

Session No.	Time Zone	Date	Time	Duration (Minutes)	Hospitality By	Workshop Room		Fellowship Room
						Presentation	Description	Activity
1	Sydney (AEDT)	Sat, 18 Nov	10:00:00 AM	60	Everyone	World Convention Opening		---
	Singapore (SGT)	Sat, 18 Nov	7:00:00 AM					
	India (IST)	Sat, 18 Nov	4:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	12:00:00 AM					
	UK	Fri, 17 Nov	11:00:00 PM					
	EST	Fri, 17 Nov	6:00:00 PM					
	PDT	Fri, 17 Nov	3:00:00 PM					
1A	Sydney (AEDT)	Sat, 18 Nov	11:00:00 AM	30	Team Australia	Australia Convention Opening		---
	Singapore (SGT)	Sat, 18 Nov	8:00:00 AM					
	India (IST)	Sat, 18 Nov	5:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	1:00:00 AM					
	UK	Sat, 18 Nov	12:00:00 AM					
	EST	Fri, 17 Nov	7:00:00 PM					
	PST	Fri, 17 Nov	4:00:00 PM					
2	Sydney (AEDT)	Sat, 18 Nov	11:30:00 AM	90	Team Australia	Missteps Lead To The Steps (Observations On What's Worked For Two Fellow Travellers And A Fireside Chat)	A grandfather and new father talk about their ACA journeys and what led them into the program. Followed by observations on what's worked for them in embracing the steps and giving service. Bernie and Luke love ACA and have fellow-travelled for a couple of years. They will chat about what they've observed in their recovery journey and encourage questions as well.	Fellowship
	Singapore (SGT)	Sat, 18 Nov	8:30:00 AM					
	India (IST)	Sat, 18 Nov	6:00:00 AM			<i>Luke M & Bernie H (Australia)</i>		
	C.Europe (CET)	Sat, 18 Nov	1:30:00 AM					
	UK	Sat, 18 Nov	12:30:00 AM					
	EST	Fri, 17 Nov	7:30:00 PM					
	PST	Fri, 17 Nov	4:30:00 PM					
2A	Sydney (AEDT)	Sat, 18 Nov	1:00:00 PM	30	Team Australia	Break		Fellowship
	Singapore (SGT)	Sat, 18 Nov	10:00:00 AM					
	India (IST)	Sat, 18 Nov	7:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	3:00:00 AM					
	UK	Sat, 18 Nov	2:00:00 AM					
	EST	Fri, 17 Nov	9:00:00 PM					
	PST	Fri, 17 Nov	6:00:00 PM					
3	Sydney (AEDT)	Sat, 18 Nov	1:30:00 PM	90	Team Australia	Connection With Self And Others Via The 12 Steps (An Overview Of The ACA 12 Steps)	The facilitator will take the participants through each step by sharing his experience, strength and hope on that step. Readings and prayers from the Big Red Book will be used to guide the process.	Open ACA Meeting 'Connection with Higher Power' (in English)
	Singapore (SGT)	Sat, 18 Nov	10:30:00 AM					
	India (IST)	Sat, 18 Nov	8:00:00 AM			<i>George G (Australia)</i>		
	C.Europe (CET)	Sat, 18 Nov	3:30:00 AM					
	UK	Sat, 18 Nov	2:30:00 AM					
	EST	Fri, 17 Nov	9:30:00 PM					
	PST	Fri, 17 Nov	6:30:00 PM					
3A	Sydney (AEDT)	Sat, 18 Nov	3:00:00 PM	30	Team Australia	Break		Fellowship
	Singapore (SGT)	Sat, 18 Nov	12:00:00 PM					
	India (IST)	Sat, 18 Nov	9:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	5:00:00 AM					
	UK	Sat, 18 Nov	4:00:00 AM					
	EST	Fri, 17 Nov	11:00:00 PM					
	PST	Fri, 17 Nov	8:00:00 PM					
4	Sydney (AEDT)	Sat, 18 Nov	3:30:00 PM	90	Team Australia	Multiple Pathways To Support in ACA Recovery (1)	Can you recover without a sponsor? The answer is YES YOU CAN. This panel will present highlights of the work of the new Connections book, which offers multiple pathways to support in ACA recovery. The Connections book offers the perspective of members who have found rich recovery working with others in different ways. We stress that coming out of isolation and sharing our experience is an important step in recovery.	Fellowship
	Singapore (SGT)	Sat, 18 Nov	12:30:00 PM					
	India (IST)	Sat, 18 Nov	10:00:00 AM			<i>Barb N (Connecticut, USA); Christine B (Connecticut, USA); Liz C (Connecticut, USA); Louis B (Florida, USA); Martin C (UK)</i>		
	C.Europe (CET)	Sat, 18 Nov	5:30:00 AM					
	UK	Sat, 18 Nov	4:30:00 AM					
	EST	Fri, 17 Nov	11:30:00 PM					
	PST	Fri, 17 Nov	8:30:00 PM					
						The Connections book acknowledges that there is no one right way to work a program of recovery. Some may decide to work the steps. Others may prefer to work on connecting with their inner family or do feeling work.		
