA program, ACA 12 Steps, and Inner Child Workshop "Awakening My Little One" in 6 weeks. ?? ?? Week 1: Introduction, Steps 1, 2, 3 ?? ?? Week 2: Steps 4, 5 ?? ?? Week 3: Steps 6, 7, 8, 9 ?? ?? Week 4: Steps 10, 11, 12 ?? ?? Week 5: Part 1 - RSG Inner Child Workshop ?? ?? Week 6: Part 2 - RSG Inner Child Workshop ?? ?? Suggested 6 consecutive meetings attendance for more benefits. ?? ?? Click on the link and click on 'open the link' (or copy and paste the link) to get your RSG weekly material and other important RSG info and documents. Read the Zoom Participant Email23 first and the flyers before attending RSG:  <a href="https://drive.google.com/drive/folders/1pAjKUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true">https://drive.google.com/drive/folders/1pAjKUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true</a>          Click the link (and/or click on open link) ?? ?? ?? ?? In the meantime for a summary of Ready Set GO!! You will be able to view and listen to the RSG DVD rough draft presentation which runs 54 minutes. Click on the link and click on 'open the link' or copy and paste this link:  <a href="https://www.dropbox.com/s/5j6j4t58ulrii81/RSG_SLIDESHOW_5_3_21.m4v?dl=0.??">https://www.dropbox.com/s/5j6j4t58ulrii81/RSG_SLIDESHOW_5_3_21.m4v?dl=0.??</a>          ?? ?? It will help to be prompt. After ten minutes of the start of the meeting participants will be placed in the waiting room to be admitted to the meeting. This will be done to keep our meetings safe and free from intruders. ??  <b>Format:</b> Steps  <b>Focus:</b> Beginners Ready Set GO!! is for all ACAs even though it is especially developed for newcomers.          Meetings Local Time 09:00 am America/Chicago</p>
<p>Tuesday 10:00 AM</p>	<p>Men's Yellow Workbook Step Study (WEB0448) - Meeting ID 208 340 359.          Password 418867 Meets 7:00 am MST-Arizona  <b>Format:</b> Discussion - Fellowship Text  <b>Focus:</b> Men-Only This meeting is registered AZ 0135. Have not been able to make changes on WSO website          Meetings Local Time 07:00 am America/Phoenix</p>
<p>Tuesday 10:00 AM</p>	<p>ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234  <b>Format:</b> Book Study          Meetings Local Time 07:00 am America/Los_Angeles</p>



Tuesday 11:00 AM	BRB Meeting (WEB0352) - <a href="https://us02web.zoom.us/j/304812423">https://us02web.zoom.us/j/304812423</a> Zoom ID 304 812 423 <b>Format:</b> Book Study - Discussion - Steps This is an open meeting to read passages from the Big Red Book then have open share and reflection of reading or get current. This is a camera on meeting. Meetings Local Time 07:00 pm Asia/Dubai
Tuesday 11:00 AM	Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828 <b>Format:</b> Discussion <b>Focus:</b> Beginners Meetings Local Time 04:00 pm Europe/London
Tuesday 11:00 AM	(WEB0076) (Español) - Look for our meetings in WWW.ACASPAIN.ORG or contact <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en WWW.ACASPAIN.ORG o contacta el usuario: <a href="mailto:acaenlineaskype2021@gmail.com">acaenlineaskype2021@gmail.com</a> en skype, pidiendo participar en nuestra reuniones o ser miembro. <b>Format:</b> Book Study Meetings Local Time 05:00 pm Europe/Madrid
Tuesday 11:30 AM	Tony A. Study (WEB0865) - Online only with Zoom. For access please email: <a href="mailto:studytonya@gmail.com">studytonya@gmail.com</a> <b>Format:</b> Book Study - Discussion Every other week we read from Tony A.'s and Dan F.'s "The Laundry List: The ACoA Experience" book, and listen to the Tony A. "Why 12 New Steps for ACoA" Florida audio presentation. Meetings Local Time 08:30 am America/Los_Angeles
Tuesday 11:30 AM	Fellow travelers Tony A. workgroup (WEB0753) - <b>Format:</b> 12 Step Study Group - Book Study - Steps - Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list. Meetings Local Time 08:30 am America/Los_Angeles
Tuesday 12:00 PM	Men's Meeting - Becoming Your Own Loving Parent (WEB0554) - Contact us for more information. <b>Focus:</b> Men-Only Meetings Local Time 05:00 pm Europe/London
Tuesday 12:00 PM	What About That Laundry List? (FL0254) - ZOOM ONLY Zoom ID# 432860084 Password 135048 <b>Format:</b> Discussion - Fellowship Text Non Smoking Meetings Local Time 12:00 pm America/New_York
Tuesday 12:00 PM	Women's ACA Yellow Workbook Step Study with Relationship Focus (WEB0697) - For ID and Passcode please text/call or email Lisa in Ca 818.445.9901 or email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a> <b>Format:</b> 12 Step Study Group <b>Focus:</b> Women Only Meetings Local Time 09:00 am America/Los_Angeles

Tuesday 12:00 PM	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA. Alternatively, here is the link to enter the meeting:  <a href="https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw</a></p> <p><b>Format:</b> Discussion  <b>Focus:</b> LGBTQ+  Meetings Local Time 12:00 pm America/New_York</p>
Tuesday 12:00 PM	<p>ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a>  <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps Linkki  Kohtaamispaikalle: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></p> <ol style="list-style-type: none"> <li>1. Luo itsellesi tunnus ja kirjaudu sisään.</li> <li>2. Toimii selaimella tietokoneella tai sovelluksella puhelimella (sovellus ilmainen sovelluskaupoissa)</li> <li>3. Liity kokoukseen klikkaamalla puhekanavaa ACA-Ihmelapset liittymällä kokoukseen.</li> <li>4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana.</li> </ol> <p>Meetings Local Time 07:00 pm Europe/Helsinki</p>
Tuesday 12:00 PM	<p>Europe's Tuesday evening (ACA's daily meditation – Strengthening My Recovery) (WEB0176) - --- 6pm Amsterdam / 5 pm London -Zoom ID: 897-5666-7090 - - - Password 711 - English speaking meeting - Audio only, please do not use your video - . - For information visit <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a> - - - Strengthening My Recovery is written by and for the Adult Children of Alcoholics/Dysfunctional Families Fellowship. With 365 daily shares, each paired with a meaningful quotation from the ACA Fellowship Text, this meditation book will inspire its readers.  <b>Format:</b> Fellowship Text  <b>Notes:</b> Needs Support - Needs Support, <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a>  Meetings Local Time 06:00 pm Europe/Amsterdam</p>
Tuesday 12:00 PM	<p>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a>  EVERYDAY AT NOON EST  Monday - Laundry List Workbook  Tuesday - Topic Meeting  Wednesday - Big Red Book  Thursday - Traditions  Friday - Loving Parent Guidebook  Saturday - Topic Meeting  Sunday - Beginners Meeting  <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook  Meetings Local Time 12:00 pm America/New_York</p>
Tuesday 12:00 PM	<p>Velika crvena knjiga (Fellowship Text) (WEB0867) (Serbian/Croatian) - Pišite nam na email da biste dobili zoom link  <b>Format:</b> Fellowship Text  Meetings Local Time 06:00 pm Europe/Belgrade</p>

Tuesday 12:00 PM	<p>Back to Basics ACA (WI0150) - Our Zoom meetings (11:00am, CST), usually last 60-90 minutes and we are currently studying the BRB. Recent Group Conscience decision to open meeting to all. Meeting ID: 990531572, PW: 252666.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps</p> <p><b>Focus:</b> ACA Teen (Ages 12 to 18) - Beginners - BIPOC - Young Adult (Ages 18 to26)</p> <p>Introductory readings followed by BRB reading and discussion.</p> <p>Meetings Local Time 11:00 am America/Chicago</p>
Tuesday 12:00 PM	<p>ACA CHAT (WEB0092) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions</p> <p>Meetings Local Time 12:00 pm America/New_York</p>
Tuesday 12:30 PM	<p>EADA France du mardi (WEB0269) - Réunion Skype en français Pour être invité, merci d'envoyer votre identifiant skype à eadafrancemardi@gmail.com</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text Méditation du jour extraite du livre</p> <p>Meetings Local Time 06:30 pm Europe/Paris</p>
Tuesday 01:00 PM	<p>Tony A's Way • ACOA Step Study Using Tony A's 12 Steps (WEB0788) - We meet every week. Tuesday 10am PST/ 1pm EST / 6pm GMT / 7pm CET / Wednesday 5am AEST / 7am NZDT Meeting ID: 871 4829 9229 Passcode: 1TrueSelf</p> <p><a href="https://us02web.zoom.us/j/87148299229?pwd=NnFWMVlpY0ZUMmtSMW8xbC9hN1BPdz09">https://us02web.zoom.us/j/87148299229?pwd=NnFWMVlpY0ZUMmtSMW8xbC9hN1BPdz09</a></p> <p><b>Format:</b> 12 Step Study Group - Discussion - Steps All study materials provided.</p> <p>Meetings Local Time 10:00 am America/Los_Angeles</p>
Tuesday 01:00 PM	<p>The ACoA Experience, Strength &amp; Hope (WEB0673) -</p> <p><b>Format:</b> 12 Step Study Group - Laundry Lists Workbook Dear Fellow World Traveler, The ACoA Experience is inviting you to join our Study Group. During the month of August we will be taking a gentle break. On the 6th of September 2022 we start a new study group based on the 12 New Steps of Recovery offered by Tony A. to our fellowship. For more info please follow the link:</p> <p><a href="https://drive.google.com/file/d/1Vhp0Dl5nflzKnB5uvWZi7MSnTHYECN98/view?usp=sharing">https://drive.google.com/file/d/1Vhp0Dl5nflzKnB5uvWZi7MSnTHYECN98/view?usp=sharing</a></p> <p>Meetings Local Time 07:00 pm Europe/Brussels</p>

<p>Tuesday 01:00 PM</p>	<p>Downers Grove 12 Noon ACA Meeting (IL193) - ? DOWNERS GROVE ?-Due to the Cornoavirus ? face to face switching to ZOOM. ??Join online or by telephone. ??More Info: Toni acatoni5617@comcast.net Join Zoom Meeting  <a href="https://us02web.zoom.us/j/82133167362?pwd=TnpXZ0RKR29JN0UxSFVKZGJ4TmZkUT09">https://us02web.zoom.us/j/82133167362?pwd=TnpXZ0RKR29JN0UxSFVKZGJ4TmZkUT09</a>  Meeting ID: 821 3316 7362 Passcode: 828293 One tap mobile  +13126266799,,82133167362#,,, *828293# US (Chicago)  +13017158592,,82133167362#,,, *828293# US (Washington DC) Dial by your location +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington DC) +1929 436 2866 US (New York) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) Meeting ID: 821 3316 7362 Passcode: 828293 Find your local number: <a href="https://us02web.zoom.us/u/kem1N2goYm">https://us02web.zoom.us/u/kem1N2goYm</a> ??Waiting room will utilized for late entries. ??Join online or by telephone Meetings Local Time 12:00 PM America/Chicago  <b>Format:</b> Book Study - Fellowship Text - Steps  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking, 12 Noon Central Time  Meetings Local Time 12:00 pm America/Chicago</p>
<p>Tuesday 01:00 PM</p>	<p>Laundry Tuesday (WEB0062) - Skype Name live:laundry.tuesday - 19:00 CET Online Skype Meeting - send Skype message or contact request to: Laundry Tuesday (skypename: live:laundry.tuesday) - (18:00 GMT, 1:00pm EST)  <b>Format:</b> Discussion - Fellowship Text  <b>Focus:</b> ACAs only (Closed)  Meetings Local Time 01:00 pm America/New_York</p>
<p>Tuesday 01:00 PM</p>	<p>Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation (WEB0891) -  <b>Focus:</b> Women Only Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation To help work through stress and challenges Physically Emotionally and Spiritually  Meetings Local Time 10:00 am America/Los_Angeles</p>
<p>Tuesday 01:00 PM</p>	<p>ACA Meeting german online (WEB0231) - Go to Meeting Infos und Zugang per Mail erfragen.  <b>Format:</b> Book Study - Discussion - Fellowship Text  Meetings Local Time 07:00 pm Europe/Berlin</p>
<p>Tuesday 01:30 PM</p>	<p>Adult Children of Alcoholics/Dysfunctional Families (CA1420) - 10:30am-12pm PST Join Zoom Meeting  <a href="https://us02web.zoom.us/j/82062055906?pwd=TzFVZFVvc0lGR20zaGR1eXNTYy9Xdz09">https://us02web.zoom.us/j/82062055906?pwd=TzFVZFVvc0lGR20zaGR1eXNTYy9Xdz09</a>  Meeting ID: 820 6205 5906 Password: 835611 One tap mobile  +16699006833,,82062055906# US (San Jose) +12532158782,,82062055906# US (Tacoma) Dial by your location +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 646 876 9923 US (New York) +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) Meeting ID: 820 6205 5906 Find your local number: <a href="https://us02web.zoom.us/u/keuAFV5S6b">https://us02web.zoom.us/u/keuAFV5S6b</a>  <b>Format:</b> Book Study - Discussion <a href="https://tinyurl.com/ACALiterature">https://tinyurl.com/ACALiterature</a>  Meetings Local Time 10:30 am America/Los_Angeles</p>

