



This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes.

Searched for "All Meetings " Printed on 2024-May-27
Showing Meetings adjusted to TimeZone **America/New_York**

There are too many meetings to show them all. The first 600 meetings are shown

Adjusted Day Time	Meeting Information
Sunday 12:00 AM	<p>ACA Religious Abuse Survivors (WEB1096) - Passcode 694902 https://us06web.zoom.us/j/83859283063?pwd=eFk3MS9aeUVQSFVOOGdpRDEwckxJUT09 Sat/Sun (US ET and further East): Loving Parent Guidebook, Sun: Secular Religious Abuse Survivors Solution, Thurs: Recovery from Somatization. You can use the virtual meeting link or else go to aca-ie-intergroup.org for the meeting list with zoom links. If you have trouble getting into the meeting, contact acareligiousabusesurvivors@gmail.com. Format: Loving Parent Guidebook Focus: Secular/Agnostic/Atheist Notes: Needs Support - Needs Support, Passcode 694902. https://us06web.zoom.us/j/83859283063?pwd=eFk3MS9aeUVQSFVOOGdpRDEwckxJUT09 If locked out, contact acareligiousabusesurvivors@gmail.com Meetings Local Time 09:00 pm America/Los_Angeles</p>
Sunday 12:00 AM	<p>ACA Brisbane Sunday Group (AUS065) - 270 Roma Street, Brisbane Queensland, 4000 Community Centre Format: Discussion - Steps Notes: Non Smoking - Non Smoking, Beginners welcome Meetings Local Time 2:00 PM Australia/Brisbane</p>
Sunday 12:00 AM	<p>Early Risers Fellow World Travelers, Europe - Monday Meeting (WEB0095) - Zoom ID's: Monday: 828 6614 9258 Tuesday: 840 9937 2668 Wednesday: 824 1755 4426 Thursday: 832 0464 8580 Friday: 873 1777 2221 Saturday: 815 1866 3991 Sunday: 851 1575 1109 Password for every meeting is the same: 711 Audio only, no video. English Speaking. Reparenting can help us be in the solution of becoming our own loving parent. This is an important step for us as we develop our own identity that is different than our dysfunctional family role. With The Solution, we are on our own, but we are not alone as we were when we were children. We have our ACA group, the fellowship, and a Higher Power to rely upon. With help and support, we learn what it means to be a Loving Parent to ourselves. Format: Discussion Focus: Beginners https://acafellowworldtravelers.com Meetings Local Time 06:00 am Europe/Amsterdam</p>
Sunday 12:30 AM	<p>Loving Parent Guidebook Fullarton (AUS0124) (English) - 411 Fullarton Road, Fullarton South Australia, 5063 The Howard Room in the Fullarton Community Centre Format: Discussion - Loving Parent Guidebook Notes: Wheelchair Access - Wheelchair Access, Meetings Local Time 02:00 pm Australia/Adelaide</p>

Sunday 12:30 AM	ACA Give it a go - Tony A's 12 Steps (WEB0807) - Email contact for zoom ID. Focus: Women Only Weekly readings from the Big Red Book Meetings Local Time 06:30 am Europe/Vienna
Sunday 12:30 AM	ACA - Give it a go - Tony A's 12 Steps Reparenting (WEB0808) - Zoom link: https://us02web.zoom.us/j/84365746961 Format: Fellowship Text (BRB) Focus: Women Only Saturdays and Sundays Loving Parent meetings based on Tony A's 12 Steps and Affirmations from the Big Red Book. (not using Loving Parent guide book) Meetings Local Time 06:30 am Europe/Vienna
Sunday 02:30 AM	Spiritual Sundays - Big Red Book meeting (AUS0130) - All Hallows Church, 17 Brenbeal Street, Balwyn Victoria, 3103 Meeting held in the back room of the church (enter from Jurang Street) Format: Fellowship Text (BRB) Part of Sydney Intergroup Meetings Local Time 04:30 pm Australia/Melbourne
Sunday 02:30 AM	Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com Format: Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 08:30 am Europe/Berlin
Sunday 03:00 AM	Europe's Sunday morning Big Red Book Chapter 19 Study (The Twelve Traditions of ACA) (WEB0182) - 09:00 am Amsterdam / 08:00 am London Zoom: https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbGIHZzFEenZoUG5CYy84Zz09 Meeting ID : 858 6787 6612 Passcode : 711 Audio only, please do not use the video function. English speaking meeting. The ACA Twelve Traditions provide guidelines for group conduct just as the ACA Steps provide guidelines for individual recovery. Please see https://www.acafellowworldtravelers.com for information on all our meetings. Format: Book Study - Discussion - Traditions www.acafellowworldtravelers.com Meetings Local Time 09:00 am Europe/Amsterdam
Sunday 03:00 AM	KOACA (KOR0003) (Korean mostly, English possible) - 36, Dunji-ro, Seo-gu, Daejeon Taejeon, 35229 Zoom Meeting https://us06web.zoom.us/j/7643959242?pwd=MysrSWM5RnNtTnpQYVJ0QWlRTnJjQT09 Meeting ID: 764 395 9242 Password: 1234 Join the first Adult Children of Alcoholics (ACA) meeting in South Korea. We meet every Sunday at 4 PM, offering both online and offline(Daejeon) participation. This is a space for sharing, healing, and connecting with others who understand the challenges of growing up in an alcoholic or dysfunctional home. You're not alone; let's support each other on this journey of recovery. Meetings Local Time 04:00 pm Asia/Seoul

Sunday 03:30 AM	(SWE0161) - Nobelvägen 20, Malmoe , 21427 In the basement of St:a Maria Kyrka. Entrance from Nobelvägen. Enter through the gate to the left of the belfry when you have your back turned to Nobelvägen. The room is open from 9 a.m. Readings from Strengthening My Recovery. All texts and the meetings format is read in English and the shares are in whichever language the individual member finds most comfortable. If there is need for an interpreter please contact us and we will do our best to see if we can be of assistance. Telephone: +46709359050 email:acamalmosondag9.30@gmail.com Format: Discussion - Fellowship Text Meetings Local Time 09:30 am Europe/Stockholm
Sunday 03:30 AM	Lemoniada DDA/DDD (WEB0429) - Za skype wyszukaj u?ytkownika "dda.lemoniada" i napisz na czacie, ?e chcesz wzi?? udzia?. Alternatywnie, napisz na maila: lemonka12@wp.pl z pro?b? o przy??czenie Format: Steps Meetings Local Time 09:30 am Europe/Berlin
Sunday 03:30 AM	Check-in to Inner Family (TEL0518) - Check-in to the inner family, based on a practice from the Loving Parent Guidebook. Meeting is in Hebrew language. Meetings Local Time 10:30 am Asia/Jerusalem
Sunday 03:30 AM	BRB Loving Parent Meeting (WEB1022) - 857 1728 2714 Password: serenity Format: Fellowship Text (BRB) Meetings Local Time 05:00 pm Australia/Adelaide
Sunday 04:00 AM	Inter-regional Roos Steps Workbook & Inner Loving Parent Workbook (AUS0095) - These meetings are by ZOOM 774 3629 4713 pass-code 9ZZZZZ Format: Fellowship Text (BRB) - Loving Parent Guidebook Notes: Non Smoking - Non Smoking, The meeting is capped at 18 participants per session Meetings Local Time 06:00 pm Australia/Melbourne
Sunday 04:00 AM	ACA Blairgowrie Group (ZAF0004) - Delta Park, Road No.3, Victory Park, Johannesburg Gauteng, 2195 (Updated 27 Jan. 2024) The meeting is held inside the Delta Environmental Centre building. Access is via the main entrance. The doors are locked at 10am when the meeting starts but late-comers can ring the door-bell. A parking area is adjacent to the building. The meeting is not affected by load-shedding. Format: Fellowship Text (BRB) - Speaker - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 10:00 am Africa/Johannesburg
Sunday 04:00 AM	NZ Studies 12 Steps (WEB0752) - This is a literature based study. Meeting id is 2020434320 and password is Ucandoit. Starts at 8 pm NZDT time. Please check your local area for the time differences. Audio only. Format: Discussion This is a literature based study. Meeting id is 2020434320 and password is Ucandoit. Starts at 8 pm NZDT time. Please check your local area for the time differences. Audio only. Meetings Local Time 08:00 pm Pacific/Auckland
Sunday 04:00 AM	Relationships (WEB1011) - We meet on Zoom Room ID: 979 798 6412 Password: 121414 Format: Fellowship Text (BRB) Welcome! This group meets online only, and is an audio only meeting (with the option to reveal your video if you wish). This is an established meeting in New Zealand, but all worldwide ACA members are welcome. The focus is on Relationships - with readings taken from ACA Big Red Book, Chapters 13-15. Meetings Local Time 08:00 pm Pacific/Auckland

<p>Sunday 04:00 AM</p>	<p>Strengthening Our Recovery Helsinki (FIN0066) (English and Finnish) -Kinaporinkatu 2 A, Helsinki Uusimaa, 00500 Door buzzer 4: "redis" Format: Strengthening My Recovery Focus: LGBTQ+ Notes: Needs Support - Needs Support, You are warmly welcome to join us for the Strengthening Our Recovery -meeting. You can just show up, and there is no need to sign up. However, if you have any questions, you are encouraged to email us, and we will gladly help you with anything. We are located right next to Sörnäinen metro station. It is considerate to show up at least 10 minutes before the meeting starts so you can sit down, help yourself with some coffee or tea, and be ready when we start. This meeting is LGBTQ+ and gender-minority friendly and open for all. The meeting is chaired in English, but literature is provided in English and Finnish, and you are free to share in either language. Newcomers are welcome to join. Press door buzzer: "redis" More information: https://shorturl.at/fhqHN Meetings Local Time 11:00 am Europe/Helsinki</p>
<p>Sunday 04:30 AM</p>	<p>Aca in Lund (SWE0164) (Swedish or English) - Bredgatan 19, Lund Skane, 22221 Bredgatan 19, Vänskapens hus (across from Socialhögskolan in Lund). Meeting is on the second floor. Notes: Non Smoking - Non Smoking, Open international meeting. Texts are in English and sharing is done in Swedish, English or any other language. Meetings Local Time 10:30 am Europe/Stockholm</p>
<p>Sunday 04:30 AM</p>	<p>Söndagsgruppen - tema narcissism och psykisk misshandel (SWE0168) - St. Paulsgatan 39D, Stockholm Stockholm, 118 48 Hartwickska huset. On the yard. Inner door. Meetings Local Time 10:30 am Europe/Stockholm</p>
<p>Sunday 04:30 AM</p>	<p>ACA Cape Town South Africa (ZAF0005) - Saint Michaels Catholic Church, Rouwkoop Road, Rondebosch, Cape Town Western Cape, 7700 "Due to heavy loadshedding in the host country we may be unable to host this meeting from time to time (loadshedding = The South African energy crisis, most notably manifesting in the form of successive rounds of loadshedding, is an ongoing period of widespread national level rolling blackouts as electricity supply falls behind electricity demand, threatening to destabilize the national power grid). We will miss you but encourage you to look for another meeting if you are in need of a meeting today. There are a number of alternate meetings at our regular meeting time and we encourage you to look for them on the virtual calendar https://adultchildren.org/online-phone-meetings-calendar/" 1 - Saturday Meetings are Face to Face Meetings and run from 10:30am - 12:00pm 2 - Zoom meetings take place on: Sunday @10:30am to 12:00pm and Wednesday @ 7:00pm-8:00pm Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Steps Meetings Local Time 10:30 am Africa/Johannesburg Virtual Meeting Link</p>

Sunday 05:00 AM	<p>Self Care Sunday (WEB0173) - -- 11:00 am Central Europe / 10:00 am UK time -- on Zoom ID 862-8449-8991 -- Password 711 -- English speaking meeting -- Audio only -- Please do not use your video -- Our Self Care Sunday meeting is a nurturing space to focus on things we can do to care for ourselves while being our own Loving Parents. The meeting has a rotating schedule of readings from the ACA literature (The Big Red Book and Strengthening My Recovery), chosen by the group to help remind us of the nourishing and supportive practices we can engage in to support us all in our recovery and beyond. We look forward to seeing you and joining our loving re-parenting journey. --- The readings schedule can be found here https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBboF1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing Beginners welcome</p> <p>Meetings Local Time 11:00 am Europe/Amsterdam</p>
Sunday 05:00 AM	<p>ACA Marathon (TEL0427) - ACA Holiday Marathon Phone Meetings: ***Mother's Day Marathon*** May 12, 5:00 am - May 13, 3:00 am EST Join us for support during the holidays: Valentine's Day, Early Spring Holiday, Mother's Day, Father's Day, & 4th of July, Thanksgiving, Christmas Eve/Christmas, New Year's Eve/New Year's Day. All single day holidays begin at 5:00 AM EST and run to 3:00AM EST the next day. The 2 day holidays: Christmas Eve/ Day, and New Year's Eve/ Day run for 43 hours. Starting the first day @ 5:00 am EST and end at 2:00 am EST the next day. Call: 712-432-8808 Access code: 247676 Moderators, Back-up Moderators, and Timers are always needed. To do service contact: Tim at aca.service2023@gmail.com or Christa at serveasmoderator@gmail.com.</p> <p>Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery Notes: Needs Support - Needs Support, This Meeting is a telephone meeting that is only used for ACA Marathons throughout the year. This is not a standard every day or weekly meeting.</p> <p>Meetings Local Time 05:00 am America/New_York</p>
Sunday 05:00 AM	<p>Being Your Own Loving Parent (WEB0732) - Zoom Meeting ID: 6336642816 Passcode: 514229 Please note: This meeting is locked when sharing starts, at around 10:15am</p> <p>Meetings Local Time 10:00 am Europe/London</p>
Sunday 05:15 AM	<p>Sunday Brussels international (WEB0540) - Focus: Beginners - BIPOC - LGBTQ+ - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26)</p> <p>Meetings Local Time 11:15 am Europe/Berlin</p>
Sunday 05:30 AM	<p>(GBR0052) - Holderness road/ Balfour street, Hull East Yorkshire, Hu9 2EU Format: Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Strengthening My Recovery</p> <p>Meetings Local Time 10:30 am Europe/London</p>
Sunday 05:45 AM	<p>Become Your Own Loving Parent (TEL046) - Meeting Time Is Eastern Time....712-432-3900; conference code 247125# Format: Discussion - Speaker Speaker for 15 minutes the last Sunday of the month</p> <p>Meetings Local Time 05:45 am America/New_York</p>

Sunday 06:00 AM	<p>ACOA Sunday Takadanobaba group (JPN025) - Takadanobaba Tokyo Japan, Tokyo Tokyo, 169 0075 You can find the venue and time of our meeting information is in Japanese only. However everyone is welcome from the world even if the meeting is held in Japanese. Please contact if any at email address, 2017acoa.sunday@gmail.com Thank you.</p> <p>Format: Speaker - Steps</p> <p>Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm Asia/Tokyo</p>
Sunday 06:00 AM	<p>Stepping into the solution (GBR0010) - Time: Sunday 11:00 AM UK time Zoom Meeting ID: 87288357357 Pass-code: 919488</p> <p>Format: 12 Steps Yellow Workbook</p> <p>Focus: Women Only Online meeting. Topic: Women's Steps meeting Focusing on the yellow 12 steps workbook. Please have your video on when entering the meeting . The meeting is locked at around 11.30, after the readings, but before we go into breakout rooms, which are chosen at random by Zoom.</p> <p>Meetings Local Time 11:00 am Europe/London</p>
Sunday 06:00 AM	<p>Doverye (WEB0776) (??????) - ??????? ?????????? ? Zoom. ?????? ?? ??? ? ?????????????? ? Telegram-?????: https://t.me/VDADoverie</p> <p>Format: Discussion - Speaker - Steps - Workshop ?? ????????? 9-10 ????????? ????????? ? ??????. ????? ?????? ????????? ??????? ?? ????? ??? ????????? ?????????? ? Zoom. ?????????? ? ?????????? ? ????? ?????????? ??? ? ???? ????? ??????:</p> <p>https://sites.google.com/view/vdadoverie</p> <p>Meetings Local Time 01:00 pm Europe/Moscow</p>
Sunday 06:00 AM	<p>Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Speaker - Steps</p> <p>Focus: Beginners This Group doesn't have "Spiritual Time keepers "</p> <p>Meetings Local Time 11:00 am Europe/London</p>
Sunday 06:00 AM	<p>meet12aca (TEL0425) (German / deutsch) - This is a telephone and online meeting in German. We meet at 12pm - noon Europe Central time.. Das ist ein Telefon- und online-Meeting in deutsch. Wir treffen uns um 12 Uhr mittags. Die Einwahl/Dial-in number (DE): 0221-98258760 Access code: 814478# International dial-in numbers: https://fccdl.in/i/meet12aca Online meeting ID: meet12aca Join the online meeting: https://join.freeconferencecall.com/meet12aca Das Meeting ist offen für alle Interessierten email: meet12aca@protonmail.com</p> <p>Format: Discussion It s at noon 12o'clock CET (6am ET).We read the daily mediation before sharing.</p> <p>Meetings Local Time 12:00 pm Europe/Berlin</p>
Sunday 06:30 AM	<p>(WEB0076) (Español) - Look for our meetings in WWW.ACASPAIN.ORG or contact acaenlineaskype2021@gmail.com by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en WWW.ACASPAIN.ORG o contacta el usuario: acaenlineaskype2021@gmail.com en skype, pidiendo participar en nuestra reuniones o ser miembro.</p> <p>Format: Book Study</p> <p>Meetings Local Time 12:30 pm Europe/Madrid</p>

Sunday 07:00 AM	Meditation meeting (TEL012) - 667-770-1523 Pin 871076 Ten Minute Meditation During 1st Half Hour Format: Discussion Meetings Local Time 07:00 am America/New_York
Sunday 07:00 AM	ACA Inner Peace Room Groep (WEB0575) (Nederlands) - This is a Pop-up Skype meeting. All ACA members who are members from this Skype channel can start a meeting on this channel twice a day at 13:00 P.M. and 19:00 P.M. EXCEPTION: there is no meeting on Tuesdays at 19:00 P.M. Format: Book Study - Fellowship Text To become a member of the Inner Peace Group meeting, newcomers need to contact (register) aca.innerpeace@outlook.com Meetings Local Time 01:00 pm Europe/Amsterdam
Sunday 07:00 AM	RI Area Morning (WEB1002) - Meeting ID: 494757467 Email riareaaca@gmail.com for the password (please allow for a delayed response) More RI Area Meeting info can be found at: https://www.riareaaca.org/meeting-info.html This meeting meets: Daily at 7am. Eastern time; We read Strengthening My Recovery and BRB, after we share, we read something from The Inner Loving Parent Guidebook Link to book: https://shop.adultchildren.org/products/loving-parent-guidebook Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery Meetings Local Time 07:00 am America/New_York Virtual Meeting Link
Sunday 07:30 AM	FAITH (IND005) (English and Hindi) - The meeting has moved to online (Zoom). Please reach out to acadelhi.faithgroup@gmail.com or call 9711196323 to get more information. Format: Discussion - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 05:00 pm Asia/Kolkata
Sunday 07:30 AM	Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED] ; Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET ; Dial in: 1 646 558 8656 US (New York) ; Zoom Link: https://us04web.zoom.us/j/88688390978 ***** Other Dial-in numbers: 1 301 715 8592 US (Germantown) 1 312 626 6799 US (Chicago) 1 253 215 8782 US (Tacoma) 1 346 248 7799 US (Houston) 1 669 900 9128 US (San Jose) To Find your dial-in number: https://us02web.zoom.us/j/kcEsR2PF1V ***** [For more information, email us at info@acamorning.org] Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 am America/New_York
Sunday 07:30 AM	Bright and Early (KY0027) - Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park. Format: Discussion Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 07:30 am America/New_York

Sunday 08:00 AM	12 Schritte Koeln (GER019) - Saarstr. 22 (I.D.L.), 50677 Koeln, Cologne , 50677 Close to Sued-Bahnhof, Barbarossaplatz We are working with the 12 step workbook and share what we have written. A preliminary talk is necessary. Vorgespraech notwendig. Please call for information (+49 221 29205501) Format: Steps Notes: Non Smoking - Non Smoking, Personal Contact B-4 Attending Meetings Local Time 02:00 pm Europe/Berlin
Sunday 08:00 AM	Voskresenje (RUS035) - Shuhova str, 17-2, 1st floor, Moscow Moscow, 125009 N/A Format: Book Study - Discussion - Fellowship Text - Speaker - Steps Non Smoking Meetings Local Time 03:00 pm Europe/Moscow
Sunday 08:00 AM	Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders is a safe virtual space for daily Zoom-based ACA meetings. Newcomer-friendly! - Daily 8am: Strengthening My Recovery daily topic reading. - Monday 7pm: Big Red Book reading. - Thursday 7pm: ACA literature study. - Friday 7 pm: Creative Expression. Both our Zoom Meeting ID and password are scheduled to change on the first Sunday of June. Zoom password then changes monthly. Contact info@swbaca.org for our welcome letter, which includes the current Zoom meeting ID and passcode. All are welcome to join! Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery Meetings Local Time 08:00 am America/New_York
Sunday 08:00 AM	English speaking ACA (SWE0169) - Vanadisplan 3D, Stockholm Stockholm, 113 31 Format: Book Study Meetings Local Time 02:00 pm Europe/Stockholm
Sunday 08:00 AM	(WEB0925) - ????????? @??? ?????8:00? ACA???? ?????455 965 5149 ????? Format: Book Study Meetings Local Time 08:00 pm Asia/Shanghai
Sunday 08:00 AM	ACA Pyynikki (FIN0067) (We are a group of people with different mother tongues. Everyone is therefore welcome to share in their own mother tongue.) - Kisakentänkatu 18, Tampere Pirkanmaa, 33230 Pyynikin seurakuntatalo, Keltainen huone, pohjakerros / Pyynikki Parish Hall, Yellow Room, ground floor Format: 12 Steps Yellow Workbook - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm Europe/Helsinki
Sunday 08:00 AM	Twelve (RUS0074) - Voznesensky Pereylok 8/5, Moscow Moscow, 125009 St. Andrew's Anglican Church. Enter the church, go straight past the security guard, then down the stairs and turn left to room 8. Format: Discussion - Speaker - Steps - Strengthening My Recovery Meetings Local Time 03:00 pm Europe/Moscow
Sunday 08:00 AM	????? (RUS0071) - ?. ??????????, 220, ?????????? Cheljabinsk, 454090 ??????? ????????? ? ?????????? ?????? ?????????????????? ?????????????? "?????". ????? ????????? ? ?????? ?????????, ?????? ? ?????? Format: Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery Meetings Local Time 05:00 pm Asia/Yekaterinburg

Sunday 08:00 AM	<p>ACAs, Food Addiction, and Emotions (TEL0395) - 605-313-4822, 589425# After a brief reading about relating to our emotions and our relationship with food, we journal in silence about our current emotions for 10 minutes. We share afterward. Remain muted until journal silence ends around 8:25. *6 to mute and unmute. We meet 7 days a week.</p> <p>Format: Discussion - Workshop Meetings Local Time 08:00 am America/New_York</p>
Sunday 08:15 AM	<p>ACA Schematic & Appendix A (TEL169) - Phone 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu We meet 4 days a week: Sat, Sun, Mon, & Tues. (English) Focus: Appendix A in the BRB, ACA Schematic pages 6 & 7. Meetings Local Time 08:15 AM America/New York</p> <p>Format: Discussion Meetings Local Time 08:15 am America/New_York</p>
Sunday 08:30 AM	<p>Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. plus Trusted Servants. We ask the participants not log in before 8:15am EST. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. This meeting has a capacity of 25 members.</p> <p>Meetings Local Time 08:30 am America/New_York</p>
Sunday 08:30 AM	<p>Safe Haven (WEB0580) - We currently meet on zoom with an intention to return to face to face meetings. We read from the fellowship text (BRB) and share. Please email the contact for more information. Zoom Meeting ID - 814 5686 6249 Passcode. 837554</p> <p>Meetings Local Time 08:30 am America/New_York Virtual Meeting Link</p>
Sunday 08:30 AM	<p>Learning to Love and be Responsible for Ourselves (WEB0793) (English, US) - Meeting ID: 818 8099 0843 Passcode: 123123</p> <p>Format: Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery This meeting meets: -Monday thru Thursday at 7am. Eastern time; -Saturday at 8am. Eastern time; -Sunday at 8:30am. Eastern time. We read Strengthening My Recovery and BRB -Fridays at 7am Eastern time - we read The Inner Loving Parent Guidebook Link to book -Business Meetings are on the 15th of every month after the regular meeting.</p> <p>Meetings Local Time 08:30 am America/New_York Virtual Meeting Link</p>
Sunday 08:30 AM	<p>ACA SEOUL KOREA (WEB0915) - This is a 'Google Meet' online meeting. We read the Big Red Book and share our experience, strength, and hope. We welcome every ACA member.</p> <p>Format: Fellowship Text (BRB) Notes: Needs Support - Needs Support, Please come to the Google Meet online meeting room. https://meet.google.com/zoo-igdh-iem</p> <p>Meetings Local Time 09:30 pm Asia/Seoul Virtual Meeting Link</p>
Sunday 09:00 AM	<p>Loving Parent Guidebook (FL159) - 1408 N Killian Drive, #105, Lake Park Florida, 33403</p> <p>Format: Loving Parent Guidebook Notes: Non Smoking - Non Smoking, Non Smoking</p> <p>Meetings Local Time 09:00 am America/New_York</p>

Sunday 09:00 AM	<p>Do talk, do trust, do feel (MA0075) - Fitchburg Art Museum, 185 Elm Street, Fitchburg Massachusetts, 04120 Follow signs/GPS to Fitchburg Art Museum, 185 ElmSt, Fitchburg, MA 01420</p> <p>Format: Discussion - Laundry Lists Workbook</p> <p>Notes: Non Smoking - Non Smoking, We focus on the Laundry List workbook.</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>Adult Child in Recovery (TEL0402) - Focus on Chapter 7, the 12 steps of ACA from Big Red Book Call 712 432 8808 Access Code 324515# - (Press *1 to un-mute and speak, press *1 again after speaking to mute) - This group meets daily, all 7 days, from 9 - 10:15.</p> <p>Format: Discussion - Steps</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>Eliot, Maine Writing Meeting (WEB0451) -</p> <p>Format: Workshop This is a 90 minute writing meeting as described in the BRB p. 567. The Chair will introduce a topic, provide a writing prompt, then pause the meeting for 20 minutes to allow time to write. When the meeting resumes, you are welcome to share what you wrote. There is no requirement to share. A second prompt will be offered if time permits. For meeting security, please email our Group Contact for Zoom info. (Emails are checked daily/Sundays @ 8:30am)</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>Becoming Your Own Loving Parent - Virtual Only (WEB0695) -</p> <p>https://us06web.zoom.us/j/89433513030?pwd=ApT6AyHUCFEsu7NdZiU2UKPkvnXFJN.1</p> <p>Meeting ID: 894 3351 3030 Password: 111222</p> <p>Format: Discussion Zoom only</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>Traits, Men (TEL0522) -</p> <p>Format: Laundry Lists Workbook</p> <p>Focus: Men-Only Men's meeting. Please call contact person for meeting number and pin.</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>(MA0116) - 2 Williams St, Williamsburg Massachusetts, 01096 We meet at the Meekins Library meeting room. Use the entrance off the parking lot on Rt 9 across from the Post Office. Welcome!</p> <p>Format: Loving Parent Guidebook</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 09:00 am America/New_York</p>
Sunday 09:00 AM	<p>ACA Israel (English) (WEB1152) - AdultChildrenIsrael@gmail.com</p> <p>Format: Fellowship Text (BRB) Meetings will start September 3, 2023.</p> <p>https://us02web.zoom.us/j/88491892727?pwd=bG9aRnBKbE9vcjZlIdklpVFc3bkJiUT09</p> <p>Meeting ID: 884 9189 2727 Passcode: tonyaca Please email frbjph@gmail.com for more information.</p> <p>Meetings Local Time 04:00 pm Asia/Jerusalem Virtual Meeting Link</p>
Sunday 09:00 AM	<p>Sunday Morning Hope & Promises (WEB1273) - Meeting ID: 203 295 0136 For Meeting Passcode, contact: acahope000@gmail.com (use zeros)</p> <p>Format: Fellowship Text (BRB) - Steps - Strengthening My Recovery For the safety the meeting, group conscience asks that you identify yourself appropriately and show your video upon entering the meeting space.</p> <p>Meetings Local Time 09:00 am America/New_York</p>

Sunday 09:30 AM	<p>Sunday Morning Hope (PA041) - 1200 Old York Rd, Abington Pennsylvania, 19001 In person. Abington Hospital, Lenfest Pavilion, conference room G. Sign in at frontdesk, with ID. No more free parking at Hospital. Meeting start time is now 9:30 , as of 10-15-2023 Zoom meeting still active but separate now.</p> <p>Format: Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 1st Sunday - Step of the month; 2nd Sunday - Big Red Book; 3rd Sunday - Strengthening My Recovery; 4th Sunday - Tradition of the month; 5th Sunday - Speaker Meeting. Meetings Local Time 09:30 am America/New_York</p>
Sunday 09:30 AM	<p>Adult Children With Children (TEL150) - 712 432 8808 pin number 372957# Meeting time will begin at 9:30am and end at 10:45am Focus on Big Red Book Chapter 2</p> <p>Format: Fellowship Text (BRB) Meetings Local Time 09:30 am America/New_York</p>
Sunday 09:30 AM	<p>ACAMullingar (IRL0007) - Block B Columb Barracks Ashe Rd, Mullingar, Mullingar Westmeath, N91XK06</p> <p>Format: Strengthening My Recovery Notes: Non Smoking - Non Smoking, Meetings Local Time 02:30 pm Europe/Dublin</p>
Sunday 09:30 AM	<p>Sanando Mi Niño Interior (WEB1110) (Español) - Libro Rojo Criando mi niño Interior Padrinazgo Fortaleciendo mi recuperación Una nueva Esperanza Lectura, escritura y compartir Reuniones en línea vía meet Bienvenidos todos! Trabajamos Libro Rojo, Libro Criando Mi Niño Interior Padrinazgo Fortalecimiento mi Recuperacion Una Nueva Esperanza</p> <p>Meetings Local Time 07:30 am America/Mexico_City Virtual Meeting Link</p>
Sunday 10:00 AM	<p>Innermost Group (CT095) - 287 Main St, Niantic Connecticut, 06357 We are meeting at the Arthur Murray Dance Studio. Parking is in the rear of the building.</p> <p>Format: Discussion Notes: Wheelchair Access - Wheelchair Access, Meetings Local Time 10:00 am America/New_York</p>
Sunday 10:00 AM	<p>Serenity By The Sea (MA035) - 275 W. Broadway, South Boston Massachusetts, 02127 This is a hybrid women's only meeting. Please contact us and/or read below before attending in person. *Summer Changes The first Sunday of each month we will be both on Zoom and in person at a fellow travelers garden. The last Sunday of each month we will be both on Zoom and at Laboure Center (address listed above) Please contact Alexa 732-687-4837 for more info and to meet her at the D street entrance. All Sundays in between are exclusively held on Zoom. We are currently working out of the Loving Parent Guidebook. On the 4th Sunday of each month we discuss the Tradition of the Month in the BRB. For the Zoom or more information please email us at Serenitybytheseagroup@gmail.com</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook Focus: Women Only Notes: Non Smoking - Non Smoking, Meetings Local Time 10:00 am America/New_York</p>
Sunday 10:00 AM	<p>Sunday Morning Serenity Aca (MI061) - 15218 Farmington Rd., Livonia Michigan, 48154 At the Livonia Civic Senior Center. AA, Al-Anon, and ACA tables</p> <p>Format: Discussion - Fellowship Text (BRB) - Steps Notes: Wheelchair Access - Wheelchair Access, 1 - 2 Miles East Of I-275 Meetings Local Time 10:00 am America/Detroit</p>