						We also address common problems that arise in ACA support relationships and possible solutions.		

Session No.	Time Zone	Date	Time	Duration (Minutes)	Hospitality By	Workshop Room		Fellowship Room
						Presentation	Description	Activity
4A	Sydney (AEDT)	Sat, 18 Nov	5:00:00 PM	30	Team Asia	Asia Convention Opening		Fellowship
	Singapore (SGT)	Sat, 18 Nov	2:00:00 PM					
	India (IST)	Sat, 18 Nov	11:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	7:00:00 AM					
	UK	Sat, 18 Nov	6:00:00 AM					
	EST	Sat, 18 Nov	1:00:00 AM					
PDT	Fri, 17 Nov	10:00:00 PM						
5	Sydney (AEDT)	Sat, 18 Nov	5:30:00 PM	90	Team Asia	Puppets Workshop - Loving Parent and Inner Child Work <i>Eriko I and Carole C (USA)</i>	All of us have internal conversations with ourselves. Most people don't identify with whom they are talking at those times. The creators of this Puppet Work have found that using puppets on the dominant and non-dominant hands is a faster and more convenient way to communicate between our Loving Parents and our Inner Children. We use socks on our hands instead of manufactured puppets. This workshop is not a "puppet show". The hands covered in socks show our feelings and attitudes through their movement, and therefore help with our communication between our Inner Family members.	Open ACA Meeting 'Strengthening my Recovery' (in English)
	Singapore (SGT)	Sat, 18 Nov	2:30:00 PM					
	India (IST)	Sat, 18 Nov	12:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	7:30:00 AM					
	UK	Sat, 18 Nov	6:30:00 AM					
	EST	Sat, 18 Nov	1:30:00 AM					
PST	Fri, 17 Nov	10:30:00 PM						
5A	Sydney (AEDT)	Sat, 18 Nov	7:00:00 PM	30	Team Asia	Break Sunil A (India) - Guitar & Singing		Fellowship
	Singapore (SGT)	Sat, 18 Nov	4:00:00 PM					
	India (IST)	Sat, 18 Nov	1:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	9:00:00 AM					
	UK	Sat, 18 Nov	8:00:00 AM					
	EST	Sat, 18 Nov	3:00:00 AM					
PDT	Sat, 18 Nov	12:00:00 AM						
6	Sydney (AEDT)	Sat, 18 Nov	7:30:00 PM	90	Team Asia	Surviving School & Critical Asian Parents <i>Brian P (Thailand)</i> & <i>Panel</i>	The panel will present shares from Asian students on the complexity of growing up in a modern Asian environment.	Open ACA Meeting 'The ACA Solution' (in Arabic)
	Singapore (SGT)	Sat, 18 Nov	4:30:00 PM					
	India (IST)	Sat, 18 Nov	2:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	9:30:00 AM					
	UK	Sat, 18 Nov	8:30:00 AM					
	EST	Sat, 18 Nov	3:30:00 AM					
PST	Sat, 18 Nov	12:30:00 AM						
6A	Sydney (AEDT)	Sat, 18 Nov	9:00:00 PM	30	Team Asia	Break Noel (India) - Violin		Fellowship
	Singapore (SGT)	Sat, 18 Nov	6:00:00 PM					
	India (IST)	Sat, 18 Nov	3:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	11:00:00 AM					
	UK	Sat, 18 Nov	10:00:00 AM					
	EST	Sat, 18 Nov	5:00:00 AM					
PST	Sat, 18 Nov	2:00:00 AM						