Tuesday 02:00 PM	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p><b>Format:</b> Discussion - Fellowship Text Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 pm America/New_York</p>
Tuesday 02:00 PM	<p>ACA Sunlight Red Book Study Zoom (CA1457) - - See acanorcal.com for a list of our zoom meetings or send email to acanorcalzoom@gmail.com.</p> <p><b>Format:</b> Book Study - Fellowship Text <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 11:00 am America/Los_Angeles</p>
Tuesday 02:00 PM	<p>ACA Women's (WEB0502) - Different focuses Tues: Taking our program to work. Chapter 14 BRB. Thurs &amp; Sat: 12 Steps Yellow Workbook Sat:BRB For ID and Passcode Please Call/Text Lisa in Ca 818.445.9901 or Email ACARecoverySisters@gmail.com Come join us :)</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Fellowship Text - Steps <b>Focus:</b> Women Only Meetings Local Time 11:00 am America/Los_Angeles</p>
Tuesday 02:00 PM	<p>Brighton (GBR0005) - Zoom Meeting ID 87344760949 Passcode 800004</p> <p><b>Format:</b> Fellowship Text - Steps Meetings Local Time 07:00 pm Europe/London</p>
Tuesday 02:30 PM	<p>ACA Talk, Trust, Feel Online (WEB0559) - ACA Talk, Trust Feel Online Tuesdays 7.30pm-9pm Online Meeting ACA Talk Trust Feel Online is inviting you to a scheduled Zoom meeting. Meeting ID: 881 4561 2495 Password: Please get in touch with meeting contact (Hayley +447855 437417 or Rob 07869997576) or acabasingstoke@gmail.com to obtain the password in advance of the weekly meeting time.</p> <p><b>Format:</b> Fellowship Text - Speaker - Steps This is a zoom only meeting, we ask that you identify yourself through video for the safety of the meeting, but cameras can be off after introductions. Meetings Local Time 07:30 pm Europe/London</p>
Tuesday 03:00 PM	<p>Reparenting Check-In Practice: 15 minute practice meeting (WEB0819) - Zoom Only</p> <p><b>Format:</b> Loving Parent Guidebook 15 minute reparenting practice, using the model from the Loving Parent Guidebook. No book necessary to practice with us. Safe place to speak aloud lovingly to your inner child or inner teenager. Zoom ID: 82562151501 Password: iamworthit Meetings Local Time 12:00 pm America/Los_Angeles <a href="#">Virtual Meeting Link</a></p>
Tuesday 03:00 PM	<p>Stockholm Strengthening My Recovery (WEB0545) - ZOOM: <a href="https://us02web.zoom.us/j/82461337386">https://us02web.zoom.us/j/82461337386</a> Stockholm Strengthening My Recovery ACA meeting, based in Stockholm, Sweden. Welcome! *Contact: stockholmsteppers@gmail.com</p> <p><b>Format:</b> Fellowship Text Meetings Local Time 09:00 pm Europe/Stockholm</p>

Tuesday 03:00 PM	Hella Gay ACA (WEB0506) - Hella Gay ACA is a closed special interest meeting of Adult Children of Alcoholics & Dysfunctional Families for people who are transgender, nonbinary, gender nonconforming, gender questioning, intersex, gay, lesbian, bisexual, queer, asexual, and anyone else who identifies as a part of the LGBTQAI+ community. Go to <a href="https://hellagayaca.mailchimpsites.com/">https://hellagayaca.mailchimpsites.com/</a> for logindetails <b>Focus:</b> LGBTQ+ Meetings Local Time 12:00 pm America/Los_Angeles
Tuesday 03:00 PM	One Step Back (WEB0523) - To find out about meetings, write by e-mail <a href="mailto:lgbtacus@gmail.com">lgbtacus@gmail.com</a> or connect to the chat in the telegram <a href="https://t.me/joinchat/fidq6JNJEKU4Mjcy">https://t.me/joinchat/fidq6JNJEKU4Mjcy</a> ??-???? ????-?? ?????? «?? ?? ?????». ?????? ??????-, ?????????- ? ??????-???????. ??????: ??-?????. ??????? 22:00 - 23:30 (????? ??????????). ????? ?????? ??? ?????????????? ? ?????????, ????????? ?? e-mail <a href="mailto:lgbtacus@gmail.com">lgbtacus@gmail.com</a> ??? ?????????????? ?????????-???? ?????? <a href="https://t.me/joinchat/fidq6JNJEKU4Mjcy">https://t.me/joinchat/fidq6JNJEKU4Mjcy</a> <b>Focus:</b> LGBTQ+ - Secular/Agnostic/Atheist Meetings Local Time 10:00 pm Europe/Moscow
Tuesday 03:00 PM	Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom 985 2100 3286 no password <b>Format:</b> Fellowship Text Zoom meeting Meetings Local Time 12:00 pm America/Los_Angeles
Tuesday 04:00 PM	(WEB0700) - <b>Focus:</b> Beginners - LGBTQ+ <b>Notes:</b> Needs Support - Needs Support, Meetings Local Time 04:00 pm America/New_York
Tuesday 05:00 PM	LPG2 (CA1527) - This meeting focuses on The Loving Parent Guidebook. We read from the LPG book! We start out reading the solution and then celebrate with the promises. You will need the book to fully participate in the meeting--videos are required to be on during the meeting --This meeting is for more experienced members who are ready to share and speak from the inner children's point of view and limit telling stories. Zoom-4424009268--password--73CKbD. The first meeting will be on 8/4/22 <b>Format:</b> Loving Parent Guidebook Meetings Local Time 02:00 pm America/Los_Angeles
Tuesday 05:00 PM	Loving Parent Guide (WEB0646) - Please call text/text Lisa in CA 818.445.9901 or email <a href="mailto:ACARecoverySisters@gmail.com">ACARecoverySisters@gmail.com</a> The book is now available on this site. Order your book and join us :) <b>Format:</b> Book Study <b>Focus:</b> Women Only Meetings Local Time 02:00 pm America/Los_Angeles

<p>Tuesday 05:00 PM</p>	<p>Closed BIPOC Rainbow (WEB0766) - This is a CLOSED, CAMERA ON MEETING, only open to BIPOC (Black, Indigenous and POC) who are LGBTQIA+. Zoom Meeting ID: 861 814 9594 Password: Hvtar0 Duration: 1h 15m The meeting is locked around the 25 minute mark. In keeping with Tradition 1, we have a closed meeting in order to create a safe space to share our experiences, made unique by our membership in this community. BIPOC means people who are descendants of: Africa, Asia, Indigenous/First Nations, Latinx people of colour, people of colour from the middle east, or anyone of mixed racial or ethnic heritage including one or more of the above. LGBTQIA+ means Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual. We have decided to signify this with the word Rainbow. We also welcome those who are questioning their gender and sexuality. Format: Alternates between BRB readings and QTIBIPOC in recovery questions.  <b>Format:</b> Book Study  <b>Focus:</b> BIPOC - LGBTQ+ This is a VIDEO ON meeting. This meeting lasts an 1 hour and 15 minutes.  Meetings Local Time 05:00 pm America/New_York</p>
<p>Tuesday 05:00 PM</p>	<p>Womens Filling the Void (Food Issues). (WEB0285) - For ID and Passcode Call/Text Lisa in CA at: 818.445.9901 or Email AcaRecoverySisters@gmail.com  <b>Focus:</b> Women Only  Meetings Local Time 02:00 pm America/Los_Angeles</p>
<p>Tuesday 05:30 PM</p>	<p>Alone No More (MA0103) - We are still meeting on Zoom and are not sure when we will return to in person meetings at St Mary's Episcopal Church on art 6a in Barnstable Village. Meeting ID: 879 1679 3561 Passcode: 519975  <b>Format:</b> Book Study - Fellowship Text  <b>Notes:</b> Non Smoking - Non Smoking, We're a Big Red Book study group. We read for about 10 minutes then share on the reading or whatever we need to.  Meetings Local Time 05:30 pm America/New_York</p>
<p>Tuesday 05:30 PM</p>	<p>Tuesday Step Meeting (WEB0674) - This meeting is on Zoom ID # 883 0205 3832 Password ACOA  <b>Format:</b> 12 Step Study Group  Meetings Local Time 05:30 pm America/New_York</p>
<p>Tuesday 05:30 PM</p>	<p>Sanders Beach ACA (FL189) - 913 South I Street, Pensacola Florida, 32502 We now meet in person every Tuesday evening from 5:30 to 7:00 pm ET. To join the meeting online, please send an email to acapensacola@gmail.com.  <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Steps  <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, ACA Pensacola is a hybrid meeting. We meet in-person and have a Zoom link for online attendance. We are physically located at the Sanders Beach-Corinne Jones Resource Center. The address is 913 S I St, Pensacola, FL 32502. The meeting is every Tuesday, 5:30 PM – 7:00 pm (CST). This meeting also features a Big Red Book study, which starts at 6:30. If you would like to attend online, we ask everyone to have face on cam at least at the beginning of the meeting. We also ask everyone to be mindful of other general online meeting safety matters.  Meetings Local Time 05:30 pm America/New_York</p>

Tuesday 05:30 PM	<p>Car Talk (WEB0417) - Zoom link for the meeting:  <a href="https://us05web.zoom.us/j/85169897793">https://us05web.zoom.us/j/85169897793</a>  <b>Format:</b> Book Study  <b>Focus:</b> Beginners - Young Adult (Ages 18 to 26) This is a Red Book Study Group, exclusively.  Meetings Local Time 05:30 pm America/New_York</p>
Tuesday 05:30 PM	<p>Big Red Book Meeting (MA061) - Please email us to get meeting Zoom information.  <b>Format:</b> Book Study - Fellowship Text  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 05:30 pm America/New_York</p>
Tuesday 05:45 PM	<p>Brunswick ACA (ME0039) - Zoom Mtg #766 908 8711 Email Candi If questions,  Cblaclair@sbcglobal.net  <b>Format:</b> Discussion - Fellowship Text - Speaker - Steps  Meetings Local Time 05:45 pm America/New_York</p>
Tuesday 06:00 PM	<p>A New Hope Beginner's Meeting (PA-ACA Intergroup) (WEB0208) -  <a href="https://zoom.us/j/2036175604">https://zoom.us/j/2036175604</a> Passcode: 161659  <b>Format:</b> Book Study  <b>Focus:</b> Beginners Download meeting text at acahope.com  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>Circle Of Hope (CAN312) (English spoken) - Zoom ID # 816 2504 9713 No password  - Waiting room only  <b>Format:</b> Discussion - Fellowship Text - Steps  Meetings Local Time 07:30 pm America/St_Johns</p>
Tuesday 06:00 PM	<p>Lexington KY Traits Meeting (KY0023) - 180 E Maxwell St, Lexington , 40508 2020:  ONLINE Meeting Only. Previously at Maxwell St. Presbyterian Church 180 E.  Maxwell St. Email Group Contact for meeting link.  <b>Format:</b> Book Study - Discussion - Fellowship Text  <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020:  ONLINE Meeting Only. Email Group Contact for meeting link.  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>A New Hope ACA Beginners Meeting (FL0302) - For Zoom information contact Kim E.  <b>Format:</b> Discussion  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking, Beginner focus, uses the ACA A New Hope  Handbook. Download the handbook for free at <a href="http://www.akahope.com">www.akahope.com</a>  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>Early evening ACA Meeting (WEB0086) - To join any of our meetings, go to  StepChat.com and click on the "Login to Chat Now" link. Click on the word  REGISTER at the top to choose your username and password. When you first log on  you will be in the Recovery Lounge. Click the 3-dot Menu icon at the top left, then  click on the ACA meeting room. If you don't see the 3-dot menu, click your ESC key.  If you are on a mobile device, swipe from the left to see the menu and meeting rooms.  <b>Format:</b> Discussion - Fellowship Text Login to Lounge. 3-dot menu for Room List.  Meetings Local Time 06:00 pm America/New_York</p>