Sunday 10:00 AM	New Leaf ACOA (PA105) - NOTE: This meeting is now online only. Please join us on Zoom. Contact Linda B at 610-256-0265. Please text so the link can be forwarded. Format: Discussion - Fellowship Text (BRB) - Speaker - Steps Meetings Local Time 10:00 am America/New_York
Sunday 10:00 AM	Begushiye po volnam (RUS0041) - Grina street, 3, korpus 2. Narcological Health centre 7. M, Moscow Moscow, 117216 . Format: Book Study - Discussion - Speaker - Steps Meetings Local Time 05:00 pm Europe/Moscow
Sunday 10:00 AM	(SWE113) - DrottningKristinasvag 7, Karlstad , Norrstrandskyrkans moteslokal Format: Discussion Meetings Local Time 04:00 PM Europe/Stockholm
Sunday 10:00 AM	ACA Seeking Sanity (TN056) - **Currently Zoom Only** Please reach out to our contact person for the meeting link and password in advance. Format: Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery All intrested prospects are welcome, even if you're not sure of your ACA qualifications. The only qualifications is to want to improve from the influences of being brought up in an alcoholic, or dysfunctional environment. Meetings Local Time 09:00 am America/Chicago
Sunday 10:00 AM	ACA Formosan Group (WEB0036) - Topic: Big Red Book Study & Daily Affirmations Time: Sundays @ 22:00 Taiwan (GMT+8) https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09 Meeting ID: 818 6670 0732 Passcode: 439906 “With help from our ACA support group, we will slowly release our dysfunctional behaviors.” — ACA Promise #11 Format: Fellowship Text (BRB) Meetings Local Time 10:00 pm Asia/Taipei
Sunday 10:00 AM	ACA Taiwan (TWN0001) - Please contact us for meeting details. Format: Fellowship Text (BRB) Meetings Local Time 10:00 pm Asia/Taipei
Sunday 10:00 AM	Eada (CAN0384) - 230 avenue Proulx, ville Vanier, QUEBEC Quebec, G1M 1W6 Rencontre du dimanche 10h-12h de la fraternité EADA 230 avenue Proulx, ville Vanier. G1M 1W6 nous occuperons le 1er étage. POUR LES RENCONTRES EN FRANCAIS : WWW.EADA.QC.CA Informations : info@eada.qc.ca 514 990-0901 Format: Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking, intergroupe de Québec Meetings Local Time 10:00 am America/New_York
Sunday 10:00 AM	The ACoA Experience, Strength & Hope (WEB0673) - Zoom ID: 851 0775 7845 Passcode: LOVE Dialing in? Meeting ID: 851 0775 7845 Passcode: 566523 Find your local number: https://us06web.zoom.us/j/kbnHT8WeEQ Format: Steps At this moment we are working on the 12 New Steps of Recovery presented by Tony A. at the National Convention (1991). Note: The meeting will be locked 5 minutes after the start time. To get access to our meeting materials please email aca.ig754@gmail.com Meetings Local Time 04:00 pm Europe/Brussels Virtual Meeting Link
Sunday 10:00 AM	Sunday Mornings (WEB0754) - Meetings are run exclusively via zoom. Please email sundaymorningmeetings@gmail.com for meeting information. Meetings Local Time 10:00 am America/New_York

Sunday 10:30 AM	<p>Denver Metro ACA (CO0061) - Now meeting on Zoom. Click the Meeting Contact button to get more information.</p> <p>Format: Fellowship Text (BRB)</p> <p>Meetings Local Time 08:30 am America/Denver</p>
Sunday 10:30 AM	<p>Step Work Meeting (DEU0002) (Deutsch (German)) - Please send an E Mail to get the Meeting Adress and further Informations. Bitte schicke eine E Mail um die Meeting Adresse und weitere Informationen zu bekommen. Requirement for participation at the Step Work Meeting: 6 "normal" Meetings Voraussetzung zur Teilnahme am Schritte-Arbeits-Meeting ist die vorherige Teilnahme an mindestens 6 normalen ACA-Meetings</p> <p>Format: Steps</p> <p>Notes: Non Smoking - Non Smoking, New arrivals are asked to attend 6 regular ACA meetings (Neuankömmlinge werden gebeten, erst 6 normale ACA Meetings zu besuchen)</p> <p>Meetings Local Time 04:30 pm Europe/Berlin</p>
Sunday 10:30 AM	<p>????????? ??????? (RUS0063) - ?. ??????, ????????????????? ????????, ?. 6, ?????? Moscow, 141002 ?????? ?????????? ?????? ??? ?????? ?????????? ?????????, ?? ?????? ?????? ? 2,?? ?????????????? ?????? ?3. ?? ?. ??????????????, ? ?????????????? ??????? ?? ??.</p> <p>?????? ?? ?????? ?????????? ??????? ?????????? ?? ?????? ?????????? ?????? ?????? ?????????? ?</p> <p>????????? ??????? ??????? (?????? ?????????? «????? ?????????? ?????????»). ?? ?. ?????????????</p> <p>(????????? ?????? ?? ??????, ?? ?????????? ?????? ??????) ?????????? ?????? ? 177 (?? ??.</p> <p>??????).</p> <p>Meetings Local Time 05:30 pm Europe/Moscow</p>
Sunday 10:30 AM	<p>Sunday Sisters (WEB1106) - Please email SundaySisters123@gmail.com for the meeting link and password</p> <p>Format: Fellowship Text (BRB)</p> <p>Focus: Women Only We read the Big Red Book from cover to cover and share on the readings as we go.</p> <p>Meetings Local Time 09:30 am America/Chicago</p>
Sunday 11:00 AM	<p>Aca Lahti (FIN042) (Finnish and english) - Hämeenkatu 9 Liikehuoneisto 32 C 15110 Lahti, Lahti , Meeting Room is at inner court of Hämeenkatu 9</p> <p>Format: Book Study - Discussion - Steps - Traditions You can check the meetings and the correct dates from our website: www.aal.fi Go to "ryhmien kokoontumisajat ja paikat" above and search "Lahti". On the right we have Google Docs-page that we update regularly :)</p> <p>Meetings Local Time 06:00 pm Europe/Helsinki</p>
Sunday 11:00 AM	<p>Sunday ACA Big Red Book (MN126) - As of January 16, 2022, the ACA St. Paul Sunday Morning meeting has returned to meeting only on Zoom. Please send an email to the contact information and an auto-response email will send the Zoom information to you. Please do not text for meeting info to make sure you receive the information as quickly as possible.</p> <p>Format: Book Study - Discussion</p> <p>Notes: Non Smoking - Non Smoking, Open to all who identify as adult children of alcoholic(s) or dysfunctional families.</p> <p>Meetings Local Time 10:00 am America/Chicago</p>

Sunday 11:00 AM	<p>Courage to Change (WEB0351) - https://us02web.zoom.us/j/5680156307 ZOOM ID 568 015 6307</p> <p>Format: Book Study - Discussion We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. This is a camera on meeting.</p> <p>Meetings Local Time 07:00 pm Asia/Dubai</p>
Sunday 11:00 AM	<p>With the Help of Our Higher Power (WEB0495) - We gather Sunday mornings PST for readings and practices related to steps 10 and 11. This is a 60 minute meeting followed by 30 minutes of fellowship. Newcomers welcome. Meeting ID: 881 9790 7675 Passcode: ilikeyou</p> <p>Format: Steps</p> <p>Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link</p>
Sunday 11:00 AM	<p>Tony A - The ACOA Experience - Weekender (WEB0572) - *taking a break for the summer months. Will resume in September.</p> <p>Format: Discussion</p> <p>Meetings Local Time 08:00 am America/Vancouver</p>
Sunday 11:00 AM	<p>Women's Self Care (CA1494) - Please reach meeting contact for zoom information. 8AM PST We read from the 12 step prayer book and do some writing & work on letting go of the self doubt and self abandonment that we have held onto for so long.</p> <p>Format: Discussion</p> <p>Focus: Women Only</p> <p>Meetings Local Time 08:00 am America/Los_Angeles</p>
Sunday 11:00 AM	<p>ACA Schematic - Secular Sunday (WEB0781) -</p> <p>The ACA Schematic is a diagram that shows how the ACA recovery tools may be implemented to live with greater awareness of how the effects of childhood trauma continue to operate in our lives today.</p> <p>Sundays: 8am Pacific 11am Eastern GMT 4pm Zoom ID: 851 4127 1794 Passcode: talionic</p> <p>Format: Discussion</p> <p>Focus: Beginners - Secular/Agnostic/Atheist</p> <p>By recognizing, acknowledging and releasing the stored psycho-physiological effects of childhood trauma induced CPTSD using the Six Essential Recovery Tasks, Reparenting, 12 Steps, and support of our Fellow Travelers, we will come to know and begin to act as our True Selves.</p> <p>?? NEWCOMERS TO ACA ARE WELCOME! ??</p> <p>We use secularized versions of the ACA literature.</p> <p>All readings are screen shared, and available to download!</p> <p>Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link</p>

Sunday 11:00 AM	<p>Women's Meeting: The Loving Parent Guidebook Workbook (WEB1222) - 11:00 am-12:00 noon (eastern time) followed by 30 minutes of fellowship. Started Feb 4 2024. You will need the workbook but if you don't have it yet you can still participate by listening, journaling, and sharing. We do all the reading and exercises in the meeting, there is no homework between meetings. This meeting uses breakout rooms so that everyone can share, when the number of participants requires it. Meeting ID: 881 5658 1073 Contact for password at least 24 hours in advance: kristieaca@gmail.com</p> <p>Format: Loving Parent Guidebook Focus: Women Only Meetings Local Time 11:00 am America/New_York</p>
Sunday 11:00 AM	<p>Las Cruces Desert Southwest (WEB1284) - Please reach out to the meeting contact to get information on how to access the meeting.</p> <p>Format: Discussion - Fellowship Text (BRB) Meetings Local Time 09:00 am America/Denver</p>
Sunday 11:00 AM	<p>ACA Breakfast Club (WEB0084) - WEB0085 ACA Afternoon Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p>Format: Discussion Meetings Local Time 11:00 am America/New_York</p>
Sunday 11:00 AM	<p>The First Line (TEL0364) - Dial 712-432-8808 access code 2220900#. Safety protocols will be in place during the meeting as well as the after meeting/ fellowship time. Most days we read from Chapters 8 and 15 of the Big Red Book ? with a noteworthy difference on Thursdays when we read from the Loving Parent Guide Book. Press *1 to unmute yourself and be heard. Press*1 to mute yourself while listening to another.</p> <p>Format: Discussion Meetings Local Time 11:00 am America/New_York</p>
Sunday 11:30 AM	<p>Steps to Emotional Sobriety (NY0157) - Old Dutch Church, Kingston New York, 12401 use either door of the church - press blue square if you're at handicap entrance. go upstairs and look for sign on door to the OMG room.</p> <p>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, we wear masks right now Meetings Local Time 11:30 am America/New_York</p>
Sunday 11:30 AM	<p>Yellow Workbook Meeting (OH073) - 5742 Hamilton Ave., Cincinnati Ohio, 45224 College Hill Presbyterian Church. See the front desk for our meeting room number. The building closes at 1 PM.</p> <p>Format: 12 Steps Yellow Workbook Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 11:30 am America/New_York</p>
Sunday 11:30 AM	<p>aal-imatra (FIN0060) - Koskikatu 2, Imatra Etela-Karjala, 55120</p> <p>Format: Discussion - Steps Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Europe/Helsinki</p>

Sunday 11:30 AM	No Mental Defense ACA (CO0101) - 10210 West 26th Ave #12, Lakewood Colorado, 80215 Unit #12 is the square looking building that sits in front of the "L" shaped apartment units. Format: Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Strengthening My Recovery - Workshop Meetings Local Time 09:30 am America/Denver
Sunday 11:30 AM	Sunday Sunrise (ID0059) - 430 S Pennsylvania Ave, Fruitland Idaho, 83619 Our Collective Change Studio Space Format: 12 Step Study Group - Book Study Notes: Non Smoking - Non Smoking, Meetings Local Time 09:30 am America/Boise
Sunday 11:45 AM	Acoa Sun Morning Step Study (TX092) - The Lambda Center, 1201 West Clay Street, Houston Texas, 77019 This meeting meets in person at the The Lambda Center, 1201 West Clay Street, Houston, TX 77019. This is also an online meeting via Zoom. Here's link to join the meeting via Zoom:https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZTUTJFYU9tdz ID: 898-5987-2968 Passcode: 188089 For further info on if the meeting has returned to in person, please visit: https://lambdahouston.com/ Format: Discussion - Steps Focus: LGBTQ+ Notes: Non Smoking - Non Smoking, Here's link to join the meeting via Zoom:https://us02web.zoom.us/j/89859872968?pwd=OC9Vc1JyZjAxR1dsVzZTUTJFYU9tdz ID: 898-5987-2968 Passcode: 188089For further info on if the meeting has returned to in person, please visit: https://lambdahouston.com/ Meetings Local Time 10:45 am America/Chicago Virtual Meeting Link
Sunday 11:45 AM	Nowa nadzieja (UKI0111) - 71A Northcroft Road, London London, W13 9SS Northfields Community Centre, Room 3 Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Speaker - Traditions Meetings Local Time 04:45 pm Europe/London
Sunday 11:45 AM	A Safe Place For You- *6 to mute and unmute (TEL0390) - The phone number is 667-770-1523 and the access code to enter is 871076# Format: Discussion Newcomers to ACA are welcome! Meetings Local Time 11:45 am America/New_York
Sunday 12:00 PM	Westlake Sunday Meeting and Fe (TX146) - 2525 Wallingwood Drive, Austin Texas, 78746 Bldg. 7 Ste. 703 Format: Discussion Non Smoking Meetings Local Time 11:00 AM America/Chicago
Sunday 12:00 PM	ACA 4x4 meeting (WEB066) - ACA 4x4 meeting, each week we read one Trait from Laundry List Workbook and then share about it. Sunday 7:00PM Eastern European Time EET. UTC/GMT 2H LATVIAN language only! To join this meeting: write to Skype user sapulce_4x4 before meeting. PAB 4x4 sapulce, katru reizi viena pazime. Lai piedalitos raksti Skype lietotajam sapulce_4x4 pirms sapulces. Sapulces notiek Svetdienas pl 19 pec Latvijas laika Skype programma. Format: Discussion Meetings Local Time 07:00 pm Europe/Riga

Sunday 12:00 PM	<p>ACA Chat (WEB0092) - ~• Go to https://acachat.com/ and click Chat on the menu. ~• Register a username and then login with it. ~• Meetings are text-based (no video) and take place in the ACA Room. ~• Chat Rooms are open 24/7/365 for fellowship, connections, and support. ~• Current as of September 2023! Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery Meetings Local Time 12:00 pm America/New_York Virtual Meeting Link</p>
Sunday 12:00 PM	<p>ACA Chapel Hill Online Meetings. Welcome to everyone from an alcoholic or otherwise dysfunctional home (WEB0112) - Contact us for Zoom information: acachapelhill@gmail.com EVERYDAY AT NOON EST Monday - Laundry List Workbook Tuesday - Topic Meeting Wednesday - Big Red Book Thursday - Traditions Friday - Loving Parent Guidebook Saturday - Topic Meeting Sunday - Beginners Meeting Focus: Beginners For Meeting information : https://docs.google.com/document/d/10SIsXKex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing Meetings Local Time 12:00 pm America/New_York</p>
Sunday 12:00 PM	<p>A New Hope ACA Beginners Meeting - Connections (WEB0140) - Using the ACA Beginners Meeting Handbook available for free at https://www.ACAhope.com (Handbook is derived from fellowship texts, but not itself conference approved). Newcomer/beginner focus (those in ACA less than a year), open to all adult children. Zoom meeting link: https://us02web.zoom.us/j/89221782321 - password: 603201. American Sign Language (ASL) interpreter available with advance request. Focus: Beginners Meetings Local Time 12:00 pm America/New_York</p>
Sunday 12:00 PM	<p>ACA Anger Release (WEB0516) - To ensure meeting safety, please email adultchild12steps@gmail.com for Zoom meeting ID and passcode. This meeting is locked after it begins. The goal of this meeting is to give you a place to explore your resentments, release your anger and find out about its sources in your childhood. Only by processing the repressed anger will we be free of it, and gain the ability to not act out on it day to day. We encourage the use of optional tools such as pillows, plastic bats, curse words, etc. to express anger. There are strict guidelines for sharing in order to support participants' well-being. Format: Workshop Meetings Local Time 09:00 am America/Los_Angeles</p>
Sunday 12:00 PM	<p>(WEB0771) - Meetings Local Time 11:00 am America/Chicago</p>
Sunday 12:00 PM	<p>Neguju?i roditelj (WEB0869) (Serbian/Croatian) - Sastajemo se svake druge sedmice. Pišite nam na email da biste dobili vreme slede?eg sastanka i zoom link. Format: Loving Parent Guidebook Meetings Local Time 06:00 pm Europe/Belgrade</p>

Sunday 12:00 PM	<p>ACA Johanneskyrkan Göteborg (SWE0175) - Johannes kyrkogång 1, Gothenburg Vastra Gotaland, 413 18</p> <p>Format: Discussion Meetings Local Time 06:00 pm Europe/Stockholm</p>
Sunday 12:00 PM	<p>The Healing Begins LGBTQIA2S+ (CA1591) - 751 Echo Park Ave, Los Angeles California, 90029 Find us on the grassy area just north of the 'Lady of the Lake' statue at the north edge of the park - it's recommended to bring a lawn chair or blanket as we sit on the grass. When rain is in the forecast, we meet over zoom. Please contact us for the zoom information!</p> <p>Format: Fellowship Text (BRB) Focus: LGBTQ+ Meetings Local Time 09:00 am America/Los_Angeles</p>
Sunday 12:00 PM	<p>Edinstvo (Unity) (RUS0057) - Business center "Center-T", Gamsonovskiy lane, 2, buildings 1 or 2, Moscow Moscow, 115191 Metro station Tulsкая. Business center "Center-T", the number of the building depends on a day, to get the information about the needed room, please, check the info channel https://t.me/ACAgrounityMoscow</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Steps Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm Europe/Moscow</p>
Sunday 12:15 PM	<p>Sun ACA Big Red Book (MN115) - A weekly rotation of volunteers act as trusted servants. Members take turns reading aloud. We read the ACA serenity prayer, problem/laundry list, solution, steps, Daily Affirmation, several pages of the Big Red Book and the traditions. We spend about 30 minutes in breakout rooms (3-5 people) to share our feelings, reflections on the readings, and our recovery journey. We conclude together with the promises and with the serenity prayer. To join please send a message to aca1115sunday@gmail.com or 507-312-9423 for a Zoom meeting invitation.</p> <p>Format: Book Study Notes: Non Smoking - Non Smoking, This meeting is for people identifying as adult children from alcoholic or dysfunctional families. Meetings Local Time 11:15 AM America/Chicago</p>
Sunday 12:15 PM	<p>PEACA - Voices of Victory (ZAF0003) (Shares in Afrikaans welcome) - Meetings open 10 minutes before and close 10 minutes in. Meeting links: Thursdays - Reading through the Loving Parent Guidebook Meeting ID: 813 8264 8768 Passcode: PEACA Sundays - Reading through the Big Red Book Meeting ID: 875 9641 4756 Passcode: PEACA</p> <p>Format: Fellowship Text (BRB) - Loving Parent Guidebook Please Note: Due to heavy loadshedding in the host country we may be unable to host this meeting from time to time (loadshedding = The South African energy crisis, most notably manifesting in the form of successive rounds of loadshedding, is an ongoing period of widespread national level rolling blackouts as electricity supply falls behind electricity demand, threatening to destabilize the national power grid). We will miss you but encourage you to look for another meeting if you are in need of a meeting today. There are a number of alternate meetings at our regular meeting time and we encourage you to look for them on the virtual calendar https://adultchildren.org/online-phone-meetings-calendar/ Meetings Local Time 06:15 pm Africa/Johannesburg</p>

<p>Sunday 12:30 PM</p>	<p>Sunday's Laundry List (IL0229) - 867 N Dearborn, Chicago Illinois, 60610 Format: Discussion - Laundry Lists Workbook In-person meetings are back as of March 19th, 2023.</p> <p>This 90-minute meeting reads a trait-per-week from the LAUNDRY LISTS WORKBOOK, followed by time to write or meditate, then member shares. We have extra workbooks you may borrow to read along. ACA WSO literature is available for purchase at the meeting, cash only.</p> <p>Newcomers are welcome. “The only requirement for membership in ACA is a desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.” (Tradition Three)</p> <p>Location: Hazelden Chicago Lecture Hall. Use the door north of Hazelden main entrance - the lecture hall has its own doorway. There is usually a sign in the window to help you find us. Metered street parking is available and there are pay lots to the east. Restrooms are located just outside of the lecture hall along with vending machines with drinks and snacks.</p> <p>Holidays: meetings continue to be held through all holidays; the facility doesn't close.</p> <p>Public transit: Red Line - Chicago Ave exit and/or CTA Bus 22 - Dearborn & Delaware stop</p> <p>Meetings Local Time 11:30 am America/Chicago</p>
<p>Sunday 12:30 PM</p>	<p>Hazelden Sunday Laundry List Meeting (WEB0101) - Meeting time 11:30AM Central Standard Time (Chicago) each Sunday. Please disregard whatever time is listed in other areas of the website. 11:30am CST is the correct meeting time. Email/text (no phone calls please) the group contact for meeting password. No requests for the password will be answered after the start of the meeting. Each week we review a Laundry List Trait from the workbook and share our reactions. Join Zoom Meeting https://zoom.us/j/5220923905 Meeting ID: 522 092 3905 Dial by your location 1 312 626 6799 US (Chicago) Find your local number: https://zoom.us/u/abLvo3xCLD Format: Discussion Focus: Beginners Meetings Local Time 11:30 am America/Chicago</p>
<p>Sunday 12:30 PM</p>	<p>Butterfly Effect (WEB0476) - Skype aca.homegroup Format: Discussion - Speaker - Steps Meetings Local Time 07:30 pm Europe/Moscow</p>
<p>Sunday 12:30 PM</p>	<p>Sunday's ACA Breaking the Cycle (ESP0006) (Doesn't have to be perfect.) - C. de la Beneficencia, 18B, Madrid Madrid, 28004 Anglican Cathedral of the Redeemer- Knock on the window with the ACA signage - we are in that same room (but we will answer and open the door) Format: Fellowship Text (BRB) - Strengthening My Recovery Notes: Non Smoking - Non Smoking, This meeting has existed with a small group since 2018 but has grown and stabilized with consistent ex-pat support. Meetings Local Time 06:30 pm Europe/Madrid</p>

Sunday 12:30 PM	Step Work, 12 Weeks (WEB1229) - Format: 12 Steps Yellow Workbook - Steps Step Work, 12 week cycles. A step per week. *Will consider adjusting to 2 meetings per week ... We can do break out rooms as necessary, should attendance grow. Meetings Local Time 10:30 am America/Denver
Sunday 12:30 PM	(SWE133) - Kaplansgatan 1, Gavle , The door is behind the building Format: Discussion Meetings Local Time 06:30 PM Europe/Stockholm
Sunday 12:30 PM	Gävle (SWE0171) - Kaplansgatan 1, Gävle Gävleborg, 803 20 https://goo.gl/maps/nZ7f8A9PiQYJ2usc6 The door closes at 18,30 so come in time. Meetings Local Time 06:30 pm Europe/Stockholm
Sunday 01:00 PM	DDA - Dospele Deti Alkoholiku (CZE003) - Format: Book Study - Fellowship Text - Steps Meetings Local Time 07:00 pm Europe/Prague
Sunday 01:00 PM	(SWE139) - Trädgårdsgatan 7 , Härnösand , 87100 Cafe Trädgårn Format: Discussion Meetings Local Time 07:00 PM Europe/Stockholm
Sunday 01:00 PM	ACA Søndagsgruppa (NOR0034) - Thorvald Meyersgt 38C, Oslo Oslo, 0558 Format: Fellowship Text (BRB) - Speaker - Steps Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 07:00 pm Europe/Oslo
Sunday 01:00 PM	ACA Berlin (DEU0004) - Schönhauser Allee 182, Berlin Berlin, 10119 Bitte den Schildern folgen in den ersten Stock des alten Schulgebäudes rechts auf dem Hof, dort den Gang entlang, die letzte Tür rechts im Bernhard-Lichtenberg-Raum. Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm Europe/Berlin
Sunday 01:00 PM	ACA - Anonimni odrasli otroci alkoholikov & disfunkcionalnih družin (SVN0001) (slovenian - english) - ULICA JANEZA PAVLA II. 13, LJUBLJANA Osrednjeslovenska, 1000 Side entrance (Ulica talcev) Format: 12 Steps Yellow Workbook - Laundry Lists Workbook - Speaker - Steps Notes: Non Smoking - Non Smoking, Literature at the moment is only in english language. Meetings Local Time 07:00 pm Europe/Ljubljana
Sunday 01:00 PM	Healing Stuck Grief (and Toxic Shame) (WEB0447) - Suppressed memories and feelings rob us of our natural vitality. To heal we use recovery tools like sharing, journaling, active imagination, and mindfulness practices to recall and digest unprocessed experiences in a supportive setting. Everyone is welcome. By gradually releasing the burden of unexpressed grief, we slowly move out of the past. We learn to re-parent ourselves with gentleness, humor, love and respect. This is a 90-minute meeting with readings and practices followed by 30 minutes of fellowship. Our format is a four-part series covering different aspects of the emotional healing journey. We use two grief scripts, a shame script, and a script on the inner adolescent over four Sundays and then restart the series. Our meetings are program literature-dependent. Join Zoom Meeting Meeting ID: 859 5744 9667 Passcode: 646568 Meetings Local Time 10:00 am America/Los_Angeles Virtual Meeting Link

Sunday 01:00 PM	<p>London LGBTQI, Gender Non-Conforming and Community ACA meeting (WEB0496) - 90-minute online ACA meeting with a focus on members who identify as LGBTQI+ and/or questioning. Join Zoom Meeting: https://us02web.zoom.us/j/88550482482?pwd=dUVyYFdmYnhDejNNaEx3eEFHUkpXUT09 Meeting ID: 885 5048 2482 Passcode: Solution Format: Book Study - Fellowship Text - Speaker Focus: LGBTQ+ Meetings Local Time 06:00 pm Europe/London</p>
Sunday 01:00 PM	<p>Nelle Tue Mani (WEB0778) - Format: Discussion Meetings Local Time 07:00 pm Europe/Rome</p>
Sunday 01:00 PM	<p>Matteusgruppen (SWE0170) (If someone new comes and speaks English we will try our best to have the meeting in English and Swedish.) - Åbygatan 2, Norrköping Östergötland, Meetings Local Time 07:00 pm Europe/Stockholm</p>
Sunday 01:00 PM	<p>6pm CPTSD focused ACA meeting (WEB1135) - Zoom ID Meeting ID 316 201 9401 Password 1 Format: Discussion We are focusing on Complex PTSD recovery within ACA. All welcome. We aim to run this online meeting as much as possible like a in person meeting so we ask that attendees have camera on for anonymity purposes. Please stick around afterwards for fellowship and to ask any questions. Meetings Local Time 06:00 pm Europe/London</p>
Sunday 01:00 PM	<p>True Self Sunday (MI0206) - 236 S 1st St, West Branch Michigan, 48661 We meet in the main room of the West Branch Fresh Start Club barring no interfering club events. Format: Discussion - Fellowship Text (BRB) Meetings Local Time 01:00 pm America/Detroit</p>
Sunday 01:00 PM	<p>Finding Hope (PA0186) - 4410 East Thompson Street, Philadelphia Pennsylvania, 19137 St. John Cantius Church; St. Joseph's Hall - at the back of the OLC Chapel; For parking, please enter via the "4467 Almond Street" ramp. Double winners are most welcome. Format: Fellowship Text (BRB) - Strengthening My Recovery Meetings Local Time 01:00 pm America/New_York</p>
Sunday 01:00 PM	<p>The Laundry List (NE0035) - 2748 S Street, Lincoln Nebraska, 68503 At the Meeting Place in the basement. Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery Meetings Local Time 12:00 pm America/Chicago</p>
Sunday 01:30 PM	<p>Beyond Mere Survival (CA218) - Meeting ID: 404 193 425 PC: 782401 Format: Discussion - Fellowship Text (BRB) - Speaker Meetings Local Time 10:30 am America/Los_Angeles Virtual Meeting Link</p>
Sunday 01:30 PM	<p>Memphis Queer ACA (TN0115) - 1000 S Cooper Ave, Memphis Tennessee, 38104 Near Cooper and Southern Format: Book Study - Discussion - Fellowship Text Focus: Beginners - LGBTQ+ Notes: Non Smoking - Non Smoking, Meeting is held at First Congregational Church. This meeting is a Big Red Book study for all those who identify as LGBTQIA+ or an ally in the Memphis area. Please email in advance to get the door code for the meeting. Meetings Local Time 12:30 pm America/Chicago</p>

Sunday 02:00 PM	<p>Inner child (CZE004) (Czech, Slovak) - ?udová 1, Trnava , 91701 online meeting: see more information www.cs-dda.eu</p> <p>Format: Book Study - Loving Parent Guidebook - Steps</p> <p>Meetings Local Time 08:00 pm Europe/Bratislava</p>
Sunday 02:00 PM	<p>ACA Atlanta Ridgeview (GA020) - 4015 South Cobb Dr SE, Smyrna Georgia, 30080 Ridgeview Institute Professional Building North. After you turn in, take a left at the stop sign and park in the parking lot. Then enter the building labeled "Professional Building Nort. We meet in either Room 1 or 3 currently. These rooms are on the right side of the lobby as you enter.</p> <p>Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery</p> <p>Focus: Beginners</p> <p>Notes: Non Smoking - Non Smoking, Meets every Sunday, even on holidays.</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>(PA0169) - 168 sports zone dr, Northumberland Pennsylvania, 17857 Quiet talks and meditation</p> <p>Format: Book Study - Steps</p> <p>Focus: Beginners - Women Only</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Awakening Our Loving Parent (WEB0172) - Meeting ID: 867-0843-5678 pwd:711 or via de website https://acafellowworldtravelers.com/</p> <p>Format: Loving Parent Guidebook Starting on the 3rd October 2021: We will go through the The Loving Parent Guidebook: The Solution is to Become Your Own Loving Parent.Everyone is welcome.Meeting will be closed after introductions time.</p> <p>Meetings Local Time 08:00 pm Europe/Brussels</p>
Sunday 02:00 PM	<p>ACA Basel (WEB0250) - Please contact me on aca-basel@gmx.ch for further information and meeting-link This meeting takes place on Sundays 08:00pm (CET) Central European Time.</p> <p>Format: Book Study - Fellowship Text - Steps</p> <p>Meetings Local Time 08:00 pm Europe/Berlin</p>
Sunday 02:00 PM	<p>ACA Sunday Women and Non-Binary Meeting (WEB0384) - Our Adult Children of Alcoholics and Dysfunctional Families (ACA) Sunday Women, and Non-Binary (LGBTQ) People of the Global Majority Meeting is a 90 minute virtual Zoom meeting that happens weekly on Sundays at 11am to 12:30pm Pacific Standard Time. People of the Global Majority are defined as people who are descendants of: Africa, Asia, Indigenous Australia, Native America, identify as Latina/Latinx or Chicana/Chicanx, people from the Middle East, or anyone of mixed racial heritage including one or more of the above. Alternating Meeting Format: Week 1 = Adult Child Questionnaire Week 2 = Non-dominant Hand Writing Inner Child Work) Week 3 = Racial Step Work and Step of the Month Week 4 = Tradition of the Month Big Red Book reading Week 5 = Speaker Meeting or Big Red Book reading Please email sunwomxngnc@gmail.com at least 3 business days in advance. Note: This meeting strongly recommends members to turn on their camera with face in view when sharing.</p> <p>Format: Fellowship Text (BRB)</p> <p>Focus: BIPOC - LGBTQ+</p> <p>Notes: Needs Support - Needs Support, Accessibility Statement: We lovingly welcome neurodivergent, people that identify as disabled and/or people with a disability or disabilities. We provide live closed captioning (CC), or subtitles. You are welcome to request accessible technology needs at any time.</p> <p>Meetings Local Time 11:00 am America/Los_Angeles</p>