7	Sydney (AEDT)	Sat, 18 Nov	9:30:00 PM	90	Team Asia	Poverty's Connection with Family Dysfunction and ACA Recovery <i>Mayuri & Shangreila (India)</i> & <i>Panel</i>	In the first portion of the panel, the speakers will share their ESH on how poverty was one of the major contributing factors of family dysfunction, for example lack of resources resulting in scarcity mentality and other dysfunctional behaviours, which severely interfere even in their recovery and their ability to enjoy life. In the second part, the speakers will talk about their personal recovery and successful Tradition 5 work in India due to availability of affordable literature.	Open ACA Meeting 'Step 4' (in Ukrainian)
	Singapore (SGT)	Sat, 18 Nov	6:30:00 PM					
	India (IST)	Sat, 18 Nov	4:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	11:30:00 AM					
	UK	Sat, 18 Nov	10:30:00 AM					
	EST	Sat, 18 Nov	5:30:00 AM					
PST	Sat, 18 Nov	2:30:00 AM						

Session No.	Time Zone	Date	Time	Duration (Minutes)	Hospitality By	Workshop Room		Fellowship Room
						Presentation	Description	Activity
7A	Sydney (AEDT)	Sat, 18 Nov	11:00:00 PM	30	Team Europe	Europe Convention Opening		Fellowship
	Singapore (SGT)	Sat, 18 Nov	8:00:00 PM					
	India (IST)	Sat, 18 Nov	5:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	1:00:00 PM					
	UK	Sat, 18 Nov	12:00:00 PM					
	EST	Sat, 18 Nov	7:00:00 AM					
PST	Sat, 18 Nov	4:00:00 AM						
8	Sydney (AEDT)	Sat, 18 Nov	11:30:00 PM	90	Team Europe	Multiple Pathways To Support in ACA Recovery (2) <i>Barb N (Connecticut, USA); Christine B (Connecticut, USA); Liz C (Connecticut, USA); Louis B (Florida, USA); Martin C (UK)</i>	<p>Can you recover without a sponsor? The answer is YES YOU CAN. This panel will present highlights of the work of the new Connections book, which offers multiple pathways to support in ACA recovery. The Connections book offers the perspective of members who have found rich recovery working with others in different ways. We stress that coming out of isolation and sharing our experience is an important step in recovery. The Connections book acknowledges that there is no one right way to work a program of recovery. Some may decide to work the steps. Others may prefer to work on connecting with their inner family or do feeling work.</p> <p>We also address common problems that arise in ACA support relationships and possible solutions.</p>	Open ACA Meeting 'ACA Solution is to become a Loving Parent, difference between selfishness and love to oneself' (in Russian)
	Singapore (SGT)	Sat, 18 Nov	8:30:00 PM					
	India (IST)	Sat, 18 Nov	6:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	1:30:00 PM					
	UK	Sat, 18 Nov	12:30:00 PM					
	EST	Sat, 18 Nov	7:30:00 AM					
PST	Sat, 18 Nov	4:30:00 AM						
8A	Sydney (AEDT)	Sun, 19 Nov	1:00:00 AM	30	Team Europe	Break		Fellowship
	Singapore (SGT)	Sat, 18 Nov	10:00:00 PM					
	India (IST)	Sat, 18 Nov	7:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	3:00:00 PM					
	UK	Sat, 18 Nov	2:00:00 PM					
	EST	Sat, 18 Nov	9:00:00 AM					
PST	Sat, 18 Nov	6:00:00 AM						
