

TRUSTEE RATIFICATIONS

Members of the Board of Trustees of the ACA World Service Organization

Trustees Seeking Ratification



- Dove H., Arizona, USA
- Jim R., New York, USA
- Ken R., Ohio, USA
- Rich R., New Mexico, USA
- Sue V., Ontario, Canada
- Tamara P., Minnesota, USA



Dove H.

Began in 2022; Requesting ratification for 2nd term, 1st year.

ACA Service Biography

2017	<ul style="list-style-type: none"> ● Attended first ACA meeting February 28, 2017 ● Started two face-to-face ACA meetings and served as Treasurer. ● Started the Yellow Workbook with 1 group.
2018 – 2019	<ul style="list-style-type: none"> ● Served as Treasurer and then rotated to Chair of both meetings.
2020	<ul style="list-style-type: none"> ● Started third ACA meeting. ● Started attending WSO Teleconferences monthly (4/2020 to current date). ● Volunteered for service in the WSO Addressing Predatory Behavior Committee (which later became MSSC – Meeting and Service Safety Committee in 2020 and then became SRC- Safety Resources Committee in 2022) (to current date). ● Group Rep for the Arizona Intergroup (to April 2024).
2021	<ul style="list-style-type: none"> ● Attended Region 2 Meetings for the Arizona Intergroup for 10 months. ● Selected as Co-chair of MSSC – Meeting and Service Safety Committee (to October 2023).

2022	<ul style="list-style-type: none"> ● Applied for WSO Board of Trustees and was accepted and ratified. Started 1st year of first term. ● Member of Concepts 2 & 6 Study Group- (to current date). ● Appointed by the WSO Board as Interim Chair for Health and Safety Advisory Group (to July 2023). ● Board Liaison of Region Subcommittee (to summer 2023). ● Board Liaison of Fellowship and Public Engagement Collaboration Committee (to December 2023). ● Attended in a non-role capacity: Global East and Global West, Volunteer Resources. ● Member Services Committee (to summer 2023). ● Started the Loving Parent Guidebook with home group - finished 9/2023.
2023 2023 con't	<ul style="list-style-type: none"> ● WSO Board of Trustees – First Term, 2nd year. ● Elected Vice- Chair of Executive Committee of the ACA WSO Board of Trustees. ● Interim Chair for Health and Safety Advisory Group until July 2023 ● Board Liaison YAT- Young Adult Teen Meeting Subcommittee until summer 2023. ● Co-chair SRC- Safety Resources Committee until October 2023 ● Selected as Interim Chair of MSC - Meeting Services Committee until summer 2023. ● Completed the Loving Parent Guidebook September 2023.

2024	<ul style="list-style-type: none"> ● WSO Board of Trustees – First Term, 2nd year. ● Vice- Chair of Executive Committee of the ACA WSO Board of Trustees. ● Member of Concepts 2 & 6 Study Group ● Safety Resource Committee ● ABC Study Group ● Keep abreast of committees on Slack. ● Planned the Spring Strategic Planning Retreat for the Board and WSO Committee Chairs and will be planning the Fall Strategic Planning Retreat.
Professional Background	<ul style="list-style-type: none"> ● Real Estate Agent – 3 years. ● Administrative Assistant to a Senior VP in a large US corporation. ● Conference Coordinator for a large US teaching hospital. ● Assistant Director of a 501 (c) 3- a non-profit 1992- 1998 ● Retail store owner. ● Clinical Hypnotherapist - 12 yrs.

It has been an honor to have served as a Trustee for the last two years. It has been filled with joy, frustration, confusion, learning, and some sorrows along with personal growth in recovery. I feel privileged to have been part of teams developing ideas to increase safety in our meetings. I look forward to continuing to be part of the teams and processes that assist in creating and strengthening the structure that leads us forward as an organization, thus making sure that adult children around the world have a program of recovery available.

In loving service, Dove
H, Trustee

Jim R.

Began in 2024; Requesting ratification for 1st term, 1st year.