Sunday 02:00 PM	<p>Primary Purpose ACA (CO0102) - 3024 & 3026 N. El Paso, Colorado Springs Colorado, 80907 When you see a Valero and a Kim & Go - that is where you will turn onto El Paso St. off of Fillmore St.</p> <p>Format: Steps</p> <p>Focus: Beginners</p> <p>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking,</p> <p>Meetings Local Time 12:00 pm America/Denver</p>
Sunday 02:00 PM	<p>Breath Of Fresh Air (CA1467) - 1300 Rose Street, Berkeley California, 94702 This is an outdoor meeting located at Cedar Rose Park</p> <p>Format: Book Study - Discussion - Speaker</p> <p>Notes: Non Smoking - Non Smoking, We are meeting in the amphitheater next to the playground at 11:00AM. Bring a folding chair. Please be mindful of social distancing and COVID 19 protocol. Pets are welcome :) however, we ask that you be aware of your pet's behavior and be mindful of others' potential fears/discomfort with animals.</p> <p>Meetings Local Time 11:00 am America/Los_Angeles</p>
Sunday 02:00 PM	<p>ACA Haven (WEB0592) - This meeting is available for anyone who would like to connect virtually instead of in person. This meeting began in the Atlanta area but welcomes fellow travelers from everywhere. If you would like the link to join, please email ACAHaven@gmail.com</p> <p>Format: Fellowship Text (BRB)</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Fight Club (WEB0611) - We meet to share the experience we had as children growing up in an alcoholic or otherwise dysfunctional home, how that experience infected us then, and how it affects us today. By practicing the 12 Steps, by focusing on the Solution, and by accepting a God of our understanding, we find freedom from the effects of alcoholism and other family dysfunction. We identify with “The Problem” and learn to live in “The Solution”, one day at a time.</p> <p>To receive the Zoom meeting credentials for this meeting, send an email to ACAFightClub@gmail.com with "meeting" in the subject line.</p> <p>Format: Discussion - Steps</p> <p>Focus: Beginners - Men-Only</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Sunday Daily Reading (WEB0863) - This is an Online video conference meeting. (not Zoom) The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday USA East Coast time. Go to the website www.intherooms.com to set up a free user account to have access to the meetings. There is no cost to set up an account or attend the meeting. After you set up your account Click on The VIDEO MEETING words to see the meeting times adjusted for your time zone. Look for the ACA meetings on the schedule.</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>Hilton Head ACA (SC0045) - 107 Matthews Drive, Hilton Head Island South Carolina, 29926 YANA Club</p> <p>Format: Discussion</p> <p>Focus: Beginners</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 02:00 pm America/New_York</p>

Sunday 02:00 PM	<p>TRAUMA EDUCATED (WEB1184) - Format: Loving Parent Guidebook We welcome ALL ACA / DF's to attend. However, to protect this meeting safely from Zoom Bombings we have chosen not to list the meeting login publicly. Please contact Nils at: nils.n.aca0723@gmail.com and I will happily email you the meeting information! Meetings Local Time 11:00 am America/Los_Angeles</p>
Sunday 02:00 PM	<p>(WEB1265) - Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery - Workshop Meetings Local Time 02:00 pm America/Toronto</p>
Sunday 02:00 PM	<p>Young Adult Connection (WEB1274) - The meetings take place on discord. Please go ahead and click the link so you can get setup in Discord. https://discord.gg/sfMcybHfqV A meeting for young adults to support each other and connect on issues unique to us. We focus on making room for young adults and newcomers. There is ample sharing time and fellowship after the meeting. Our hope is to help young adults new to aca and those looking for a safe space to feel welcome and heard! Format: Discussion Focus: Young Adult (Ages 18 to 26) Meetings Local Time 02:00 pm America/New_York Virtual Meeting Link</p>
Sunday 02:00 PM	<p>Adult Children Bereaved during Childhood (with a 12 Step Focus) (WEB1205) - Welcome. To encourage trust: for the comfort and safety of all participants - this is a mostly (approx. 90%) REQUIRED CAMERA-ON meeting. Our meeting is a highly secure recovery and growth holding space, limited to persons who, DURING CHILDHOOD, suffered the literal or a felt death, of one or both parents. We meet Tuesdays, on Zoom at (1 PM Eastern Daylight Time), 8 PM EEST, 7 PM CEST, 6 PM BST, Noon CDT, 11 AM MDT, 10 AM PDT, 7 AM HST. We also meet Sundays, on Zoom at (2 PM Eastern Daylight Time), 9 PM EEST, 8 PM CEST, 7 PM BST, 1 PM CDT, Noon MDT, 11 AM PDT, 8 AM HST. All time zone designations by worldtimebuddy.com At Zoom registration, please use ONLY one initial for your last name. IMPORTANT NOTE: if you Zoom-register and then for 60 days, you do not attend ANY of our meetings, your Zoom Registration will be canceled. After another month has passed you can register again if you want to. Please allow our service team a little time to PROCESS your initial Zoom registration. Register here: https://us06web.zoom.us/meeting/register/tZAudeyvpzMtEtFnBUvpQ5FIN-y7A8MF5pIj You can of course unregister yourself at any time. If you unregister, all of your information is removed from both our Zoom & Email Member Rosters. Your privacy, personal information and personal boundaries, are fully respected at all times. Our meeting requires a little patience and a little work to first get into, but it's well worth the effort! Meetings Local Time 02:00 pm America/New_York</p>
Sunday 02:00 PM	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com home page and click on the Login to Chat Now link. Click on the word REGISTER at the top before you fill out the form to choose your username and password. When you first log on click on the ACA meeting room link. Format: Discussion Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 pm America/New_York</p>

Sunday 02:00 PM	VDA Vecher (WEB1058) - Format: Discussion Meetings Local Time 09:00 pm Europe/Moscow Virtual Meeting Link
Sunday 02:00 PM	ACA Religious Abuse Survivors (WEB1096) - Passcode 694902 https://us06web.zoom.us/j/83859283063?pwd=eFk3MS9aeUVQSFVOOGdpRDEwckxJUT09 Sat/Sun (US ET and further East): Loving Parent Guidebook, Sun: Secular Religious Abuse Survivors Solution, Thurs: Recovery from Somatization. You can use the virtual meeting link or else go to aca-ie-intergroup.org for the meeting list with zoom links. If you have trouble getting into the meeting, contact acareligiousabusesurvivors@gmail.com . Format: Loving Parent Guidebook Focus: Secular/Agnostic/Atheist Notes: Needs Support - Needs Support, Passcode 694902. https://us06web.zoom.us/j/83859283063?pwd=eFk3MS9aeUVQSFVOOGdpRDEwckxJUT09 If locked out, contact acareligiousabusesurvivors@gmail.com Meetings Local Time 11:00 am America/Los_Angeles
Sunday 02:30 PM	Fellow Travelers' (LGBTQ+) (WEB1186) (English) - We are a zoom meeting. Please email the contact for the link to the meeting. (WPhillyFellowTravelers@gmail.com) Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Strengthening My Recovery Focus: Beginners - LGBTQ+ We rotate using the BRB, Yellow 12 step Workbook, , Strengthening My Recovery, and topic meetings, depending on the week of the month. Meetings Local Time 02:30 pm America/New_York
Sunday 02:30 PM	ACA - Íslandi (ISL0001) - Kópavogsbraut, Kópavogur , 200 Go to the white house in kópavogsbraut 17 and go down on the right side. Room D. Format: Discussion - Steps Focus: Beginners Notes: Needs Support - Needs Support, Meetings Local Time 07:30 pm Europe/Dublin
Sunday 03:00 PM	Here And Now (MA024) - 10 Milk Street, West Brookfield Massachusetts, 01585 Sacred Heart of Jesus Parish Center On The Corner of Main St (Rt 9) and Milk St. The mtg begins at 3pm Physical distancing required Format: Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/New_York
Sunday 03:00 PM	Clifton Sunday ACOA (NJ0148) - 400 Mount Prospect Rd, Clifton New Jersey, 07012 St. Andrews Church. Go to the back Parking Lot. Enter through the glass doors under the staircase by the Chapel. The meeting room will be the door in front of you. Call to verify if questions. No Babies or Children Please Format: Discussion - Fellowship Text (BRB) - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/New_York
Sunday 03:00 PM	There Is A Solution (PA095) - This meeting is meeting on Zoom. Zoom ID: 88349050632 Password: 754203 This a women's only meeting. Focus: Women Only Meetings Local Time 03:00 pm America/New_York

Sunday 03:00 PM	<p>Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom code 985 2100 3286 Password required, email sor12pwreq@gmail.com. Requests to be made at least 15 minutes before the start of the meeting.</p> <p>Format: Strengthening My Recovery Topic meeting based on the book</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Sunday 03:00 PM	<p>Healthy Living (MO0069) - 1206 Business Loop, Columbia Missouri, 65202 West Port Center</p> <p>Format: Book Study - Discussion</p> <p>Focus: Beginners</p> <p>Meetings Local Time 02:00 pm America/Chicago</p>
Sunday 03:00 PM	<p>BIPOC Single Mothers in ACA (WEB0680) - This is an ACA meeting for single BIPOC mothers - anyone who identifies as African, Asian, indigenous Australian, indigenous South, Central and North American, people of color from the Islands and the Middle East or anyone of mixed racial heritage including one or more of the above. BIPOC LBGTQIA+ friendly. Zoom ID: 822 7520 4547 Please email the meeting contact for password information.</p> <p>Format: Loving Parent Guidebook</p> <p>Focus: BIPOC - Women Only</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:00 PM	<p>Serenity Sunday (IN0106) - 16065 Prosperity Dr., Noblesville Indiana, 46060 The meeting ID on Zoom is 896 2309 2597. Send email to Jessica.s.in.indiana@gmail.com for password. Can not guarantee instant response. ACA Serenity Sunday from 3-4:30 pm Indiana time at the Suburban North Club in Noblesville, Gate House Room (next to the office).</p> <p>Format: Discussion - Strengthening My Recovery</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Opens with 10 minutes of quiet meditation/journaling/non-dominant handwriting followed by sharing based upon that day's meditation from Strengthening My Recovery.</p> <p>Meetings Local Time 03:00 pm America/Indiana/Indianapolis</p>
Sunday 03:00 PM	<p>Men Seeking Serenity (NJ0186) - 1985 Pennington Road, Ewing New Jersey, 08618 We meet in the conference room of Trinity United Methodist Church</p> <p>Format: 12 Step Study Group - Discussion - Speaker - Steps - Traditions</p> <p>Focus: Men-Only</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:00 PM	<p>All Women in Harmony Strengthening My Recovery (WEB1082) -</p> <p>Format: Strengthening My Recovery</p> <p>Focus: Women Only Our meeting welcomes all women and non-binary folks who identify with women's communities. We read from Strengthening My Recovery daily reader, have sharing time, and an opportunity to set a positive intention for the week.</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 03:00 PM	<p>(IL0284) - 1803 St Johns Ave, Highland Park Illinois, 60035</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Focus: Beginners</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 02:00 pm America/Chicago</p>

Sunday 03:00 PM	<p>Seeking Serenity (FL0410) - 1423 San Marco Blvd, JACKSONVILLE Florida, 32207 Meeting is held at the San Marco Club and is held up the stairs on the outside of the building.</p> <p>Format: Fellowship Text (BRB) This is a Big Book group and we have started at the beginning of the book.</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:00 PM	<p>(OK0060) - 2952 S Peoria Ave, Tulsa Oklahoma, 74114 Contact us for zoom meeting details. acatulsa@gmail.com</p> <p>Format: 12 Steps Yellow Workbook</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 02:00 pm America/Chicago</p>
Sunday 03:00 PM	<p>Nuevos caminos ACA (TEL0440) - Reuniones en español vía telefónica/Phone Spanish meeting. Código de acceso/Access code: 637678#. Teléfono/Telephone: +1 7742204000. Para más información/For more information: acanuevoscaminos@gmail.com</p> <p>Format: Steps acanuevoscaminos@gmail.com</p> <p>Meetings Local Time 3:00 pm America/New_York</p>
Sunday 03:00 PM	<p>ACA's In the Solution Laundry List 4x4 Meeting (TEL0109) - 712-432-8808 access code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.</p> <p>Format: Discussion</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Sunday 03:30 PM	<p>Loving Parent Guidebook Study Group (NC0126) - 382 E. French Broad St., Brevard North Carolina, 28712 At French Broad Community Center. Meeting is open to all ages 16- 116. We are not open for observation by professionals. You can come in at anytime. We work our way thru the entire LPG Guidebook - reading, reflections, exercises.</p> <p>Format: Loving Parent Guidebook</p> <p>Meetings Local Time 03:30 pm America/New_York</p>
Sunday 03:30 PM	<p>Sunday Serenity (FL0396) - 700 SW 10th St, Pompano Beach Florida, 33060 Located at 101 Club.</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 03:30 pm America/New_York</p>
Sunday 03:30 PM	<p>Young Hearts RunFree (CA1593) - 600 1/2 Redondo Ave, Long Beach California, 90814 We meet at the Atlantic Alano Club above the Petco at 6th & Redondo (The club hosts LGBTQ+ 12-step groups, but all are welcome to attend). From the parking lot, enter the club using the door on the left. The meeting room is up one more flight of stairs.</p> <p>Format: Discussion</p> <p>Focus: LGBTQ+ We read from the Strengthening My Recovery book for 5 minutes and have sharing for the rest of the hour.</p> <p>Meetings Local Time 12:30 pm America/Los_Angeles</p>
Sunday 03:30 PM	<p>Serenity Seekers (CO0134) - 404 Glenwood Ave, Grand Junction Colorado, 81501 Alano Club, Fourth and Glenwood.</p> <p>Format: Fellowship Text (BRB)</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 01:30 pm America/Denver</p>

Sunday 04:00 PM	<p>ACA Dallas Big Red Book Meeting (TX119) - 9200 Inwood Rd., Dallas Texas, 75220 Meeting takes place via Zoom and in-person No Book Necessary Newcomers request Zoom info from meeting contact. Meetings are held on the campus of Lovers Lane United Methodist Church. Copeland House/Annex Building in the far corner of the campus. You may enter on Inwood Rd. or on Northwest Hwy.</p> <p>Format: Discussion Non Smoking Meetings Local Time 03:00 pm America/Chicago</p>
Sunday 04:00 PM	<p>Breaking the Cycle (NC0092) - 117 East Fort Macon Rd, Atlantic Beach North Carolina, 32233 The meeting is in the Crystal Coast Unity building on the second floor.</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook Notes: Non Smoking - Non Smoking, Meetings Local Time 04:00 pm America/New_York</p>
Sunday 04:00 PM	<p>Grateful Heart ACA Group 3 pm CENTRAL TIME (WEB0145) - Zoom 421570 400 Please email gratefulheartstx@gmail.com for the password.</p> <p>Format: Discussion Meetings Local Time 03:00 pm America/Chicago</p>
Sunday 04:00 PM	<p>ACA of Rolla (MO0068) - Currently on zoom only. Call 5732630294. It is currently **telephone only** Meeting was held at Central Community Church of God, 4th and Olive Streets, main entrance?br> The meeting lasts an hour to an hour and a half. We will resume In-Person meetings on June 2, 2024.</p> <p>Format: Discussion - Fellowship Text (BRB) Focus: Beginners Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Contact Kim 573 263 0294 for more information. Meetings Local Time 03:00 pm America/Chicago</p>
Sunday 04:00 PM	<p>Recovery Beyond Survival (WEB0655) - RECOVERY BEYOND SURVIVAL ACA Fellowship - Adult Children from Alcoholics or Dysfunctional Homes Welcome ?. We are an ACA Literature meeting; we meet on Zoom FOUR days a week. Fridays, Saturdays, Sundays, Mondays Time: 1:00 p.m. PST / 4:00 p.m. EST / 9:00 p.m. UK Time / 22:00 Netherlands ZOOM Meeting ID: 885 350 9563 Password: 603285 ?FRIDAYS: Reading the "Twelve Steps of Adult Children – Steps Workbook" (starts on Feb 16, 2024) ?SATURDAYS: Reading the "Loving Parent Guidebook" (started on Jan 20, 2024) ?SUNDAYS & MONDAYS: Reading the "ACA Fellowship Text (The Big Red Book)" All readings will be shared on the screen. ??? After readings, we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting?. After the meditation/writing break, we open the meeting for shares. ALL CAMERAS are required to be ON during the sharing portion of these meetings and all members clearly visible in the frame. This is to ensure everyone is present for one another while sharing our childhood experiences. We celebrate ACA milestones, and we have fellowship after meeting shares and questions. We warmly welcome you ?? Meeting local time: 1:00 p.m. AMERICA/LOS ANGELES Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Loving Parent Guidebook Meetings Local Time 01:00 pm America/Los_Angeles</p>

Sunday 04:00 PM	(AL0038) - 1600 St Bernard Drive, S.E., Cullman Alabama, 35055 @ St. Bernard Abbey. Contact us (use the "Meeting Contact" button below), and we'll give you information about where to park, and what door to enter. Focus: Beginners Meetings Local Time 03:00 pm America/Chicago
Sunday 04:00 PM	Unconditionally Loved (FL0369) - 5407 Lake Howell Rd, Winter Park Florida, 32792 Format: Discussion Focus: Beginners Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 04:00 pm America/New_York
Sunday 04:00 PM	Sunday ACA Meditation Group (CA1544) - 710 13th Street Suite 210, San Diego California, 92101 This meeting is held at the Common(s) Church on the corner of 13th and G Street. There is street parking and Albertson's is nearby. Meeting is only an hour. Text Alli at (415) 860-8415 on arrival for gate code. Format: Discussion Focus: Beginners Meetings Local Time 01:00 pm America/Los_Angeles
Sunday 04:00 PM	The Child Within (MO0075) - 413 E Walnut, Springfield Missouri, 65806 Enter via parking lot (east side of bldg), follow signs downstairs, thru big room thru hall on left. Door unlocks 15 min before mtg and relocks 30 min later. The Friday Mtg is an open meeting reading from the Strengthening My Recovery Daily Reader. The Sunday Mtg is a closed mtg reading from the BRB. Both mtgs allow sharing after the reading and welcome any ACA. Format: Discussion - Strengthening My Recovery Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/Chicago
Sunday 04:00 PM	WAC - Women's ACA (WEB1072) - 11140 Greenbay St., Houston Texas, 77024 Chaplewood United Methodist Church Room: Williams 104 (Use entrance 8.) Format: Loving Parent Guidebook Focus: Women Only Meetings Local Time 03:00 pm America/Chicago
Sunday 04:00 PM	Parkway ACA (NY0277) - 95 Stewart Avenue, Hicksville New York, 11801 Parkway Community Church, follow the sign to meeting room; Sunday: The Loving Parent Guidebook, Thursday: ACA Red Book Format: Fellowship Text (BRB) - Loving Parent Guidebook Notes: Non Smoking - Non Smoking, Meetings Local Time 04:00 pm America/New_York
Sunday 04:00 PM	Independence #1 Adult Children of Alcoholics (MO0083) - 10017 E Kentucky Avenue, Independence Missouri, 64054 Stand alone building on SW corner of E Kentucky Avenue and Cedar Avenue. Format: 12 Steps Yellow Workbook Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Established 2023 at Local AA hall, called Independence #1. Meetings Local Time 03:00 pm America/Chicago

Sunday 04:00 PM	<p>Adult Children ACA Shiloh Rd. Kennesaw (GA0083) - 950 Shiloh Rd. NW, Kennesaw Georgia, 30144 Meets at Town View Baptist Church. Enter thru the side entrance. Go straight down the hall. Just before the Sanctuary doors make a left. Make a right at the lobby to the front entrance of the Church and then a left into the meeting room. We meet in Room 104. Note: Outside the main entrance is a silver keypad. Use door code 1115# to enter the building.</p> <p>Format: Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 04:00 pm America/New_York</p>
Sunday 04:00 PM	<p>Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) - Telephone meeting - 712-432-8808 Access Code 2473654# --- Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year</p> <p>Format: Discussion</p> <p>Meetings Local Time 04:00 pm America/New_York</p>
Sunday 04:15 PM	<p>The Solution (MI0173) - 995 N Maple Rd., Ann Arbor Michigan, 48103 Room #3 Ann Arbor Alano Club</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 04:15 pm America/Detroit</p>
Sunday 04:30 PM	<p>Hope And Healing Continues (MD051) - This meeting is online only at this time. Reach meeting contact for online information.</p> <p>Format: Discussion - Steps</p> <p>Notes: Non Smoking - Non Smoking, Non Smoking</p> <p>Meetings Local Time 04:30 pm America/New_York</p>
Sunday 04:30 PM	<p>ACA Mood and Anxiety Disorder Meeting (WEB0586) - Join Zoom Meeting https://us02web.zoom.us/j/81218310686 Meeting ID: 812 1831 0686</p> <p>Format: Discussion</p> <p>Focus: Beginners - BIPOC - LGBTQ+ This meeting is closed for fellow travelers that identify as diagnosed or struggling with mood and anxiety disorders such as major depressive, bipolar, SAD, cyclothymic, dysthymia, GAD, PTSD, OCD, and any other disorder related challenges. The main causes for these directly connect to recovery in ACA.</p> <p>Meetings Local Time 01:30 pm America/Los_Angeles</p>
Sunday 04:30 PM	<p>Adult Children of Alcoholics, step study group (AZ0190) - 880 W. Camino Casa Verde, Green Valley Arizona, 85614 This meeting will begin on 2/18/2024</p> <p>Format: 12 Steps Yellow Workbook - Steps This is a new meeting</p> <p>Meetings Local Time 01:30 pm America/Phoenix</p>
Sunday 04:30 PM	<p>reparenting check in - ????? ?????? (WEB1251) - Meeting times may change occasionally on some days, please stay in touch with the meeting coordinator to get the link and updated times of the meeting.</p> <p>Format: Loving Parent Guidebook</p> <p>Meetings Local Time 11:30 pm Africa/Cairo</p>
Sunday 04:45 PM	<p>Sunday ACA Yellow Workbook Study (CA1094) - 2101 State Street, Santa Barbara California, 93105 First Congregational Church at State & Padre.</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Steps Beginners welcome.</p> <p>Meetings Local Time 01:45 pm America/Los_Angeles</p>

Sunday 05:00 PM	<p>Sunday ACA Group (CA1265) - Sunday ACA Group; Sunday 02:00 pm PST We meet on Free Conference Call. Please contact Steve B at 5592404253 for login info Format: Discussion Meetings Local Time 02:00 pm America/Los_Angeles</p>
Sunday 05:00 PM	<p>Kensington Womens Workbook Study (MD040) - Kensington Women's Workbook Meeting – Our group reads and reflects on the Twelve Steps of Adult Children (Yellow) Workbook. We meet via Zoom for 75 minutes. Please TURN ON YOUR VIDEO CAMERA BEFORE ENTERING THE MEETING to ensure the security of the meeting. Contact our meeting Secretary - Audrey M. audrey2mm@gmail.com for the meeting link. Format: 12 Steps Yellow Workbook Focus: Women Only Meetings Local Time 05:00 pm America/New_York</p>
Sunday 05:00 PM	<p>The Red Book Club (MS005) - 5400 Old Canton Rd, Jackson Mississippi, 39211 Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 04:00 pm America/Chicago</p>
Sunday 05:00 PM	<p>ACA Yellow Workbook Literature Study (VA111) - 4300 Shore Drive, Virginia Beach Virginia, 23463 Park in back of Baylake Methodist church and follow the red signs to the correct room. Format: Discussion - Fellowship Text - Steps Non Smoking Meetings Local Time 05:00 pm America/New_York</p>
Sunday 05:00 PM	<p>The Laundry List Trait Meeting (TEL0384) - — Telephone number 712-432-8808, access code 2473655# — We meet 7 days a week, 365 days a year. We focus on all 4 sides of the Laundry List Traits, one Trait a day, using the brown Laundry List Workbook.— Safety protocols in place by group conscience. Format: Discussion Meetings Local Time 05:00 pm America/New_York</p>
Sunday 05:00 PM	<p>Love Tribe ACA (CT0132) - 27 S Main St., Branford Connecticut, 06405 , Dial: 929-205-6099, Meeting ID: 425 112 121, Password: Love1 Format: Book Study - Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 05:00 pm America/New_York Virtual Meeting Link</p>
Sunday 05:00 PM	<p>Bruises Heal (NY0234) - 781 Maple Rd, Buffalo New York, 14221 Meetings take place at The Hope Center. Follow signs inside to the meeting room. Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery Hello, Welcome! We meet every Sunday. This group selects readings from any ACA literature for our weekly meetings. On a fifth Sunday we do daily meditation book reading. (Strengthening My Recovery) Meetings Local Time 05:00 pm America/New_York</p>
Sunday 05:00 PM	<p>Healing the Inner Child (NV0076) - 6115 S Rainbow Blvd, Las Vegas Nevada, 89118 Room #107, to the right of The Recovery Store. Format: Discussion - Fellowship Text (BRB) Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Newcomers welcome. Group copies of BRB available for use during meeting. Meetings Local Time 02:00 pm America/Los_Angeles</p>

Sunday 05:00 PM	(NY0255) - 430 Cedar St, Schenectady New York, 12306 Format: Loving Parent Guidebook Focus: Beginners Notes: Needs Support - Needs Support, Meetings Local Time 05:00 pm America/New_York
Sunday 05:00 PM	Loving Parent Group (MT0045) - 1500 West Broadway, Missoula Montana, 59802 Literature study of the Loving Parent Guidebook. Not a work group. Format: Book Study - Discussion - Loving Parent Guidebook Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 03:00 pm America/Denver
Sunday 05:00 PM	The Laundry Mat (CAN0396) - 50 St. Joseph Street, Toronto Ontario, M5S1J4 Meeting is located on the West Side of the church through the entrance in the courtyard. Look for ACA signs. This meeting is based on the Laundry Lists Workbook - a fourteen week examination the Laundry List, The Flipside of the Laundry List, the Other Laundry List and the Flipside of the Other Laundry List. We keep repeating the 14 weeks and keep learning more about ourselves. Contact Pam at 416-414-6423 for information. Format: Discussion - Laundry Lists Workbook Notes: Needs Support - Needs Support, Meetings Local Time 05:00 pm America/Toronto
Sunday 05:00 PM	Time to Heal Group of Men (MO0076) - 1365 N Sappington Rd, Glendale Missouri, 63122 Glendale Lutheran Church. Plenty of parking. Elevator or stairs to basement meeting. Large room. In person only. Please do not call church. MEN only meeting. Format: 12 Steps Yellow Workbook Focus: Men-Only Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Men only meeting. Meetings Local Time 04:00 pm America/Chicago
Sunday 05:00 PM	Sunday Rittenhouse Meeting (PA0182) - 1906 Rittenhouse Square, Philadelphia Pennsylvania, 19103 Ethical Society, second floor Collier Classroom Format: Discussion - Loving Parent Guidebook - Speaker - Steps Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 05:00 pm America/New_York
Sunday 05:00 PM	Sunday Steppers (NJ0193) - 83 Throckmorton Ln, Old Bridge New Jersey, 08857 Format: 12 Steps Yellow Workbook Meetings Local Time 05:00 pm America/New_York
Sunday 05:00 PM	(AK0026) - 2136 McCullam Ave, Fairbanks Alaska, 99701 **Meetings in Fairbanks have been temporarily canceled due to lack of attendance and support. If you are interested in ACA literature, give me a call or text. I will show you what I have locally available. 907-388-2494. When there is local interest we can talk about starting the meeting back up. --Christopher.** We met at the Community Covenant Church, also known as C3 church. Meetings were held on the main floor in the café. Masks are not required. If you do not feel well, please do not attend. Meetings will be canceled if it is -35 below or colder. Format: Discussion Focus: Beginners Notes: Non Smoking - Non Smoking, Meetings Local Time 01:00 pm America/Anchorage

Sunday 05:00 PM	<p>ACA Anger Release Hybrid Meeting (CA1506) - 6666 Green Valley Circle, Culver City California, 90230 The in-person meeting is at SHARE! 6666 Green Valley Circle, Culver City, CA</p> <p>For Zoom participation: Sunday and Tuesday meetings ONLY: Zoom 863 9060 2690 Password: sharelove Thursday meeting ONLY: Zoom 811 6270 3893 Password: sharelove Meetings Local Time 02:00 pm America/Los_Angeles</p>
Sunday 05:15 PM	<p>Fellow Travelers (MD0065) - Zoom Meeting ID: 4266828349 Email acafellowtravelers03@gmail.com for password.</p> <p>Format: Discussion - Speaker - Strengthening My Recovery Meetings Local Time 05:15 pm America/New_York</p>
Sunday 05:15 PM	<p>Bangor Maine ACOA (ME0043) - 142 Center Street, Brewer Maine, 04412 -- You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 837 6654 6048 Password: 977965</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Speaker Notes: Non Smoking - Non Smoking, Meetings Local Time 05:15 pm America/New_York</p>
Sunday 05:30 PM	<p>Park 40 Sunday Meeting (TN0099) - 9217 Park West Blvd, Suite B1, Knoxville Tennessee, 37923 In the North Room of the Park 40 Club (right-hand front door). Park 40 is across from the Cracker Barrel in Cedar Bluff.</p> <p>Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, Meetings Local Time 05:30 pm America/New_York</p>
Sunday 05:30 PM	<p>Talk. Trust. Feel. (FL0343) - 1700 Lake Ida Road, Delray Beach Florida, 33445 In Crossroads Club on Lake Ida</p> <p>Format: Discussion - Fellowship Text (BRB) Sunday Nights - Big Red Book readings and Discussion. If you have this book please bring your own so you can read along, if not we have a few we can lend out for the meeting. Thank you. Wednesday Nights - ACA approved literature read, chairpersons choice followed by open discussion. Meetings Local Time 05:30 pm America/New_York</p>
Sunday 05:30 PM	<p>(NC0120) - 125 3rd St NE, Hickory North Carolina, 28601 Women's Resource Center Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook Meetings Local Time 05:30 pm America/New_York</p>
Sunday 06:00 PM	<p>(CA1106) - The meeting currently meets online, please contact the group via email for any questions: Meeting ID: 472 814 1969 Passcode:425699 Great Meeting for Newcomers!</p> <p>Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 06:00 PM	<p>A New Leaf (LA0036) - 6330 Vicksburg St, New Orleans Louisiana, 70119 6330 Vicksburg Street (blue house across from St. Dominic's Church) Due to construction, the front door is unavailable for use. Please enter the building around the back. DO NOT PARK IN BANK LOT</p> <p>Notes: Non Smoking - Non Smoking, We rotate formats between three formats: literature-based discussion meeting, writing meditation speaker meeting, and a speaker meeting. Meetings Local Time 05:00 pm America/Chicago</p>