Tuesday 06:00 PM	<p>Women's ACA Zoom Strengthening Our Recovery (FL0230) - ID#769-5428-4044  Password: 337755  <b>Format:</b> Discussion  <b>Focus:</b> Women Only We utilize Strengthening My Recovery Daily Affirmations Book  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>Laudry List Workbook Meeting (NY0152) -  <a href="https://us02web.zoom.us/j/96439620323?pwd=bmJLRjRQUnlTUHQ5YWJ0eGxpVGIBdz09">https://us02web.zoom.us/j/96439620323?pwd=bmJLRjRQUnlTUHQ5YWJ0eGxpVGIBdz09</a>  Password: 8675309  <b>Format:</b> Fellowship Text  <b>Focus:</b> Open to All Non Smoking  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>400 Commerce (VA0146) - 400 Commerce Rd, Richmond Virginia, 23224 Hybrid meeting (in-person and Zoom) Enter through side door closest to parking lot. Join Zoom Meeting  <a href="https://us02web.zoom.us/j/83403607540?pwd=RGQybUdNcy90eGtNNkhDTVFSZ2tCdz09">https://us02web.zoom.us/j/83403607540?pwd=RGQybUdNcy90eGtNNkhDTVFSZ2tCdz09</a>  Meeting ID: 834 0360 7540 Passcode: 987583 One tap mobile  +19292056099,,83403607540#,,, *987583# US (New York)  +13017158592,,83403607540#,,, *987583# US (Washington DC) Dial by your location +1 929 205 6099 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 834 0360 7540 Passcode: 987583 Find your local number: <a href="https://us02web.zoom.us/u/keabrMGCQB">https://us02web.zoom.us/u/keabrMGCQB</a>  <b>Format:</b> 12 Step Study Group - Book Study - Discussion  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 06:00 pm America/New_York</p>
Tuesday 06:00 PM	<p>Practicing Self-Love (WEB0309) - Welcome to our Practicing Self-Love meeting! We read from the Self-Love Chapter (16) of the Big Red Book and utilize journaling and mirror work as self-love practice. Zoom info: <a href="https://us02web.zoom.us/j/83257744786">https://us02web.zoom.us/j/83257744786</a>  <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps - Workshop  Meetings Local Time 03:00 pm America/Los_Angeles</p>
Tuesday 06:15 PM	<p>You Are Worth It (IA0041) - 1670 Asbury Rd, Dubuque Iowa, 52001 The meeting will be held at the Dubuque Intergroup offices. Parking in the back. If you are joining via Zoom, welcome. We need support, this is a new group, and we are just starting up. Online Meeting ID: 773 686 4096, contact email address for password.  <b>Format:</b> 12 Step Study Group - Book Study - Fellowship Text - Steps  <b>Focus:</b> Beginners  <b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking,  Meetings Local Time 05:15 pm America/Chicago</p>
Tuesday 06:30 PM	<p>Tuesday Serenity (PA102) - This a Zoom Meeting only. No in person option at this time. Click on meeting contact for Zoom link information.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps  Meetings Local Time 06:30 pm America/New_York</p>
Tuesday 06:30 PM	<p>Fishersville Group (VA0131) - This meeting is now on Zoom. The contact person below can provide you with the zoom link.  <b>Format:</b> Book Study - Discussion - Red Book study and share. - If you don't get a reply from contact person, try a 2nd time.  Meetings Local Time 06:30 pm America/New_York</p>

Tuesday 06:30 PM	<p>Women's ACA and Clutter (WEB0672) - For ID and Passcode please text/call Lisa in CA at: 818.445.9901 or email: AcaRecoverySisters@gmail.com</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 03:30 pm America/Los_Angeles</p>
Tuesday 06:45 PM	<p>A Safe Place to Be (FL222) - We meet on zoom Tuesdays at 6:45. Our zoom meeting ID is 768 8920 5157 and the password is 486350. Our topics vary each week, all welcome.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Notes:</b> Needs Support - Needs Support,</p> <p>Meetings Local Time 06:45 pm America/New_York</p>
Tuesday 07:00 PM	<p>From the Beginning with Tony A. (CT0124) - Zoom ID: 823 4700 3695 Passcode: hope2020 No physical address: In person mtg suspended due to loss of meeting space</p> <p>Book Study: The Laundry List-The ACoA Experience by Tony A. with Dan F.</p> <p><b>Format:</b> Book Study - Discussion We read Tony A.'s book "The Laundry List, The ACoA Experience" and share on the reading. We also read Tony's recommended 12 Steps at each meeting.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Tuesday Night Zoom Traits (WEB0330) - 4 x 4 Traits meeting using the Laundry Lists book that can be found here</p> <p><a href="https://shop.adultchildren.org/products/the_laundry_lists_workbook">https://shop.adultchildren.org/products/the_laundry_lists_workbook</a></p> <p><a href="https://zoom.us/j/96880735369">https://zoom.us/j/96880735369</a> Meeting ID: 968 8073 5369 Join by Phone by calling one of these numbers +1 253 215 8782 US +1 301 715 8592 US Contact meeting rep for passcode.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>The Upper Room Group (MA0084) - St. John's Church - Enter by center door near ramp. NOTE: This meeting is currently online only. See <a href="http://greatercapitalregionacoa.com">greatercapitalregionacoa.com</a> for Zoom links.</p> <p><b>Format:</b> Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Non Smoking, Non Smoking</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>(WEB0138) - Please contact Martha for meeting Info</p> <p><b>Format:</b> Fellowship Text - Steps</p> <p><b>Focus:</b> Women Only - Beginners - Open to All</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>ACA MEXICO (WEB0074) - El usuario de skype es : recuperacion.aca Mandar solicitud a ese usuario por skype</p> <p><b>Format:</b> Discussion - Fellowship Text - Book Study - Steps</p> <p>Meetings Local Time 7:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Tree Of Life Group (PA096) - 300 Yardley Langhorne Road, Yardley Pennsylvania, 19067 Yardley United Methodist Church has several entryways. It is best to access from the Yardley-Langhorne Road side of the building. Use the GROUND-LEVEL set of double doors on the right, then take the stairwell to the 3rd floor. Hybrid meeting- In person and zoom.</p> <p>Zoom info: 825 4217 5629</p> <p>PW: 527084</p> <p><b>Format:</b> Discussion - Steps We are currently doing hybrid meeting, we meet in person and on Zoom-825*4217*5629 passcode is 527084</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Tuesday 07:00 PM	<p>INDEX TOPIC MEETING (WEB0861) - This is an Online video conference meeting. (not Zoom) The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 07:00 PM Tuesday USA East Coast time. Go to the website <a href="http://www.intherooms.com">www.intherooms.com</a> to setup a free user account to have access to the meetings. There is no cost to setup an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.</p> <p><b>Format:</b> Book Study Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Women Empowering Women ACA (WEB0589) (English only) - We meet Thursday night from 6 pm to 7:30 pm central time. We meet Thursday afternoon (starting June 1, 2022) from 11 am to 12 pm central time. (an effort to aid our European fellow travelers) We meet Tuesday night from 6-7 for our ACA Step Study Group. We are open to females/women only, NO EXCEPTIONS! We are zoom format, and login information will be on our website at <a href="http://www.codawew.org">www.codawew.org</a> MEETING LINKS ARE UNIQUE TO EACH MEETING TIME AND DAY SEE OUR WEBSITE FOR INFORMATION AND HOT LINKS TO JOIN</p> <p><b>Format:</b> Discussion - Fellowship Text - Speaker <b>Focus:</b> Women Only We use a zoom meeting format and work on topics from the BRB or the Workbook and the Loving Parent Guidebook. We are CENTRAL STANDARD TIME, and the login information is on our homepage; you may click to join or use the Zoom Meeting ID and Password.</p> <p>Meetings Local Time 06:00 pm America/Chicago <a href="#">Virtual Meeting Link</a></p>
Tuesday 07:00 PM	<p>Warsaw ACA (OH5077) - We are meeting online on ZOOM Meeting ID is 794 4585 5165 passcode is C3ihc1</p> <p><b>Format:</b> Discussion - Book Study - Steps - Speaker <b>Focus:</b> Open to All <b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>ACA for People of Color (WEB0253) - People of Color - anyone who identifies as African, Asian, indigenous Australian, indigenous South, Central and North American, people of color from the Islands and the Middle East or anyone of mixed racial heritage including one or more of the above. LBGTQ friendly.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker <b>Focus:</b> BIPOC - LGBTQ+ People of color only</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>
Tuesday 07:00 PM	<p>Tuesday ACA Online (WEB0590) - We are an Online Zoom Meeting. Bridge will be open approximately 6:30 pm ET until 9 pm ET every Tuesday. 1) Dial-in directly from your phone: +13126266799 or +19292056099 Meeting number is: 838 6774 7306# or 2) From an internet enabled phone or computer, you can click this URL: <a href="https://us02web.zoom.us/j/83867747306?pwd=RkozMisZy0hMZm9zZHpReGU2bzlOQT09">https://us02web.zoom.us/j/83867747306?pwd=RkozMisZy0hMZm9zZHpReGU2bzlOQT09</a> We welcome you. (English) Open to All + Beginners. Book Study, Discussion, Fellowship Text</p> <p><b>Format:</b> Book Study The group started in the Atlanta GA area, &amp; welcomes people from everywhere.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Tuesday 07:00 PM	<p>Wilmington ACA (WEB0110) - Topic: Wilmington ACA ?Tues 7pm? and ?Sat 12pm?  ACA Join Zoom Meeting  ?https://us04web.zoom.us/j/306613669?pwd=czNQeml1bU1uUnQ1b3R4UjNzblldOdz09?  Meeting ID: 306 613 669 Password: 089060  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps Join Zoom Meeting ?on April 4@12: same ID for April 7th at 7?  ?https://us04web.zoom.us/j/2417375087? Meeting ID: 241 737 5087  Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Hillsborough ACA (NJ139) - Meeting is online only. Email hillsboroughaca@gmail.com for the password.  <b>Format:</b> 12 Step Study Group - Discussion - Fellowship Text - Laundry Lists Workbook - Speaker - Steps  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Cavalier Club Zoom Meeting (WEB0885) -  <b>Format:</b> Book Study - Discussion ACA Big Red Book meeting, script, read BRB, discussion, and personal sharing of feelings, experience, strength, and hope in small breakout groups. (English) Open to all who identify themselves as adult children of alcoholic and/or dysfunctional families who are interested in recovery. email cavalierclubaca47@gmail.com for the meeting Zoom link and any questions.  Meetings Local Time 06:00 pm America/Chicago</p>
Tuesday 07:00 PM	<p>The Chosen Ones (FL0314) - St. Lukes Church 4851 S. Apopka Vineland Rd, Building B Room, Orlando Florida, 32819 As of 10/26/2021 our plans are to continue the meetings via zoom only Contact the administrator for the ID and password. The meetings were formerly held in person @ It's St. Lukes Church - it's in building B located behind the church - there is parking back there. Room 205  <b>Focus:</b> Women Only  Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Speaking Our Truth (NY076) - Telephone Login (717) 908-1984 Access code 283113  DUE TO COVID 19 SITUATION, THIS MEETING IS MEETING TELEPHONICALLY FOR THE TIME BEING.  https://bronxacaintergroup.wixsite.com/mysite MEETING IS FROM 7 - 8 PM Eastern PLEASE NOTE LONG DISTANCE AND OR DATA CHARGES MAY APPLY. SOME CELLULAR SERVICES DO NOT ALLOW CALLS TO THIS NUMBER.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking, Non Smoking  Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Penn State Online (PA0167) - Please write the meeting contact an email for a Zoom link at least 24 hours before the meeting starts. Note you will need to register a free Zoom account to attend the meeting.  <b>Format:</b> Discussion - Fellowship Text - Speaker  Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>New Beginnings (WEB0597) - Zoom Meeting ID: 831 0228 0652 PW: 123456  <b>Format:</b> Book Study  Meetings Local Time 07:00 pm America/New_York</p>

