

Corrections to *The Loving Parent Guidebook* (August 2021)

The LPG Subcommittee discovered some errors after the guidebook went to print. For example, Appendix D lists “respected” as a feeling, but it should be deleted. We removed the word in the international edition and the second letter-sized reprint.

Corrections to the Kindle and First Letter-Sized Print Runs:

“Chapter 14: Building Trust with Your Inner Family (or Becoming More Fully Your Own Loving Parent)” in the Table of Contents should have read, “Chapter 14: Building Trust — Loving Parent Tools & Techniques.”

In Chapter 1 (page 17), the sentence “Tending to the inner family means that we protect, nurture, guide, and support our inner family members when they’re triggered, but as a regular practice,” should have read, “Tending to the inner family means that we protect, nurture, guide, and support our inner family members not only when they’re triggered, but as a regular practice.”

In Chapter 2 (page 27), a sentence in the *Exercise: Letter from Your Future Loving Parent*, reads, “and the critical parent has lowered its volume,” should have read, “and the critical parent has lowered their volume.”

In Chapter 3 (page 33), the “Six through 12 Years” heading and paragraph mistakenly appear twice.

In Chapter 6, on page 66, the last sentence of the third bullet should be deleted: “boundaries (which, in turn, abandons the inner child).”

Appendix D, on page 224, lists “respected” as a feeling, but it should be deleted. “Respected” points to an interpretation of someone’s behavior or a need, not an internal emotion. When someone or something meets our need for respect, we might feel pleased, relieved, grateful, or another feeling.

Other corrections to Appendix D: Ashamed should replace “pained.” Content should read “content” and clarity mistakenly appears twice (under needs).

Appendix D is not meant to be exhaustive.

To download an updated Appendix D, return to the Bonus Resources page, select **Support Materials for the LPG & Reparenting Check-in** (under the Reparenting Tools vending machine image). You’ll find it under Help Sheets.