9	Sydney (AEDT)	Sat, 18 Nov	1:30:00 AM	90	Team Europe	Translations - Why They Matter, How They Build Connections <i>Ulrich (translating in German), Shangreila (translating in Hindi), Sandy (translating in Spanish), Marion (UK, Glossary Project), Marianne (translating in Norwegian), Kasumi (translating in Japanese)</i>	<p>Translating ACA Literature is an important part of fulfilling ACA's primary purpose of carrying the ACA message. In this session, we will have personal shares from members about what a powerful impact it has to receive the ACA message in the language their Inner Child speaks. The panelists will share about the challenges that members wishing to translate face, the exciting possibilities new machine translation technology offers, and how the translation of ACA Literature has contributed to building new connections in their lives.</p>	Talent / No Talent Show <i>Adelina F (Romania/Canada) Mardi M (USA)</i>
	Singapore (SGT)	Sat, 18 Nov	10:30:00 PM					
	India (IST)	Sat, 18 Nov	8:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	3:30:00 PM					
	UK	Sat, 18 Nov	2:30:00 PM					
	EST	Sat, 18 Nov	9:30:00 AM					
PST	Sat, 18 Nov	6:30:00 AM						
9A	Sydney (AEDT)	Sun, 19 Nov	3:00:00 AM	30	Team Europe	Break		Fellowship
	Singapore (SGT)	Sun, 19 Nov	12:00:00 AM					
	India (IST)	Sat, 18 Nov	9:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	5:00:00 PM					
	UK	Sat, 18 Nov	4:00:00 PM					
	EST	Sat, 18 Nov	11:00:00 AM					
PST	Sat, 18 Nov	8:00:00 AM						
10	Sydney (AEDT)	Sun, 19 Nov	3:30:00 AM	90	Team Europe	Best Kept Secret: Service As An ACA Recovery Tool <i>Alisa A. (Russia), Carmen B. (USA), Denise R. (USA), Edmundas V. (Lithuania), Jim R. (USA), Sue V. (Canada)</i>	<p>Service work is a powerful ACA recovery tool, which heals us and help us grow. The panelists will share what inspired them to start doing ACA service, what challenges they faced, what gifts of ACA recovery and healing they received, and where they are today. This session is appropriate for the newcomer, those currently in service who are flourishing, and those who may be stuck in recovery and service. Join us, all are welcome!</p>	Open ACA Meeting 'Conexión a través de la unidad' (in Spanish) Trae papel y crayones para dibujar
	Singapore (SGT)	Sun, 19 Nov	12:30:00 AM					
	India (IST)	Sat, 18 Nov	10:00:00 PM					
	C.Europe (CET)	Sat, 18 Nov	5:30:00 PM					
	UK	Sat, 18 Nov	4:30:00 PM					
	EST	Sat, 18 Nov	11:30:00 AM					
PST	Sat, 18 Nov	8:30:00 AM						

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10A	Sydney (AEDT)	Sun, 19 Nov	5:00:00 AM	30	Team Americas	Americas Convention Opening		Fellowship
	Singapore (SGT)	Sun, 19 Nov	2:00:00 AM					
	India (IST)	Sat, 18 Nov	11:30:00 PM					
	C.Europe (CET)	Sat, 18 Nov	7:00:00 PM					
	UK	Sat, 18 Nov	6:00:00 PM					
	EST	Sat, 18 Nov	1:00:00 PM					
	PST	Sat, 18 Nov	10:00:00 AM					
11	Sydney (AEDT)	Sun, 19 Nov	5:30:00 AM	90	Team Americas	Embrace Your Emotions: Healing And Breaking The 'Don't Feel' Rule	In this 90-minute workshop, participants will practice identifying, allowing, and experiencing their feelings in healthy, non-reactive ways. They will learn strategies for approaching their emotions with empathy and self-compassion, strengthening the connection and trust within their inner family.	Open ACA Meeting 'Embracing Change: Navigating Traits 8 and 10 on the Path to Recovery' (in Romanian)
	Singapore (SGT)	Sun, 19 Nov	2:30:00 AM			<i>Bonnie M (USA)</i>		
	India (IST)	Sun, 19 Nov	12:00:00 AM					
