

Preventing Unsafe Behavior in ACA

ACA has one primary purpose: to carry the message to adult children who still suffer. When unsafe behavior occurs in and around meetings, we are distracted from this purpose.

Any person seeking healing from childhood trauma is welcome at this group. If any person endangers another individual or disrupts the group's efforts to carry the ACA message, the group will take action appropriate to the situation. Anonymity is an important principle of 12-step recovery, however, anonymity in meetings does not shield anyone from accountability when unsafe or illegal behavior occurs. To protect the common welfare of this group and our fellowship, unsafe or illegal behavior will not be tolerated.

Addressing such behavior can include asking someone to leave the meeting, calling a group conscience to discuss the situation, and contacting the proper authorities should the situation require it.

Your personal recovery is too important to remain in a meeting that does not work for you. Check out other meetings to find one that does work for you.

For more information about preventing unsafe behavior in ACA, please see the special edition of the ComLine entitled, "Why We Need to Talk About Predatory Behavior," available for free download at

http://adultchildren.org/wp-content/uploads/2019/02/Predatory_Behavior_ComLine_Final.pdf

