

## Proposal 3 – Publish Introductory Book

Draft Talking Points, 05/15/24

- Hello, my name is Erin D. I live in Pennsylvania. I am a member of one of five groups sponsoring Ballot Proposal 3.

- ACA members work every day with our fellow travelers on recovery, and help newcomers navigate the early days of discovery. Too often we see adult children leave the program because they find the path of recovery through existing ACA literature to be overwhelming. We believe a gentle, easy-to-take-in overview of ACA program essentials and recovery tools could help all adult children, especially in times of confusion.

- We are asking for the Conference's endorsement to publish such an overview and continue to implement Tradition 5 – carrying ACA's message to the adult child who still suffers. When the program is described in simple terms, with gentle language and practical exercises, it helps people see that ACA works and can make their lives better. It also helps those with more experience explain the ACA program of recovery to newcomers. We believe this guidebook will have a very real and positive impact on individual lives at the group level.

- WSO has indicated its support for this type of book, and their analysis of this ballot proposal is positive. But the best way to ensure that a book actually gets published, is for the Conference to formally endorse it. That is why we are asking for your Yes vote today.

- This proposal does not undermine or replace existing literature, like the Big Red Book or the Yellow Workbook. There are also literature projects in progress that focus on the needs of ACA newcomers. A guidebook would further support other literature by putting ACA's healing message into clear, workable context.

- As WSO states in its analysis, this proposal would fill a critical hole in ACA literature. Nearly 80 percent of all groups voted to advance this proposal to the Conference. There is strong fellowship desire for the resource we propose.

- There is also interest in explaining how the Steps and reparenting work together, as well as making this book more reflective of ACA's diverse, worldwide fellowship. We have consulted extensively with the Literature Committee, and we agree on what a simple, gentle guidebook could do for adult children of all backgrounds.

- This proposal has the potential to save lives worldwide by providing an overview of how recovery works through our literature, and how we work it together. We ask you to approve this proposal today, so that ACA can make it a reality.