



This listing is provided by Adult Children of Alcoholics/Dysfunctional Families World Services Organization for members to attend Meetings. This list is not to be used for any solicitation purposes.

Searched for "**online Meetings**" Printed on 2022-May-29  
Showing Meetings adjusted to TimeZone **America/New\_York**

**There are too many meetings to show them all. The first 400 meetings are shown**

Adjusted Day Time	Meeting Information
Sunday 12:00 AM	<p>24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&amp;DF. MEETING TIME DOES NOT APPLY.</p> <p>Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more.</p> <p><a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a></p> <p><b>Focus:</b> 12 Step Study Group, Discussion Meetings Local Time 12:00 AM America/New_York</p>
Sunday 12:00 AM	<p>(WEB0187) - Zoom Id: 851-1575-1109 - Password 711 - English speaking meeting - Audio only, please do not use your video. Reparenting ourselves can mean many things, but the central theme is that we are willing to challenge our critical, inner voice and to care for the child within. By reparenting ourselves, we lose interest in harming ourselves with addictions and compulsions. We remind ourselves that we have worth. We do this as often as it takes without thought of the repetition or how it might sound to another person.</p> <p><b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 06:00 AM Europe/Amsterdam</p>
Sunday 12:00 AM	<p>NZ Studies 12 Steps (WEB0752) -</p> <p><b>Focus:</b> Book Study, Steps 12 Step study. Two hours. Screen share participation. Audio only. Locked 30 mins after start. WAG chat group attached. Ongoing study. Meeting id is 2020434320 and password is Ucandoit. Meetings Local Time 04:00 PM Pacific/Auckland</p>
Sunday 00:30 AM	<p>ACA - Give it a go - Tony A's 12 Steps Reparenting (WEB0808) - Zoom link: <a href="https://us02web.zoom.us/j/84365746961">https://us02web.zoom.us/j/84365746961</a></p> <p><b>Focus:</b> Loving Parent Guidebook</p> <p><b>Type:</b> Women Only Saturdays and Sundays Loving Parent meetings based on Tony A's 12 Steps and Affirmations from the Big Red Book. (not using Loving Parent guide book) Meetings Local Time 06:30 AM Europe/Vienna</p>
Sunday 02:30 AM	<p>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: <a href="mailto:przystan.na.mazurach@gmail.com">przystan.na.mazurach@gmail.com</a></p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Steps</p> <p><b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 08:30 AM Europe/Berlin</p>

Sunday 03:00 AM	<p>ACA CHAT ONLINE (WEB0591) - • Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</p> <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of February 2022!</li> </ul> <p><b>Focus:</b> Discussion, Fellowship Text, Steps Meetings Local Time 03:00 AM America/New_York</p>
Sunday 03:00 AM	<p>Europe's Sunday morning Big Red Book Chapter 19 Study (The Twelve Traditions of ACA ) (WEB0182) - 09:00 am Amsterdam / 08:00 am London Zoom: <a href="https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbG1HZzFEenZoUG5CYy84Zz09">https://us02web.zoom.us/j/85867876612?pwd=NzkvMTdLbG1HZzFEenZoUG5CYy84Zz09</a> Meeting ID : 858 6787 6612 Passcode : 711 Audio only, please do not use the video function. English speaking meeting. The ACA Twelve Traditions provide guidelines for group conduct just as the ACA Steps provide guidelines for individual recovery. Please see <a href="https://www.acafellowworldtravelers.com">https://www.acafellowworldtravelers.com</a> for information on all our meetings.</p> <p><b>Focus:</b> Book Study, Discussion <b>Notes:</b> Needs Support Needs Support, <a href="http://www.acafellowworldtravelers.com">www.acafellowworldtravelers.com</a> Meetings Local Time 09:00 AM Europe/Amsterdam</p>
Sunday 03:30 AM	<p>Elwood Daily Affirmation and Meditation Meeting (AUS0091) - 87 Tennyson S, Elwood Victoria, 3184 Zoom Only meeting and the Details are: <a href="https://us02web.zoom.us/j/87885683373?pwd=ZG02bnVFaDdSOWtZd0h0RmEvVmY1QT09">https://us02web.zoom.us/j/87885683373?pwd=ZG02bnVFaDdSOWtZd0h0RmEvVmY1QT09</a> Zoom ID: 878 8568 3373 Password: 649181 When in person - Elwood St Kilda Neighbourhood Learning Centre Getting here: Bus 246 stops at the corner of Glenhuntly Road and Tennyson Street. 5 minute walk from there. Tram 67: Stop 40. 5 minute walk down Scott Street, then turn right at Tennyson Street. Train: Ripponlea station on Glen Eira Road about a 10 minute walk.</p> <p><b>Focus:</b> Fellowship Text Meetings Local Time 05:30 PM Australia/Melbourne</p>
Sunday 03:30 AM	<p>Nelle Tue Mani (WEB0778) - domenica alternate dal 16 gennaio 2022 ore 9:30 successiva ore 19:30</p> <p><b>Focus:</b> Discussion Meetings Local Time 09:30 AM Europe/Rome</p>
Sunday 03:30 AM	<p>Lemoniada DDA/DDD (WEB0429) - Za skypie wyszukaj u?ytkownika "dda.lemoniada" i napisz na czacie, ?e chcesz wzi?? udzia?. Alternatywnie, napisz na maila: lemonka12@wp.pl z pro?b? o przy??czenie</p> <p><b>Focus:</b> Fellowship Text, Steps Meetings Local Time 09:30 AM Europe/Berlin</p>
Sunday 04:00 AM	<p>Food &amp; Emotions Womens Meeting (WEB0612) - Camera's on meeting! We want to see you &amp; hear you! Women's only meeting There's no healing without feeling! We welcome you to zoom in and connect 10mins before the meeting starts Arrive early as the meeting is locked at 18:00 prompt 10 minutes silent journaling during meeting Sharing time - we do not mention specific foods by name. 15 mins of fellowshipping after the meeting ID : 848 109 6286 Password : WITSACA <a href="https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNlBYeEdMejVSNkNiaTZFQT09">https://us02web.zoom.us/j/8481096286?pwd=QnZYS1hFNlBYeEdMejVSNkNiaTZFQT09</a></p> <p><b>Focus:</b> Book Study, Discussion Meetings Local Time 06:00 PM Australia/Sydney</p>

Sunday 04:00 AM	Relationships (NZL0007) - N/A, N/A Area Outside Region, N/A Welcome! This group meets online only and is an audio only meeting (with the option to reveal your video if you wish) It is an established ZOOM meeting established in New Zealand. We meet at 8.00pm (NZST)/6.00pm (AEST) but worldwide members are welcome, too. We read from the Big Red Book, Chapters 13 (Relationships: Applying what we have learned) & Chapter 14 (Taking our Programme to work.) You will need to have the Zoom application. Once you have this, please go to: <a href="https://zoom.us/j/4964941848">https://zoom.us/j/4964941848</a> Meeting ID: 496 494 1848 Password: 121414 <b>Focus:</b> Book Study Meetings Local Time 08:00 PM Pacific/Auckland
Sunday 04:30 AM	Nairobi ACA meeting (KEN0002) - Meeting ID: 9342394950 Passcode: ACAKE <b>Focus:</b> 12 Step Study Group, Book Study, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 11:30 AM Africa/Nairobi
Sunday 05:00 AM	Self Care Sunday (WEB0173) - -- 11:00 am Central Europe / 10:00 am UK time -- on Zoom ID 862-8449-8991 -- Password 711 -- English speaking meeting -- Audio only -- Please do not use your video -- Our Self Care Sunday meeting is a nurturing space to focus on things we can do to care for ourselves while being our own Loving Parents. The meeting has a rotating schedule of readings from the ACA literature (The Big Red Book and Strengthening My Recovery), chosen by the group to help remind us of the nourishing and supportive practices we can engage in to support us all in our recovery and beyond. We look forward to seeing you and joining our loving re-parenting journey. --- The readings schedule can be found here <a href="https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBboF1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing">https://docs.google.com/document/d/1Zr1tFfWGNamdoQCPBUBboF1Wy2Gr1fdo7l8dFjGyx-8/edit?usp=sharing</a> <b>Focus:</b> Fellowship Text Beginners welcome Meetings Local Time 11:00 AM Europe/Amsterdam
Sunday 05:00 AM	Being Your Own Loving Parent (WEB0732) - Zoom Meeting ID: 9941173974 Passcode: 567448 Meetings Local Time 10:00 AM Europe/London
Sunday 05:15 AM	Sunday Brussels international (WEB0540) - <b>Focus:</b> Fellowship Text <b>Type:</b> ACA Teen (Ages 12 to 18), Beginners, LGBT+, People of Color, Secular/Agnostic/Atheist, Young Adult (Ages 18 to 26) Meetings Local Time 11:15 AM Europe/Berlin
Sunday 05:30 AM	Rainbow LGBTQ+ online (WEB0806) (Japanese Speakers Only) - Only 2nd & 4th Sunday on JAPAN timezone. Contact to <a href="mailto:acoa.rainbow@gmail.com">acoa.rainbow@gmail.com</a> . After we receive your email with your LGBTQ+ Type, we'll send you the Skype URL of our meeting. ????4???????????? ???LGBTQ+????????????????????LGBTQ+????????????acoa.rainbow@gmail.com ????????????????????????????????Skype URL???????????? <b>Type:</b> LGBT+ Online Only Meetings Local Time 06:30 PM Asia/Tokyo
Sunday 06:00 AM	Doverye (WEB0776) (????????) - ?????????? ?????????? ? Zoom. ?????? ?? ??? ????????????????? ? Telegram-??????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a> <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Speaker, Steps, Workshop ?? ????????? 9-10 ?????????? ?????????? ? ??????. ?????? ?????? ?????????? ?????????? ?? ?????? ???. ?????????? ?????????? ? Zoom. ?????????? ? ?????????? ? ?????? ?????????? ?????? ?? ????? ??????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a> Meetings Local Time 01:00 PM Europe/Moscow

Sunday 06:00 AM	Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828 <b>Focus:</b> Discussion <b>Type:</b> Beginners Meetings Local Time 11:00 AM Europe/London
Sunday 06:00 AM	Stepping into the solution (GBR0010) - Due to Government Health & Safety guidelines the face-to-face meeting has been cancelled and will continue as a zoom online meeting. Time: Sunday 11:00 AM UK time Join Zoom Meeting <a href="https://us02web.zoom.us/j/82223439258?pwd=Q2MvU2hUaHpJNXkxY3RzdUdGcko0dz09">https://us02web.zoom.us/j/82223439258?pwd=Q2MvU2hUaHpJNXkxY3RzdUdGcko0dz09</a> Meeting ID: 822 2343 9258 Passcode: serenity Topic: Women's Steps meeting focusing on the 12 steps Workbook. The meeting utilises breakout rooms to allow everyone the opportunity to share. Please have your video on when entering the meeting. The meeting will be locked at 11.30am after the readings have finished and sharing time begins. <b>Focus:</b> 12 Step Study Group, Steps <b>Type:</b> Women Only zoom online meeting Meetings Local Time 11:00 AM Europe/London
Sunday 06:30 AM	Acaenlinea (WEB0077) - VISIT WWW.ACASPAIN.ORG o contacta el usuario: acaenlinea en skype, antes de la reunión, para solicitar la entrada. <b>Focus:</b> Book Study, Steps Meetings Local Time 12:30 PM Europe/Madrid
Sunday 07:00 AM	ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom! <b>Focus:</b> Book Study, Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom! Meetings Local Time 01:00 PM Europe/Amsterdam
Sunday 07:30 AM	GratefulACA (WEB0587) (HINDI,ENGLISH) - <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Speaker, Steps <b>Type:</b> ACA Teen (Ages 12 to 18), Beginners, LGBT+ <b>Notes:</b> Fragrance Free, Needs Support, Non Smoking Fragrance Free, Needs Support, Non Smoking, Meetings Local Time 05:00 PM Asia/Kolkata
Sunday 07:30 AM	Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]   Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET   Dial in: +1 646 558 8656 US (New York)   Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/kcEsR2PF1V">https://us02web.zoom.us/j/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a> ] <b>Focus:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 AM America/New_York

Sunday 08:00 AM	ACA BIGBOOK READING MEETING (WEB0071) - ** This is SKYPE MEETING ** Hi, this is ACA BIGBOOK READING MEETING. We have the meeting at every Sunday of 08:00AM(EST) which is 09:00PM(GMT+9). 'GMT+9' is the timezone of Seoul and Tokyo. You can join the meeting with SKYPE ID <a href="mailto:acaseoulkorea@gmail.com">acaseoulkorea@gmail.com</a> We just started and need support and help :) <b>Focus:</b> Discussion, Fellowship Text <b>Type:</b> ACAs only (Closed) Meetings Local Time 08:00 AM America/New_York
Sunday 08:30 AM	RI Area Morning (WEB0793) (English, US) - <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a> <b>Focus:</b> Book Study Meetings Local Time 08:30 AM America/New_York
Sunday 08:30 AM	Safe Haven (WEB0580) - We currently meet on zoom with an intention to return to face to face meetings. We read from the fellowship text (BRB) and share. Please call or email the contact for more information. Meetings Local Time 08:30 AM America/New_York
Sunday 08:30 AM	Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. <b>Focus:</b> Fellowship Text This meeting has a capacity of 25 members. Meetings Local Time 08:30 AM America/New_York
Sunday 09:00 AM	Eliot, Maine, Writing Meeting (WEB0451) - This is a ZOOM meeting open to all. No writing experience or expertise is necessary. Contact the Meeting Representative for more information and to obtain a link to our ZOOM Room. <b>Focus:</b> Workshop This is a Writing Meeting as defined in the BRB on page 567. Meetings Local Time 09:00 AM America/New_York
Sunday 09:00 AM	ecoming Your Own Loving Parent - Virtual Only (WEB0695) - Zoom link: <a href="https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1V2Zz09">https://us02web.zoom.us/j/82233307763?pwd=TjRkR2EzZGRoWm1tUFYyV2VFL1V2Zz09</a> Meeting ID: 822 3330 7763 Password: 111222 <b>Focus:</b> Book Study, Discussion, Fellowship Text Zoom only Meetings Local Time 09:00 AM America/New_York
Sunday 09:00 AM	Kittery ACA Step Meeting (ME0042) - During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information! <b>Focus:</b> Book Study, Discussion, Steps <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Meetings Local Time 09:00 AM America/New_York
Sunday 10:00 AM	ACA Formosan Group (WEB0036) - Topic: Big Red Book Study & Daily Affirmations Time: Sundays @ 22:00 Taiwan (GMT+8) <a href="https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09">https://us02web.zoom.us/j/81866700732?pwd=cnFCWVJrOVNhTnBGQ0c1NWtoN21SZz09</a> Meeting ID: 818 6670 0732 Passcode: 439906 “With help from our ACA support group, we will slowly release our dysfunctional behaviors.” — ACA Promise #11 <b>Focus:</b> Book Study, Fellowship Text Meetings Local Time 10:00 PM Asia/Taipei
Sunday 10:00 AM	Hermitage Seeking Sanity (TN056) - **Currently only Zoom** until farther notice Please reach out to a contact person for the meeting link and password, preferably in advance. Request after meeting time 6.8 mi <b>Focus:</b> Discussion, Fellowship Text <b>Notes:</b> Needs Support Needs Support, Non Smoking Meetings Local Time 09:00 AM America/Chicago

Sunday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234 <b>Focus:</b> Book Study Meetings Local Time 07:00 AM America/Los_Angeles
Sunday 10:00 AM	Sunday mornings (PA0157) - Meetings are currently being run via zoom. Prior to the pandemic, this meeting was held in Wynnewood, PA. <b>Focus:</b> Discussion, Fellowship Text, Book Study, Steps, Speaker Please email <a href="mailto:sundaymorningsACA@gmail.com">sundaymorningsACA@gmail.com</a> for more information. Meetings Local Time 10:00 AM America/New_York
Sunday 10:00 AM	New Leaf ACOA at Bryn Mawr Hospital (PA105) - NOTE: The in person meeting is suspended due to COVID 19 state of emergency restrictions until further notice. Please join us on Zoom. Contact Dave at <a href="mailto:davesaysbekind@gmail.com">davesaysbekind@gmail.com</a> . 45.0 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps <b>Notes:</b> Non Smoking Non Smoking, Non Smoking Meetings Local Time 10:00 AM America/New_York
Sunday 10:00 AM	LACA (TX0206) - Due to public health concerns regarding COVID-19, Lakeway ACA meetings are now being held virtually via Zoom until it is safe to resume face to face meetings. Our Zoom ID is: 441 650 8134. The meetings now require a password to enter. Please send an email to <a href="mailto:knowthatoneisme@gmail.com">knowthatoneisme@gmail.com</a> to request the password. <b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps <b>Type:</b> Beginners, Young Adult (Ages 18 to 26) Meetings Local Time 09:00 AM America/Chicago
Sunday 10:00 AM	Sunday Mornings (WEB0754) - Meetings are run exclusively via zoom. Please email <a href="mailto:sundaymorningmeetings@gmail.com">sundaymorningmeetings@gmail.com</a> for meeting information. Meetings Local Time 10:00 AM America/New_York
Sunday 10:30 AM	ACA Women's Big Red Book Study (WEB0663) - For ID and Passcode please text/call or email Lisa in Ca 818.445.9901 or email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a> <b>Type:</b> Women Only Meetings Local Time 07:30 AM America/Los_Angeles
Sunday 11:00 AM	Women's Self Care (CA1494) - Please reach meeting contact for zoom information. 8AM PST We read from the 12 step prayer book and do some writing & work on letting go of the self doubt and self abandonment that we have held onto for so long. <b>Focus:</b> Book Study, Discussion <b>Type:</b> Women Only Meetings Local Time 08:00 AM America/Los_Angeles
Sunday 11:00 AM	Tony A - The ACOA Experience - Weekender (WEB0572) - <b>Focus:</b> Discussion Meetings Local Time 08:00 AM America/Vancouver
Sunday 11:00 AM	Courage to Change (WEB0351) - <a href="https://us02web.zoom.us/j/89174728022">https://us02web.zoom.us/j/89174728022</a> ZOOM ID 891 747 728022 We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. If you are in need of a personal chat there are fellow travelers available to sit in a breakout room with you, please make your needs known to the chair. This is a camera on meeting. <b>Focus:</b> Book Study, Discussion We study the Laundry List Characteristics guided by the Laundry List Workbook one characteristic at a time. If you are in need of a personal chat there are fellow travelers available to sit in a breakout room with you, please make your needs known to the chair. This is a camera on meeting. Meetings Local Time 07:00 PM Asia/Dubai

<p>Sunday 11:00 AM</p>	<p>ACA Breakfast Club (WEB0084) - WEB0085 ACA Afternoon Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.  <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 11:00 AM America/New_York</p>
<p>Sunday 11:00 AM</p>	<p>ACA Schematic Sunday (WEB0781) -  *NEW PASSWORD STARTING FEB 27*  Sundays: 8am Pacific   11am Eastern   GMT 4pm  Zoom ID: 851 4127 1794   New Passcode: talionic    <b>Focus:</b> Discussion, Fellowship Text  <b>Type:</b> Beginners, Secular/Agnostic/Atheist  Living in the Solution by acknowledging and addressing the psycho-physiological effects of childhood trauma induced CPTSD with the Six Essential Recovery Tasks, 12 Steps, Reparenting, and support of our Fellow Travellers. BEGINNERS ARE WELCOME!  We use the secular version of the ACA Steps.  Meetings Local Time 08:00 AM America/Los_Angeles</p>
<p>Sunday 11:00 AM</p>	<p>With the Help of Our Higher Power (WEB0495) - Please join us for readings related to false self formation and true self expression + mindfulness practices to help us connect with and speak from our heart (our authentic self). This is a 60-minute meeting with readings and practices. Meeting ID: 881 9790 7675 Passcode: ilikeyou Join Zoom Meeting:  <a href="https://us02web.zoom.us/j/88197907675?pwd=NUNOdC9sWit3WTBUb0hTRnVtMmg4UT09">https://us02web.zoom.us/j/88197907675?pwd=NUNOdC9sWit3WTBUb0hTRnVtMmg4UT09</a>  Meetings Local Time 08:00 AM America/Los_Angeles</p>
<p>Sunday 11:00 AM</p>	<p>Sunday ACA Big Red Book (MN126) - As of January 16, 2022, the ACA St. Paul Sunday Morning meeting has returned to meeting only on Zoom. See contact info to request Zoom information be emailed to you. Click 31.0 mi  <b>Focus:</b> Book Study, Discussion  <b>Notes:</b> Non Smoking Non Smoking, Open to all who identify as adult children of alcoholic(s) or dysfunctional families. Meetings Local Time 10:00 AM America/Chicago</p>
<p>Sunday 12:00 PM</p>	<p>ACA 4x4 meeting (WEB066) - ACA 4x4 meeting, each week we read one Trait from Laundry List Workbook and then share about it. Sunday 7:00PM Eastern European Time EET. UTC/GMT +2H LATVIAN language only! To join this meeting: write to Skype user sapulce_4x4 before meeting. PAB 4x4 sapulce, katru reizi viena pazime. Lai piedalitos raksti Skype lietotajam sapulce_4x4 pirms sapulces. Sapulces notiek Svētdienas pl 19 pec Latvijas laika Skype programma.  <b>Focus:</b> Discussion Meetings Local Time 07:00 PM Europe/Riga</p>
<p>Sunday 12:00 PM</p>	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA. Alternatively, here is the link to enter the meeting:  <a href="https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw</a>  <b>Focus:</b> Discussion  <b>Type:</b> LGBT+ Meetings Local Time 12:00 PM America/New_York</p>

Sunday 12:00 PM	<p>ACA CHAT (WEB0092) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</p> <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of April 2022!</li> </ul> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 12:00 PM America/New_York</p>
Sunday 12:00 PM	<p>A New Hope ACA Beginners Meeting - Connections (WEB0140) - Using the ACA Beginners Meeting Handbook available for free at <a href="https://www.ACAhope.com">https://www.ACAhope.com</a> (Handbook is derived from fellowship texts, but not itself conference approved). Newcomer/beginner focus (those in ACA less than a year), open to all adult children. Zoom meeting link: <a href="https://us02web.zoom.us/j/89221782321">https://us02web.zoom.us/j/89221782321</a> - password: 603201. American Sign Language (ASL) interpreter available with advance request.</p> <p><b>Type:</b> Beginners Meetings Local Time 12:00 PM America/New_York</p>
Sunday 12:00 PM	(WEB0771) - Meetings Local Time 11:00 AM America/Chicago
Sunday 12:00 PM	<p>ACA Anger Release (WEB0516) - To ensure meeting safety, please email <a href="mailto:adultchild12steps@gmail.com">adultchild12steps@gmail.com</a> for Zoom meeting ID and passcode. This meeting is locked after it begins. The goal of this meeting is to give you a place to explore your resentments, release your anger and find out about its sources in your childhood. Only by processing the repressed anger will we be free of it, and gain the ability to not act out on it day to day. We encourage the use of optional tools such as pillows, plastic bats, curse words, etc. to express anger. There are strict guidelines for sharing in order to support participants' well-being.</p> <p><b>Focus:</b> Fellowship Text, Workshop Meetings Local Time 09:00 AM America/Los_Angeles</p>
Sunday 12:00 PM	<p>ACA Chapel Hill Online Meetings. Welcome to everyone from an alcoholic or otherwise dysfunctional home (WEB0112) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a> EVERYDAY AT NOON EST</p> <p>Monday - Laundry List Workbook  Tuesday - Topic Meeting  Wednesday - Big Red Book  Thursday - Traditions  Friday - Loving Parent Guidebook  Saturday - Topic Meeting  Sunday - Beginners Meeting</p> <p><b>Type:</b> Beginners For Meeting information : <a href="https://docs.google.com/document/d/10SIsXKex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing">https://docs.google.com/document/d/10SIsXKex6nFFynCtQ-cPhkJzUuH9kHshcV5r7AGn66o/edit?usp=sharing</a> Meetings Local Time 12:00 PM America/New_York</p>
Sunday 12:00 PM	<p>PEACA (ZAF0003) - Thursday - 1H00 express meeting, Intro to ACA (+-21 weeks) at 12 pm SAST - Meeting ID: 813 8264 8768 Passcode: PEACA  Sunday - 1H30 meeting, BRB Study (+-2 years) at 6 pm SAST - Meeting ID: 875 9641 4756 Passcode: PEACA</p> <p><b>Focus:</b> Fellowship Text Welcome to share in Afrikaans Meetings Local Time 06:00 PM Africa/Johannesburg</p>



