



This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes. Searched for "**telephone Meetings**" Printed on 2018-Dec-18

Day/Time	Meeting Name Type Focus	Address and Other Info
Sunday 05:45 am	Become Your Own Loving Parent (TEL040) (English) - Discussion, Book Study Need Moderators	, , Meeting Time Is Eastern Time. 712-432-3900 - Access code 247125#
Sunday 07:00 AM	(TEL012) (English) - Discussion	, , 712-432-0075 Pin 871076 Ten Minute Meditation During 1st Half Hour
Sunday 08:15 am	ACA Schematic & Appendix A (TEL169) (English) - Discussion	, , 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu
Sunday 09:00 am	Adult Child Recovery (TEL0313) (English) - Fellowship Text	, , 712-432-8808 Access code 324515# -- Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Sunday 09:00 AM	Adult Children With Children (TEL150) (English) - Discussion	, , 7124328808 pin number 372957#
Sunday 09:00 am	(TEL0372) (English) - Men Only Book Study	, Alabama, 302-202-1108 call contact person(s) for pin. Chuck@ 229-563-7876 or Mike @ 561-632-0451
Sunday 10:00 am	Tony A Step-A-Month Club (TEL0377) - Discussion, Book Study, Steps	, , 605-472-5606 access code 996191 Reading material is the Laundry List written by Tony A.
Sunday 11:45 AM	A Safe Place For You (TEL006) (English) - Beginners Discussion	, , 712-432-0075, Access code 871076#, *6 to mute and unmute.
Sunday 03:00 pm	ACA In The Solution Laundry List 4x4 (TEL0303) (English) - Book Study	, , 712-432-8808 Access Code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Sunday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0348) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654
Sunday 06:00 pm	Sunday Phone Meeting (TEL0337) (English) - ACAs only (Closed) Book Study	, , Australian Red Book Study Meeting Phone 02 40229115 Access code 797576 If you are new please call in 5 minutes earlier, so we can get to know you. Thanks Ron
Sunday 06:00 pm	Yellow Workbook Step Study (TEL0360) (English) - ACAs only (Closed) Discussion, Book Study	, CA, 712-432-8808 Access Code 2473656# Safety protocols in place to keep our meeting safe; dashboard used only as needed.

Sunday 07:00 pm	Greater New York Intergroup Monthly Speaker Meeting (TEL0343) (English) - Steps, Speaker	, Greater New York NY, 10473 641.715.3655 access code 878556# The chairperson shares for 10 minutes on a recovery topic. Then one or two ACA speakers share for a total of 20 minutes. This is followed by open sharing among the group members. The speaker qualification portions of the meetings will be recorded for later access of experience, strength, and hope. Open shares WILL NOT be recorded. LAST SUNDAY OF MONTH
Sunday 07:00 pm	(TEL0370) (English) - ACAs only (Closed) Discussion	, California, 712-770-4010 to join meeting. Access code is 668477# Blameless recovery for Adult Children. Focus on moving from blame to acceptance as we heal our wounds and trauma experienced in our family of origin. Contact Dan H. at 619-807-2544 for further information.
Sunday 10:00 PM	Nuevos Caminos (new Ways (TEL125) (Spanish) -	, , Conference Phone Number 641-715-3272 code 637678# and 1 Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Sunday 10:00 pm	Becoming Your Own Loving Parent (TEL272) (English) - Discussion, Fellowship Text, Book Study Needs Support	, , 712 432 8808 Access Code 247365# - (Press star 1 to un-mute, press star 1 again to mute yourself) - This group meets daily. Topics are Sunday (Ch. 15 BRB), Monday (Tony A), Tuesday (Laundry List), Wednesday (Beginners), Thursday (Ch. 8 BRB), Friday and Saturday are Moderator's Choice. - There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Sunday 11:11 pm	11th Step Study Group (TEL209) (English) - Discussion, Book Study, Steps, Speaker	, Telephone, 712-432-8808 Access code 111111# Meeting opens and closes w 3min of meditation and we have a 5min group meditation at 11:45
Monday 05:45 am	Become Your Own Loving Parent (TEL045) (English) - Discussion, Book Study,	, , Meeting Time Is Eastern Time..712-432-3900; conference code 247125#
Monday 07:00 AM	Laundry List 4 X 4 (TEL008) (English) - Discussion, Fellowship Text, Book Study After 1 (14 Wk)cycle Vote To Keep/change 4x4 Formt	, , 712-432-0075 Pin 871076# - Telephone Dial in Meeting
Monday 08:15 am	ACA Schematic & Appendix A (TEL170) (English) - Discussion,	, , 712-432-8808; conference ID 313151# Meeting Runs For 1 Hour. Press * For Menu
Monday 09:00 am	Adult Child In Recovery (TEL0314) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Monday 09:30 am	Taking Our Program to Work (TEL015) (English) - Discussion, Fellowship Text, Book Study Chapter 14 Taking Our Program to Work	, , Phonebridge 712-432-0075 pin is 871076# *6 to mute and unmute, *2 to find out participant count Mondays USA Eastern Time 9:30 to 11am All Are Welcome Even If You Don't Have a Job