Tuesday 07:00 PM	<p>Adult Children of Alcoholics and Dysfunctional Families (WEB0099) (English) -Adult Children of Alcoholics and Dysfunctional Families chat meeting (text only; no video or audio). This is an open meeting. Come share experience, strength, and hope in our 24/7 international 12 Step meeting open to all adult children of alcoholic and dysfunctional families. You need the latest Java program to run the chat room.</p> <p><b>Format:</b> Discussion</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Little Rascals (NY122) - 241 Libertyville Rd., New Paltz New York, 12561 Hybrid meeting. Zoom and some meetings are hybrid with in person at Field of Dreams Park on Libertyville Road. Contact us for Zoom credentials. This is the same meeting that originally met at Ahavath Achim Synagogue on Church St., New Paltz</p> <p><b>Format:</b> Book Study Open to all new ACA/dysfunctional family members. Big Red Book.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>ACA for POC in Washington, DC/MD/VA (WEB0573) - ZOOM LINK:  <a href="https://us02web.zoom.us/j/86975456488?pwd=THcyVWw2S0grN3dZSCtjajFJblVsZz09">https://us02web.zoom.us/j/86975456488?pwd=THcyVWw2S0grN3dZSCtjajFJblVsZz09</a></p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Focus:</b> BIPOC</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>Hackettstown Tuesday ACOA Group (NJ0145) - 1490 Rt. 517, Hackettstown New Jersey, 07840 Hackettstown Tuesday ACOA group meets each week IN-PERSON &amp; ONLINE simultaneously. This is a hybrid meeting. The group meets each Tuesday evening 7-8pm EST. To access the meeting online via Zoom, Zoom ID : 86986028992, Password : 064450. Physical location for In Person meeting is : Panther Valley Ecumenical Church, 1490 Rt. 517, Hackettstown, NJ 07840. Meeting entrance is located behind main church building. Enter by side walkway, " OFFICE " entrance. The meeting is first room on right " Conference Room ". Come early, stay after.</p> <p><b>Format:</b> Book Study - Discussion - Steps</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Step study meeting every 3rd Tuesday of the month.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:00 PM	<p>ACA (WEB0201) - Adult Children of Alcoholics-This is an Online video conference meeting. The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday East Coast of the USA time. Go to the website <a href="http://www.intherooms.com">www.intherooms.com</a> to setup a free user account in order to have access to the meetings. There is no cost to setup an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.</p> <p><b>Format:</b> Book Study Focusing on Chapters 7 and 8 in the Big Red Book</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Tuesday 07:15 PM	<p>Tuesday Triangle Club ACA (DC015) - We are on zoom at Meeting ID: 846 2603 6215 Passcode: 707095</p> <p><b>Format:</b> Discussion - Speaker - Steps Non-Smoking</p> <p>Meetings Local Time 07:15 pm America/New_York</p>
Tuesday 07:30 PM	<p>Fellow Travelers of Louisiana (WEB0254) - For info how to attend the meeting please click -meeting contact- button below</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p>Meetings Local Time 07:30 pm America/New_York</p>

Tuesday 07:30 PM	<p>Sobriedad Emocional - ACA Colombia (WEB0548) - WhatsApp number +1(721)587-2222</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Steps Meetings Local Time 06:30 pm America/Bogota</p>
Tuesday 07:30 PM	<p>Tuesday ACA Yellow Book Study (WEB0726) - This is a Zoom meeting. Please contact Christine for meeting id and passcode.</p> <p><b>Format:</b> 12 Step Study Group - Steps Meetings Local Time 06:30 pm America/Chicago</p>
Tuesday 07:30 PM	<p>Women of Worth Recovering in ACA (WEB0151) - The only requirement for membership is a desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family. Open to anyone that identifies themselves as a female. Meeting is every Tuesday night ( 7:30pm ET, 6:30pmCT, 5:30pmMT, 4:30pmPT). The last Tuesday of the quarter is a speaker meeting.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Focus:</b> Women Only 6:30pm CST</p> <p>Meetings Local Time 07:30 pm America/New_York</p>
Tuesday 07:30 PM	<p>ACA Latinoamerica (WEB0117) - Grupo de estudio del Gran Libro Rojo (GLR) Reunión días Martes para toda Latinoamerica en ESPAÑOL Contactese con ACA LATINOAMERICA a traves de SKYPE 1)- Agregue al usuario ACA Latinoamerica en Skype, y solicite el administrador que le agregue al grupo, el cual hará una llamada grupal al horario de la reunión. Si no encuentra el Usuario en Skype, por favor escriba al contacto de la reunión para asegurar su ingreso al grupo (aca.latinoamerica@gmail.com) 2)- Envíe un correo electrónico para solicitar un enlace Skype al menos 30 minutos antes de que comience la reunión. Una vez que sea habiue del grupo, este paso ya no sera necesario. Tenga en cuenta que deberá registrar una cuenta de Skype para asistir a la reunión. DATOS DE CONTACTO: Usuario Skype ACA Latinoamerica mail de contacto: aca.latinoamerica@gmail.com</p> <p>Equivalencias horarias de la reunión (Actualizados usos horarios a Abril 2020) 16.30 Belice Costa Rica Guatemala Honduras El Salvador 17.30 Colombia Ecuador Jamaica Nicaragua México Panamá Perú 18.30 Bolivia Cuba Paraguay Puerto Rico Venezuela Rep. Dominicana Haití 19.30 Argentina Brasil Chile Surinam Uruguay</p> <p><b>Format:</b> Discussion - Book Study - Speaker - Workshop</p> <p><b>Focus:</b> ACAs only (Closed)</p> <p>Meetings Local Time 07:30 pm America/New_York</p>
Tuesday 07:30 PM	<p>Hope for Adult Children (MO0047) - 5252 South Lindbergh, St. Louis , 63126 Please email Meeting Contact for Zoom information</p> <p><b>Format:</b> Book Study - Loving Parent Guidebook - Speaker</p> <p><b>Notes:</b> Non Smoking - Non Smoking, Red Book Study Speaker 4th Tuesdays Loving Parent Guidebook 5th Tuesdays</p> <p>Meetings Local Time 06:30 pm America/Chicago</p>
Tuesday 07:30 PM	<p>Do The Steps (WEB0531) - Zoom Step-study discussion meeting: Please email for the Zoom ID number and password. *** This weekly step study starts January 11, 2022 at 7:30P.M., Est. and every Tuesday at the same time thereafter*** We have assigned readings and questions each week for the breakout room discussion. New and experienced members are welcome and encouraged to attend. Please send an email to the contact person starting if you're interested in joining and receiving a reply with the password. Each meeting lasts for about 75 minutes.</p> <p><b>Format:</b> 12 Step Study Group</p> <p>Meetings Local Time 07:30 pm America/New_York</p>

Tuesday 07:30 PM	Sante Fe Tuesday ACA Zoom Meeting (WEB0784) - To attend and gain access to this Zoom meeting, send email to santafetuesdayaca@gmail.com...and you will be sent Zoom login information. Meetings Local Time 05:30 pm America/Denver
Tuesday 07:45 PM	Tr ACA (NJ014) - Christ Episcopal Church, 415 Washington St, Toms River New Jersey, 08753 Next To Golf Course. In church basement room one, down the stairs to the left. We are currently using Zoom to have meetings during the pandemic. Contact me for details. <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Notes:</b> Needs Support - Needs Support, Non Smoking, Zoom meeting until further notice Meetings Local Time 07:45 pm America/New_York
Tuesday 07:45 PM	Santa Fe Aca (NM034) - St. Johns Methodist Church, 1200 Old Pecos Trail, Santa Fe New Mexico, 87505 <b>We have received information that this meeting may not be active. If we do not hear from anyone associated with it by September 1, 2022, this meeting will be removed from our meeting list. Please email us at meetings@acawso.org</b> Tuesday night St John's Church corner Cordova and Old Pecos Fe Trail 5:45 PM mask required. Also ZOOM that is apart of the meeting room Topic: Tuesday ACA Meeting Time: 5:45 PM Mountain Time (US and Canada) Join Zoom Meeting <a href="https://us02web.zoom.us/j/84203824533?pwd=WE14NDhYMm8yTWJkVWVkb3NGVFVmhZZz">https://us02web.zoom.us/j/84203824533?pwd=WE14NDhYMm8yTWJkVWVkb3NGVFVmhZZz</a> Meeting ID: 842 0382 4533 Passcode: 411311 One tap mobile +12532158782,,84203824533#,,, *411311# US (Tacoma) +13462487799,,84203824533#,,, *411311# US (Houston) Dial by your location +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) Meeting ID: 842 0382 4533 Passcode: 411311 Find your local number: <a href="https://us02web.zoom.us/j/84203824533?pwd=WE14NDhYMm8yTWJkVWVkb3NGVFVmhZZz">https://us02web.zoom.us/j/84203824533?pwd=WE14NDhYMm8yTWJkVWVkb3NGVFVmhZZz</a> <b>Format:</b> Book Study - Discussion <b>Notes:</b> Non Smoking - Non Smoking, Step summary every third Tuesday of the month. Masks required in-person Meetings Local Time 05:45 pm America/Denver
Tuesday 08:00 PM	(WEB0599) - All are welcomed! <b>Format:</b> Book Study Facebook: <a href="https://www.facebook.com/groups/acarecovery">https://www.facebook.com/groups/acarecovery</a> Meetings Local Time 08:00 pm America/New_York
Tuesday 08:00 PM	In Living Color (WEB0653) - Zoom ID: 881 9258 3245 Password: 020270 <b>Format:</b> Book Study - Discussion <b>Focus:</b> BIPOC This is an Afinity group for POC Zoom ID: 881 9258 3245 Password: 020270 Meetings Local Time 08:00 pm America/New_York
Tuesday 08:00 PM	LACA (TX0206) - Due to public health concerns regarding COVID-19, Lakeway ACA meetings are now being held virtually via Zoom until it is safe to resume face to face meetings. Our Zoom ID is: 441 650 8134. The password to enter is "serenity22". <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Focus:</b> Beginners - Young Adult (Ages 18 to 26) Meetings Local Time 07:00 pm America/Chicago <a href="#">Virtual Meeting Link</a>

Tuesday 08:00 PM	<p>Zoom Kalispell Meeting: BRB, Yellow Workbook, Loving Parent Guidebook (WEB0334) - The meeting is 90 minutes. We read from BRB and Yellow Workbook and allow for (5 minute) shares. The LAST Tuesday of the month, we read from the Loving Parent Guidebook and allow for (5 minute) shares. We prefer to see your faces on video and know that it not always possible. Meeting ID: 838 1976 2911 Passcode: ACA2022</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Loving Parent Guidebook Meetings Local Time 06:00 pm America/Denver</p>
Tuesday 08:00 PM	<p>Women's ACA 12 Step Recovery Stretching Affirmations Meditation (WEB0896) - To work through stress and challenges Physically Emotionally and Spiritually. For ID and Passcode please text/call Lisa in CA 818.445.9901 or email AcaRecoverySisters@gmail.com</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 05:00 pm America/Los_Angeles</p>
Tuesday 08:00 PM	<p>The Loving Parent Guidebook Meeting (WEB0621) -</p> <p><b>Format:</b> Book Study - Discussion - Loving Parent Guidebook This meeting focuses on The Loving Parent Guidebook. This meeting is more useful for the more experienced ACA member, as opposed to someone starting out their journey in ACA. We read from the LPG book and then share our feelings and thoughts from the perspective of the inner child, inner teenager and loving parent. You will need the book to fully participate in the meeting--videos are required to be on during the meeting. If you are unable to turn your video on you will be removed from the meeting. Zoom-4424009268--password--73CKbD</p> <p>Meetings Local Time 05:00 pm America/Los_Angeles</p>
Tuesday 08:00 PM	<p>ACA Call2Parent The Solution, Becoming Your Own Loving Parent (CO0088) - We meet On-Line via ZOOM . The weekly link is (Zoom Meeting Link used until Nov. 1, 2022)</p> <p><a href="https://us02web.zoom.us/j/88916578563?pwd=eVZlVFhFA5V2Y0NVdRMXZURkxTCT09">https://us02web.zoom.us/j/88916578563?pwd=eVZlVFhFA5V2Y0NVdRMXZURkxTCT09</a></p> <p>Meeting ID: 889 1657 8563 Passcode: 324600 A Big Red Book format with weekly parenting topics designed to provide a safe place to identify, share and get support for the Adult Child of trauma, PTSD and Complex-PTSD. This meeting focuses on The Solution: Becoming Your Own Loving Parent. We share our experiences as we learn to develop and practice the skills to become our own Loving Parent and heal our traumatized inner child/children.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Denver</p>
Tuesday 08:00 PM	<p>ACA MEXICO (WEB0113) - Nuestras reuniones son por Zoom (id 735 277 3615 ) sin contraseña y estas invitado a unirte. Dias de sesion: Lunes 2:00 pm ,Martes 7:00pm, Jueves 7:00pm, viernes 3:00 pm y sabado 12:00 pm ( horario de mexico city) ... cualquier duda manda un email a acaenzoom@gmail.com o recuperacion.aca@gmail.com</p> <p><b>Format:</b> Fellowship Text - Book Study - Speaker horario de mexico</p> <p>Meetings Local Time 07:00 pm America/Mexico_City</p>