Sunday 12:15 PM	<p>Sun ACA Big Red Book (MN115) - A weekly rotation of volunteers act as trusted servants. Members take turns reading aloud. We read the ACA serenity prayer, problem/laundry list, solution, steps, Daily Affirmation, several pages of the Big Red Book and the traditions. We spend about 30 minutes in breakout rooms (3-5 people) to share our feelings, reflections on the readings, and our recovery journey. We conclude together with the promises and with the serenity prayer. To join please send a message to <a href="mailto:aca1115sunday@gmail.com">aca1115sunday@gmail.com</a> or 507-312-9423 for a Zoom meeting invitation. 12.7mi</p> <p><b>Focus:</b> Book Study</p> <p><b>Notes:</b> Non Smoking Non Smoking, This meeting is for people identifying as adult children from alcoholic or dysfunctional families. Meetings Local Time 11:15 AM America/Chicago</p>
Sunday 12:30 PM	<p>Butterfly Effect (WEB0476) - Skype <a href="https://aca.homegroup">aca.homegroup</a></p> <p><b>Focus:</b> Discussion, Fellowship Text, Steps, Speaker Meetings Local Time 07:30 PM Europe/Moscow</p>
Sunday 12:30 PM	<p>Hazelden Sunday Laundry List Meeting (WEB0101) - Meeting time 11:30AM Central Standard Time (Chicago) each Sunday. Please disregard whatever time is listed in other areas of the website. 11:30am CST is the correct meeting time. Email/text (no phone calls please) the group contact for meeting password. No requests for the password will be answered after the start of the meeting. Each week we review a Laundry List Trait from the workbook and share our reactions. Join Zoom Meeting <a href="https://zoom.us/j/5220923905">https://zoom.us/j/5220923905</a> Meeting ID: 522 092 3905 Dial by your location +1 312 626 6799 US (Chicago) Find your local number: <a href="https://zoom.us/u/abLvo3xCLD">https://zoom.us/u/abLvo3xCLD</a></p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Type:</b> Beginners Meetings Local Time 11:30 AM America/Chicago</p>
Sunday 01:00 PM	<p>DDA - Dospele Deti Alkoholiku (CZE003) - 208.5 mi</p> <p><b>Focus:</b> Book Study, Fellowship Text, Steps Meetings Local Time 07:00 PM Europe/Prague</p>
Sunday 01:00 PM	<p>Ithaca ACA - Sunday (NY0243) - 518 W Seneca St, Ithaca New York, 14850 Ithaca Community Recovery, 2nd floor</p> <p><a href="https://us02web.zoom.us/j/81470423398?pwd=YUpuckIvV3dncklGbGUwYlJLY1MyQT09">https://us02web.zoom.us/j/81470423398?pwd=YUpuckIvV3dncklGbGUwYlJLY1MyQT09</a></p> <p>Meeting ID: 814 7042 3398 email <a href="mailto:ACAinIthaca@gmail.com">ACAinIthaca@gmail.com</a> for meeting password</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 01:00 PM America/New_York</p>
Sunday 01:00 PM	<p>Newbury Inner Child Recovery Meeting (GBR0006) - Currently Zoom Meeting due to CV-19 Meeting ID: 316 086 0301 Password: Please email or call meeting contact in advance for password. Newcomers welcome. Please call in advance with any questions.</p> <p><b>Focus:</b> Discussion, Steps Yellow Step Workbook Study Meetings Local Time 06:00 PM Europe/London</p>
Sunday 01:00 PM	<p>London LGBTQI, Gender Non-Conforming and Community ACA meeting (WEB0496) - 90-minute online ACA meeting with a focus on members who identify as LGBTQI+ and/or questioning. Join Zoom Meeting <a href="https://us02web.zoom.us/j/85496901148?pwd=cWFIV25RWkN6aERueWpNUVUvQnM0dz09">https://us02web.zoom.us/j/85496901148?pwd=cWFIV25RWkN6aERueWpNUVUvQnM0dz09</a></p> <p>For manual access: Meeting ID: 854 9690 1148 Password: 12steps</p> <p><b>Focus:</b> Book Study, Fellowship Text, Speaker</p> <p><b>Type:</b> LGBT+ Meetings Local Time 06:00 PM Europe/London</p>

Sunday 01:00 PM	Comenzar de nuevo (WEB0513) (Spanish/Español) - Zoom ID 3696161442 Password 2019 <b>Focus:</b> Book Study Group number 041 Meetings Local Time 12:00 PM America/Mexico_City
Sunday 01:00 PM	Comenzar de Nuevo (MEX0041) - Vía Zoom id 369 616 1442 Contraseña 2019 Grupo en línea <b>Focus:</b> Fellowship Text Meetings Local Time 12:00 PM America/Mexico_City
Sunday 01:00 PM	Healing Stuck Grief (WEB0447) - Join Zoom Meeting Meeting ID: 859 5744 9667 Passcode: 646568 By gradually releasing the burden of unexpressed grief, we slowly move out of the past. We learn to re-parent ourselves with gentleness, humor, love and respect. This is a 75 minute meeting with readings and practices for remembering, feeling, releasing stuck grief in a supportive setting. Update: We now alternate our format. One week grief, the next week toxic shame. <a href="https://us02web.zoom.us/j/85957449667?pwd=d1hRZWIWRmo1MUNpcWVMWjhnMlJpZz09">https://us02web.zoom.us/j/85957449667?pwd=d1hRZWIWRmo1MUNpcWVMWjhnMlJpZz09</a> Meetings Local Time 10:00 AM America/Los_Angeles
Sunday 01:00 PM	Berlin Online (WEB0640) - The meeting begins at 19:00, Berlin time. We bring an ACA related topic and we share on that or we read the daily affirmation. Please get in touch to receive the link to the Zoom room. Meetings Local Time 07:00 PM Europe/Berlin
Sunday 01:30 PM	Fourteen Traits (WI112) - Sunday 12:30pm CST – Laundry List Traits Workbook Meeting: <a href="https://us02web.zoom.us/j/536246427?pwd=MIZkV3JqRDIIWDRIQVRxSWlicEtCZz09">https://us02web.zoom.us/j/536246427?pwd=MIZkV3JqRDIIWDRIQVRxSWlicEtCZz09</a> Meeting ID: 536 246 427 Passcode: 12345 86.5 mi <b>Focus:</b> Discussion, Steps <b>Type:</b> Beginners <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 12:30 PM America/Chicago
Sunday 01:30 PM	ACA Fareham Online (WEB0690) - Please contact David (07913257801) or Kate (07877036304) or email <a href="mailto:acafareham@gmail.com">acafareham@gmail.com</a> for the zoom log in details. <b>Focus:</b> Book Study, Fellowship Text, Laundry Lists Workbook, Speaker Monthly schedule: Wk 1 - Step of the month Wk 2 - ACA Topic share Wk 3 - BRB reading Wk 4 -Trait reading Wk 5 - Tradition Meetings Local Time 06:30 PM Europe/London
Sunday 01:30 PM	The Laundry List en Big Red Boek onderwerpen. (NET009) (Nederlands, men kan ook delen Ik het Engels) - TOT NADER BERICHT ALLEEN ONLINE!! (PER NOVEMBER 2021 een HYBRIDE bijeenkomst geworden met online via ZOOM en FYSIEK in de Jellinek, Jacob Obrechtstraat 92 te Amsterdam. Zondag vanaf 16:00 uur is te informeren of het fysieke deel doorgaat via +31 6 46714006. Vraag aan de receptie of via het tel.nr. in welke ruimte de bijeenkomst is.) 23.2 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Een 1,5 uur durende bijeenkomst met onderwerpen uit het Grote Rode Boek (BRB) en Tony A Laundry List Boek. Men kan in het Engels delen. Virtuele deur open vanaf ca. 19:20 uur. Elke 3de zondag van de maand voorafgaand een BM van max. 30 min. om 19:00 uur (in breakout room). Meetings Local Time 07:30 PM Europe/Amsterdam

<p>Sunday 02:00 PM</p>	<p>Womxn &amp; Non-Binary ACA's (WEB0384) - We meet Sunday's at 7pm GMT/11am PST/2pm EST/1pm CST for 90 minutes. This meeting is only open to members who identify as a Cis/Trans Womxn or as a Non-Binary Person &amp; part of The Global Majority. We do this to safely explore race issues. People of The Global Majority are defined as people who are descendants of: Africa, Asia, Indigenous Australia, Native America, identify as Latina/Latinx or Chicana/Chicanx, people from the Middle East, or anyone of mixed racial heritage including one or more of the above. Meeting Format: Week 1 = Womxn &amp; Non-Binary Adult Child Questionnaire Week 2 = Non-dominant Hand Writing (Inner Child Work) w/ Breakout Rooms Week 3 = Racial Step Work and Step of the Month Week 4 = Tradition of the Month BRB reading w/ Breakout Rooms Week 5 = Speaker Meeting or Big Red Book reading Please email meeting contact in advance of meeting to obtain access. Note: This meeting asks all members that when speaking please do so with video on &amp; face in view.  <b>Focus:</b> Book Study, Fellowship Text, Speaker  <b>Type:</b> Beginners, LGBT+, People of Color, Women Only Meetings Local Time 11:00 AM America/Los_Angeles</p>
<p>Sunday 02:00 PM</p>	<p>Women's Guided Imagery (WEB0431) - Drawn from ACA Strengthening our Recovery Meditation's Book. For the ID and Passcode, please text/call Lisa in Ca 818.445.9901 or email ACAREcoverySisters@gmail.com Thank you.  <b>Type:</b> Women Only Zoom Meeting Meetings Local Time 11:00 AM America/Los_Angeles</p>
<p>Sunday 02:00 PM</p>	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.  <b>Focus:</b> Discussion, Fellowship Text Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 PM America/New_York</p>
<p>Sunday 02:00 PM</p>	<p>(WEB0555) -  <b>Type:</b> Beginners Meetings Local Time 10:00 AM America/Anchorage</p>
<p>Sunday 02:00 PM</p>	<p>ACA Haven (WEB0592) - This meeting is available for anyone who would like to connect virtually instead of in person. We hope to allow those with the need to continue to meet via Zoom during the current crisis and ongoing for all who just cannot make it to an in person meeting. If you would like the link to join, please email ACAHaven@gmail.com  <b>Focus:</b> Book Study Meetings Local Time 02:00 PM America/New_York</p>
<p>Sunday 02:00 PM</p>	<p>Adult Children of Alcoholics (WEB0070) - <b>This meeting does not have an email address associated with it, either as a public or private contact, and we are unsure if it is still active. If you know anything about it, please email us at meetings@acawso.org. Otherwise, it will be removed from our meeting list on May 31, 2022.</b></p> <p>This is an Online video conference meeting. The Chairperson is visible on screen and members sharing are visible on screen if they desire. The meeting time is 02:00 PM Sunday East Coast of the USA time. Go to the website www.intherooms.com to setup a free user account in order to have access to the meetings. There is no cost to setup an account or attend the meeting. After you set up your account Click on The VIDEO MEETING tab to see the meeting times adjusted for your time zone. Look the ACA meetings.  <b>Focus:</b> Fellowship Text Meetings Local Time 02:00 PM America/New_York</p>

Sunday 02:00 PM	Awakening Our Loving Parent (WEB0172) - Meeting ID: 867-0843-5678 pwd:711 or via de website <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a> <b>Focus:</b> Book Study Starting on the 3rd October 2021: We will go through the The Loving Parent Guidebook: The Solution is to Become Your Own Loving Parent.Everyone is welcome.Meeting will be closed after introductions time. Meetings Local Time 08:00 PM Europe/Brussels
Sunday 02:00 PM	Trauma Informed --The Solution - Your Own Loving Parent (CA1426) - ZOOM -:) Sign in: 5259344795 Password: 727987 Please text Eileen at (510) 520-4251 if you have problems getting into the meeting <b>Focus:</b> Loving Parent Guidebook Includes Meditation at beginning of meeting. Meetings Local Time 11:00 AM America/Los_Angeles
Sunday 02:00 PM	Fight Club (WEB0611) - We meet to share the experience we had as children growing up in an alcoholic or otherwise dysfunctional home, how that experience infected us then, and how it affects us today. By practicing the 12 Steps, by focusing on the Solution, and by accepting a God of our understanding, we find freedom from the effects of alcoholism and other family dysfunction. We identify with “The Problem” and learn to live in “The Solution”, one day at a time. To receive the Zoom meeting credentials for this meeting, send an email to ACAFightClub@gmail.com with "meeting" in the subject line. <b>Focus:</b> Discussion, Steps <b>Type:</b> Beginners, Men-Only Meetings Local Time 02:00 PM America/New_York
Sunday 03:00 PM	Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom 985 2100 3286 no password <b>Focus:</b> Fellowship Text Zoom meeting Meetings Local Time 12:00 PM America/Los_Angeles
Sunday 03:00 PM	Serenity Sunday (IN0106) - Suburban North Club, Noblesville Indiana, 46060 The meeting ID on Zoom is 814 9038 9146 and password is innerchild. ACA Serenity Sunday from 3-4 pm EDT Suburban North Club, 1811 S. 10th Street, Noblesville, IN (after 5/21/22 the new club address is 16065 Prosperity Dr., Noblesville) Topic: ACA Serenity Sunday at Suburban North (Indiana) Time: This is a recurring meeting each Sunday from 3-4 pm Eastern (EDT) time <a href="https://us02web.zoom.us/j/81490389146?pwd=QkpNa2I5Mzk5czA5OW0ybEUyWGRDdz09">https://us02web.zoom.us/j/81490389146?pwd=QkpNa2I5Mzk5czA5OW0ybEUyWGRDdz09</a> <b>Focus:</b> Discussion <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Opens with meditation/journaling/nondominant handwriting followed by reading from text and sharing. Meetings Local Time 03:00 PM America/Indiana/Indianapolis
Sunday 03:00 PM	BIPOC Single Mothers in ACA (WEB0680) - This is an ACA meeting for single BIPOC mothers - anyone who identifies as African, Asian, indigenous Australian, indigenous South, Central and North American, people of color from the Islands and the Middle East or anyone of mixed racial heritage including one or more of the above. BIPOC LBGTQIA+ friendly. Zoom ID: 822 7520 4547 Please email the meeting contact for password information. <b>Focus:</b> Loving Parent Guidebook <b>Type:</b> People of Color, Women Only Meetings Local Time 03:00 PM America/New_York

Sunday 03:00 PM	Sanctuary Without Borders Men's Meeting (WEB0219) - Please Email the Contact to receive the Zoom info for this meeting. It stays the same weekly. <b>Focus:</b> Discussion, Steps <b>Type:</b> Men-Only, Beginners, ACAs only (Closed) <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 03:00 PM America/New_York
Sunday 03:00 PM	There Is A Solution (PA095) - This meeting is meeting on Zoom. Zoom ID: 88349050632 Password: 754203 This a women's only meeting. 16.3 mi <b>Focus:</b> Book Study <b>Type:</b> Women Only Meetings Local Time 03:00 PM America/New_York
Sunday 03:00 PM	Fellow travelers Tony A. workgroup (WEB0753) - <b>Focus:</b> 12 Step Study Group, Book Study, Steps, Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list. Meetings Local Time 12:00 PM America/Los_Angeles
Sunday 03:30 PM	Let's Get Healthy (FL157) - Join Zoom Meeting <a href="https://zoom.us/j/145789240">https://zoom.us/j/145789240</a> Meeting ID: 145 789 240 Password: 220375 One tap mobile +13126266799,,145789240# US (Chicago) +19292056099,,145789240# US (New York) Dial by your location +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) +1 253 215 8782 US +1 301 715 8592 US +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) Meeting ID: 145 789 240 22.5 mi <b>Focus:</b> Book Study, Discussion Non Smoking Meetings Local Time 03:30 PM America/New_York

<p>Sunday 04:00 PM</p>	<p>REPARING SOLUTIONS Loving Parent Guidebook Study (WEB0840) (American English) -  We meet every Sun for 60-minutes starting May 29, 2022 at 4:00 PM Eastern. Room is locked at the start of the meeting. There will be a waiting room for those who arrive up to 10 minutes early.</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Loving Parent Guidebook  <b>Notes:</b> Needs Support, Non Smoking Needs Support, Non Smoking, Meeting includes:  1. Feelings check-in;  2. ACA readings;  3. Loving Parent Guidebook reading study;  4. Five minutes of journaling, non-dominant handwriting or meditation; and  5. Sharing and listening to experience, strength and hope.</p> <p>Self-Identification requirement: To be let in, please ensure that your screen name only identifies your first name, last initial, and if you choose, your pronouns. Your profile image and video display should not contain any text other than your first name, last initial. Safety policies and Crosstalk guidelines in place including those at <a href="https://www.neusaca.org/best-meeting-practices">https://www.neusaca.org/best-meeting-practices</a>. After meeting fellowship &amp; outreach.</p> <p>Please join us if you identify as an Adult Child of a dysfunctional upbringing with, or without, the presence of alcohol or drugs. An adult child is someone who responds to adult situations with defense mechanisms learned in childhood (aka The Laundry List Traits). The solution is to become your own loving parent.</p> <p>Age 18 and over. Minors are prohibited.</p> <p>Meeting ID: 813 8292 5805  Passcode: \$erenity  Meetings Local Time 04:00 PM America/New_York</p>
<p>Sunday 04:00 PM</p>	<p>Farmingdale ACA (NY0182) - Here is the ACA Sunday 4pm Zoom meeting link:  Zoom meeting link:  <a href="https://zoom.us/j/4468211143?pwd=Ui9VMHpHNEVmT0VRaVRGU0xBQmpQdz09">https://zoom.us/j/4468211143?pwd=Ui9VMHpHNEVmT0VRaVRGU0xBQmpQdz09</a>  This is an Identity Papers and Big Red Book meetings. Currently a Zoom meeting only. For questions and more information, please call or text contact person. If interested in turning this meeting back to in-person with Zoom option, please call or text contact person. We need attendance commitments from enough people to go back to the room. 47.3 mi  <b>Focus:</b> Book Study, Fellowship Text  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 04:00 PM America/New_York</p>
<p>Sunday 04:00 PM</p>	<p>Aca online meeting (WEB0283) - Skype meeting  <a href="https://join.skype.com/YxYMG08KjdfB">https://join.skype.com/YxYMG08KjdfB</a> Please contact gurshu98@gmail.com for further information or queries.  <b>Focus:</b> Steps ACA 12 step meeting Topic : each step one by one Meetings Local Time 04:00 PM America/New_York</p>

Sunday 04:00 PM	Grateful Heart ACA Group 3 pm CENTRAL TIME (WEB0145) - Zoom 421570 400 password 968811 <b>Focus:</b> Book Study, Discussion, Steps Meetings Local Time 03:00 PM America/Chicago
Sunday 04:00 PM	Women's Adult Children-WAC' (TX0203) - This meeting is now on Zoom. #9333284392 No password necessary <b>Focus:</b> Book Study <b>Type:</b> ACA Teen (Ages 12 to 18), Women Only Meetings Local Time 03:00 PM America/Chicago
Sunday 04:00 PM	ACA Dallas Big Red Book Meeting (TX119) - 5324 West Northwest Hwy, Dallas Texas, 75220 Meeting takes place via Zoom and in-person Room 1- No Book Necessary Newcomers request Zoom info from meeting contact 11.8 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text Non Smoking Meetings Local Time 03:00 PM America/Chicago
Sunday 04:00 PM	Recovery Beyond Survival (WEB0655) - WELCOME!! :) CAMERAS REQUIRED. This is a new meeting as of Oct 9, 2021 and needs service support. Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings. Meeting ID: 783 819 8955 Passcode: 112312 Time: 1pm (PST) US Saturday, Sunday and Monday After ACA and Big Red Book readings (links provided) we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. We warmly welcome you! <b>Focus:</b> Book Study Meetings Local Time 01:00 PM America/Los_Angeles
Sunday 04:30 PM	ACA Mood and Anxiety Disorder Meeting (WEB0586) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/81218310686">https://us02web.zoom.us/j/81218310686</a> Meeting ID: 812 1831 0686 <b>Focus:</b> Discussion, Fellowship Text <b>Type:</b> Beginners, LGBT+, People of Color This meeting is closed for fellow travelers that identify as diagnosed or struggling with mood and anxiety disorders such as major depressive, bipolar, SAD, cyclothymic, dysthymia, GAD, PTSD, OCD, and any other disorder related challenges. The main causes for these directly connect to recovery in ACA. Meetings Local Time 01:30 PM America/Los_Angeles
Sunday 05:00 PM	Sunday ACA Group (CA1265) - Sunday ACA Group Sunday 02:00 pm PST We meet on Free Conference Call. Please contact Mark R via Email or text to receive the access information. We welcome you! Mark R (559) 709-9861 Mark R ACAFresnoSunday@gmail.com 4.8 mi <b>Focus:</b> Book Study, Discussion Non Smoking Meetings Local Time 02:00 PM America/Los_Angeles
Sunday 05:00 PM	Kensington Womens Workbook Study (MD040) - Kensington Women's Workbook Meeting – UPDATED FOR ONLINE MEETING ONLY (temporary during COVID-19): Please email Newcomer Greeter, Shirley P., for Zoom link. smclp78@gmail.com. We are group reading and reflecting on the Twelve Steps of Adult Children (Yellow) Workbook. 25.7 mi <b>Focus:</b> 12 Step Study Group, Book Study, Steps <b>Type:</b> Women Only Meetings Local Time 05:00 PM America/New_York

Sunday 05:00 PM	ACA Anger Release Hybrid Meeting (CA1506) - 6666 Green Valley Circle, Culver City California, 90230 The inperson meeting is at SHARE! 6666 Green Valley Circle, Culver City, CA 90230 To zoom in go to <a href="http://www.shareselfhelp.org">www.shareselfhelp.org</a> and click on Self-help Support Groups. Then click on the day of the meeting and scroll down until you find the meeting link and the format and readings link. Meetings Local Time 02:00 PM America/Los_Angeles
Sunday 05:00 PM	Womens Filling the Void (Food Issues). (WEB0285) - For ID and Passcode Call/Text Lisa in CA at: 818.445.9901 or Email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a> <b>Type:</b> Women Only Meetings Local Time 02:00 PM America/Los_Angeles
Sunday 05:00 PM	Fellow travelers Tony A. workgroup (WEB0753) - <b>Focus:</b> 12 Step Study Group, Book Study, Steps, Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list. Meetings Local Time 02:00 PM America/Los_Angeles
Sunday 05:00 PM	Manhattan Laundry List Workbook (WEB0792) - 5-6pm est USE THIS ZOOM LINK: <a href="https://us02web.zoom.us/j/88639699403">https://us02web.zoom.us/j/88639699403</a> pwd: Sunday5pm Meeting number: 88639699403 Meetings Local Time 05:00 PM America/New_York
Sunday 05:00 PM	Safe Haven (WEB0733) - <b>Focus:</b> Book Study Meetings Local Time 02:00 PM America/Los_Angeles
Sunday 05:15 PM	(ME0043) - 142 Center Street, Brewer Maine, 04412 -- You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 82409518111 Password: 1212142 <b>Focus:</b> Book Study <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 05:15 PM America/New_York
Sunday 05:15 PM	Fellow Travelers (MD0065) - Zoom Meeting: ID: 82553564090 Password: Sundays 85.9 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker <b>Notes:</b> Non Smoking Non Smoking, Non Smoking Meetings Local Time 05:15 PM America/New_York
Sunday 06:00 PM	ACA Big Red Book Study and Share ZOOM (WEB0659) - <a href="https://zoom.us/j/3873421525">Zoom.us/j/3873421525</a> Meeting ID 387 342 1525 No password Every Sunday 3pm pacific 5pm central 6 Eastern Meeting is 1.5 hr meeting We read the daily meditation from Strengthening My Recovery, and the corresponding page from the Big Red Book of ACA. After reading the meditation, we give members an opportunity to share on it. Then we open the Big Red Book, read a few paragraphs, and open for sharing, rinse and repeat. <b>Focus:</b> Book Study, Discussion All are welcome 18 + Meetings Local Time 05:00 PM America/Chicago
Sunday 06:00 PM	ACA Chair's Choice Topic Meeting (WEB0091) - To join any of our meetings, go to <a href="http://StepChat.com">StepChat.com</a> and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Focus:</b> Book Study, Steps Meetings Local Time 06:00 PM America/New_York



Sunday 06:00 PM	A New Leaf (LA0036) - 6330 Vicksburg St, New Orleans LOUISIANA, 70119 Zoom meeting, Meeting Number: 416 875 946 Password: 994 106 6330 Vicksburg- DO NOT PARK IN BANK LOT 387.9 mi Literature based discussion meeting. 1st Sunday/ writing meditation. Last Sunday/ speaker meeting. Meetings Local Time 05:00 PM America/Chicago
Sunday 06:00 PM	Sunday Night Strengthening My Recovery (TX081) - Contact meeting for Zoom information: LMAN35 (at) HOTMAIL.COM This San Antonio-based discussion meeting is on Zoom. All are welcome! 67.0 mi <b>Focus:</b> Discussion <b>Notes:</b> Needs Support Needs Support, This is a discussion meeting about the day's reading from Strengthening My Recovery but sharing on any ACA-related topic is welcome. Meetings Local Time 05:00 PM America/Chicago
Sunday 06:00 PM	The Good Group (WEB0229) - This is an online ACA Teen/Young Adult meeting for ages 13-21. We meet at 6pm PST. Zoom Meeting ID: 280 943 4412. Please email the meeting Contact for Zoom password. <b>Focus:</b> Discussion, Fellowship Text, Book Study, Steps, Workshop <b>Type:</b> LGBT+, Beginners, ACA Teen (Ages 12 to 18), Young Adult (Ages 18 to 26), People of Color Meetings Local Time 06:00 PM America/New_York