ACA Service Biography

YEAR	MEETING AND INTERGROUP	WSO
2013	Began ACA in February. Self-Parenting with Love, NY109, Brooklyn, NY . Service – Literature/ Mtg chair	
2014	Meeting service and fellowship	

2015	Greater New York ACA Intergroup (GNYAI) – Secretary/Treasurer – Developed a website	
2016	GNYAI - Helped produce Share-a-Day event in Brooklyn, NY; Treasurer	ABC Delray, FL – Intergroup Delegate WSO Committees: ABC; Began planning San Diego & Toronto ABCs; Began working on Slack

2017	<p>Cofounded, Men of Brooklyn ACA meeting, November</p> <p>GNYAI - Emcee at Share-a-Day event, Montclair, NJ;</p>	<p>ABC San Diego – GNYAI Delegate WSO Committees: ABC:assembled the Delegate Binder, planning</p> <p>ABCs: Toronto; and Malmö, Sweden OPPM,</p> <p>Ballot Prep, Service Network</p> <p>Committee</p>
2018	GNYAI - Chair; Assisted with Share-a-Day event, Baldwin, NY	<p>ABC Toronto – Assistant WSO Committees: ABC:assembled the Delegate Binder; planning for Malmö, Sweden, and Boca Raton OPPM</p> <p>Ballot Prep</p>
2019	<p>Moved from Brooklyn. Attended ACA in Huntington, NY. GNYAI - Reduced role. Produced Fellowship ‘Play Date’ – a picnic on Governor’s Island, NY</p>	<p>ABC Malmö– Assistant WSO Committees: ABC, assembled the Delegate Binder; planning for ABC Boca Raton OPPM</p> <p>Ballot Prep</p>

2020	<p>Joined a new meeting, Strengthening My Recovery (SMR)</p> <p>WEB0120 – Zoom, daily;</p> <p>Room Host and Meeting Chair and</p>	<p>ABC 2020, Virtual – Delegate</p> <p>WSO Committees –Ballot Prep</p> <p>ABC- Assembled the Delegate Binder</p>
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	<p>Newcomer Greeter;</p> <p>WSO Representative and ABC</p> <p>Delegate for the Group</p> <p>Established the treasury;</p> <p>Helped develop a WordPress website, acamorning.org</p>	
2021	<p>SMR regular meeting services;</p> <p>WSO Representative and ABC</p> <p>Delegate for the Group</p> <p>Chaired a detailed meeting script review and edit;</p>	<p>ABC 2021, Virtual –Delegate assembled the Delegate Binder</p> <p>WSO Committee work: Ballot Prep</p>
2022	<p>SMR regular meeting services;</p> <p>Also – Service Co-Secretary:</p> <p>organized online service schedule for 50+ weekly service roles</p>	<p>ABC 2022, Virtual –Attendee</p> <p>WSO Committees:Ballot Prep</p> <p>VRC(Volunteer Resource Committee), Cochair with Laura L:</p> <p>Volunteer Day Production;</p> <p>WSO Field Trip</p> <p>ABC Study Group Cochair with John R</p> <p>CCP&S (Collaboration Committee, for Policy and Structure)</p>

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<p>2023</p>	<p>SMR regular meeting services; Also – Organized a week-long Anniversary Celebration with online fellowship dance parties and activities; Chair, Business Meeting Study Group, reviewing process and script; maintained a webpage of minutes and resources</p>	<p>ABC 2023, Virtual – Assist</p> <p>WSO Committees –</p> <ul style="list-style-type: none"> - Ballot Prep, - CCP&S - VRC: initiated Service Wellness 24/7 program; started Meet&Greet., - Health and Safety Advisory Group - ABC Study Group, Charter focus; left in October Attended the Committee Chair Summit in Boca Raton; introduction to the WSO Service Academy
<p>2024</p>	<p>SMR regular meeting services;</p> <p>Also – Organize fellowship activities; Chair, Business Meeting Study Group Developed online polling process for reaching group conscience</p> <p>of Trustees</p>	<p>ABC 2024, Virtual – Assist</p> <p>WSO Committees:</p> <ul style="list-style-type: none"> - Ballot Prep, leaving - CCP&S - VRC: suspending Service Wellness program; refine Meet & Greet; lead more WSO Field Trips; introducing ‘Consider Service’, a Volunteering program; direct outreach on Slack; work with the Service Academy - ABC Delegate Engagement - assist Application for Nomination to ACA