Sunday 06:00 PM	(MA058) - All Saints Church, 44 Park Avenue, Whitman Massachusetts, 02382 WHEN YOU ARRIVE AT 44 PARK AVE PLEASE PARK ON THE SAME SIDE AS THE CHURCH NOT ACROSS THE STREET ON THE PARK SIDE OR THERE IS A SIDE STREET OPPOSITE THE CHURCH THAT YOU CAN PARK ON. Notes: Wheelchair Access - Wheelchair Access, Non Smoking Meetings Local Time 06:00 PM America/New_York
Sunday 06:00 PM	Gentle Sunday Group (PA0148) - 110 Tulane Terrace, Lancaster Pennsylvania, 17603 Lancaster Friends Meetinghouse Format: Discussion - Speaker - Steps Meetings Local Time 06:00 pm America/New_York
Sunday 06:00 PM	Lowcountry Group (SC018) - 1605 Harbor View Rd, Charleston South Carolina, 29412 Martin Luther Lutheran Church The Charleston Area ACA currently has one in-person meeting on Sunday evening., 6:00 PM to 7:30 PM at Martin Luther Church on Harbor View Road in Charleston (Mapquest link: https://www.mapquest.com/us/south-carolina/martin-luther-lutheran-church-3529935). Format: Discussion - Fellowship Text (BRB) - Speaker - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:00 pm America/New_York
Sunday 06:00 PM	Safe Zone (NY0215) - 91 Claremont Ave (West 121st St), New York New York, 10027 NOTE: The meeting is currently a telephonic meeting due to the pandemic. Please reach Meeting Contact for information. (Previously met at Riverside Church.) Format: Discussion Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/New_York
Sunday 06:00 PM	ACA Chair's Choice Topic Meeting (WEB0091) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. Format: Steps Meetings Local Time 06:00 pm America/New_York

<p>Sunday 06:00 PM</p>	<p>WeAgnostics (WEB0615) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.</p> <p>WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.</p> <p>We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.</p> <p>WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time</p> <p>Monday 7:00 AM Tuesday 7:00 AM Wednesday 7:00 AM (Starts May 4th 2022) Wednesday 6:00 PM (Beginner’s Meeting - 1st & 3rd Wednesday of the month) Thursday 6:00 PM Friday 7:00 AM Friday 7:30 PM (2nd & 4th Friday of the month) Sunday 6:00 PM</p> <p>There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction. Join Zoom Meeting https://us02web.zoom.us/j/81437276969 Meeting ID: 814 3727 6969 Password: 247365</p> <p>Access the meeting by telephone: Dial by your location +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma)</p> <p>Meeting ID: 814 3727 6969 Password: 247365</p> <p>Focus: Secular/Agnostic/Atheist Meetings Local Time 06:00 pm America/New_York</p>
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Sunday 06:00 PM	ACA Sunlight Loving Parent Guidebook Meeting (CA1501) - 2100 J Street, Sacramento California, 95816 - Enter on J Street. Ring bell. Upstairs in Room 206. Format: Loving Parent Guidebook Notes: Non Smoking - Non Smoking, Meetings Local Time 03:00 pm America/Los_Angeles
Sunday 06:00 PM	Sunday Conejo Valley ACA (CA1530) - Ascension Lutheran Church 1600 E. Hillcrest Dr., Thousand Oaks California, 91362 Format: Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery Meetings Local Time 03:00 pm America/Los_Angeles
Sunday 06:00 PM	You Are Not Alone Sunday Night ACA Meeting (NH0017) - 36 Carpenter St, Keene New Hampshire, 03431 YANA Center, across from Patricia T. Russell Park. Format: Discussion - Fellowship Text (BRB) Focus: Beginners Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, In person only, discussion meeting. All are welcome. Meetings Local Time 06:00 pm America/New_York
Sunday 06:00 PM	Adulting 101 (MI0198) - 1020 College NE, Grand Rapids Michigan, 49503 Format: 12 Step Study Group - Discussion - Laundry Lists Workbook - Steps Meetings Local Time 06:00 pm America/Detroit
Sunday 06:00 PM	Sunday (WEB1014) - Contact: Dee 303-829-6422, Cara - 940-489-2572, Marie 469-212-9897 for more information and ZOOM ID and PW meeting access info. Format: Discussion This is a closed meeting for licensed mental health professionals, or students in the mental health field, and including psychiatric nurse practitioners and licensed or certified addiction specialists. If you are interested in attending this meeting you will be asked to identify what discipline you are licensed or certified in. Meetings Local Time 05:00 pm America/Chicago
Sunday 06:00 PM	ACA Women's Group (ID0061) - 237 N Water Ave, Idaho Falls Idaho, 83402 Format: Fellowship Text (BRB) - Strengthening My Recovery Focus: Beginners - Women Only Notes: Needs Support - Wheelchair Access - Needs Support, Wheelchair Access, Meetings Local Time 04:00 pm America/Boise
Sunday 06:00 PM	Safe Zone-Riverside (TEL0525) - Prior Meeting Place was at Riverside Church. NOTE: The meeting is currently a telephone Meeting +1(667) 770-1229,,467282# Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Speaker - Steps - Strengthening My Recovery Focus: Beginners Notes: Needs Support - Needs Support, (667) 770-1229,,467282# Meetings Local Time 06:00 pm America/New_York
Sunday 06:00 PM	MASALA (WEB1148) (You are welcome to share in the language your inner child speaks.) - To receive the meeting details, please email us at acamasala@gmail.com MASALA gathering is intended for Adult Children of South Asian descent who live or have lived outside South Asia. We welcome people of all identities and forms of expression. These include but are not limited to race, ethnicity, nationality, caste, gender, sexual orientation, age, disability, religion, relationship, occupational, health, or socioeconomic status. Meetings Local Time 06:00 pm America/New_York

<p>Sunday 06:00 PM</p>	<p>Inner Child Connection (CA1587) - 186 N Main St #120, Sebastopol California, 95472 meeting is located in the meditation room Format: Loving Parent Guidebook Notes: Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, This is a book study/inner child expression meeting - we do not work the 12 steps. Rotating format: 1st-3rd Sunday - Loving Parent Guidebook & Inner Child expression; 4th Sunday- Guided meditation & Inner child expression; 5th Sunday- speaker and inner child expression. Meetings Local Time 03:00 pm America/Los_Angeles</p>
<p>Sunday 06:00 PM</p>	<p>Yellow Workbook Study and Share Group (WA0251) - 1520 Bellevue Ave, Seattle Washington, 98122 We are a LGBTQIA forward group but welcome allies. We are also therapy dog friendly. The meeting is inside Peer Seattle inside the Sylvia Room. Please check in with the front desk and let them know which meeting you are attending! Format: 12 Steps Yellow Workbook - Steps Focus: LGBTQ+ Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, This is a Yellow Workbook meeting. There is a meeting copy and copies for sale of the literature we use. We have a fund set aside for monetary sliding scale of purchasing the yellow work book for the meeting from 5-16\$ Sensory and fidget toys are provided which are sanitized after each meeting. Tea, coffee and water are also provided. Meetings Local Time 03:00 pm America/Los_Angeles</p>
<p>Sunday 06:00 PM</p>	<p>Sunday ACA Buffalo (NY0280) - 695 Elmwood Ave, Buffalo New York, 14222 Please use the main entrance. Entrance will be locked 5 minutes after the meeting has begun. Meetings Local Time 06:00 pm America/New_York</p>
<p>Sunday 06:00 PM</p>	<p>Journey of Hope (CO0086) - 1350 N. 7th Street, Grand Junction Colorado, 81501 This meeting is at New Life Church. You can park in the rear parking lot of the building, and enter the door on the right side of the court yard. Our meeting space is the first door to the right. Format: Discussion Meetings Local Time 04:00 pm America/Denver</p>
<p>Sunday 06:00 PM</p>	<p>Yellow Workbook Step Meeting (TEL118) - -- 712-432-8808; Access code 2473656# Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. We meet 3 times a week, Tuesday, Friday and Sunday 6 pm ET. We read the entire text and answer all questions. We expect to finish in approximately 12 months. (This timing was correct as of 2020.) Format: Discussion - Steps Meetings Local Time 06:00 pm America/New_York</p>
<p>Sunday 06:30 PM</p>	<p>Sunday California ACoA&DF 3:30PM PST (CA1310) - Online Info: 3:30 PST - BRB reading and sharing Meeting ID 832 9863 5808 Security Passcode: Sunday Format: Discussion - Fellowship Text (BRB) Meetings Local Time 03:30 pm America/Los_Angeles Virtual Meeting Link</p>

Sunday 06:30 PM	NOVA ACA (CAN0348) - 49 Donlands Ave, Toronto Ontario, M4J 3N5 This meeting is held online only. The meeting group is across the street from the Donlands Subway Station in Toronto. The nearest intersection is Danforth Ave and Donlands Ave. The meeting is at St. David's , 49 Donlands Ave., Toronto. There is free parking on the streets on Sundays. Format: Discussion - Speaker Non Smoking Meetings Local Time 06:30 pm America/Toronto
Sunday 06:30 PM	Stillwaters ACA (IL212) - Even though we are only online, we remain on the in-person listing for the time being so that anyone who previously attended can still find us. Please contact us for Zoom information. Format: Fellowship Text (BRB) Meetings Local Time 05:30 pm America/Chicago
Sunday 06:30 PM	ACA Porter Square (MA028) - 1991 Mass. Ave. (St James Church), Cambridge Massachusetts, 02138 MA028 is an in-person meeting. Please enter from the Massachusetts Avenue side. The meeting room is in the annex to the left of the main Chapel for St James and the entrance is on the side of the annex. You will see a room with a wall of glass facing onto the courtyard. Room opens at 6:15 pm ET and closes at 8:30, but meeting runs from 6:30-8:00. (First Sunday of month business meeting runs from 6:00-6:30.) There is also an online meeting formerly affiliated with this meeting. Please email acaportersquareonline@gmail.com for Zoom information. Format: Discussion - Speaker - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/New_York
Sunday 06:30 PM	Meditation Meeting (NM0045) - 509 Cardenas Drive SE, Albuquerque New Mexico, 87108 The meeting is in the Admin Building at Endorphin Power Company. The entrance will be outside across the courtyard next to the gym. The room is on the second floor to the left down the hall. Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery Notes: Non Smoking - Non Smoking, We read from strengthening my recovery which is followed by a 10 minute silent meditation. Then we read from the Big Red book and have open sharing. password for zoom link- solution Meetings Local Time 04:30 pm America/Denver Virtual Meeting Link
Sunday 06:30 PM	Yellow Brick Road ~ The Loving Parent Guidebook Meeting (WEB0682) (English) - Online Zoom Meeting Format: Loving Parent Guidebook We are a closed group for now and will post new information here if our group conscience decides to open it to new members. Meetings Local Time 08:30 am Australia/Sydney
Sunday 06:30 PM	New Beginnings (OK037) - 5207 N. Western Avenue, Oklahoma City Oklahoma, 73116 We have an in-person meeting at the Western Club, located at 5207 N. Western Avenue across the street from Bishop McGuinness High School. The meeting room is to the immediate right of the front door entrance. The meeting time is 05:30 PM CST. Thank You. Format: Discussion - Fellowship Text Notes: Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Chicago

<p>Sunday 06:30 PM</p>	<p>New Hope ACA (PA078) - The New Hope, PA ACA meeting is held Online, Sunday 6:30 -7:30 PM EST. Zoom - https://zoom.us/j/2036175604, Meeting ID = 203 617 5604. Password 161659. To call in by phone only, dial any of these: +1 312 626 6799, +1 929 205 6099, +1 253 215 8782, +1 301 715 8592, +1 346 248 7799, +1 669 900 6833.</p> <p>Format: Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery Notes: Needs Support - Needs Support, Most of the month we read through Chapter 7 of the Big Red Book, which is focused on the 12 Steps. We read for about 10 min before opening to sharing First Sunday of the month we read from Strengthening My Recovery - that day's reading and then open the floor to sharing</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
<p>Sunday 06:30 PM</p>	<p>Experience, Strength and Hope (SC0028) - 355 Woodruff Rd, Suite 303, Greenville South Carolina, 29607 In person only at FAVOR Greenville at 355 Woodruff Road, across the street from the Honda dealership. It is a 90 minute meeting with a break after 60 minutes at 7:30. Anyone wanting to work on their personal journey to health and wholeness is welcome. Students are NOT allowed to observe our meetings. This is a safe place. We share, read and discuss ACA literature. Newcomers are welcome any Sunday. We have books for newcomers to borrow. On the 1st Sunday, we read Tradition of the month in BRB, chapter 19 followed by the Yellow 12 step book. On the 2nd, 4th & 5th Sunday, we read the Loving Parent Guidebook. On the 1st & 3rd Sunday, we read the Yellow 12 step book.</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
<p>Sunday 06:30 PM</p>	<p>Northwest Group Of Aca (TX132) - 12335 Hymeadow Dr., #300, Austin Texas, 78750 This meeting is now held as a hybrid, on Zoom, and in person at the Northwest Counseling and Wellness Center (NCWC). You'll still be able to Zoom in or attend in person. Beginners are welcome. Please use the Contact Us link to get the Zoom info. We'll answer as quick as we can.</p> <p>Format: Book Study - Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/Chicago</p>
<p>Sunday 06:30 PM</p>	<p>Big Red Book study (CA1404) - 47535 CA-74, Youth Room, Palm Desert California, 92260 St Margaret's Episcopal Church Cross street is Haystack. Youth room is to the left of Karns Hall and adjacent to the playground. Updated May 25, 2024</p> <p>Format: Discussion - Fellowship Text (BRB) This meeting is updated. We have moved to a new location beginning June 2, 2024.</p> <p>Meetings Local Time 03:30 pm America/Los_Angeles</p>
<p>Sunday 06:30 PM</p>	<p>Sacred Space (WEB0546) - All are welcome <3 Please call/text contact person for zoom link.</p> <p>Meetings Local Time 06:30 pm America/New_York</p>

Sunday 06:30 PM	<p>ACA Uruguay (WEB0691) (La reunión es en Español.) - Reunión de Montevideo, Uruguay Para unirte a la reunión en Google Meet, haz clic en este vínculo: https://meet.google.com/mie-opvd-drm</p> <p>Format: Fellowship Text (BRB)</p> <p>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Tenemos un formato rotativo: Leemos el Libro Rojo y compartimos nuestra reflexión sobre la lectura o sobre nuestro diario vivir. El grupo es abierto todos los miembros ACA y es mixto.</p> <p>Meetings Local Time 07:30 pm America/Montevideo</p>
Sunday 06:30 PM	<p>Sunday Night ACA Recovery London (CAN0391) - 123 Chesterfield Avenue, London Ontario, N5Z 3M9 Chelsea Green Community Church, come in the main doors, go up the stairs. Meeting room is at top of stairs.</p> <p>Format: Book Study - Discussion - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Sunday 06:30 PM	<p>Women's Meeting (WEB1015) - Password: Sunday630 You will need to have your camera on for the safety of the meeting</p> <p>Format: Strengthening My Recovery</p> <p>Focus: Women Only We read a passage from the daily meditations book Strengthening My Recovery</p> <p>Meetings Local Time 06:30 pm America/New_York Virtual Meeting Link</p>
Sunday 06:30 PM	<p>(WEB1048) - This is an Online Zoom meeting on Strengthening My Recovery. We meet at 3:30 pm Pacific Time/ 6:30 pm Eastern Time. Go to www.zoom.com and use Meeting ID: 862 1945 8810 and Password: 361527</p> <p>Format: Strengthening My Recovery</p> <p>Meetings Local Time 03:30 pm America/Los_Angeles</p>
Sunday 06:30 PM	<p>ACA Porter Square Online (WEB1101) - Virtual room opens at 6:15 pm ET and closes at 8:30, but meeting runs from 6:30-8:00. (First Sunday of month business meeting runs from 6:00-6:30.) Please email acaportersquareonline@gmail.com for Zoom information.</p> <p>Format: Discussion - Speaker - Steps •1st Sunday: Step Meeting •2nd Sunday: Speaker Meeting •3rd Sunday: Literature Meeting •4th Sunday: Literature Meeting •5th Sunday: Tradition Meeting</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Sunday 07:00 PM	<p>Serenity Sunday (CA1181) - Zoom ID: 805-888-1234 Password: Healing Bring your Big Red Book and Daily Affirmations book</p> <p>Audio and video on please</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Steps - Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking, Non Smoking</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>

<p>Sunday 07:00 PM</p>	<p>Out of the Weeds (FL139) - MEETING ONLINE UNTIL FURTHER NOTICE Please download and import the following iCalendar (.ics) files to your calendar system. Join Zoom Meeting https://us02web.zoom.us/j/89794298954?pwd=OVBhbGhKUTZxcUR0MXVDYVpmeFE3QT Meeting ID: 897 9429 8954 Passcode: 305305 --- One tap mobile 13052241968,,89794298954#,,, *305305# US 13092053325,,89794298954#,,, *305305# US --- Dial by your location • 1 305 224 1968 US • 1 309 205 3325 US • 1 312 626 6799 US (Chicago) • 1 646 558 8656 US (New York) • 1 646 931 3860 US • 1 301 715 8592 US (Washington DC) • 1 360 209 5623 US • 1 386 347 5053 US • 1 507 473 4847 US • 1 564 217 2000 US • 1 669 444 9171 US • 1 669 900 9128 US (San Jose) • 1 689 278 1000 US • 1 719 359 4580 US • 1 253 205 0468 US • 1 253 215 8782 US (Tacoma) • 1 346 248 7799 US (Houston) Meeting ID: 897 9429 8954 Passcode: 305305 Physical directions when meetings begin in-person again: Turn into the entrance that states St. Kieran's Catholic Church/Immaculata-LaSalle High School. Stay to the right past the athletic field and the church. Park in the lot to the left. There is a patio with several meeting rooms on the left. the meeting room is the last one on the end. Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Expect the Best (MA064) - We are presently using an online-only format until we find a new in-person location in the Framingham, MA area. Here is our online log-in information for those who do not already have the Zoom information: https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIkd9vOExQSmxCVDRtR0tYZz09 Meeting ID: 854 1108 6110 Passcode: 839754 PLEASE NOTE: Be sure to log in before 7:10 PM. The meeting is locked at that time to provide a more secure online environment. Format: Discussion Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>(MI116) - 1st Presbyterian Church 508 Franklin St, Grand Haven Michigan, 49417 Please enter the church through the parking lot off of Clinton Street. We meet in the conference room to the right of the entry doors. Format: Discussion Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Non Smoking Meetings Local Time 07:00 pm America/Detroit</p>
<p>Sunday 07:00 PM</p>	<p>Original Acoa Grp Of Saratoga (NY079) - 175 Fifth Ave, Saratoga Springs New York, 12866 NEW STARTING TIME EFFECTIVE 6/2/2024, 7:00 p.m. Format: Discussion - Steps NEW STARTING TIME EFFECTIVE 6/2/2024, 7:00 p.m. Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Help To Heal (VA0134) - 26 South 3rd Street,, Warrenton Virginia, 20186 The Meeting Place adjacent to the municipal city parking lot (previously Salvation Army) Format: Discussion - Strengthening My Recovery Meetings Local Time 07:00 pm America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Sunday Night ACA (VA091) - We meet on Zoom. Email the meeting contact for details. Format: Discussion Notes: Needs Support - Needs Support, Non Smoking Meetings Local Time 07:00 pm America/New_York</p>

Sunday 07:00 PM	<p>Hurting to Healing to Helping (VA102) - 116 West Broad St., Falls Church Virginia, 22046 Look for the blue fabric awning with the words Unity Club on it in white lettering. Then go up the stairs inside to Room 3. Our physical address is at 116 W Broad St., Falls Church. No childcare. Parking can be tricky. Look for the Public Parking signs</p> <p>Format: Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps</p> <p>Notes: Non Smoking - Non Smoking, We are both at Unity Club (face to face), but also available as a zoom meeting online. Email us for phone call-in or link-in info (emails answered before Sunday meeting up to Saturday 9pm) if you cannot attend in person as we are linking the two together for Hybrid style meeting. We are identified as a Closed style meeting (which means you should not be a reporter or student doing research but rather be looking to experience healing for yourself or for your family) --BUT -- we want to welcome all who believe they may be or are from dysfunctional/shame based homes and/or alcoholic upbringing etc. Even homes where alcohol was not directly involved satisfy the definition of dysfunction, depression, if shame is the result in your life. There is no requirement to have literature or even to share at all during our meetings. We use a 3-week cycle of topics: Laundry List (Trait readings from Laundry List Workbook), 12 steps (Big Red Book) and then Solution oriented Topics (from Chapter 8 also in Big Red Book) Please give us a try, we would love to meet you and to welcome you to our fellowship.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Sandpoint Way (WA0207) - 4710 NE 70th Street, Seattle Washington, 98115 Sandpoint Way ACA Group (Seattle, WA) meets each week IN-PERSON & ONLINE simultaneously. This is a hybrid meeting. We meet each Sunday from 4-530pm PST. To access the meeting online via zoom: Zoom ID: 322 968 1030. Password: sandpoint. Physical location for in person meeting: Sandpoint Community Methodist Church. 4710 NE 70th Street. 98115. Church entrance is around back from the parking lot. We meet in the Fireside Room. Participants in person have the choice to be visible on-camera or not, but their shares will be heard (audio) by all in attendance.</p> <p>Format: Discussion - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>ACA Clean Laundry (WA0211) - The Zoom meeting ID is 821 4196 9814 and the password is 105 877. The meeting time has not changed, but is the same: Sundays from 4 pm to 5pm PST.</p> <p>Format: Discussion - Speaker</p> <p>Notes: Non Smoking - Non Smoking, We meet on Zoom only</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>Little River ACA (FL0292) - This meeting is now on zoom only. Here's the zoom link: 470 214 3980 SEND TO THE FOLLOWING FOR THE PASSCODE PLEASE EMAIL OR TEXT or whatsapp dalthcc@gmail.com text 330 268 5414 whatsapp +1330 268 5414 FOR THE PASSCODE</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>24/7 Adult Children message board (WEB0098) - Loving and Anonymous 12 Step forum open to all adult children of alcoholic / dysfunctional families. Please email us for more information.</p> <p>Format: Discussion</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Sunday 07:00 PM	<p>Bellevue Sunday Afternoon (WA0233) - 1221 148th Ave NE, Bellevue Washington, 98007 Meeting is in Room 108 downstairs in the Kelsey Creek Church. From the parking lot, walk along the left side of the church to the downstairs entrance. Go straight through the large room to the hallway with numbered rooms.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>CNY Women's Group (WEB0261) - Please email ACABeautifulChanges@gmail.com to obtain Zoom meeting login information.</p> <p>Format: Strengthening My Recovery</p> <p>Focus: Women Only</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Becoming Your Own Loving Parent (CAN0383) - 1440 W 12th Ave, Vancouver British Columbia, V6H1M8 In this meeting we read from the Big Red Book and listen to a guided meditation on becoming your own loving parent. After the meditation we sit quietly for 8 minutes to practice non-dominant handwriting and/or sit lovingly with the inner child followed by sharing. — It's an intimate and supportive group. Newcomers are welcome, however familiarity with the ACA program is suggested. — Holy Trinity Anglican Church: Room is located on the 3rd floor in the yellow room. Signs are provided for ease of direction.</p> <p>Format: Discussion - Steps - Workshop</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 04:00 pm America/Vancouver</p>
Sunday 07:00 PM	<p>Sunday Steps (WEB0397) - Zoom Participant Code: 826 2404 6661 Passcode: 009842 Any questions, please contact us at sundaystepsaca@gmail.com. Looking forward to seeing you.</p> <p>Format: Steps Step focus with speaker lead and reading from red or yellow book. Steps rotate each quarter and on the last week of the quarter the topic will be the Solution.</p> <p>Meetings Local Time 07:00 pm America/New_York Virtual Meeting Link</p>
Sunday 07:00 PM	<p>Carry the Message (WEB0479) - Zoom ID 86163226071 Password. 283808 Follow the Big Red Book meeting format on pg. 562-265 BRB. Newcomers welcome. This is a safe recovery space. Focus to carry the message of recovery for adult children by loving and accepting yourself. Remember the recovery wisdom we have learned: "If you want to go fast - go alone; If you want to go far - go with others." Recovery questions are encouraged.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Focus: Beginners Read, follow, and discuss the Tony A's 12 steps and newcomer recovery 7:00-8:00 pm EST Sunday for discussion of the Big Red Book to support your recovery journey.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Safe & Sane Sundays (CA1496) - 3025 Alhambra Dr., Cameron Park California, 95672 New Light Fellowship Suite A</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker New comers are welcome. We read the BRB for 10 minutes and then have voluntary 3-5 minute shares. We also have a guest speaker the last Sunday of the month.</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>

Sunday 07:00 PM	<p>ACA Sunlight Loving Parent Guidebook Meeting (WEB0769) - See acanorcal.com for a list of our zoom meetings or send email to acanorcalzoom@gmail.com.</p> <p>Format: Loving Parent Guidebook</p> <p>Meetings Local Time 04:00 pm America/Los_Angeles</p>
Sunday 07:00 PM	<p>Adult Children MQT (MI0193) - 201 E Ridge Street, Marquette Michigan, 49855 We are now meeting in the downstairs library of St. Paul's Episcopal Church. Please use the parking lot entrance. Once indoors, take a left down the stairs - we are the first room on the left.</p> <p>Format: Fellowship Text This is an open meeting - first timers welcome!</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Sunday 07:00 PM	<p>In the Beginning... (FL0367) - 15605 Ocean Walk Cir, Fort Myers Florida, 33908 Permanent location TBD</p> <p>Format: Book Study</p> <p>Focus: Beginners</p> <p>Notes: Needs Support - Needs Support,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>ACA Turnersville (NJ0185) - 176 Stagecoach Road, Turnersville New Jersey, 08081 Meeting is held in Hall behind St. Charles Borromeo Church. Enter and turn left down hallway. Meeting is last door on right.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Healing for us (MI0204) - 21220 W 14 Mile Rd., Bloomfield Hills Michigan, 48301 Nativity Church. Between Cranbrook rd and Lasher rd on 14 mile rd</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery</p> <p>Focus: Beginners</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Sunday 07:00 PM	<p>ACA Out of the Weeds (WEB1208) - The Out of the Weeds ACA meeting is a long-standing fellowship that has been meeting for many years. The fellowship used to meet in-person at Saint Kieran Catholic Church (in a meeting room across from the sanctuary) in Miami, FL. The fellowship began meeting on ZOOM during COVID, and has continued to be a ZOOM-only meeting: ZOOM Meeting ID: 897 9429 8954 Passcode: Contact for passcode Contact: OutOfTheWeedsACA@gmail.com Each meeting we read from the Yellow Book (12 steps), then go around the room sharing for three-minutes each, as time allows. Cameras required for all participants (exceptions are made any unforeseen circumstances that may be a distraction to you or the other meeting participants). Please no drinking, smoking, or vaping during the meeting. In order to allow participants to share their potentially emotional, intimate, traumatic, and/or vulnerable stories without distraction or interruptions, no one will be admitted into the meeting after the sharing begins.</p> <p>Format: 12 Steps Yellow Workbook Cameras required for all participants (exceptions are made any unforeseen circumstances that may be a distraction to you or the other meeting participants). Please no drinking, smoking, or vaping during the meeting. In order to allow participants to share their potentially emotional, intimate, traumatic, and/or vulnerable stories without distraction or interruptions, no one will be admitted into the meeting after the sharing begins.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Sunday 07:00 PM	<p>Little Silver Sunday ACA (NJ0196) - 325 Little Silver Point Rd., Little Silver New Jersey, 07739 We meet at St. John's Episcopal Church in the Church Library. Enter via Red double doors off of the patio facing road, then door to small room to the left.</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Steps - Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking, Replaces the old, expired Little Silver ACA Meeting on Sundays 7 pm ET. Contact via email for Zoom info</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>The Open Space (WEB1231) - Meeting ID: 881 3083 2871 Password: ILP4Me</p> <p>Format: Discussion - Strengthening My Recovery</p> <p>Focus: Beginners - LGBTQ+ This meeting is LGBTQ+ and allies</p> <p>Meetings Local Time 05:00 pm America/Denver Virtual Meeting Link</p>
Sunday 07:00 PM	<p>Grand Rapids ACOA (MN0186) - 3906 US HWY 169, Grand Rapids Minnesota, 55744 Held in Itasca Unitarian Fellowship.</p> <p>Format: Discussion - Steps</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Sunday 07:00 PM	<p>Growing Up Together (WEB0152) - https://zoom.us/j/87875106907</p> <p>We are open to all - Newcomers Welcome! - Open Discussion group meeting</p> <p>We run the meeting for an hour and a half.</p> <p>There is no password or sign-up needed for this meeting. We do utilize the waiting room feature in Zoom and have at least one host and co-host to keep the room safe. Come join us and let's start Growing Up Together!</p> <p>Format: Discussion</p> <p>Focus: Beginners https://zoom.us/j/87875106907</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Sunday 07:00 PM	<p>Grateful Adult Children of Alcoholics (TX0204) - 611 S Graham St., Stephenville Texas, 76401 We have 3 meetings - Tuesday, Thursday and Sunday at 6 p.m., all meetings are an hour long. All groups meet in the small room connected to the AA clubhouse (door closest to the parking lot). All meetings are open meetings!</p> <p>Tuesday: Big Red Book</p> <p>Thursday: 12 Steps Yellow Workbook</p> <p>Sunday: Loving Parent Guidebook</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Sunday 07:00 PM	<p>RI Area ACA Evening (WEB1003) - This is open meeting space for Rhode Island Area Intergroup. Monday has a regular ACA meeting and Thursday has a loving parent guidebook ACA meeting. The other days are hit or miss, but if you have two people show up have a meeting! Email riareaaca@gmail.com for the password.</p> <p>Format: Discussion This is a RI Area ACA Open Meeting Time. There is not an</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Sunday 07:15 PM	<p>ACA for AA Steps and Solution Big Red Book Meeting (DC0020) - ONLINE ONLY Zoom: https://zoom.us/j/4343507964?pwd=TW5wMk1mMWt3ZFN0OTgxMWZPY2hJUT09 If the link is not used, then enter meeting# 4343507964 and password 136216 at the Zoom website or in the zoom app. Phone users dial (929) 436-2866 and enter the same meeting number and password. Format: Fellowship Text (BRB) Meetings Local Time 07:15 pm America/New_York</p>
Sunday 07:30 PM	<p>Sunday Stockton Online BRB Study (CA1331) - Format: Discussion - Steps Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, We read from the Big Red Book then individual sharing on the reading or getting current. Fifth Sunday is a lead speaker with individual sharing. As of the Sept.3, 2023 meeting we are using this Zoom link. The old link will no longer be used. Meetings Local Time 04:30 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 07:30 PM	<p>Survivors Group (FL103) - 1211 New Jersey Rd, Lakeland Florida, 33801 New Hope Community Church Format: Discussion - Speaker - Steps Non Smoking Meetings Local Time 07:30 PM America/New_York</p>
Sunday 07:30 PM	<p>Hastings Aca (MN135) - 207 3rd street east, Hastings Minnesota, 55033 Format: Book Study - Discussion Non Smoking-Smoking Allowed Outside Of Bldg Meetings Local Time 06:30 pm America/Chicago</p>
Sunday 07:30 PM	<p>Sunday Steps (Workbook Study) (MO0038) - 333 S Kirkwood Rd. #303, Kirkwood Missouri, 63122 PNC Bank Building, 3rd floor Format: 12 Steps Yellow Workbook - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/Chicago</p>
Sunday 07:30 PM	<p>Freedom From the Past (NC0080) - 3835 W WT Harris Blvd, Charlotte North Carolina, 28269 University City United Methodist Church Room 104 The church is located on the corner of W.T. Harris Blvd and W. Sugar Creek Rd. From W.T. Harris Rd, turn immediately Left onto Brookstone Dr. and then immediately Left into the church parking lot, veering towards the right in the parking lot. You will enter at the back of the church, and the door has a sign that says "office" Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, This meeting is currently meeting only in-person. We meet in a large room, so there is space to social distance if you prefer. Wearing a mask is also optional. We read in the Big Red Book 3 out of 4 Sundays and touch on different parts of the book. This meeting is geared towards newcomers and in need of support. Meetings Local Time 07:30 pm America/New_York</p>
Sunday 07:30 PM	<p>Cordova Hope ACA (TN0094) - 8500 Walnut Grove Rd, Memphis Tennessee, 38018 Hope Church: Entrance 1, West side, upstairs, room 221, in person only. Time/room change effective 4/28/24. Format: Discussion - Strengthening My Recovery Notes: Non Smoking - Non Smoking, room/time change effective 4/28/24 Meetings Local Time 06:30 pm America/Chicago</p>