<p>Sunday 06:00 PM</p>	<p>WeAgnostics (WEB0615) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.</p> <p>WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.</p> <p>We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.</p> <p>WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time</p> <p>Monday 7:00 AM  Tuesday 7:00 AM  Wednesday 7:00 AM (Starts May 4th 2022)  Wednesday 6:00 PM (Beginner’s Meeting - 1st &amp; 3rd Wednesday of the month)  Thursday 6:00 PM  Friday 7:00 AM  Friday 7:30 PM (2nd &amp; 4th Friday of the month)  Sunday 6:00 PM</p> <p>There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.  Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a>  Meeting ID: 814 3727 6969  Password: 247365</p> <p>Access the meeting by telephone:  Dial by your location  +1 312 626 6799 US (Chicago)  +1 929 205 6099 US (New York)  +1 346 248 7799 US (Houston)  +1 669 900 6833 US (San Jose)  +1 253 215 8782 US (Tacoma)</p> <p>Meeting ID: 814 3727 6969  Password: 247365</p> <p><b>Type:</b> Secular/Agnostic/Atheist Meetings Local Time 06:00 PM America/New_York</p>
<p>Sunday 06:30 PM</p>	<p>Sacred Space (WEB0546) - All are welcome <b>Focus:</b> Book Study Meetings Local Time 06:30 PM America/New_York</p>

Sunday 06:30 PM	<p>Experience, Strength and Hope (SC0028) - 355 Woodruff Rd Suite 303, Greenville South Carolina, 29607 Newcomers are welcome. This is a safe place. 90 minute meeting. Break after 60 minutes. Zoom meeting. New location is FAVOR Greenville at 355 Woodruff Road Please contact for zoom information.</p> <p>Also note: After 30 minutes, if no one is on the zoom call, it will be turned off. 66.2 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Loving Parent Guidebook, Steps</p> <p><b>Notes:</b> Non Smoking Non Smoking, 1 1/2 hour meeting..break at 7:30 Meetings Local Time 06:30 PM America/New_York</p>
Sunday 06:30 PM	<p>Yellow Brick Road ~ The Loving Parent Guidebook Meeting (WEB0682) (English) - Online Zoom Meeting</p> <p><b>Focus:</b> Loving Parent Guidebook We are a closed group for now and will post new information here if our group conscience decides to open it to new members. Meetings Local Time 08:30 AM Australia/Sydney</p>
Sunday 06:30 PM	<p>Weekly Affirmations (WEB0679) - Zoom information is: Meeting ID: 862 1945 8810 Passcode: 361527 Meeting out of Palm Springs ,Ca. 4th Sunday of the month: Speaker Meeting</p> <p><b>Focus:</b> Book Study, Discussion, Speaker Meetings Local Time 03:30 PM America/Los_Angeles</p>
Sunday 06:30 PM	<p>(CA1310) - Online Info 3:30 PST - BRB reading and sharing Zoom ID 856 5979 2806 Zoom PW sunaca 36.0 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 03:30 PM America/Los_Angeles</p>
Sunday 07:00 PM	<p>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact sanctuaryWOBorders@gmail.com for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address).</p> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Loving Parent Guidebook, Speaker, Steps Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>Little River ACA (FL0292) - 51 NE 82nd Terrace, Miami Florida, 33138 This is a 12 Step Clubhouse. Look for black iron fence on the corner, murals on the walls. We are in the smaller room on the right. Here's the zoom link for this hybrid meeting: <a href="https://us02web.zoom.us/j/4702143980">https://us02web.zoom.us/j/4702143980</a> (Password: butterfly)</p> <p><b>Focus:</b> Book Study Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>Sunday Night Blameless Recovery (WEB0114) - Sunday Night Blameless Recovery, weekly at 7:00 PM EST. The meeting will lock around 7:20 PM. This Blameless Recovery meeting focuses on moving from blame to acceptance as we heal our wounds and trauma experienced in our family of origin.</p> <p>Join the Zoom meeting by copying this link into your browser: <a href="https://us06web.zoom.us/j/85404684056">https://us06web.zoom.us/j/85404684056</a></p> <p>Please have your Zoom profile show a name: a first name, a middle name, or an initial - just something that the meeting leader can say to call on you.</p> <p><b>Focus:</b> Discussion, Steps Meetings Local Time 07:00 PM America/New_York</p>

Sunday 07:00 PM	<p>Growing Up Together (NC041) - We used to meet at Hickory's Women's Resource Center in Hickory, NC, but during the coronavirus pandemic of 2020-2022 we've move to a Zoom online format - meeting every Sunday and Thursday @ 7 pm ET. You are welcome to join this Zoom meeting: <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a> (no password). Contact us for more information. 32.3 mi</p> <p><b>Focus:</b> Discussion Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>Expect the Best (MA064) - We are presently using an online-only format until we find a new in-person location in the Framingham, MA area. Here is our online log-in information for those who do not already have the Zoom information: <a href="https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIkd9vOExQSmxCVDRtR0tYz09">https://us02web.zoom.us/j/85411086110?pwd=NUVqeVNIkd9vOExQSmxCVDRtR0tYz09</a> Meeting ID: 854 1108 6110 Passcode: 839754 PLEASE NOTE: Be sure to log in before 7:10 PM. The meeting is locked at that time to provide a more secure online environment. 61.9 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Non Smoking Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>ACA Sunlight Loving Parent Guidebook Meeting (WEB0769) - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.</p> <p><b>Focus:</b> Loving Parent Guidebook Meetings Local Time 04:00 PM America/Los_Angeles</p>
Sunday 07:00 PM	<p>Sunday Steps (WEB0397) - Meeting link: <a href="https://us02web.zooms/j/82624046661?pwd=V0NVZUU1ZWFLVkhWQzV5NGpkVHYz09">https://us02web.zooms/j/82624046661?pwd=V0NVZUU1ZWFLVkhWQzV5NGpkVHYz09</a> Participant Code: 82624046661 Passcode: 009842 Any questions, please contact us at <a href="mailto:sundaystepsaca@gmail.com">sundaystepsaca@gmail.com</a>. Looking forward to seeing you.</p> <p><b>Focus:</b> Steps Step focus with speaker lead and reading from red or yellow book. Steps rotate each quarter and on the last week of the quarter the topic will be the Solution. Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>Carry the Message (WEB0479) - Zoom ID 86163226071 Password. 283808 Follow the Big Red Book meeting format on pg. 562-265 BRB. Newcomers welcome. Focus to carry the message of hope and recovery through the ACA Steps and Traditions.</p> <p><b>Focus:</b> Book Study read &amp; discuss the Big Red Book Meetings Local Time 07:00 PM America/New_York</p>
Sunday 07:00 PM	<p>Growing Up Together (WEB0152) - <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a></p> <p>We are open to all - Newcomers Welcome! - Open Discussion group meeting</p> <p>We run the meeting for an hour and a half.</p> <p>There is no password or sign-up needed for this meeting. We do utilize the waiting room feature in Zoom and have at least one host and co-host to keep the room safe. Come join us and lets start Growing Up Together!</p> <p><b>Focus:</b> Discussion</p> <p><b>Type:</b> Beginners <a href="https://zoom.us/j/87875106907">https://zoom.us/j/87875106907</a> Meetings Local Time 07:00 PM America/New_York</p>

<p>Sunday 07:00 PM</p>	<p>Out of the Weeds (FL139) - MEETING ONLINE UNTIL FURTHER NOTICE Please download and import the following iCalendar (.ics) files to your calendar system.  Weekly: <a href="https://us02web.zoom.us/meeting/tZUlfu2opjssG9NamLZZFY-i5TWoaaPSR5YG/ics?icsToken=98tyKuGppjJuGtyVthiARpwcGor4LPTxiGJdjfpznRLJvORp1VY9Z1PbN-IOvi">https://us02web.zoom.us/meeting/tZUlfu2opjssG9NamLZZFY-i5TWoaaPSR5YG/ics?icsToken=98tyKuGppjJuGtyVthiARpwcGor4LPTxiGJdjfpznRLJvORp1VY9Z1PbN-IOvi</a> Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81894080617?pwd=dXdZeURYV1BIRHAXUHBKekYrOFJvQT09">https://us02web.zoom.us/j/81894080617?pwd=dXdZeURYV1BIRHAXUHBKekYrOFJvQT09</a>  NEW MEETING DETAILS Meeting ID: 818 9408 0617 Passcode: 028844 One tap mobile +16465588656,,81894080617#,,,,*028844# US (New York) +13017158592,,81894080617#,,,,*028844# US (Washington DC) Dial by your location +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 818 9408 0617 Passcode: 028844 Find your local number: <a href="https://us02web.zoom.us/u/kdhKrqXtOn">https://us02web.zoom.us/u/kdhKrqXtOn</a> Physical directions when meetings begin in-person again: Turn into the entrance that states St. Kieran's Catholic Church/ Immaculata-LaSalle High School. Stay to the right past the athletic field and the church. Park in the lot to the left. There is a patio with several meeting rooms on the left. the meeting room is the last one on the end. 19.0 mi Non Smoking Meetings Local Time 07:00 PM America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>CNY Women's Group (WEB0261) - Anyone identifying as a woman is welcome to attend. Zoom ID is 824-3362-5498 Password is 8675309  <b>Focus:</b> Discussion  <b>Type:</b> Women Only Meetings Local Time 07:00 PM America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Creative Recovery (IN0086) - 405 College Ave, Richmond Indiana, 47374 7PM-8:15PM EST We are a Homegroup that welcomes newcomers. We are LGBTQIA+ affirming group, yet we are not exclusive and welcome everyone wanting to heal. We are an Open Meeting and a Friendly group! Copy and paste the following link into your address bar:  <a href="https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlpNb1F1dz09">https://us02web.zoom.us/j/4552139165?pwd=LzQ5bkVVMIA0QjZDNnNGUlpNb1F1dz09</a>  If you are already logged into Zoom, simply enter the following Meeting ID: 455 213 9165 PASSWORD: SundayACA 363.7 mi  <b>Focus:</b> Discussion, Fellowship Text  <b>Type:</b> Beginners, LGBT+ Please contact Hoot at <a href="mailto:creativerecoveryaca@gmail.com">creativerecoveryaca@gmail.com</a> if you intend to participate in person, to confirm that he will be available to host you at the physical location. Please allow up to 12 hours for a response. This is a newly forming local meeting location that has been running weekly via Zoom since 03/2020. Meetings Local Time 07:00 PM America/New_York</p>
<p>Sunday 07:00 PM</p>	<p>Bellevue Sunday Afternoon (WA0233) - 1221 148th Ave NE, Bellevue Washington, 98007 To attend in person: Meeting is in Room 108 downstairs in the Bellevue Christian Reformed Church. From the parking lot, walk along the left side of the church to the downstairs entrance. Go straight through the large room to the hallway with numbered rooms.  To attend online: Launch your web browser and enter the following URL:  <a href="http://bit.ly/BellevueSundayACA">http://bit.ly/BellevueSundayACA</a>  <b>Focus:</b> Book Study, Discussion  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 04:00 PM America/Los_Angeles</p>

Sunday 07:00 PM	<p>Sandpoint Way (WA0207) - 4710 NE 70th Street, Seattle Washington, 98115  Sandpoint Way ACA Group (Seattle, WA) meets each week IN-PERSON &amp; ONLINE simultaneously. This is a hybrid meeting. We meet each Sunday from 4-530pm PST. To access the meeting online via zoom: Zoom ID: 322 968 1030. Password: sandpoint. Physical location for in person meeting: Sandpoint Community Methodist Church. 4710 NE 70th Street. 98115. Church entrance is around back from the parking lot. We meet in the Fireside Room. Wearing a mask and physical distancing are required for in-person attendance, per church policy. Participants in person have the choice to be visible on-camera or not, but their shares will be heard (audio) by all in attendance.  <b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 04:00 PM America/Los_Angeles</p>
Sunday 07:00 PM	<p>Sponsor Sponsee Connection (WEB0780) - We progress from hurting, to healing, to helping-TOGETHER Practice relationships and learning how to TALK TRUST FEEL  Join Zoom Meeting <a href="https://us02web.zoom.us/j/82435886082">https://us02web.zoom.us/j/82435886082</a>  Meeting ID: 824 3588 6082 NO PASSWORD One tap mobile  +13462487799,,82435886082# US (Houston) +12532158782,,82435886082# US (Tacoma) Dial by your location +1 346 248 7799 US (Houston) +1 253 215 8782 US (Tacoma) +1 669 900 6833 US (San Jose) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 929 436 2866 US (New York) Meeting ID: 824 3588 6082 NO PASSWORD  Find your local number: <a href="https://us02web.zoom.us/j/82435886082">https://us02web.zoom.us/j/82435886082</a>  <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 06:00 PM America/Chicago</p>
Sunday 07:00 PM	<p>HS365ACOA (WEB0719) - Email: <a href="mailto:hs365acoa@gmail.com">hs365acoa@gmail.com</a>  <b>Focus:</b> 12 Step Study Group, Fellowship Text Meetings Local Time 06:00 PM America/Chicago</p>
Sunday 07:00 PM	<p>ACASerenitySisters (WEB0635) - Text or Email Helen @ 8304019428 for Zoom Id and password <a href="mailto:serenityacagroup@gmail.com">serenityacagroup@gmail.com</a> This meeting is Sunday @ 6:00 CT Time  <b>Focus:</b> Book Study, Discussion, Fellowship Text  <b>Type:</b> Women Only This an ACA reparenting meeting. We work on reparenting our inner child. Meetings Local Time 06:00 PM America/Chicago</p>
Sunday 07:00 PM	<p>Serenity Sunday (CA1181) - Zoom ID: 805-888-1234 No password Bring your Big Red Book and Daily Affirmations book Audio and video on please 40.1 mi  <b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps  <b>Notes:</b> Non Smoking Non Smoking, Non Smoking Meetings Local Time 04:00 PM America/Los_Angeles</p>
Sunday 07:30 PM	<p>The Loving Parent Guidebook - Study group (WEB0716) - This meeting was created to go through the Loving Parent Guidebook. All ACA's regardless of experience are welcome. We will start at the beginning of the workbook starting January 9th, 2022. This is a zoom meeting requesting video participation. Zoom Link: <a href="https://us02web.zoom.us/j/89514432637?pwd=dmc1RVV3h5VW9HNTRMUEozTzJlQkZkd0Q0T09">https://us02web.zoom.us/j/89514432637?pwd=dmc1RVV3h5VW9HNTRMUEozTzJlQkZkd0Q0T09</a>  Zoom ID: 89514432637 Password: Nurturing To dial in by phone, find your local number: Meeting ID: 895 1443 2637 Passcode: 503882970  <b>Focus:</b> Loving Parent Guidebook Topic: The Loving Parent GuidebookTime: Every Sunday in 2022 06:30 PM to 7:30 Central Time (US) Weekly - This meeting requests video participation for breakout room sharing. Meetings Local Time 06:30 PM America/Chicago</p>

Sunday 07:30 PM	<p>Sunday Steps (Workbook Study) (MO0038) - 830 N Kirkwood Rd, Kirkwood Missouri, 63122 Community of Christ Church Cross Street: N Kirkwood Rd and Swan MASKS REQUIRED Zoom ID: 195 636 812 (Text for PW) 11.0 mi</p> <p><b>Focus:</b> Book Study</p> <p><b>Notes:</b> Non Smoking Non Smoking, Non Smoking Meetings Local Time 06:30 PM America/Chicago</p>
Sunday 07:30 PM	<p>Sane &amp; Safe ACA Sunday (CA1418) - Welcome, join us. Zoom 453-383-485 Password 294709 Safe &amp; Sane Zoom meeting is now scheduled from 4:30-5:45 pm PT, 7:30 pm ET, 12:30 am UK. Red book study, chair, yellow book study and strengthening my recovery reading and sharing weekly rotation.</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps</p> <p><b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Zoom meeting Meetings Local Time 04:30 PM America/Los_Angeles</p>
Sunday 07:30 PM	<p>PC Alano - ACA (WEB0419) -  <a href="https://us04web.zoom.us/j/826735150?pwd=bWZQcUpjMmsvQS9nU2dsSVNjNGhKQj09">https://us04web.zoom.us/j/826735150?pwd=bWZQcUpjMmsvQS9nU2dsSVNjNGhKQj09</a>  Meeting ID: 826 735 150 Password: 004516</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps</p> <p><b>Type:</b> Beginners, LGBT+, People of Color, Young Adult (Ages 18 to 26) Meetings Local Time 07:30 PM America/New_York</p>
Sunday 07:30 PM	<p>Sunday ACA Skype meeting (WEB0067) - sundayacaskype@gmail.com- ACA meeting every Sunday at 19:30 Central European Time (CET); Please IM directly to account to join meeting. If Skype account name Sunday ACA Skype meeting does not show up (when searching in adding contacts), then it might help to search when using the email address sundayacaskype@gmail.com. Meetings Local Time 07:30 PM America/New_York</p>
Sunday 08:00 PM	<p>ACA CHAT (WEB0122) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.</p> <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of April 2022!</li> </ul> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 08:00 PM America/New_York</p>
Sunday 08:00 PM	<p>Midday Strengthening My Recovery Meeting (WEB0406) -  <a href="https://us02web.zoom.us/j/4964941848?pwd=UXNMcjZwVHl3akYxQ2t2Y2xNWExqdz09">https://us02web.zoom.us/j/4964941848?pwd=UXNMcjZwVHl3akYxQ2t2Y2xNWExqdz09</a>  PW: 121414 We are a small meeting based in New Zealand running every Monday and Wednesday. The focus of this meeting is recovery by sharing our recovery, strength, and hope based on the daily affirmations from Strengthening My Recovery. This is a raised voice meeting and you may have your camera on if you wish but ask that you mute your mic unless sharing or thanking others for sharing.</p> <p><b>Focus:</b> Fellowship Text Meetings Local Time 12:00 PM Pacific/Auckland</p>

Sunday 08:00 PM	<p>Sunday Evening Fellow Travelers Meditation Meeting (NM0049) - 505 Camino deLos Marquez, Santa Fe New Mexico, 87505 Effective 2/13/22, our meeting is a hybrid meeting. If you wish to attend in-person, the address is 505 Camino de los Marquez, Santa Fe, NM, 87505. To attend via Zoom, please contact John O to receive the meeting ID &amp; password. Any questions, and/or request for information, please reach out to John O, via text and/or email.</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Notes:</b> Fragrance Free, Non Smoking, Wheelchair Access Fragrance Free, Non Smoking, Wheelchair Access, 10 Minute Silent Meditation Meetings Local Time 06:00 PM America/Denver</p>
Sunday 08:00 PM	<p>The Loving Parent Guidebook Meeting (WEB0621) -</p> <p><b>Focus:</b> Book Study, Discussion, Loving Parent Guidebook This meeting focuses on The Loving Parent Guidebook. We read from the LPG book! You will need the book to fully participate in the meeting--videos are required to be on during the meeting -- Zoom-4424009268--password--73CKbD Meetings Local Time 05:00 PM America/Los_Angeles</p>
Sunday 08:00 PM	<p>ACA Basel (WEB0250) - Please contact me on aca-basel@gmx.ch for further information and meeting-link This meeting takes place on Sundays 08:00pm (CET) Central European Time.</p> <p><b>Focus:</b> Book Study, Fellowship Text, Steps Meetings Local Time 08:00 PM America/New_York</p>
Sunday 08:00 PM	<p>ACA Redbook Discussion (CA1090) - 1613 Lake Dr., Encinitas California, 92024 Join Zoom Meeting/In Person Hybrid Seaside Center for Spiritual Living 1613 Lake Drive Encinitas, CA 92024 HYBRID Zoom/In person Go to most south east BACK part of the church to the Rose Room through the door/outdoor patio ZOOM Info: Meeting ID: 870 6855 7981 Password: 153193 78.1 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Non Smoking Meetings Local Time 05:00 PM America/Los_Angeles</p>
Sunday 08:00 PM	<p>SundayNightZoomMeeting (WEB0789) - Topic: ACA Sunday Night Meeting An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chairperson. We then open the meeting for shares, on topic or for anything that you need to share. Time: 07:00 PM CST Every week on Sun Zoom App: Meeting ID: 811 7688 7294 Passcode: 088771 EMAIL: ACASundayNightZoomMeeting@gmail.com An ongoing meeting to create a safe community for Fellow Travelers to share experiences. We are open to all. Our general format is to do a reading from the various ACA literature or a chosen topic by the chair. We then open the meeting for shares, on topic or for anything that is heavy on your heart. Meetings Local Time 07:00 PM America/Chicago</p>
Sunday 08:00 PM	<p>Peace ACA (TX0183) - ACA Laundry List Workbook 4x4 Study and Discussion (TX0183). Open to all. English. meet via ZOOM only. We study one trait and one question per meeting. ZOOM ID: 898 051 7114 Passcode: adultchild 334.1 mi</p> <p><b>Focus:</b> Book Study, Discussion Meetings Local Time 07:00 PM America/Chicago</p>
Sunday 08:00 PM	<p>Sunset Serenity (CA1363) - Due to COVID-19- Access Code: 829029729 password 191919</p> <p><b>Focus:</b> Discussion Meetings Local Time 05:00 PM America/Los_Angeles</p>



Sunday 08:00 PM	<p>Red Wings Study Group - Dedicated Yellow &amp; LPG Work (HI0036) - Red Wings Medal of Honor Park, Honolulu Hawaii, 96816 Southeast side of Diamond HeadCrater Safety Enhanced Zoom &amp; Face-to-Face (Hybrid). Red Wings Study Group has a focused emphasis on first recognizing, stabilizing any addictive processes; a essential preliminary work that constitutes ACA Stage One Recovery. Specific to any substance, process, or behavioral addiction, you are cordially welcome to share any part of your experience, strength, and hope. Concurrently, using the Yellow &amp; LPG Workbooks, we also focus on and deal with all aspects of ACA Stage Two Recovery (xxviii BRB). One-time Zoom Registration is a safety, trust, and comfort measure. For registration; only your first name and providing an email address is required. Zoom ID will be sent immediately to the email you register with. There is no passcode. If you don't already have an email address without your last name being a part of it, you might consider getting one. Google allows over 10 gmail accounts. Log out of all existing accounts to see the "create account" option. Register here for Automatic Red Wings Study Group Approval: <a href="https://us06web.zoom.us/meeting/register/tZwsdu2oqjIjHNRGHi4d-MJmm3VwnVUfs-Sf">https://us06web.zoom.us/meeting/register/tZwsdu2oqjIjHNRGHi4d-MJmm3VwnVUfs-Sf</a> For Zoom attendees, your video turned on is required for the meeting start and the Zoom is locked after Check-in. After the meeting is locked, using your video becomes your own, optional choice. We alternate the two workbooks by vote of those present. For participants on Oahu: if possible, please email our study group if you intend to show up in person. Adjacent to the Red Wings Medal of Honor park there is free and usually sufficient parking on Paikau Street. No park tables are provided so we suggest bringing a lawn chair to sit in. This is a quiet, serene, and uncrowded, residential neighborhood park. Look for our placard, displaying our name; Red Wings. Feel free to email our study group at <a href="mailto:gardeninginlove@gmail.com">gardeninginlove@gmail.com</a> Meetings Local Time 02:00 PM Pacific/Honolulu</p>
Sunday 08:30 PM	<p>AC women Red Book Study/Various Topics (WEB0332) - For the ID and Passcode Call/Text Lisa in CA 818.445.9901 or Email <a href="mailto:ACARecoverySisters@gmail.com">ACARecoverySisters@gmail.com</a>. Come join us  <b>Type:</b> Women Only Meetings Local Time 05:30 PM America/Los_Angeles</p>
Sunday 08:30 PM	<p>Hope For Adult Children Aca (CO015) - 640 Main St, Broomfield Colorado, 80020 Brunner Farmhouse, Ne Corner Main/midway Yellow Farmhouse On Hill This is a 90 minute meeting combined book study and step study. Currently meeting in person (Masks optional) for folks that have been vaccinated with zoom access for all others. Email contact for zoom info 8.9 mi  <b>Focus:</b> Book Study, Discussion, Steps  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 06:30 PM America/Denver</p>
Sunday 09:00 PM	<p>You Are Worth It (WEB0783) - You Are Worth It! - All welcome to this ACA meeting, open to beginners and step workers alike. We read the daily meditation from Strengthening My Recovery and read from the Big Red Book and open for shares. ONLINE meeting only. Join Zoom Meeting <a href="https://us02web.zoom.us/j/82659487162?pwd=b2RHdHAweXJEWmExbU5FOGVRa2VsQT09">https://us02web.zoom.us/j/82659487162?pwd=b2RHdHAweXJEWmExbU5FOGVRa2VsQT09</a>  Meeting ID: 826 5948 7162 PW: ACAmtg  <b>Focus:</b> Book Study, Discussion Meetings Local Time 08:00 PM America/Chicago</p>