Monday 11:00 am	The First Line (TEL0284) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 2220900# --- Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line number. We read from Chapters 8 and 15 of the Big Red Book
Monday 12:00 pm	A Safe Place At Noon (TEL0326) (English) - Book Study	, , Dial (712) 432-8808, PIN 87107612#
Monday 12:00 PM	Trauma Recovery (TEL039) (1) - Discussion Trauma Recovery Using The Identity Papers	, , 712 432 3900 pin 278777# *6 Mute,* 7 Unmute
Monday 01:45 pm	Big Red Book Study (TEL176) (English) - Discussion, Book Study	, , Telephone 712 432 8808 Pin: 641892#
Monday 03:00 pm	The One Trait at a Time Group (TEL0353) (English) - ACAs only (Closed) Discussion	, , --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard.
Monday 03:00 pm	ACA's In the Solution Laundry List 4x4 Meeting (TEL0109) (English) - Discussion, Book Study	, , 712-432-8808 access code 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Monday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0344) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654# --- Safety protocols in effect by group conscience. This meeting is 7 days a week 365 days a year
Monday 05:00 pm	Identity 2 (TEL0340) (English) - Fellowship Text	, , 712-432-3900 ID #411175 If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book, Trauma Recovery , and Emotional Sobriety which includes current situations that are recreating the stored Trauma.
Monday 07:00 pm	(TEL0375) (English) - Open to All Fellowship Text ACA Schematic focus	, , 712 432 8808 Access 365499# Meeting theme: Recovery and Healing from Childhood Trauma and Abuse
Monday 08:00 pm	Ready Set GO!! (TEL0310) (English) - ACAs only (Closed) Steps Sharing time is limited.	, , ***Future Ready Set GO!! Telephone Meetings*** ***for Monday Nights at 7pm Central Time **** will be posted here in a few months. In the meantime click on this link and you will be able to view and listen to the summary of the four week closed ACA meetings for Ready Set GO!! which takes about an hour: <a href="https://www.dropbox.com/s/eq7np5kz7vg1s58/Ready%20Set%20GO%21%21%20Version%202%20Video%206%3A28%3A18.m4v?dl=0">https://www.dropbox.com/s/eq7np5kz7vg1s58/Ready%20Set%20GO%21%21%20Version%202%20Video%206%3A28%3A18.m4v?dl=0</a> Any problems contact: Toni: acatoni5617@comcast.net. ===== ===== In Dec, 2018, 5 Saturdays, Noon to 2:00pm Central Time RSG Face to Face and Telephone Meeting: See Flyer on WSO Event Page for instructions, materials and supplies Join in at: Dial-in number (US): (712) 451-0695 Access code: 177289#
Monday 09:00 PM	ACA Men's Meeting (TEL264) (English) - Men Only Discussion Steve in Charge of Meeting	, , ACA Men's Meeting- Contact Scott 973.868.3075 for conference ID code, Mens Meeting 712-432-8808.