Sunday 07:30 PM	(ND0024) - 111 9th St South, Fargo North Dakota, 58103 House of Hope Meetingheld inside the House of Hope (H.o.H.) South of First Methodist Church (U.M.C.) &North of Unitarian Universalist Church (H.o.H sits between the two churches) on 9thSt S. Also nearby is Lighthouse Church and the Mexican Village (both are to the northof the H.o.H.). Non Smoking Format: Discussion - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/North_Dakota/Center
Sunday 07:30 PM	(CA1545) - 3700 Pacific Avenue, Stockton California, 95205 We are meeting at the Central United Methodist Church. Park in the North end of the parking lot and follow signs to meeting in North building. Please contact the meeting representative for any questions or clarifications. Thank you! Format: Discussion - Fellowship Text (BRB) Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 04:30 pm America/Los_Angeles
Sunday 07:30 PM	Black in ACA (WEB1061) - Blacks of African Heritage -only Format: Fellowship Text (BRB) - Speaker Notes: Non Smoking - Non Smoking, Meetings Local Time 04:30 pm America/Los_Angeles Virtual Meeting Link
Sunday 08:00 PM	Sunday Evening Freedom of Choice (AZ0136) - 4440 N Campbell Ave, Tucson Arizona, 85718 The doors to this meeting close at 5:20pm. Please also be advised that this meeting is a no-scent meeting. All persons who identify as Women are welcome to join. Format: Discussion - Fellowship Text (BRB) Focus: LGBTQ+ - Women Only Persons who identify as female with pronouns, she and her are welcome. Meetings Local Time 05:00 pm America/Phoenix
Sunday 08:00 PM	Solutions (AZ077) - 901 E Plaza Cir, Litchfield Park Arizona, 85340 SW corner of Indian School Road and Dysart Road, next to Trinity Lutheran Church and School. Format: Discussion - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 05:00 pm America/Phoenix
Sunday 08:00 PM	ACA Redbook Discussion (CA1090) - 1613 Lake Dr., Encinitas California, 92024 Seaside Center for Spiritual Living - The Rose Room The meeting room is around the back part of the church, to the most southeastern part of the building. If you have any questions call Sara at 760-715-1826 Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 05:00 pm America/Los_Angeles
Sunday 08:00 PM	Traits Workbook Group (CA1322) - The meeting is happening on Zoom now. Please contact Janie R for details 314-614-8302 Format: Discussion - Laundry Lists Workbook Notes: Non Smoking - Non Smoking, Meetings Local Time 05:00 pm America/Los_Angeles
Sunday 08:00 PM	Sunday Night Skokie Hospital (IL004) - Currently continuing to meet on Zoom. Please click on meeting contact button for email address of meeting contact to request Zoom link. This is not exclusively a Beginners Meeting, but Beginners are ALWAYS welcome. Meetings Local Time 07:00 pm America/Chicago

Sunday 08:00 PM	<p>Healing Hearts (MT026) - 1025 Central Avenue, Great Falls Montana, 59405 Central Christian Church - 1025 Central Ave, Great Falls -, east-side main alley entrance. Disabled parking available.</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Denver</p>
Sunday 08:00 PM	<p>Sunday Evening Fellow Travelers Meditation Meeting (NM0049) - 3960 San Felipe Road, Santa Fe New Mexico, 87507 Effective 6/4/23, this meeting is both in-person & online, via Zoom(hybrid). In person location is Southwestern College 3960 San Felipe Road, Santa Fe, 87507. To attend via Zoom, please reach meeting contact in advance of meeting.</p> <p>Format: Discussion - Strengthening My Recovery</p> <p>Notes: Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, 10 Minute Silent Meditation, followed by the day's reading from Strengthening My Recovery, &/or a solution-oriented ACA topic.</p> <p>Meetings Local Time 06:00 pm America/Denver</p>
Sunday 08:00 PM	<p>Peace ACA (TX0183) - ACA Laundry List Workbook 4x4 Study and Discussion (TX0183). Open to all. English. meet via ZOOM only. We study one trait and one question per meeting. ZOOM ID: 892 3327 3383 Passcode: adultchild</p> <p>Format: Book Study - Discussion</p> <p>Meetings Local Time 07:00 pm America/Chicago</p>
Sunday 08:00 PM	<p>Kalispell ACA (MT0041) - 153 N Meridian, Kalispell Montana, 59901 This is an open meeting. We meet from 6PM to 7:30PM on Sunday night. We read and share from the Big Red Book for 1 hour and then read and share from the Yellow workbook for 1/2 hour.</p> <p>Meetings Local Time 06:00 pm America/Denver</p>
Sunday 08:00 PM	<p>SundayNightZoomMeeting (WEB0789) - ACA Sunday Night Meeting Time: 07:00 PM CST Every week on Sunday Zoom App: Meeting ID: 821 7240 1217 Passcode: 772046 email: 719.aca@gmail.com or contact Dewanna M@ email address: 0789.aca@gmail.com An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chair. We then open the meeting for shares, on topic or for anything that is heavy on your heart.</p> <p>Meetings Local Time 07:00 pm America/Chicago</p>
Sunday 08:00 PM	<p>Fellow Travelers LLWB (MN0177) - 3009 Restormel St, Duluth Minnesota, 55806</p> <p>Format: Laundry Lists Workbook</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/Chicago</p>
Sunday 08:00 PM	<p>Sunday BRB Women's Meeting (WEB1075) - zoom 807 053 4034 Email or text for password 8602082233 or allwomeninharmonyaca@gmail.com https://us06web.zoom.us/j/8070534034?pwd=bXloY0lCcnEwYU03WGRIYkEyblUzZz09</p> <p>Format: Fellowship Text (BRB)</p> <p>Focus: LGBTQ+ - Women Only This meeting is for anyone who identifies as a woman, and it is a safe and inclusive space.</p> <p>Meetings Local Time 08:00 pm America/New_York Virtual Meeting Link</p>

Sunday 08:00 PM	<p>Sunday Five PM 90 Minute (CA1584) - 11530 West Pico Blvd, Los Angeles California, 90064 On Pico Blvd. near Gateway Blvd. in West Los Angeles. Upstairs. Use rear entrance. This is a relatively new meeting (start date: September 17th, 2023). It is the third ACA meeting at the Club, joining Monday 7:30 PM and Thursday 8 PM. Format: Discussion - Fellowship Text (BRB) - Steps Meetings Local Time 05:00 pm America/Los_Angeles</p>
Sunday 08:00 PM	<p>The Days of our Lives (NC0129) - 170 Council St, Boone North Carolina, 28607 Church is directly behind Earth Fare, then go through parking lot for community church. Follow road around slight curve. We meet in main church foyer. Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Steps Focus: Beginners - Secular/Agnostic/Atheist Notes: Wheelchair Access - Wheelchair Access, Meetings Local Time 08:00 pm America/New_York</p>
Sunday 08:00 PM	<p>(AL029) - 1400 Oxmoor Rd., Homewood Alabama, 35209 Trinity United Methodist Church, 1400 Oxmoor Road, Homewood. Park in the small parking lot on Seminole Street (right side of the church). You will have to go around the church since Seminole St. is a one way. Go in at the left entrance nearest to Oxmoor Road. There will be a white sign on the door saying, "United Counseling." The meeting takes place in the small parlor immediately to the right at the end of the hallway. Please arrive 10 minutes early so that somebody can let you into the building. Knock loudly and somebody will come out. Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/Chicago</p>
Sunday 08:00 PM	<p>ACA Chat (WEB0122) - ~• Go to https://acachat.com/ and click Chat on the menu. ~• Register a username and then login with it. ~• Meetings are text-based (no video) and take place in the ACA Room. ~• Chat Rooms are open 24/7/365 for fellowship, connections, and support. ~• Current as of September 2023! Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery Meetings Local Time 08:00 pm America/New_York Virtual Meeting Link</p>
Sunday 08:15 PM	<p>Facing Denial (NY0204) - 295 W Route 59, Spring Valley New York, 10977 Echo Building. Call contact person to get room information. Format: Discussion Focus: Men-Only Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 08:15 pm America/New_York</p>
Sunday 08:30 PM	<p>Costa Mesa Sunday Night (CA837) - 275 Victoria Street, Costa Mesa California, 92627 College Hospital Medical Bldg, First Floor, Room B-- bldg is to left of the hospital-- Victoria Street exit off 55 Fwy Format: Discussion - Fellowship Text (BRB) Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 90-minute meeting. Decisions are made through discussion and group conscience. Restrooms are on the 2nd Floor and in the hospital lobby. Meetings Local Time 05:30 pm America/Los_Angeles</p>

Sunday 08:30 PM	<p>Hope For Adult Children ACA (CO015) - 640 Main St, Broomfield Colorado, 80020 Brunner Farmhouse, NE Corner Main/Midway Yellow Farmhouse On Hill. 640 Main St, Broomfield CO 80020. This is a 90 minute meeting, combined red book study and step study. Currently meeting in person and on zoom. Email contact for zoom info.</p> <p>Format: Discussion - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:30 pm America/Denver</p>
Sunday 08:30 PM	<p>Easy Evening Meditation (WEB0872) - Please email us for Zoom codes and call in numbers: easyeveningaca@gmail.com. We meet 7 evenings a week. We read from Strengthening My Recovery and the cited passage from the Big Red Book. We follow this with a four minute meditation and shares. Please join us. Note: Our Business Meeting is held, in place of the regularly scheduled meditation meeting, on the 2nd day of each month.</p> <p>Format: Fellowship Text (BRB) - Strengthening My Recovery</p> <p>Meetings Local Time 08:30 pm America/New_York</p>
Sunday 08:30 PM	<p>ACA Woman's Art Therapy & Meditations (WEB1136) - Online workshop only, please follow the link or email our communications person for more details.</p> <p>Format: Fellowship Text (BRB) - Workshop</p> <p>Focus: Women Only</p> <p>Notes: Fragrance Free - Non Smoking - Fragrance Free, Non Smoking, All recovering woman welcome, we do a rotational workshop, somatic art exercise week 1, affirmations bilateral week 2, attachment focus week 3, and inner childrens' drawings to the loving parent week 4. We focus on a excerpt from chapter 8 in the BRB Videos on required only for the ID checkin. Note; this is a prerequisite. This meeting is locked after ID 10mins in.</p> <p>Meetings Local Time 10:30 am Australia/Sydney Virtual Meeting Link</p>
Sunday 08:30 PM	<p>ACA Book Study (AZ0166) - 318 w perkinsville road rd, Chino Valley Arizona, 86323 Meeting is next to the bookstore</p> <p>Format: Discussion</p> <p>Focus: Beginners</p> <p>Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 05:30 pm America/Phoenix</p>
Sunday 08:30 PM	<p>Sunday Solutions (CA1562) - 1953 Hopkins St, Berkeley California, 94707 Street Parking available - Go upstairs, through the hall to the end and turn left. Room 29 is the first room on the right.</p> <p>Format: Fellowship Text (BRB) - Loving Parent Guidebook - Speaker - Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Mill Valley Sunday 6:00 (CA1009) - 410 Sycamore church classroom 1, Mill Valley California, 94941</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>

Sunday 09:00 PM	<p>The Solutions Group (CA1030) - 1550 Diablo Road, Danville California, 94526 Saint Timothy's Episcopal Church, 1550 Diablo Rd., Danville, CA. Youth Center from 6 p.m. to 7:30 p.m. PST Meeting ID: 829 429 127 Passcode: 121111 Format: Discussion - Laundry Lists Workbook - Speaker - Steps Notes: Non Smoking - Non Smoking, Newcomers welcome. We are using the Laundry Lists Workbook. Meetings Local Time 06:00 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 09:00 PM	<p>Identity 2 (TEL0341) - -- Telephone 712-432-3900 Access code 411175#. The Identity Papers Chapter 6, 10 and Appendix A Thursday's meeting uses literature from the ACA Schematic and moderator choice Format: Discussion Meetings Local Time 09:00 pm America/New_York</p>
Sunday 09:00 PM	<p>Process of Recovery SoCal 2 (WEB0207) - Join us in a welcoming virtual space on Zoom ID 885 7855 2639 and passcode 296471. Our meeting takes place every day, 7 days a week at 6pm Pacific / 9pm Eastern for 85 minutes. We provide a non-judgmental atmosphere for a feelings check-in, readings from the Big Red Book (BRB), a meditation or non-dominant handwriting session, sharing time, and a fun celebration of The Promises. We also offer an extended parking lot after the meeting, with time for newcomer questions, post meeting shares and fellowship. For everyone's safety, participants will need to be logged into a registered Zoom account prior to entering the meeting. Zoom bombers will be swiftly removed and reported. This meeting has been in existence since 6/14/20. Format: Discussion - Fellowship Text (BRB) Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>ACA Carbondale (WEB0255) - Meetings on Zoom. For link or dial-in phone number, please email acabonedale@gmail.com or send a text to 970-379-3356. Format: Discussion - Steps Will remain on Zoom permanently. Meetings Local Time 07:00 pm America/Denver</p>
Sunday 09:00 PM	<p>Laundry Lists (WEB0287) - http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/ for up to date zoom information Format: Discussion Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>FRACA Front Range ACA (WEB0829) - We welcome everyone in helping to create a safe community where Fellow Travelers can find support and share their experiences. Our online one-hour meeting grew out of the Serenity, Courage and Wisdom ACA (Boulder, Colorado). In most meetings, we read from ACA literature (links provided in the chat), or a topic chosen by the (rotating) chair. Then the meeting is open for everyone to share. Join us on ZOOM via the links below. Zoom ID: 412 006 6197 PW: 478022 For phone call-in: Dial by your location 1 669 900 6833 US (San Jose) 1 346 248 7799 US (Houston) Find your local number: https://us02web.zoom.us/j/kcvYJNwWHy Format: Discussion Meetings Local Time 07:00 pm America/Denver Virtual Meeting Link</p>

Sunday 09:00 PM	<p>ACA Fellow Travelers (OR0158) - 5441 SE Belmont St, Portland Oregon, 97215 Turn left upon entering the Tabor Space main entrance and go to the end of the hall. Then turn right and go to the Art Space Room - the last door on the left.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Notes: Wheelchair Access - Wheelchair Access, Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Living in the solution - Socal3 (WEB1047) - Zoom ID: 871 3722 7107 To receive the Zoom passcode please email socal3welcome@gmail.com. This meeting meets every day - 7 days a week at 6pm pacific/9pm eastern. Our meeting includes a feelings check-in, reading from the BRB/LPG, meditation time and breakout room shares. Socal 3 provides a safe place to share your adult and childhood experiences. Newcomers are encouraged to join us, and we make time for newcomer questions at the end of each meeting. On Fridays, we read from ACA's Loving Parent Guidebook (LPG).</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Strengthening My Recovery (CA1569) - 7401 Millport Dr, Roseville California, 95678</p> <p>Format: Strengthening My Recovery</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>(TEL0528) -</p> <p>Format: Discussion</p> <p>Focus: Men-Only Anyone who identifies as male</p> <p>Meetings Local Time 09:00 pm America/New_York</p>
Sunday 09:00 PM	<p>Sunday night online Marin Fellowship (WEB1213) - ZOOM: Meeting ID: 443 723 375 Password worthit</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Women In The Solution (CA1608) - 1600 East Hillcrest Rd, Thousand Oak California, 91632</p> <p>Format: Loving Parent Guidebook</p> <p>Focus: Women Only Women In The Solution Is currently working the LPGB. Literature is provided by the group for all those without.</p> <p>Meetings Local Time 06:00 pm America/Los_Angeles</p>
Sunday 09:00 PM	<p>Quartzite ACA in person meeting (AZ0189) - LTVA, Quartzite Arizona, 85359 Text or call 218-370-9942 for location in the LTVA or any questions.</p> <p>Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery</p> <p>ACA Big Red Book meeting, script, read BRB, discussion, and personal sharing of feelings, experience, strength, and hope in small breakout groups. (English) Open to all who identify themselves as adult children of alcoholic and/or dysfunctional families who are interested in recovery.</p> <p>Meetings Local Time 06:00 pm America/Phoenix</p>
Sunday 09:30 PM	<p>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.</p> <p>Format: Discussion</p> <p>Meetings Local Time 09:30 pm America/New_York</p>

<p>Sunday 09:30 PM</p>	<p>Loving Parent Guidebook Study Meeting (AZ0173) - 5360 E Pima St, Tucson Arizona, 85712 Streams in the Desert Church Format: Loving Parent Guidebook Focus: Beginners Meetings Local Time 06:30 pm America/Phoenix</p>
<p>Sunday 09:30 PM</p>	<p>ACA Religious Abuse Survivors (WEB0933) - Passcode 232933 -- if you are asked for it. https://us06web.zoom.us/j/85780909607?pwd=d3hXRXXZia0JaUmQ0MG9Wd1JaRFpOdz09 Contact acareligiousabusesurvivors@gmail.com if there are any issues. Format: Loving Parent Guidebook - Steps Focus: Secular/Agnostic/Atheist Notes: Needs Support - Needs Support, Please use the virtual meeting link to get to all of our meetings. You can also see a full list of ACA RAS meetings at ACA-ie-Intergroup.org Sat: Feeling our Feelings; Sun: Loving Parent Guided Meditation; M: Loving Parent Guidebook, secularized; T: Recovery from the Shame and Blame of Sexual Repression; W: Recovery from Religious Narcissistic Abuse; TH: Recovery From the Emotional Abuse of the Religious Drama Triangle; F: Recovery from Post Traumatic Embitterment. One tap mobile +16694449171,,85780909607#,,,,*232933# US +13462487799,,85780909607#,,,,*232933# US (Houston) Dial by your location +1 669 444 9171 US +1 346 248 7799 US (Houston) +1 720 707 2699 US (Denver) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) If locked out, contact jilladee@gmail.com Meetings Local Time 06:30 pm America/Los_Angeles Virtual Meeting Link</p>
<p>Sunday 09:55 PM</p>	<p>Sydney Lunchtime Meeting (WEB0310) - Lunchtime Club Daily Affirmations Mondays to Sunday at 12.00 pm (noon) Sydney Aust time zone Sydney International Speaker Meeting held Second Sunday each month 12midday to 1.30pm (Sydney Australia time) https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09 Meeting ID 418 125 471 Password 028589 Please visit our meeting website acalunchtime.com for great speaker recordings and other ACA recovery tools. Hope to see you soon Format: Discussion - Speaker - Strengthening My Recovery Meetings Local Time 11:55 am Australia/Sydney</p>
<p>Sunday 10:00 PM</p>	<p>Any Dysfunctional Family (CA1111) - 73 N. Hill Avenue, Pasadena California, 91106 Candlelight In-person meetings at Hill Avenue Grace Church in Pasadena. 73 N. Hill St, Pasadena, CA 91106. Enter parking lot from Hill St. (first driveway from Union.) Meeting parking and entrance is past the restaurant parking area. Enter gate and then go to the door by outdoor playground area. LOOK for ACA meeting signs. Format: Book Study - Discussion - Fellowship Text Notes: Non Smoking - Non Smoking, Candlelight Meetings Local Time 07:00 pm America/Los_Angeles</p>
<p>Sunday 10:00 PM</p>	<p>Becoming Your Own Loving Parent (TEL272) - 712 432 8808 Access Code 247365# - (Press star 1 to un-mute, press star 1 again to mute yourself) - This group meets daily. Topics are Sunday (Ch. 15 BRB), Monday (Tony A), Tuesday (Laundry List), Wednesday (Beginners), Thursday (Ch. 8 BRB), Friday and Saturday are Moderator's Choice. - There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction. Format: Discussion - Fellowship Text (BRB) Notes: Needs Support - Needs Support, Meetings Local Time 10:00 pm America/New_York</p>

Sunday 10:00 PM	<p>Sunday ACA Serenity Meeting (CA1407) - This is a password protected Zoom meeting. Please text, call or email Craig for the password. Ph# (323) 529-4033 Email: mr.22thousand@gmail.com Please contact me for the password as early as possible because I get too busy with the meeting to respond. We are a healthy little meeting with lots of recovery.</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 10:00 PM	<p>(CA1486) - 9346 Greenback Ln, Orangevale California, 95662 Located in the Alano Club, Suite 10. All are welcome</p> <p>Format: Fellowship Text (BRB)</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles</p>
Sunday 10:00 PM	<p>Safe Spaces for Asians, Asian Americans, Pacific Islanders, and South Asians (WEB0761) - Zoom ID: 947 5535 9483 Please email aca.aaapi.progress@gmail.com for the password. This is a closed meeting. Self-identified Asians, Asian Americans, Pacific Islanders, and South Asians only.</p> <p>Format: Discussion - Strengthening My Recovery</p> <p>Focus: Beginners - BIPOC Safe Spaces for AAAPISAs in ACA. We read the daily ACA meditation from Strengthening My Recovery, and share our experience, strength and hope with others who know how you feel.</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles Virtual Meeting Link</p>
Sunday 10:00 PM	<p>Fellow Travelers (OR0154) - 700 Marion St NE, Salem Oregon, 97301 Red Book Study</p> <p>Format: Book Study - Discussion</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles</p>
Sunday 10:00 PM	<p>ACA Mens (CA1532) - 518 12th Street, Marysville California, 95901</p> <p>Format: Book Study - Discussion - Fellowship Text</p> <p>Focus: Men-Only</p> <p>Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles</p>
Sunday 10:00 PM	<p>(CO0118) - 5455 W 38th Ave., Denver Colorado, 80212 Alano Club</p> <p>Format: Book Study - Discussion - Fellowship Text</p> <p>Meetings Local Time 08:00 pm America/Denver</p>
Sunday 10:00 PM	<p>Red Book Meeting (CA1563) - 519 Hartnell St., Monterey California, 93940 This ACA meeting is held inside the AA Fellowship Hall that faces the Trader Joes Parking lot near downtown Monterey, CA.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Notes: Fragrance Free - Non Smoking - Wheelchair Access - Fragrance Free, Non Smoking, Wheelchair Access, This ACA group reads from the ACA Red Book for 15-20 minutes and then each person has an opportunity to talk for 3-5 minutes with no crosstalk.</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles</p>
Sunday 10:00 PM	<p>Red Book Reading North Park (CA1564) - 3201 Thorn St, San Diego California, 92104</p> <p>Meetings Local Time 07:00 pm America/Los_Angeles</p>

<p>Sunday 10:00 PM</p>	<p>(14 Coconuts) (HI0043) - Kapiolani Park, Waikiki, Queen's Surf Beach, Honolulu Hawaii, 96815 Look for the Barefoot Beach Cafe. This cafe is right on the beachfront promenade and you can find us at one of the public picnic tables, on the cafe's southside. There are rest room facilities right beside the cafe. Parking is available on the street at no cost, but you may have a pleasant little walk from where you find a parking space. Call Julian at 808-476-9821 if you can't find the cafe or if you need any other help. Someone will be at the meeting location 15 minutes before the meeting begins.</p> <p>Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Strengthening My Recovery - Workshop By process of Group Conscience</p> <p>formatting of this meeting is currently in progress. Welcome.</p> <p>Meetings Local Time 04:00 pm Pacific/Honolulu</p>
<p>Sunday 10:30 PM</p>	<p>Pacifica Sunday Night Adult Children (CA1123) - 104 Hilton Way, Pacifica California, 94044 **Pacifica Sunday Night Adult Children** **Sharp Park Library** (no longer online as of May 1, 2022)</p> <p>Format: Book Study - Discussion - Speaker - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:30 pm America/Los_Angeles</p>
<p>Sunday 11:00 PM</p>	<p>(HI0041) - 4383 Rice Street, Lihue Hawaii, 96766 Lihue Missionary Church- green building across from the historic County Building and in between Texaco and Rainbeau Jo's</p> <p>Format: Discussion - Fellowship Text (BRB) - Steps</p> <p>Focus: Beginners</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 05:00 pm Pacific/Honolulu</p>
<p>Sunday 11:00 PM</p>	<p>Agnostics R' us (WEB1139) -</p> <p>Focus: Secular/Agnostic/Atheist We use Jitsi meeting to host our meetings which is a free open source video conference service To join our Jitsi meeting please copy URL into browser: https://rb.gy/wkwfr how to join a jitsi meeting: https://youtu.be/kNc7x5aJAMg?si=86IgOIm_ylhu97Dd camera optional meeting If the microfone or camera doesnt work please try opening link in Firefox browser.</p> <p>Agnostics R' us is open to everyone in ACA. If you identify atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group could be for you. There is one requirement for ACA membership: the desire to recover from the effects of family dysfunction. We are not bitter atheists or against a Higher Power. We believe in personal accountability and that ACA recovery from dysfunction can be successful with or without "god." We acknowledge that a Judeo/Christian or any other Higher Power does not work for everyone. If you'd like a secular approach to the 12-steps in ACA, we invite you to join us . Meditation is the focus of the meeting contact name: francisco email contact: computersaturn8@proton.me we meet every day at 9pm mountain time</p> <p>Meetings Local Time 09:00 pm America/Denver</p>
<p>Sunday 11:00 PM</p>	<p>ACA LIVES LOST (WEB1259) -</p> <p>Notes: Non Smoking - Non Smoking, MEETING ID: 884 5129 4237 PASSCODE: 805547 A FOCUSED MEETING ON TOPICS ARE RELATED TO GRIEF. We do read from other related materials.</p> <p>Meetings Local Time 08:00 pm America/Los_Angeles</p>

Monday 12:00 AM	<p>Early Risers Fellow World Travelers, Europe - Monday Meeting (WEB0095) - Zoom ID's: Monday: 828 6614 9258 Tuesday: 840 9937 2668 Wednesday: 824 1755 4426 Thursday: 832 0464 8580 Friday: 873 1777 2221 Saturday: 815 1866 3991 Sunday: 851 1575 1109 Password for every meeting is the same: 711 Audio only, no video. English Speaking. Reparenting can help us be in the solution of becoming our own loving parent. This is an important step for us as we develop our own identity that is different than our dysfunctional family role. With The Solution, we are on our own, but we are not alone as we were when we were children. We have our ACA group, the fellowship, and a Higher Power to rely upon. With help and support, we learn what it means to be a Loving Parent to ourselves.</p> <p>Format: Discussion Focus: Beginners https://acafellowworldtravelers.com Meetings Local Time 06:00 am Europe/Amsterdam</p>
Monday 12:30 AM	<p>ACA Give it a go - Tony A's 12 Steps (WEB0807) - Email contact for zoom ID. Focus: Women Only Weekly readings from the Big Red Book Meetings Local Time 06:30 am Europe/Vienna</p>
Monday 01:00 AM	<p>Edinstvo (Unity) (WEB1253) - The link to Zoom is available every meeting day 15 minutes before the meeting starts. To get the link, please, check our info channel on Telegram - https://t.me/ACAgrounityMoscow Format: Strengthening My Recovery Focus: Beginners Meetings Local Time 08:00 am Europe/Moscow Virtual Meeting Link</p>
Monday 01:00 AM	<p>(NZL0013) - 51 Victoria St., Hamilton Waikato, 3204 St Peter's Cathedral. The Board Room is inside the entrance to the right of the Cathedral. Format: ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery - Workshop Notes: Wheelchair Access - Wheelchair Access, Beginners and those from all 12 step recovery groups welcome. Meetings Local Time 05:00 pm Pacific/Auckland</p>
Monday 01:15 AM	<p>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com Format: Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Steps Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 am Europe/Berlin</p>
Monday 01:30 AM	<p>(IDN0001) - Loko Cafe. Jalan Raya Semat #67, Bali Bali, 80361 https://maps.app.goo.gl/LMsYa3F1VVyFkcp67 The meeting g is upstairs in the cafe. Format: Discussion The meeting is 90 minutes and we have literature available for sale at cost. Meetings Local Time 01:30 pm Asia/Shanghai</p>
Monday 02:00 AM	<p>NZ LPG (WEB1269) - We will be starting from the beginning of the Loving Parent Guidebook on April 29, 2024 (New Zealand time). All are welcome. Email nzcalpg@gmail.com for the Zoom meeting link. Format: Loving Parent Guidebook Meetings Local Time 06:00 pm Pacific/Auckland</p>

Monday 04:00 AM	NZ Studies Bill of Rights (WEB0839) - Format: Discussion This is a literature based study. Meeting id is 2020434320. The password is Ucandoit. Starts at 8pm NZDT time please check your local area for the time changes. Audio only. Meetings Local Time 08:00 pm Pacific/Auckland
Monday 04:00 AM	(WEB0076) (Español) - Look for our meetings in WWW.ACASPAIN.ORG or contact acaenlineaskype2021@gmail.com by skype or mail asking to participate in our meetings or to be member. Puedes localizar nuestras reuniones en WWW.ACASPAIN.ORG o contacta el usuario: acaenlineaskype2021@gmail.com en skype, pidiendo participar en nuestra reuniones o ser miembro. Format: Book Study Meetings Local Time 10:00 am Europe/Madrid
Monday 04:15 AM	ACA Work and Money (WEB1009) - Meeting ID: 9132 6078 635 Passcode: Steps Format: Book Study We meet to share the experiences we had as children growing up in an alcoholic or dysfunctional home. That experience infected us then, and it affects us today, including in the workplace. In this meeting we read “The Workplace Check List” and pick a different reading each week from the BRB or Strengthening my recovery about Workplace or Money. Meetings Local Time 06:15 pm Australia/Sydney Virtual Meeting Link
Monday 05:00 AM	Red Book Topic Meeting (AUS057) - Corner South Rd and, Ashwin Parade, Adelaide South Australia, 5032 Thebarton Community Centre Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Australia/Adelaide
Monday 05:00 AM	Sydney Open Literature Study Group (WEB0446) - Sydney Open Literature Study Group; Monday 7:00pm - 8.30pm (Sydney Australia Time); Meeting with video on and locked at start time; Sharing on The Loving Parent Guidebook (as of Jan24 at Ch5, Critical Parent); Meeting ID 895 9383 4670 Password SOSSG Format: Loving Parent Guidebook This is a cameras on meeting. Meeting is locked at start time Meetings Local Time 07:00 pm Australia/Sydney Virtual Meeting Link
Monday 05:00 AM	Big Red Book Study (AUS0125) - Sacred Heart Catholic Church, NSWThe Parish Centre, 1 Keenan Street, Mona Vale New South Wales, 2103 Format: Fellowship Text (BRB) Notes: Wheelchair Access - Wheelchair Access, weekly Meetings Local Time 07:00 pm Australia/Sydney
Monday 05:00 AM	Laundry Lists Workbook meeting (AUS0129) - 64 Clyde Street, Thornbury Victoria, 3071 Span Community House, Walk-in and turn left into the Lyrebird room. All welcome. Format: Laundry Lists Workbook This meeting goes through The Laundry Lists Workbook where we work through the traits from The Laundry List and The Other Laundry List. It is a face-to-face meeting only and all Adult Children are welcome. Meetings Local Time 07:00 pm Australia/Melbourne