<p>Sunday 09:00 PM</p>	<p>FRACA Front Range ACA (WEB0829) - We welcome everyone in helping to create a safe community where Fellow Travelers can find support and share their experiences. Our virtual one-hour meeting grew out of the Serenity, Courage and Wisdom ACA [Boulder, Colorado] after the group decided to meet in-person. In most meetings we read from ACA literature [links provided in the chat], or a topic chosen by the [rotating] chair. Then the meeting is open for everyone to share and get current. Join us on ZOOM via the links below. If you have trouble and need to reach us, please contact FrontRangeACA@gmail.com. NOTE THE PASSCODE BELOW. FRACA Zoom blurb May 9, 2022 FrontRange ACA's Personal Meeting Room Join Zoom Meeting <a href="https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09">https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09</a> Meeting ID: 412 006 6197 Passcode: mb3d9d One tap mobile +16699006833,,4120066197#,,,,*478022# US (San Jose) +13462487799,,4120066197#,,,,*478022# US (Houston) Dial by your location +1 669 900 6833 US (San Jose) +1 346 248 7799 US (Houston) +1 253 215 8782 US (Tacoma) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 929 205 6099 US (New York) Meeting ID: 412 006 6197. ? for the phone people we think Passcode: 478022 Find your local number: <a href="https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09">https://us02web.zoom.us/j/4120066197?pwd=YzIIVVN2MFVtdkZlQkZmbElpUHBBdz09</a> <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 07:00 PM America/Denver</p>
<p>Sunday 09:00 PM</p>	<p>ACA Carbondale (WEB0255) - Meetings on Zoom. For link or dial-in phone number, please email <a href="mailto:acabonedale@gmail.com">acabonedale@gmail.com</a> or send a text to 970-379-3356. <b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps Will remain on Zoom permanently. Meetings Local Time 07:00 PM America/Denver</p>
<p>Sunday 09:00 PM</p>	<p>Process of Recovery SoCal 2 (WEB0207) - Zoom ID: 88578552639 Zoom Password: 296471 Meeting is scheduled for 100 minutes. 6PM PST Focusing on the BRB. Group originated 6/14/20 We meet 7 days a week. <b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 06:00 PM America/Los_Angeles</p>
<p>Sunday 09:00 PM</p>	<p>Laundry Lists (WEB0287) - <a href="http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/">http://acamontereybay.org/meetings/aca-laundry-lists-via-zoom/</a> for up to date zoom information <b>Focus:</b> Discussion Meetings Local Time 06:00 PM America/Los_Angeles</p>
<p>Sunday 09:00 PM</p>	<p>Saint George Utah ACA meeting (UT028) - For info how to attend the meeting please click -meeting contact- button below ZOOM MEETING!! CONTACT HOST FOR ZOOM MEETING ID 321.4 mi <b>Focus:</b> Discussion <b>Notes:</b> Needs Support Needs Support, Non Smoking Meetings Local Time 07:00 PM America/Denver</p>
<p>Sunday 09:30 PM</p>	<p>ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 09:30 PM America/New_York</p>
<p>Sunday 09:55 PM</p>	<p>Sydney Lunchtime Club Daily Affirmations (WEB0310) - Lunchtime Club Daily Affirmations Mondays to Fridays at 12.00 pm (noon) Sydney Aust time zone <a href="https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09">https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZlSC8xZz09</a> Meeting ID 418 125 471 Password 028589 Hope to see you soon <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 11:55 AM Australia/Sydney</p>

Sunday 10:00 PM	ACA Sydney (WEB0606) - <a href="https://zoom.us/j/99935598599">https://zoom.us/j/99935598599</a> Zoom ID 999 3559 8599 Passcode ACASydney Free workbook at <a href="https://acalunchtime.com/literature/">https://acalunchtime.com/literature/</a> <b>Focus:</b> 12 Step Study Group, Fellowship Text, Steps Meetings Local Time 12:00 PM Australia/Sydney
Sunday 10:00 PM	Safe Spaces for Asians, Asian Americans, Pacific Islanders, and South Asians (WEB0761) - Sunday, 7:00 PM to 8:15 PM Pacific Zoom ID: 947 5535 9483   Passcode: 693326 Self-identified Asians, Asian Americans, Pacific Islanders, and South Asians welcome! <b>Focus:</b> Discussion, Fellowship Text <b>Type:</b> Beginners, People of Color Safe Spaces for AAAPISAs in ACA. We read the daily ACA meditation from Strengthening My Recovery, and share our experience, strength and hope with others who know how you feel. Meetings Local Time 07:00 PM America/Los_Angeles
Sunday 10:00 PM	Parenting Our Own Children As ACAs (WEB0756) - For ID and Passcode please email: <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a> (english) Open to All, Type: Women Only <b>Focus:</b> Discussion <b>Type:</b> Women Only This meeting is for ACA members who are parenting their own children and want to connect with other moms, as we learn to parent from a place of love and break the cycle of trauma. Meetings Local Time 07:00 PM America/Los_Angeles
Sunday 10:00 PM	You make complete sense (WEB0678) - Open to all- updated 2021. 7:00 PM PST ZOOM: 84872549176 PSWD: 883674 Meetings Local Time 07:00 PM America/Los_Angeles
Sunday 10:00 PM	Adult Children's Zoom Meeting (temp Closed) (WEB0459) - This meeting is closing for a couple months. Topic: Adult Children's Zoom Meeting Time: This is a recurring meeting Meet anytime <b>Focus:</b> Book Study, Discussion Meetings Local Time 08:00 PM America/Denver
Sunday 10:00 PM	Loving Parent Guidebook Women's Meeting (WEB0777) - For ID/Passcode please Text Ashley (IL) 405-924-9964 or email <a href="mailto:ACARecoverySisters@gmail.com">ACARecoverySisters@gmail.com</a> <b>Focus:</b> Loving Parent Guidebook <b>Type:</b> Beginners, Women Only Meetings Local Time 09:00 PM America/Chicago
Sunday 10:00 PM	Becoming Your Own Loving Parent (CAN0368) - Note: This meeting lasts 75 minutes from 7pm-8:15pm Pacific Standard Time. This is a Loving Parent/Inner Child meeting. There is a guided meditation from the Big Red Book followed by non-dominant handwriting or silent meditation on the inner child. All are welcome! This ZOOM info has been recently updated: Meeting ID: 897 4163 2066 Password: 458170 <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 10:00 PM America/New_York
Monday 12:00 AM	24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&DF. MEETING TIME DOES NOT APPLY. Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more. <a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a> <b>Focus:</b> 12 Step Study Group, Discussion Meetings Local Time 12:00 AM America/New_York

Monday 12:00 AM	<p>Europe's Early Risers, Monday (WEB0095) - Zoom ID: 82866149258 - password 711 - audio only, please do not use the video function. English Speaking. In this time of uncertainty, reparenting can help us be in the solution of becoming our own loving parent. This is an important step for us as we develop our own identity that is different than our dysfunctional family role. The roles are family hero, scapegoat, lost child, or some other role. With The Solution, we are on our own, but we are not alone as we were when we were children. We have our ACA group, the fellowship, and a Higher Power to rely upon. With help and support, we learn what it means to be a Loving Parent to ourselves.</p> <p><b>Focus:</b> Discussion, Fellowship Text  <b>Type:</b> Beginners <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a> Meetings Local Time 06:00 AM Europe/Amsterdam</p>
Monday 00:30 AM	<p>Nurture the Inner Child (FRA0018) - Zoom Meeting ID : 864 6791 8924 Password : 313202</p> <p><b>Focus:</b> 12 Step Study Group, Fellowship Text, Loving Parent Guidebook This one-hour-long meeting is for ACA fellow travelers who have already started reparenting work and who wish to reconnect or deepen the connection with their Inner Child. There will be an Inner Child reading and a guided meditation from the Loving Parent WB at every meeting in order to help facilitate this recovery work. We attach particular importance to safety guidelines and the traditions as our inner children need group safety. We ask all fellows wishing to attend to show up on time: 6:30am CET on Monday (9:30pm sunday night Pacific time) Meetings Local Time 06:30 AM Europe/Berlin</p>
Monday 01:15 AM	<p>Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Steps  <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 AM Europe/Berlin</p>
Monday 04:00 AM	<p>Monday Night ACA Zoom Meeting (WEB0830) - This is a Zoom only meeting Zoom ID: 496 494 1848 Passcode: 121414 (Audio only is ok, Video on is optional)</p> <p><b>Focus:</b> Book Study, Fellowship Text We welcome those who have grown up as Adult Children in a family of alcoholism, addiction or other dysfunction. This group was established in New Zealand - however all international ACA's welcome! Meetings Local Time 08:00 PM Pacific/Auckland</p>
Monday 05:00 AM	<p>Loving Parent Check In Process (WEB0801) - Zoom Meeting Meeting ID: 82498547659 Password: 395786</p> <p><b>Focus:</b> Loving Parent Guidebook this is a camera OFF meeting. try to arrive on time - we start with the check in meditation and then share from that. Meetings Local Time 10:00 AM Europe/London</p>
Monday 05:00 AM	<p>Sydney Open Steps Study Group (WEB0446) - Sydney Open Steps Study Group Monday 7:00pm - 8.30pm (Sydney Australia Time) Meeting with video on and locked at start time Sharing on The ACA Yellow 12 Steps WorkBook (Step 7 as of January 2022) <a href="https://zoom.us/j/89593834670">https://zoom.us/j/89593834670</a> Meeting ID 895 9383 4670 Password SOSSG</p> <p><b>Focus:</b> 12 Step Study Group, Steps Meetings Local Time 07:00 PM Australia/Sydney</p>

Monday 06:00 AM	<p>Monday 12pmCET Self-Love Group (WEB0167) - 12 pm Central European Time 11 am UK Time/BST/London Zoom Id: 879-3057-1435 Password 711 English speaking meeting Audio only, no videos please Self Love focused meeting: Read from Big Red Book Chapter 15: 'Beyond Survival: Practising Self Love' followed by sharing.  <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 12:00 PM Europe/Copenhagen</p>
Monday 06:00 AM	<p>Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact sanctuaryWOBorders@gmail.com for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address).  <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Loving Parent Guidebook, Speaker, Steps Meetings Local Time 06:00 AM America/New_York</p>
Monday 07:00 AM	<p>ACA Loving Parent Guidebook International (WEB0654) -  Every Monday: 11:00 GMT   7:00am EST   12:00pm UK   13:00 S Africa   16:30 India ST   20:00 Japan ST   21:00 AEDT Meeting lasts 75 mins.  Meeting ID: 884 6408 4879   Passcode: LPG4u</p> <p><b>Focus:</b> Book Study, Discussion, Loving Parent Guidebook  <b>Type:</b> Beginners  ACA Loving Parent Guidebook International  We are reading, practicing the exercises, and listening to the guided meditations from the new LOVING PARENT GUIDEBOOK! With help from our ACA support group we're learning to parent ourselves with gentleness, humor, love, and respect. Beginners Welcome! Guidebook will be shared on screen via Kindle. English transcript enabled through Zoom.</p> <p>Meetings Local Time 07:00 PM Asia/Hong_Kong</p>
Monday 07:00 AM	<p>RI Area Morning (WEB0793) (English, US) - <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a>  <b>Focus:</b> Book Study Meetings Local Time 07:00 AM America/New_York</p>
Monday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p><b>Focus:</b> Book Study, Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom! Meetings Local Time 01:00 PM Europe/Amsterdam</p>

Monday 07:00 AM	<p>Seeking Emotional Integrity (WEB0609) - We meet to explore and discuss the Identity Papers. These documents include the foundational language, focus, and method of recovery that sets ACA apart from similar Twelve Step fellowships. The Identity Papers are printed in the BRB on pp. 81-90 and pp. 353-363 or available in booklet form from shop.adultchildren.org Join us on ZOOM: i  <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a> Meeting ID: 814 3727 6969 Passcode:247365  <b>Focus:</b> Discussion, Fellowship Text  <b>Type:</b> Secular/Agnostic/Atheist Meetings Local Time 07:00 AM America/New_York</p>
Monday 07:30 AM	<p>ACA Singapore Monday Group (SGP0001) - 11 Jalan Ubi, Block 5, #01-41, Singapore Singapore, 409074 We Care Community Service (Courage Room)  <b>Focus:</b> Fellowship Text Hybrid with Zoom: Meeting ID: 826 8610 1555 Passcode: 170636 Meetings Local Time 07:30 PM Asia/Singapore</p>
Monday 07:30 AM	<p>Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]  : Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET  : Dial in: +1 646 558 8656 US (New York)  : Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/u/kcEsR2PF1V">https://us02web.zoom.us/u/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a>]  <b>Focus:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 AM America/New_York</p>
Monday 08:00 AM	<p>Patras ACA Online Group 1 (WEB0375) - This meeting is held on Skype: Send contact request to "???" or send an email with your skype name at <a href="mailto:epatras@gmail.com">epatras@gmail.com</a>  <b>Focus:</b> Book Study, Fellowship Text, Speaker, Steps, Workshop Meetings Local Time 08:00 AM America/New_York</p>
Monday 08:00 AM	<p>ACA in Bonita Springs (FL0228) - This meeting is now via this Zoom link:<a href="https://us02web.zoom.us/j/97593632861">https://us02web.zoom.us/j/97593632861</a> 7.2 mi  <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 08:00 AM America/New_York</p>
Monday 08:30 AM	<p>Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book.  <b>Focus:</b> Fellowship Text This meeting has a capacity of 25 members. Meetings Local Time 08:30 AM America/New_York</p>
Monday 09:00 AM	<p>ACASerenitySisters (WEB0638) - Text Helen for meeting ID and password at 830 401 9428 or email us at <a href="mailto:serenityacagroup@gmail.com">serenityacagroup@gmail.com</a> Meetings Local Time 08:00 AM America/Mexico_City</p>
Monday 09:30 AM	<p>Mens Big Red Book Study Group (AZ0125) - This meeting is currently only meeting on Zoom Meeting ID: 412 209 464 Passcode 194999 The New Church of Phoenix South East corner of Shea and 56th St. 16.8 mi  <b>Focus:</b> Book Study, Discussion  <b>Type:</b> Men-Only Meeting is currently only on Zoom. Meeting ID: 412 209 464 Meetings Local Time 06:30 AM America/Phoenix</p>

Monday 10:00 AM	ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234 <b>Focus:</b> Book Study Meetings Local Time 07:00 AM America/Los_Angeles
Monday 10:00 AM	(WEB0711) - <b>Type:</b> Beginners Meetings Local Time 10:00 AM America/New_York
Monday 10:30 AM	Adult Children of Alcoholics & Dysfunctional Families ` (ISR0008) - Israel ENGLISH speaking ACA Big Red Book and Literature meeting with open sharing. ALL are welcome !! ZOOM INFO - NO PASSWORD Topic: TLV Monday Meeting Join Zoom Meeting <a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a> Meeting ID: 986 028 0941 One tap mobile +13017158592,,9860280941# US (Washington DC) +13126266799,,9860280941# US (Chicago) Dial by your location +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 Israel Meeting ID: 986 028 0941 Find your local number: <a href="https://us02web.zoom.us/u/kbdMIItJt2n">https://us02web.zoom.us/u/kbdMIItJt2n</a> <b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps Due to Corona virus, this meeting will replace our Monday Tel Aviv 5:30 meeting. We are hoping to open up an in person meeting soon on another day!ZOOM LINKEllen is inviting you to a scheduled Zoom meeting.Topic: TLV Monday MeetingTime: This is a recurring meeting Meet anytimeJoin Zoom Meeting <a href="https://us02web.zoom.us/j/9860280941">https://us02web.zoom.us/j/9860280941</a> Meeting ID: 986 028 0941One tap mobile+13017158592,,9860280941# US (Washington DC)+13126266799,,9860280941# US (Chicago)Dial by your location +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 346 248 7799 US (Houston) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +972 55 330 1762 Israel +972 3 978 6688 IsraelMeeting ID: 986 028 0941Find your local number: <a href="https://us02web.zoom.us/u/kbdMIItJt2n">https://us02web.zoom.us/u/kbdMIItJt2n</a> Meetings Local Time 05:30 PM Asia/Jerusalem
Monday 10:30 AM	?????? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? ???? (WEB0361) - We meet through Skype. Our skype name is epa.gr. The meeting lasts 1.5 hour. <b>Focus:</b> Discussion, Fellowship Text, Book Study, Steps <a href="https://enilika-paidia.blogspot.com/">https://enilika-paidia.blogspot.com/</a> Meetings Local Time 10:30 AM America/New_York
Monday 11:00 AM	Feel, Talk, Trust (WEB0727) - <b>Focus:</b> Book Study, Discussion, Loving Parent Guidebook We meet every Mon/Wed/Fri. For ID and PW, email: <a href="mailto:feeltalktrust@gmail.com">feeltalktrust@gmail.com</a> . 75-minute meeting includes: 1. Loving Parent Guidebook's grounding check-in, 2. Strengthening My Recovery daily reflection, 3. five minutes of meditation or journaling (w/optional non-dominant handwriting), and 4. sharing. This meeting has a maximum capacity of 20 people, and we lock the Zoom door after the first ten minutes. Please join us if you identify as a member of ACA. Meetings Local Time 08:00 AM America/Los_Angeles

Monday 11:00 AM	<p>ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></p> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Speaker, Steps Linkki Kohtaamispaikalle: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a></p> <ol style="list-style-type: none"> <li>1. Luo itsellesi tunnus ja kirjaudu sisään.</li> <li>2. Toimii selaimella tietokoneella tai sovelluksella puhelimella (sovellus ilmainen sovelluskaupoissa)</li> <li>3. Liity kokoukseen klikkaamalla puhekanavaa ACA-Ihmelapset liittymällä kokoukseen.</li> <li>4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana.</li> </ol> <p>Meetings Local Time 06:00 PM Europe/Helsinki</p>
Monday 11:00 AM	<p>Non-Dominant Handwriting/The Child Within (WEB0295) - Currently meeting on Zoom / Zoom Meeting <a href="https://us02web.zoom.us/j/88546250421">https://us02web.zoom.us/j/88546250421</a> Email or WhatsApp Meeting Contact for passcode</p> <p><b>Focus:</b> Discussion It's suggested to have paper and 2 or more writing instruments of your choice. Meeting is 90 min long - includes a meditation, non-dominant handwriting with the inner child/inner teenager, and sharing. WhatsApp or email Meeting Contact if you need more info. Meetings Local Time 11:00 AM America/New_York</p>
Monday 11:00 AM	<p>Mi Ser Genuino ACA (WEB0103) - usuario de skype: Mi Ser Genuino ACA</p> <p><b>Focus:</b> Book Study, Discussion, Steps</p> <p><b>Type:</b> Beginners Temario rotativo. Pasos. Tradiciones. Orador invitado. . Otros temas de la literatura Meetings Local Time 11:00 AM America/New_York</p>
Monday 12:00 PM	<p>Skype Group (WEB0028) - Contact for info <a href="mailto:dj_bad00@mail.ru">dj_bad00@mail.ru</a> We Are Glad To All Wishing To Recover!</p> <p><b>Focus:</b> Discussion, Book Study Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>Europe's Monday evening (Big Red Book Chapter 14 Study – “ACA in a Workplace”) (WEB0175) - -- 6 p.m CEST (18:00) Amsterdam time / 5 p.m (17:00) UK time -Zoom ID: 820-6458-4162 - Password 711 - this meeting is audio only, we do not use the video function in this meeting - see <a href="http://ACANetherlands.com">ACANetherlands.com</a></p> <p><b>Focus:</b> Book Study, Discussion</p> <p><b>Type:</b> Beginners Meetings Local Time 06:00 PM Europe/Amsterdam</p>
Monday 12:00 PM	<p>Emotional Sobriety (WEB0116) - Welcome to Emotional Sobriety! This is a Zoom-based meeting for ACA's who identify as women or with women's communities. We meet on Mondays and Fridays at 9 am PST, 10 am MST, 11 am CST, 12 noon EST. On Mondays, shares occur within the large group; on Fridays sharing happens in smaller groups of 6-7 fellow travelers. Sharing is always optional. There is a short journaling time in each meeting. Please email <a href="mailto:acaemotionalsobriety@gmail.com">acaemotionalsobriety@gmail.com</a> for the meeting password. Zoom meeting ID: 860-941-578. (Download the zoom app or search zoom in your web browser. Zoom is free for participants)</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Type:</b> Women Only Meetings Local Time 12:00 PM America/New_York</p>



Monday 12:00 PM	<p>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a>  EVERYDAY AT NOON EST  Monday - Laundry List Workbook  Tuesday - Topic Meeting  Wednesday - Big Red Book  Thursday - Traditions  Friday - Loving Parent Guidebook  Saturday - Topic Meeting  Sunday - Beginners Meeting  <b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>ACA CHAT (WEB0092) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.  • Register a username and then login with it.  • Meetings are text-based (no video) and take place in the Meeting Room.  • Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.  • Current as of April 2022!  <b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA.  Alternatively, here is the link to enter the meeting:  <a href="https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw</a>  <b>Focus:</b> Discussion  <b>Type:</b> LGBT+ Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>European ACA Outreach (WEB0177) - 24/7 English language Whatsapp group (WAG) - European ACA Outreach -- This is a closed group for ACA's. The purpose of this group is just outreach calls. No chats, questions or posts, there are other groups for that. -- If you are new to outreach simply state OR (OutReach) on the chat and someone will hopefully reply. (Yes) --- Remember if no one gets back don't take it personally just keep trying. --- Copy and paste this link into your whatsapp to join <a href="https://chat.whatsapp.com/FA1GeJCuCMMEnoM6w1HT6a">https://chat.whatsapp.com/FA1GeJCuCMMEnoM6w1HT6a</a> or write an email to get the link on <a href="mailto:acanlwag01@protonmail.com">acanlwag01@protonmail.com</a> for info please visit <a href="http://acanetherlands.com/">acanetherlands.com/</a>  <b>Focus:</b> Discussion, Fellowship Text, Book Study, Steps  <b>Type:</b> ACAs only (Closed) Meetings Local Time 12:00 PM America/New_York</p>
Monday 12:00 PM	<p>Doverye (WEB0776) (???????) - ??????? ???? ?????? ? Zoom. ?????? ?? ??? ???? ?????????????? ? Telegram-?????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a>  <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Speaker, Steps, Workshop ?? ??????? 9-10 ??????? ??????? ? ??????. ????? ?????? ??????? ??????? ?? ?????? ?? ??????? ?????????? ? Zoom. ?????????? ? ?????????? ? ????? ?????????? ????? ???? ???? ?????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a> Meetings Local Time 07:00 PM Europe/Moscow</p>
Monday 12:30 PM	<p>Monday ACA Skype Meeting (WEB0073) - Skype Address: Liebevolle innere Elternschaft leben ACA Meeting in German Language every Monday at 18:30 Central European Time (CET). If this name does not show up, search alternatively for <a href="mailto:aca.meeting.a@outlook.com">aca.meeting.a@outlook.com</a>  <b>Focus:</b> Book Study, Fellowship Text, Steps Meetings Local Time 06:30 PM Europe/Berlin</p>

Monday 12:30 PM	Ladies Mtg - Finding Our True Self - Letting Go of Behaviors That Keep Us From Living Happy, Joyous and Free - (WEB0623) - We release excessive distractions like food, shopping, clutter, TV, social media, reading, etc. Losing that time keeps us from being our True Selves. These behaviors can also be the root of our isolation and procrastination. We learn to let go of negative generational messages and patterns that have blocked us from becoming our authentic self. Monday and Saturday 9:30am PT / 12:30pm ET 1 hr 15 min mtg Zoom ID: 826 8270 0345 Password: Recovery <a href="https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09">https://us02web.zoom.us/j/82682700345?pwd=ZTdoOU9xby9UcThlc2t0ZE5zV0FDdz09</a> <b>Type:</b> Women Only Meetings Local Time 09:30 AM America/Los_Angeles
Monday 01:00 PM	Hope and Healing ACA (WEB0681) - The Zoom id for this meeting 880 3732 4268. Please email HopeandHealingACA@gmail.com for the password. We will be focusing on ACA Big Red Book. We look forward to recovering with you. <b>Focus:</b> Book Study Meetings Local Time 12:00 PM America/Chicago
Monday 01:00 PM	Riverside Monday Morning (CA1025) - Please contact us for online information. 45.2 mi <b>Focus:</b> Book Study, Discussion Meetings Local Time 10:00 AM America/Los_Angeles
Monday 01:00 PM	ACA Georgia Tbilisi (WEB0626) (Georgian, English, Russian) - <b>Focus:</b> 12 Step Study Group, Book Study, Speaker, Steps <b>Type:</b> Beginners, People of Color Meetings Local Time 09:00 PM Asia/Tbilisi
Monday 01:00 PM	Aberystwyth ACA Laundry List Meeting (UKI0083) - Monday 6 pm to 7.15pm UK time - Join Zoom Meeting <a href="https://us02web.zoom.us/join/joinMeeting/tZlIfu2uqTojHNwAf3lLy0iqKd8XzGCqulKS/ics?icsToken=9PRpwAGor4LO7wtn5Ego1KvRm2DwxKMgrnHeYaCqhYM8nF">https://us02web.zoom.us/join/joinMeeting/tZlIfu2uqTojHNwAf3lLy0iqKd8XzGCqulKS/ics?icsToken=9PRpwAGor4LO7wtn5Ego1KvRm2DwxKMgrnHeYaCqhYM8nF</a> <a href="https://us02web.zoom.us/j/86894671968">https://us02web.zoom.us/j/86894671968</a> Meeting ID: 868 9467 1968 Passcode: wholeness Join by Skype for Business <a href="https://us02web.zoom.us/skype/86894671968">https://us02web.zoom.us/skype/86894671968</a> <b>Focus:</b> Fellowship Text, Laundry Lists Workbook Open Last Monday Of Month for those who would like to know what ACA meetings are. Meetings Local Time 06:00 PM Europe/London
Monday 01:00 PM	ACA Monday - The Solution (WEB0601) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/84695181420?pwd=Y3h3WWRWRk5lM1NuV1hUaHNlZm90dz09">https://us02web.zoom.us/j/84695181420?pwd=Y3h3WWRWRk5lM1NuV1hUaHNlZm90dz09</a> Meeting ID: 846 9518 1420 Passcode: 635459 Meetings Local Time 06:00 PM Europe/London
Monday 01:30 PM	Becoming Your Own Loving Parent (MI0166) - Please reach out to our meeting contact via text and we will supply you with our Zoom link! Please allow 24-48 hours for a reply. This meeting is on Eastern Standard Time. 7.4 mi <b>Focus:</b> Book Study, Fellowship Text Meetings Local Time 01:30 PM America/Detroit
Monday 02:00 PM	ACA Sunlight Daily Affirmations Zoom Mtg. (CA1386) - - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a> . <b>Focus:</b> Book Study, Fellowship Text <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 11:00 AM America/Los_Angeles
Monday 02:00 PM	Women's ACA and Clutter (WEB0672) - For ID and Passcode please text/call Lisa in CA at: 818.445.9901 or email: <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a> <b>Type:</b> Women Only Meetings Local Time 11:00 AM America/Los_Angeles