Monday 09:00 pm	safe on monday (TEL0368) (english) - Discussion, Book Study	, California, 91040 712 432-8808 pin: 2221212# open participation *1 to mute and unmute 9:00 pm EST
Monday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0298) (English) -	, , 712 432 8808 Access Code 247365# Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Monday 10:00 PM	Nuevos Caminos (TEL135) (Spanish) -	, , +1 641-715-3272 Dial Code 637678# and 1 Todos los Dias 10pm y Sabado a 12pm Every day 22pm and Saturday 12pm Hora Este Estandar de USA (Nueva York)-US Standard Time
Tuesday 05:45 am	Become Your Own Loving Parent (TEL049) (English) - Discussion, Book Study,	, , Meeting Time Is Eastern Time 712-432-3900 Access code 247125#
Tuesday 07:00 AM	Laundry List 4 X 4 Workbook Meeting (TEL107) (English) - Discussion	, , 712-432-0075; conference code 871076#
Tuesday 08:15 am	ACA Schematic & Appendix A (TEL171) (English) - Discussion, Book Study	, Telephone, 712-432-8808; conference ID 313151# Press * For Menu
Tuesday 09:00 am	Adult Child In Recovery (TEL0315) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Tuesday 11:00 am	The First Line (TEL0364) (English) -	, , -- 712-432-8808 access code 2220900# -- Note: calls from blocked numbers will not have access to the meeting. If your number is blocked you will have to dial *82 and then the telephone number to get into the room. Safety protocols will be in place during the meeting and the after-meeting fellowship time. - We read from Chapters 8 and 15 of the Big Red Book.
Tuesday 12:00 pm	A Safe Place At Noon (TEL0321) (English) - Book Study	, , (712) 432-8808 Conference ID 87107612# -- Safety Policy and Moderator Guidelines in place.
Tuesday 01:45 PM	Big Red Book Study (TEL178) (English) - Discussion, Fellowship Text, Book Study	, , Telephone 712 432 8808 Pin: 641892#
Tuesday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0305) (English) - Discussion, Fellowship Text Safety protocols to uphold the Traditions	, , 712-432-8808 Conference Code 2473653# --- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Tuesday 03:00 pm	The One Trait at a Time Group (TEL0354) (English) - ACAs only (Closed) Discussion	, , --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard.
Tuesday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0350) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654 --- 7 days a week, 365 days a year. Safety protocols in effect by group conscience
Tuesday 05:00 pm	Identity 2 (TEL0341) (English) - Discussion, Fellowship Text	, , 712-432-3900 ID #411175 If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,

Tuesday 06:00 PM	Yellow Workbook Step Meeting (TEL118) (English) - Discussion, Book Study	, , 712-432-8808; PIN code 2473656# Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Dial in 712-432-8808 Access code 2473656#
Tuesday 10:00 pm	Beginners Meeting (TEL0295) (English) - Discussion, Fellowship Text, Book Study Needs Support Beginners Meeting	, , 712-432-8808 Access Code 247365# Press star 1 to un-mute, press star 1 again to mute yourself . There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Tuesday 10:00 PM	Nuevos Caminos (TEL144) (Spanish) -	, , Conference Phone # 641-715-3272 CODIGO 637678 # and 1 Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Wednesday 05:45 am	Become Your Own Loving Parent (TEL048) (English) - Discussion, Book Study,	, , Meeting Time Is Eastern Time.... 712-432-3900; conference code 247125#
Wednesday 07:00 AM	Traditions Meeting (TEL157) (English) - Discussion, Fellowship Text	, , 712-432-0075 pin # 871076#
Wednesday 08:00 AM	Yellow Wkbk Steps 1 2 & 3 (TEL172) (English) - Discussion, Steps	, , Telephone - 712-432-8808; conference ID 871076#
Wednesday 09:00 am	Adult Child In Recovery (TEL0316) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. This is a safe meeting. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Wednesday 11:00 am	The First Line (TEL0282) (English) - Discussion, Fellowship Text	, , Call Information - 712-432-8808 Access Code 2220900# - This meeting operates a dashboard. Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line. - We read from Chapters 8 and 15 of the Big Red Book.
Wednesday 12:00 pm	A Safe Place At Noon (TEL0322) (English) - Book Study	, , (712) 432-8808 Conference ID 87107612# --- Safety Policy and Moderator Guidelines in place.
Wednesday 12:15 pm	Australian Wednesday Phone Meeting (TEL0352) (English) - Book Study, Steps	, Brisbane Qld, 4000 02-80770505 Access code.....358270 This is an Australian phone meeting, studying the big red book, steps and traditions. The meeting runs from 12.15-1.45pm Brisbane, Australia time. ( Please note, Brisbane does not have daylight saving.) Any questions, please Phone/email the contact person.
Wednesday 01:45 PM	Big Red Book Study (TEL177) (English) - Discussion, Book Study	, , Telephone 712 432 8808 Pin: 641892#
Wednesday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0306) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access code is: 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Wednesday 03:00 pm	The One Trait at a Time Group (TEL0355) (English) - ACAs only (Closed) Discussion	, , --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard.