Monday 05:00 AM	<p>Self expectancy (Prinyatie sebya) (RUS0067) - 78°V” Alexandra Nevskogo street, Kaliningrad Kaliningrad, In the territory of Catholic Church. Two floor building behind on the right of Catholic church (main building), 1 floor, room 8.</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 1. Every third Saturday we have separated Man-only and Woman-only groups. On fourth Saturday we have speakers (upon request). On Mondays we read Red Book and share. On Thursday we read Adult child’s Diary + short media ration and sharing.</p> <p>Meetings Local Time 11:00 am Europe/Kaliningrad</p>
Monday 05:15 AM	<p>Loving Parent (AUS0074) - 65 Willoughby Rd, Crows Nest , 2065 Northside Baptist Centre</p> <p>Format: Book Study</p> <p>Meetings Local Time 07:15 pm Australia/Sydney</p>
Monday 05:45 AM	<p>Worthy of Unconditional Love & Respect (TEL0515) - The meeting is 7 days a week, 365 days a year!</p> <p>Please email Csara6250@gmail.com for the phone number and pin.</p> <p>Format: Discussion - Speaker</p> <p>Focus: Beginners - Women Only Women's only meeting. Have to email for the pin is a safety measure only.</p> <p>Meetings Local Time 05:45 am America/New_York</p>
Monday 05:45 AM	<p>Become Your Own Loving Parent (TEL046) - Meeting Time Is Eastern Time...712-432-3900; conference code 247125#</p> <p>Format: Discussion - Speaker Speaker for 15 minutes the last Sunday of the month</p> <p>Meetings Local Time 05:45 am America/New_York</p>
Monday 06:00 AM	<p>meet12aca (TEL0425) (German / deutsch) - This is a telephone and online meeting in German. We meet at 12pm - noon Europe Central time.. Das ist ein Telefon- und online-Meeting in deutsch. Wir treffen uns um 12 Uhr mittags. Die Einwahl/Dial-in number (DE): 0221-98258760 Access code: 814478# International dial-in numbers: https://fccdl.in/i/meet12aca Online meeting ID: meet12aca Join the online meeting: https://join.freeconferencecall.com/meet12aca Das Meeting ist offen für alle Interessierten email: meet12aca@protonmail.com</p> <p>Format: Discussion It s at noon 12o'clock CET (6am ET).We read the daily mediation before sharing.</p> <p>Meetings Local Time 12:00 pm Europe/Berlin</p>
Monday 06:00 AM	<p>Monday 12pmCET Self-Love Group (WEB0167) - 12 pm Central European Time 11 am UK Time/BST/London Zoom Id: 879-3057-1435 Password 711 English speaking meeting Cameras optional Self Love focused meeting: Read from Big Red Book Chapter 15: 'Beyond Survival: Practising Self Love' followed by sharing.</p> <p>Format: Discussion</p> <p>Meetings Local Time 12:00 pm Europe/Copenhagen</p>
Monday 06:30 AM	<p>Loving Parent Workshop (PA0144) - These meetings are currently only on the phone. 917-900-1022 Passcode: 55310# At some point, we may start face to face meetings. If that happens, we will meet in the choir room at the Holy Cross Lutheran Church, Nazareth PA. Go to the back of the church and knock on the door at the far left of the building, the side along Johnson Road. Meets Monday, Thursday and Saturday</p> <p>Format: Loving Parent Guidebook - Workshop Non Smoking</p> <p>Meetings Local Time 06:30 am America/New_York</p>

Monday 07:00 AM	<p>ACA AM Meeting (RI0014) - 296 Angell Street, Providence Rhode Island, 02906 Enter Angell Street Side Door</p> <p>Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery Focus: Beginners - Young Adult (Ages 18 to 26) Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 07:00 am America/New_York</p>
Monday 07:00 AM	<p>Laundry List 4 X 4 (TEL008) - 667-770-1523 Pin 871076# - Telephone Dial in Meeting</p> <p>Format: Discussion Meetings Local Time 07:00 am America/New_York</p>
Monday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - This is a Pop-up Skype meeting. All ACA members who are members from this Skype channel can start a meeting on this channel twice a day at 13:00 P.M. and 19:00 P.M. EXCEPTION: there is no meeting on Tuesdays at 19:00 P.M.</p> <p>Format: Book Study - Fellowship Text To become a member of the Inner Peace Group meeting, newcomers need to contact (register) aca.innerpeace@outlook.com Meetings Local Time 01:00 pm Europe/Amsterdam</p>
Monday 07:00 AM	<p>Seeking Emotional Integrity - We Agnostics secular meeting (WEB0609) - We meet to explore and discuss the Identity Papers. These documents include the foundational language, focus, and method of recovery that sets ACA apart from similar Twelve Step fellowships. The Identity Papers are printed in the BRB on pp. 81-90 and pp. 353-363 or available in booklet form from shop.adultchildren.org Join us on ZOOM: https://us02web.zoom.us/j/81437276969 Meeting ID: 814 3727 6969 Passcode: 247365</p> <p>Format: Discussion Focus: Secular/Agnostic/Atheist Meetings Local Time 07:00 am America/New_York</p>
Monday 07:00 AM	<p>ACA Loving Parent Guidebook International (WEB0654) - Every Monday: 11:00 GMT 7:00am EST 12:00pm UK 13:00 S Africa 16:30 India ST 20:00 Japan ST 21:00 AEDT Meeting lasts 75 mins. Meeting ID: 884 6408 4879 Passcode: LPG4u</p> <p>Format: Book Study - Discussion - Loving Parent Guidebook ACA Loving Parent Guidebook International</p> <p>With help from the Loving Parent Guidebook and our ACA support group we're learning to parent ourselves with gentleness, humor, love and respect. Beginners Welcome! Guidebook will be shared on screen via Kindle. English transcript enabled through Zoom.</p> <p>Meetings Local Time 07:00 am America/New_York</p>
Monday 07:00 AM	<p>RI Area Morning (WEB1002) - Meeting ID: 494757467 Email riareaaca@gmail.com for the password (please allow for a delayed response) More RI Area Meeting info can be found at: https://www.riareaaca.org/meeting-info.html This meeting meets: Daily at 7am. Eastern time; We read Strengthening My Recovery and BRB, after we share, we read something from The Inner Loving Parent Guidebook Link to book: https://shop.adultchildren.org/products/loving-parent-guidebook</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery Meetings Local Time 07:00 am America/New_York Virtual Meeting Link</p>

Monday 07:00 AM	<p>Learning to Love and be Responsible for Ourselves (WEB0793) (English, US) - Meeting ID: 818 8099 0843 Passcode: 123123</p> <p>Format: Fellowship Text (BRB) - Loving Parent Guidebook - Strengthening My Recovery This meeting meets: -Monday thru Thursday at 7am. Eastern time; -Saturday at 8am. Eastern time; -Sunday at 8:30am. Eastern time. We read Strengthening My Recovery and BRB -Fridays at 7am Eastern time - we read The Inner Loving Parent Guidebook Link to book -Business Meetings are on the 15th of every month after the regular meeting.</p> <p>Meetings Local Time 07:00 am America/New_York Virtual Meeting Link</p>
Monday 07:30 AM	<p>Bright and Early (KY0027) - Strengthening My Recovery Literature. 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Monday meeting is hybrid, in person at Gratz Park.</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, 2020: ONLINE Meeting Only. Email Group Contact for meeting link.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Monday 07:30 AM	<p>ACA Singapore Monday Group (SGP0001) - 11 Jalan Ubi, Block 5, #01-41, Singapore Singapore, 409074 We Care Community Service (Courage Room)</p> <p>Format: Fellowship Text (BRB) Hybrid with Zoom: Meeting ID: 826 8610 1555 Passcode: 948709</p> <p>Meetings Local Time 07:30 pm Asia/Singapore</p>
Monday 07:30 AM	<p>Start Your Day ACA (NY0269) - 120 w 69th street, New York New York, 10023 Meeting location is Christ & St Stephen's Church on west 69th between Columbus and Broadway downstairs. There is a sign on the door.</p> <p>Format: Strengthening My Recovery</p> <p>Focus: Beginners</p> <p>Notes: Needs Support - Needs Support,</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Monday 07:30 AM	<p>LOVING PARENT GUIDEBOOK (ACA LPG) WEEKLY MONDAY READING GROUP (WEB1162) - SIGN UP REQUIRED to receive Zoom link: ACALovingParentGB@outlook.com</p> <p>Format: Loving Parent Guidebook COME READ WITH US EVERY MONDAY! The ACA Loving Parent Guidebook weekly reading group is a group that has been established for members to collectively read and discuss the ACA Loving Parent Guidebook on a weekly basis.</p> <p>Meetings Local Time 12:30 pm Europe/London</p>
Monday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED] Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET Dial in: 1 646 558 8656 US (New York) Zoom Link: https://us04web.zoom.us/j/88688390978 ***** Other Dial-in numbers: 1 301 715 8592 US (Germantown) 1 312 626 6799 US (Chicago) 1 253 215 8782 US (Tacoma) 1 346 248 7799 US (Houston) 1 669 900 9128 US (San Jose) To Find your dial-in number: https://us02web.zoom.us/j/kcEsR2PF1V ***** [For more information, email us at info@acamorning.org] Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares.</p> <p>Meetings Local Time 07:30 am America/New_York</p>
Monday 07:45 AM	<p>Red Book Zoom (WEB1232) - Meeting # 852 882 34704 PW acoa2</p> <p>Meetings Local Time 07:45 am America/New_York</p>

Monday 08:00 AM	<p>ACA in Bonita Springs (FL0228) - This meeting is now via this Zoom link:https://us02web.zoom.us/j/97593632861</p> <p>Format: Discussion</p> <p>Meetings Local Time 08:00 am America/New_York Virtual Meeting Link</p>
Monday 08:00 AM	<p>ACAs, Food Addiction, and Emotions (TEL0395) - 605-313-4822, 589425# After a brief reading about relating to our emotions and our relationship with food, we journal in silence about our current emotions for 10 minutes. We share afterward. Remain muted until journal silence ends around 8:25. *6 to mute and unmute. We meet 7 days a week.</p> <p>Format: Discussion - Workshop</p> <p>Meetings Local Time 08:00 am America/New_York</p>
Monday 08:00 AM	<p>(GBR0035) - 123 Charing Cross Road, London London, WC2H 0EW The first meeting of the month will be a speaker meeting with the speaker sharing their experience, strength and hope. Speaker meetings will be 75 minutes as opposed to the usual 60 minutes to allow enough time for sharing.</p> <p>Meetings Local Time 01:00 pm Europe/London</p>
Monday 08:00 AM	<p>ACA Mi verdadero ser (WEB0931) (Español) - Online meeting held in Spanish/Español 5 days of the week. Please contact us for access at acamiverdaderos@gmail.com</p> <p>Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Strengthening My Recovery</p> <p>Focus: Beginners We will be reading Mondays: Big Red Book (BRB), Tuesdays: Yellow book 12 Steps, Wednesdays: The Laundry List Workbook, Thursdays: Reparenting/The Loving Parent Guidebook, Fridays: Strengthening My Recovery Book/Daily Meditations.</p> <p>Meetings Local Time 07:00 am America/Cancun</p>
Monday 08:00 AM	<p>Sanando Mi Niño Interior (WEB1110) (Español) - Libro Rojo Criando mi niño Interior Padrinazgo Fortaleciendo mi recuperación Una nueva Esperanza Lectura, escritura y compartir Reuniones en línea vía meet Bienvenidos todos! Trabajamos Libro Rojo, Libro Criando Mi Niño Interior Padrinazgo Fortalecimiento mi Recuperacion Una Nueva Esperanza</p> <p>Meetings Local Time 06:00 am America/Mexico_City Virtual Meeting Link</p>
Monday 08:00 AM	<p>Early Risers (TN0102) - This is a zoom meeting. Please contact the group at earlyrisersaca@gmail.com for the zoom room number. This is the link for the meeting format</p> <p>https://docs.google.com/document/d/1gJA0YZbPWVBKkM1jhvEGlSfonYa8y7ix/edit?usp=sha</p> <p>Thank you!</p> <p>Format: Fellowship Text (BRB)</p> <p>Notes: Non Smoking - Non Smoking, Monday - Daily Reader, Strengthening My Recovery Wednesday - Step Study BRB Friday - Book Study BRB Meeting Format for Chairperson</p> <p>https://docs.google.com/document/d/1H4YjGN8pc1aOJoHBIfQOkZMsFNhB0eE4</p> <p>Meetings Local Time 07:00 am America/Chicago</p>
Monday 08:15 AM	<p>4 x 4 Traits meeting (RI0029) - 201 Pitman Street, Providence Rhode Island, 02906</p> <p>Format: Discussion We work with The Laundry List workbook</p> <p>Meetings Local Time 08:15 am America/New_York</p>

Monday 08:15 AM	ACA Schematic & Appendix A (TEL169) - Phone 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu We meet 4 days a week: Sat, Sun, Mon, & Tues. (English) Focus: Appendix A in the BRB, ACA Schematic pages 6 & 7. Meetings Local Time 08:15 AM America/New York Format: Discussion Meetings Local Time 08:15 am America/New_York
Monday 08:30 AM	(WEB0926) (??) - ???????? https://meeting.tencent.com/@??? ????:30? ACA???? ???455 965 5149 ????? Format: Book Study Meetings Local Time 08:30 pm Asia/Hong_Kong Virtual Meeting Link
Monday 08:30 AM	Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. plus Trusted Servants. We ask the participants not log in before 8:15am EST. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. This meeting has a capacity of 25 members. Meetings Local Time 08:30 am America/New_York
Monday 09:00 AM	ACASerenitySisters (WEB0638) - Please Email Serenitysistergoddesses@gmail.com for password and zoom id. We meet 5 days a week. We have camera check at the beginning of the meeting and then your camera can be turned off. Format: Strengthening My Recovery Focus: Women Only Meetings Local Time 08:00 am America/Chicago
Monday 09:00 AM	Adult Child in Recovery (TEL0402) - Focus on Chapter 7, the 12 steps of ACA from Big Red Book Call 712 432 8808 Access Code 324515# - (Press *1 to un-mute and speak, press *1 again after speaking to mute) - This group meets daily, all 7 days, from 9 - 10:15. Format: Discussion - Steps Meetings Local Time 09:00 am America/New_York
Monday 09:30 AM	Mens Big Red Book Study Group (AZ0125) - This meeting is currently only meeting on Zoom Meeting ID: 412 209 464 Passcode 194999 Format: Discussion - Fellowship Text (BRB) Focus: Men-Only Meeting is currently only on Zoom. Meeting ID: 412 209 464. Passcode: 194999 https://us02web.zoom.us/j/412209464?pwd=S3Z5UDIQWUVMYU9iRFAwYXgxYkRlQT09 Meetings Local Time 06:30 am America/Phoenix
Monday 09:30 AM	Lost and Found (FL0356) - 1339 Neely Drive, Leesburg Florida, 34748 Format: Discussion - Steps Focus: Men-Only Meetings Local Time 09:30 am America/New_York
Monday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: https://adultchildren.org/meditation/ Zoom: 843 1083 1627 Passcode: 1234 Format: Strengthening My Recovery Meetings Local Time 07:00 am America/Los_Angeles
Monday 10:00 AM	Talk. Feel. Trust. (TEL0520) - Loving Parent meeting with a focus on safety and protecting the inner child. Readings are from ACA literature and traditions, relating to safety in meetings. Meeting is in Hebrew language. Meetings Local Time 05:00 pm Asia/Jerusalem

Monday 10:00 AM	Sthlm steg (SWE013) - St. Paulsgatan 39D. Hartwickska huset, ingang gaarden, Stockholm Stockholm, N/A Format: Discussion Meetings Local Time 04:00 pm Europe/Stockholm
Monday 10:30 AM	Men's Yellow Workbook Step Study (AZ0135) - 5631 E Shea Blvd, Paradise Valley , 85254 The New Church of Phoenix, This is a new 12-month session of ACA Yellow Workbook study. This is a commitment of men for up to a year. This meeting follows a 6:30 am Red book study meeting that does not have a time commitment. Format: Steps - Workshop Focus: Men-Only Non Smoking Meetings Local Time 07:30 am America/Phoenix
Monday 10:30 AM	Strength and Hope (ID0049) - Currently meeting on Zoom. Please reach meeting contact for information. Format: Discussion Non Smoking Meetings Local Time 08:30 am America/Boise
Monday 10:30 AM	(FL0391) - 913 Gulf Breeze Parkway, Gulf Breeze Florida, 32561 #7 Harbortown Format: Loving Parent Guidebook Meetings Local Time 09:30 am America/Chicago
Monday 10:45 AM	Healing the Inner Child (FL0382) - 6814 Indiana Avenue, New Port Richey Florida, 34652 Covenant Christian Church 6814 Indiana Avenue New Port Richey, FL 34653 Going North on Rowan Rd. past Main St., make a left on the next St. which is Indiana Avenue. Look for 6814 which comes up fast on the left. Format: Discussion - Strengthening My Recovery Focus: Women Only Notes: Non Smoking - Non Smoking, Time change begins the first Monday in April, 2024. Meetings Local Time 10:45 am America/New_York
Monday 11:00 AM	Non-Dominant Handwriting/The Child Within 1st Monday and 3rd Monday of each month (WEB0295) - Currently meeting on Zoom / Zoom Meeting https://us02web.zoom.us/j/88546250421 Email Meeting Contact for passcode Format: Discussion Update: Please be aware that this meeting is only being held on the 1st Monday and 3rd Monday of each month due to a shortage of service members. It's suggested to have paper and 2 or more writing instruments of your choice. Meeting is 90 min long - includes a meditation, non-dominant handwriting with the inner child/inner teenager, and sharing. Email Meeting Contact for passcode. Meetings Local Time 11:00 am America/New_York
Monday 11:00 AM	ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: https://discord.gg/GKfGUN8 Format: Discussion - Speaker - Steps Linkki Kohtaamispaikalle: https://discord.gg/GKfGUN8 1. Luo itsellesi tunnus ja kirjaudu sisään. 2. Toimii selaimella tietokoneella tai sovelluksella puhelimella (sovellus ilmainen sovelluskaupoissa) 3. Liity kokoukseen klikkaamalla puhekanavaa ACA-Ihmelapset liittymällä kokoukseen. 4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana. Meetings Local Time 06:00 pm Europe/Helsinki

Monday 11:00 AM	<p>ACA Thessaloniki (GRC0005) - ???????? 19, ?????????? Thessaloniki, 54629?????? ???????????</p> <p>Format: Discussion - Speaker - Steps Meetings Local Time 06:00 pm Europe/Athens</p>
Monday 11:00 AM	<p>Sunset Traits (WEB0884) - Meeting ID: 84369196472 Passcode: ACALOVE We are a diverse and inclusive ACA group who cover one laundry list trait per week, with a 10 minute lead share and three minute shares from fellow travelers. It is not necessary to have the workbook in order to attend. Newcomers welcome!</p> <p>Format: Laundry Lists Workbook Meetings Local Time 08:00 am America/Los_Angeles Virtual Meeting Link</p>
Monday 11:00 AM	<p>Womxn Warriors; support for survivors of child and adult abuse - trauma informed (WEB0957) - This meeting is open to anyone who identifies as a womxn; this includes trans and non binary people. Please join via zoom ten minutes before the meeting is due to start. Meeting ID: 9404001001 Passcode: 2QPG9F 4-5pm GMT time Here we talk about the ways in which misogyny affects our lives related to abuse and recovery from trauma. If you'd like to be at service or join our WhatsApp group please ask us at the end of the meeting.</p> <p>Format: Discussion - Loving Parent Guidebook - Speaker Focus: BIPOC - Women Only Notes: Fragrance Free - Wheelchair Access - Fragrance Free, Wheelchair Access, Meetings Local Time 04:00 pm Europe/London</p>
Monday 11:00 AM	<p>Among Friends (IN0110) - 201 N Griffith Blvd, Griffith Indiana, 46319 LARC (Lake Area Recovery Club)The second floor of the Franklin Center. Enter door H which faces Broad St. Street. Parking on Broad is angled to the south. Plenty of parking on both north and south sides of the Franklin center. One flight of stairs up. Hallway to the right. Orange door last one on the right.</p> <p>Format: Discussion - Fellowship Text (BRB) - Strengthening My Recovery Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Newcomers as well old timers and those in between are welcome. Meetings Local Time 10:00 am America/Chicago</p>
Monday 11:00 AM	<p>Feel Talk Trust (WEB1147) - We meet every Mon. For Zoom details (ID and password) email: feeltalktrustaca@gmail.com.</p> <p>Notes: Needs Support - Needs Support, 75-minute meeting includes: 1. Loving Parent Guidebook's grounding check-in 2. Strengthening My Recovery Daily Reflection 3. Five minutes of meditation or journaling (w/optional non-dominant handwriting) 4. Sharing 5. Feelings Checkout Please join us if you identify as a member of ACA. Note: We hold our group conscience/business meetings on the last Monday of the month - abbreviated meeting through 1-4 above concluding sharing portion at 11:45EST, business meeting goes through 12:30EST. All are welcome to participate. Meetings Local Time 11:00 am America/New_York</p>
Monday 11:00 AM	<p>ACA Ihmelapset (WEB1150) - https://www.aal.fi/ryhmat/verkkokokoukset/</p> <p>Format: Steps Meetings Local Time 06:00 pm Europe/Helsinki Virtual Meeting Link</p>

Monday 11:00 AM	<p>ACA Monday Study Hall (WEB1246) - Zoom ID: 853 6487 3161 Passcode: Study! Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery This meeting is like a study hall you might have experienced in high school or college. It is a quiet time of 30 minutes when we do our individual work from The Big Red Book, The Yellow Book, The Laundry List Workbook, The Loving Parent Guidebook, A New Hope Handbook, or - journaling, meditation, or any other recovery-related work of your own choosing. After the study time we will be open for shares about our process, our progress, what came up for us, getting current or anything else that is in our heart. Suggested readings are provided for newcomers. 75 minute meeting. *This is a silent working meeting* (English) Open to All (online) Meetings Local Time 11:00 am America/New_York Virtual Meeting Link</p>
Monday 11:00 AM	<p>The First Line (TEL0364) - Dial 712-432-8808 access code 2220900#. Safety protocols will be in place during the meeting as well as the after meeting/ fellowship time. Most days we read from Chapters 8 and 15 of the Big Red Book ? with a noteworthy difference on Thursdays when we read from the Loving Parent Guide Book. Press *1 to unmute yourself and be heard. Press*1 to mute yourself while listening to another. Format: Discussion Meetings Local Time 11:00 am America/New_York</p>
Monday 11:30 AM	<p>(LVA0001) - J??a 4, Jelgava Jelgavas, LV-3001 Please call 371 26485242. Format: Discussion Meetings Local Time 06:30 pm Europe/Riga</p>
Monday 11:30 AM	<p>Namelis (LTU0002) - S. Daukanto al. 1, Vilnius Vilniaus, LT-01122 Format: Book Study - Speaker - Steps Meetings Local Time 06:30 pm Europe/Vilnius</p>
Monday 11:30 AM	<p>(FL0385) - 1185 Lake McGregor Dr, Fort Myers Florida, 33919 Format: Discussion Meetings Local Time 11:30 am America/New_York</p>
Monday 12:00 PM	<p>Varonen (FIN040) - Raatalintie 6, Polvijarvi Pohjois-Karjala, 83700 We meet as we can. Please make sure, the meeting goes on, tel. +358505476548. Format: Book Study - Discussion - Steps We understand English too. Meetings Local Time 07:00 pm Europe/Helsinki</p>
Monday 12:00 PM	<p>Mi vmeste (RUS0042) - Novoslobodskaya str, 58, Moscow Moscow, 127055 In the building of the Spassky Cathedral. Straight up the stairs, then up the stairs to the semicircular one of the 4th floor. Hall on the 4th floor. Format: Discussion - Speaker - Steps - Strengthening My Recovery Meetings Local Time 07:00 pm Europe/Moscow</p>
Monday 12:00 PM	<p>(TN0079) - 305 West 7th Street, Chattanooga Tennessee, 37402 St. Paul's Episcopal Church, Park in the back of the church. (Thursday BRB) Format: Discussion Meetings Local Time 12:00 pm America/New_York</p>

Monday 12:00 PM	<p>Good Shepherd Monday Noon Group (VA0128) - 1489 Laskin Road, Virginia Beach Virginia, 23451 This meeting will meet via Zoom only for the next two weeks (May 6 & 13, 2014). Hybrid meetings will continue effective May 20, 2024.</p> <p>Good Shepherd Monday Noon Group. Room 4-B - The round part of the building at the back GOOD SHEPHERD LUTHERAN CHURCH 1489 LASKIN ROAD, VIRGINIA BEACH 23451 Zoom meeting ID 975 7001 3353 Password is 560974</p> <p>Format: 12 Steps Yellow Workbook - ACA Concepts of Service - Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 12:00 pm America/New_York Virtual Meeting Link</p>
Monday 12:00 PM	<p>Dospelé deti (SVK0004) - Horný Šianec 17, Trenčín Trenčiansky, 911 01</p> <p>Format: Speaker - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:00 pm Europe/Bratislava</p>
Monday 12:00 PM	<p>Allut (FIN0061) - Hämeentie 75 A, Helsinki Uusimaa, 00550</p> <p>Format: Book Study - Discussion - Fellowship Text - Steps</p> <p>Notes: Non Smoking - Non Smoking, You can also share in other languages if you wish.</p> <p>Meetings Local Time 07:00 pm Europe/Helsinki</p>
Monday 12:00 PM	<p>Edinstvo (Unity) (RUS0057) - Business center “Center-T”, Gamsonovskiy lane, 2, buildings 1 or 2, Moscow Moscow, 115191 Metro station Tuskaya. Business center “Center-T”, the number of the building depends on a day, to get the information about the needed room, please, check the info channel https://t.me/ACAgrounityMoscow</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Steps</p> <p>Focus: Beginners</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm Europe/Moscow</p>
Monday 12:00 PM	<p>Europe's Monday evening (Big Red Book Chapter 14 Study – “ACA in a Workplace”) (WEB0175) - 6 p.m CEST (18:00) Amsterdam time / 5 p.m (17:00) UK time -Zoom ID: 820-6458-4162 - Password 711 - this meeting is audio only, we do not use the video function in this meeting</p> <p>Format: Discussion</p> <p>Focus: Beginners</p> <p>Meetings Local Time 06:00 pm Europe/Amsterdam</p>
Monday 12:00 PM	<p>Chapel Hill (WEB0706) - Contact us for Zoom information: acachapelhill@gmail.com</p> <p>EVERYDAY AT NOON EST</p> <p>Monday - Laundry List Workbook</p> <p>Tuesday - Topic Meeting</p> <p>Wednesday - Big Red Book</p> <p>Thursday - Traditions</p> <p>Friday - Loving Parent Guidebook</p> <p>Saturday - Topic Meeting</p> <p>Sunday - Beginners Meeting</p> <p>Format: Discussion - Laundry Lists Workbook - Loving Parent Guidebook</p> <p>Meetings Local Time 12:00 pm America/New_York</p>

Monday 12:00 PM	<p>A Time to Strengthen (WEB1083) - All Adult Children of Alcoholic and/ or Dysfunctional Families who Strive for Recovery and are willing to Leave Hate in Any Form Outside of the Room are Welcome. Our focus is strengthening ourselves... strengthening our recovery... strengthening our self-care... strengthening our minds... strengthening our spirits... strengthening our lives! After the daily meditation from Strengthening My Recovery is read, the meeting will be locked as sharing begins. Time: Monday 10 AM Mountain Time (US and Canada) Join Zoom Meeting: https://us02web.zoom.us/j/85061608245 Meeting ID: 850 6160 8245 (no password needed – waiting room used) ***NOTE: Due to the Zoom attacks on this meeting, and others like it, which have used the video, chat, mic, profile picture, and renaming functions, among others things, to cause disruptions, trigger extreme emotions and over all cause chaos, at this meeting due to our limited resources, we decided to increase safety by limiting all of these functions. Thank you for your understanding.****We do not discriminate in any way - our meeting is open to all ACAs.</p> <p>Format: Strengthening My Recovery We do not discriminate in any way - our meeting is open to all ACAs.</p> <p>Meetings Local Time 10:00 am America/Denver</p>
Monday 12:00 PM	<p>All My Children (VA0170) - 5097 Richmond Road, Warsaw Virginia, 22572</p> <p>Format: Strengthening My Recovery</p> <p>Focus: Beginners</p> <p>Notes: Needs Support - Needs Support,</p> <p>Meetings Local Time 12:00 pm America/New_York</p>
Monday 12:00 PM	<p>ACA International Monday Meeting (WEB1255) - Please email the chair for a link for your first participation.</p> <p>Format: Fellowship Text (BRB) Typical ACA meeting, with reading of the Daily Meditation. PLEASE DO NOT CALL AHEAD. The chair will call when ready.</p> <p>Meetings Local Time 06:00 pm Europe/Paris</p>
Monday 12:00 PM	<p>ACA Chat (WEB0092) - ~• Go to https://acachat.com/ and click Chat on the menu.</p> <p>~• Register a username and then login with it.</p> <p>~• Meetings are text-based (no video) and take place in the ACA Room.</p> <p>~• Chat Rooms are open 24/7/365 for fellowship, connections, and support.</p> <p>~• Current as of September 2023!</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Steps - Strengthening My Recovery</p> <p>Meetings Local Time 12:00 pm America/New_York Virtual Meeting Link</p>
Monday 12:00 PM	<p>Emotional Sobriety (WEB0116) - Welcome to Emotional Sobriety! This is a Zoom-based meeting for ACA's who identify as women or with women's communities. We meet on Mondays and Fridays at 9 am PST, 10 am MST, 11 am CST, 12 noon EST. On Mondays, shares occur within the large group; on Fridays sharing happens in smaller groups of 6-7 fellow travelers. Sharing is always optional. There is a short journaling time in each meeting. Please email acaemotionalsobriety@gmail.com for the meeting password. Zoom meeting ID: 860-941-578. (Download the zoom app or search zoom in your web browser. Zoom is free for participants)</p> <p>Format: Discussion - Fellowship Text</p> <p>Focus: Women Only</p> <p>Meetings Local Time 12:00 pm America/New_York</p>

Monday 12:00 PM	Doverye (WEB0776) (???????) - ??????? ?????????? ? Zoom. ?????? ?? ????? ????????????????? ? Telegram-??????: https://t.me/VDADoverie Format: Discussion - Speaker - Steps - Workshop ?? ????????? 9-10 ????????? ????????? ? ??????. ?????? ?????? ????????? ????????? ?? ?????? ??? ????????? ??????????? ? Zoom. ????????????? ? ?????????????? ? ?????? ?????????? ????? ?? ?????? ??????: https://sites.google.com/view/vdadoverie Meetings Local Time 07:00 pm Europe/Moscow
Monday 12:30 PM	ACA Scotts Valley (CA1264) - 843 8916 4366; passcode ACASV Format: Discussion - Speaker - Strengthening My Recovery Zoom only Meetings Local Time 09:30 am America/Los_Angeles
Monday 12:30 PM	Aarhus Monday (DEN087) - Beboerlokalet „Frøen”, Paludan Müllersvej 46, Aarhus Aarhus, 8200 Entry through fence on the corner of Paludan Mülle Format: Book Study - Discussion - Fellowship Text - Speaker - Steps Meetings Local Time 06:30 pm Europe/Copenhagen
Monday 12:30 PM	Rechavia ACA Men's meeting (ISR0012) - 14 Kahanov Street, Jerusalem Jerusalem, Format: Steps Focus: Men-Only Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 07:30 pm Asia/Jerusalem
Monday 12:30 PM	Ladies Mtg - Finding Our True Self - Letting Go of Behaviors That Keep Us From Living Happy, Joyous and Free - (WEB0623) - We release excessive distractions like food, shopping, clutter, TV, social media, reading, etc. Losing that time keeps us from being our True Selves. These behaviors can also be the root of our isolation and procrastination. We learn to let go of negative generational messages and patterns that have blocked us from becoming our authentic self. This is a great meeting for all ladies including newcomers. Please join us! Monday and Saturday 9:30am PT / 12:30pm ET 1 hr 15 min mtg Zoom ID: 826 8270 0345 Password: Recovery https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09 Format: Strengthening My Recovery Focus: Women Only Meetings Local Time 09:30 am America/Los_Angeles
Monday 12:30 PM	Monday English ACA Meeting Munich (DEU0012) - Karlstr. 34, Munich Bayern, 80333 Kloster St. Bonifaz (opposite gate dining room Haneberg-Haus) Format: 12 Step Study Group - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm Europe/Berlin
Monday 12:30 PM	ACA Kristiansand (NOR0040) - Kronprinsensgate 10, Kristiansand Vest Agder, 4608 Mandag 18.30-20.00 Kronprinsensgate 10 4608 Kristiansand (Wayback sine lokaler) Kontakt: aca.kristiansand@gmail.com Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) Fysiske møter Meetings Local Time 06:30 pm Europe/Oslo
Monday 01:00 PM	(DEN070) - Østerbaeksvej 85, Odense M Fyn, DK-5230 Munkebjerg kirke (legestuen) Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 PM Europe/Copenhagen