Monday 02:00 PM	ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Focus:</b> Discussion, Fellowship Text Login to Lounge. 3-dot menu for Room List. Meetings Local Time 02:00 PM America/New_York
Monday 02:00 PM	Granada Aca (WEB0040) - Please contact Granada.TonyA.ACA@gmail.com for any questions. The Zoom ID = 547 491 3966. The PW = ACA12Step All ACAs welcome <b>Focus:</b> Book Study, Fellowship Text, Steps Meetings Local Time 02:00 PM America/New_York
Monday 02:30 PM	London Bethnal Green: Life Beyond Survival (WEB0461) - Currently online although may return face to face in the future. Zoom link: <a href="https://zoom.us/j/6145687933?pwd=NDRXUnFZejhK2JibVITRXIKQkg1UT09">https://zoom.us/j/6145687933?pwd=NDRXUnFZejhK2JibVITRXIKQkg1UT09</a> Zoom ID: 614 568 7933 No password required <b>Focus:</b> Book Study, Fellowship Text, Speaker, Steps Meetings Local Time 07:30 PM Europe/London
Monday 02:30 PM	Cambridge ACA Monday Zoom (WEB0577) - Please contact for Zoom login details Julie 07950 574 336 Mark 07432 600102 zoomacamonday@gmail.com Meeting focus on the 14 laundry traits and their opposites as detailed in the Laundry List Workbook Meetings Local Time 07:30 PM Europe/London
Monday 02:30 PM	Racial and Emotional Sobriety (WEB0529) - <b>Type:</b> People of Color Meetings Local Time 11:30 AM America/Los_Angeles
Monday 02:30 PM	(WEB0598) - BIPOC ACA MEETING: Black, Indigenous, People of Color Only <b>Focus:</b> Book Study, Speaker <b>Type:</b> People of Color BIPOC members only. This is a VIDEO-ON meeting. You will be removed from the meeting if you fail to turn on your video and have your face visible. Meetings Local Time 11:30 AM America/Los_Angeles
Monday 03:00 PM	From Hurting to Healing to Helping (WA0214) - We Are meeting over zoom - please reach out for The zoom link shorelineaca@gmail.com or 206-898-7100 voice or text <b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 12:00 PM America/Los_Angeles
Monday 03:00 PM	The Front Room Round Table ACA Black men and women (GBR0022) - Hinde Street Methodist Church, London London, W1U 2QJ RSVP <a href="https://www.meetup.com/The-Front-Room-London-Round-Table/">https://www.meetup.com/The-Front-Room-London-Round-Table/</a> <b>Focus:</b> Discussion, Speaker, Steps <b>Type:</b> People of Color RSVP <a href="https://www.meetup.com/The-Front-Room-London-Round-Table/">https://www.meetup.com/The-Front-Room-London-Round-Table/</a> Zoom details sent out each Sunday evening - please check inbox Meetings Local Time 08:00 PM Europe/London
Monday 03:00 PM	Time for Serenity (CA1214) - We have a 20-minute meditation at 11:30 a.m. before the meeting at noon. Everyone is welcome. Reach meeting contact for zoom information. Pw: 555666 31.7 mi <b>Focus:</b> Book Study, Discussion <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 12:00 PM America/Los_Angeles

Monday 03:00 PM	<p>ACA MEXICO (WEB0113) - Nuestras reuniones son por Zoom (id 735 277 3615 ) sin contraseña y estas invitado a unirte. Dias de sesion: Lunes 2:00 pm ,Martes 7:00pm, Jueves 7:00pm, viernes 3:00 pm y sabado 12:00 pm ( horario de mexico city) ... cualquier duda manda un email a acaenzoom@gmail.com o recuperacion.aca@gmail.com</p> <p><b>Focus:</b> Fellowship Text, Book Study, Speaker horario de mexico Meetings Local Time 02:00 PM America/Mexico_City</p>
Monday 03:00 PM	<p>Women's Monday Noon (AZ0140) - WOMEN ONLY Zoom Meeting ID: 878 9307 8572 This meeting is online. Please email for password. We lock the meeting about 15 minutes in for the safety of our participants.</p> <p><b>Focus:</b> Book Study</p> <p><b>Type:</b> Women Only</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 12:00 PM America/Phoenix</p>
Monday 03:00 PM	<p>Strengthening My Recovery, Topic Meeting, 12PM PST Daily (WEB0202) - Zoom 985 2100 3286 no password</p> <p><b>Focus:</b> Fellowship Text Zoom meeting Meetings Local Time 12:00 PM America/Los_Angeles</p>
Monday 03:00 PM	<p>Alle Sorgenti (WEB0617) - please write us at allesorgentiaca@yahoo.com for information on how to access the online meeting</p> <p><b>Focus:</b> Book Study, Fellowship Text, Steps Meetings Local Time 09:00 PM Europe/Rome</p>
Monday 03:00 PM	<p>Reparenting Check-In Practice (WEB0181) - This is an open meeting to which ALL ARE WELCOME. This is a beautiful way to start the week and a useful model for daily practice. The Reparenting Check-in Practice meeting follows the model set forth in Chapter 9, Appendix C of the Loving Parent Guidebook. In the 4-step sharing process, one is invited to 1) become aware of their breath, emotions, and body sensations; 2) gently check in with the inner child, inner teen, critical parent and loving parent and identify the part of themselves that is activated; 3) share what activated that part; and 4) one may choose to engage in a deeper share during which the loving parent acknowledges the part of themselves that is in need at the present moment and offers nurturing support and/or commitment to action. ACA WSO Reparenting check-in worksheet: <a href="https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf">https://acawso.org/wp-content/uploads/2020/09/ACA_Reparenting-Check-In-Worksheet_09_04_20.pdf</a> Every Monday at 12:00 PM Pacific Time Link: <a href="https://us02web.zoom.us/j/89660567068?pwd=K0l6WINXUHdVTEVtcFM1aHkwY0hVQT09">https://us02web.zoom.us/j/89660567068?pwd=K0l6WINXUHdVTEVtcFM1aHkwY0hVQT09</a> Meeting ID: 896 6056 7068 Passcode: 703908</p> <p><b>Focus:</b> Loving Parent Guidebook Send email to: UnityInProgress with First Name for weekly reminders. Meetings Local Time 12:00 PM America/Los_Angeles</p>
Monday 04:00 PM	<p>Recovery Beyond Survival (WEB0655) - WELCOME!! :) CAMERAS REQUIRED. This is a new meeting as of Oct 9, 2021 and needs service support. Although we are a Zoom meeting we commit to the mutual level of support found at in-person meetings. Meeting ID: 783 819 8955 Passcode: 112312 Time: 1pm (PST) US Saturday, Sunday and Monday After ACA and Big Red Book readings (links provided) we pause for 5 minutes of Silent Meditation / Non-Dominant Handwriting. All cameras are required to be on and all members fully identifiable in the frame. We celebrate ACA milestones. We warmly welcome you!</p> <p><b>Focus:</b> Book Study Meetings Local Time 01:00 PM America/Los_Angeles</p>

Monday 04:00 PM	Cycle Breakers (CA1403) - Zoom Meeting. Log-in ID: 82100262764 Code: 07132020 <b>Focus:</b> Book Study, Discussion <b>Notes:</b> Needs Support Needs Support, Meetings Local Time 01:00 PM America/Los_Angeles
Monday 04:00 PM	Hella Gay ACA (WEB0506) - Hella Gay ACA is a closed special interest meeting of Adult Children of Alcoholics & Dysfunctional Families for people who are transgender, nonbinary, gender nonconforming, gender questioning, intersex, gay, lesbian, bisexual, queer, asexual, and anyone else who identifies as a part of the LGBTQAI+ community. Go to <a href="https://hellagayaca.mailchimpsites.com/">https://hellagayaca.mailchimpsites.com/</a> for login details <b>Type:</b> LGBT+ Meetings Local Time 01:00 PM America/Los_Angeles
Monday 04:00 PM	ACA Gentle Recovery (WEB0605) - 75 minute meeting ZOOM meeting ID: 869 4718 4344 Password: recovery Meetings require a camera on CHECK IN only and is locked after check-ins are complete to insure the safety and intimacy of all when sharing. Once you have checked in you are welcome to turn camera off or leave it on as you wish. The focus of the meeting is to share strength, hope and recovery from the Daily Affirmation. <b>Focus:</b> Discussion, Fellowship Text This is a 75 minute gentle recovery meeting with gentle boundaries so that all can feel safe. No crosstalk is allowed. Camera on for check in only required. We look forward to this meeting expanding to more days as fellow travelers offer service. To offer service, reach out to the meeting contact. :) Meetings Local Time 04:00 PM America/New_York
Monday 05:00 PM	Womens Filling the Void (Food Issues). (WEB0285) - For ID and Passcode Call/Text Lisa in CA at: 818.445.9901 or Email AcaRecoverySisters@gmail.com <b>Type:</b> Women Only Meetings Local Time 02:00 PM America/Los_Angeles
Monday 05:00 PM	ACA LGR HUeon Co (OH5083) - 2 Oak St, Norwalk Ohio, 44857 <b>Meeting unexpectedly cancelled on 4 April 22 only</b> Meeting is located in the Let's Get Real office in the lower level of the MHAS building. Entrance in back by parking lot. <b>Focus:</b> Book Study, Discussion <b>Notes:</b> Needs Support Needs Support, Zoom meeting ID-895 9496 5002 Meetings Local Time 05:00 PM America/New_York
Monday 05:30 PM	Mon. 5:30pm ACA (GA0041) - Meeting is currently closed. 47.0 mi <b>Focus:</b> 12 Step Study Group, Discussion <b>Type:</b> Women Only Attendees must use audio and video to participate. Meetings Local Time 05:30 PM America/New_York
Monday 05:30 PM	Working The Flip Side (MA0102) - Remote access information --- <a href="https://us02web.zoom.us/j/8733547788">https://us02web.zoom.us/j/8733547788</a> --- Phone - 929 436 2866, then 873 354 7788 --- All are welcome. We use The Laundry List Workbook for our meeting. On page VII of the Forward it states: "Please note that this workbook is for ACA's who are ready to embark on advanced work on their survival traits. It is designed for ACA's who have already gone through all the Steps in the ACA Twelve Step Workbook." <b>Focus:</b> Book Study Meetings Local Time 05:30 PM America/New_York
Monday 05:30 PM	(ME0043) - 142 Center Street, Brewer Maine, 04412 -- You can attend via zoom starting October 10. Please be patient with us as we work out the kinks of starting a hybrid meeting via Zoom. -- Meeting ID: 82409518111 Password: 1212142 <b>Focus:</b> Book Study <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 05:30 PM America/New_York

Monday 06:00 PM	<p>Writing Meeting (WEB0374) - Writing Meeting. 2020: ONLINE Meeting Only. Email Group Contact for meeting link.</p> <p><b>Focus:</b> Discussion, Workshop 2020: ONLINE Meeting Only. Email Group Contact for meeting link. Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>Fellow Travelers (WEB0835) (English) - Zoom Meeting Information: Meeting ID: 484 177 588 Password: serene</p> <p><b>Focus:</b> Fellowship Text Readings from BRB, Laundry Lists Workbook, Loving Parent Guidebook Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>Zoom Kids are Alright (WEB0291) - Great group of recovering adult children, meeting online on Zoom every Monday 6pm-7:30 pm Eastern (5 pm Central; 3pm Pacific) This meeting is actively welcoming/affirming of LGBTQIA+ ACAs, yet we are not exclusive and welcome all ACAs to our group. We look forward to meeting you! If you're new to our meeting, please plan to be on video during newcomer introductions for the safety of our group. Please reach out to our Email or Phone (please text) contact for the Zoom Link &amp; Password.</p> <p><b>Focus:</b> Book Study, Fellowship Text</p> <p><b>Type:</b> Beginners, LGBT+ Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>Rivers and Roads (TN0105) - Zoom meeting</p> <p><b>Focus:</b> Discussion Currently we are meeting virtually Zoom meeting only. If yo are interested in attending please contact Brad . Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>JOURNEY TO FREEDOM ACA (AZ0152) - ZOOM meeting until church reopens Scottsdale Bible Church Room E28 in the Discovery Kids Bld. Enter on south side, go up stairs to end of hall.</p> <p><b>Focus:</b> Discussion, Book Study, Speaker</p> <p><b>Type:</b> ACAs only (Closed) Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>Concord Adult Children of Alcoholics (NH0009) - 30 Eastman Street, Concord New Hampshire, 03301 The Concord meeting is very pleased to announce that we are once again able to meet at Grace Episcopal Church. Masks for Covid are discretionary for the comfort of the attendees. Availability of Online attendance will depend on the preferences of the in-person attendees. Please email to inquire about Online attendance. 63.1 mi</p> <p><b>Focus:</b> Book Study</p> <p><b>Notes:</b> Non Smoking Non Smoking, Per Grace Episcopal Church: No Pets are permitted in the building. Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:00 PM	<p>ACA 12 Step Yellow Book Study (Syracuse, NY) (NY0221) - Meeting is based in Syracuse, NY (CNY IG). Zoom ID: 305 687 3832 Password: none <a href="https://zoom.us/j/3956873832">https://zoom.us/j/3956873832</a></p> <p><b>Focus:</b> 12 Step Study Group, Discussion Meetings Local Time 06:00 PM America/New_York</p>
Monday 06:15 PM	<p>Eliot Monday Night Meeting (ME0027) - Email the meeting Secretary, Mark for the Zoom link. Mark can be reached at jahnzy@yahoo.com 65.8 mi</p> <p><b>Focus:</b> Discussion, Fellowship Text, Speaker Meetings Local Time 06:15 PM America/New_York</p>
Monday 06:15 PM	<p>Kittery ACA Step Meeting (ME0042) - During the pandemic we are offering the meeting on Zoom. Please contact the secretary for more information!</p> <p><b>Focus:</b> Book Study, Discussion, Steps</p> <p><b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Meetings Local Time 06:15 PM America/New_York</p>

Monday 06:30 PM	<p>Healing With Feeling (MA063) - 77 Hall St, Leominster Massachusetts, 01453 We meet in person only on the 2nd Monday of each month at the United Methodist Church at the corner of Hall St. and Merriam Ave. There is ample parking behind the church. We meet online every Monday, including the 2nd Monday. Please reach out to our meeting contact to receive Zoom credentials. 61.1 mi</p> <p><b>Focus:</b> Discussion</p> <p><b>Notes:</b> Non Smoking Non Smoking, We meet in person and online every 2nd Monday of the month. All other Mondays we meet online only. Please reach out to our meeting contact for the Zoom credentials. Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>(DE0013) - ZOOM Meeting ID 87592114000 Password 19970</p> <p><b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>From Hurting to Healing (WEB0211) - Please email for zoom ID and password. There will be a waiting room in place. Emails will be answered by 5pm EST daily, and emails received after 5pm EST will be answered the following day. *This meeting will remain online post pandemic* This meeting is 75 min in duration.</p> <p><b>Focus:</b> Book Study</p> <p><b>Type:</b> Beginners, Women Only Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>Monday Night BRB (WEB0260) - **This meeting is a BRB study followed by open shares. We currently meet on Zoom only. Zoom ID: 434 350 7964. Please follow the steps to reach the meeting contact by using the link at the top of the meeting page. Email the meeting contact Mark C. and the password will be provided. We are taking this step to support a safe meeting environment for all our attendees. Thanks!</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>Monday Toledo ACA on Zoom (WEB0281) - 325 North Michigan Street, Toledo Ohio, 43604 At this time , the meeting is being held via the Zoom online format. Please contact Gena, at mondaytoledoACA.zoom@gmail.com for the meeting ID and password to attend on the Zoom platform.</p> <p><b>Focus:</b> Book Study Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>SOS (Save Our Selves) (WEB0289) - 401 main st, Radford Virginia, 24141 Zoom 400852917 ID # Password 401</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text</p> <p><b>Notes:</b> Needs Support Needs Support, Meetings Local Time 06:30 PM America/New_York</p>
Monday 06:30 PM	<p>Healing Piece by PEACE (WEB0428) - 12 Step Study - Group established on February 1, 2021. Healing Piece by PEACE started as a group of people wanting to continue working their ACA program after finishing RSG. We meet to study the Yellow Workbook with Worksheets every Monday. Join us if you want to do the Yellow Workbook 12 Steps piece by PEACE. Or if you care to join us, please do and consider it a Topic study for that day. For Safety of the Room, please email Group Contact for meeting link.</p> <p><b>Focus:</b> Book Study, Steps Meetings Local Time 06:30 PM America/New_York</p>

Monday 06:30 PM	(WI083) - 620 Broadway, Wisconsin Dells Wisconsin, 53965 We are open to anyone who identifies as an Adult Child of an Alcoholic or dysfunctional family, and also to anyone who thinks he/she might be an adult child and is looking for help and hope. To join in-person, please contact our representative first to verify that meeting in person is an option (: Entrance is on Capital Street. We meet up the stairs, first door on the left. To join online, here's the Zoom meeting link: <a href="https://us02web.zoom.us/j/85736112345?pwd=S003NW5aWUNkUWo2aWdEak1kVEJlKZz09">https://us02web.zoom.us/j/85736112345?pwd=S003NW5aWUNkUWo2aWdEak1kVEJlKZz09</a> Meeting ID: 857 3611 2345 Passcode: 960252 Dial in: (301) 715-8592 42.5 mi <b>Focus:</b> Book Study, Discussion, Laundry Lists Workbook, Steps <b>Notes:</b> Non Smoking Non Smoking, Hello newcomer! We're happy you're here. Please contact our representative before attending your first meeting. Text is preferred, and calling or emailing is also ok! Please reference ACA so we know you aren't spam (: Meetings Local Time 05:30 PM America/Chicago
Monday 06:30 PM	From Hurting to Healing (TEL0512) (English) - Reach meeting contact for online and telephone information for this meeting. <b>Focus:</b> Book Study, Fellowship Text, Loving Parent Guidebook <b>Type:</b> Women Only Meetings Local Time 06:30 PM America/New_York
Monday 06:30 PM	Sobriedad Emocional (FL0282) - This meeting is only by Zoom. <b>Focus:</b> Book Study, Discussion Meetings Local Time 06:30 PM America/New_York
Monday 06:30 PM	ACA Continued Hope - HYBRID (Phone & In-Person) (PA131) - 9140 Academy Road, Philadelphia Pennsylvania, 19136 As of 3/14/22, This meeting is now a Hybrid. We will continue to meet via TELEPHONE and now also IN-PERSON at the Livingrin Outpatient facility in Northeast Philadelphia. Dial: 267-807-9598 Access Code: 681-798-524# 28.9 mi <b>Focus:</b> Book Study, Fellowship Text <b>Notes:</b> Non Smoking Non Smoking, Currently a Hybrid Telephone and In-Person meeting. Meetings Local Time 06:30 PM America/New_York
Monday 06:45 PM	Miracles On Monday (LA025) - Zoom Meetings are being held in place of in-person meetings at this time. Zoom Meeting ID 423 843 2240 Meeting Password 827255 (if needed) 324.6 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text Non Smoking Meetings Local Time 05:45 PM America/Chicago
Monday 07:00 PM	ACA English Zurich Online (WEB0373) - Dial-in number (CH): 043 550 70 93 Access code: 840915# International dial-in numbers: <a href="https://fccdl.in/i/acaenglish">https://fccdl.in/i/acaenglish</a> Online meeting ID: acaenglish Join the online meeting: <a href="https://join.freeconferencecall.com/acaenglish">https://join.freeconferencecall.com/acaenglish</a> <b>Focus:</b> Book Study, Steps We use the app FreeConferenceCall without the video function, voice only. Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	ACA Boston Cambridge Newcomers (MA0106) - We are only meeting on Zoom. Please email the Group Secretary for the Zoom link: <a href="mailto:acabostoncambridgenewcomers@gmail.com">acabostoncambridgenewcomers@gmail.com</a> Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	True Colors Global Gay Men's Meeting (WEB0445) - Zoom Meeting Link ID: 87480967964 Pass-code: 8675309 <b>Focus:</b> Discussion, Fellowship Text, Speaker, Steps <b>Type:</b> LGBT+, Men-Only Gay Men Afinity Group Meetings Local Time 07:00 PM America/New_York



Monday 07:00 PM	(CT087) - Virtual only. <a href="https://zoom.us">https://zoom.us</a> , ID: 866 473 127, password: Monday. 79.2 mi <b>Focus:</b> Book Study, Discussion Non-Smoking Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	Clarity Seekers (WEB0512) - Zoom ID 882 0817 6585 password: clarity <b>Focus:</b> Discussion, Fellowship Text We read from the book, The Laundry List. Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	ACA Mental Health (WEB0484) - For ID and Passcode please Call/Text Lisa in Ca @ 818.445.9901 or Email: ACARecoverySisters@gmail.com <b>Type:</b> Women Only Meetings Local Time 04:00 PM America/Los_Angeles
Monday 07:00 PM	North Raleigh Group (NC0085) - 9121 Six Forks Road, Raleigh North Carolina, 27615 We are a Big Red Book study group that meets in-person and online simultaneously. Our physical home is The Church at Six Forks in north Raleigh, NC. To attend our Zoom meetings, use Meeting ID 246 167 9168 and Passcode 8UwN5s. Call our public contact person for further details. 484.1 mi <b>Focus:</b> Book Study, Discussion, Loving Parent Guidebook, Steps <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	The Milton Parlor Meeting (MA0080) - Meeting in zoom now - ID: 816 3990 1996 pwd: 457368 79.4 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	Monday Night East Side ACA (RI005) - <a href="https://riareaaca.us10.list-manage.com/track/click?u=5eb285e4629369fb0d9919549&amp;id=42e265e27b&amp;e=60367a6a33">https://riareaaca.us10.list-manage.com/track/click?u=5eb285e4629369fb0d9919549&amp;id=42e265e27b&amp;e=60367a6a33</a> Meeting ID: 968 8073 5369 Join by Phone by calling one of these numbers +1 253 215 8782 US +1 301 715 8592 US Contact me for meeting password. 60.4 mi <b>Focus:</b> Book Study Meetings Local Time 07:00 PM America/New_York
Monday 07:00 PM	Tony A's Steps (WEB0390) - This meeting is on Zoom. Meeting ID: 860 3768 8206 Password: 11427 <b>Focus:</b> Discussion, Steps Join Whatsapp group for 24/7 support <a href="https://chat.whatsapp.com/CwFnTVBJD1nEvg6lP84A4l">https://chat.whatsapp.com/CwFnTVBJD1nEvg6lP84A4l</a> Meetings Local Time 05:00 PM America/Denver
Monday 07:00 PM	Building Bridges (FL0291) - 8396 W State Rd 84, Davie Florida, 33324 <b>We have received information that this meeting may not be active. If we do not hear from anyone associated with it by May 27, 2022, this meeting will be removed from our meeting list. Please email us at <a href="mailto:meetings@acawso.org">meetings@acawso.org</a></b> New location and Hybrid Meeting at West Broward Club, upstairs from Gold Coast Transmission Masks are needed for the in person meeting <a href="https://zoom.us/j/635957586">https://zoom.us/j/635957586</a> Meeting ID: 635957586 Password serenity1 Building Bridges 7-8:00 pm Eastern Step 11 meeting /Flip side of laundry list/Strengthening our Recovery <b>Focus:</b> Book Study, Discussion, Fellowship Text, Workshop <b>Notes:</b> Needs Support, Non Smoking Needs Support, Non Smoking, Step 11 Meetings Local Time 07:00 PM America/New_York