		WSO Board - Began Board service 4/18/24
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PROFESSIONAL BACKGROUND	<ul style="list-style-type: none"> - Earned a Certificate in Horticulture in 1998 upon completion of the program. - Volunteered at a non-profit botanical institution. Primarily worked in the library services assisting the public in finding plant and garden information. Also enjoyed being part of an annual plant sale, helping people find appropriate plants for their homes. 	
	<ul style="list-style-type: none"> - Created and facilitated 'Your Garden Tutorial', a garden design workshop for homeowners, taking them through the process of documenting, evaluating, and planning their garden spaces. Conducted 'Living Lessons in Gardening', a garden tour/critique opportunity to study design and its possible application for the homeowner. I offered these classes over an 8-year period. 	
	<ul style="list-style-type: none"> - Worked as Assistant Director of Horticulture at a cultural institution. Maintained a diverse 12-acre landscape as well as indoor plantings; for 7 years. I was a member of an associated professional organization. For which I both assisted in host and attended annual national conferences. 	
	<ul style="list-style-type: none"> - Worked in other public parks, as well as for private design and maintenance companies. Eventually began gardening for my own private clients. This work continued for about a year after the pandemic lockdown, after which my work changed. 	

Ken R.

Began in 2024; Requesting ratification for 1st term, 1st year.

ACA Service Biography

2018	Found ACA when I discovered the BRB
2018 - 2020	Secretary/Treasurer/Host for Steps to Serenity
2019 - present	Secretary/Treasurer/Host for Freedom Through Recovery
2019 - present	Secretary/Treasurer/Host for Carry the Message
2021 - present	Delegate for Carry the Message
2022 -	Intergroup Kettering, OH quarterly
2020	ABC zoom 04/23 to 04/24
2021	ABC zoom 04/24 to 04/25
2022	ABC zoom 05/06 to 05/07
2023	ABC zoom 05/06 to 05/07
Aug. 2023 Nov. 2023 Feb. 2024	QDM zoom QDM zoom QDM zoom
Jan. 2024	Finance committee
Jan 2024	Audit committee
Feb 2024	Chair Audit Committee
2023	Weekly host for a 44 week LPG program
2024	Weekly Tech. host for a 44 week LPG program
2024	Audit committee completed oversight of the 2023 3 rd party Financial Audit.

Professional Background	Trained in leadership by General Electric, TRW, PlyGem, and SKF. National Director of AME (Association for Manufacturing Excellence). Compliance Officer and Customs Officer for multinational companies. President, EVP, COO, CFO for multinational automotive suppliers.
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	Chairman of QUEST Consulting that focused on Quality Every Single Time.
Mohawk Valley CC	AAS Engineering. Academic All-American - wrestling
Buffalo State	BS Engineering
St. Bonaventure Univ.	MBA – finance 1982 after 4.5 years of night school

Looking forward to challenges ACA is facing but have confidence as we learn to set aside our false self and accept our past both we, as fellow travelers, and ACAWSO as a whole will heal, grow, and prosper.

I love the recovery quote, “If you want to go fast, go alone; but if you want to go far, go with others.” I want to see ACA go far.

Ken R.

Rich R.

Began in 2019; Requesting ratification for 2nd term, 1st year.

ACA Service Biography

1986	Started sobriety in AA. My sponsor told me, “You have so many ACA issues that you won’t stay sober unless you address them!” So I started ACA within months of my last drink. All early ACA work was done with an ACA therapist. I have the same therapist 37 years later.
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2006	When the BRB and YWB came out in 2006, ACA meetings in my area became functional, in my opinion. I started 3 ACA meetings and have held most all service positions over that time. I have sponsored many people, both male and female, and this is one of my favorite forms of service. Because of my profession I was able to experience many workshops and therapeutic modalities and I believe it is my duty in recovery to offer to pass this experience on to others.
2019	Joined the Board of Trustees.
2019	Chair of the "ACA Bill of Rights" working group. Finished the "Bill of Rights" in 2020.
2020	Presented the "Healthy Communications" workshop at the 2020 AWC.
2020	Chair of H+I and started the "ACA Information for Health Professionals" trifold. Finished the trifold in 2021.
2020	Chair of the HR Committee. Finished compiling the employee handbook.
2021	Left the Board of Trustees.
2021	Chair PS/H+I Committee.
2021	Co-chair Safety Resources Committee (SRC). Helped the committee write responses to questions and complaints from the fellowship. Helped SRC with the "Service Norms Document."
2022	Helped the PS/H+I Committee present "Bringing ACA to Hospitals, Prisons and Therapists" at the 2022 AWC.
2023	Presented "Brain Connections, Trauma and Recovery" at the 2023 AWC.
2023	SRC finished the "Service Norms Document."
2023	Helped the PS/H+I committee finish the "Correspondence Outreach to Institutions" guidelines and program.
2024	Rejoined the Board of Trustees, Term 2, Year 1.