Wednesday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0345) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654# -- meets 7 days a week, 365 days a year Safety protocols in effect by Group Conscience
Wednesday 05:00 pm	Identity 2 (TEL0333) (English) - Open to All Fellowship Text	, , 712-432-3900 ID #411175 If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Wednesday 06:30 pm	Whole Here & Now (TEL0363) (English) - LGBT, Beginners Discussion, Book Study, Steps, Speaker, Workshop	, , (605) 472-5303, 150386 PIN See Global Fellowship- Immigrants / African Diaspora / People of Color / Latinx / Socially Mobile
Wednesday 07:30 pm	Tagesmeditation Meeting (TEL0373) (German) - ACAs only (Closed),	, , Einwahl per Telefon: Einwahlnummer aus Deutschland: 0221 98203457 Zugangscode: 745532 Internationale Einwahlnummern findet ihr auf der Website: www.freeconferencecall.com/de/de Kosten: Ortsgespräch oder nichts, wenn ihr eine Flatrate habt Einwahl über Computer: Die Einwahl per Computer ist kostenfrei, wenn ihr WLAN-Zugang habt. Dies ist der Link zur Einwahl am Computer: <a href="https://join.freeconferencecall.com/acadeutschland">https://join.freeconferencecall.com/acadeutschland</a>
Wednesday 08:00 PM	Acas And Food Addiction (TEL241) (English) - Discussion	, , 641-715-3277 Pin 589425#
Wednesday 09:00 PM	Mens Meeting (TEL151) (English) - ACAs only (Closed) Discussion, Fellowship Text	, , ACA Men's Meeting - Contact Michael (404-274-0613) for conference ID code, Mens Meeting 712-432-8808.
Wednesday 09:00 pm	(TEL0371) (English) - Open to All Discussion	, California, 712 432-8808 pin: 2221212# come one, come all! Members are unmuted entering the group. *1 to unmute, and *1 to remute. Open participation For info: Jerry 818 747-9167 9:00 PM EST
Wednesday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0294) (English) - Discussion, Fellowship Text, Steps	, , 712-432-8808 Access Code 247365# Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Wednesday 10:00 PM	Nuevos Caminos (new Ways (TEL122) (Spanish) -	, , Conference Phone Number 641-715-3272 code 637678# and 1 Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Thursday 05:45 am	Become Your Own Loving Parent (TEL047) (English) - Discussion, Book Study,	, , Meeting Time Is Eastern Time....712-432-3900; conference code 247125#
Thursday 07:00 AM	Identity Papers & Appendix A (TEL031) (English) - Discussion, Book Study	, , 7124320075 Access Code 871076 (EST) You Come On Muted. Press *6 To Unmute And Speak
Thursday 08:15 AM	Recovering/healing From Trauma (TEL173) (English) - Discussion Basic 5 Daily Needs-6 Essential Tasks Acaschematic	, Telephone, 712-432-8808 pin 211345 Eastern Standard Time

Thursday 09:00 am	Adult Child In Recovery (TEL0317) (English) - Discussion	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. This is a safe meeting. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Thursday 10:30 am	ACA's and Compulsive Eating (TEL0328) (English) - Discussion	, , --- 712-432-3900 Access Code 331550# --- Uses ACA Literature
Thursday 11:00 am	The First Line (TEL0362) (English) - Discussion	, , 712-432-8808 access code 2220900# - Blocked numbers will not have access to the room. If your number is blocked you will have to dial *82 before the telephone number to release your number.
Thursday 12:00 pm	A Safe Place At Noon (TEL0323) (English) - Book Study	, , (712) 432-8808 Conference ID 87107612# -- Safety Policy and Moderator Guidelines in place.
Thursday 01:45 pm	Big Red Book Study (TEL0336) (English) - Book Study	, , 712 432-8808 Conference Code 641892#
Thursday 03:00 pm	ACA's in the Solution Laundry List 4x4 (TEL0307) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access code is: 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Thursday 03:00 pm	The One Trait at a Time Group (TEL0356) (English) - ACAs only (Closed) Discussion	, , --- 712 432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard.
Thursday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0347) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654#
Thursday 05:00 pm	Identity 2 (TEL0342) (English) - Fellowship Text	, , 712-432-3900 ID #411175 If there is not a moderator for the day, the virtual room will be closed. Reading of the day , this can be from Strengthening My Recovery and Chapters 6, 10 and Appendix A in the Red Text Book,
Thursday 09:00 pm	(TEL0311) (English) - ACAs only (Closed) Discussion, Book Study, Steps	, California, 92075 712-770-4010, Access Code: 668477# A study of the 12 steps of ACOA. A step study and discussion group focused on the 12 steps of ACOA offered to ACA by Tony A in 1991 in Orlando Florida at the ACA Convention. The book The Laundry List: The ACOA Experience is the approved ACA literature we will read from. Dashboard Safety protocols in place to uphold the ACA Traditions. Anonymous callers will be blocked from this meeting. 712-770-4010, Access Code: 668477 #
Thursday 10:00 pm	Becoming your own Loving Parent and Practicing Self-Love (TEL0293) (English) - Discussion, Fellowship Text, Book Study, Steps	, , 712-432-8808 Access Code 247365# Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.