Monday 01:00 PM	<p>True Recovery (GER018) - Pauline-Staegemann-Straße 6, Berlin Berlin, 10249 The meeting takes place at Stadtteilzentrum Volksolidarität (1st floor) which is in 10 minutes walking distance from Alexanderplatz. This is a 2G meeting, so only vaccinated or recovered people are allowed. Door code: 582259</p> <p>Format: Discussion Non Smoking Meetings Local Time 07:00 pm Europe/Berlin</p>
Monday 01:00 PM	<p>Niños Adultos (MEX032) - AVE FUVIAL 195, Puerto Vallarta , 48300 A 2 CUADRAS DE COSTCO</p> <p>Format: Fellowship Text Non Smoking Meetings Local Time 11:00 am America/Mexico_City</p>
Monday 01:00 PM	<p>ACA English Zurich (SWI006) - Quartierzentrum Schütze, Henrichstrasse 238 Zürich, Zurich Zurich, Quartierzentrum Schütze (Entrance on the backside of Building , Entry C, Room Flex 3) Henrichstrasse 238 Zürich</p> <p>Format: Discussion - Speaker - Steps Focus: Beginners Notes: Non Smoking - Non Smoking, Non Smoking Meetings Local Time 07:00 pm Europe/Zurich</p>
Monday 01:00 PM	<p>Here's Da Love (WI110) - Meeting ID: 504 357 428 Password: 12345</p> <p>Format: Discussion This is a meeting for all those looking for Da(daily affirmation) Love. We read from "Affirmations for the Inner Child" By Rokelle Lerner Meetings Local Time 12:00 pm America/Chicago</p>
Monday 01:00 PM	<p>ACA Georgia Tbilisi (WEB0626) (Georgian, English, Russian) -</p> <p>Format: Speaker - Steps Focus: Beginners - BIPOC Meetings Local Time 09:00 pm Asia/Tbilisi</p>
Monday 01:00 PM	<p>Hope and Healing ACA (WEB0681) - The Zoom id for this meeting 880 3732 4268. Please email HopeandHealingACA@gmail.com for the password. We will be focusing on ACA Big Red Book. We look forward to recovering with you. Meetings Local Time 12:00 pm America/Chicago</p>
Monday 01:00 PM	<p>ACA Slovenija Zoom (WEB0904) (Slovenian (slovenski jezik)) - Join Zoom Meeting: Meeting ID: 584 383 1420 Passcode: 111222</p> <p>Format: Discussion - Speaker - Steps Meetings Local Time 07:00 pm Europe/Ljubljana</p>
Monday 01:00 PM	<p>ACA Umeå (SWE0172) - Jägarvägen 16, Umeå Vasterbotten,</p> <p>Format: Fellowship Text - Steps - Traditions Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 07:00 pm Europe/Stockholm</p>
Monday 01:00 PM	<p>Adult Children Support Discord Group (WEB1035) - This is a text chat based meeting held on a discord server. There is a weekly discussion topic that is posted on Mondays at noon and then discussion of that topic continues throughout the week. As this is a discussion based meeting, respectful cross-talk is allowed. 24/7 fellowship chat is also available.</p> <p>Format: Discussion Meetings Local Time 12:00 pm America/Chicago Virtual Meeting Link</p>

Monday 01:00 PM	Loving Parent Guidebook (WI0164) - 6048 McKee Road, Fitchburg Wisconsin, 53719 Fitchburg Serenity Club - Room B Format: Discussion - Loving Parent Guidebook Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 12:00 pm America/Chicago
Monday 01:00 PM	Inner Family Guidance (WEB1230) - Format: Loving Parent Guidebook Focus: Men-Only Please contact us for login information. Meetings Local Time 12:00 pm America/Chicago
Monday 01:00 PM	????? ?????? ??????? ?????? ?????? ??????? ACA ??? ?????? (EGY0002) - * ?????: 18 ? ?????? ???, ?? ????? * ?????: ????? * ?? ?????: 1, Cairo Cairo, Format: Discussion - Speaker - Strengthening My Recovery Meetings Local Time 08:00 pm Africa/Cairo
Monday 01:00 PM	Vuxna Barn (SWE0160) - Kyrkogatan 10, Sundsvall , 85231 Meetings Local Time 07:00pm Europe/Stockholm
Monday 01:15 PM	(DEN048) - Prinsensvej 10, Ringsted Sjælland, DK-4100 Mac/spor 12, Entr Back Of Rearmost Bldg Format: Discussion Non Smoking-Last Monday Of Month Speak/open Meetings Local Time 07:15 PM Europe/Copenhagen
Monday 01:30 PM	Introduction (ZAF0008) - For Newcomers - this is a 33 week introduction to ACA, reparenting, the Steps and the Traditions. Meeting ID: 852 7236 4632 Passcode: SAOnline Meeting opens 5 - 10 minutes before the meeting starts and closes 10 minutes in for safety reasons. You will be required to switch on your camera for sharing, but the meeting is run with cameras off to reduce distractions. Format: Steps Focus: Beginners Meetings Local Time 07:30 pm Africa/Johannesburg
Monday 01:30 PM	Becoming Your Own Loving Parent (MI0166) - Please reach out to our meeting contact via text and we will supply you with our Zoom link! Please allow 24-48 hours for a reply. This meeting is on Eastern Standard Time. Meetings Local Time 01:30 pm America/Detroit
Monday 01:30 PM	ACA Rotterdam (NET0021) (Nederlands (Dutch)) - Achillesstraat 290, Rotterdam , 3054 RL De meeting is in het gebouw van Humanitas, Akropolis. Neem gerust contact op als je wilt komen, dan wordt je opgehaald bij de receptie door de greeter en kun je makkelijker de meetingruimte vinden. Je mag in je eigen taal delen maar de meeting is in het Nederlands. Notes: Non Smoking - Non Smoking, We lezen iedere meeting het format (in het Nederlands) en per week ligt de focus op een ander onderdeel van herstel. Daarna is er ruimte om te delen. Voor koffie en thee wordt gezorgd, wees welkom. Meetings Local Time 07:30 pm Europe/Amsterdam

Monday 01:30 PM	<p>Courage to Change the one I can (CA1523) - 11364 San Pablo Ave, El Cerrito California, 94530 Join us at our El Cerrito location on AC Transit line and close to Del Norte BART! Take stairs on right or small elevator on left to the meeting room on the second floor (sorry, no full-size wheelchair access). If lot is full, park on San Pablo Ave. or behind building on Kearney St. or parking lot at 1620 Kearney Apartments.</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker</p> <p>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meeting follows Contra Costa County Health regulations.</p> <p>Meetings Local Time 10:30 am America/Los_Angeles</p>
Monday 01:30 PM	<p>Cork Monday Eve ACoA Meeting (IRL0004) - Quaker House, Summerhill South, Cork Cork, T12 XW8R Mtg is the Ballintemple area of Cork city just up the hill from the intersection between Douglas road and Summerhill road.</p> <p>Format: Fellowship Text (BRB) - Speaker - Strengthening My Recovery There is some off-street parking on the property</p> <p>Meetings Local Time 06:30 pm Europe/Dublin</p>
Monday 01:30 PM	<p>Amersfoort (NL0012) - Utrechtseweg 11-13, Amersfoort Utrecht, 3811NA acaamersfoort@gmail.com We start December 4th 2023</p> <p>Meetings Local Time 07:30 pm Europe/Amsterdam</p>
Monday 01:45 PM	<p>Big Red Book Study (TEL176) - Telephone 712 432 8808 Pin: 641892# - We meet 5 days a week (Monday - Friday). Each day we read and share on 6 pages of the Big Red Book, working our way through the book.</p> <p>Format: Discussion</p> <p>Meetings Local Time 01:45 pm America/New_York</p>
Monday 02:00 PM	<p>Fill in the Blank Group (CO0098) - 2021 West Pikes Peak Ave, Colorado Springs Colorado, 80904 Sacred Heart Parish Center Room #8 There is a code to get in the door entering Room 8. The code is 6462. This building is in Old Colorado City</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 12:00 pm America/Denver</p>
Monday 02:00 PM	<p>Understanding and Loving Ourselves (MEX0042) - NOTE that we meet on Monday, Friday and Saturday. All the days are online Zoom meetings. Specific information about each meeting is as follows:</p> <p>Monday 12:00 noon Big Red Book (Zoom) ID: 838 8809 9868 PC:523923</p> <p>Friday 12:00 noon ACoA Loving Parent Guidebook (Zoom) ID: 872 4131 9838 PC: 352394</p> <p>Saturday 12:00 noon ACoA Laundry List Traits Workbook. (Zoom) ID: 817 2495 6435 PC: 986727</p> <p>Format: Discussion - Laundry Lists Workbook - Loving Parent Guidebook</p> <p>Meetings Local Time 12:00 pm America/Mexico_City</p>
Monday 02:00 PM	<p>ACA Sunlight Daily Affirmations Meeting (CA1475) - 2100 J Street, Sacramento California, 95816 - Enter on J Street. Ring bell to be let in. Upstairs in Room 206.</p> <p>Format: Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 11:00 am America/Los_Angeles</p>

Monday 02:00 PM	<p>Heal with Love - ACA Kemp Town (GBR0045) - St Mary's Place, Brighton East Sussex, BN2 1PR St Mary's Church Hall. The entrance is located on the alleyway by the side of the church off St James' Street. Please ring the bell.</p> <p>Format: Steps</p> <p>Notes: Wheelchair Access - Wheelchair Access, Week 1: Inner child meditation - Week 2: Big Red Book reading - Week 3: Non-dominant handwriting - Week 4: Chair/Big Red Book in event of not finding a chair - Week 5: Silent meditation Note: There will be no meeting on the 26th December 2022 and 2nd January 2023 Bring yourself, bring your heart, the heart of our community and God as you understand God will take care of the rest. One day at a time.</p> <p>Meetings Local Time 07:00 pm Europe/London</p>
Monday 02:00 PM	<p>VDA Vecher (WEB1058) -</p> <p>Format: Discussion</p> <p>Meetings Local Time 09:00 pm Europe/Moscow Virtual Meeting Link</p>
Monday 02:00 PM	<p>Yehudi in Recovery (ISR0014) (English and Hebrew) - This meeting is temporarily unavailable, however feel free to contact the meeting manager for any questions or concerns.</p> <p>Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Loving Parent Guidebook - Speaker - Steps</p> <p>Focus: Men-Only</p> <p>Meetings Local Time 09:00 pm Asia/Jerusalem</p>
Monday 02:00 PM	<p>ACA Loving Parent Guidebook - Jubilee Market (GBR0050) - 1 Tavistock Court , London London, WC2E 8BD JUBILEE MARKET - The Piazza Covent Garden Meet opposite Milk Train Atv6.50 Security guard will let you in</p> <p>Format: Loving Parent Guidebook</p> <p>Meetings Local Time 07:00 pm Europe/London</p>
Monday 02:00 PM	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com home page and click on the Login to Chat Now link. Click on the word REGISTER at the top before you fill out the form to choose your username and password. When you first log on click on the ACA meeting room link.</p> <p>Format: Discussion Login to Lounge. 3-dot menu for Room List.</p> <p>Meetings Local Time 02:00 pm America/New_York</p>
Monday 02:30 PM	<p>Peterborough (GBR0002) - St. Luke's Church, Herlington Centre, Orton Malbourne, Peterborough,, Peterborough Cambridgeshire, PE2 5XS We meet every Monday at St Lukes Church. Doors open around 19:00 to set up the room and for fellowship & coffee. The door to the church is locked around 19:30, so please let 'us' know if you're going to be late. Newcomers are always welcome.</p> <p>Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text - Laundry Lists Workbook - Loving Parent Guidebook - Steps</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Mostly using the Big Red Book for focus, but occassionally using other fellowship text for variation</p> <p>Meetings Local Time 07:30 pm Europe/London</p>
Monday 02:30 PM	<p>Racial and Emotional Sobriety (WEB0529) -</p> <p>Focus: BIPOC</p> <p>Meetings Local Time 11:30 am America/Los_Angeles</p>

Monday 02:30 PM	<p>ACA Monday Zoom Strengthening My Recovery (WEB0577) - Please contact for Zoom login details - Jayne +44 7544 711937 Mary +44 7711 139383 zoomacamonday@gmail.com</p> <p>Format: Strengthening My Recovery Meeting focus is the Daily Reading from Strengthening My Recovery. Please be aware that anyone trying to join this meeting more than ten minutes after the start time may not gain access.</p> <p>Meetings Local Time 07:30 pm Europe/London</p>
Monday 02:30 PM	<p>Bethnal Green, Life Beyond Survival (WEB1171) - We focus on a rotation of BRB, Step Book, Chairs + Traditions. All ACA's welcome. ZOOM MEETING ID: 614 568 79 33 ZOOM MEETING CODE: 290514</p> <p>Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Speaker</p> <p>Meetings Local Time 07:30 pm Europe/London</p>
Monday 02:30 PM	<p>?????? ?????? ?????? (WEB1190) - Meeting ID: 837 5196 9661 Passcode: 836911</p> <p>Format: Discussion - Strengthening My Recovery</p> <p>Meetings Local Time 09:30 pm Africa/Cairo Virtual Meeting Link</p>
Monday 03:00 PM	<p>Casa Grande True Self (AZ0132) - 1113 E Trinity Place Bldg B-1, Casa Grande Arizona, 85122 When holidays fall on a Monday, please call to check if we are meeting</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 12:00 pm America/Phoenix</p>
Monday 03:00 PM	<p>ACA CRESTED BUTTE/GUNNISON (CO0074) - UPDATED Aug 23: This is a zoom meeting. Text for more information: 713-724-4379. We have had horrible zoom bombers. Please text to qualify. This is a WOMEN'S MEETING and you will need THE LOVING PARENT GUIDEBOOK to participate.</p> <p>Format: Loving Parent Guidebook</p> <p>Focus: Women Only WOMEN ONLY</p> <p>Meetings Local Time 01:00 pm America/Denver</p>
Monday 03:00 PM	<p>Gruppo ACA Fano (ITA0013) - The Group ACA Fano ITA0013 suspended the meetings in person in March 2020 and since then continues to meet online. Please reach the meeting contact for meeting access information.</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Steps</p> <p>Meetings Local Time 09:00 pm Europe/Rome</p>
Monday 03:00 PM	<p>The One Trait at a Time Group (TEL0353) - --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard. - We meet 5 days a week (Monday - Friday). We read the ACA Laundry List Trait Workbook, focusing on one trait per week.</p> <p>Format: Discussion</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Monday 03:00 PM	<p>ACA's In the Solution Laundry List 4x4 Meeting (TEL0109) - 712-432-8808 access code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.</p> <p>Format: Discussion</p> <p>Meetings Local Time 03:00 pm America/New_York</p>
Monday 03:00 PM	<p>From Hurting to Healing to Helping (WA0214) - We Are meeting over zoom - please reach out for The zoom link shorelineaca@gmail.com or 206-898-7100 voice or text</p> <p>Format: Discussion</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>

Monday 03:00 PM	<p>Meet Your Inner Family Group (AZ0146) - 6700 N Oracle Rd., Tucson Arizona, 85704 STE # 411</p> <p>Format: Loving Parent Guidebook</p> <p>Focus: Beginners</p> <p>Meetings Local Time 12:00 pm America/Phoenix</p>
Monday 03:00 PM	<p>Reparenting Check-In Practice (WEB0181) - This is an open meeting to which ALL ARE WELCOME. This is a beautiful way to start the week and a useful model for daily practice. The Reparenting Check-in Practice meeting follows the model set forth in Chapter 9, Appendix C of the Loving Parent Guidebook. In the 4-step sharing process, one is invited to 1) become aware of their breath, emotions, and body sensations; 2) gently check in with the inner child, inner teen, critical parent and loving parent and identify the part of themselves that is activated; 3) share what activated that part; and 4) one may choose to engage in a deeper share during which the loving parent acknowledges the part of themselves that is in need at the present moment and offers nurturing support and/or commitment to action. ACA WSO Reparenting check-in worksheet: https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf Every Monday at 12:00 PM Pacific Time Link: https://us02web.zoom.us/j/89660567068?pwd=K0l6WlNXUHdVTEVtcFM1aHkwY0hVQT09 Meeting ID: 896 6056 7068 Passcode: 703908</p> <p>Format: Loving Parent Guidebook Send email to: UnityInProgress with First Name for weekly reminders.</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Monday 03:00 PM	<p>The Front Room Round Table ACA Black men and women (GBR0022) - Hinde Street Methodist Church, London London, W1U 2QJ RSVP https://www.meetup.com/The-Front-Room-London-Round-Table/</p> <p>Format: Discussion - Speaker - Steps</p> <p>Focus: BIPOC RSVP https://www.meetup.com/The-Front-Room-London-Round-Table/ Zoom details sent out each Sunday evening - please check inbox</p> <p>Meetings Local Time 08:00 pm Europe/London</p>
Monday 03:00 PM	<p>Alle Sorgenti (WEB0617) -</p> <p>Format: Loving Parent Guidebook - Steps - Strengthening My Recovery</p> <p>Meetings Local Time 09:00 pm Europe/Rome Virtual Meeting Link</p>
Monday 03:00 PM	<p>ACA (CA1560) - St. Stephan's Church, San Luis Obispo California, 93401 1344 Nipomo Street. Meeting held in small library. Enter on Nipomo Street entrance in front of church through black gate</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB)</p> <p>Notes: Needs Support - Needs Support, On Mondays that fall on or around religious or federal holidays, this meeting may be canceled. Please reach out to meeting contact for more information.</p> <p>Meetings Local Time 12:00 pm America/Los_Angeles</p>
Monday 03:00 PM	<p>Albuquerque Downtown (NM0065) - 318 Silver Avenue SW, Albuquerque New Mexico, 87102 Cathedral of St. John</p> <p>Format: Fellowship Text (BRB) - Steps</p> <p>Notes: Wheelchair Access - Wheelchair Access, Parking/location: Feel free to park in the cathedral lot (east of the building, next to 3rd St.). Enter the cathedral through the arbor facing Silver Avenue. We meet in the Dean's Lounge. (Scheduling note: On Apr. 1 and May 27, we will gather for fellowship at a local coffee shop since the cathedral is closed on those days. Call or text the meeting contact for details.)</p> <p>Meetings Local Time 01:00 pm America/Denver</p>

Monday 03:00 PM	The Laundry List (WEB1285) - This is a Camara on, skype meeting. We use the book 'The Laundry List Workbook' and go throught the questions in the work book Format: Laundry Lists Workbook Meetings Local Time 08:00 pm Europe/London Virtual Meeting Link
Monday 03:00 PM	Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom code 985 2100 3286 Password required, email sor12pwreq@gmail.com. Requests to be made at least 15 minutes before the start of the meeting. Format: Strengthening My Recovery Topic meeting based on the book Meetings Local Time 12:00 pm America/Los_Angeles
Monday 03:00 PM	ACA Religious Abuse Survivors (WEB0933) - Passcode 232933 -- if you are asked for it.https://us06web.zoom.us/j/85780909607?pwd=d3hXRXXZia0JaUmQ0MG9Wd1JaRFpOdz099 Contact acareligiousabusesurvivors@gmail.com if there are any issues. Format: Loving Parent Guidebook - Steps Focus: Secular/Agnostic/Atheist Notes: Needs Support - Needs Support, Please use the virtual meeting link to get to all of our meetings. You can also see a full list of ACA RAS meetings at ACA-ie-Intergroup.org Sat: Feeling our Feelings; Sun: Loving Parent Guided Meditation; M: Loving Parent Guidebook, secularized; T: Recovery from the Shame and Blame of Sexual Repression; W: Recovery from Religious Narcissistic Abuse; TH: Recovery From the Emotional Abuse of the Religious Drama Triangle; F: Recovery from Post Traumatic Embitterment. One tap mobile +16694449171,,85780909607#,,,,*232933# US +13462487799,,85780909607#,,,,*232933# US (Houston) Dial by your location +1 669 444 9171 US +1 346 248 7799 US (Houston) +1 720 707 2699 US (Denver) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) If locked out, contact jilladee@gmail.com Meetings Local Time 12:00 pm America/Los_Angeles Virtual Meeting Link
Monday 03:30 PM	ACA Monday Double Winners (CA1367) - Zoom Meeting ID#: 845 8482 8268 To request the passcode, email: tcmfranson@yahoo.com Format: Fellowship Text (BRB) Meetings Local Time 12:30 pm America/Los_Angeles
Monday 04:00 PM	Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) - Telephone meeting - 712-432-8808 Access Code 2473654# --- Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year Format: Discussion Meetings Local Time 04:00 pm America/New_York
Monday 04:00 PM	Cycle Breakers (CA1403) - Zoom Meeting. Log-in ID: 82100262764 Code: 07132020 Format: Discussion Notes: Needs Support - Needs Support, Meetings Local Time 01:00 pm America/Los_Angeles
Monday 04:00 PM	ACA MEXICO (WEB0113) - Nuestras reuniones son por Zoom (id 735 277 3615) sin contraseña y estas invitado a unirte. Dias de sesion: Lunes 2:00 pm ,Martes 7:00pm, Jueves 7:00pm, viernes 3:00 pm y sabado 12:00 pm (horario de mexico city) cualquier duda manda un email a acaenzoom@gmail.com o recuperacion.aca@gmail.com Format: Fellowship Text (BRB) - Laundry Lists Workbook - Steps - Strengthening My Recovery horario de mexico Meetings Local Time 02:00 pm America/Mexico_City Virtual Meeting Link

Monday 04:00 PM	<p>Hella Gay ACA (WEB0506) - Hella Gay ACA is a closed special interest meeting of Adult Children of Alcoholics & Dysfunctional Families for people who are transgender, nonbinary, gender nonconforming, gender questioning, intersex, gay, lesbian, bisexual, queer, asexual, and anyone else who identifies as a part of the LGBTQAI community. Go to https://hellagayaca.mailchimpsites.com/ for login details Focus: LGBTQ+ Meetings Local Time 01:00 pm America/Los_Angeles</p>
Monday 04:00 PM	<p>Release the Raising (NY0268) - 320 S. Pearl St., Canandaigua New York, 14424 Good Shepard Lutheran Church, enter the back of the church and take a left to the end of the hall, last room on the left. Format: Discussion - Strengthening My Recovery Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, All are welcome! Meetings Local Time 04:00 pm America/New_York</p>
Monday 04:00 PM	<p>Recovery Beyond Survival (WEB0655) - RECOVERY BEYOND SURVIVAL ACA Fellowship - Adult Children from Alcoholics or Dysfunctional Homes Welcome ?. We are an ACA Literature meeting; we meet on Zoom FOUR days a week. Fridays, Saturdays, Sundays, Mondays Time: 1:00 p.m. PST / 4:00 p.m. EST / 9:00 p.m. UK Time / 22:00 Netherlands ZOOM Meeting ID: 885 350 9563 Password: 603285 ?FRIDAYS: Reading the "Twelve Steps of Adult Children – Steps Workbook" (starts on Feb 16, 2024) ?SATURDAYS: Reading the "Loving Parent Guidebook" (started on Jan 20, 2024) ?SUNDAYS & MONDAYS: Reading the "ACA Fellowship Text (The Big Red Book)" All readings will be shared on the screen. ??? After readings, we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting?. After the meditation/writing break, we open the meeting for shares. ALL CAMERAS are required to be ON during the sharing portion of these meetings and all members clearly visible in the frame. This is to ensure everyone is present for one another while sharing our childhood experiences. We celebrate ACA milestones, and we have fellowship after meeting shares and questions. We warmly welcome you ?? Meeting local time: 1:00 p.m. AMERICA/LOS ANGELES Format: 12 Steps Yellow Workbook - Fellowship Text (BRB) - Loving Parent Guidebook Meetings Local Time 01:00 pm America/Los_Angeles</p>
Monday 04:15 PM	<p>A Gentleness Break (CA1267) - Meeting will be LOCKED 10 mins after the start of the meeting. Zoom: https://us02web.zoom.us/j/777548479?pwd=MDU5QTQ3VDYrM2ZBbWFTRFJ2YjM5UT09 passcode: aca; Meeting from 1:15pm to 2:30 Pacific We read the daily reading from the Strengthening My Recovery book and share on that topic (or whatever is on your heart). Meeting will be LOCKED 10 mins after the start of the meeting. Format: Strengthening My Recovery Notes: Non Smoking - Non Smoking, Non Smoking Meetings Local Time 01:15 pm America/Los_Angeles</p>
Monday 04:30 PM	<p>reparenting check in - ????? ?????? (WEB1251) - Meeting times may change occasionally on some days, please stay in touch with the meeting coordinator to get the link and updated times of the meeting. Format: Loving Parent Guidebook Meetings Local Time 11:30 pm Africa/Cairo</p>

Monday 05:00 PM	<p>Outside Issues (NY0261) - 134 Main St, Dansville New York, 14437 To attend online, our Zoom ID is: 87322597550 Password 669956</p> <p>Format: Discussion - Laundry Lists Workbook - Loving Parent Guidebook - Speaker - Steps - Traditions</p> <p>Focus: Beginners - LGBTQ+</p> <p>Meetings Local Time 05:00 pm America/New_York</p>
Monday 05:00 PM	<p>The Laundry List Trait Meeting (TEL0384) - — Telephone number 712-432-8808, access code 2473655# — We meet 7 days a week, 365 days a year. We focus on all 4 sides of the Laundry List Traits, one Trait a day, using the brown Laundry List Workbook.— Safety protocols in place by group conscience.</p> <p>Format: Discussion</p> <p>Meetings Local Time 05:00 pm America/New_York</p>
Monday 05:30 PM	<p>Winds of Change (CAN294) - 106 St Peter's Rd, Charlottetown Prince Edward Island, PE C1A 5P2 We meet at St. Pius X Church basement. Please email windsofchangeaca@gmail.com for further information.</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:30 pm America/Halifax</p>
Monday 05:30 PM	<p>Provincetown Monday Night (MA048) - Zoom meeting is: meeting number 268-059-874 password 822951</p> <p>Format: Discussion - Speaker - Steps</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/New_York</p>
Monday 05:30 PM	<p>(MI0159) - GVSU - PEW Campus, Grand Rapids Michigan, 49401 This meeting is located at GVSU - Grand Rapids DeVos campus. It's at the DeVos Building - Building E - in room 302E. The meetings follow the GVSU academic calendar and may break during holidays, etc. Go to the following website for updates at: https://www.gvsu.edu/aod/recovery-meetings-at-gvsu-1.htm. Feel free to email or call me for any additional parking or direction information.</p> <p>Format: Discussion</p> <p>Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 05:30 pm America/Detroit</p>
Monday 05:30 PM	<p>Healing Together (SC0040) - 9850 SC-707 (Hwy 707), Myrtle Beach South Carolina, 29588 IMPORTANT NOTEWe are now located in a meeting room at Timberlate Baptist Church in Myrtle Beach, SC.</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/New_York</p>
Monday 05:30 PM	<p>Riverhead Monday Night (NY0258) - 204 East Main St, Riverhead New York, 11901 Corner of East Avenue (across the street and west of Salvation Army). Enter on side of Church. NOT HANDICAP OR ELDERLY FRIENDLY DUE TO STAIRCASE INTO BASEMENT. Insurance cannot accommodate service animals. NO DOGS PLEASE.</p> <p>Format: Steps</p> <p>Notes: Fragrance Free - Non Smoking - Fragrance Free, Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/New_York</p>

Monday 05:30 PM	<p>ACA Mon-Day at a Time (MA0115) - 90 Bryn Mawr Ave, Auburn Massachusetts, 01501 New Meeting! Begins Monday August 7, 2023. Bethel Lutheran Church, on corner of Bryn Mawr & Homestead. Parking lot is on Homestead Ave. Use walkway between rear of building and playground to access the parsonage door to basement.</p> <p>Format: Fellowship Text (BRB) - Steps</p> <p>Meetings Local Time 05:30 pm America/New_York</p>
Monday 05:45 PM	<p>How It Works (NJ0168) - 83 Throckmorton Street, Old Bridge New Jersey, 08857 Club Serenity is located at the parish house (on the ground/basement level) to the right of Saint Ambrose church/parking lot.</p> <p>Format: Discussion - Fellowship Text (BRB)</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 05:45 pm America/New_York</p>
Monday 05:45 PM	<p>Treasure Coast ACA (FL0374) - 623 SE Ocean Blvd, Stuart Florida, 34994 Monday and Thursday meeting: St Mary's Episcopal Church - Meeting room 1, adjacent to the Pittenger Center, turn onto SE Amerigo Ave. Park in front of meeting room.</p> <p>Format: Strengthening My Recovery</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:45 pm America/New_York</p>
Monday 05:45 PM	<p>Ottawa Travelini (WEB1276) - please email gggletgo@gmail.com for the meeting link</p> <p>Format: Discussion</p> <p>Focus: Beginners</p> <p>Meetings Local Time 05:45 pm America/Toronto</p>
Monday 06:00 PM	<p>The Second Childhood Group (FL209) - 1245 Main St., Sebastian Florida, 32958 1245 Main St in the Art Center at the western most end of the City Hall Complex; just west of the 2-story Historic Sebastian Elementary School.</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, The Monday meeting focuses on the BRB (Big Red Book). Read and discuss. The Friday meeting focuses on one of the ACA Workbooks. It is NOT a workbook Study Group but rather we read and discuss the workbooks the same as we do the BRB. Members can start Study Groups when they gather enough members and feel ready. NO CROSSTALK DURING MEETINGS.</p> <p>Meetings Local Time 06:00 pm America/New_York</p>
Monday 06:00 PM	<p>The Kids R All Right (MA056) - 27 Church Street, Mattapoisett Massachusetts, 02739 Enter Mechanic st door, Church st door if other door is locked</p> <p>Format: Discussion - Fellowship Text (BRB) Non Smoking</p> <p>Meetings Local Time 06:00 pm America/New_York</p>
Monday 06:00 PM	<p>Concord Adult Children of Alcoholics (NH0009) - 30 Eastman Street, Concord New Hampshire, 03301 The Concord meeting welcomes new members, and meet at Grace Episcopal Church on Mondays. Doors generally open 15 minutes before the meeting starts. Masks for Covid are no longer required, and we are not able to do online meetings at this time. Please email with any questions.</p> <p>Format: Fellowship Text (BRB)</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Per Grace Episcopal Church: No Pets are permitted in the building.</p> <p>Meetings Local Time 06:00 pm America/New_York</p>