Tuesday 08:00 PM	<p>ACA New Hope Meeting (CO0109) - 301 E Drake, Fort Collins Colorado, 80525 ACA New Hope uses the Laundry List Traits Workbook and the Loving Parent Guidebook to bring hope, wisdom and guidance to its participants. We are a hybrid group. Please email us on or before Sunday at ACANewHope@gmail to get a Google Meet link before the meeting on Tuesday night at 6pm MT (Denver). In-person, we meet at Christ Methodist Church in room 015-016. We can accommodate up to 30 people in this double room.</p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions</p> <p><b>Notes:</b> Wheelchair Access - Wheelchair Access, Meetings Local Time 06:00 pm America/Denver</p>
Tuesday 08:00 PM	<p>Brisa (COL002) - <b>We reached out to this meeting to see if it is still active but received no response. If you have information about it, please email us at meetings@acawso.org. Otherwise, it will be removed from the meeting list on August 29, 2022.</b></p> <p>Sal?n Parroquial</p> <p><b>Format:</b> Book Study - Discussion - Speaker - Steps</p> <p><b>Focus:</b> Beginners</p> <p>Meetings Local Time 08:00 pm America/New_York</p>
Tuesday 08:00 PM	<p>ACA CHAT (WEB0122) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps</p> <p>Meetings Local Time 08:00 pm America/New_York</p>
Tuesday 08:30 PM	<p>ACA Womens Meeting (NM0050) - Nahalat Shalom 3606 Rio Grande Blvd NW, Albuquerque New Mexico, 87107 Due to the global pandemic we are currently meeting weekly on Zoom. Meeting ID: 889 9658 1970 Password: 732687</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps</p> <p><b>Focus:</b> Beginners - Women Only</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:30 pm America/Denver</p>
Tuesday 08:30 PM	<p>Mens Big Red Book Chapter 8 12 13 14 Study Group (WEB0420) - Tues 8:30pm EST</p> <p>Zoom ID: 874 3624 3474; pw 112233</p> <p><b>Format:</b> Book Study</p> <p><b>Focus:</b> Men-Only</p> <p>Meetings Local Time 08:30 pm America/Detroit</p>
Tuesday 08:30 PM	<p>(IL0277) - 7372 Marine Rd., Edwardsville Illinois, 62025 Located at St John's United Methodist Church</p> <p><b>Format:</b> Book Study</p> <p><b>Notes:</b> Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 07:30 pm America/Chicago</p>

Tuesday 08:30 PM	<p>Women's Adult Children (WEB0378) - For ID and passcode please call/text Lisa in Ca @ 818.445.9901 or email AcaRecoverySisters@gmail.com thank you</p> <p><b>Focus:</b> Women Only</p> <p>Meetings Local Time 05:30 pm America/Los_Angeles</p>
Tuesday 08:30 PM	<p>New Beginnings (WA0216) - Group website lists Zoom links (&amp; phone info) for each day; Tuesdays are workbook meetings; Fridays are Fellowship Text (BRB) meetings. <a href="https://sites.google.com/view/bellingham-aca/home">https://sites.google.com/view/bellingham-aca/home</a></p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps The 1st Fridays of each month also meet in person at (masks still required) at: The Group Room, Contact Counseling Recovery Services, 316 E McLeod St #102 B (near Home Depot).</p> <p>Meetings Local Time 05:30 pm America/Vancouver</p>
Tuesday 08:30 PM	<p>Millcreek ACA (UT0047) - Originally an in-person meeting in Salt Lake City, UT, for now, we have elected to stay with the Zoom format. ----- Zoom Link -- <a href="https://us02web.zoom.us/j/81914874757?pwd=ZnBOZGpLYjlpbE14YmRQd0xSTWh0Zz09">https://us02web.zoom.us/j/81914874757?pwd=ZnBOZGpLYjlpbE14YmRQd0xSTWh0Zz09</a> --- Meeting ID -- 819 1487 4757 Password -- millcreek1</p> <p><b>Format:</b> Book Study</p> <p>Meetings Local Time 06:30 pm America/Denver</p>
Tuesday 08:30 PM	<p>EZ Evening Meditation (WEB0872) - ZOOM meeting info: Meeting ID #: 95508149029 Pass code: 323232 We aim to admit 25 participants plus trusted servants and lock the room at capacity. Please join early to avoid being locked out. thanks</p> <p><b>Format:</b> Fellowship Text</p> <p>Meetings Local Time 08:30 pm America/New_York <a href="#">Virtual Meeting Link</a></p>
Tuesday 08:45 PM	<p>Women's Serenity Tuesday (AZ109) - For participants to join, they will need to join our secure social media page called BAND - <a href="https://band.us/n/a2af67Y9Z0U99">https://band.us/n/a2af67Y9Z0U99</a></p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Focus:</b> Women Only</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:45 pm America/Phoenix</p>
Tuesday 09:00 PM	<p>ACA Old Timers (15+ years) (WEB0348) - Grief work is a lifetime journey. "These adult children realize the importance of staying active in ACA and remaining spiritually fit to face the vicissitudes of life." (BRB P. 291); "Grief work is part of the healing process that spans all ages and periods of longevity in the program." (SMR P.118) Zoom ID and passcode upon request. Please include years in ACA recovery in your request. (6PM PST / 9PM EST)</p> <p>Meetings Local Time 08:00 pm America/Chicago</p>
Tuesday 09:00 PM	<p>Process of Recovery SoCal 2 (WEB0207) - Zoom ID: 88578552639 Zoom Password: 296471 Meeting is scheduled for 100 minutes. 6PM PST Focusing on the BRB. Group originated 6/14/20 We meet 7 days a week.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
Tuesday 09:00 PM	<p>Our Road To Emotional Recovery Red Book Study (WA0225) -</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text</p> <p><b>Notes:</b> Needs Support - Needs Support, Please reach meeting contact for the meeting's online information.</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>

Tuesday 09:00 PM	12Step Workbook: (WEB0326) - Yellow ACA 12Step Workbook meeting. Please contact kolson2715@gmail.com to find out what page we are on and for Zoom invite. <b>Format:</b> 12 Step Study Group - Book Study - Steps Meetings Local Time 06:00 pm America/Los_Angeles
Tuesday 09:00 PM	Wheat Ridge Aca (CO030) - Effective 8/10/21, our 90 minute meeting will begin at 7:00 PM instead of 7:30. We are still only meeting virtually, via Zoom; in-person meetings are still suspended until further notice. Please email the group contact if you would like details for the Zoom meeting. Details for in-person meetings (if/when they start happening again): At Exempla West Pines, near Lutheran Hospital, 3400 North Lutheran Parkway. The meeting room can be seen as you pull into the parking lot, just to the right of the main door, across from the handicapped parking spots. Easiest access to the room is from the door on the right side of the building, then the meeting room will be the second door on the left. If you enter via the main/front door, go past the reception desk, take the hallway to the right, through the double-doors, then the meeting room will be the third door on the right. <b>Format:</b> Book Study - Discussion - Steps <b>Notes:</b> Non Smoking - Non Smoking, Non Smoking Meetings Local Time 07:00 pm America/Denver
Tuesday 09:00 PM	Secular Adult Children Recovering Each Day (WEB0796) - <b>Format:</b> Discussion - Steps <b>Focus:</b> Secular/Agnostic/Atheist ***New Meeting Starting Tuesday, March 8, 2022*** This meeting aims to be a safe haven for atheists, agnostics, freethinkers, nonbelievers, those impacted by religious trauma, people unsure of their beliefs, and people looking to explore something outside of the mainstream. In this meeting we study the Laundry List, secular versions of the steps, and read secular 12 step literature. Newcomers are welcome. This meeting is not affiliated with any other ACA groups or intergroups. Tuesdays at 6pm PT/7pm MT/8pm CT/9pm ET Meeting ID: 858 9320 7008 Passcode: 247365 Meetings Local Time 07:00 pm America/Denver
Tuesday 09:00 PM	Music City ACA Women's Meeting (WEB0292) - Please email musiccityacainfo@gmail.com for meeting details. <b>Format:</b> Book Study - Discussion - Fellowship Text <b>Focus:</b> Women Only Meetings Local Time 08:00 pm America/Chicago
Tuesday 09:00 PM	Free To Be Me (IL166) - 5555 N Lincoln Ave., Chicago Illinois, 60625 Northside Alano Club - 2nd floor. The facility has resumed in-person meetings with a limit of 9 attendees. Zoom will also used for online meeting participation. Contact meeting for Zoom connection details. Located at the corner of N. Lincoln Ave & N. Bryn Mawr Ave., free street parking. 8:00 pm - 9:15 pm <b>Format:</b> Fellowship Text - Speaker - Steps <b>Focus:</b> Beginners In-Person meetings have resumed - with a limit of 9 attendees in person. Zoom info available for online participants - contact meeting for Zoom connection details. Meetings Local Time 08:00 pm America/Chicago
Tuesday 09:00 PM	Salem Tuesday ACA (OR102) - Contact Zoom coordinator Donna at 971-599-8494 <b>Format:</b> Discussion - Fellowship Text Non Smoking Meetings Local Time 06:00 pm America/Los_Angeles

Tuesday 09:30 PM	<p>Tuesday Night Women's ACA Meeting (CA1019) - Zoom Meeting ID and Passcode as follows:  <a href="https://us02web.zoom.us/j/83492399449?pwd=ZWl1OFB0OTBqZUZUWnhJanZYUUF4UT09">https://us02web.zoom.us/j/83492399449?pwd=ZWl1OFB0OTBqZUZUWnhJanZYUUF4UT09</a>  Meeting ID: 834 9239 9449 - Passcode: 076085  <b>Format:</b> Book Study - Discussion - Speaker - Steps  <b>Focus:</b> Women Only  Meetings Local Time 06:30 pm America/Los_Angeles</p>
Tuesday 09:30 PM	<p>ACA of Utah County (UT0042) - We are currently meeting via Zoom on Tuesday evenings at 7:30 pm Mountain time. Please text 801-554-7658 for more information and for the link to our meeting. We are an ACA book discussion group.  <b>Format:</b> Book Study - Discussion Please text 801-554-7658 for information about joining our Zoom meetings.  Meetings Local Time 07:30 pm America/Denver</p>
Tuesday 09:30 PM	<p>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.  <b>Format:</b> Discussion - Fellowship Text  Meetings Local Time 09:30 pm America/New_York</p>
Tuesday 09:30 PM	<p>ACA Nevada County Fellowship (CA1057) - Due to recent Zoom security issues, our online meetings require identification, authenticated membership in our local fellowship, or a referral from an existing member. We apologize if this is a burden for you, but it protects all of us. Our local fellowship members and remote online participants support these precautions. Please reach out to the contact person to receive an invitation to join.  <b>Format:</b> Book Study - Discussion  Meetings Local Time 06:30 pm America/Los_Angeles</p>
Tuesday 09:30 PM	<p>Ventura CA (online meeting) (CA1168) - Currently meeting via Zoom. Contact the representative for more information.  <b>Format:</b> Book Study - Discussion Non Smoking  Meetings Local Time 06:30 pm America/Los_Angeles</p>
Tuesday 09:45 PM	<p>Wenatchee Fellowship (WA0222) - This meeting is open, and we are reading from the Loving Parent Guidebook. All are welcome. Please respond to email contact for Zoom info.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Steps  <b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking,  Meetings Local Time 06:45 pm America/Los_Angeles</p>
Tuesday 09:55 PM	<p>Sydney Lunchtime Club Daily Affirmations (WEB0310) - Lunchtime Club Daily Affirmations Mondays to Fridays at 12.00 pm (noon) Sydney Aust time zone Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time)  <a href="https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09">https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09</a> Meeting ID 418 125 471 Password 028589 Hope to see you soon  <b>Format:</b> Discussion - Fellowship Text - Speaker  Meetings Local Time 11:55 am Australia/Sydney</p>