Thursday 10:00 PM	Nuevos Caminos (new Ways (TEL123) (Spanish) -	, Telephone, Conference Phone Number 641-715-3272 code 637678# and 1 Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Thursday 11:15 pm	Healing Yourself and Your Relationships (TEL0302) (English) - Open to all Fellowship Text	, , Call 712-432-3900, Pin code 718707#
Friday 05:45 am	Become Your Own Loving Parent (TEL046) (English) - Discussion, Book Study,	, , Meeting Time Is Eastern Time....712-432-3900; conference code 247125#
Friday 07:00 am	Friday Morning Rotating Topic (TEL023) (English) - Open to all, Discussion, Fellowship Text, Book Study, Steps,	, Telephone Telephone, 712-432-0075 Pin 871076# Wk1-Step, Wk2 Solution,wk3 Basic 5 Needs, Wk4: Promises of the Month, Wk5: Speaker with 15 Minute Share
Friday 09:00 am	Adult Child In Recovery (TEL0318) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. This is a safe meeting. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Friday 11:00 am	The First Line (TEL0285) (English) - Discussion, Fellowship Text	, , Calls from unidentified numbers will be blocked from the meeting. To release your number dial *82 before dialing the conference line number. 712-432-8808 Access Code 2220900, We read from Chapters 8 and 15 of the Big Red Book.
Friday 12:00 pm	A Safe Place At Noon (TEL0324) (English) - Book Study	, , (712) 432-8808 Conference ID 87107612# Safety Policy and Moderator Guidelines in place.
Friday 01:45 pm	Big Red Book Study (TEL175) (English) - Discussion, Fellowship Text, Book Study	, , Telephone 712 432 8808 Pin: 641892#
Friday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0308) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access code is: 2473653# -- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Friday 03:00 pm	The One Trait at a Time Group (TEL0357) (English) - ACAs only (Closed) Discussion	, , --- 712-432-8808 9991# --- Safety protocols in place to keep our meeting safe, with an active dashboard.
Friday 04:00 pm	Strengthening My Recovery studying the 4x4 Laundry List (TEL0346) (English) - Discussion, Fellowship Text, Book Study	, , --- 712-432-8808 Access Code 2473654 --- Safety protocols in place by group conscience.
Friday 06:00 pm	Yellow Workbook Step Study (TEL0366) (English) - ACAs only (Closed) Discussion, Book Study	, Telephone Telephone, Telephone 712-432-8808 Access Code 2473656# Yellow Workbook Step Study - Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed,