	C.Europe (CET)	Sat, 18 Nov	7:30:00 PM					
	UK	Sat, 18 Nov	6:30:00 PM					
	EST	Sat, 18 Nov	1:30:00 PM					
	PST	Sat, 18 Nov	10:30:00 AM					
11A	Sydney (AEDT)	Sun, 19 Nov	7:00:00 AM	30	Team Americas	Break		Fellowship
	Singapore (SGT)	Sun, 19 Nov	4:00:00 AM					
	India (IST)	Sun, 19 Nov	1:30:00 AM					
	C.Europe (CET)	Sat, 18 Nov	9:00:00 PM					
	UK	Sat, 18 Nov	8:00:00 PM					
	EST	Sat, 18 Nov	3:00:00 PM					
	PST	Sat, 18 Nov	12:00:00 PM					
12	Sydney (AEDT)	Sun, 19 Nov	7:30:00 AM	90	Team Americas	Internalized Racism And The Six Essential Recovery Tasks From The ACA Schematic	In this loving space we will show how the Six Essential Recovery Tasks (from the ACA Schematic) can help us recover and embrace the hidden and dissociated parts of the fragmented self. During the workshop we will use breakout rooms for sharing and use the Circle practice to hold space and be present. We will request participants to have their cameras on in the breakout rooms during sharing.	Inner Child Dance Party <i>Robert B (Canada)</i>
	Singapore (SGT)	Sun, 19 Nov	4:30:00 AM			<i>Alaska & Cachi (USA)</i>		
	India (IST)	Sun, 19 Nov	2:00:00 AM					
	C.Europe (CET)	Sat, 18 Nov	9:30:00 PM					
	UK	Sat, 18 Nov	8:30:00 PM					
	EST	Sat, 18 Nov	3:30:00 PM					
	PST	Sat, 18 Nov	12:30:00 PM					
12A	Sydney (AEDT)	Sun, 19 Nov	9:00:00 AM	30	Team Americas	Break		Fellowship
	Singapore (SGT)	Sun, 19 Nov	6:00:00 AM					
	India (IST)	Sun, 19 Nov	3:30:00 AM					
	C.Europe (CET)	Sun, 19 Nov	12:00:00 AM					
	UK	Sat, 18 Nov	10:00:00 PM					
	EST	Sat, 18 Nov	5:00:00 PM					
	PST	Sat, 18 Nov	2:00:00 PM					
13	Sydney (AEDT)	Sun, 19 Nov	9:30:00 AM	90	Team Americas	Brain Connections, Trauma and Recovery	This workshop will provide an understandable overview of brain connections and how trauma, neglect or abuse causes our still developing brains to use the 14 traits in chapter 1 and the 4 flawed modes of thinking in chapter 2 of the BRB as survival tools. Then how the recovery/reparenting process can not only heal these wounds, but changes our brain connections so we can live a more emotionally sober life, choosing healthy action, not reaction.	Open ACA Meeting 'Reparenting with Gentleness, Humor, Love and Respect' (in English)
	Singapore (SGT)	Sun, 19 Nov	6:30:00 AM			<i>Rich R (USA)</i>		
	India (IST)	Sun, 19 Nov	4:00:00 AM					
	C.Europe (CET)	Sun, 19 Nov	11:30:00 PM					
	UK	Sat, 18 Nov	10:30:00 PM					
	EST	Sat, 18 Nov	5:30:00 PM					
	PST	Sat, 18 Nov	2:30:00 PM					
13A	Sydney (AEDT)	Sun, 19 Nov	11:00:00 AM	30	Team Americas	Break		Fellowship
	Singapore (SGT)	Sun, 19 Nov	8:00:00 AM					
	India (IST)	Sun, 19 Nov	5:30:00 AM					
	C.Europe (CET)	Sun, 19 Nov	1:00:00 AM					
	UK	Sun, 19 Nov	12:00:00 AM					
	EST	Sat, 18 Nov	7:00:00 PM					
	PDT	Sat, 18 Nov	4:00:00 PM					
14	Sydney (AEDT)	Sun, 19 Nov	11:30:00 AM	90	Everyone	World Convention Closing ACA Recovery Countdown Fellowship		---
	Singapore (SGT)	Sun, 19 Nov	8:30:00 AM					
	India (IST)	Sun, 19 Nov	6:00:00 AM					
	C.Europe (CET)	Sun, 19 Nov	1:30:00 AM					
	UK	Sun, 19 Nov	12:30:00 AM					
	EST	Sat, 18 Nov	7:30:00 PM					
	PST	Sat, 18 Nov	4:30:00 PM					