Professional Background	
1986	Doctorate in osteopathic medicine and surgery.
1986-87	Internship
1989	Board certified in family medicine.
1991	Board eligible in addiction medicine.
1991-95	Medical director Care Unit Hospital of Albuquerque.
1990-92	Assistant medical director Cottonwood Hospital Albuquerque.
1994	Member of the Medicaid advisory committee state of New Mexico.
1997-98	President of the New Mexico Osteopathic Medical Association.
dates unknown	Multiple lectures given in; chemical dependency, medical detox from alcohol, medical detox from opiates, medically supervised withdrawal from nicotine, and child abuse.
dates could be figured out if I wasn't lazy.	Various professional and personal workshops with Pia Mellody, Bob Subby, Terry Kellogg, Bob Earll, Claudia Black and Terry Real.

I am able and willing to offer service as a trustee. Whether I offer service in my home group or at the WSO level, I grow in my recovery if I remain mindful of the process of recovery. I am always in process, forever the student and not the teacher. We are all in this together.

Something that helps me at all levels of service are the 4 C's of ACA. "Courage over Comfort; Curiosity over Confrontation." I have to find the 'Courage' to speak my voice, because my 'Comfort' is found in being silent. When someone says something I disagree with instead of going to 'Confrontation' which is what I learned in my family, I can choose the Healthy Adult/Loving Parent skill of being 'Curious,' as in, "Isn't it curious that we have such different ideas about this topic?" Curiosity feels engaging and supportive, confrontation feels uncomfortable and isolating to me. It is my choice.

Sue V.

Began in 2021; Requesting ratification for 2nd term, 2nd year.

ACA Service Biography

January 2011	Joined ACA & my life changed.
2011	Provided service to my meeting group with literature, newcomer greeter etc.
2012	Coordinated with our intergroup our 1 st ACA public & member outreach at a 12 Step Conference, 11 years later my intergroup is continuing the tradition. Started new meetings and study groups. I became the literature coordinator for intergroup & home group.
2013	Joined Regional service group & started to rebuild our Intergroup for meeting support for literature and new meetings, studies, business meetings etc.
2014	Volunteered and was accepted as intergroup chair.
2016	Volunteered and was accepted as intergroup treasurer.
2017	Delegate for 2 years for intergroup, supported intergroup & volunteers to apply for 2018 ABC/AWC in Toronto. Co- chair in planning of 2018 ABC/AWC.
2018	Co-hosted 2018 ABC/AWC in Toronto. After, I took a 6 month leave for self-care.
2019	Delegate for 2 years for my home group. WSO Trustee asked me to become the 1 st chair of Global Members Subcommittee supporting Africa, Asia, Oceania, and Latin America. I was accepted at the 2019 ABC. I have worked on the connection's booklet.
2020	Provided support for 1 st online AWC & coordinated Global Members Committee participation. As part of service orientation & balance withdrew from local service roles.
2021	The Global Members Committee became a standing committee. I was accepted as their chair. I volunteered and was accepted as chair of the 1 st Publishing Committee. I applied to be a Trustee of the Board and was accepted.

2022	In July of 2022 volunteered to be chair of the Board and was accepted. Additional Conference chairs were needed at the 2022 ABC, and I volunteered from Global when there were not enough volunteers on the first 2 days and supported the Conference as a point of information on the 3 rd day. I supported the online AWC workshops & events. After, as part of service orientation, I withdrew as chair of Global.
2023	Continued as Chair of the Board and Chair of Publishing. Guided the implementation of adding tools to improve board operations and supported trustees with health challenges. Supported translation improvements, balancing fellowship, and business needs.
2024	Humble Adult Child, trusted servant Trustee, Chair of the Board and Chair of Publishing Committee. My 3-year term as Publishing Chair is complete.

