

The Loving Parent Guidebook (LPG) Subcommittee is aware of the following LPG-related meetings at this time. Many more are being added, and the latest information is available by using the meeting search: <https://adultchildren.org/meeting-search/>. You can limit the search by choosing "Loving Parent Guidebook" under the meeting focus or adding keywords such as loving parent, guidebook, etc., to the text box. All groups are autonomous—please check with them directly for details.

- **Literature Meetings** usually involve reading and sharing from *The Loving Parent Guidebook*.
- **Practice Meetings** typically involve doing the Reparenting Check-in together (covered in Chapter Nine).

Literature Meetings

Mondays

6:00 am Eastern. ACA Loving Parent Guidebook International We will read and explore the new LOVING PARENT GUIDEBOOK! It will be shared on screen via Kindle. (WEB0654)
11:00 GMT | 7:00am EDT* | 12 noon BST* | 16:30 India ST | 19:00 China ST | 22:00 AEDT 75 mins
Join Zoom Meeting <https://us02web.zoom.us/j/88464084879> Meeting ID: 884 6408 4879 | Passcode: LPG4u

11:00am Eastern. LOVE. We meet Mon thru Thur. Focusing on the BRB, Traits workbook, Step workbook and The Loving Parent Guidebook and with a special focus on how to heal our inner children. Meeting ID: 84652651192 PASSWORD: 376780

Tuesdays

7:30am Eastern. *The Loving Parent Guidebook*. For ID and Passcode please [email](#). (WEB0664)

Wednesdays

3:00pm Eastern. *The Loving Parent Guidebook*.

This is a CAMERAS ON Meeting for adult children who are interested in reparenting and inner child work. ACAs only. Please search for meeting TX0229 and email meeting contact for meeting information.

Thursdays

Different Times. Audio-only 60 minute meeting for ACA fellow travelers who have already started reparenting work and who wish to reconnect or deepen the connection with their Inner Child. Inner Child reading and guided meditation from *The Loving Parent Guidebook* at every meeting in order to help facilitate this recovery work. We attach particular importance to safety guidelines and traditions as our inner children need group safety. 6:15am CET on Monday and Thursdays, 9:15pm Pacific time on Sunday and Wednesday nights.

Please search group FRA0018 on the ACA search page and contact group with any questions. Meeting ID: 819 4807 4259 Passcode: 915593

Fridays

12:00pm Eastern. *The Loving Parent Guidebook* Study. Began Friday, November 5, 2021. Due to the Structure of the meeting, the meeting will be locked 30 minutes past 12:00pm Eastern.

People arriving later than that will not be allowed entry to the meeting. [Email](#) for Zoom info.

7:00pm Eastern. *The Loving Parent Guidebook*. Due to COVID, this meeting is available online via Zoom and telephone. Breaking the Chains ACA Meeting (FL140) Broward.

Zoom Meeting ID: 111 659 078 PASSWORD: serenity1 To call in by phone dial +1 646 558 8656 and enter Meeting ID, then press #.

Saturdays

2:00-3:30pm Pacific. Dana Point, California. In-person. ACA Loving Parent Guidebook Meeting.

Gloria Dei Lutheran Church, 33501 Stonehill Dr, 92629.

(all welcome / open to all / inside Knudson Hall at the top of the parking lot)

Sundays

10:00-11:30am Eastern, every other Sunday.

For Zoom information, please email allyalpert1998@gmail.com.

2:00pm Eastern. Awakening Our Loving Parent. Starting on the 3rd October 2021: We will go through the *The Loving Parent Guidebook: The Solution is to Become Your Own Loving Parent*. Everyone is welcome. The meeting will be closed after introductions time. (WEB0172)

Meeting ID: 867-0843-5678 Password: 711 or via website <https://acafellowworldtravelers.com/>

8:00pm Eastern. Loving your inner parent and inner child. We use many texts, including *The Loving Parent Guidebook*. We meet everyday except Thursday, Friday and Sat. (WEB0621)

Meeting ID: 84652651192 Password: 376780.

Practice Meetings

The following meetings practice the Reparenting Check-in. Chapter 9 of *The Loving Parent Guidebook* covers the Reparenting Check-in.

Wednesdays

3:00pm-3:15pm Eastern Time.

Reparenting Check-in Meeting

Opens 5 minutes early for newcomer questions and closes promptly at 3:15pm. Guided practice with the first three steps of the reparenting check-in are done in silence. The last step is done aloud by those who wish. For further information please email rcpwed1200@gmail.com.

Zoom meeting ID: 871 0272 9188. Passcode: trueself

Thursdays

3:00-4:00pm Eastern Time.

Reparenting Check-in Meeting

Zoom meeting ID: 889 1440 1983 Password: innerchild

Fridays

3:00-4:00pm Eastern Time.

There Is A Solution

Meeting Format: 1) speaker share on reparenting; 2) 15 minute reparenting practice; and 3) members share on reparenting.

Zoom ID 747 248 3708. Password: iamworthit

To have your meeting listed here, please provide us with the details needed for members to connect with your group, including your WSO number if possible by [clicking here](#). Please select *Loving Parent Guidebook* on the form. Thank you!