Friday 08:00 pm	ACO's In The Solution (TEL0301) (English) - Closed Meeting/ACA's only Discussion, Workshop	, , 712-770-4010 The access code is: 668477# Acas In The Solution Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 for further information.
Friday 08:30 pm	ACA laundry List Workbook (TEL0297) (English) - Open to all Discussion, Book Study	, Telephone Telephone, 76101 515-739-1020 Conference code #125624 30 Minute Meeting Only
Friday 10:00 pm	Becoming Your Own Loving Parent and Practicing Self Love (TEL0339) (English) - Fellowship Text, Book Study, Speaker	, , 712 432 8808 Access Code 247365# --- Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Friday 10:00 PM	Nuevos Caminos (new Ways (TEL124) (Spanish) -	, Telephone, Conference Phone Number 641-715-3272 code 637678# Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York)
Saturday 05:45 am	Become Your Own Loving Parent (TEL044) (English) - Discussion, Book Study, Need Moderators	, , Meeting Time Is Eastern Time... 712-432-3900; conference code 247125#
Saturday 07:00 AM	7 Am Womens Meeting (TEL029) (English) - Women, Women Only Discussion, Steps, Book Study, Fellowship Text	, Telephone, Email meeting contact, Mary Ann, at luvscats1197@yahoo.com for her phone number. She will call you back with the meeting phone number and pin. The meeting contact information can only be shared voice to voice and cannot be emailed, left on a voicemail, nor texted.
Saturday 07:00 am	(TEL0376) (English) - Men Only, ACAs only (Closed) Discussion, Fellowship Text, Book Study TEL 133	, , Call or email Mike (561) 632-0451 or 12x12x12mike@gmail.com for access code.
Saturday 09:00 am	Adult Child In Recovery (TEL0319) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access Code 324515# --- Closed meeting for ACAs only. Safety protocols in place to keep our meeting safe; dashboard used only as needed. Phones with blocking feature cannot enter so your phone number needs to be unblocked to attend.
Saturday 11:00 am	The First Line (TEL0374) (English) - ACAs only (Closed) Discussion	, , 712-432-8808 Access code 2220900#
Saturday 12:00 PM	Saturday Identity Papers Mtg (TEL077) (English) - Discussion, Fellowship Text, Book Study Business Mtg. 1st Sat. Of Month.	, , 712-432-3900 Conference ID 132204# Trauma Recovery Using The Identity Papers
Saturday 12:00 PM	Nuevos Caminos (TEL160) (Spanish) - Reunion Telefonica En Habla Hispana	, Telephone, Conference phone number 641-715-3272 code 637678# and 1 Reunion en Espanol-Spanish Speaking Meeting Todos los Dias 10PM y Sabado a 12PM Every Day 22pm and Saturday 12pm. Hora Este Estandar de USA (Neuva York)-US Stnadard Time (Neuvo York) SATURDAY 10PM GRUPO DEL TEL 160 TEMA: LOS CINCO BÁSICOS

Saturday 01:30 pm	Action & work that heals (TEL0287) (English) - ACAs only (Closed), Introductions required Discussion, Book Study, Fellowship Text, Steps	, Telephone Ca, Telephone 712-775-7035 - Access Code 621382#
Saturday 03:00 pm	ACA's In The Solution Laundry List 4X4 (TEL0309) (English) - Discussion, Fellowship Text	, , 712-432-8808 Access code is: 2473653# --- We meet 7 days a week, 365 days a year. Focus is on recovery studying and sharing on all four sides of the Laundry List using the BRB and other ACA Literature. Safety protocol in place by group conscience.
Saturday 04:00 pm	Happy, Joyous & Free (CA1312) (English) - Discussion, Steps, Workshop Non Smoking	, , TEXT: 530 377-4598 Kath OR CALL 293.3 mi
Saturday 04:00 pm	Strengthening My Recovery studying the 4X4 Laundry List (TEL0349) (English) - Discussion, Fellowship Text, Book Study	, , 712-432-8808 Access Code 2473654# --- Safety protocol in effect through group conscience
Saturday 06:00 pm	ACA Healing Through Music (TEL0312) (English) - Men, Women, Beginners, Gay/Lesbian, LGBT, ACAs only (Closed) Discussion, Book Study, Fellowship Text, Steps, Workshop	, , (US 515-739-1020) (UK 0330-088-1602) (Australia 2-8077-0506) Access Code 157388# Regardless Whether Alcohol Was A factor in the Home.
Saturday 08:00 PM	Acas In The Solution (TEL207) (English) - Discussion, Workshop	, Telephone, 712-770-4010 The access code is: 668477# Acas In The Solution Closed meeting for ACAs Only. This meeting uses a dashboard and safety protocols to keep our meeting safe. Callers cannot use phone number blocking features on their phone. Contact Dan @ 619-807-2544 for further information.
Saturday 10:00 pm	Becoming Your Own Loving Parent and Practicing Self Love (TEL0338) (English) - Discussion, Fellowship Text, Steps	, , 712 432 8808 Access Code 247365# -- Press star 1 to un-mute, press star 1 again to mute yourself There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.
Saturday 11:11 pm	11th Step Study (TEL208) (English) - Discussion, Book Study, Steps	, , 712-432-8808 Access code 111111# Meeting opens and closes w 3min of meditation and we have a 5min group meditation at 11:45