Monday 07:00 PM	<p>ACA Men's Yellow 12 Step Workbook Group (OH0096) - 333 South Drexel Ave, Bexley Ohio, 43209 This is a hybrid, men's meeting in which we use ACA approved workbooks as the focus. We meet at St. Alban's Church, Bexley. Park on the street and follow the path to the back building. Inside the door, go DOWN the steps and down the hallway. Meeting room is on the left. NOTE: There is a simultaneous AA meeting in the large hall at the top of the steps.</p> <p>You may participate in the meeting via Zoom rather than face to face. Text Rick at 614-633-7625 to receive the Zoom access information.</p> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Laundry Lists Workbook, Steps</p> <p><b>Type:</b> Men-Only Beginner; LGBTQ+ Welcoming; Step Study; Laundry List Workbook Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>(KY0026) - Monday Meeting is a Zoom meeting at 7:00pm ID 882-658-4605</p> <p><b>Focus:</b> Discussion Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Brattleboro ACA Group (VT004) - Register in advance for this meeting: <a href="https://us02web.zoom.us/meeting/register/tZAoduCrrzotGND5i98UQW7dWpgONqMKErZO">https://us02web.zoom.us/meeting/register/tZAoduCrrzotGND5i98UQW7dWpgONqMKErZO</a></p> <p>Starting 5/16/2022, the meeting will begin at 7pm. 61.0 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text We may revert back to a 6pm meeting in the fall; stay tuned for details. Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Lifesavers ACA (VA109) - <a href="https://us02web.zoom.us/j/89595113051?pwd=RHNTazNOQmJuU1ZkTUlrNm0zVWI2Zz09">https://us02web.zoom.us/j/89595113051?pwd=RHNTazNOQmJuU1ZkTUlrNm0zVWI2Zz09</a></p> <p>Meeting ID: 895 9511 3051 Passcode: 985406 13.7 mi</p> <p><b>Focus:</b> Discussion, Loving Parent Guidebook Non Smoking Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Authentic Living (PA119) - Please reach meeting contact for zoom information. 41.5 mi</p> <p><b>Focus:</b> Book Study, Steps Non Smoking Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Living Life Meeting (MI0157) - Zoom Meeting ID: 886 0611 2363 Password: Due to issues with Zoom bombers, please text contact person to get password. Formerly at Portage Lake United Church, Suspending in-person meetings 1/3/2022 and going on-line only using zoom or telephone.</p> <p><b>Focus:</b> Book Study, Discussion</p> <p><b>Type:</b> Beginners</p> <p><b>Notes:</b> Wheelchair Access Wheelchair Access, Due to issues with Zoom bombers, please text contact person to get meeting info. Meetings Local Time 07:00 PM America/Detroit</p>
Monday 07:00 PM	<p>Zooming Towards Recovery (WEB0203) - Welcome all ACAs, including Beginners! This is an ACAs Only Closed meeting. The meeting may run up to 90 minutes and will end by 8:30 PM. Zoom Link: <a href="https://us02web.zoom.us/j/88439340846?pwd=ZEE3T1ZGV2dySC85NWh5YzJKUnFvZz09">https://us02web.zoom.us/j/88439340846?pwd=ZEE3T1ZGV2dySC85NWh5YzJKUnFvZz09</a></p> <p><b>Focus:</b> Book Study, Fellowship Text, Steps</p> <p><b>Type:</b> Beginners Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Growing In Grace (PA089) - This meeting is currently using Zoom (virtual room) until further notice. To obtain our Zoom link for this meeting, email the contact from this listing, keykayb@yahoo.com. 37.2 mi</p> <p><b>Focus:</b> Discussion, Fellowship Text, Book Study, Steps, Speaker Non Smoking Meetings Local Time 07:00 PM America/New_York</p>

Monday 07:00 PM	<p>Monday Night ACA Group Red Book step Meeting (IL0234) - As of 3/2020 we are online only @ Zoom please contact Leslie Gourmet1096@aol.com for Meeting Id and Password Adult Children of Alcoholics (ACA) is a Twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes. The ACA program was founded on the belief that family dysfunction is a disease that infected us as children and affects us as adults. Our membership also includes adults from homes where alcohol or drugs were not present; however, abuse, neglect or unhealthy behavior was. Meeting room in basement on right Enter through front door directly across street from Library 24.4 mi</p> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Steps As of 3/2020 we are online only @ Zoom please contact Leslie Gourmet1096@aol.com for Meeting Id and Password Meetings Local Time 06:00 PM America/Chicago</p>
Monday 07:00 PM	<p>BRB Boys 2 Men (Men-only) Kirkwood, Zoom ID: 433 409 304 Password: 911 356 (WSO Meeting ID: MO0041). Meeting is zoom only. (MO0041) - Zoom ID: 433 409 304 Password: 911 356 Meeting is zoom only. 11.7 mi</p> <p><b>Focus:</b> Book Study</p> <p><b>Type:</b> Men-Only</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 06:00 PM America/Chicago</p>
Monday 07:00 PM	<p>ACA for AAs - Step and Selected Topic Study (NY113) - For Recovering Alcoholics ZOOM INFO: ID - 427520072 Passcode - 765762 87.9 mi</p> <p><b>Focus:</b> Discussion, Fellowship Text, Steps</p> <p><b>Notes:</b> Non Smoking Non Smoking, ZOOM INFO: ID - 427520072 Passcode - 765762 Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Generations (NC044) - 20 Oak St, Asheville North Carolina, 28801 Currently, 3.22.22, we are meetings person and online, Google Meet; Contact Mitch, 828.474.5120, for more info. We meet at First Congregational United Church of Christ. 81.7 mi</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, Non Smoking. Masks are Encouraged. Park in Rear Lot , Drive to Right of the Church, in any Space that isn't Marked for Staff or Reverend. More Parking on the Street. Enter Bldg Through Glass Door off the Rear Parking Lot. The Prior Meeting Typically Doesn't Finish Until a Few Minutes Before 7. Push Button Once and Someone Will Let You in. Currently no Other Meetings are in the Building While we Meet. Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:00 PM	<p>Lakeside ACA (WEB0438) -  <a href="https://us02web.zoom.us/j/87042595836?pwd=UmtqTjNGbFRPN0lKRCTwWjkvcFg3UT09">https://us02web.zoom.us/j/87042595836?pwd=UmtqTjNGbFRPN0lKRCTwWjkvcFg3UT09</a>  Meeting ID: 870 4259 5836 Passcode: ACPM21</p> <p><b>Focus:</b> Discussion, Book Study Meetings Local Time 06:00 PM America/Mexico_City</p>
Monday 07:00 PM	<p>Strengthening Our Recovery BRB Meeting (WEB0399) -  <a href="https://us02web.zoom.us/j/6660357900?pwd=VjhyY1lDWE90TmUrWVNYVHV4UnlRUT09">https://us02web.zoom.us/j/6660357900?pwd=VjhyY1lDWE90TmUrWVNYVHV4UnlRUT09</a>  Meeting ID: 666 035 7900 Password: solution</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 07:00 PM America/New_York</p>
Monday 07:30 PM	<p>Step &amp; Tradition Intro (ZAF0008) - Please ask for access, and join the WhatsApp group for the readings, which are posted there each week.</p> <p><b>Focus:</b> Steps Non Smoking Meetings Local Time 07:30 PM America/New_York</p>

Monday 07:30 PM	<p>Eastside Aca Mondays (WI067) - Our meeting is online. Please contact the contact person for Zoom information.  In-person at Plymouth Congregational Church 84.8 mi  <b>Focus:</b> Discussion, Steps  <b>Notes:</b> Non Smoking Non Smoking, Laundry List Workbook, Promises Meetings  Local Time 06:30 PM America/Chicago</p>
Monday 07:30 PM	<p>ACA BRB Savannah group (WEB0579) - Big Red Book study Mondays @ 7:30pm  Zoom 864 0925 0479 PW ACABRB  <b>Focus:</b> Book Study Meetings Local Time 07:30 PM America/New_York</p>
Monday 07:30 PM	<p>Strengthening My Loving Parent (WEB0851) -  <b>Focus:</b> Book Study, Loving Parent Guidebook This is a new meeting beginning on June 13th at 7:30 PM. This is a book study Zoom meeting, reading from the Big Red Book and alternately from the Loving Parent Guidebook. Please contact scott.faca@gmail.com for the Zoom meeting number and passcode. See you on the journey. Meetings Local Time 07:30 PM America/New_York</p>
Monday 07:30 PM	<p>12 Steps Group (WEB0728) - We are a small group working on the 12 steps together slowly over time.  <b>Focus:</b> 12 Step Study Group Meetings Local Time 07:30 PM America/New_York</p>
Monday 07:30 PM	<p>How it Still Works (WEB0651) - Zoom meeting  <a href="https://us02web.zoom.us/j/688259803?pwd=UC9qODBjbG01bERWcy9ZaFh0UVk2dz09">https://us02web.zoom.us/j/688259803?pwd=UC9qODBjbG01bERWcy9ZaFh0UVk2dz09</a>  Meeting ID: 688 259 803 Passcode: 212121 This is a Big Red Book discussion meeting. We read from the Big Red Book, have a brief meditation, then open the floor for sharing on what was read. Meetings Local Time 07:30 PM America/New_York</p>
Monday 07:30 PM	<p>Monday Night Fresh Start ACA (MO0036) - 3974 Humphrey St., St. Louis Missouri, 63116 4 Blocks W Of Grand, SE Corner of Humphrey and Roger, stepsalanoclub.org 3.5 mi  <b>Focus:</b> 12 Step Study Group, Fellowship Text  <b>Notes:</b> Needs Support, Non Smoking, Wheelchair Access Needs Support, Non Smoking, Wheelchair Access, zoom info as of February 2022 Meeting: 802 962 6112 Password: 7179390 Meetings Local Time 06:30 PM America/Chicago</p>
Monday 07:30 PM	<p>New Hope ACA (CO0109) - 301 E Drake, Fort Collins Colorado, 80525 Welcome to ACA! We meet at the Christ United Methodist Church on Mondays from 5:30 to 6:30pm MT in Room 107. In case of a snowstorm or Larimer County pandemic shutdown, please email ACANewHope@gmail.com for a Zoom link!  <b>Focus:</b> Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Our focus is on the Laundry List Workbook but with a group consensus, we can also work on readings from the Loving Parent Guidebook or A New Hope as part of our ACA recovery. Meetings Local Time 05:30 PM America/Denver</p>
Monday 07:30 PM	<p>Teen meeting (WEB0436) - 730 pm EST Monday Night Teen 12-18.  Currently studying the Daily Affirmations Book - Strengthening My Recovery.  No need to have a Daily Affirmations Book-we will share on Screen.  <b>Focus:</b> Book Study  <b>Type:</b> ACA Teen (Ages 12 to 18) Contact Cindy for zoom information - 215jaslow@gmail.com or paacaig.teen.youngadult@gmail.com 267-979-5406  Meetings Local Time 07:30 PM America/New_York</p>

Monday 07:30 PM	(WEB0421) - Indianapolis-Based ACA Meeting - Join with your Phone: 1) Dial 312 626 6799 to access Zoom. 2) When you are asked to enter the Meeting ID, dial 760784 5824 then press #. 3) When you are asked to enter your Participant ID, just press #.4) When you are asked to enter the Meeting Passcode, dial 654321 then press #. Joinwith Video: 1) Download the Zoom App for your smartphone, tablet, or computer in your app store. 2) Sign-in to your account or create a new account if you do not have one. 3) Click this link: <a href="https://us02web.zoom.us/j/7607845824?pwd=VkJXWndKOGhyNElyS0lkMStjRfMvdz09">https://us02web.zoom.us/j/7607845824?pwd=VkJXWndKOGhyNElyS0lkMStjRfMvdz09</a> <b>Focus:</b> Discussion Meetings Local Time 07:30 PM America/New_York
Monday 07:30 PM	Big Kids - Red Book Study (WEB0272) - Topic: Big Kids - Red Book Study Time: Aug 31, 2020 07:30 PM - 8:45 PM Canberra, Melbourne, Sydney Join Zoom Meeting <a href="https://us02web.zoom.us/j/85424344066">https://us02web.zoom.us/j/85424344066</a> Meeting ID: 854 2434 4066 One tap mobile +61871501149,,85424344066# Australia +61280156011,,85424344066# Australia Dial by your location +61 8 7150 1149 Australia +61 2 8015 6011 Australia +61 3 7018 2005 Australia +61 731 853 730 Australia +61 861 193 900 Australia +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 929 205 6099 US (New York) +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) Meeting ID: 854 2434 4066 Find your local number: <a href="https://us02web.zoom.us/j/85424344066">https://us02web.zoom.us/j/85424344066</a> <b>Focus:</b> Fellowship Text Meetings Local Time 07:30 PM America/New_York
Monday 07:30 PM	Fuengirola Literature Study (ESP0002) - Near Fuengirola main train and bus stations. In a pedestrian alley across from Mercacentro mall side entrance in the Swedish church (Svenska kyrkan). Go through the metal gate on the right up the stairs and to your right on the first floor. Skype meeting during lockdown. <b>Focus:</b> Fellowship Text <b>Notes:</b> Non Smoking Non Smoking There is also a WhatsApp group for the meeting. For the Skype meeting during lockdown please contact us ahead of time. Please send a WhatsApp message with your Skype ID to the meeting contact to be ad Meetings Local Time 07:30 PM America/New_York
Monday 07:30 PM	Monday Men's Meeting (DC009) - 3240 O Street NW, Washington , 20007 At St John's Episcopal Church, Georgetown. We meet in the Carpenters Chapel on the lower level. Please enter off Potomac Street NW. 24.9 mi <b>Focus:</b> Discussion, Steps <b>Type:</b> Beginners, Men-Only <b>Notes:</b> Non Smoking Non Smoking, <b>Please use the Meeting Contact info to text or email us.</b> Meetings Local Time 07:30 PM America/New_York
Monday 07:30 PM	The Freedom Group (AL0034) - Due to COVID-19 we are no longer meeting in person. We are holding a zoom online meeting every Monday at 6:30 pm Central US time. Please contact Carol B. at 334-730-8694 to register for our zoom meetings. Meetings usually run an hour to an hour and a half. We are currently doing a Loving Parent Guidebook Study. 2.0 mi <b>Focus:</b> Book Study, Discussion, Fellowship Text, Loving Parent Guidebook Meeting starts with a check-in of members feelings over the past week, followed by study of the Loving Parent Guidebook. Meetings Local Time 06:30 PM America/Chicago
Monday 08:00 PM	ACA Big Red Book Online (WEB0367) - Join Zoom Meeting <a href="https://us05web.zoom.us/j/86056880186?pwd=Snk3ME5ZeFUwMkt1ems3YWWhoREZBUT09">https://us05web.zoom.us/j/86056880186?pwd=Snk3ME5ZeFUwMkt1ems3YWWhoREZBUT09</a> <b>Focus:</b> Discussion, Book Study Meetings Local Time 07:00 PM America/Chicago

Monday 08:00 PM	Monday Online Meeting Aca-Df (WEB0043) - Skype online meeting address- ACA-DF-NZ New Zealand- to join a meeting, please send a friend request to ACA-DF-NZ in the week prior to the meeting. Then text the word- join please- to ACA-DF-NZ upto 5 minutes prior to the start of the meeting. <b>Focus:</b> Discussion Meetings Local Time 08:00 PM America/New_York
Monday 08:00 PM	ACA CHAT (WEB0122) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat. <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of April 2022!</li> </ul> <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 08:00 PM America/New_York
Monday 08:00 PM	Patras ACA Online Group 2 (WEB0376) - This meeting is held on Skype: Send contact request to "?? ?" or send an email with your skype name at epapatras@gmail.com <b>Focus:</b> Book Study, Fellowship Text, Speaker, Steps, Workshop Meetings Local Time 08:00 PM America/New_York
Monday 08:00 PM	ACA Monday Night - Tony A's steps (WEB0233) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/2214906343?pwd=bzNhY0hSYjh1SENPUkVVR2xwNmZWdz09">https://us02web.zoom.us/j/2214906343?pwd=bzNhY0hSYjh1SENPUkVVR2xwNmZWdz09</a> Meeting ID: 221 490 6343 Password: Mondaynight 7:00 pm Central Time <b>Focus:</b> Discussion, Speaker Meetings Local Time 07:00 PM America/Chicago
Monday 08:00 PM	Step Study & Fellow Traveler Fellowship - Young Adult Connection (WEB0627) - This meeting rotates biweekly. Fellow Traveler Fellowship - 1st & Second Monday of the month Step Study - 2nd & 3rd Monday of the month The meetings take place on discord. Please go ahead and click the link so you can get setup in Discord. <a href="https://discord.gg/sfMcybHfqV">https://discord.gg/sfMcybHfqV</a> This is a meeting for young adults to support each other and connect on issues unique to us. We work the 12 steps together, going through the yellow workbook one page at a time. Join us when you are able but don't feel guilty if you can not make it to a meeting or 10. We will always be here. In the weeks in between our step study, we provide fellow traveler fellowship. This is a relaxed time for destressing and unpacking life with fellow Adult Children. This bi-weekly meeting takes place in between the 12-step meetings and it offers a great opportunity to discuss the topics from the prior or upcoming week in a casual and slow pace. <b>Focus:</b> 12 Step Study Group <b>Type:</b> Beginners, Young Adult (Ages 18 to 26) Meetings Local Time 08:00 PM America/New_York
Monday 08:00 PM	Monday Night Men's Fellowship Meeting (WEB0363) - <b>Type:</b> Men-Only, Beginners, Young Adult (Ages 18 to 26), People of Color, Secular/Agnostic/Atheist Meetings Local Time 06:00 PM America/Denver
Monday 08:00 PM	Balcones (TX121) - 5206 Balcones Drive, Austin Texas, 78731 This meeting is currently in person in Room 220 and over Webex (hybrid). Webex link: <a href="https://klauspfeffer.my.webex.com/meet/klauspfeffer74">https://klauspfeffer.my.webex.com/meet/klauspfeffer74</a>   1268792416 You can also dial 173.243.2.68 and enter your meeting number. Join by phone +1-415-655-0001 US Toll Access code: 126 879 2416 6.3 mi <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Speaker, Steps <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 07:00 PM America/Chicago

Monday 08:00 PM	<p>Libertyville Monday Night ACA Group (IL130) - Currently an online meeting zoom since Covid. Email me at <a href="mailto:aca.newday@gmail.com">aca.newday@gmail.com</a> for a zoom invitation. When we return in person we will be in the basement of the St. Lawrence Episcopal Church located in Libertyville, Illinois. Our hope is to get back to the church in person with hybrid capability. All affected by alcoholism or family dysfunctions are welcome. We are a step/traut meeting, meetings central time is 7 Pm to 8:30 Pm (America/Chicago). You can also call Ellie at 847-767-5595 for information. 5.2 mi</p> <p><b>Focus:</b> Discussion, Steps  <b>Type:</b> Beginners  <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, On-Line Meeting: Zoom, since COVID pandemic. Email me at <a href="mailto:aca.newday@gmail.com">aca.newday@gmail.com</a> for a Zoom invitation. Physical Meeting: (When it becomes Possible we hope to have highbred available.) The basement of the Libertyville Illinois St. Lawrence Church.Meeting Type: We welcome everyone. Meetings Local Time 07:00 PM America/Chicago</p>
Monday 08:00 PM	<p>ACA Sunlight Reparenting Inner Child Meeting (WEB0585) - - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.</p> <p><b>Focus:</b> Fellowship Text Reparenting Check-in Worksheet is the basis for our meeting. This worksheet is found in Appendix C of the Loving Parent Guidebook. Meetings Local Time 05:00 PM America/Los_Angeles</p>
Monday 08:00 PM	<p>The Loving Parent Guidebook Meeting (WEB0621) -</p> <p><b>Focus:</b> Book Study, Discussion, Loving Parent Guidebook This meeting focuses on The Loving Parent Guidebook. We read from the LPG book! You will need the book to fully participate in the meeting--videos are required to be on during the meeting -- Zoom-4424009268--password--73CKbD Meetings Local Time 05:00 PM America/Los_Angeles</p>
Monday 08:00 PM	<p>ACA Brasil Virtual (WEB0493) (Português) - Link para reunião no Zoom: <a href="https://us02web.zoom.us/j/81804403365">https://us02web.zoom.us/j/81804403365</a> ID da reunião: 818 0440 3365 Não é necessário senha para entrar na reunião do Zoom.</p> <p><b>Focus:</b> Discussion, Fellowship Text Nos reunimos para compartilhar a experiência de termos crescido em um ambiente onde o abuso, a negligência e o trauma estiveram presentes. Esta experiência ainda afeta o nosso presente e influencia como nós lidamos com todos os aspectos de nossas vidas. O ACA provê um ambiente seguro e livre de julgamentos que nos permite lidar com as dores da infância e conduzir um inventário honesto de nós mesmos e de nossa família, de tal modo que possamos: (1) identificar e curar traumas centrais, (2) nos libertarmos da vergonha e do abandono, e (3) tornarmos nossos próprios cuidadores amorosos. Se você se identifica com qualquer uma das Características do Adulto Criança, o ACA pode se tornar um lar para você. Meetings Local Time 09:00 PM America/Sao_Paulo</p>
Monday 08:00 PM	<p>Monday Night ACA Women's Meeting (CO0075) - Anyone identifying as a woman is welcome to attend. Please contact us for the meeting access information. 4.3 mi</p> <p><b>Focus:</b> Book Study, Discussion  <b>Type:</b> Women Only  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 06:00 PM America/Denver</p>
Monday 08:00 PM	<p>Aca Golden Monday @ 6pm (CO037) - Online meeting only via Zoom For info on how to attend this meeting, please click Meeting Contact button below. 33.2 mi</p> <p><b>Focus:</b> Book Study Online Only via Zoom Meetings Local Time 06:00 PM America/Denver</p>

Monday 08:30 PM	<p>Winds Of Change (UT029) - 494 E. 5300 S., Murray Park Utah, 84107 Currently meeting on Zoom and in person starting April 11, 2022. For details please use the - Contact This Meeting- button below</p> <p>Murray Park Church Of Christ - enter N Entrance Of Church 6.6 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps Meetings Local Time 06:30 PM America/Denver</p>
Monday 08:30 PM	<p>Big Red Book Newcomers Meeting (CO0079) - 1801 Sunset Place, Suite B, Longmont Colorado, 80501 In a one story tan building that also houses Calvary Chapel of Longmont (most visible business). 54.0 mi</p> <p><b>Focus:</b> Fellowship Text</p> <p><b>Type:</b> Beginners This is an online meeting only. We are hoping to get more support for an in-person meeting. Please contact Karen at henson55@indra.com to receive the Zoom link info to attend this meeting. Meetings Local Time 06:30 PM America/Denver</p>
Monday 08:30 PM	<p>Unity in Recovery (WEB0561) -</p> <p><b>Focus:</b> Book Study, Discussion, Speaker</p> <p><b>Type:</b> Women Only This meeting is what is known as a Triple Winner Meeting. Please join us if you identify as a member of ACA, AA or OA. We will be following the ACA traditions. Meetings Local Time 05:30 PM America/Los_Angeles</p>
Monday 08:30 PM	<p>Aca Women's Zoom (WEB0818) - For ID and Passcode please Text/Cal: 1 Lisa in CA 818.445.9901 or email: AcaRecoverySisters@gmail.com , Come join us</p> <p><b>Focus:</b> Book Study, Discussion Meetings Local Time 05:30 PM America/Los_Angeles</p>
Monday 08:30 PM	<p>Monday Miracles (WEB0645) - ZOOM ID 899 7260 4954 password 064122</p> <p><b>Focus:</b> Book Study, Discussion</p> <p><b>Type:</b> Beginners Meetings Local Time 05:30 PM America/Los_Angeles</p>
Monday 08:30 PM	<p>Monday Night ACA (CA1215) - 11245 Los Osos Valley Rd., San Luis Obispo California, 93405 Meetings are held at the United Church of Christ in the conference room. NOTE: Due to the new viruses outbreak, we are holding our meetings online until further notice. Please contact us for Zoom ID and passcode via email. 15.9 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 05:30 PM America/Los_Angeles</p>
Monday 08:30 PM	<p>CALIF Womens Meditation Journaling (CA1162) - Monday Capo Beach, CALIF Journaling Online 5:30pm (Pacific Time) Meeting ID: 849 0635 4308 Passcode: (Please email MondayACA1162@gmail.com to request passcode ahead of meeting). 41.9 mi</p> <p><b>Focus:</b> Book Study, Discussion</p> <p><b>Type:</b> Women Only</p> <p><b>Notes:</b> Non Smoking Non Smoking, Open to all females, including Teens Meetings Local Time 05:30 PM America/Los_Angeles</p>
Monday 09:00 PM	<p>Recovery And Healing (CA012) - Now meeting on Zoom until further notice. Meeting ID: 89690650474 Password: 054601 8.6 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps</p> <p><b>Type:</b> Beginners, LGBT+, People of Color, Young Adult (Ages 18 to 26)</p> <p><b>Notes:</b> Non Smoking Non Smoking, Non-Smoking Meetings Local Time 06:00 PM America/Los_Angeles</p>