Monday 06:00 PM	<p>Womens Step-Writing Meeting (NY070) - 135 W. 31st Street Room 3A, New York New York, 10001 Meeting back to in person from September 2023. New (Bigger) Room - 3A</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Steps</p> <p>Focus: Women Only</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:00 pm America/New_York</p>
Monday 06:00 PM	<p>Courage to Heal (SC0027) - 120 Mauldin Rd., Greenville South Carolina, 29605 The meeting is held at The Church of the Redeemer. Enter in the far left, red door at the back of the church. The room is down the hall to the right.</p> <p>Notes: Non Smoking - Non Smoking, This is a 90 minute literature study using the red book with a 5 minute break at 7pm. We have speaker/special meetings the last Monday of each month.</p> <p>Meetings Local Time 06:00 pm America/New_York</p>
Monday 06:00 PM	<p>Zoom Kids are Alright (WEB0291) - ** Please reach out for the Password. For an immediate response, please e-mail. You can also reach out by text - please allow for a delayed response. ** / Great group of recovering adult children, meeting online on Zoom every Monday 6pm-7:30 pm ET (5 pm CT; 3pm PT). / This meeting is actively welcoming/affirming of LGBTQIA+ ACAs, yet we are not exclusive and welcome all ACAs to our group. We look forward to meeting you! / Tradition meeting on the First Monday of the Month. / By Group Consciousness members request that people not attend this meeting when they are in some way affected by alcohol or other drugs. We respectfully suggest that if you are affected by Alcohol or other drugs you consider attending a 12 step program that addresses Substance Use Disorder. Thank you. / If you're new to our meeting, please plan to be on video during newcomer introductions for the safety of our group. /</p> <p>Format: Fellowship Text (BRB)</p> <p>Focus: Beginners - LGBTQ+ Feel welcome to add pronouns to your Zoom name and create gender neutral language during readings. / We read from the ACA "Big Red Book." No worries if you don't have a book, you can listen & have the opportunity to share later. / After our readings is sharing time - even if you're new, we'd love to hear about you and your story.</p> <p>Meetings Local Time 06:00 pm America/New_York Virtual Meeting Link</p>
Monday 06:00 PM	<p>Adult Children Anonymous (FL0342) - 1521 NW 34th St, Gainesville Florida, 32605 Westminster Presbyterian Church is located in northwest Gainesville. Buildings are nestled on six heavily wooded acres at the southeast corner of NW 34th Street and NW 16th Avenue. The parking lot entrance is on NW 15th Avenue just east of 34th Street. Overflow parking is available across 15th Avenue at Westwood Middle School. Group mailing list: aca.gainesville@gmail.com</p> <p>Format: Loving Parent Guidebook - Steps</p> <p>Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Monday: LPG, 90 min. Friday Yellow Step Book 60 min.</p> <p>Meetings Local Time 06:00 pm America/New_York</p>

Monday 06:00 PM	Ardmore ACA (NC0121) - 1700 Ebert St, Wiston-Salem North Carolina, 27103 Parkin the northern parking lot, closer to Silas Creek Parkway. Enter through the doubledoors, and the puzzle room where we meet is the second door on the left. Please do notgo downstairs. Format: Discussion Focus: Beginners Notes: Wheelchair Access - Wheelchair Access, Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Monday night ACA BRB (MA0117) - 140 Pine St., Florence Massachusetts, 01062 Florence Community Center, Room #5 first floor, facing bldg, entrance is on right Format: Discussion - Fellowship Text (BRB) Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Stanley Park ACA (CAN0415) - 427 Bloor Street West, Toronto Ontario, M5S1X7 Garden Room, Downstairs Format: Fellowship Text (BRB) Meetings Local Time 06:00 pm America/Toronto
Monday 06:00 PM	Marion Area ACA (OH5091) - 249 E Center St, Marion Ohio, 43302 We meet in the coffee shop on the lower floor. There are steps, but an elevator is available. Enter via the Atrium entrance on south side of the building. Parking is on the south or west sides of the building. Format: Discussion - Strengthening My Recovery Meetings Local Time 06:00 pm America/New_York
Monday 06:00 PM	Monday Onion Group (WI0166) - 2580 W. 9th Ave, Oshkosh Wisconsin, 54904 Meeting held at Calvary Lutheran Church Entrance in back of Church Format: Discussion - Fellowship Text (BRB) - Steps - Strengthening My Recovery Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Our monthly format consist of: 14 Traits of an Adult Child. The 12 Promises of ACA. The Loving Parent/Critical Parent/Inner Child. The 12 Steps. Newcomers are Welcomed! Meetings Local Time 05:00 pm America/Chicago
Monday 06:15 PM	Eliot, Maine Monday Night Meeting (ME0027) - Email Mike W. for the Zoom link. Mike can be reached at hey.mike.w@pm.me Format: Discussion - Speaker Meetings Local Time 06:15 pm America/New_York
Monday 06:15 PM	Facing Our Shadows (PA0179) - 5 Wyomissing Blvd, Wyomissing Pennsylvania, 19610 Atonement Lutheran Church Community Center *meeting is held in the Community Center on the corner of Penn Ave Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Steps Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 06:15 pm America/New_York

Monday 06:30 PM	<p>Beyond Survival (FL208) - 3410 3rd Street S, Jacksonville Beach Florida, 32250 We have returned to weekly live meetings. Masks are no longer required. Individuals can choose to wear masks. Come Join us! We would love to meet you. Palms Presbyterian Church 3410 S. 3rd St, Room 202 Jacksonville Beach, FL 32250 A few blocks north of J. Turner Butler Boulevard (JTB), and South Beach Parkway Format: Discussion Notes: Non Smoking - Non Smoking, Non-Smoking. Thursday's meeting currently uses Strengthening My Recovery Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Healing With Feeling (MA063) - 77 Hall St, Leominster Massachusetts, 01453 We meet in person only on the 2nd Monday of each month at the United Methodist Church at the corner of Hall St. and Merriam Ave. There is ample parking behind the church. We meet online every Monday, including the 2nd Monday. Please reach out to our meeting contact to receive Zoom credentials. Format: Discussion Notes: Non Smoking - Non Smoking, We meet in person and online every 2nd Monday of the month. All other Mondays we meet online only. Please reach out to our meeting contact for the Zoom credentials. Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Recovering Survivors - Adult Children (NY0189) - St. Paul's Episcopal Church, 25 Westminster Rd., Rochester New York, 14607 NEW TIME: 6:30 PM Start Enter church through door closest to Vick Park B. Format: Discussion Notes: Non Smoking - Non Smoking, Our meeting picks topic from basket each week. Topics related to ACA literature topics. Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Monday ACA Red Book (OK0041) - 935 Grand Ave., Ardmore Oklahoma, 73401 Nearest Intersection is Grand and K St NW on north east corner. Building called The Glen. Format: Fellowship Text (BRB) Notes: Non Smoking - Non Smoking, Meetings Local Time 05:30 pm America/Chicago</p>
Monday 06:30 PM	<p>ACA Continued Hope (PA131) - Effective 10/17/22 This meeting is only a TELEPHONE Meeting. Dial: 267-807-9598 Access Code: 681-798-524# Only a Telephone Meeting Dial: 267-807-9598 Access Code: 681-798-524# Meetings Local Time 06:30 pm America/New_York</p>

Monday 06:30 PM	<p>Wisconsin Dells ACA (WI083) - 620 Broadway, Wisconsin Dells Wisconsin, 53965 We are open to anyone who identifies as an Adult Child of an Alcoholic or dysfunctional family, and also to anyone who thinks he/she might be an adult child and is looking for help and hope. To join in-person, please contact our representative first to verify that meeting in person is an option. Entrance is on Capital Street. We meet up the stairs, first door on the left.</p> <p>Format: Discussion - Laundry Lists Workbook - Steps Notes: Non Smoking - Non Smoking, Hello fellow traveler! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, but calling or emailing is also ok! Please reference ACA so we know you aren't spam. Thank you, and welcome! Meetings Local Time 05:30 pm America/Chicago</p>
Monday 06:30 PM	<p>(OH0094) - 435 SOM Center Rd., Cleveland Ohio, 44143 In the Mayfield Village area. Take the Wilson Mills exit off of 271 and head east. Take a left turn onto SOM Center Rd. (heading north). St. Bartholomew Episcopal Church will be about 1 1/2 miles up on the right hand side.</p> <p>Format: Discussion - Fellowship Text (BRB) - Steps Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>YANA You are not Alone (IN0093) - 950 Potters Lane, Clarksville Indiana, 47129 Across Potter's Lane from the golf course.</p> <p>Format: Discussion - Steps Notes: Non Smoking - Non Smoking, Meetings Local Time 06:30 pm America/Kentucky/Louisville</p>
Monday 06:30 PM	<p>The Solutions (MO0049) - 3512 Gravois Rd, High Ridge Missouri, 63051 Church of Christ</p> <p>Notes: Needs Support - Non Smoking - Smoking - Wheelchair Access - Needs Support, Non Smoking, Smoking, Wheelchair Access, Meetings Local Time 05:30 pm America/Chicago</p>
Monday 06:30 PM	<p>From Hurting to Healing (WEB0211) - Womens meeting There will be a waiting room in place. Meeting focus: Monday: Big Red Book Study (75 min, speaker share last Monday) Thursday: Daily reading from Strengthening My Recovery (60 min) Saturday: Loving Parent Guidebook Study (60 min) Please email group for the Zoom ID and Passcode by 5pm EST the day of the meeting.</p> <p>Format: Loving Parent Guidebook - Strengthening My Recovery Focus: Women Only Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>SOS (Save Our Selves) (WEB0289) - 401 main st, Radford Virginia, 24141 Zoom Meeting ID 822 3983 7508 Password: 401401</p> <p>Format: Discussion - Strengthening My Recovery Notes: Needs Support - Needs Support, Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Monday Toledo ACA on Zoom (WEB0281) - 325 North Michigan Street, Toledo Ohio, 43604 At this time , the meeting is being held via the Zoom online format. Please contact Gena, at mondaytoledoACA.zoom@gmail.com for the meeting ID and password to attend on the Zoom platform. Meetings Local Time 06:30 pm America/New_York</p>

Monday 06:30 PM	<p>ACOA Daily affirmations (TN0108) - 136 Smith Rd, Knoxville Tennessee, 37934 Upon entering the parking lot go left on the north side of the building. The green awning is the easiest and quickest point of entry to find the meeting.</p> <p>Format: Discussion Notes: Needs Support - Non Smoking - Wheelchair Access - Needs Support, Non Smoking, Wheelchair Access, We focus on--Daily Affirmations, Strengthening My Recovery.</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Monday night Gainesville ACA (GA0068) - 664 Lanier Park Drive, Gainesville Georgia, 30501 J's Place Recovery Center</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Speaker Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access,</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>(FL0368) - 7190 Sunset Drive, Miami Florida, 33143 We meet in the Library: take your first left when entering from the main parking lot.</p> <p>Format: Discussion In person meeting! Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Greater Danbury Area ACA (CT0143) - 15 Great Pasture Rd, Ste 5, Danbury Connecticut, 06810 We are located at the Danbury Fellowship Center. The address is 15 Great Pasture Rd Suite 5, Danbury, CT 06810. There is an AA meeting in progress when you enter the building. It is not ACA. Instead, turn right, passing the restroom on the right and proceed through the kitchen. Go to the hallway that looks like a dead end and enter the double doors on the left. We are reading from the Big Red Book Fellowship Text. We have a extra books for borrowing so please come and join us even if you don't have the Big Red Book Fellowship Text yet and we can assist you in making arrangements to obtain your own copy if interested in purchasing.</p> <p>Format: Fellowship Text (BRB) Notes: Wheelchair Access - Wheelchair Access,</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Healing Piece by Peace 21 (WEB1081) - Healing Piece by PEACE – 4 x 4 Laundry List Workbook Study - The group was established on February 1, 2021. We meet to study the Laundry List Workbook with worksheets that are emailed every Monday. The material is from the LLW. This is a Workbook meeting so we do read, answer questions and answer the reflections before we head to the first breakroom. We finish the night by working on understanding our feelings and our needs. Followed by the last breakroom session. Join us if you want to do the Laundry List Workbook piece by PEACE. At 8:00 pm eastern time, we go into the Q&A session, where we discuss what we learned in the meeting and where we share our experience, strength and hope. The passcode was changed on 4.15.24 due to Zoom Bombers. For the Safety of the Room, please email the Group Contact for the meeting passcode.</p> <p>Format: Laundry Lists Workbook Meetings Local Time 06:30 pm America/New_York Virtual Meeting Link</p>

Monday 06:30 PM	<p>Fortaleciendo mi recuperación (PAN0008) - Calle 21 Norte, 357-12 Antiguo Magaly Ruiz., La Chorrera Panama, 1015 El antiguo Magaly Ruiz, queda Diagonal al Parque Feuillet del Centro de la Ciudad de la Chorrera. Es una edificación de color amarillo.</p> <p>Format: Fellowship Text (BRB) - Steps - Strengthening My Recovery - Workshop</p> <p>Los lunes estudiamos los 12 Pasos, del texto base el Gran Libro Rojo, y hacemos el Alto. Los miércoles estudiamos las Tradiciones que se encuentran en el Gran Libro Rojo, y tenemos tribuna libre. Los sábados estudiamos el capítulo 8 de libro rojo: La Solución, convertírnos en nuestro propio padre amoroso, y otras herramientas que da el programa. En todas la reuniones leemos el libro de reflexiones diarias fortaleciendo mi recuperación</p> <p>Meetings Local Time 05:30 pm America/Panama</p>
Monday 06:30 PM	<p>Dunedin ACA Group (FL0408) (English) - 411 Wood St, Dunedin Florida, 34698 Corner of Douglas and Wood Street. Enter the building through the door facing Douglas.</p> <p>Format: Discussion</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:30 PM	<p>Laundry list (MN0188) - 2110 US-14, Rochester Minnesota, 55901 The meeting is held in the Safe harbor building in the lower level. Use door on far right to enter.</p> <p>Format: Fellowship Text (BRB)</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:30 pm America/Chicago</p>
Monday 06:30 PM	<p>Sobriedad Emocional (FL0282) (Español) - Reuniones son sólo por Zoom. Pedimos a los participantes abrir sus cámaras como medida de seguridad. Por favor, escriba al correo electrónico para obtener información de acceso: SobriedadEmocionalACA@gmail.com</p> <p>Format: Discussion</p> <p>Meetings Local Time 06:30 pm America/New_York</p>
Monday 06:45 PM	<p>Miracles On Monday (LA025) - Zoom Meetings are being held in place of in-person meetings at this time. Zoom Meeting ID 423 843 2240 Meeting Password 827255 (if needed)</p> <p>Format: Book Study - Discussion - Fellowship Text</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 05:45 pm America/Chicago</p>
Monday 06:45 PM	<p>Monday Night Miracles (MA0092) - 26 Pleasant St., Newburyport Massachusetts, 01950 First Religious Society Church - Meeting is held on the second floor of the church above the sanctuary. When facing the large church doors on Pleasant Street, go through the black gate to the right and enter the building through the side door. The meeting room is located at the top of the carpeted staircase. There is street parking on Pleasant Street, and metered parking beside and behind the church. Please contact MondayMiraclesACA@yahoo.com for any meeting information and allow 24 - 48 hours for a response.</p> <p>Format: Discussion - Speaker - Steps - Strengthening My Recovery</p> <p>Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, This is currently a hybrid meeting using Zoom for those who cannot attend in-person. Most folks have returned to meeting in-person now, but we like to offer the virtual option as well. Please contact MondayMiraclesACA@yahoo.com for any meeting information and allow 24 - 48 hours for a response.</p> <p>Meetings Local Time 06:45 pm America/New_York</p>

Monday 06:45 PM	Freedom From The Past (VA0162) - 6000 Grove Avenue, Richmond Virginia, 23226 Room 14, located upstairs in the church, in classroom 14. Format: Discussion - Steps Focus: Beginners Meetings Local Time 06:45 pm America/New_York
Monday 07:00 PM	Rogers Adult Children of Alcoholics (AR0006) - 217 W. Cypress St., Rogers Arkansas, 72756 Format: Discussion - Fellowship Text (BRB) - Laundry Lists Workbook - Loving Parent Guidebook - Strengthening My Recovery Notes: Non Smoking - Non Smoking, Meetings Local Time 06:00 pm America/Chicago
Monday 07:00 PM	Monday Night Guilford Meeting (CT087) - Virtual only. MEETING ID 891 9237 5023 MEETING PASSWORD 391499 Format: Discussion On December 4, 2023, we will have a new zoom meeting id and password. They are: MEETING ID 891 9237 5023 PASSWORD 391499 Due to occasional hacking issues, we will lock the meeting to additional people twenty minutes after the meeting starts. Sorry for any inconvenience. You can text 860-662-0021 and ask to be let in if you arrive late. Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Key West Group of Adult Children of Alcoholics (FL0235) - 404 Virginia St, Key West Florida, 33040 Anchors Aweigh Clubhouse 404 Virginia St, Key West FL Format: 12 Steps Yellow Workbook - Discussion - Steps Strengthening My Recovery followed by BRB reading Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Inner Child Group (FL167) - Meeting ID: 894 2764 9729 Passcode: 908692 Use the smartphone Zoom app, log on at https://zoom.us/join , or call in at 1(929)205-6099 Zoom meeting only at this time (no in-person) * You may use your initials as your last name. To enhance Zoom security, you may be asked to identify yourself. Format: Discussion Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Johns Creek (GA034) - 10950 Bell Rd, Johns Creek Georgia, 30097 Park in the rear near the playground. Follow the sidewalk to the lower level meeting room behind the playground. Format: 12 Steps Yellow Workbook - Discussion Notes: Non Smoking - Non Smoking, Non Smoking Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Monday Night ACA Group Red Book Meeting (IL0234) - Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded on the belief that family dysfunction is a disease that infected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. Meeting is Zoom/online only. Email acoam2022@gmail.com for Meeting ID and Password. Format: Book Study - Discussion - Steps Meetings Local Time 06:00 pm America/Chicago

Monday 07:00 PM	<p>The Milton Parlor Meeting (MA0080) - Meeting in zoom now - ID: 816 3990 1996 pwd: 457368</p> <p>Format: Book Study - Discussion - Fellowship Text - Steps Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Living Life Meeting (MI0157) - Zoom Meeting ID: 886 0611 2363 Password: Please text or call contact person to get password. On-line only.</p> <p>Format: Discussion</p> <p>Focus: Beginners The Living Life group is a zoom-only meeting of kind folks who share their experiences, hope, and strength in recovering from the effects of dysfunction and addiction. We are diverse in backgrounds, with experiences in alcoholism, food addiction, drug addiction, and codependency. We are also diverse in geography and genders, primarily from across North America, Our meetings last an hour and the first 10 minutes or so are reading from the Big Red Book. The meetings average about 20 people and we strive to keep the focus on ourselves and sharing from our own experiences. We welcome those new to ACA but we don't single out newcomers with undue attention. We encourage people to limit their sharing time but we don't run a timer. We think of ourselves as welcoming and reassuring each other that recovery is not only possible, it is a wonderful gift worth working. Reach out to the meeting contact for the zoom PW and we normally reply within a few minutes, even at the start of the meeting.</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Monday 07:00 PM	<p>Aca Meeting (MI054) - 1020 East Mitchell, Petoskey Michigan, 49770 All meetings are on Zoom every Monday at 7pm. Every first Monday of month: In- Person and Zoom at Emmanuel Episcopal Church, Petoskey Michigan 49770 Please contact Kathy A. for Zoom information.</p> <p>Format: 12 Step Study Group - Book Study - Discussion - Fellowship Text Non Smoking</p> <p>Meetings Local Time 07:00 pm America/Detroit</p>
Monday 07:00 PM	<p>BRB Boys 2 Men (Men-only) Kirkwood (MO0041) - Zoom ID: 83109318124 Password: 043266 Meeting is zoom only.</p> <p>Format: Fellowship Text (BRB)</p> <p>Focus: Men-Only</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Monday 07:00 PM	<p>ACA Monday Red Book (MN143) - 1895 Laurel Ave., Saint Paul Minnesota, 55104 St. Mary's Episcopal Church, 1895 Laurel Ave, St. Paul, MN 55104, lower level. Press buzzer on top and we'll let you in. Church is on the corner of Laurel and Howell.</p> <p>Format: Discussion Non Smoking</p> <p>Meetings Local Time 06:00 pm America/Chicago</p>
Monday 07:00 PM	<p>Selwyn Park (NC062) - We are meeting virtually on Zoom. Email for the link.</p> <p>Format: Discussion</p> <p>Notes: Non Smoking - Non Smoking,</p> <p>Meetings Local Time 07:00 pm America/New_York</p>

Monday 07:00 PM	<p>North Raleigh Group (NC0085) - 9121 Six Forks Road, Raleigh North Carolina, 27615 We are a Big Red Book study group that meets in-person. Our physical home is The Church at Six Forks in North Raleigh, NC. Email our public contact person for further details.</p> <p>Format: Discussion - Fellowship Text (BRB) - Loving Parent Guidebook - Steps Notes: Non Smoking - Non Smoking, We read from the Big Red Book on the 1st, 3rd and 4th Monday of the month. The 2nd Monday we read from the Loving Parent Guidebook.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Generations Group (NC044) - 20 Oak St, Asheville North Carolina, 28801 Meetings are in person at First Congregational United Church of Christ in downtown Asheville. Enter through the glass doors that face the street at the front of the church. Push white doorbell once and someone will let you in. We meet in Room 204.</p> <p>Format: Discussion - Fellowship Text (BRB) - Speaker - Strengthening My Recovery Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Non Smoking. Park in rear lot or on street. Enter through the front entrance. Push white doorbell and someone will let you in.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Monday Nighters (NY0151) - 50 Columbia Avenue, Hartsdale New York, 10530 7th Day Adventist Church Cross street East Hartsdale Ave/ Lawton Ave Meetings are now reopened starting May 24, 2021.</p> <p>Format: Discussion - Speaker Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Steps to Freedom (NY0176) - We are meeting via Zoom and not in person. invite link: https://us02web.zoom.us/j/84394235384?pwd=eC9pek92U3lvL3dLREJxYnlVcEFmQT09 Meeting ID: 843 9423 5384 Passcode: Solution</p> <p>Format: Discussion - Speaker - Steps Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>ACA for AAs - Step and Selected Topic Study (NY113) - 5 Hampton Street, Sag Harbor New York, 11963 This is an ACA meeting for recovering alcoholics. Christ Episcopal Church of Sag Harbor Enter on Union Street. Up small ramp to room attached to the church.</p> <p>Format: Discussion - Fellowship Text - Steps Notes: Non Smoking - Non Smoking, This is an ACA meeting for recovering alcoholics.</p> <p>Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Baby Steps (NY099) - 1400 NY-52/Main Street, Fishkill New York, 12524 This is an in-person meeting at Our Savior Lutheran Church from 7:00 p.m. to 8:00 p.m. ET on Monday evenings. Meeting starts promptly at 7pm. We meet in the 1st floor classroom - go through double doors on left side of building and it is first door on the right. If the classroom is empty, check the library/conf. room on first floor (double doors on right side of building, last door on the right) as occasionally the meeting is relocated to this space. Directions: Exit 13 on I-84, Highway 9 North approx. one mile to NY-52 (Main St.), turn right and go approx. 3/4 of a mile, on the right.</p> <p>Format: Discussion Non Smoking Meetings Local Time 07:00 pm America/New_York</p>

Monday 07:00 PM	<p>Heath, Ohio ACoA (OH0086) - 1331 Chapel Way, Heath Ohio, 43056 UPDATE: We are currently holding a 12 steps workbook meeting (yellow) and are working the steps together as a group. This is an open meeting so don't let the step work we're doing stop you from coming. All are welcome. We meet in the fireside room when the weather is cold, dark or nasty. Enter the church at the first door on the left side of the building, the fireside room is the first door on the left once inside. Once the warmer weather is here we may resume meetings at the church outside under the front entrance, so please bring a lawn chair. Entering Heath on State Rt. 79 heading north, turn left at Kaiser Dr. (if heading south on State Rt. 79, turn right at Kaiser Dr.) go past the entrance to the Chapel Grove retirement community, then turn right on the second street which is Chapel Way. You will see a sign for the Heath Church of Christ. Follow Chapel Way to the church.</p> <p>Format: 12 Steps Yellow Workbook - Discussion - Steps Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Recovery Fellowship (PA076) - 1078 Egypt Rd, Oaks Pennsylvania, 19426 Greentree Church Of The Brethren PLEASE CHECK WITH MEETING CONTACT PERSON FOR HOLIDAYS ON MONDAY AND INCLEMENT WEATHER TO ASSURE MEETING BEING HELD</p> <p>Format: Discussion - Speaker - Steps Focus: Beginners Notes: Non Smoking - Non Smoking, Non Smoking Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>(PA115) - 1680 Four Mile Drive, Williamsport Pennsylvania, 17701 Meeting access is through the basement glass double doors of Northway Community Church, located at the intersection of Northway Road and Four Mile Drive in Loyalsock Township (Williamsport), Pennsylvania. **** For GPS purposes, the address is 1680 Four Mile Drive, Williamsport, Pennsylvania 17701 ****</p> <p>Format: Discussion - Speaker - Steps Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>The Laundry Mat (SC020) - 2015 College Street, Columbia South Carolina, 29205 We meet to connect with other fellow travelers and address the effects of growing up in a dysfunctional family. We share our experience, strength and hope as we come out of isolation into a supportive community. The meeting is located up the hill, off Harden Street in Five Points, directly behind the Chik-fil-A. Parking is provided next to the building. All are Welcome.</p> <p>Format: Discussion Focus: Beginners Meetings Local Time 07:00 pm America/New_York</p>
Monday 07:00 PM	<p>Monday Night Harbor Club ACA Meeting (TX0186) - 3000 W. 5th Street, Fort Worth Texas, 76107 This meeting is near the intersection of University and 5th Street in the Harbor Club. Coming in from the entrance on 5th street, we meet in the first room on the left. There will be no meeting on Christmas Day, but there will be a meeting on New Year's Day.</p> <p>Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 06:00 pm America/Chicago</p>

Monday 07:00 PM	7pm ACA Step (VA068) - 116 West Broad Street, Falls Church Virginia, 22046 Unity Club - We meet in Room 4 Format: Book Study - Steps Meetings Local Time 07:00 pm America/New_York Virtual Meeting Link
Monday 07:00 PM	Lifesavers ACA (VA109) - Meeting ID: 824 1387 5984 Passcode: 547446 Format: Discussion - Loving Parent Guidebook Notes: Fragrance Free - Fragrance Free, Welcome! We're a group reading through the Loving Parent Guidebook. The book is not required for attendance though it is suggested. We meet via Zoom on Mondays at 7PM EST. Meetings Local Time 07:00 pm America/New_York Virtual Meeting Link
Monday 07:00 PM	Brattleboro ACA Group (VT004) - Join Zoom Meeting https://us02web.zoom.us/j/82090560110?pwd=T1pHREovZDcyQ054eUpmUnpYdEpXQT09 Meeting ID: 820 9056 0110 NOTE: you will need to call Lissa or email KD - in advance of the meeting - for meeting password. Format: Discussion Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Monday Men's Laundry List Workbook (OH0096) - This meeting, previously hybrid, is now on ZOOM ONLY. Text George at 614-831-1962 to receive the updated Zoom access information. Format: Discussion - Laundry Lists Workbook - Steps Focus: Men-Only Beginner; LGBTQ+ Welcoming; Step Study; Laundry List Workbook Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Building Bridges (FL0291) - 8396 W State Road 84, Davie Florida, 33324 Meeting room is on 2nd floor ABOVE Gold Coast Transmission. Meeting is hybrid - both in person AND Zoom. BRB Study Group except for the 3rd Monday of the month which is a Yellow Workbook Study Group. Zoom Meeting #: 347 981 2115 Passcode:123456 Format: 12 Steps Yellow Workbook - Discussion - Fellowship Text (BRB) Notes: Needs Support - Non Smoking - Needs Support, Non Smoking, Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Geneva ACA (IL0259) - Format: Discussion - Fellowship Text (BRB) - Speaker - Steps Focus: Beginners Notes: Needs Support - Wheelchair Access - Needs Support, Wheelchair Access, Meetings Local Time 06:00 pm America/Chicago Virtual Meeting Link
Monday 07:00 PM	Erie Experience, Strength, and Hope (PA0164) - 2216 Peach St, Erie Pennsylvania, 16502 Use parking lot on 22nd street. Meeting room is in the basement. Go down the long hall, second door on the left. Format: Discussion Notes: Non Smoking - Non Smoking, Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	College Park ACA (NC0107) - 1601 Walker Avenue, Greensboro North Carolina, 27403 Room 302 (Prayer Room) Park on side of church, use side door, go up the staircase on left. First door on right at top of stairs. Format: Steps Focus: Beginners Meetings Local Time 07:00 pm America/New_York

Monday 07:00 PM	New Beginnings (VA0155) - Meeting by Zoom - please email or text group contact for information and/or virtual link. Format: Discussion - Fellowship Text (BRB) Weekly rotating format Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Zooming Towards Recovery (WEB0203) - Welcome all ACAs, including Beginners! This is an ACAs Only Closed meeting. The meeting may run up to 90 minutes and will end by 8:30 PM. Please request an online link for this meeting by email at zoomingtowardsrecovery@gmail.com. Format: 12 Steps Yellow Workbook - Steps Focus: Beginners Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Solution Finders (LA0042) - 510 E. Bellevue, Opelousas Louisiana, 70570 Meeting held in Lauman Hall located on the corner of E. Bellevue and N. Lombard. Format: Book Study - Steps Focus: Beginners - LGBTQ+ - BIPOC - Secular/Agnostic/Atheist - Young Adult (Ages 18 to 26) Notes: Non Smoking - Wheelchair Access - Non Smoking, Wheelchair Access, Meetings Local Time 06:00 pm America/Chicago
Monday 07:00 PM	Tony A's Steps (WEB0390) - This meeting is on Zoom. Meeting ID: 860 3768 8206 Password: 11427 Format: Discussion - Steps Meetings Local Time 05:00 pm America/Denver
Monday 07:00 PM	Strengthening Our Recovery BRB Meeting (WEB0399) - https://us02web.zoom.us/j/6660357900?pwd=VjhyY1IDWE90TmUrWVNYVHV4UnlRUT09 Meeting ID: 666 035 7900 Password: solution Format: Discussion Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Fellow Travelers of Pensacola (FL0338) - 7979 N. 9th Ave., Pensacola Florida, 32514 The Monday and Friday meetings are in Lanier Hall. Format: 12 Steps Yellow Workbook - Discussion - Strengthening My Recovery Monday - Discussion from Daily Affirmation (LYB) Meeting in Library rm. 5 Friday - (12-Step Workbook). NOTE: Friday's meeting is 2 hours. Meeting in Library rm. 5 Meetings Local Time 06:00 pm America/Chicago
Monday 07:00 PM	True Colors Global Gay Men's Meeting (WEB0445) - The new link effective Monday 1/16/2023 is: Zoom Meeting ID: 825 9134 5163 Passcode: 8675309 Format: Discussion - Speaker - Steps Focus: LGBTQ+ - Men-Only Gay Men Affinity Group Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Clarity Seekers (WEB0512) - Zoom ID 882 0817 6585 password: clarity Format: Discussion - Fellowship Text We read from the book, The Laundry List. Meetings Local Time 07:00 pm America/New_York
Monday 07:00 PM	Peachtree City ACA Meeting (GA0066) - 500 Kedron Drive, Peachtree City Georgia, 30269 Meeting is located in the basement of the back building to right of the main part of the church Format: Discussion Meetings Local Time 07:00 pm America/New_York

Monday 07:00 PM	Monday Night ACA Solution Group (MD0075) - 35 Mayo Road, EdgewaterMaryland, 21037 Format: Discussion Meetings Local Time 07:00 pm America/New_York
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