Professional Background	
Semi-retired	I have been working to full retirement for the last 2 years.
Former Director of Non-Profit Board	I worked for 2 years as a director of a Board in the health industry. I withdrew when I increased my service hours in ACA.
Organizational Ombuds and Coaching - my own company	Certified Ombuds and Charter Mediator working with numerous organizations across Canada and the USA in non-profit, profit and government agencies. Specializing in conflict resolution and healthy workplaces.
Workplace Investigator and Consultant- my own company	Investigated over 600 cases in human rights, harassment and bullying and disability.

Organizational Ombudsperson & Human Rights Consultant	Trained by lawyers, police and professionals in workplace investigation and workplace assessments. Trained in trusted servant leadership, crisis management, facilitation, mediation, and wisdom circles.
Senior Manager in Corporation within Canada	Managing department of 500 staff, 4 unions with a multimillion-dollar budget. Project management leader.
Graduated with Degree in Business	Majors- Finance and Organizational Development, prior spent a year in Nursing School.

I am a grateful and hopeful Adult Child from Toronto, Canada. My life has been completely transformed. I am living in the promises most of the time and when more wounds rise up through triggers, I now have hope and ACA tools to continue my healing process. I think of triggers as healthy pain and future gifts of healing.

I started service in my second year and discovered another layer of healing with many opportunities to integrate my ACA program in a service environment. I believe healthy service for me is working on what calls my heart and finding a service/life/work balance. I am a work in progress and inspired when working with members who live in the traditions, commitments of service with the loving parent. I believe we are the first generation gifted with the “Loving Parent” through the LPG for our personal recovery and for our service, especially at the world service level.

My service passion is with Tradition 5 in ensuring affordable and accessible literature around the world. I am committed to working with our fellowship, delegates, volunteers, staff, and Trustees to ensure a world service that is healthy and follows the traditions, concepts, and commitments of service.

My personal passion is spending time with family and friends, meditation, tai chi, qi gong, forest bathing (shinrin-yoku), hiking, connecting with animals and birds, gardening, movies, learning about history and other cultures. My adult children are 30 and 34 years old.

I am asking to serve a 4th year as a trustee of ACA WSO.

Tamara P.

Began in 2021; Requesting ratification for 2nd term, 2nd year.

ACA Service Biography

October 2012	Joined my first meeting, and within 3 months learned that a call had been put out for a new group of people to run MN Intergroup, attended the first meeting and joined as Secretary.
2013-2016	<p>MN Intergroup Secretary</p> <p>Along with 8 other ACAers, took on the role of re-building the MN Intergroup structures, including building a website, updating contact information for MN Intergroup across the internet, and attending several home meetings to both confirm that a home group was active and to introduce ourselves as the face of MN Intergroup.</p>
2017-2020	Elected MN Intergroup Chair, spearheading the evolution to create programs that the Fellowship asked for. Met with Fellowship and, based on their input, created a five year roadmap for creating Speaker series, Yellowbook Workbook program, two annual gatherings.
2018	Served as delegate at ABC representing MN Intergroup.
2021-present	ACA WSO Board of Trustees, serving as Secretary beginning 2022 and Treasurer beginning 2024.
Professional Background	<p>I am Project Manager by trade with 23 years of experience at a telecommunications company. My skill set is in resolving friction points, identifying improvement opportunities, and implementing solutions that optimize processes and performance. I have strong collaboration and group facilitation skills. I am passionate about empowering my team and fostering a culture of innovation.</p> <p>Professional Strengths:</p> <ul style="list-style-type: none"> • Identifying and pursuing multiple possibilities • Brainstorming and creatively solving problems • Motivating others by bringing energy and enthusiasm to any task • Communicating or "selling" ideas and possibilities to others • Working closely with teams

Three years ago, I was excited to start my role as a board member at large, exploring the ways in which I could bring my professional and personal skill sets to benefit and strengthen the ACA program.

Three years later, I am still excited by the opportunities to serve the fellowship in helping to build the program tools and resources at their direction. Every conference brings new discussions and new

opportunities to create and refine ways to bring the message to adult children who still suffer, wherever they may be in the world.