Monday 09:00 PM	<p>Friends in Recovery (WEB0398) - Zoom ID 2306727927</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps 1st week of the month speaker2nd week of the month step3rd week of the month tradition4th week of the month trait5th week of the month loving parent Meetings Local Time 06:00 PM America/Los_Angeles</p>
Monday 09:00 PM	<p>Recovery Rocks (WEB0507) - Starting May 2, join the usual Monday night (6pm Arizona time) meeting by either clicking on this Zoom link:  <a href="https://us06web.zoom.us/j/9102934015?pwd=d05DSENIRURLNGkzTitMQ0tNYUxCQ0tO9">https://us06web.zoom.us/j/9102934015?pwd=d05DSENIRURLNGkzTitMQ0tNYUxCQ0tO9</a>  or by using the Zoom website or app, and manually entering the Zoom meeting ID 910 293 4015. If you manually enter the ID, you must also enter the meeting password: sedona</p> <p><b>Focus:</b> Discussion 1st Mon. Step 2nd Mon. Laundry List3rd Mon. Inner Child/ Reparenting 4th Mon. Topic/Discussion5th (Some months) Speaker Meetings Local Time 06:00 PM America/Phoenix</p>
Monday 09:00 PM	<p>Steps to Peace and Joy (AZ0148) - Zoom is routinely updating security. So, if you want to zoom into our meeting, email our contact to get the current invitation.</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 06:00 PM America/Phoenix</p>
Monday 09:00 PM	<p>ACA Schematic Monday (WEB0345) - We meet once a week on Mondays from 6 PM to 7:15 PM USA Pacific time (9 PM to 10:15 PM Eastern).  Zoom ID: 250-270-2900   Passcode: ACA222</p> <p>We read from the ACA Schematic and share our experience, strength and hope recovering from trauma experienced as children growing up around addiction and/or dysfunction.</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Type:</b> Beginners * Welcome Newcomers! *Download the ACA Schematic: ACA Schematic can be found here:<a href="https://drive.google.com/file/d/1-9hnhbHNU1Nw9d2I2QZ67RtogC2E4ZDi/view?usp=sharing">https://drive.google.com/file/d/1-9hnhbHNU1Nw9d2I2QZ67RtogC2E4ZDi/view?usp=sharing</a> Meetings Local Time 06:00 PM America/Los_Angeles</p>
Monday 09:00 PM	<p>Process of Recovery SoCal 2 (WEB0207) - Zoom ID: 88578552639 Zoom Password: 296471 Meeting is scheduled for 100 minutes. 6PM PST Focusing on the BRB. Group originated 6/14/20 We meet 7 days a week.</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 06:00 PM America/Los_Angeles</p>
Monday 09:00 PM	<p>Call2Parent: Becoming Your Own Loving Parent (WEB0551) -</p> <p><b>Focus:</b> Discussion This meeting is focused specifically on identifying, sharing about, practicing and getting support in developing the loving and practical skills in becoming our own Loving Parent.This meeting is a safe space to begin or continue the journey toward developing essential parenting skills walking the path from self-hatred, self-loathing toward unconditional self-love.Contact meeting contact to obtain Zoom information. Meetings Local Time 07:00 PM America/Denver</p>
Monday 09:15 PM	<p>(WEB0215) - We meet online using Zoom. Our meeting is from 6:15-7:45 PM PST. (9:15-10:45 EST) The Zoom meeting ID:179 888 812 Meeting Password: 083849 Dial by your location +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 929 205 6099 US (New York) +1 301 715 8592 US</p> <p><b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 06:15 PM America/Los_Angeles</p>

Monday 09:30 PM	LADYSMITH ACA GROUP (CAN0371) - Please email to ladysmithaca2019@gmail.com for the meeting email link, number and password. Thanks <b>Focus:</b> 12 Step Study Group, Discussion, Fellowship Text 1 hour regular meeting 6:30-7:25 pm, short break, followed by 1 hour step study, meeting closes at approx.8:30pm. Everyone welcome. Meetings Local Time 06:30 PM America/Vancouver
Monday 09:30 PM	ACA NTAC Lakeview (IL0266) - NTAC ACA Monday - we are Zoom only. <a href="https://us02web.zoom.us/j/89745392689?pwd=T3VQNDRzZGxwUHJlQzBGMHhpTnJlPQOT09">https://us02web.zoom.us/j/89745392689?pwd=T3VQNDRzZGxwUHJlQzBGMHhpTnJlPQOT09</a> Meeting ID: 897 4539 2689, Password: 909 We read ACA yellow step workbook, going from beginning to end, reading only. <b>Focus:</b> Fellowship Text Meetings Local Time 08:30 PM America/Chicago
Monday 09:30 PM	ACA Nighttime Meeting (WEB0088) - ACA Nighttime Meeting-To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link. <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 09:30 PM America/New_York
Monday 09:30 PM	Attitude of Gratitude (WEB0249) - We meet on Google Meet please follow this link ACA Attitude of Gratitude Mondays • 8:30 to 9:30 PM central time We meet on ZOOM Unirse a la reunión Zoom <a href="https://us02web.zoom.us/j/4151091269?pwd=a1JYY1lremF5RGxaMjU0Vm9mZ2ODZSdz09">https://us02web.zoom.us/j/4151091269?pwd=a1JYY1lremF5RGxaMjU0Vm9mZ2ODZSdz09</a> ID de reunión: 415 109 1269 Código de acceso: thanks <b>Focus:</b> Book Study, Discussion, Steps Meetings Local Time 08:30 PM America/Mexico_City
Monday 09:45 PM	Loving Parent Guidebook Book Study & Discussion (CA1193) - Now starting at 6:45 pm and will go to 8 pm. Journey with us. All are welcome and valued- newcomers, old timers and anywhere in betweeners :) Zoom meeting ID-993 9799 7363 Password-043594 Join Zoom Meeting <a href="https://zoom.us/j/99397997363?pwd=d3ZKelhOV0wdHZOUmhYMm50M1I0UT0976.4mi">https://zoom.us/j/99397997363?pwd=d3ZKelhOV0wdHZOUmhYMm50M1I0UT0976.4mi</a> <b>Focus:</b> Discussion Loving Parent Guidebook Book Study & Discussion Meetings Local Time 06:45 PM America/Los_Angeles
Monday 09:55 PM	Sydney Lunchtime Club Daily Affirmations (WEB0310) - Lunchtime Club Daily Affirmations Mondays to Fridays at 12.00 pm (noon) Sydney Aust time zone <a href="https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09">https://zoom.us/j/418125471?pwd=RDR3a2JkL0pJYzliYi9qcDZ1SC8xZz09</a> Meeting ID 418 125 471 Password 028589 Hope to see you soon <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 11:55 AM Australia/Sydney
Monday 09:59 PM	(WEB0722) - Focusing on Our Inner Child or True Self ACA Meeting meets every Monday at 7pm PST. Join Zoom ID: 649 260 3613. Meetings Local Time 06:59 PM America/Los_Angeles
Monday 10:00 PM	Unmet & unresolved (WEB0248) - <b>Focus:</b> Discussion <b>Type:</b> Open to All Meetings Local Time 10:00 PM America/New_York

Monday 10:00 PM	<p>Lynnwood Harmony Group (WA174) - Zoom Meeting ID: 844 8996 4338 Passcode: 086995 One tap mobile Dial by your location +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose) +1 301 715 8592 US (Washington DC) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) 18.0 mi</p> <p><b>Focus:</b> Book Study, Discussion, Steps</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 07:00 PM America/Los_Angeles</p>
Monday 10:00 PM	<p>Borrego Springs ACA (CA1432) - Join Zoom Meeting <a href="https://us02web.zoom.us/j/89584073519">https://us02web.zoom.us/j/89584073519</a> Meeting ID: 895 8407 3519 One tap mobile +33170379729,,89584073519# France +33170950103,,89584073519# France Dial by your location +33 1 7037 9729 France +33 1 7095 0103 France +33 1 7095 0350 France +33 7 5678 4048 France +33 1 7037 2246 France Meeting ID: 895 8407 3519 Find your local number: <a href="https://us02web.zoom.us/u/kei3FOQ5wY">https://us02web.zoom.us/u/kei3FOQ5wY</a> password is : borrego</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps</p> <p><b>Notes:</b> Needs Support, Wheelchair Access Needs Support, Wheelchair Access, Meetings Local Time 07:00 PM America/Los_Angeles</p>
Monday 10:00 PM	<p>Soul Sisters (CAN0375) - Soul Sisters Zoom info. 7:00 pm Monday evening PST ID # 824663513 Password 918461</p> <p><b>Focus:</b> Fellowship Text</p> <p><b>Type:</b> Women Only Zoom meeting only We are no longer meeting in person. Meetings Local Time 07:00 PM America/Vancouver</p>
Monday 10:00 PM	<p>Olympic ACA Recovery (WA0235) - 110 E 7th Street, Port Angeles Washington, 98362 Zoom Meeting ID: 823 5549 4794 Password: 576554</p> <p><b>Focus:</b> Book Study, Discussion, Steps We have a weekly reading of the steps, traditions,speaders choice and Red Book. The 5th Monday is a speader meeting. This is a hybrid meeting. Zoom address is: 823 5549 4794 pass code is: 576554. In person meeting is held In Port Angeles, WA at the First United Methodist Church. Parking lot is off 7th Street between US bank and the church. Knock on door and someone will let you in. Zoom address is: 823 5549 4794 pass code is: 576554 Meetings Local Time 07:00 PM America/Los_Angeles</p>
Monday 10:00 PM	<p>The Healing Journey (CA993) - 40 Fifth St., Petaluma California, 94952 <b>Location-- Petaluma, CA--Hybrid---we are meeting in person and on zoom--our location is St John's Church at the corner of 5th and C Streets. Zoom ID: 890-7095-1479 PW: innerchild.</b></p> <p>68.1 mi</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Speaker, Steps</p> <p><b>Notes:</b> Non Smoking Non Smoking, Non Smoking Meetings Local Time 07:00 PM America/Los_Angeles</p>
Monday 10:00 PM	<p>Ladies 12-Step Study (CA1182) (Spanish, English) - We are currently on ZOOM only. Our meeting ID is: 992 7522 8013 and passcode is: 623168. Please contact Deborah K. if you have further questions. Click the Contact This Meeting button below. 22.4 mi</p> <p><b>Focus:</b> 12 Step Study Group, Discussion, Loving Parent Guidebook, Steps</p> <p><b>Type:</b> Women Only</p> <p><b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 07:00 PM America/Los_Angeles</p>

Monday 11:00 PM	ACA- Adult Children of Alcoholics and Dysfunctional Families (WEB0742) - Please contact us for more information. Meetings Local Time 08:00 PM America/Los_Angeles
Tuesday 12:00 AM	Europe's Early Risers (Reparenting /Loving Parent/Tuesday) (WEB0161) - Meeting ID 840-9937-2668 - Password 711 - Audio only, no video. English Speaking. Through reparenting, we challenge our inner critic by reminding ourselves of our strong points. By doing so, we realize that we are not as bad as we thought we were nor are we as noble. We have a balance of positive and problematic traits that we are learning to accept or to address. <b>Focus:</b> Discussion, Fellowship Text <b>Type:</b> Beginners <a href="https://acafellowworldtravelers.com">https://acafellowworldtravelers.com</a> Meetings Local Time 06:00 AM Europe/Amsterdam
Tuesday 12:00 AM	24/7 Adult Children (WEB0098) - 24/7 Message Board: ACA&DF. MEETING TIME DOES NOT APPLY. Come share experience, strength, and hope in our international ANONYMOUS 12 Step forum open to all adult children of alcoholic / dysfunctional families. We have daily readings, gratitude list, personal shares, and more. <a href="https://acoa.activeboard.com/">https://acoa.activeboard.com/</a> <b>Focus:</b> 12 Step Study Group, Discussion Meetings Local Time 12:00 AM America/New_York
Tuesday 00:30 AM	Monday Maui ACA Zoom Book Study and Sharing (WEB0243) - Zoom Meeting ID: 629 552 9668, Passcode: 54321 <b>Focus:</b> Book Study, Discussion Contact email: mauimondayacaonline@gmail.com Meetings Local Time 06:30 PM Pacific/Honolulu
Tuesday 01:00 AM	NZ Studies Critical Parent (WEB0838) - <b>Focus:</b> Loving Parent Guidebook Critical Parent Study. Two hours. Screen share participation. Audio only. Locked 30 mins after start. WAG chat group attached. Ongoing study. We read from chapters 5, 11, 19 and Appendix A of the LPG. Meeting id is 2020434320 and password is Ucandoit. Meetings Local Time 05:00 PM Pacific/Auckland
Tuesday 01:15 AM	Przysta? na Mazurach (WEB0773) - Konarskiego, 13 lok. 1, Gi?ycko , 11-500 We stay together on meeting as long as needed. For link to Skype meeting write on: przystan.na.mazurach@gmail.com <b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Steps <b>Notes:</b> Non Smoking, Wheelchair Access Non Smoking, Wheelchair Access, On Polish public holidays we meet at 8:30 AM Meetings Local Time 07:15 AM Europe/Berlin
Tuesday 02:00 AM	Doverye (WEB0776) (???????) - ??????? ?????????? ? Zoom. ?????? ?? ??? ???? ?????????????? ? Telegram-?????: <a href="https://t.me/VDADoverie">https://t.me/VDADoverie</a> <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Speaker, Steps, Workshop ?? ??????? 9-10 ??????? ??????? ? ??????. ????? ?????? ??????? ??????? ?? ?????? ??? ??????? ?????????? ? Zoom. ?????????? ? ?????????? ? ????? ?????????? ????? ???? ???????: <a href="https://sites.google.com/view/vdadoverie">https://sites.google.com/view/vdadoverie</a> Meetings Local Time 09:00 AM Europe/Moscow

<p>Tuesday 03:00 AM</p>	<p>ACA Auckland Tuesday - Camera On Only (NZL0009) (English) - Camera On Meeting Only  <a href="https://us02web.zoom.us/j/4615211202?pwd=bnpwbdDNNQVIINDFDQ1B3Z0FBbUMxZz09">https://us02web.zoom.us/j/4615211202?pwd=bnpwbdDNNQVIINDFDQ1B3Z0FBbUMxZz09</a>  Meeting ID: 461 521 1202 Passcode: 123567  Search Terms, New Zealand, Auckland, Aotearoa  <b>Focus:</b> Book Study  <b>Type:</b> Beginners  <b>Notes:</b> Non Smoking Non Smoking, Online Big Red Book reading and sharing. Search Terms, New Zealand Auckland Aotearoa Meetings Local Time 07:00 PM Pacific/Auckland</p>
<p>Tuesday 03:30 AM</p>	<p>Tuesday Brussels International (WEB0539) -  <b>Focus:</b> Fellowship Text  <b>Type:</b> ACA Teen (Ages 12 to 18), Beginners, LGBT+, People of Color, Secular/Agnostic/Atheist, Young Adult (Ages 18 to 26) Meetings Local Time 09:30 AM Europe/Berlin</p>
<p>Tuesday 04:00 AM</p>	<p>ACOA Experience - By Tony A (WEB0721) - “The ACoA Experience - by Tony A” Every Tuesday at 6pm (Sydney, Australia time zone)  Zoom: 999-3559-8599   Pass: ACASydney  More info available at: ACoA Sydney.com.au    <b>Focus:</b> Book Study, Discussion, Fellowship Text  <b>Type:</b> Beginners  We read from Tony A’s book (shared via Kindle), and have four minute shares. Erskineville, AU online meeting welcomes all ACAs - especially beginners! All readings will be shared on screen. Meetings Local Time 06:00 PM Australia/Sydney</p>
<p>Tuesday 04:30 AM</p>	<p>ACA Gold Coast (Hurting to Healing to Helping) (WEB0770) -  <a href="https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwZGZPNzU5NSmRoWURvaWdkdz">https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwZGZPNzU5NSmRoWURvaWdkdz</a>  ID 837 4233 6015 Password 56 37 27  <b>Focus:</b> Fellowship Text ACA Gold Coast Hurting to Healing to Helping Tuesday 6:30pm - 7:40pm  <a href="https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwZGZPNzU5NSmRoWURvaWdkdz">https://us02web.zoom.us/j/83742336015?pwd=MTFmOXIwZGZPNzU5NSmRoWURvaWdkdz</a>  837 4233 6015 Password 563 727 Reading from Strengthening my Recovery 1st Tuesday: Step 2nd Tuesday: Promise 3rd Tuesday: Trait 4th Tuesday: Tradition 5th Tuesday: Tool Meetings Local Time 06:30 PM Australia/Brisbane</p>
<p>Tuesday 05:00 AM</p>	<p>Machida BRB (JPN006) (Japanese(English is available on the second Sunday only.)) - Morino 1-1-15, Machida City Tokyo, 194-0022 ?Held online(Japanese) ?Meetings for Japanese living abroad Preference will be given to Japanese living abroad, but other participants are also welcome. ?Second Sunday If you would like to participate, please contact us by email. ?Held online(Japanese) ?First Tuesday and Third Friday 6pm. ?Held at council room. ?The second Wednesday If you would like to participate, please contact us by email.  <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Speaker, Steps  <b>Type:</b> Beginners  <b>Notes:</b> Needs Support, Non Smoking Needs Support, Non Smoking, If you have any requests for step work, inner child work, etc., please do not hesitate to contact us. Meetings Local Time 06:00 PM Asia/Tokyo</p>

Tuesday 05:00 AM	<p>Hashimoto wing (JPN0001) - 6-2-1 Hashimoto, Midori Ward, Sagamihara Kanagawa, 252-0311 ?Held online(Japanese) ?Third Tuesday and Third Friday. ?zoom ?Held at Soleii Sagami or Sun yell Sagamihara and online. ?Forth Thursday If you would like to participate, please contact us by email.</p> <p><b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Speaker, Steps</p> <p><b>Type:</b> Beginners</p> <p><b>Notes:</b> Needs Support, Non Smoking Needs Support, Non Smoking, If you have any requests for step work, inner child work, etc., please do not hesitate to contact us.</p> <p>Meetings Local Time 06:00 PM Asia/Tokyo</p>
Tuesday 05:00 AM	<p>Yarraville Red Book Topic meeting (AUS0084) - Zoom link:  <a href="https://us02web.zoom.us/j/86051998002?pwd=elhzU3ZvOHl5ZEJldGpZWXRvRkZHQQT09">https://us02web.zoom.us/j/86051998002?pwd=elhzU3ZvOHl5ZEJldGpZWXRvRkZHQQT09</a>  Meeting ID: 860 5199 8002 Passcode: 741937</p> <p><b>Focus:</b> Fellowship Text Reading and sharing from the ACA Big Red Book Meetings</p> <p>Local Time 07:00 PM Australia/Melbourne</p>
Tuesday 06:00 AM	<p>Gnesta ACA (SWE0167) - Juristgatan 2 A, Gnesta Sodermanland, 646 32 take the stairs down to the basement on the corner</p> <p><b>Notes:</b> Fragrance Free, Non Smoking Fragrance Free, Non Smoking, During pandemic it is possible to take part by distance via zoom. Please mail for login details. Meetings</p> <p>Local Time 12:00 PM Europe/Berlin</p>
Tuesday 06:00 AM	<p>Europe's Tuesday lunch @ Noon (Reparenting /Loving Parent) (WEB0168) - 12 pm Amsterdam Netherlands time /11 am London time Zoom Id: 839-5786-4261 - Password 711 - Audio only - No Video</p> <p><b>Focus:</b> Discussion, Fellowship Text</p> <p><b>Type:</b> Beginners Meetings Local Time 12:00 PM Europe/Amsterdam</p>
Tuesday 06:00 AM	<p>ACA BRB Granville Tues 8pm (WEB0791) - [Join Meeting](<a href="http://zoom.us/j/99935598599">http://zoom.us/j/99935598599</a>) Meeting ID: 999 3559 8599 Password: ACASydney <a href="http://acoasydney.com.au/meetings/">http://acoasydney.com.au/meetings/</a></p> <p><b>Focus:</b> Book Study, Fellowship Text This is an ACA Big Red Book meeting. We alternate shares with readings from the ACA Fellowship Text. Meetings</p> <p>Local Time 08:00 PM Australia/Sydney</p>
Tuesday 06:00 AM	<p>Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828</p> <p><b>Focus:</b> Discussion</p> <p><b>Type:</b> Beginners Meetings Local Time 11:00 AM Europe/London</p>
Tuesday 06:30 AM	<p>Hope and Change (THA0010) - 9/37-38 Ekkamai Sukhumvit Soi 63, Bangkok Bangkok, 10110 This is a Virtual Meeting and will be until further notice. We hope to be back in person soon and will update when that happens. Join Zoom Meeting <a href="https://us02web.zoom.us/j/86367528370?pwd=QWFGRWm9mOU9uaDRiQXJBNm82dGRqZz09">https://us02web.zoom.us/j/86367528370?pwd=QWFGRWm9mOU9uaDRiQXJBNm82dGRqZz09</a>  Meeting ID: 863 6752 8370 Passcode: 658491</p> <p><b>Focus:</b> Steps, Workshop Step 7 Laundry List workbook workshop meeting Meetings</p> <p>Local Time 05:30 PM Asia/Bangkok</p>

Tuesday 07:00 AM	<p>ACA Inner Peace Room Groep (WEB0575) (Nederlands) - De ACA Inner PeaceRoom groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom!</p> <p><b>Focus:</b> Book Study, Fellowship Text De ACA Inner Peace Room groep is een Skypechat met online bijeenkomsten. Iedere middag van 13-14 uur, en op maandag, woensdag, donderdag, vrijdag en zaterdag ook in de avond van 19-20uur. Bijeenkomsten zijn 'on demand' en gaan door bij voldoende belangstelling. Je kunt worden toegevoegd aan de Skypechat door een e-mail bericht te sturen naar: <a href="mailto:aca.innerpeace@outlook.com">aca.innerpeace@outlook.com</a> Welkom! Meetings Local Time 01:00 PM Europe/Amsterdam</p>
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<p>Tuesday 07:00 AM</p>	<p>WeAgnostics (Express Check-In) (WEB0616) - The Zoom information is the SAME for ALL WeAgnostics meetings. All information on how to access the meeting is below the meeting description.</p> <p>WeAgnostics is open to everyone in ACA. If you are atheist, agnostic, a freethinker, humanist, uncomfortable with the religious language in ACA literature, questioning what Higher Power means to you, or simply looking for a new meeting, then this group might be for you.</p> <p>We are not angry atheists or against a Higher Power. We believe in personal accountability and that ACA recovery can be successful with or without “god.” We acknowledge a Judeo/Christian Higher Power does not work for everyone. If you’d like a secular approach to the 12-steps, we invite you to join us.</p> <p>WeAgnostics supports the following meetings. Note that ALL times are USA Eastern Time</p> <p>Monday 7:00 AM  Tuesday 7:00 AM  Wednesday 7:00 AM (Starts May 4th 2022)  Wednesday 6:00 PM (Beginner’s Meeting - 1st &amp; 3rd Wednesday of the month)  Thursday 6:00 PM  Friday 7:00 AM  Friday 7:30 PM (2nd &amp; 4th Friday of the month)  Sunday 6:00 PM</p> <p>There is only one requirement for ACA membership: the desire to recover from the effects of family dysfunction.  Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81437276969">https://us02web.zoom.us/j/81437276969</a>  Meeting ID: 814 3727 6969  Password: 247365</p> <p>Access the meeting by telephone:  Dial by your location  +1 312 626 6799 US (Chicago)  +1 929 205 6099 US (New York)  +1 346 248 7799 US (Houston)  +1 669 900 6833 US (San Jose)  +1 253 215 8782 US (Tacoma)</p> <p>Meeting ID: 814 3727 6969  Password: 247365</p> <p><b>Type:</b> Secular/Agnostic/Atheist Meetings Local Time 07:00 AM America/New_York</p>
<p>Tuesday 07:00 AM</p>	<p>RI Area Morning (WEB0793) (English, US) - <a href="https://www.riareaaca.org/meeting-info.html">https://www.riareaaca.org/meeting-info.html</a>  <b>Focus:</b> Book Study Meetings Local Time 07:00 AM America/New_York</p>