Tuesday 09:59 PM	(WEB0722) - Focusing on Our Inner Child or True Self ACA Meeting meets every Tuesday at 6:59pm PST. Join Zoom ID: 649 260 3613. This meeting is a Big RedBook Study Meeting on the Topic Inner Child or True Self. Meetings Local Time 06:59 pm America/Los_Angeles
Tuesday 10:00 PM	Mission Hills Step Study (CA1509) - Zoom 7849781307 pw MHSS2021 <b>Format:</b> 12 Step Study Group - Traditions Open to all who want to study the 12 Steps and 12 Traditions in 12 months, starting January and going all year! Meetings Local Time 07:00 pm America/Los_Angeles <a href="#">Virtual Meeting Link</a>
Tuesday 10:00 PM	Our Higher Power Is Working Through Us (CA1272) - NEW Zoom Code! Topic: Tuesday Night ACA Red Book Study Time: 7-8pm Zoom meeting ID: 88687479390 Passcode: 762000 <b>Format:</b> Book Study <b>Notes:</b> Needs Support - Needs Support, Meetings Local Time 07:00 pm America/Los_Angeles
Tuesday 10:00 PM	Women's Big Book Share (WEB0266) - WEB-0266 Tuesday 7pm Women's Big Book Share English speaking, Open to all women. Zoom 524 267 2997 (no password) West Coast USA Daylight Time: 7:00 pm to 8:00 pm & 8:00 pm to 8:30 pm for socializing If the meeting doesn't start right away, please wait a few minutes for us to open it we are a small group of very supportive women email Dawn @ dwncat777@gmail.com <b>Format:</b> Book Study - Discussion <b>Focus:</b> Women Only Meetings Local Time 07:00 pm America/Los_Angeles
Tuesday 10:00 PM	Hurting to Healing to Helping (WEB0702) - 1 1/2 hour meeting. Big Red Book study and discussion. Zoom code 826 4480-3264 Password acahhh Meetings Local Time 07:00 pm America/Los_Angeles
Tuesday 10:00 PM	Loving Parent Guidebook (WEB0504) (English) - Zoom Meeting ID: 883 9098 3468 Zoom Passcode: freedom Email: acatuesdaysr@gmail.com <b>Format:</b> Fellowship Text - Speaker We use the Loving Parent Guidebook to explore ways of cultivating love and compassion for our inner family. We will focus not so much on the stories that bring us to ACA, as on the tools and techniques that help us to recover. Newcomers are welcome and our encouraged to attend a meeting via our zoom meeting ID / passcode or contact us through email for any additional questions. Meetings Local Time 07:00 pm America/Los_Angeles
Tuesday 10:00 PM	Berkeley, CA - Tuesday Night ACA (CA612) - This meeting is currently meeting via Zoom. The pertinent Zoom information is as follows: Meeting ID: 904 924 787 Password: 007606 One tap mobile +16699006833,,904924787# US (San Jose) +13462487799,,904924787# US (Houston) Dial by your location +1 669 900 6833 US (San Jose) +1 346 248 7799 US (Houston) +1 301 715 8592 US +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) +1 253 215 8782 US Meeting ID: 904 924 787 Find your local number: <a href="https://zoom.us/j/aeEwuAhPyj">https://zoom.us/j/aeEwuAhPyj</a> <b>Format:</b> Book Study - Discussion - Speaker - Steps Non Smoking Meetings Local Time 07:00 pm America/Los_Angeles

<p>Tuesday 10:00 PM</p>	<p>Tuesday New Wave ACA (WEB0369) - Join us via zoom:  <a href="https://us02web.zoom.us/j/89758905464?pwd=ck96MkFEeWFjbFppNkpvZU1yMWRRRZz09">https://us02web.zoom.us/j/89758905464?pwd=ck96MkFEeWFjbFppNkpvZU1yMWRRRZz09</a>  Meeting ID: 897 5890 5464 Passcode: 2'SDAY Join by phone: Find your local number:  <a href="https://us02web.zoom.us/j/89758905464?pwd=ck96MkFEeWFjbFppNkpvZU1yMWRRRZz09">https://us02web.zoom.us/j/89758905464?pwd=ck96MkFEeWFjbFppNkpvZU1yMWRRRZz09</a> Meeting ID: 897 5890 5464 Passcode:021751  <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps  <b>Notes:</b> Needs Support - Needs Support, We welcome you to the Tuesday New Wave ACA meeting with open hearts and sincere intentions. We aspire to be welcoming to all; in particular LGBT+ people and People of Color. We are proud that our fellowship of many genders includes secular members, spiritual members, and religious members. We are in diverse places in our ACA journeys, and we welcome everyone from beginners to old-timers. Likewise, our fellowship varies in age, and we welcome all participants over 13 years old. Our meeting began in Eugene, Oregon, but since we transitioned to virtual meetings, we have been pleased to welcome fellow travelers from all over the world. Some distinguishing features of our meeting: - We choose a leader spontaneously at the beginning of our meeting.- We begin with the Serenity Prayer, but close with the ACA Serenity Prayer- We include a brief feelings check-in with during our introductions. - We share a weekly success at the end of each meeting.  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Sunset Round Table ACA Meeting (WEB0855) - Open to All- Every Tuesday 7pm PST ZOOM: 88174032262 PSWD: 159341 Updated: 5/30/22 -No book needed - Beginners are welcome -ACA's only  <b>Format:</b> Discussion  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Pasadena ACA Recovery (CA1340) - Please email the meeting contact: hitchcock.blond@gmail.com for the Zoom Link  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps  <b>Notes:</b> Non Smoking - Non Smoking, Recovery is the Focus  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Tuesday Night ACA (WA0190) - 1335 Fern St SW, Olympia Washington, 98502 Effective 3/29 we have returned to in-person / online hybrid meetings. For the in-person portion of our meeting, we meet in the "Bishop" wing at Unity of Olympia, 1335 Fern St. SW, Olympia. We do require proof of vaccination, apply social distancing and continue to wear masks during the meeting.  For online participation: Please contact us by email at oly.adultchild@gmail.com and confirm you are age 16 or over and you are an ACA, and we will send you access information for the online meeting.  <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps Open to ages 16+.  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Mat-Su ACA (AK0027) - 3160 E. Cottle Loop Wasilla, Wasilla Alaska, 99654 The Gazebo at Kendall Park is located next to the Post Office Annex on the Palmer Wasilla Hwy.  <b>Format:</b> Book Study  <b>Focus:</b> Beginners The meeting focus is on the "A New Hope ACA Beginners Meeting Handbook." A copy of the handbook, available for download, can be found at: <a href="https://www.achope.com/">https://www.achope.com/</a> For those unable to join in person, Zoom Meeting ID: 832 4067 6395 Passcode: NewHope  Meetings Local Time 06:00 pm America/Anchorage</p>

<p>Tuesday 10:00 PM</p>	<p>Call2Parent: The Solution is To Become Your Own Loving Parent (CA1374) - The primary focus of this meeting is to provide a safe place to develop the skills to become your own Loving Parent through parenting identification, practice, sharing and support. Join Zoom Meeting  <a href="https://us02web.zoom.us/j/88382220199?pwd=YzRBaEp0NEsrdkZXSkRPN3FsS0pNQ109">https://us02web.zoom.us/j/88382220199?pwd=YzRBaEp0NEsrdkZXSkRPN3FsS0pNQ109</a>  Meeting ID: 883 8222 0199 Passcode: 784317 One tap mobile  +16699006833,,88382220199#,,, *784317# US (San Jose)  +13462487799,,88382220199#,,, *784317# US (Houston) Dial by your location +1669 900 6833 US (San Jose) +1 346 248 7799 US (Houston) +1 253 215 8782 US (Tacoma) +1 929 205 6099 US (New York) +1 301 715 8592 US (Washington D.C.)+1 312 626 6799 US (Chicago) Meeting ID: 883 8222 0199 Passcode: 784317 Find your local number: <a href="https://us02web.zoom.us/j/88382220199?pwd=YzRBaEp0NEsrdkZXSkRPN3FsS0pNQ109">https://us02web.zoom.us/j/88382220199?pwd=YzRBaEp0NEsrdkZXSkRPN3FsS0pNQ109</a>  <b>Format:</b> Discussion - Fellowship Text  <b>Notes:</b> Non Smoking - Non Smoking, This meeting is a safe place to identify, share about and get support in developing the loving and practical skills in becoming your own Loving Parent. Questions? email at <a href="mailto:acacall2parentpaloalto@gmail.com">acacall2parentpaloalto@gmail.com</a>  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Sisters Of Serenity (CA986) - Women Only Meeting Room #1 Enter Gate Nearest Back Parking Lot  <b>Format:</b> Book Study - Discussion  <b>Focus:</b> Women Only Non Smoking  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:00 PM</p>	<p>Women's ACA Anger and Release (WEB0498) - For ID and Passcode please Call/Text Lisa in CA 818.445.9901 or Email <a href="mailto:ACARecovery Sisters@gmail.com">ACARecovery Sisters@gmail.com</a> this meeting is about 90 minutes  <b>Focus:</b> Women Only  Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Tuesday 10:30 PM</p>	<p>Becoming Your Own Loving Parent (WEB0656) - <a href="http://Sfgratitude.org">Sfgratitude.org</a>  <b>Format:</b> Book Study - Discussion - Speaker Meeting is zoom only Meeting time is 7:30pm-9:00 Pacific time  Meetings Local Time 07:30 pm America/Los_Angeles</p>
<p>Tuesday 10:30 PM</p>	<p>Reparenting Discussion Group- Tuesday (WEB0877) -  <b>Format:</b> Loving Parent Guidebook We meet on zoom. The group is relatively small but happy to include new comers. For details contact Jeannie at 571/422-3726  Meetings Local Time 08:30 pm America/Denver</p>
<p>Tuesday 11:00 PM</p>	<p>Young Adult Children of Alcoholics &amp; Dysfunctional Families Book Study (ACAs under 40) (WEB0618) - This meeting is for all young adults in ACA who are under 40 years old. If you are 40 or older and choose to attend, you will be asked to excuse yourself at the beginning of the meeting. This meeting is online through Zoom to reach the greatest number of adult children. Meeting ID: 837 6529 5729 Password: growingup  <b>Format:</b> Book Study - Speaker  Meetings Local Time 08:00 pm America/Los_Angeles</p>

Tuesday 11:00 PM	<p>Safe Spaces For Asians/Asian Americans/Pacific Islanders/South Asians (WEB0515) - Safe spaces for Asians, Asian Americans, Pacific Islanders, and South Asians ACA meeting. We will read from Strengthening My Recovery and then have personal shares. Speaker on the 2nd Tuesday. Self-identified Asians, Asian Americans, Pacific Islanders, and South Asians welcome! Tuesdays 8:00 PM to 9:15 PM Pacific We are on Zoom:  <a href="https://zoom.us/j/94755359483?pwd=RUICRXZhMXhDSHl3SVZmbFJZVTZmZz09">https://zoom.us/j/94755359483?pwd=RUICRXZhMXhDSHl3SVZmbFJZVTZmZz09</a>  Meeting ID: 947 5535 9483   Passcode: 693326  <b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker  <b>Focus:</b> BIPOC Meeting for Asians, Asian Americans, Pacific Islanders and South Asians in ACA. We meet on Tuesdays and Wednesdays at 8pm, new mtg on Fridays (starting 2/4) at 6:30pm, and Sundays at 7pm. All times are in Pacific Time Zone. Same Zoom ID and passcode. Self-identified AA API/South Asians welcome!  Meetings Local Time 08:00 pm America/Los_Angeles</p>
Tuesday 11:15 PM	<p>Tuesday Sunland Evening ACA (CA1424) - This is a zoom meeting.  Zoom ID 840 9156 4726 <b>no password needed- dashboard operator will let people in s as they are in the waiting room)</b>  <b>Format:</b> Book Study - Fellowship Text - Speaker - Steps  <b>Notes:</b> Non Smoking - Non Smoking, Study Steps &amp; Traditions, Speaker rotation format zoom meeting. We reserve time for newcomers to share if they want to, and after the meeting we reserve 5 minutes for Q&amp;A for any newcomers to ask questions. After that we have fellowship. * we observe the 12 traditions of ACA during all times, meeting, newcomer Q&amp;A and fellowship.  Meetings Local Time 08:15 pm America/Los_Angeles</p>
Wednesday 12:00 AM	<p>Early Risers Fellow World Travelers, Europe - Wednesday Meeting (WEB0163) - -- 6 am Netherlands / 5 am London time Zoom Id: 824-1755-4426 - Password 711 - Audio only, no video. English Speaking. With emotional sobriety, reparenting ourselves becomes a reality in our lives. With the Steps and by reparenting ourselves, we can further remove the “buttons” that have been pushed by others to manipulate us or to get a reaction out of us. Through a Loving Parent inside, we gain greater independence from codependence. We find the skills and support we need to become independent adults.  <b>Format:</b> Discussion - Fellowship Text  <b>Focus:</b> Beginners <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a>  Meetings Local Time 06:00 am Europe/Amsterdam</p>
Wednesday 12:00 AM	<p>24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&amp;DF. MEETING TIME DOES NOT APPLY.  Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more.  <a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a>  <b>Format:</b> 12 Step Study Group - Discussion  Meetings Local Time 12:00 am America/New_York</p>



