

Best Kept Secret: Service As An ACA Recovery Tool Service Readings

ACA Big Red Book (BRB):

- Chapter 10 The Importance of Service in ACA, pp. 353-363
- Chapter 14 Taking Our Program to Work, pp.415-427
- **The Suggested Commitment to Service, pp. 601-602.
- **Twelve Concepts for ACA World Service, pp. 615-618.
- **Twelve Traditions p. 592

ComLine @. <https://adultchildren.org/category/comline/> (Individual Articles)

- Finally... We Hava An ACA Conference Charter (Have was misspelled)
- Have you considered volunteering?
- Join Us on A Volunteer Day!
- My First Quarterly Meeting
- Service Wellness 24/7
- "Spotlight on the Board" (also found on <https://acawso.org/category/nominating-committee/>)
- Volunteer Resource Committee Appeal
- What is a Group Conscience
- WSO Service

Commitment to Service

Strengthening My Recovery (SMR):

SMR page 92

On this day I will begin to stand up for myself at work and elsewhere when I need to. I will gently say no to what is not right for me and celebrate my success. I will ask for help to deal with anything negative I may get in return. (edited)

SMR page 318

On this day I will remember to be kind to myself and use our slogans, especially "First things first", "Easy does it", "Keep it simple". They will help me stay grounded".

<https://Adultchildren.org/other-audio-workshops/>

- Domineering Behavior Workshop Meeting and Service Safety Committee 6/26/21

or <https://acawso.org/category/nominating-committee/> "Spotlight on the Board".