Tuesday 07:30 AM	(WEB0811) - Please contact meeting contact for zoom ID and password <b>Focus:</b> Book Study Meetings Local Time 06:30 AM America/Chicago
Tuesday 07:30 AM	Becoming Your Own Loving Parent (WEB0582) - 10 Sinarar Drive, 11th Floor, Singapore , 307506 Zoom meeting ID: 829 2859 4891 passcode: 943106. Meeting format is - "Meeting your inner child on the beach" meditation followed by 8 minutes of connecting with inner child in silence using tool of your choice followed by group sharing. <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 07:30 PM Asia/Singapore
Tuesday 07:30 AM	Strengthening my Recovery Meditation Meeting (WEB0120) - ZOOM MEETING ID: 886 8839 0978 [NO PASSWORD NEEDED]    Meeting opens daily by 7:15 AM ET. The room closes at 7:35 AM ET    Dial in: +1 646 558 8656 US (New York)    Zoom Link: <a href="https://us04web.zoom.us/j/88688390978">https://us04web.zoom.us/j/88688390978</a> ***** Other Dial-in numbers: +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose)   To Find your dial-in number: <a href="https://us02web.zoom.us/j/kcEsR2PF1V">https://us02web.zoom.us/j/kcEsR2PF1V</a> ***** [For more information, email us at <a href="mailto:info@acamorning.org">info@acamorning.org</a> ] <b>Focus:</b> Fellowship Text Daily reader, 2min meditation, popcorn shares, closing reading and second round of shares. Meetings Local Time 07:30 AM America/New_York
Tuesday 08:00 AM	Sanctuary Without Borders (WEB0111) - Sanctuary Without Borders: A safe virtual space for DAILY zoom-based ACA meetings. Newcomers welcome! Daily 6am: Strengthening My Recovery reader/Big Red Book; Daily 8am: Strengthening My Recovery reader; M-F 12 Noon-12:45pm : host choice; Daily 7pm: various formats including Big Red Book, Loving Inner Parent, ACA literature, Creative Recovery, speaker, and host's choice. Password changes monthly. Contact <a href="mailto:sanctuaryWOBorders@gmail.com">sanctuaryWOBorders@gmail.com</a> for the welcome letter which includes the current meeting schedule, description, and ZOOM access. Because anonymity and safety are priorities, please ensure your email protects your privacy (such as last name, signature lines, or business address). <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Loving Parent Guidebook, Speaker, Steps Meetings Local Time 08:00 AM America/New_York
Tuesday 08:00 AM	Taipei ACA (TWN0001) - Please contact us for meeting details. <b>Focus:</b> Discussion, Fellowship Text Meetings Local Time 08:00 PM Asia/Taipei
Tuesday 08:00 AM	Taipei Tuesday Night ACA Group (WEB0354) - Taipei Tuesday Night ACA Group is inviting you to a scheduled Zoom meeting. Topic: ACA Daily Affirmations/ACA Big Red Book Time: Tuesdays 20:00 Taiwan (GMT+8) Host location: Taipei, Taiwan Join Zoom Meeting: <a href="https://us02web.zoom.us/j/89671032766?pwd=YllSbXNXT0JDbVpuSGRzUk93K1M4QT09">https://us02web.zoom.us/j/89671032766?pwd=YllSbXNXT0JDbVpuSGRzUk93K1M4QT09</a> Meeting ID: 896 7103 2766 Passcode: 962175 <b>Focus:</b> Fellowship Text Daily Affirmations/Big Red Book Meetings Local Time 08:00 PM Asia/Taipei
Tuesday 08:30 AM	Easy Morning Meditation (WEB0301) - Zoom meeting ID #:84649267470 Passcode 202020 NOTE: Meeting closes at capacity of 25 ppl. We read from the Strengthening My Recovery Daily Reader, followed by the cited excerpt from the Big Red Book. <b>Focus:</b> Fellowship Text This meeting has a capacity of 25 members. Meetings Local Time 08:30 AM America/New_York
Tuesday 09:00 AM	ACASerenitySisters (WEB0638) - Text Helen for meeting ID and password at 830 401 9428 or email us at <a href="mailto:serenityacagroup@gmail.com">serenityacagroup@gmail.com</a> Meetings Local Time 08:00 AM America/Mexico_City

Tuesday 09:00 AM	Ascension--Zoom (WEB0321) - Zoom ID: 737 2755 5432 Passcode: 875942 Meetings Local Time 09:00 AM America/New_York
Tuesday 09:30 AM	Tuesday London: Becoming Your Own Loving Parent online (GBR0016) - Meeting duration: 75 mins. Join URL <a href="https://us02web.zoom.us/j/81743073752?pwd=RXR2Mkc4Y3UxcjBPN01scktKUEltUT09">https://us02web.zoom.us/j/81743073752?pwd=RXR2Mkc4Y3UxcjBPN01scktKUEltUT09</a> , Meeting ID 817 4307 3752 , Meeting Code byolp12 All ACAs welcome. <b>Focus:</b> Book Study, Discussion Meetings Local Time 02:30 PM Europe/London
Tuesday 09:30 AM	ACA Chandigarh group (WEB0713) (English and Hindi) - We are now on Zoom. The link is: <a href="https://us02web.zoom.us/j/83098515260?pwd=QkILYURFMXJLbVJRbjdjRkJlNFYrUT09">https://us02web.zoom.us/j/83098515260?pwd=QkILYURFMXJLbVJRbjdjRkJlNFYrUT09</a> Meeting ID : 83098515260 Passcode : 975891 Meetings Local Time 07:00 PM Asia/Kolkata
Tuesday 09:30 AM	Nairobi Tuesday Big Book (KEN0004) - Anderson Centre, Nairobi Nairobi, 00100 Meeting Venue - Nairobi Hospital - 10th floor, lecturers office, (last office on the left) Hybrid meeting; Zoom link - Zoom ID 934 239 4950 passcode: ACAKE <b>Focus:</b> Book Study Meetings Local Time 04:30 PM Africa/Nairobi
Tuesday 10:00 AM	Men's Yellow Workbook Step Study (WEB0448) - Meeting ID 208 340 359. Password 418867 Meets 7:00 am MST-Arizona <b>Focus:</b> Discussion, Fellowship Text <b>Type:</b> Men-Only This meeting is registered AZ 0135. Have not been able to make changes on WSO website Meetings Local Time 07:00 AM America/Phoenix

<p>Tuesday 10:00 AM</p>	<p>Ready Set GO!! (WEB0824) - ?? READY SET GO!! ?? ?? RSG's original 6 week, 2 hour closed meetings/workshop ?? ?? TUESDAYS, MAY 17, 24, 31, JUNE 7, 14, 21. 2022 ?? ?? 9:00am CT, 10am ET, 7:00am PT, 8:00am MT ?? ADD YOUR OWN TIME ZONE FOR THIS SESSION:  <a href="https://time.is/0900AM_17_May_2022_in_CT/ET/PT/MT/United_Kingdom/South_Africa/Canada">https://time.is/0900AM_17_May_2022_in_CT/ET/PT/MT/United_Kingdom/South_Africa/Canada</a>          (Click on link then click on open link) ?? Join Zoom Meeting:  <a href="https://us02web.zoom.us/j/85630389240?pwd=bnJqZlFKV0pKYVZlNkV3WlkvZzgxUT09">https://us02web.zoom.us/j/85630389240?pwd=bnJqZlFKV0pKYVZlNkV3WlkvZzgxUT09</a>          Meeting ID: 856 3038 9240 Passcode: RSG6 One tap mobile          +13126266799,,85630389240#,,, *102461# US (Chicago)          +13017158592,,85630389240#,,, *102461# US (Washington DC) Dial by your location +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington DC) +1929 436 2866 US (New York) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) Meeting ID: 856 3038 9240 Passcode: 102461 Find your local number: <a href="https://us02web.zoom.us/j/85630389240?pwd=bnJqZlFKV0pKYVZlNkV3WlkvZzgxUT09">https://us02web.zoom.us/j/85630389240?pwd=bnJqZlFKV0pKYVZlNkV3WlkvZzgxUT09</a> ?? ?? RSG Meetings/Workshop are closed meetings (ACAs only) introducing the ACA program, ACA 12 Steps, and Inner Child Workshop "Awakening My Little One" in 6 weeks. ?? ?? Week 1: Introduction, Steps 1, 2, 3 ?? ?? Week 2: Steps 4, 5 ?? ?? Week 3: Steps 6, 7, 8, 9 ?? ?? Week 4: Steps 10, 11, 12 ?? ?? Week 5: Part 1 - RSG Inner Child Workshop ?? ?? Week 6: Part 2 - RSG Inner Child Workshop ?? ?? Suggested 6 consecutive meetings attendance for more benefits. ?? ?? Click on the link and click on 'open the link' (or copy and paste the link) to get your RSG weekly material and other important RSG info and documents. Read the Zoom Participant Email23 first and the flyers before attending RSG:  <a href="https://drive.google.com/drive/folders/1pAjkUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true">https://drive.google.com/drive/folders/1pAjkUD35MtBbKZzRG2Jmyhh1BLxaaFpA?ths=true</a>          Click the link (and/or click on open link) ?? ?? ?? ?? In the meantime for a summary of Ready Set GO!! You will be able to view and listen to the RSG DVD rough draft presentation which runs 54 minutes. Click on the link and click on 'open the link' or copy and paste this link:  <a href="https://www.dropbox.com/s/5j6j4t58ulrii81/RSG_SLIDESHOW_5_3_21.m4v?dl=0.??">https://www.dropbox.com/s/5j6j4t58ulrii81/RSG_SLIDESHOW_5_3_21.m4v?dl=0.??</a>          ??  <b>Focus:</b> Steps, Workshop  <b>Type:</b> Beginners RSG is especially developed for newcomers while also being beneficial to the experienced members. RSG is for all ACA members. Meetings Local Time 09:00 AM America/Chicago</p>
<p>Tuesday 10:00 AM</p>	<p>(WEB0574) -  <b>Focus:</b> Discussion Meeting link will be sent upon email inquiry Meetings Local Time 04:00 PM Europe/Berlin</p>
<p>Tuesday 10:00 AM</p>	<p>ACA Womens Loving Parent Guide Book (WEB0665) - For ID and Passcode please text/call/email Lisa in CA 818.445.9901 or AcaRecoverySisters@gmail.com  <b>Type:</b> Women Only Meetings Local Time 07:00 AM America/Los_Angeles</p>
<p>Tuesday 10:00 AM</p>	<p>ACA Daily Affirmations (WEB0394) - We read from the ACA Daily Affirmations, Strengthening My Recovery and then 3 min shares. A link to the daily reading can be found here: <a href="https://adultchildren.org/meditation/">https://adultchildren.org/meditation/</a> Zoom: 843 1083 1627 Passcode: 1234  <b>Focus:</b> Book Study Meetings Local Time 07:00 AM America/Los_Angeles</p>

Tuesday 11:00 AM	<p>(WEB0588) - <b>Esta reunión no tiene ninguna información de contacto pública, que es un requisito. Si tiene información al respecto, envíenos un correo electrónico a <a href="mailto:meetings@acawso.org">meetings@acawso.org</a>. De lo contrario, se eliminará de la lista de reuniones el 5 de junio de 2022.</b></p> <p>Emilio jofre 541, mendoza, Argentina. 5.500  <b>Focus:</b> Speaker  <b>Type:</b> Women Only  <b>Notes:</b> Smoking Smoking, Meetings Local Time 12:00 PM  America/Argentina/Buenos_Aires</p>
Tuesday 11:00 AM	<p>Acaenlinea (WEB0077) - VISIT <a href="http://WWW.ACASPAIN.ORG">WWW.ACASPAIN.ORG</a> o contacta el usuario: acaenlinea en skype, antes de la reunión, para solicitar la entrada.  <b>Focus:</b> Book Study, Steps Meetings Local Time 05:00 PM Europe/Madrid</p>
Tuesday 11:00 AM	<p>BRB Meeting (WEB0352) - <a href="https://us02web.zoom.us/j/304812423">https://us02web.zoom.us/j/304812423</a> Zoom ID 304 812 423  <b>Focus:</b> Book Study, Discussion, Steps This is an open meeting to read passages from the Big Red Book then have open share and reflection of reading or get current. This is a camera on meeting. Meetings Local Time 07:00 PM Asia/Dubai</p>
Tuesday 11:00 AM	<p>Limerick ACA . Ireland (WEB0709) - Our meeting runs for 90 minutes. Zoom number 2513535828  <b>Focus:</b> Discussion  <b>Type:</b> Beginners Meetings Local Time 04:00 PM Europe/London</p>
Tuesday 11:30 AM	<p>Fellow travelers Tony A. workgroup (WEB0753) -  <b>Focus:</b> 12 Step Study Group, Book Study, Steps, Workshop We are the Fellow Travelers Tony A work group and we study the ACoA experience workbook, Written by Tony A. We are closed at the moment while we work the Tony A. steps but will open up again once we move on to the Laundry list. Meetings Local Time 08:30 AM  America/Los_Angeles</p>
Tuesday 12:00 PM	<p>Europe's Tuesday evening (ACA's daily meditation – Strengthening My Recovery) (WEB0176) - --- 6pm Amsterdam / 5 pm London -Zoom ID: 897-5666-7090 - - - Password 711 - English speaking meeting - Audio only, please do not use your video - . - For information visit <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a> - - - Strengthening My Recovery is written by and for the Adult Children of Alcoholics/Dysfunctional Families Fellowship. With 365 daily shares, each paired with a meaningful quotation from the ACA Fellowship Text, this meditation book will inspire its readers.  <b>Focus:</b> Fellowship Text  <b>Notes:</b> Needs Support Needs Support, <a href="https://acafellowworldtravelers.com/">https://acafellowworldtravelers.com/</a> Meetings Local Time 06:00 PM Europe/Amsterdam</p>
Tuesday 12:00 PM	<p>Men's Meeting - Becoming Your Own Loving Parent (WEB0554) - Contact us for more information.  <b>Type:</b> Men-Only Meetings Local Time 05:00 PM Europe/London</p>

<p>Tuesday 12:00 PM</p>	<p>Aspec ACA (WEB0570) - <b>This meeting doesn't have any public contact information, which is a requirement. If you have information about it, please email us at meetings@acawso.org. Otherwise, it will be removed from the meeting list on June 5, 2022.</b></p> <p>Please join the WhatsApp group to get this meeting to happen. It does not have an organized leadership structure at this time.  <a href="https://chat.whatsapp.com/Hc308wBWT1b5UL13LYff0t">https://chat.whatsapp.com/Hc308wBWT1b5UL13LYff0t</a>  <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Fellowship Text, Speaker, Steps  <b>Type:</b> LGBT+  <b>Notes:</b> Non Smoking Non Smoking, For anyone on the Aromantic/Asexual/Aplatonic spectrum. Meetings Local Time 12:00 PM America/New_York</p>
<p>Tuesday 12:00 PM</p>	<p>ACA Ihmelapset (WEB0815) - We have Meetings on Discord server called Kohtaamispaikka: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a>  <b>Focus:</b> 12 Step Study Group, Book Study, Discussion, Speaker, Steps Linkki  Kohtaamispaikalle: <a href="https://discord.gg/GKfGUN8">https://discord.gg/GKfGUN8</a>  1. Luo itsellesi tunnus ja kirjaudu sisään.  2. Toimii selaimella tietokoneella tai sovelluksella puhelimella (sovellus ilmainen sovelluskaupoissa)  3. Liity kokoukseen klikkaamalla puhekanavaa ACA-Ihmelapset liittymällä kokoukseen.  4. #yleinen keskustelu -tekstikanava on tarkoitettu tekniseen tukeen kokousten aikana.  Meetings Local Time 07:00 PM Europe/Helsinki</p>
<p>Tuesday 12:00 PM</p>	<p>Women's ACA Yellow Workbook Step Study with Relationship Focus (WEB0697) - For ID and Passcode please text/call or email Lisa in Ca 818.445.9901 or email <a href="mailto:AcaRecoverySisters@gmail.com">AcaRecoverySisters@gmail.com</a>  <b>Focus:</b> 12 Step Study Group  <b>Type:</b> Women Only Meetings Local Time 09:00 AM America/Los_Angeles</p>
<p>Tuesday 12:00 PM</p>	<p>ACA CHAT (WEB0092) - Go to <a href="https://acachat.com/">https://acachat.com/</a> and click to enter Chat.  <ul style="list-style-type: none"> <li>• Register a username and then login with it.</li> <li>• Meetings are text-based (no video) and take place in the Meeting Room.</li> <li>• Main Chat Rooms are open 24/7/365 for fellowship, fun, and support.</li> <li>• Current as of April 2022!</li> </ul> <b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook, Steps Meetings Local Time 12:00 PM America/New_York</p>
<p>Tuesday 12:00 PM</p>	<p>Chapel Hill (WEB0706) - Contact us for Zoom information: <a href="mailto:acachapelhill@gmail.com">acachapelhill@gmail.com</a>  EVERYDAY AT NOON EST  Monday - Laundry List Workbook  Tuesday - Topic Meeting  Wednesday - Big Red Book  Thursday - Traditions  Friday - Loving Parent Guidebook  Saturday - Topic Meeting  Sunday - Beginners Meeting  <b>Focus:</b> Book Study, Discussion, Fellowship Text, Laundry Lists Workbook, Loving Parent Guidebook Meetings Local Time 12:00 PM America/New_York</p>

Tuesday 12:00 PM	<p>ACOA Chattanooga and Beyond (WEB0155) - Please join us on Zoom at 12PM EST. This meeting begins with the ACA Daily Affirmation, followed by an open discussion. LGBTQ+ friendly. We welcome you! This is a closed meeting for those identifying as ACA's only. The Zoom ID is 236-555-662. The passord is CHATTACA. Alternatively, here is the link to enter the meeting:  <a href="https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw">https://us04web.zoom.us/j/236555662?pwd=DVlukw_GLdKwIumekTziMw</a></p> <p><b>Focus:</b> Discussion  <b>Type:</b> LGBT+ Meetings Local Time 12:00 PM America/New_York</p>
Tuesday 12:00 PM	<p>Back to Basics ACA (WI0150) - Our Zoom meetings (11:00am, CST), usually last 60-90 minutes and we are currently studying the BRB. Recent Group Conscience decision to open meeting to all. Meeting ID: 990531572, PW: 252666.</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text, Steps  <b>Type:</b> ACA Teen (Ages 12 to 18), Beginners, People of Color, Young Adult (Ages 18 to 26) Introductory readings followed by BRB reading and discussion. Meetings Local Time 11:00 AM America/Chicago</p>
Tuesday 12:00 PM	<p>What About That Laundry List? (FL0254) - ZOOM ONLY Zoom ID# 432860084 Password 135048 7.5 mi</p> <p><b>Focus:</b> Discussion, Fellowship Text Non Smoking Meetings Local Time 12:00 PM America/New_York</p>
Tuesday 12:30 PM	<p>EADA France du mardi (WEB0269) - Réunion Skype en français Pour être invité, merci d'envoyer votre identifiant skype à eadafrancemardi@gmail.com</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Méditation du jour extraite du livre  Meetings Local Time 06:30 PM Europe/Paris</p>
Tuesday 01:00 PM	<p>Laundry Tuesday (WEB0062) - Skype Name live:laundry.tuesday - 19:00 CET Online Skype Meeting - send Skype message or contact request to: Laundry Tuesday (skypename: live:laundry.tuesday) - (18:00 GMT, 1:00pm EST)</p> <p><b>Focus:</b> Discussion, Fellowship Text  <b>Type:</b> ACAs only (Closed) Meetings Local Time 01:00 PM America/New_York</p>
Tuesday 01:00 PM	<p>ACA Meeting german online (WEB0231) - Go to Meeting Infos und Zugang per Mail erfragen.</p> <p><b>Focus:</b> Book Study, Discussion, Fellowship Text Meetings Local Time 07:00 PM Europe/Berlin</p>
Tuesday 01:00 PM	<p>Tony A's Way • ACOA Step Study Using Tony A's 12 Steps (WEB0788) - We meet every week. Tuesday 10am PST/ 1pm EST / 6pm GMT / 7pm CET / Wednesday 5am AEST / 7am NZDT Meeting ID: 871 4829 9229 Passcode: 1TrueSelf  <a href="https://us02web.zoom.us/j/87148299229?pwd=NnFWMVlpY0ZUMmtSMW8xbC9hN1BPdz09">https://us02web.zoom.us/j/87148299229?pwd=NnFWMVlpY0ZUMmtSMW8xbC9hN1BPdz09</a></p> <p><b>Focus:</b> 12 Step Study Group, Discussion, Steps All study materials provided. Meetings Local Time 10:00 AM America/Los_Angeles</p>

<p>Tuesday 01:00 PM</p>	<p>Downers Grove 12 Noon ACA Meeting (IL193) - ? DOWNERS GROVE ?-Due to the Cornoavirus ? face to face switching to ZOOM. ??Join online or by telephone. ??More Info: Toni acatoni5617@comcast.net Join Zoom Meeting  <a href="https://us02web.zoom.us/j/82133167362?pwd=TnpXZ0RKR29JN0UxSFVKZGJ4TmZkUT09">https://us02web.zoom.us/j/82133167362?pwd=TnpXZ0RKR29JN0UxSFVKZGJ4TmZkUT09</a>  Meeting ID: 821 3316 7362 Passcode: 828293 One tap mobile  +13126266799,,82133167362#,,, *828293# US (Chicago)  +13017158592,,82133167362#,,, *828293# US (Washington DC) Dial by your location +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Washington DC) +1929 436 2866 US (New York) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 6833 US (San Jose) Meeting ID: 821 3316 7362 Passcode: 828293 Find your local number: <a href="https://us02web.zoom.us/u/kem1N2goYm">https://us02web.zoom.us/u/kem1N2goYm</a> ??Waiting room will utilized for late entries. ??Join online or by telephone Meetings Local Time 12:00 PM America/Chicago 35.5 mi  <b>Focus:</b> Book Study, Fellowship Text, Steps  <b>Type:</b> Beginners  <b>Notes:</b> Non Smoking Non Smoking, 12 Noon Central Time Meetings Local Time 12:00 PM America/Chicago</p>
<p>Tuesday 01:30 PM</p>	<p>Adult Children of Alcoholics/Dysfunctional Families (CA1420) - 10:30am-12pm PST Join Zoom Meeting  <a href="https://us02web.zoom.us/j/82062055906?pwd=TzFVZFVFc0lGR20zaGR1eXNTYy9Xdz09">https://us02web.zoom.us/j/82062055906?pwd=TzFVZFVFc0lGR20zaGR1eXNTYy9Xdz09</a>  Meeting ID: 820 6205 5906 Password: 835611 One tap mobile  +16699006833,,82062055906# US (San Jose) +12532158782,,82062055906# US (Tacoma) Dial by your location +1 669 900 6833 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 646 876 9923 US (New York) +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago) Meeting ID: 820 6205 5906 Find your local number: <a href="https://us02web.zoom.us/u/keuAFV5S6b">https://us02web.zoom.us/u/keuAFV5S6b</a>  <b>Focus:</b> Book Study, Discussion <a href="https://tinyurl.com/ACALiterature">https://tinyurl.com/ACALiterature</a> Meetings Local Time 10:30 AM America/Los_Angeles</p>
<p>Tuesday 02:00 PM</p>	<p>ACA Women's (WEB0502) - Different focuses Tues: Taking our program to work. Chapter 14 BRB. Thurs &amp; Sat: 12 Steps Yellow Workbook Sat:BRB For ID and Passcode Please Call/Text Lisa in Ca 818.445.9901 or Email ACARecoverySisters@gmail.com Come join us :)  <b>Focus:</b> 12 Step Study Group, Book Study, Fellowship Text, Steps  <b>Type:</b> Women Only Meetings Local Time 11:00 AM America/Los_Angeles</p>
<p>Tuesday 02:00 PM</p>	<p>ACA Sunlight Red Book Study Zoom (CA1457) - - See <a href="http://acanorcal.com">acanorcal.com</a> for a list of our zoom meetings or send email to <a href="mailto:acanorcalzoom@gmail.com">acanorcalzoom@gmail.com</a>.  <b>Focus:</b> Book Study, Fellowship Text  <b>Notes:</b> Non Smoking Non Smoking, Meetings Local Time 11:00 AM America/Los_Angeles</p>
<p>Tuesday 02:00 PM</p>	<p>ACA Afternoon Meeting (WEB0085) - To join any of our meetings, go to StepChat.com and click on the 'Login to Chat Now' link. Click on the word REGISTER at the top to choose your username and password. Login and click on the ACA Meeting Room link.  <b>Focus:</b> Discussion, Fellowship Text Login to Lounge. 3-dot menu for Room List.  Meetings Local Time 02:00 PM America/New_York</p>
<p>Tuesday 02:00 PM</p>	<p>Brighton (GBR0005) - Zoom Meeting ID 87344760949 Passcode 800004  <b>Focus:</b> Fellowship Text, Steps Meetings Local Time 07:00 PM Europe/London</p>

Tuesday 02:00 PM	<p>You Are Worth It Midwest (WEB0848) -</p> <p><b>Focus:</b> 12 Step Study Group, Steps Yellow Workbook Study Meeting. Are you just starting on working your steps and want to find a set of fellow travelers to join you? I am seeking 5-6 fellow travelers to meet at least weekly (twice a week, if possible) to work through our steps together. We will use the yellow workbook but will not read the book out loud during the study. We will do our homework outside of the meetings and then come to the room to share. I am starting this on 5/31/22 and hope to have a few folks join that first time. I would like to have a group conscience decide but my initial intention is to take this off the listing once we find a group of regulars and complete Step 3. We will use the following URL for the meeting each week <a href="https://meet.google.com/xun-fthb-rsb">meet.google.com/xun-fthb-rsb</a> (just copy and paste into your address bar - this is a Google Meet). Meetings Local Time 01:00 PM America/Chicago</p>
Tuesday 02:30 PM	<p>ACA Talk, Trust, Feel Online (WEB0559) - ACA Talk, Trust Feel Online Tuesdays 7.30pm-9pm Online Meeting ACA Talk Trust Feel Online is inviting you to a scheduled Zoom meeting. Meeting ID: 881 4561 2495 Password: Please get in touch with meeting contact (Hayley +447855 437417 or Rob 07869997576) or <a href="mailto:acabasingstoke@gmail.com">acabasingstoke@gmail.com</a> to obtain the password in advance of the weekly meeting time.</p> <p><b>Focus:</b> Fellowship Text, Speaker, Steps This is a zoom only meeting, we ask that you identify yourself through video for the safety of the meeting, but cameras can be off after introductions. Meetings Local Time 07:30 PM Europe/London</p>