Wednesday 12:30 AM	North Shore Oahu (HI0028) - North Shore ACA Meeting. Recurring Tuesdays @ 6:30 pm HST /Hawaiian Standard Time. Zoom id: 75699953382 PW: Kindness (capital K) <b>Format:</b> Book Study - Discussion We read from the ACA Big Red Book , we read the 12 steps of Aca , the solution and a welcome message when newcomers are in attendance. The remaining time is open discussion. Self timing. Must be at least age 18 to attend Meetings Local Time 06:30 pm Pacific/Honolulu
Wednesday 01:15 AM	Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps <b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 am Europe/Berlin
Wednesday 03:00 AM	Loving Parent (WEB0094) - 09:00 am Amsterdam / 08:00 am UK time Zoom ID: 838 8375 1659 Pass: 711 Audio only, please do not use your video -- Most people arrive at ACA with a critical inner voice. Some of us call this voice a Critical Parent. By becoming our own Loving Parent, we begin to take better care of ourselves. <b>Format:</b> Discussion <b>Notes:</b> Needs Support - Needs Support, 09:00 Amsterdam / 08:00 UK time Please visit <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a> for further information. Meetings Local Time 09:00 am Europe/Amsterdam
Wednesday 04:00 AM	(WEB0893) (Croatian) - Pi?ite nam na email da biste dobili zoom link. <b>Format:</b> 12 Step Study Group Meetings Local Time 10:00 am Europe/Belgrade
Wednesday 05:00 AM	ZOOM Tony A's 12 Steps of Adult Children of Alcoholics /Dysfunctional meeting (WEB0607) - ZOOM Tony A's 12 Steps of Adult Children of Alcoholics /Dysfunctional meeting 7 pm to 8:30 pm Wednesday <a href="https://zoom.us/j/271500885">https://zoom.us/j/271500885</a> Meeting ID 271 500 885 Password 929692 Free workbook at <a href="https://acalunchtime.com/literature/">https://acalunchtime.com/literature/</a> <b>Format:</b> 12 Step Study Group - Fellowship Text - Steps Meetings Local Time 07:00 pm Australia/Sydney
Wednesday 05:00 AM	Machida BRB (JPN006) (Japanese(English is available on the second Sunday only.)) - Morino 1-1-15, Machida City Tokyo, 194-0022 ?Held online(Japanese) ?Meetings for Japanese living abroad Preference will be given to Japanese living abroad, but other participants are also welcome. ?Second Sunday If you would like to participate, please contact us by email. ?Held online(Japanese) ?First Tuesday and Third Friday 6pm. ?Held at council room. ?The second Wednesday If you would like to participate, please contact us by email. <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Steps <b>Focus:</b> Beginners <b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking, If you have any requests for step work, inner child work, etc., please do not hesitate to contact us. Meetings Local Time 06:00 pm Asia/Tokyo
Wednesday 05:00 AM	Mens - Beyond Survival Practising Self Love (WEB0320) - 7pm AEDT Zoom ID: 9993598599 Passcode: ACASydney Meetings Local Time 07:00 pm Australia/Sydney

Wednesday 05:15 AM	Cairns Wednesday Zoom Meeting (WEB0433) - <a href="https://zoom.us/j/8444750809?pwd=YWpSMVhOWEV2NkRaMEthVmwyYkM0dz09">https://zoom.us/j/8444750809?pwd=YWpSMVhOWEV2NkRaMEthVmwyYkM0dz09</a> Password; Reparent (capital R) <b>Format:</b> Fellowship Text Meetings Local Time 07:15 pm Australia/Brisbane
Wednesday 06:00 AM	LoveME (WEB0821) - Required to turn on your video on Zoom. Please e-mail for more details : lovemewomenonly.since2020@gmail.com <b>Format:</b> Book Study - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps <b>Focus:</b> Women Only Meetings Local Time 07:00 pm Asia/Tokyo
Wednesday 06:00 AM	Lunchtime Laundry List Meeting (The Laundry Lists WorkBook 4x4) (WEB0183) - -- 12 pm Central Europe time / 11 am UK time -- Zoom Id: 832-7117-6274 - Password 711 -- English speaking - Audio only -- No Video - Please do not use the video -- THE LAUNDRY LISTS workbook expands the Fellowship Text's brief description of the Laundry List Traits. There are 4 sides to the Laundry List Traits. 1) The Laundry List 2) The Other Laundry List 3) The Flip Side of the Laundry List and 4) The Flip side of the Other Laundry List -- This meeting focuses on all four sides of one trait per meeting, working through The Laundry Lists Workbook one trait at a time. -- Link to our meeting schedule can be found here: <a href="https://docs.google.com/document/d/1pz-yYe9RNeHNhdznNvDd1acnMP9DT_N3W91s-qztgwU/edit?usp=sharing">https://docs.google.com/document/d/1pz-yYe9RNeHNhdznNvDd1acnMP9DT_N3W91s-qztgwU/edit?usp=sharing</a> <b>Format:</b> Book Study - Fellowship Text <b>Focus:</b> Beginners <a href="https://acanetherlands.com/">https://acanetherlands.com/</a> Meetings Local Time 12:00 pm Europe/Amsterdam
Wednesday 06:30 AM	strengthening my recovery london (WEB0814) (english) - Meeting ID: 839 8860 3669 no password Meetings Local Time 11:30 am Europe/London
Wednesday 07:00 AM	RI Area Morning (WEB0793) (English, US) - RI AREA ACA <a href="https://www.riareaaca.org/">https://www.riareaaca.org/</a> See our full schedule of meetings and add us to your calendar: <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> The Virtual Meeting Link should take you straight to our meeting. Email for Password if prompted. <b>Format:</b> Book Study Meetings Local Time 07:00 am America/New_York <a href="#">Virtual Meeting Link</a>

Wednesday 07:00 AM

Atlas of the Heart (WEB0841) - This group takes full advantage of the ACA open literature policy. According to this policy Literature policy, "It has always been accepted that ACA groups should remain open in choosing literature. That is, ACA meetings may draw from various sources."

In this group, we read from literature that helps us recognize and name our emotions.

The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.

WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.

We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without "god." We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you'd like a secular approach to the 12-steps, we invite you to join us.

WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time

Monday 7:00 AM

Tuesday 7:00 AM

Wednesday 7:00 AM

1st & 3rd Wednesday 6:00 PM - Beginners

Thursday 6:00 PM

Friday 7:00 AM

2nd & 4th Friday 7:30 PM - Secular Tradition/Concept Study

Sunday 6:00 PM

There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.

Join Zoom Meeting

<https://us02web.zoom.us/j/81437276969>

Meeting ID: 814 3727 6969

Password: 247365

Access the meeting by telephone:

Dial by your location

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 814 3727 6969

Password: 247365

**Format:** Book Study

**Focus:** Secular/Agnostic/Atheist

Wednesday 07:00 AM	<p>Parents, Grandparents, Aunties and Uncle's ACA (WEB0873) - Zoom ID 995 1160 7286 Password 2020</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text All welcome</p> <p>Meetings Local Time 09:00 pm Australia/Sydney</p>
Wednesday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p><b>Format:</b> Book Study - Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p>Meetings Local Time 01:00 pm Europe/Amsterdam</p>
Wednesday 07:30 AM	<p>Bright and Early (KY0027) - Gratz Park Bldg, 3rd Market Street, Lexington Kentucky, 40509 Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park.</p> <p><b>Format:</b> Discussion - Fellowship Text</p> <p><b>Notes:</b> Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Wednesday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]   Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET   Dial in: +1 646 558 8656 US (New York)   Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/88688390978">https://us02web.zoom.us/j/88688390978</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a>]</p> <p><b>Format:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Wednesday 08:00 AM	<p>ACA Ho Chi Minh (WEB0478) - Zoom details: Meeting ID: 880 3125 6050 Passcode: MidweekACA</p> <p><b>Format:</b> Fellowship Text Fellowship text meeting on Wednesdays for one hour. Zoom. English Speaking. Meeting format: Welcome/Set Aside Prayer/LaundryList or Problem/ The Solution/The 12 Steps/ Sharing Guidelines/ Anonymity and Cross Talk/ Fellowship Reading/ Raised Voice timed shares/ The 12 Traditions/ The Promises/ Closing with ACA Serenity Prayer. Business meeting on the first Wednesday of every month. All welcome. Hope to see you there, Ho Chi Minh ACA Group</p> <p>Meetings Local Time 07:00 pm Asia/Ho_Chi_Minh</p>
Wednesday 08:30 AM	<p>Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book.</p> <p><b>Format:</b> Fellowship Text This meeting has a capacity of 25 members.</p> <p>Meetings Local Time 08:30 am America/New_York</p>

Wednesday 08:30 AM	??ACA (WEB0694) (??) - ACA??????? ZOOM? ???? : 795 3050 2383?????ACA1234 <a href="https://us04web.zoom.us/j/79530502383?pwd=WWltZTNTUTRIM0EzN2RIWTZhNjFVZz09">https://us04web.zoom.us/j/79530502383?pwd=WWltZTNTUTRIM0EzN2RIWTZhNjFVZz09</a> Meetings Local Time 08:30 pm Asia/Shanghai
Wednesday 08:30 AM	ACA Inner Child Healing (IND0007) (Primary language English but Hindi sharings also heard.) - Zoom link for both Wednesday and Friday: Join Zoom Meeting <a href="https://us06web.zoom.us/j/88297819885?pwd=VDfEZ2czTTErR2UzUXJDeJgxYjd1UT09">https://us06web.zoom.us/j/88297819885?pwd=VDfEZ2czTTErR2UzUXJDeJgxYjd1UT09</a> Meeting ID: 882 9781 9885 Passcode: InnerChild <b>Format:</b> Book Study - Loving Parent Guidebook <b>Notes:</b> Non Smoking - Non Smoking, Wednesday's focus is BRB Study. Friday is reserved for LPG Study only. Meetings Local Time 06:00 pm Asia/Kolkata
Wednesday 08:30 AM	Wednesday Morning group (TN0085) - Meeting credentials may be obtained by sending an email to: wedsaca+meeting@gmail.com An automatic response will be generated. Thank You! <b>Format:</b> Book Study - Discussion - Fellowship Text - Steps <b>Notes:</b> Needs Support - Needs Support, **Meeting are at 7:30 Central Time** *Currently Zoom only * Please request the meeting information at: wedsaca+meeting@gmail.com Look for an automated response. Meetings Local Time 07:30 am America/Chicago
Wednesday 09:00 AM	Ascension--Zoom (WEB0321) - Zoom ID: 737 2755 5432 Passcode: 875942 Meetings Local Time 09:00 am America/New_York
Wednesday 09:00 AM	ACASerenitySisters (WEB0638) - Text Helen for meeting ID and password at 830 401 9428 or email us at serenityacagroup@gmail.com Meetings Local Time 08:00 am America/Mexico_City
Wednesday 09:00 AM	Fellow Travelers / Yellow Workbook Study (WEB0184) - Zoom meeting number-961-053-7168 Password is 933530 <b>Format:</b> Book Study Meetings Local Time 09:00 am America/New_York
Wednesday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234 <b>Format:</b> Book Study Meetings Local Time 07:00 am America/Los_Angeles
Wednesday 10:00 AM	A New Beginning (FL198) - We meet only on zoom. Meeting# 4380638344 Password-123456 <b>Format:</b> Loving Parent Guidebook <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 10:00 am America/New_York

Wednesday 10:00 AM	<p>ACOA at the Beach (DE003) - 19285 Holland Glade Rd, Rehoboth Beach Delaware, 19971 Epworth United Methodist Church. The ACOA at the Beach meets virtually via Zoom @ 10:00am on Wednesdays. This virtual meeting connects via Zoom LogIn# 5946181060. No Password required. Having your Video camera on is preferred. Also please keep your Mic muted in between shares. In person meetings are starting back up with this group every Saturday morning at 10:30am beginning July 9th @ 10:30am meetings are held at EPWORTH CHURCH in Rehoboth Beach. Be sure to arrive 10 mins early as the front door will be locked.</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 10:00 am America/New_York</p>
Wednesday 10:30 AM	<p>Freedom Helsinki (WEB0276) - Join Zoom Meeting ACA Freedom Helsinki  <a href="https://zoom.us/j/826470111">https://zoom.us/j/826470111</a> Meeting ID: 826 470 111 Find your local number:  <a href="https://zoom.us/u/ab7IHpHayT">https://zoom.us/u/ab7IHpHayT</a></p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Steps  Meetings Local Time 05:30 pm Europe/Helsinki</p>
Wednesday 10:30 AM	<p>Growing In The Light (CT057) - 1 Enders Island, Mystic Connecticut, 06355 Park in parking lot on left after entering the island. The meeting is in the building next to the parking lot (Art Building). Entrance on the side next to the chapel. Non Smoking Meetings Local Time 10:30 am America/New_York</p>
Wednesday 10:30 AM	<p>Ascension--Zoom (WEB0321) - Zoom ID: 737 2755 5432 Passcode: 875942  Meetings Local Time 10:30 am America/New_York</p>
Wednesday 11:00 AM	<p>Healing Together (IN070) - Based out of LARC in Griffith, IN (lake area recovery center) To get meeting information to join our meeting. Call Grace S. 219-669-3337 or Sara P. 219-937-7544</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text  <b>Notes:</b> Non Smoking - Non Smoking,  Meetings Local Time 10:00 am America/Chicago</p>
Wednesday 11:00 AM	<p>Feel, Talk, Trust (WEB0727) -</p> <p><b>Format:</b> Book Study - Discussion - Loving Parent Guidebook We meet every Mon/Wed/Fri. For ID and PW, email: <a href="mailto:feeltalktrust@gmail.com">feeltalktrust@gmail.com</a>. 75-minute meeting includes: 1. Loving Parent Guidebook's grounding check-in, 2. Strengthening My Recovery daily reflection, 3. five minutes of meditation or journaling (w/optional non-dominant handwriting), and 4. sharing. This meeting has a maximum capacity of 20 people, and we lock the Zoom door after the first ten minutes. Please join us if you identify as a member of ACA.</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Wednesday 11:00 AM	<p>ELENGEDÉS (Release/Letting go) (HUN0008) - It is a hibrid meeting. We meet personally and you can join the meeting in Skype also. We can share the link if you contact us two days before the meeting.</p> <p><b>Format:</b> 12 Step Study Group - Discussion  <b>Focus:</b> Beginners  <b>Notes:</b> Non Smoking - Non Smoking, Please, contact us before your first attendance.  Meetings Local Time 05:00 pm Europe/Berlin</p>
Wednesday 11:00 AM	<p>Practicing Boundaries (WEB0619) - zoom 818 6249 6245 passcode "boundaries" This format takes place over 22 sessions. You may drop in at any time. The meeting is intended to continue indefinitely with the format. Meeting Materials will be posted in chat or contact rep to receive a copy by email.  Meetings Local Time 11:00 am America/New_York</p>

Wednesday 11:30 AM	N/A (FL0273) - MEETING IS CANCELLED UNTILL FURTHER NOTICE <b>Format:</b> Book Study - Discussion - Speaker - Steps MEETING IS CANCELLED UNTILL FURTHER NOTICE! Meetings Local Time 11:30 am America/New_York
Wednesday 12:00 PM	Wednesday Big Red Book Chapter 7 Study Group (WEB0096) - Europe Wednesday Evening 6pm Amsterdam - 5pm London - Big Red Book Chapter 7 Study Group - Zoom ID 828-7344-2714 -- Password 711 <b>Format:</b> 12 Step Study Group - Book Study - Fellowship Text - Steps <b>Focus:</b> Beginners Focus on no cross-talk Meetings Local Time 06:00 pm Europe/Amsterdam
Wednesday 12:00 PM	Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact sanctuaryWOBorders@gmail.com for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address). <b>Format:</b> 12 Step Study Group - Book Study - Discussion - Fellowship Text - Loving Parent Guidebook - Speaker - Steps Meetings Local Time 12:00 pm America/New_York
Wednesday 12:00 PM	Pathway to the Promises (WEB0892) - Zoom#868-5471-6667PW227226 <b>Format:</b> Book Study Big Red Book Study Meetings Local Time 12:00 pm America/New_York
Wednesday 12:00 PM	(WEB0647) - Online Zoom meeting Redbook Meeting Zoom: 86854716667 PW 227226 <b>Format:</b> Book Study Meetings Local Time 12:00 pm America/New_York
Wednesday 12:00 PM	Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828 <b>Format:</b> Discussion <b>Focus:</b> Beginners Meetings Local Time 05:00 pm Europe/London
Wednesday 12:00 PM	Chapel Hill (WEB0706) - Contact us for Zoom information: acachapelhill@gmail.com EVERYDAY AT NOON EST Monday - Laundry List Workbook Tuesday - Topic Meeting Wednesday - Big Red Book Thursday - Traditions Friday - Loving Parent Guidebook Saturday - Topic Meeting Sunday - Beginners Meeting <b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook Meetings Local Time 12:00 pm America/New_York

Wednesday 12:00 PM	<p>ACA CHAT (WEB0092) -</p> <ul style="list-style-type: none"> <li>• Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</li> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of August 2022!</li> </ul> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Traditions Meetings Local Time 12:00 pm America/New_York</p>
Wednesday 12:00 PM	<p>???? ??????? ?????? ??? ????? (WEB0444) - The meeting lasts 1.5 hour. We meet through Skype. You can find us on Skype by our Skype name which is ??? ??????? ?????? or our email epakia.safe@gmail.com.</p> <p><b>Format:</b> Discussion - Fellowship Text - Book Study - Steps Meetings Local Time 07:00 pm Europe/Helsinki</p>
Wednesday 12:30 PM	<p>Butterfly Effect (WEB0476) - Skype aca.homegroup</p> <p><b>Format:</b> Discussion - Fellowship Text - Steps - Speaker Meetings Local Time 07:30 pm Europe/Moscow</p>
Wednesday 01:00 PM	<p>Laundry List Workbook (WEB0537) -</p> <p><b>Format:</b> Book Study Meetings Local Time 06:00 pm Europe/London</p>
Wednesday 01:00 PM	<p>Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation (WEB0891) -</p> <p><b>Focus:</b> Women Only Womens ACA12 Steps Recovery Stretching, Affirmations and Meditation To help work through stress and challenges Physically Emotionally and Spiritually Meetings Local Time 10:00 am America/Los_Angeles</p>
Wednesday 01:00 PM	<p>ACA ZUERICH (SWI007) - Meeting every 2nd Wednesday on even weeks. (Example: WS26, W28, W30 etc..) Please write Email for online Access Information to : acazuerichenglish@gmail.com</p> <p><b>Format:</b> Steps <b>Notes:</b> Non Smoking - Non Smoking, Meetings Local Time 07:00 pm Europe/Zurich</p>
Wednesday 01:00 PM	<p>Loveland ACA Moms Meeting (WEB0432) - Currently, this is an online meeting only, but will be moved to a physical location when public meetings become safe again.</p> <p><b>Format:</b> Discussion - Book Study <b>Focus:</b> Women Only - LGBTQ+ <b>Notes:</b> Needs Support - Needs Support, Meetings Local Time 11:00 am America/Denver</p>
Wednesday 01:00 PM	<p>ACA Renasterea Bucuresti (WEB0286) - Grupul ACA Rena?terea Bucure?ti v? aduce la cuno?tin?? deschiderea por?ilor camerei zoom, unde grupul nostru î?i ?ine întâlniri recurente s?pt?mânale, miercuri începând cu ora 20:00 până la ora 21:30. Intrarea în camera se face accesând link-ul de mai jos: <a href="https://us02web.zoom.us/j/81067168617">https://us02web.zoom.us/j/81067168617</a> Nu necesita parola! V? a?tept?m cu mult? c?ldur? sufleteasc? oferit? într-un mediu sigur! translation in english only on workshops or foreign speakers Meetings Local Time 08:00 pm Europe/Bucharest</p>



Wednesday 01:00 PM	<p>Doverye (WEB0776) (???????) - ??????? ?????????? ? Zoom. ?????? ?? ????</p> <p>????????????????? ? Telegram-??????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a></p> <p><b>Format:</b> 12 Step Study Group - Book Study - Discussion - Speaker - Steps -Workshop</p> <p>?? ?????????? 9-10 ?????????? ?????????? ? ??????. ?????? ??????? ?????????????????? ?? ??????</p> <p>???. ?????????? ??????????? ? Zoom. ??????????? ? ??????????? ? ?????????????????? ????? ??</p> <p>????? ??????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a></p> <p>Meetings Local Time 08:00 pm Europe/Moscow</p>
Wednesday 01:00 PM	<p>Expect The Best And Get It! Women's Meeting (WEB0462) (English / German) - WOMEN ONLY/this meeting is bilingual/either a Speaker + any recovery related literature OR Speaker (experience, strength and hope) Join Zoom Meeting</p> <p><a href="https://us02web.zoom.us/j/89639657239">https://us02web.zoom.us/j/89639657239</a> Meeting ID: 896 3965 7239</p> <p><b>Format:</b> Discussion - Speaker</p> <p><b>Focus:</b> Beginners - LGBTQ+ - Women Only This meeting is bilingual This meeting is online at the m We have either a speaker on exp. strength and hope OR a speaker chooses a text from any relevant recovery literature and shares.</p> <p>Meetings Local Time 07:00 pm Europe/Berlin</p>
Wednesday 01:15 PM	<p>Safe Haven (hybrid) (WEB0439) - 1076 Santo Antonio Drive, Colton , 92324 Zoom ID: 823 5549 4794. PW: 576554 Welcome all ACA fellow travelers!</p> <p><b>Format:</b> Book Study - Fellowship Text - Steps</p> <p><b>Notes:</b> Needs Support - Non Smoking - Needs Support, Non Smoking,</p> <p>Meetings Local Time 10:15 am America/Los_Angeles</p>
Wednesday 01:30 PM	<p>HS365ACOA (WEB0719) - Email: <a href="mailto:hs365acoa@gmail.com">hs365acoa@gmail.com</a></p> <p><b>Format:</b> 12 Step Study Group - Fellowship Text</p> <p>Meetings Local Time 12:30 pm America/Chicago</p>
Wednesday 02:00 PM	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p><b>Format:</b> Discussion - Fellowship Text Login to Lounge. 3-dot menu for Room List.</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Wednesday 02:00 PM	<p>ACA Sunlight Group Sponsorship Zoom Meeting (CA1281) - - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.</p> <p><b>Format:</b> Discussion - Fellowship Text - Steps</p> <p><b>Notes:</b> Non Smoking - Non Smoking,</p> <p>Meetings Local Time 11:00 am America/Los_Angeles</p>
Wednesday 02:00 PM	<p>Strengthening My Recovery (WEB0127) - WOMEN ONLY Online or phone-in meeting at *noon* Wednesday Mountain Time.</p> <p>Follows daily meditations from Strengthening My Recovery text. zoomID 986 4958 4489 password womenonly. Call: 312 626 6799 Meeting ID: 986 4958 4489</p> <p><b>Format:</b> Book Study - Discussion</p> <p><b>Focus:</b> Beginners - Women Only Meditation Meeting.</p> <p><a href="https://zoom.us/j/98649584489?pwd=MnBXYnh6STIwcjFPQzBZQU5TGtCZz09">https://zoom.us/j/98649584489?pwd=MnBXYnh6STIwcjFPQzBZQU5TGtCZz09</a></p> <p>Meetings Local Time 12:00 pm America/Denver</p>
Wednesday 02:00 PM	<p>ACA People of Color (WEB0256) -</p> <p><b>Format:</b> Book Study - Discussion - Fellowship Text - Speaker - Steps</p> <p><b>Focus:</b> BIPOC People of Color</p> <p>Meetings Local Time 11:00 am America/Los_Angeles</p>

Wednesday 02:00 PM	<p>UK Women Wednesday (WEB0704) - We read 2 pages of the BRB and share on that.  <a href="https://us02web.zoom.us/j/83622960749?pwd=Q3dBTFdxdWRHTlo5TFBSN2JFZ1FuUT09">https://us02web.zoom.us/j/83622960749?pwd=Q3dBTFdxdWRHTlo5TFBSN2JFZ1FuUT09</a>  <b>Format:</b> Book Study - Fellowship Text  <b>Focus:</b> Women Only  Meetings Local Time 07:00 pm Europe/London</p>
Wednesday 02:00 PM	<p>GLOS SERCA (WEB0410) - Click on skype link below:  <a href="https://join.skype.com/oR5FhxW1ayDf">https://join.skype.com/oR5FhxW1ayDf</a>  <b>Format:</b> Discussion - Book Study - Steps - Speaker  Meetings Local Time 07:00 pm Europe/London</p>
Wednesday 02:00 PM	<p>Women's ACA and Clutter (WEB0672) - For ID and Passcode please text/call Lisa in CA at: 818.445.9901 or email: AcaRecoverySisters@gmail.com  <b>Focus:</b> Women Only  Meetings Local Time 11:00 am America/Los_Angeles</p>
Wednesday 02:30 PM	<p>Richmond Bridge Wednesday night (GBR0003) - Richmond Bridge, Richmond Surrey, Tw1 TEF On the corner of Richmond rd and Willoughby rd. Enter via curved iron gate, walk 50 yards down path, over stairs then 1st door on right, free off street parking. No dogs allowed  Online zoom at ID 924571517 Password 586471  <b>Format:</b> Book Study - Laundry Lists Workbook  <b>Notes:</b> Non Smoking - Non Smoking, Laundry List study workbook. Meeting running parallel online and face to face, in large arch under Richmond bridge  Meetings Local Time 07:30 pm Europe/London</p>
Wednesday 02:30 PM	<p>Manchester Men's Meeting (WEB0483) - Day: Wednesday Time: 7:30 GMT  Duration: 90 minutes. Type of meeting: Literature and Speaker Zoom login info:  Meeting ID: 837 6948 2283 Passcode: 585776 One-tap link:  <a href="https://us02web.zoom.us/j/83769482283?pwd=ZjBIU0YvUS9FRUQ2OFAvWSZtZZ0QxZz09">https://us02web.zoom.us/j/83769482283?pwd=ZjBIU0YvUS9FRUQ2OFAvWSZtZZ0QxZz09</a>  <b>Format:</b> Fellowship Text - Speaker  <b>Focus:</b> Men-Only A permanently online weekly men's meeting of ACA. Focus rotates weekly and includes feelings check, ACA literature or speakers, writing time, sharing and affirmations. Intimate global fellowship structured to focus on solution. Male-identified only.  Meetings Local Time 07:30 pm Europe/London</p>